

OUT
EVERY
WEDNESDAY

FIRST WITH RESULTS

70p

Athletics Weekly

JANUARY 25 1989

**STEVE
BINNS**

Down but
not out

**WEEKEND
RESULTS**
best of the action

**GEOFF
TURNBULL**

"Never give a
sucker an even
break" - p.28

ROGER

HACKNEY

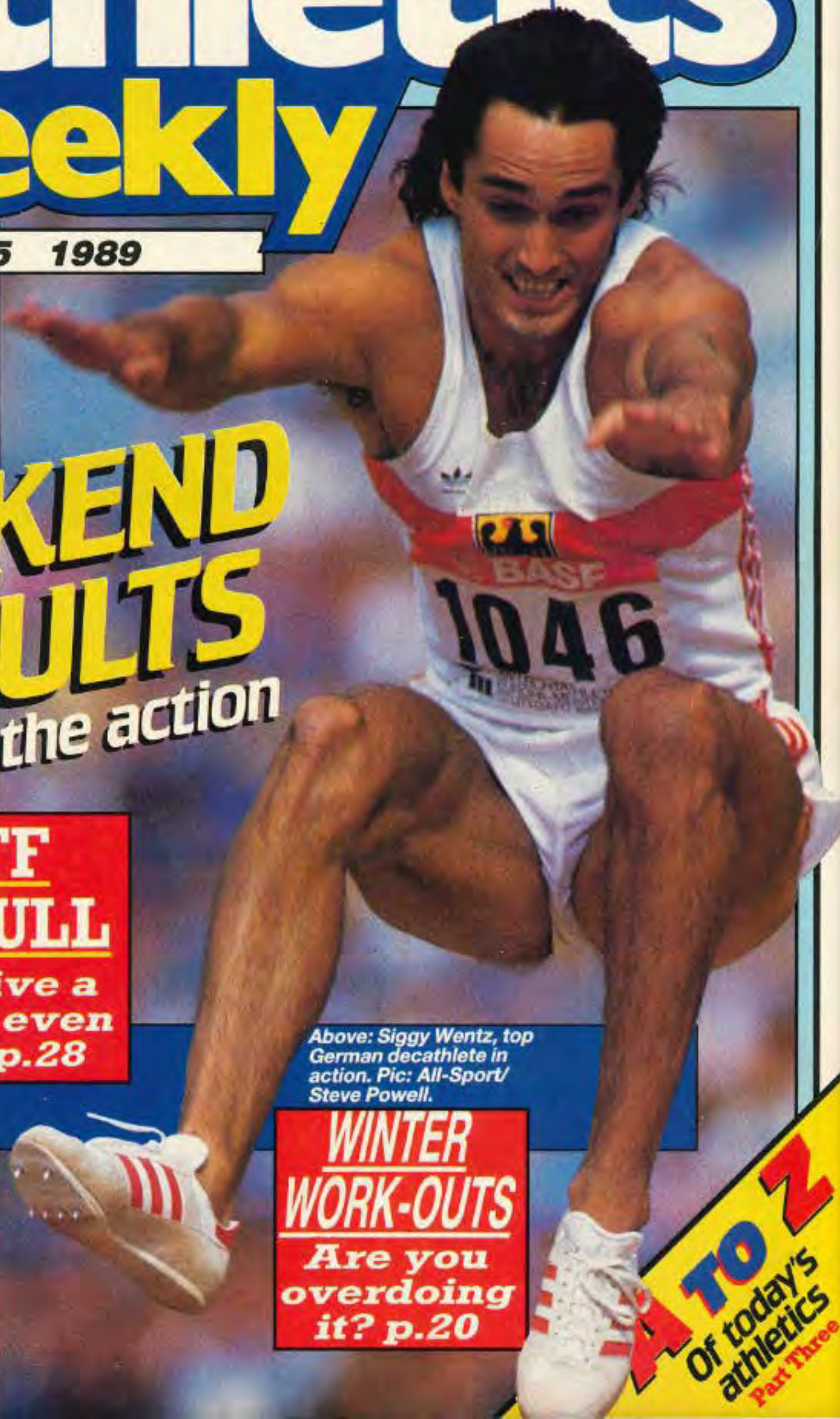
ANSWERS
YOUR INJURY
PROBLEMS

**WINTER
WORK-OUTS**

Are you
overdoing
it? p.20

Above: Siggie Wentz, top
German decathlete in
action. Pic: All-Sport/
Steve Powell.

A TO Z
Of today's
athletics
Part Three



THE A TO Z OF TODAY'S ATHLETICS

CONTINUED

Tug of War

Management of the tug-of-war is delegated by the AAA to the Tug-of-War Association: P. J. Craft 57 Lynton Road, Chesham, Bucks HP8 2BT. Tel. 0494 783057.

Turntec

Shoon Ltd. Dyehouse Lane, Glas-tonbury, Somerset BA6 9LZ. Tel. 0458 34019.

UK Coaching Scheme

Administration is from: The BAAB Coaching Office, Francis House, Francis Street, London SW1P 1DL. Tel. 01 630 5373.

UK Women's League

Sponsored by Access, it's the women's equivalent of the men's British League.

Low Mill, Town Lane, Whittle-le-Woods, nr. Chorley, Lancs. PR6 7PW. Tel. 02572 69611.

Ultra Distance

If the 26.2 miles of a marathon is not enough for you then ultra-distance is what you need. It may be the London to Brighton, a mere 53 miles, or a 24 hour track event in which you complete as many laps as possible, eating, drinking and resting on the track. Still not tested? Then a six day event could fit the bill. Back in 1888 George Littlewood covered 623 miles 1320 yards at the Madison Square garden, New York in that time.

Veterans

In AAA events male veterans are over the age of 40 on the day of competition. Women competing in WAAA controlled events must be at least 35 on the day. Some competitions also have other classes for 'vets' such as over 45, over 50 and so on.

Vitamins

A mixed, healthy diet containing plenty of wholefoods, fresh fruit and vegetables should contain all the natural vitamins required by the athlete.

Sources of the main vitamins include: A, milk, liver, fresh green vegetables; B, yeast and wheat-germ; C, fresh vegetables and citrus fruits; D complex, eggs and cod liver oil.

Multi-vitamin pills can be used to ensure a full intake but many medical experts believe them to be unnecessary if the diet is balanced.

Warming Down

Finish competition or hard training by falling in a heap and you will regret it later. Stopping suddenly will lead to stiffness and aching limbs for days. Far better to put on some warm clothing and then continue some gentle exercise and stretching for another 15 minutes. By tapering down slowly lactic acid and debris left in the muscles can be flushed out and the stiffness avoided.

Warming Up

A vital part of pre-race preparation and also before hard training. By easing into a series of jogs, strides and stretches the athlete gets everything working efficiently. In sprinting it is even more important than in the less explosive long distance events and it may take as long as an hour for a competitor to prepare.

Take your time, concentrate and don't get side-tracked by other athletes and spectators who may want a chat.

Welsh AAA

Winterbourne, Greenway Close, Llandough, Penarth, S Glamorgan CF6 1LZ. Tel. 0222 708102.

Wind Chill

A factor which can quickly reduce a runner's body temperature, even on days when the actual air temperature is not drastically low.

A 20mph wind for example can give an air temperature of 50F the effect of being at around freezing point. Result is possible hypothermia in a runner not fully protected.

Winning streaks

116 consecutive wins in a four year period was the incredible record of USA discus thrower Parry O'Brien.

His performances set a male 'win streak'. Iolanda Balas of Romania went even better in the women's high jump with 140 consecutive wins between 1956 and 1967.

But probably the most famous record is that of Edwin Moses. His domination of the hurdles, winning 122 consecutive races, 107 of them finals, before finally losing to Danny Harris in 1987.

Women's World Road Race Championships

Organised annually by the IAAF and first held over 10km in California before being extended in 1985 to 15km when the race was held at Gateshead. Britain's Wendy Sly was the first UK runner to win an individual honour in 1983.

World Championships

Helsinki, Finland hosted the first World Athletic Championships as recently as 1983. And in that same period of Olympic boycotts an amazing 1572 competitors took part from 157 nations in front of crowds totalling over 422,000.

At those first Championships Carl Lewis collected three gold medals and East Germany's Marita Koch three golds and a silver.

World Cross Country Championships

An annual event which has continually grown since it began in 1903.

Kenyan runners have dominated recent events and current champion John Ngugi is just one of a string that appear almost unbeatable no matter what form the course takes.

British successes have been hard to find in recent years, except for Zola Budd's wins in 1985 and 1986.

World Cup

THE IAAF World Cup has been held since 1975 but since the World Championship began in 1983 has only been held every fourth year.

Teams in the World Cup represent each of the five continents with, national teams from the USA and the two top men's and women's teams from the European Cup.

World Junior Championships

A fairly new event which only began in July 1986 in Athens.

World Race Walking

The IAAF World Race Walking Cup is over 20km and 50km for men and a separate 10km walk for women who compete for the Eschborn Cup. The men's trophy is the Lugano Cup competed for biennially by national teams. Qualification for the final is via three qualifying matches.

