

November 2025

4 Week Series \$60

Week Planner

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
2	3 9:00-10:30 Basics Pop-Up	4 4:30-6:00 Level 2 Advanced	5 8:30 - 10:00 Level 1/2 10:30 - 12:00 Level 1	6 4:30-6:00 Preliminary Course	7	8 8:30 - 10:00 Level 1/2 10:30 - 12:00 Level 1
9	10 4:30-6:00 Level 1/2 Pop Up	11 4:30-6:00 Level 2 Advanced	12 8:30 - 10:00 Level 1/2 10:30 - 12:00 Level 1	13 4:30-6:00 Preliminary Course	14	15 8:30 - 10:00 Level 1/2 10:30 - 12:00 Level 1
16 9:00 - 11:30 Iyengar Yoga Odyssey \$25	17 9:00-10:30 Basics Pop-Up	18 4:30-6:00 Level 2 Advanced	19 8:30 - 10:00 Level 1/2 10:30 - 12:00 Level 1	20 4:30-6:00 Preliminary Course	21	22 8:30 - 10:00 Level 1/2 10:30 - 12:00 Level 1
23	24 4:30-6:00 Level 1/2 Pop Up	25 4:30-6:00 Level 2 Advanced	26 8:30 - 10:00 Level 1/2 10:30 - 12:00 Level 1	27 No Class	28	29 8:30 - 10:00 Level 1/2 10:30 - 12:00 Level 1