

October 2026

Week Planner

North Shore Yoga of Maui
4 Week Series \$60
(808) 856-5960
www.iyengaryogamaui.com

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
4	5 4:30 - 6:00 Level 1/2	6 4:30 - 6:00 Level 2 Advanced	7 8:30 - 10:00 Level 1/2 10:30 - 12:00 Level 1 Slower Pace	8 Preliminary Course *Plus Dynamic	9	10 8:30 - 10:00 Level 1/2 10:30 - 12:00 Level 1 Slower Pace
11 9:00 - 11:30 Iyengar Yoga Odyssey \$25	12 4:30-6:00 Level 1/2	13 4:30 - 6:00 Level 2 Advanced	14 8:30 - 10:00 Level 1/2 10:30 - 12:00 Level 1 Slower Pace	15 Preliminary Course *Plus Dynamic	16	17 8:30 - 10:00 Level 1/2 10:30 - 12:00 Level 1 Slower Pace
18	19 4:30-6:00 Level 1/2	20 4:30 - 6:00 Level 2 Advanced	21 8:30 - 10:00 Level 1/2 10:30 - 12:00 Level 1 Slower Pace	22 Preliminary Course *Plus Dynamic	23	24 8:30 - 10:00 Level 1/2 10:30 - 12:00 Level 1 Slower Pace
25	26 4:30-6:00 Level 1/2	27 4:30 - 6:00 Level 2 Advanced	28 8:30 - 10:00 Level 1/2 10:30 - 12:00 Level 1 Slower Pace	29 Preliminary Course *Plus Dynamic	30	31 8:30 - 10:00 Level 1/2 10:30 - 12:00 Level 1 Slower Pace