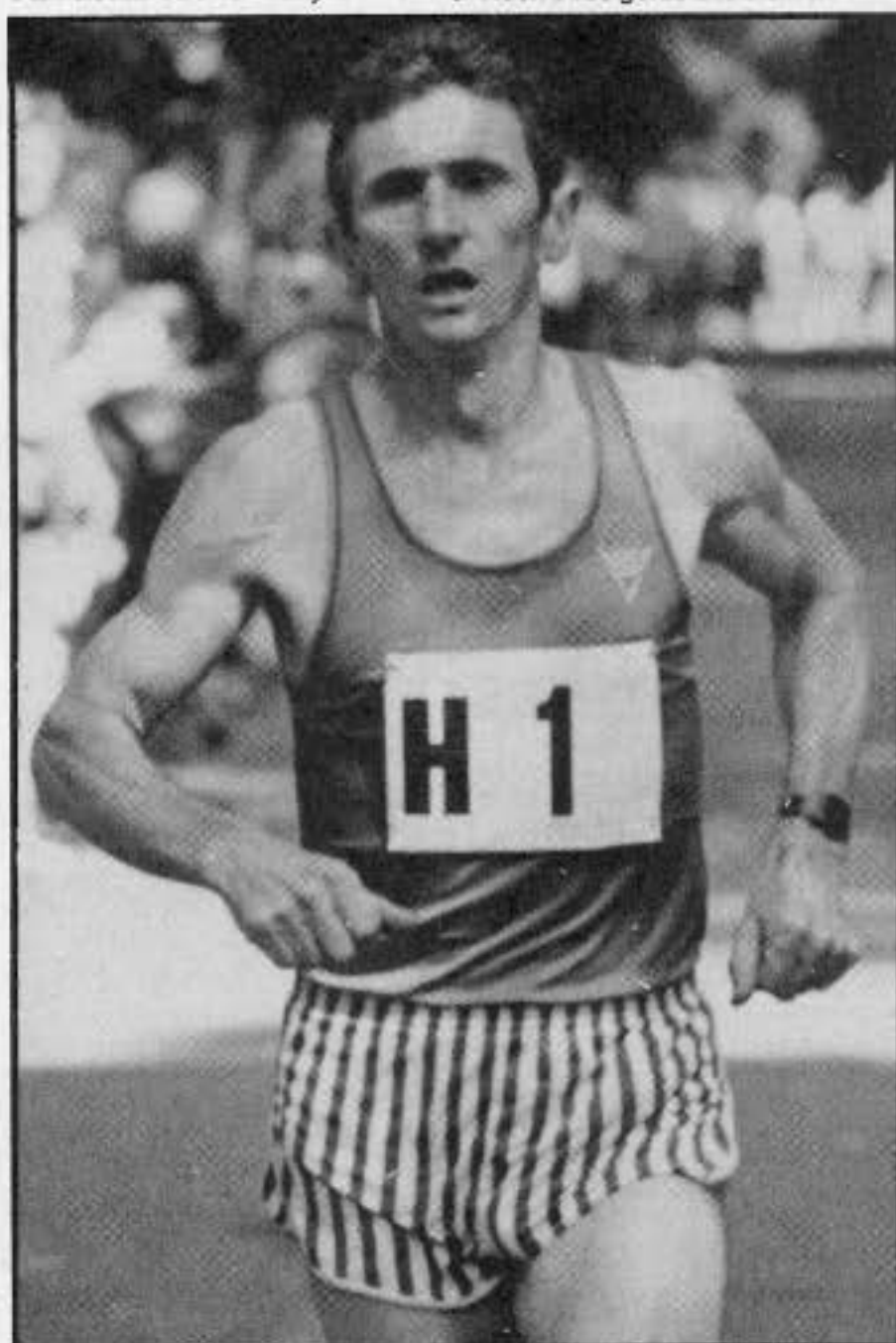
World Records

The IAAF is responsible for world records since it laid down the first list of events to be recognised in 1914. At that time a total of 96 men's events, including 53 runs and hurdles, 30 walks and 12 field events were listed.

Later, in 1977, imperial distances, except for the mile, were dropped and records for races up to 400m were only acceptable if fully automatically timed.

Records - men - 100m: Ben Johnson 9.83; 200m: Pietro Mennea 19.72; 400m: Butch Reynolds 43.29; 800m: Seb Coe 1:41.73; 1500m: Said Aouita 3:29.46; 5000m Said Aouita 12:58.39; 10,000m: Fernando Mamede 27:13.61; Mar: Belayneh Dinsamo 2:06:50; 3000SC: Henry Rono 8:05.4; 110H: Renaldo Nehemiah 12.93; 400H: Ed Moses 47.02; PV: Sergey Bubka 6.06; HJ: Javier Sotomayor 2.43; LJ: Bob Beamon 8.90; TJ: Willie Banks 17.97; SP: Ulf Timmerman 23.06; DT: Jurgen Schult 74.08; HT: Yuriy Sedykh 86.74; JT: Jan Zelezny 87.66. Dec: Daley Thompson 8847.

Women - 100m: Florence Griffith-Joyner 10.49; 200m: Florence Griffith-Joyner 21.34; 400m: Marita Koch 47.60; 800m: Jarmila Kratochvilova 1:53.28; 1500m: Tatyana Kazankina 3:52.47; 3000m: Tatyana Kazankina 8:22.62; 10,000m: Ingrid Kristiansen 30:13.74; Mar: Ingrid Kristiansen 2:21.07; 100H: Yordanka Donkova 12.21; 400H: Marina Stepanova 52.94; HJ: Stefka Kostadinova 2.09; LJ: Galina Chistyva



Taff Davies who set veterans' world age bests for 10km and half marathon in 1988. Pic: Chris Witty.

THE A TO Z OF TODAY'S ATHLETICS



knova 7.52; SP: Natalya Lisovskaya 22.63; DT: Gabriela Reinsch 76.60; J1: Petra Felke 80.00; Hept: Jackie Joyner-Kersey 7291.

World Student Games

Also known as the 'Universiade' the Games are organised by the Federation Internationale du Sport Universitaire and have established themselves as one of the major athletic events in the world.

Like so many events the Games are held biennially and now attract a host of athletes, some of whom have gone on to greater things, such as Said Aouita, Harald Schmid and John Gregorek. The women have included stars such as Doine Melinte of Romania and Germany's Marita Koch.

World Veterans Championship

Veterans got their own Championship in the form of the World Masters held in Toronto in 1975 and have held competitions on alternate years since. Entry to the events is usually high and typical was the 4,000 entries from 50 countries that took part in the 1985 Rome Championships.

Both sexes compete, men from age 40 and women from 35 and in five year classes above those ages.

Yoga

Can help relieve muscle tension by teaching the ability to relax completely. It is also believed that yoga can help lower blood pressure and



Emil Zatopek: only athlete to have won the Marathon, 10,000m and 5,000m at the same Olympic Games (1952). Pic: All-Sport.

Jonathan Ridgeon (right) on the way to victory against Arthur Blake in the World Student Games. Pic: Matija Kokovic.

heart rate. Used both before and after exercise, yoga can be an extension of the normal warm up and warm down routine but it is important to carry out the usual series of stretches too.

Yoga can be used to help increase flexibility and if coupled with some form of meditation is a good means of preparing the mind for competition.

Young Athlete

Richard Tuck's regular weekly feature for the younger readers of Athletics Weekly. Richard recently won his own national title as Britain's Fittest Journalist.

Zatopek

Without doubt the most-used figure in any athletic A to Z Emil P Zatopek is still the only athlete to have won the marathon ... and the 5,000m and 10,000m at the same Olympics. The Czech runner set that record in 1952, topping it with a marathon win at his first attempt over the distance.

Most memorable story of the race centred around his battle with Britain's Jim Peters, Zatopek, because of his lack of experience, asked Jim if the pace was too fast. Peters joked that it was too slow - even at the 5.25 minute miles that had been running for the first 10 miles - at which point Zatopek, knowing no better, stepped it up to win in 2:23:4. Peters meanwhile pulled out of the race with cramp.

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FEBRUARY 1 1989

INDOOR ATHLETICS

VICTORY FOR GREAT
BRITAIN AS GRANT
REACHES NEW HEIGHTS

SIMON

MUGGLESTONE

Chasing
those
glittering
prizes!

**PLAN AHEAD
WITH OUR
MARCH
FIXTURE
DIARY...**



Jon Ridgeon on his way to
victory in the 200 metres at
Glasgow. Pic: All-Sport/
Pascal Rondeau.

CROSS COUNTRY

Full report and results from
men's and women's Inter
Counties Champs - p. 11

ON THE ROAD
WEEKEND
ROUND-UP p. 32

COACHING
Europe's top coaches on sprints
& hurdles

Testing time for Soviets

A SOVIET medical journal has taken the lid off drug taking by its country's athletes in a recently published article.

The journal, *Medicinskaya Gazeta*, revealed that 290 athletes and coaches were penalised for drug use in the three years preceding the Seoul Olympics, but only in negligible ways and their names were not released.

In 1987, for instance, 4,077 tests were carried out of which only 47 were proved positive. Not a single Soviet athlete was caught in Seoul, but it has been admitted by sources close to the Soviet Olympic team that the proportion of drug users was high.

The cover-up is further aided by the startling fact that at present 'sports secrets' are regulated and defended just as military secrets and their disclosure could - if classed as a betrayal - result in the death penalty, in theory.

Drug testing, at present, falls under the auspices of the national sports office, which is effectively judge and jury, as well as media controller and owner of the stars. Given the existing hierarchy, the sports office virtually has a stake in effective, yet undetectable drug use.

A change is needed to give

'glasnost' any chance in Soviet drug testing. However, possible measures outlined by the Soviet Medical Association two years ago were rejected out of hand.

Their recommendations involved extending the criminal law covering narcotics to take in 'sports drugs'. Acquisition or possession of these

drugs would then involve heavy penalties.

Considering this past decision it is interesting to see a Soviet delegation claiming that it is essential the International Olympic Committee take on board Soviet proposals for testing of athletes in competition.



**AROUND THE
WORLD WITH
DAVID OGLE**

**Athletics
Weekly's
overseas
section - we
give you
the news
and
results
from
across
the world**

INDOOR BEST

■ OLYMPIC silver medalist Radion Gataullin, of the Soviet Union, became the first vaulter to clear six metres indoors when he broke the world indoor pole vault record in Leningrad recently.

NEW RECORD!

MARY Slaney broke the US women's indoor record for 1000 metres on January 21. Running in Portland, Oregon, Slaney's time of 2:37.60 was 3/10ths of a second quicker than the previous mark, held by Joetta Clark.

GOLDEN SHOT!

SHOT put world record holder Natalya Lisovskaya was one of the most dominant Olympic champions in Seoul. But the disappointment of missing out on the Games in Los Angeles and pre-Seoul nerves meant that she was not totally confident.

"After the 1984 season, when we missed the Olympics, I found it very difficult to bring myself into my usual form," she says. "During pre-Olympic training I had improved my result by almost two metres. Then came the thunderbolt to shatter all my hopes."

"I had to start everything all over again and prepare myself for another four years of hard work. I was faced with a psychological vacuum, and it took time and effort to fill it with some sense."

Lisovskaya was one of the last

competitors to arrive in Seoul, spending her time at the Soviet training camp at Vladivostok. The opening ceremony was over and competition had begun before she flew in to the Olympic village. Those days spent watching the Games on TV were a nerve-racking time.

