North Shore Yoga of Maui
4 Week Series $60
(808) 856-5960
www.iyengaryogamaui.com

November 2026

Week Planner

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2 4:30-6:00 Basics	3 4:30 - 6:00 Level 2 Advanced	4 8:30 - 10:00 Level 1/2 10:30 - 12:00 Level 1 Slower Pace	5 4:30 - 6:00 Preliminary Course *Plus Dynamic	6	7 8:30 - 10:00 Level 1/2 10:30 - 12:00 Level 1 Slower Pace
8	9 4:30-6:00 Basics	10 4:30 - 6:00 Level 2 Advanced	11 8:30 - 10:00 Level 1/2 10:30 - 12:00 Level 1 Slower Pace	12 4:30 - 6:00 Preliminary Course *Plus Dynamic	13	14 8:30 - 10:00 Level 1/2 10:30 - 12:00 Level 1 Slower Pace
15 9:00 - 11:30 Iyengar Yoga Odyssey $25	16 4:30-6:00 Basics	17 4:30 - 6:00 Level 2 Advanced	18 8:30 - 10:00 Level 1/2 10:30 - 12:00 Level 1 Slower Pace	19 4:30 - 6:00 Preliminary Course *Plus Dynamic	20	21 8:30 - 10:00 Level 1/2 10:30 - 12:00 Level 1 Slower Pace
22	23 4:30-6:00 Basics	24 4:30 - 6:00 Level 2 Advanced	25 8:30 - 10:00 Level 1/2 10:30 - 12:00 Level 1 Slower Pace	26 No Class	27	28 8:30 - 10:00 Level 1/2 10:30 - 12:00 Level 1 Slower Pace

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