"I can't find proper words to describe how difficult it was. The TV screen was like a magnet. I followed the events in other sports rather calmly, but my emotions went high whenever they showed track and field competitions. Faina Melnik, my coach (1972 Olympic champion), literally forced me away from the TV set. She was afraid that I would burn myself out before the start."

"Still, I don't regret that we had spent the last days before the Games at 'home'. In Seoul, with its



Natalya Lisovskaya, world record holder and Olympic champion.
Pic: George Herringshaw.

anxiety and nervous strain, it would have been more difficult to keep the psychological balance."

But come competition time she appeared to have few problems. Her first throw of 21.69m would have won her the gold medal itself and her winning throw of 22.24 was just 17 centimetres off the Olympic record.

"It might seem that there was no competition for the Olympic gold in the shot put at all. But it was not as simple as that."

"I hadn't performed before the Games for a long time and the competition of this world's best athletes at such a level could have produced many surprises. But after the qualifiers I realised that there would be no surprises."

At 26, Lisovskaya is likely to remain in competition for some years yet. "At least until Barcelona," she says. "After all I won't be very old by that time. In this event women usually perform for many years. Take Ilona Slupianek of East Germany for instance (1980 Olympic champion). But age is not

RESULTS

FRANCE 7.1. Indoor meeting, Lievin. Men - 60: B. Marie-Rose (Fra) 6.79. Women - HJ: Landes (Fra) 1.81.

8.1. Indoor meetings: Vittel. LJ: N. Brige (Fra) 8.07. Paris. HJ: J. Vincent (Fra) 2.24.

15.1. Bretagne Championships, Saint-Brieuc. HJ: J-C Gicquel (Fra) 2.22.

SPAIN. 15.1 Cross country, Elgoibar. 10.7km: 1. Serrano 29:40; 2. Canario (Por) 29:46; 3. S. Bitok (Ken) 29:53; 5. EAMONN MARTIN 30:25; 13. ASHWORTH LAUKAM 31:18; 14. STEVE JONES 31:19.

USSR. 7.1. Indoor meeting, Vilnius. SP: M. Petrashko (URS) 21.25.

BELL BIDS FOR RECORD ...

WORLD veterans' mile record holder Ron Bell makes a double world record attempt indoors at the Milrose Games at Madison Square Garden in New York this weekend, against a top veterans' field.

Bell, who broke the outdoor mile over 40s record in Florida last August, is going for the indoor mile record plus the 1500m record on February 4. In the race will be four of the top five who dipped under the previous outdoor best in Florida.

Joining Bell and Byron Dice (second in Florida), Harry Nolan (third) and John Dixon (fourth) will be American stars of yesterday, former world 1500m and mile record holder Jim Ryun and 1972 Olympic marathon champion Frank Shorter.

The indoor 1500m mark stands to Bell's great rival Alun Roper, with 3:55.06. But Bell feels that the greatest hope of a record lies in the longer distance. "At 4:18 the mile record looks soft. I think that will go, but I wouldn't like to say who will win," he said.

the major thing that matters. You have to keep up your interest for competition and I still have that interest."

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MARCH 29 1989

PUTTING THE RECORD STRAIGHT

Natalya Lisovskaya - a giant
among shot putters. Pic: All-
Sport/Gray Mortimore.

Natalya looks
to 23 metres

**DAVE
LONG**

On the road
to success

P-T-S BRATISLAVA
11

7 PAGES OF
RESULTS!

PUTTING THE RECORD STRAIGHT

Below: Natalya Lisovskaya – her big time temperament lets her down in drastic fashion. Pic: ASP.

Natalya Lisovskaya has ruled the world of women's shot putting for years, but has she got what it takes when the chips are down? Lisovskaya is determined to prove the sceptics wrong. Ivan Berenyi reports.

NATALYA Lisovskaya, a giant in more ways than one in international women's shot putting, has set her sights on taking the outdoor world record beyond the magical 23 metre mark.

Seen by some rivals as a 'giant with feet of clay' who can be beaten when the chips are down, Lisovskaya is nevertheless presently head and shoulders above the rest of the world.

Every one of the Soviet's throws in the Seoul Olympics would have won her the title. But it was in the final round when she stamped her authority on the competition with a massive 22.24m throw.

The 26-year-old world record holder has been ruling the world for the past five years, winning every major trophy except the 1986 European Championships in Stuttgart when she disastrously failed to qualify for the last eight.

The 1.86m tall, 105kg heavyweight did not compete in the World Indoor Championships earlier this month, having set her sights firmly on the outdoor season and a crack at the world record.

World Record

In 1984 Lisovskaya first claimed the world record with a put of 22.53m, breaking the previous 22.45m mark of the GDR's Ilona Slupianek which had hailed from the run-up to the 1980 Moscow Olympics. She has since improved the world record to 22.60 and then 22.63 in 1987, with her best last year 22.55m in the USSR Championships.

But despite all her physical advantages and considerable success, some pundits remain sceptical about the long-term future of Lisovskaya, who admits she finds championships at times daunting.

She was the victim of big-stage nerves in the 1986 Europeans

when, after squandering her initial puts, she wanted to play it too safe in the third series of the final, only managed 18.95 and failed to make the final eight. "It was a classic blackout," she says.

Lisovskaya, who said she felt "like a schoolgirl invited to lecture at the Academy" at the 1983 World Championships in Helsinki, where she had been expected to get into the medals, but only finished fifth, had a worse case of the nerves in January, 1985, in Paris, while competing in what had been intended as the first World Indoors but, short of IAAF recognition, was demoted to the World Indoor Games.

"It was during the qualifiers," she said "that Ines Muller of the GDR, my senior by three years, got an 18m-plus put in, which suddenly seemed an awful lot to me. My breath went. Nothing was working for me from that moment onwards.

"The competition proper started, and Muller led with 19.50m. I managed to equal this in due course, and was ahead on aggregate. But then Muller came up with a 19.68 throw, and

suddenly my last try was looming ahead. I was excited to the point of breathlessness, and as I let go of the shot, all my strength seemed to have flown off with it somehow."

Luckily for Lisovskaya, that last try was 20.07 and a clear winner.

Experience

Lisovskaya believes the experience helped her come from behind with her final try of 20.52 to overtake the 20.28 lead of the GDR's Slupianek-Briesenick and win the gold in the 1987 IAAF World Indoors at Indianapolis, and in the 1987 World Championships in Rome.

Pre-Seoul, she said: "It all seemed normal, even commonplace. I was training hard, my results kept improving. But there was always the nagging thought at the back of my mind – will I qualify for the final eight? Will I win?"

Born on July 16, 1962, Lisovskaya's path to shot put fame started in the summer of 1979, when she had a chance meeting with one-time Olympic and dual European discus

champion Faina Melnik.

Lisovskaya progressed quickly, winning the USSR title with 18.66 in 1981, and placing third with 19.63m behind Slupianek and Margitta Pufe in the GDR-USSR two-nations in 1982 in Cottbus, where she wore the Soviet vest for the first time. Her pb for that year was 19.64m. By this time, Melnik was increasingly tied up with dentistry studies and brought in her own former coach, Jakov Belzer to help.

Lisovskaya was sidestepped – unjustly in Melnik's view – for the 1982 Athens Europeans and the 1983 Indoor Europeans in Budapest. Suspecting that this was due to her own brushes with the USSR establishment Melnik bowed out in the wake of Helsinki, and Belzer made up the trio again by including an aspiring Russian shot put coach, Lev Mileschin.

The men clamped down on Lisovskaya's careful weight watching and extensive social life and subjected her to increasingly heavy-duty training. Her weight ballooned, and by 1984 she was a world record holder and her victory march had started.



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APRIL 5 1989

WORLD RANKINGS

1988/89 indoor
lists – P.24

ADT LONDON MARATHON

Mind over
matter

SHOT AND DISCUS

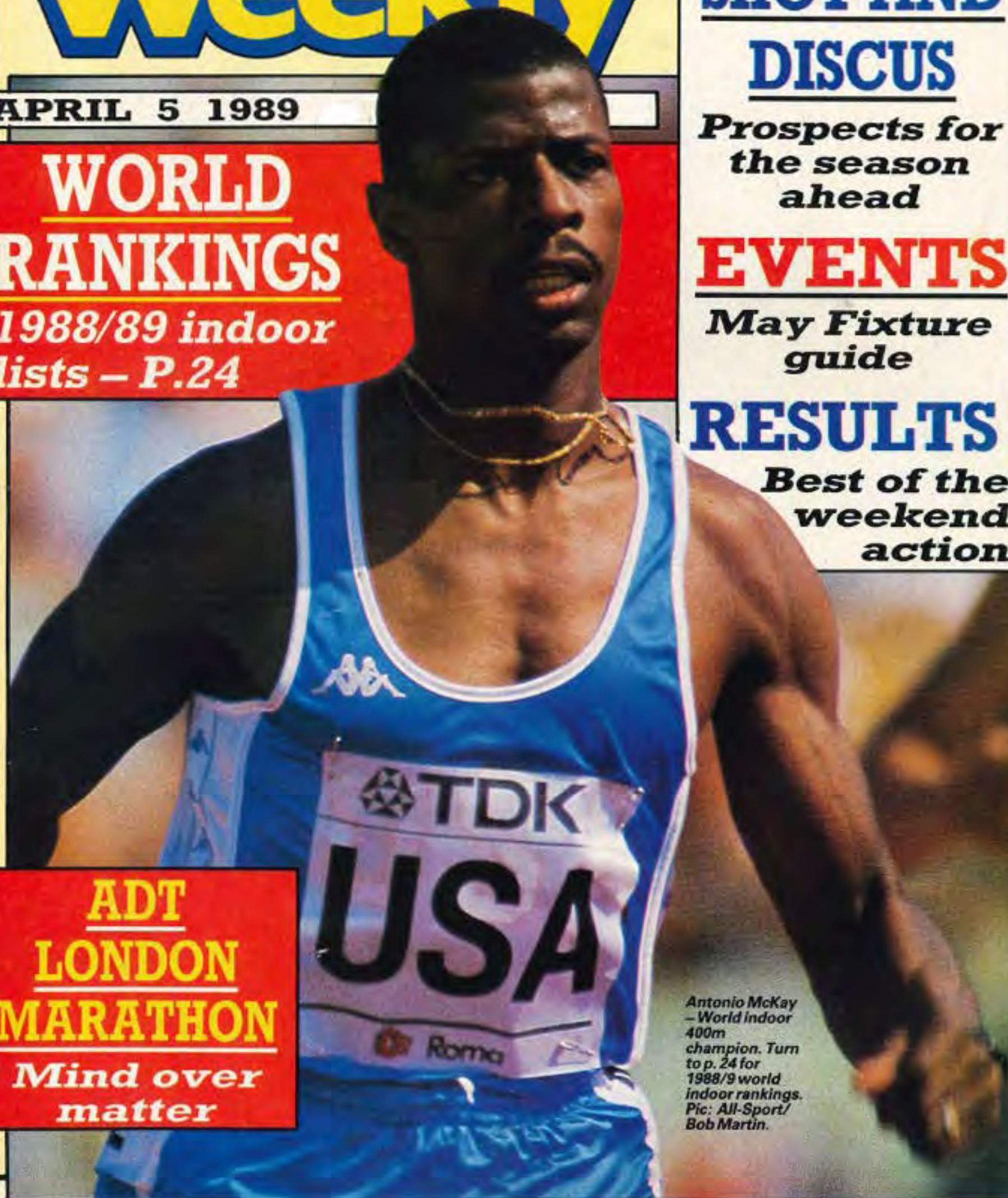
*Prospects for
the season
ahead*

EVENTS

*May Fixture
guide*

RESULTS

*Best of the
weekend
action*



Antonio McKay
– World indoor
400m
champion. Turn
to p. 24 for
1988/9 world
indoor rankings.
Pic: All-Sport/
Bob Martin.

Eastern bloc set to dominate

Men's Shot

DON'T put your fat boy in the circle, Mrs Worthington – the reason is that he won't make it at international level. Since the 1960s there has been an accelerating trend towards the world throwing elite becoming more athletic – the fat, stomach bulging shot putter is a thing of the past.

Ulf Timmermann (GDR) is an example of a shot putter who would not look too much out of place in a decathlon competition. At 6' 1/4"/16 1/2 stones, Timmermann dominated the shot in 1988 and broke through the 23 metre barrier with an early season 23.06.

There is no reason why an injury-free season should not see him add a few extra centimetres onto that record.

He may find the record snatched away by, not Randy

Barnes (USA), but Werner Gunthor (Switz). Gunthor, at a towering 6' 7 1/2" and 19 stones, threw 22.75 last season and only a late season bout of 'flu prevented him taking the gold in Seoul (he lost 10lbs in bodyweight).

Gunthor is athletic and technically excellent and as his strength increases, he will throw further and further – I predict the Swiss star will be number one this season. The clash of these two athletes in the World Cup will be the highlight of the season.

Randy Barnes is probably even more talented than the two, but lacks their scientific approach to the sport. I have watched all three training and Barnes is

This week we start a major preview of the 1989 track and field season. Over the next few weeks we will be looking ahead to the top national and international prospects for this summer. Max Jones, National Coach for Throws, starts the series by looking at the shot and discus.

handicapped by an outdated approach.

His 6' 4"/21 stones frame will go over 23 metres but I feel he will not be able to compete with the big two when it counts. He got it right in Seoul, but that was more by luck than design!

The U.S.A. once the dominant shot put nation, no longer compete with the 'Eastern Bloc' and their decline, I feel, will continue – the future lies east of the Berlin Wall. An athlete to support this season is George Anderson (Norway), who has been progressing steadily in the last few seasons, culminating in throwing 20.98m for a bronze medal in the World Indoor Championships.

The 6' 3 1/2"/17 1/2 stone Anderson resides in a country that adopts a strict random drug testing regime.

The British are not going to win any medals this year, but in the not too distant future we could produce our own George Anderson, Paul Edwards, Matt Simson and Simon Williams are



all potential 20 metre men with the latter two young enough to go into competitive areas where only Geoff Capes has been before.

Women's Shot

One woman totally dominated the Olympian season – Russian Natalya Lisovskaya. The 26-year-old world record holder at 6' 2"/16 stones is so physically superior to the rest of the world that she can be number one for as long as she cares to take the sport seriously.

Natalya had four competitions over 22 metres in 1988 when the next best girl was 21.76m. The other girls who measure 'only' 5' 9"/5' 11" appear small by comparison.

CONTINUED

1988 TRACK AND FIELD PREVIEW

Part 1 – shot and discus



Before and after – Wolfgang Schmidt, now representing West Germany after defecting from East Germany (inset).

FUTURE LOOKS BRIGHT FOR BRITISH FIELD EVENTS

THE future of British field events has never looked so bright.

This year's indoor season sparked off a field revolution that looks set to continue well into this outdoor season and beyond.

Matt Simson, the 18-year-old Thurrock athlete, led the way in the shot put, far ahead of his junior rivals and more importantly ahead of all of his senior rivals in the AAA's

indoors.

He ended up ranked third in the indoor season with 18.21m, behind 21-year-old US-based Simon Williams, himself a prodigious improver this season.

Fortunately for Simson, Britain now has the beginnings of depth in this event, something that has proved so important in recent years in the middle distances.

A few years ago 18.21 might

have left Simson all alone on top of the rankings, but he lies only third with Paul Edwards, a consistent 18m man, between him and Williams.

Such a gap means there should be no lack of incentive in the next few months, especially with Williams, looking more and more impressive every week in Louisiana, already reaching out to 19.44 this season.

Simson has planned this season's campaign around the European Junior Championships in Varazdarski, Yugoslavia.

"I'm peaking for the European Juniors and anything else will be a bonus. Of course the Commonwealth trials are just two weeks before the Europeans, so I should be in peak condition for those as well."

With competition a little tougher than in previous years, Simson can't afford to relax.

"I'm looking to go over 19m this season, but I'll start with the County Junior Championships in late May and try to throw the junior implement over 20m."

The main contender for the

CONTINUED

China has made a significant impact upon the event and won its first ever Olympic medal. Both Li Weisu (21.76m) and Huang Zhihong (21.28m) will progress further in 1989 and by the next Olympics will challenge the German Democratic Republic for the 'team prize'.

The GDR now place their future hopes on 22-year-old, 15 stone Kathrin Neimke, who captured the silver in Seoul.

With 11 girls in the 'Top 50', the GDR will be looking for a replacement for Ines Muller and Heike Hartwig, who are beginning to stagnate.

I still feel that the 32-year-old Ilona Briesenick (GDR) has one good season left in her. At 5'11"/15 stones, she threw 20.81m last year but still holds the Olympic record (22.41m). Her husband is former European record holder (21.67m); Hartmut Briesenick – their offspring should be setting a

few records early next century.

If she can be persuaded to make a comeback, Judy Oakes is our best bet for points in the Europa Cup final. Her 19.36m ranks her 31st in the world lists, but west of the Berlin Wall only four West Germans and one U.S.A. athlete are ahead of her.

The main reason for eastern bloc dominance is due to their culture having no stigma attached to women being strong and hard-working – in the west girls must really swim against the tide to succeed.

Men's Discus

A great advert for the discus event is Olympic Champion Jurgen Schult (GDR) who has progressed steadily from his 51.82 metre throw as an 18-year-old. He set his world record of 74.08 in 1986 with an active reverse throw, but since then has converted to fixed feet throwing and as a result has become ultra-consistent. I see no-one beating

the 6'4"/17 stones Schult in the big competitions of 1989.

The Soviet Union fielded an intimidating trio in Seoul, Romas Ubartas (6'7½"), Yuri Dumchev (6'7") and Vaclaves Kidikas (6'6") – all are capable on their day of upsetting Jurgen Schult and winning a major competition, especially Ubartas who, if technically better, could trouble the high jumpers at the far end of the stadium.

The most interesting athlete to watch in the coming season is Wolfgang Schmidt, representing West Germany. Schmidt, formerly of the GDR, was condemned by the GDR authorities to spend the period 1981-86 away from athletics. He was allowed to go and live in West Germany and began to throw again.

In 1988 the 6'5"/17 stones ex-world record holder threw 68.22 and is now training with Mac Wilkins in California. He should go over 70 metres this season.

Who would bet against the then 38-year-old Schmidt adding to his silver medal (1976) in Barcelona?

Paul Mardle, at 26 years old, is considered by some in the sport

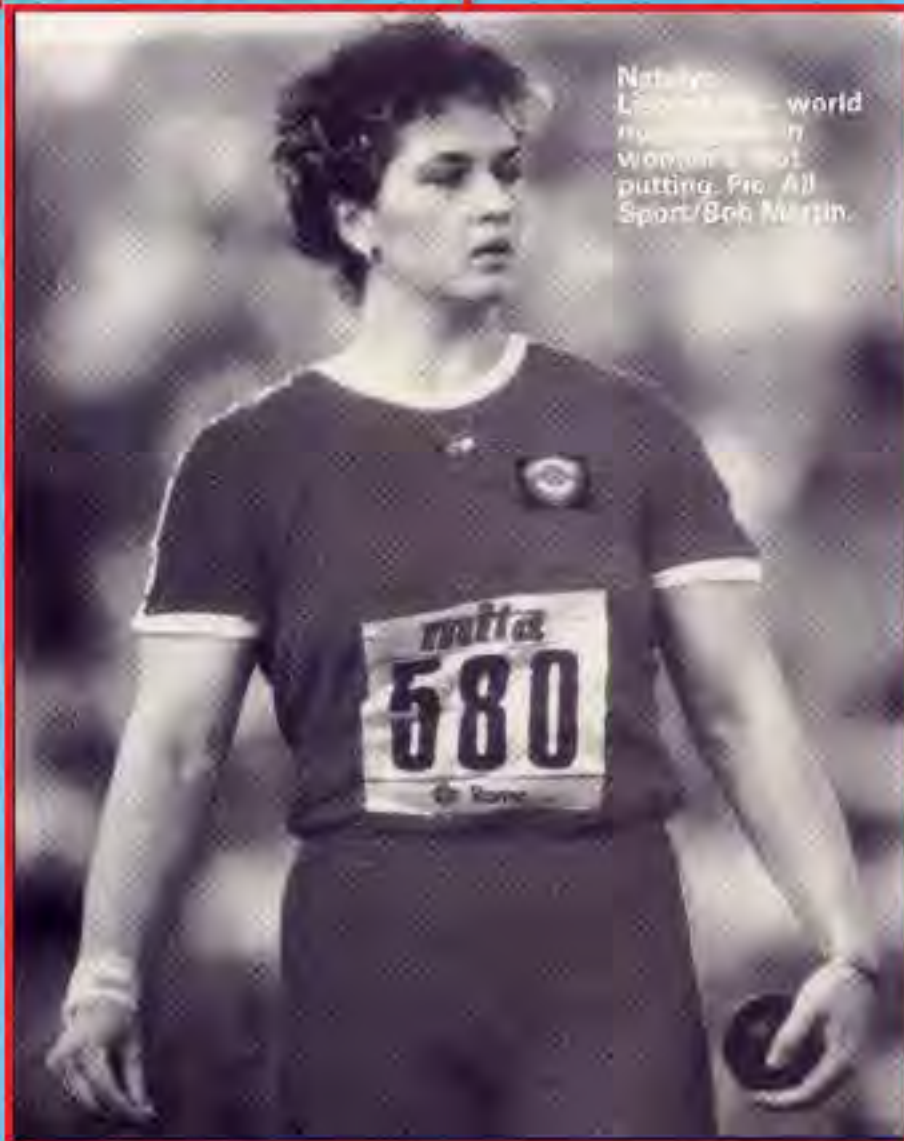
1988 TRACK AND FIELD PREVIEW

Part 1 – shot and discus

as no longer promising, and yet many of the world elite are closer to 40 than 30. Paul has 10 years of progress in him and he is there for all the young aspiring discus men to aim at and beat. The further Paul throws the further the rest will – we need a bunch of throwers on the right side of 60 metres.

Women's Discus

The GDR women dominate women's discus with four of the



Natalya Lisovskaya – world record holder in women's shot putting. Pic: A/J Sport/Sob Martin.

1988 TOP WORLD PERFORMERS

Men

Shot

23.06 Ulf Timmermann (GDR)
22.75 Werner Gunthor (SUI)
22.42 Randy Barnes (USA)
22.10 Udo Beyer (GDR)
21.88 Sergey Smirnov (URS)
21.71 Remigius Machura (TCH)

Discus

70.46 Jurgen Schult (GDR)
70.30 Yuriy Dumchev (URS)
70.06 Romas Ubartas (URS)
68.92 Mike Buncic (USA)
68.88 Vladimir Zinchenko (URS)
68.44 Vaclavas Kidikas (URS)

This winter: Randy Barnes 22.66; Ulf Timmerman 22.55.

Women

Shot

22.55 Natalya Lisovskaya (URS)
21.76 Li Weisu (CHN)
21.73 Natalya Akhrimenko (URS)
21.57 Ines Mueller (GDR)
21.31 Heike Hartwig (GDR)
21.28 Huang Zhihong (CHN)

Discus

76.80 Gabrielle Reinck (GDR)
74.40 Ilke Wyludda (GDR)
73.84 Daniela Costian (Rom)
72.94 Diana Gansky (GDR)
72.30 Martina Hellman (GDR)
71.68 Zdenka Silhava (TCH)

OUT
EVERY
WEDNESDAY

FIRST WITH RESULTS

70p

Athletics Weekly

June 14 1989

Yvonne Murray crosses the line for victory in the 1500m ahead of Scottish rival Liz McColgan. Pic: All-Sport/Chris Raphael.

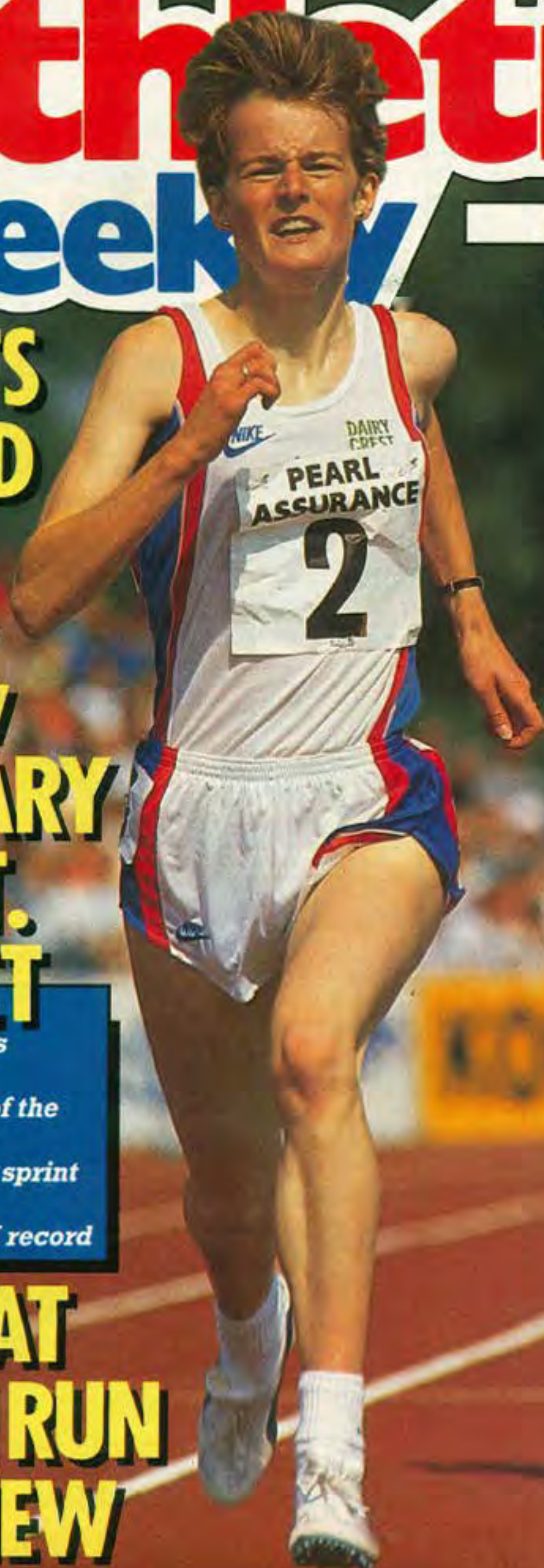
RESULTS ROUND -UP

Best of the weekend's action

GB v HUNGARY v INT. SELECT

- Murray trounces McColgan
- Kenyans kings of the track
- Grace Jackson's sprint double
- Grant equals UK record

GREAT NORTH RUN PREVIEW



TRACK

Men - 100:

R James (Bridg) 11.71
200: R James (Bridg) 22.77
400: H Davies (New) 52.09
800: P Williams (Barry) 1:56.31
1500: J Finn (Barry) 4:04.96
5000: S Brace (Bridg) 14:36.0
3000SC: P Cook (Barry) 9:57.03
110H: R Harbour (Barry) 17.35
400H: P Cook (Barry) 59.54
HJ: A Blow (Barry) 1.80
PV: G Price (Barry) 4.50
LJ: R Harbour (Barry) 5.82
TJ: W Evans (Eryn) 12.93
SP: P George (Rhy) 11.05
DT: K Nevil (Bro) 33.10
HT: B Barnfield (Rhon) 39.54
JT: P George (Rhy) 15.44
4x100: Bridgend 45.9
4x400: Barry 3:34.50

Welsh League, Division 3, Cwmbran, June 11

Match Result: 1, Hereford 264; 2, Colwyn Bay 215; 3, Torfaen 213; 4, Oswestry 178; 5, Beddau 177; 6, Aberdare 139.

Welsh League, Division 4, Cwmbran, June 11

Match Result: 1, Crickhowell 324; 2, Llanelli 236; 3, Neath 203; 3, Port Talbot 172; 5, Aberystwyth 140.

Men - 400:

D Lark (Crick) 50.0 (rec)
800: J Price (Llan) 1:59.4 (rec)
4x100: Crickhowell 45.1 (rec)
4x400: Crickhowell 3:33.6 (rec)

Welsh League, Division 5, Cwmbran, June 11

Match result: 1, Cledau 216; 2, Mercury 212; 3, Barry 206; 4, Lliswery 201.

Men -

HJ: O Brant (Barry) 1.95 (rec)
TJ: M W Hugent (Barry) 12.51 (rec)
HT: K Boswell (Cledau) 40.54 (rec)
JT: S Lewis (Cledau) 49.16 (rec)

FELL

Lancaster & Crowthor Ennerdale Horseshoe 23 miles fell race, June 10

IAN Ferguson of Bingley celebrated his 29th birthday last Saturday winning the Ennerdale Horseshoe 23 miles fell race.

He was only the second Yorkshireman to engrave his name on the 'Roll of Honour'. Ferguson, a Three Peaks winner and 11th on his last Ennerdale outing, two years ago, declared "being a Yorkshireman, my Three Peaks was something special, but deep in my heart this was the one I wanted. My biggest fear was going off course."

He covered the distance and 7500 feet climb in 3:39:43, a time that left Cumbria fell runner Don Lee four minutes 37 seconds adrift.

Joel Naylor, 52, the Daddy of fell running made a 21st appearance out of a possible 22 outings. The super shepherd, nine times a winner, came in 14th overall clocking 4:18:56 for the veteran over 50's prize.

Men -

1, I Ferguson (Bing) 3:39.43
2, D Lee (CFR) 3:44.20
3, P Tison (Ken) 3:45.44
4, T Clark (Ken) 3:46.22
5, P Skelton (Kes) 3:46.23
6, G Clucas (CFR) 3:57.13; 7, I Holmes (Bing) 4:01.09; 8, D Nuttall (Clay) 4:01.16; 9, B Barzins (Dark P) 4:02.48; 10, M Hudson (Lake-Y40) 4:03.31; 11, J Nuttall (Clay) 4:15.01; 12, R Young (CFR) 4:15.08; 13, A Schofield (Rock) 4:18.07; 14, J Naylor (CFR-V50) 4:18.58; 15, D Booth (Dark P) 4:18.57; 16, C Dunsen (CFR) 4:19.03; 17, J Winder (Cald V) 4:19.21; 18, T Lamey (Clay) 4:20.39; 19, D Thompson (Cald V) 4:23.52; 20, M Campling (Ken) 4:25.05
Teams: 1, Cumbria 20; 2, Kendal 27.

WORLD JUNIOR RECORDS FALL AT THE DOUBLE

IAAF/Mobil Grand Prix, Znamensky Memorial, Volgograd, USSR

THE second IAAF/Mobil Grand Prix meeting of the year, held in Volgograd, USSR, featured two world junior records.

In the pole vault, Maksim Tarasov cleared 5.70m to beat the existing record of 5.65m and in the 5000m Addis Abebe of Ethiopia broke his world 5000m junior record of 13:23.27 by exactly 1/10th of a second.

Other fine performances included a superb exhibition of long jumping by world record holder Galina Chistyakova, and a meeting record in the pole vault of 5.90 by Sergey Bubka. Bubka went on to narrowly miss a new world record height of 6.10.

A crowd of 12,000 sat in humid conditions with a temperature of 30°C and witnessed the fastest 100m by a European woman this year: 10.96 by Olga Naumkina, although this, like many other performances was wind-assisted.

Men - 100H: 1, V Shishkin (URS) 13.27; 2, I Kazanov (URS) 13.43; 3, J Hudac (Cze) 13.46; 4, A Dydalov (URS) 13.65; 5, S Krasovskiy (URS) & M Ryabukhin (URS) 13.73; 7, G Boroi (URS) 14.27. **Standings:** 1, V Shishkin (URS) 9.00; 2, I Kazanov (URS) 7.00; 3, J Hudac (Cze) 6.00; 4, A Dydalov (URS) 5.00; 5, S Krasovskiy (URS) & M Ryabukhin (URS) 3.50; 7, G Boroi (URS) 2.00.

PV: 1, S Bubka (URS) 5.90; 2, M Tarasov (URS) 5.70 (WJR); 3, G Yegorov (URS) 5.50; 4, Y Bondarenko (URS) & V Bubka (URS) 5.50; 6, G Sukharev (URS) 5.40; 7, S Ponomarev (URS) 5.20; 8, N Kiyamov (URS) 5.20. **Standings:** 1, K Tarpenning (USA) & S Bubka (URS) 9.00; 3, D Fraley (USA) & M Tarasov (URS) 7.00; 5, G Duplantis (USA) & G Yegorov (URS) 6.00; 7, E Bell (USA) & Y Bondarenko (URS) 5.00.

LJ: 1, V Ratushnikov (URS) 8.33; 2, R Emmiyan (URS) 8.24; 3, S Novozhilov (URS) 8.07; 4, R Tasatis (URS) 8.06; 5, A Ignatov (URS) 8.05; 6, S Layevskiy (URS) 8.00; 7, S Zaozerskiy (URS) 7.91; 8, L Bueno (Cub) 7.83. **Standings:** 1, M Powell (USA) & V Ratushnikov (URS) 9.00; 3, L Myricks (USA) & R Emmiyan (URS) 7.00; 5, K Smith (USA) & S Novozhilov (URS) 6.00; 7, M Hickerson (USA) & R Tasatis (URS) 5.00.

DT: 1, L Delis (Cub) 66.02; 2, R Moya (Cub) 63.66; 3, R Ubartas (URS) 63.46; 4, I Bugai (Tch) 62.78; 5, Y Dumchev (URS) 62.48; 6, Kidikas (URS) 61.54; 7, J Martinez (Cub) 61.36; 8, Y Seskin (URS) 60.92. **Standings:** 1, L Delis (Cub) 15.00; 2, M Buncic (USA) 9.00; 3, W Schmidt (FRG) & R Moya (Cub) 7.00; 5, J Martinez (Cub) & R Ubartas (URS) 6.00; 7, K Keshmiri (USA) & I Bugai (Cze) 5.00.

JT: 1, V Sasimovich (URS) 80.94; 2, D Polyushin (URS) 80.42; 3, G Weiss (GDR) 80.22; 4, I Trinks (GDR) 80.20; 5, V Yevsyakov (URS) 79.48; 6, V Ovdinikov (URS) 79.10; 7, A Maznichenko (URS) 77.26; 8, V Zaytsev (URS) 76.60. **Standings:** 1, K Mizoguchi (Jpn) & V Sasimovich (URS) 9.00; 3, R Bradstock (GB) & D Polyushin (URS) 7.00; 5, D Atwood (USA) & G Weiss (GDR) 6.00; 7, M Barnett (USA) & I Trinks (GDR) 5.00.

Women - 100 (-4.2w): 1, O Naumkina (URS) 10.96; 2, N Voronova (URS) 11.05; 3, N German (URS) 11.08; 4, N Kovtun (URS) 11.11; 5, O Zolotareva (URS) 11.34; 6, I Shlyusar (URS) 11.22; 7, M Markina (URS) 11.80. **Standings:** 1, D Sowell (USA) & O Naumkina (URS) 9.00; 3, E Jones (USA) & N Voronova (URS) 7.00; 5, T Inaagwan (USA) & N German (URS) 6.00; 7, D Young (USA) & N Kovtun (URS) 5.00.



Sergey Bubka - meeting record.

11.80. **Standings:** 1, D Sowell (USA) & O Naumkina (URS) 9.00; 3, E Jones (USA) & N Voronova (URS) 7.00; 5, T Inaagwan (USA) & N German (URS) 6.00; 7, D Young (USA) & N Kovtun (URS) 5.00.

800: 1, D Matuseviciene (URS) 2:00.55; 2, T Grebanchuk (URS) 2:01.32; 3, N Loboko (URS) 2:01.76; 4, G Lesch (FRG) 2:02.71; 5, L Gurina (URS) 2:02.98; 6, O Nelyubova (URS) 2:03.52; 7, L Nurutdinova (URS) 2:06.42. **Standings:** 1, D Matuseviciene (URS) 9.00; 2, T Grebanchuk (URS) 7.00; 3, N Loboko (URS) 6.00; 4, G Lesch (FRG) 5.00; 5, L Gurina (URS) 4.00; 6, O Nelyubova (URS) 3.00; 7, L Nurutdinova (URS) 2.00.

1500: 1, Y Podkopayeva (URS) 4:06.25; 2, L Rogachova (URS) 4:06.71; 3, L Kremiyova (URS) 4:09.68; 4, L Borieva (URS) 4:13.65; 5, Z Kaznovskaya (URS) 4:15.88; 6, N Izodyorova (URS) 4:18.77; 7, O Parlyuk (URS) 4:19.41; 8, R Ibars (Col) 4:45.41.

3000: 1, N Artyemova (URS) 8:53.39; 2, T Koba (URS) 8:54.27; 3, R Chistyakova (URS) 8:55.70; 4, Y Romanova (URS) 8:55.80; 5, L Matveyeva (URS) 8:56.38; 6, O Nazarkina (URS) 8:59.73; 7, F Sultanova (URS) 9:03.30; 8, N Borberova (URS) 9:04.48. **Standings:** 1, P-S Plumer (USA) & N Artyemova (URS) 9.00; 3, B Webb (USA) & T Koba (URS) 7.00; 5, L Pells (Can) & R Chistyakova (URS) 6.00; 7, O Grant (Can) & Y

Romanova (URS) 5.00.

400H: 1, V Ordina (URS) 55.58; 2, M Navickaite (URS) 55.69; 3, O Nazarkina (URS) 55.70; 4, M Khromova (URS) 56.82; 5, N Dudina (URS) 56.93; 6, Y Gancharova (URS) 56.95; 7, T Kupriyanovich (URS) 57.28; 8, L Yushchenko (URS) 58.75. **Standings:** 1, V Ordina (URS) 9.00; 2, M Navickaite (URS) 7.00; 3, O Nazarkina (URS) 6.00; 4, M Khromova (URS) 5.00; 5, N Dudina (URS) 4.00; 6, Y Gancharova (URS) 3.00; 7, T Kupriyanovich (URS) 2.00; 8, L Yushchenko (URS) 1.00.

HJ: 1, T Bykova (URS) 1.96; 2, D Turchak (URS) 1.84; 3, L Andonova (URS) 1.82; 4, Y Yeliesina (URS) 1.82; 5, Y Panikarovskikh (URS) & V Golovska (URS) 1.89; 7, Y Komisa (Pol) & L Sukhoroslova (URS) 1.83. **Standings:** 1, Y Henry (USA) & T Bykova (URS) 9.00; 3, O Turchak (URS) 7.00; 4, J Wohlschlag (URS) & C Fink (URS) 6.50; 6, L Andonova (URS) 6.00; 7, B Vidakovits (URS) & Y Yeliesina (URS) 5.00.

LJ: 1, G Chistyakova (URS) 7.36; 2, L Berezhnaya (URS) 7.12; 3, Y Chen (URS) 6.87; 4, N Medvedeva (URS) 6.86; 5, I Kravets (URS) 6.79; 6, I Ozhenko (URS) 6.73; 7, Y Semiraz (URS) 6.61; 8, N Buzui (URS) 6.10. **Standings:** 1, G Chistyakova (URS) 9.00; 2, L Berezhnaya (URS) 7.00; 3, Y Chen (URS) 6.00; 4, N Medvedeva (URS) 5.00; 5, I Kravets (URS) 4.00; 6, I Ozhenko (URS) 3.00; 7, Y Semiraz (URS) 2.00; 8, N Buzui (URS) 1.00.

SP: 1, N Liscovskaya (URS) 20.20; 2, R Kharadzeva (URS) 18.21; 3, D Urbikene (URS) 18.16; 4, L Peleshenko (URS) 17.95; 5, G Kuzhel (URS) 17.56; 6, M Burina (URS) 17.43; 7, A Kuznetsova (URS) 16.61; 8, M Andris (URS) 16.41. **Standings:** 1, N Liscovskaya (URS) 9.00; 2, T Khordulava (URS) 7.00; 3, D Urbikene (URS) 6.00; 4, L Peleshenko (URS) 5.00; 5, G Kuzhel (URS) 4.00; 6, M Burina (URS) 3.00; 7, A Kuznetsova (URS) 2.00; 8, M Andris (URS) 1.00.

1. N Liscovskaya (URS) 9.00; 2, T Khordulava (URS) 7.00; 3, D Urbikene (URS) 6.00; 4, L Peleshenko (URS) 5.00; 5, G Kuzhel (URS) 4.00; 6, M Burina (URS) 3.00; 7, A Kuznetsova (URS) 2.00; 8, M Andris (URS) 1.00.

Jackie Joyner-Kersey Meeting, Los Angeles, June 10

US unless stated.
Men - 400: M Rowe 44.83.
800: S Redwine 1:46.97.
1500: J Falcon 3:56.00.
110H: G Foster 13.19.
HJ: J Wohlschlag 1.94.
LJ: L Myricks 8.38.
SP: R Barnes 21.61.
JT: 1, M Barnett 80.80; 2, ROALD BRADSTOCK (GB) 78.74.



Roald Bradstock - second.



Galina Chistyakova - long jump winner.

OUT
EVERY
WEDNESDAY

FIRST WITH RESULTS

70p

Athletics Weekly

JULY 5 1989

**LINDA
KEOUGH**

*One lap
or two?*

Shot putter Matt
Simson - one of
Britain's outstanding
juniors. Pic: All-sport/
Russell Cheyne.

JUNIOR SPECIAL

- 5-page training guide
- English schools preview
- UK v West Germany v Sweden report

WIN



**A PAIR OF
MIZUNO
TRAINERS**

**PLAN AHEAD WITH
OUR AUGUST
FIXTURES**

BENTLEY LEAPS AHEAD

A NAME to watch for the big time is 17-year-old American National Junior long jump champion Dion Bentley.

He leapt to tenth on the junior world all-time list, in the meeting at the end of June, with an 8.16m long jump win in the Pan Am Junior Championships in Santa Fe, Argentina, knocking Olympic champion Carl Lewis down to ninth on the rankings.

Bentley, from Pittsburgh Penn Hills High School, earlier took Lewis' world indoor junior record with an 8.09m jump in February this year, beating the previous 8.04m set in 1980. He also took the Pan Am Championship record, again down to Lewis, who jumped 8.13 in 1979.

In Lille, France, at the BNP

d'Athletisme IAAF International Invitation Meeting Yobes Ondieki continued to ride high with a win in the 3000m, while Said Aouita, beaten by Ondieki at Seville a week earlier, returned to winning ways in the 1500m, ahead of a strong field of Kenyans.

Two days later, the intensive athletics activity moved on to the Grand Prix in Lausanne, Switzerland, where the latest confrontation between Colin Jackson and Roger Kingdom brought revenge over his Birmingham defeat for Kingdom.

The race left Jackson with a slight injury, after his right leg hit one of the hurdles, forcing him to miss the Stockholm Grand Prix on Monday.



**AROUND THE
WORLD WITH
DAVID OGLE**

**Athletics
Weekly's
overseas
section - we
give you
the news
and
results
from
across
the world**



■ Said Aouita - back to winning ways in Lille.
Pic. Mark Shearman.

RESULTS

SWITZERLAND

27.6 Athletissima '89 IAAF Grand Prix, Lausanne. Men 100 (0.0w): 1, D Mitchell (USA) 10.03; 2, R Stewart (Jam) 10.03; 3, L Burrell (USA) 10.17; 4, M Marsh (USA) 10.20; 5, R Mangold (Swi) 10.52; 6, B Cooper (USA) 10.58. **400:** 1, S Lewis (USA) 44.47; 2, T Simon (USA) 44.71; 3, D Everett (USA) 45.20; 4, D Clark (Aus) 45.35; 5, J Reynolds (USA) 45.75; 6, B Cameron (Jam) 46.21; 7, K Young (USA) 46.24; 8, TODD BENNETT (GB) 46.26. **800:** 1, P Ereng (Ken) 1:45.21; 2, A Bile (Som) 1:45.22; 3, J Barbosa (Bra) 1:46.10; 4, J Gray (USA) 1:46.13; 5, D Patrick (USA) 1:46.20; 6, B Niang (Sen) 1:46.38; 7, G Kersh (USA) 1:46.60; 8, STEVE HEARD (GB) 1:48.03. **1500:** 1, S Aouita (Mor) 3:35.28; 2, W Kirochi (Ken) 3:35.67; 3, P Rono (Ken) 3:35.80; 4, M O'Sullivan (Ire) 3:35.94; 5, K Cheruiyot (Ken) 3:36.42; 6, S Scott (USA) 3:36.79; 7, J Chesire (Ken) 3:36.94; 8, T Hacker (USA) 3:37.06; 9, F O'Mara (Ire) 3:37.17; 10, J Atkinson (USA) 3:37.43; 11, R Geoffrey (Fra) 3:40.11. **2000:** 1, S Maree (USA) 5:01.56; 2, K-P Nabein (FRG) 5:03.95; 3, R Kram (Alg) 5:04.13; 4, K Jenkel (Swi) 5:04.32; 5, P Wirz (Swi) 5:04.49; 6, M Silva (Por) 5:06.51; 7, J Aden (Som) 5:08.68. **5000:** 1, J Regalo (Por) 13:27.25; 2, M Issangar (Mor) 13:27.32; 3, D Padilla (USA) 13:37.08; 4, M Ryffel (Swi) 13:37.74; 5, K Kipkemboi (Ken) 13:38.85; 6, P Williams (Can) 13:39.85; 7, G Curtis (Ire) 13:39.87; 8, P Arpin (Fra) 13:41.53. **3000SC:** 1, P Koech (Ken) 8:15.78; 2, B Maminski (Pol) 8:25.73; 3, H Koelman (Hol) 8:27.42; 4, B Abshire (USA) 8:28.77; 5, G Fell (Can) 8:29.34; 6, B Vago (Hun) 8:32.33; 7, M Boinett (Ken) 8:33.05. **110H A:** 1, R Kingdom (USA) 13.13; 2, COLIN JACKSON (GB) 13.23; 3, G Foster (USA) 13.29; 4, J Pierce (USA) 13.37; 5, C Hawkins (USA) 13.45; 6, T Campbell (USA) 13.45; 7, E Valle (Cub) 13.48; 8, A Blake (USA) 13.58. **B:** 1, C Clark (USA) 13.53; 2, C Sala (Spa) 13.80; 3, F Niederhauser (Swi) 13.99. **PV:** 1, S Bubka (URS) 5.80; 2, M Chmara (Pol) 5.80; 3, K Tarpenning (USA) 5.70; 4, W Bubka (URS) 5.60; 5, P Collet (Fra) 5.60; 6, P D'Encausse (Fra) 5.40; 7, Z Lubensky (Cze) 5.40. **LJ:** 1, C Lewis (USA) 8.43; 2, L Myricks (USA) 8.19; 3, M Powell (USA) 8.11; 4, M Conley (USA) 7.98; 5, S Layevskiy (URS) 7.84; 6,

J Jefferson (Cub) 7.76. **JT:** 1, E Wilhjalmsen (Isl) 79.82; 2, MIKE HILL (GB) 78.90; 3, M Barnett (USA) 78.86; 4, P Lefevre (Fra) 77.42; 5, A Linden (FRG) 76.68; 6, R Steiner (Swi) 73.38. **Women - 100 A (+0.10w):** 1, D Sowell (USA) 10.99; 2, S Echols (USA) 11.18; 3, E Jones (USA) 11.31; 4, A Brown (USA) 11.33; 5, L Bily (Fra) 11.39; 6, N Cooman (Hol) 11.41; 7, G Jackson (Jam) 11.41; 8, R Aebi (Swi) 11.59. **B: (0w)** 1, P Davis (Bah) 11.23; 2, PAULA DUNN (GB) 11.37; 3, T Ijheagwam (USA) 11.38; 4, M Finn (USA) 11.44; 5, U Savari (FRG) 11.58. **200:** 1, G Jackson (Jam) 22.52; 2, D Dixon (USA) 23.05; 3, R Aebi (Swi) 23.08; 4, M Finn (USA) 23.36; 5, A Thomas (FRG) 23.38; 6, L Leatherwood (USA) 23.61. **800:** 1, A Quirot (Cub) 1:57.95; 2, E Kiessling (GDR) 1:59.41; 3, D Melinte (Rom) 1:59.51; 4, J Clark (USA) 1:59.83; 5, S Colovic (Yug) 2:00.27; 6, C Groendall (USA) 2:01.42; 7, H Kroener (GDR) 2:01.50; 8, E Washington (USA) 2:02.06; 9, N Loboyko (URS) 2:02.77. **3000:** 1, P S Plumer (USA) 8:42.12; 2, P Ivan (Rom) 8:42.17; 3, M-P Duros (Dra) 8:45.26; 4, E Van Hulst (Hol) 8:53.50; 5, M Fays (Fra) 8:53.93; 6, F Aouam (Mor) 8:57.48; 7, I Kristiansen (Nor) 8:57.83; 8, C Buarki (Swi) 8:58.48; 9, T Merchiers (Bel) 8:59.65; 10, J-M Pipoz (Swi) 9:00.10; 11, A Sergeant (Dra) 9:01.04; 12, A Jacobs (USA) 9:01.73; 13, C Schuwalow (Aus) 9:10.40; 14, I Moretti (Swi) 9:11.09. **HJ:** G Astafei (ROM) 1.90; 2, L Andonova (Bul) 1.90; eq3, V Brown & J Wohlschlag (USA) 1.85; 5, S Costa (Cub) 1.85; 6, B Landes (Fra) 1.85. **400H:** 1, S Farmer (Jam) 54.76; 2, T Hellander (Fin) 56.07; 3, L Sheffield (USA) 56.09; 4, I Oanta (Rom) 56.19; 5, K Freeman (USA) 56.46; 6, G Tromp (Hol) 58.22. **HJ:** 1, G Astafei (Rom) 1.90; 2, L Andonova (Bul) 1.90; eq3, V Brown (Aus), J Wohlschlag (USA) & S Costa (Cub) 1.85; 6, B Landes (Fra) 1.85. **LJ:** 1, M Ilicu (Rom) 6.61; 2, V Aonescu (Rom) 6.54; 3, FIONA MAY (GB) 6.52. **SP:** 1, H Krieger (GDR) 20.27; 2, N Lisovskaya (URS) 20.08; 3, S Storp (FRG) 19.58; 4, B Caza (Cub) 18.98; 5, P Ragel (USA) 18.84; 6, V Horvath (Hun) 17.22.

IVORY COAST

17/18.6 Abidjan Men - 100: E Tuffour (Gha) 10.2; Boateng (Gha) 10.2. **200:** Boateng (Gha) 20.8. **400:**

OUT
EVERY
WEDNESDAY

FIRST WITH RESULTS

70p

Athletics Weekly

July 19 1989

BUCKNER'S BACK

with a warning for cup rivals

RECORDS TUMBLE AT THE PALACE

but Martin's out of
Europa Cup

UK RANKINGS

who tops the lists?

WEEKEND RESULTS

All the best of
the action



Weekly

WRITTEN FOR ATHLETES BY ATHLETES

Athletics Weekly

JULY 26 1989 70p



**LORRAINE
BAKER**

*Cruising back
to fitness*

**WORLD
RANKINGS**

WEEKEND RESULTS

*GRE semis ★ Miles of miles ★
Scottish championships ★ Full round-up*

*Diane Edwards (21)
wins the 800 metres
at the Girobank
Games, ensuring
European Cup
selection, ahead of
Julie Jenkins (67)
and Bev Nicholson.
Pic: All-Sport/Gray
Mortimore.*

Shot Put

22.66	Randy Barnes	USA	20 Jan
22.55	Ulf Timmermann	GDR	11 Feb
21.37	Jim Doehring	USA	10 Jun
21.32	Gregg Telford	USA	6 May
21.25	Maris Petrashko	URS	7 Jan
21.02	Mike Stulce	USA	3 Jun
20.96	Aleksandr Bagach	URS	21 Jan
20.96	Georg Andersen	Nor	4 Mar
20.94	Karel Sula	Tch	21 Jan
20.91	August Wolf	USA	6 May

Discus

68.82	Mike Buncic	USA	24 May
68.30	Wolfgang Schmidt	FRG	24 May
68.28	Luis Delis	Cub	12 Jul
68.12	Jurgen Schult	GDR	7 Jul
67.64	Vesteinn Hafsteinsson	Isl	31 May
67.62	Marco Martino	Ita	28 May
67.58	Erik de Bruin	Hol	29 Jun
66.50	Kenny Keshmiri	USA	17 Jun
66.44	Mac Wilkins	USA	6 May
66.28	Olav Jensen	Nor	24 May

Hammer

82.48	Igor Astapkovich	URS	10 Jun
81.00	Andrey Abduvaliyev	URS	26 Feb
80.60	Heinz Weis	FRG	17 Jun
80.14	Tore Gustafsson	Isl	4 Jul
80.04	Yuriy Sedykh	URS	23 Jun
79.70	Vasily Sidorenko	URS	10 Jun
79.38	Viktor Apostolov	Bul	21 May
79.10	Vyacheslav Korovin	URS	1 Jul
78.78	Sergey Alay	URS	23 May
78.66	Christoph Sahner	FRG	28 May

Javelin

87.60	Kazuhiko Mizoguchi	Jpn	27 May
84.74	Jan Zelezny	Tch	13 Jun
84.34	STEVE BACKLEY	GB	14 Jul
83.92	Seppo Ratty	Fin	4 Jun
83.16	Viktor Zaitsev	URS	24 Jun
82.52	Dag Wenlund	Swe	10 Jun
82.42	Peter Dorglund	Swe	10 Jun
82.28	Patrik Boden	Swe	19 May
82.28	MICHAEL HILL	GB	7 Jul
82.22	Lev Shatilov	URS	14 Feb

Decathlon

8549	Dave Johnson	USA	14 Jun
8485	Christian Plaziat	Fra	18 Jun
8351	Christian Schenk	GDR	18 Jun
8300	Thomas Fahner	GDR	24 Jun
8260	Mikhail Medved	URS	11 Jun
8248w	Sheldon Blockburger	USA	11 Jun
8192	Roman Terekhov	URS	11 Jun
8155w	Gary Kinder	USA	14 Jun
8152	Norbert Demmel	FRG	18 Jun
8121	Mike Smith	Can	18 Jun

WOMEN

100m

10.78	Dawn Sowell	USA	3 Jun
10.95	Merlene Ottey	JAM	25 Jun
11.07	Sheila Echols	USA	14 Jul
11.11	Kerstin Behrend	GDR	7 Jul
11.12	Gwen Torrence	USA	21 Mar
11.12	Esther Jones	USA	3 Jun
11.12	Natalya Kovtun	URS	11 Jun
11.14	Mary Onyiah	Ngr	3 Jun
11.14	Liliana Allen	Cub	Jun
11.14	Anita Howard	USA	18 Jun
11.14	Laurence Billy	Fra	15 Jul

200m

22.04	Dawn Sowell	USA	2 Jun
22.24	Merlene Ottey	JAM	23 Jun
22.29	Dannette Young	USA	17 Jun
22.45	Mary Onyiah	NIG	2 Jun
22.48	Yelena Nasonkina	URS	10 Jun
22.52	Grace Jackson	JAM	27 Jun
22.53	Esther Jones	USA	17 Jun
22.54	Pauline Davis	Bah	6 May
22.55	Marie-Josée Percec	Fra	29 Apr

400m

50.14	Ana Quirot	Cub	3 Jun
50.18	Pauline Davis	Bah	3 Jun
50.53	Grace Jackson	Jam	1 Jul
50.74	Tatyana Alekseyeva	URS	11 May
50.75	Rochelle Stevens	USA	17 Jun
50.96	Natasha Kaiser	USA	3 Jun
50.98	Joelanda Danta	Rom	28 May
50.99	Grit Breuer	GDR	7 Jul
51.05	Marie-Josée Percec	Fra	7 May
51.14	Celena Mondie	USA	3 Jun

800m

1:56.82	Christine Wachtel	GDR	23 Jun
1:57.10	Sigrun Wodars	GDR	29 Jun
1:57.51	Ana Quirot	Cub	1 Jul
1:58.71	Dalia Matuszewska	URS	16 Jun
1:58.84	Slobodanka Colovic	Yug	16 Jun
1:58.94	Violeta Bedea	Rom	19 Jul
1:59.02	Viorica Niga	Rom	24 Jun
1:59.08	Lyudmila Rogachova	URS	22 Jun
1:59.28	Gaby Lesch	FRG	19 Jul
1:59.41	Ellen Kiessling	GDR	27 Jun
1:59.51	Doina Melinte	Rom	27 Jun
1:59.53	Tatyana Grebenchuk	URS	5 Mar

1500m

4:01.27	Paula Ivan	Rom	10 Feb
4:02.09	Doina Melinte	Rom	7 Jul
4:03.15	Yvonne Mai	GDR	22 Jun
4:03.38	YVONNE MURRAY	GB	7 Jul
4:04.15	Svetlana Kitova	URS	7 Jul
4:04.44	Ellen Kassling	GDR	7 Jul
4:04.65	Viorica Ghican	Rom	2 Jul
4:04.86	Lynn Williams	Can	10 Jun
4:06.52	Marina Yachmenova	URS	4 Mar
4:06.84	Catalina Gheorghe	Rom	4 Jun

MILE

4:15.61 WR	Paula Ivan	Rom	10 Jul
4:20.39	Doina Melinte	Rom	10 Jul
4:22.52	Kitova Svetlana	URS	19 Jul
4:24.75	Lynn Williams	Can	10 Jul



Paula Ivan - leading the field in both the 1500m and the Mile. Pic: A.S.P.

3000m

8:23.82	Elly Van Hulst	Hol	4 Mar
8:34.80	LIZ McCOLGAN	GB	4 Mar
8:38.51	YVONNE MURRAY	GB	10 Jul
8:38.97	Marie-Pierre Duros	Fra	10 Jul
8:39.09	Paula Ivan	Rom	24 Jun
8:42.12	Patti Sue Plumer	USA	27 Jun
8:42.61	Viorica Ghican	Rom	25 Jun
8:44.33	Margarita Keszeg	Rom	10 Jul
8:45.04	Julia Bosliu	Rom	24 Jun
8:46.82	Martine Fays	Fra	10 Jul

5000m

14:58.22	Kathrin Ullrich	GDR	3 Jul
14:57.22	Patti Sue Plumer	USA	3 Jul
14:58.62	Lynn Williams	Can	3 Jul

10,000m

30:48.51	Ingrid Ivis	Nor	1 Jul
31:52.00	Biba Asahina	FRG	1 Jul
32:14.85	Miejoko Asahina	Jpn	17 Jun
32:17.62	Kerstin Pressler	FRG	1 Jul
32:21.16	Monica Joyce	Ire	23 Apr

100H

12.68	Yelizaveta Chernysheva	URS	10 Jun
12.68	Mihaila Pogacean	Rom	4 Jun
12.69	Lyudmila Navozhilenko	URS	10 Jun
12.70	Tanajalyn Stanley	USA	3 Jun
12.70	Lidia Okolo-Kulak	URS	10 Jun
12.70	Eva Sokolova	URS	20 Jun
12.72	Cornelia Oschkenat	GDR	22 Jun
12.75	Lynda Tolbert	USA	16 Jun
12.77	Marjan Olyslager	Hol	25 Jun
12.88	Kristin Patzwahl	GDR	21 Jun

400H

53.35	Sandra Farmer-Patrick	USA	17 Jun
54.77	Susanne Losch	GDR	7 Jul
55.20	Petra Krug	GDR	7 Jul
55.27	Janeen Vickers	USA	2 Jun
55.37	Margarita Jaseviciene	URS	14 Jun
55.38	Linetta Wilson	USA	2 Jun
55.42	Vera Ordina	URS	27 May
55.43	SALLY GUNNELL	GB	14 Jul
55.3	Jackie Joyner-Kersey	USA	10 Jun
56.57	Schowanda Williams	USA	16 Jun
55.57	Cornelia Ulrich	GDR	7 Jul

High Jump

2.04	Stefka Kostadinova	Bul	8 Mar
2.01	Heike Balck	GDR	5 Mar
2.00	Tamara Bykova	URS	5 Mar
2.00	Jan Wehschlag	USA	1 Jul
1.98	Louise Ritter	USA	13 Jun
1.98	Veronica Ward	Aus	12 Feb
1.98	Galina Astafei	Rom	14 Jun
1.98	Silvia Costa	Cub	14 Jun
1.98	Biljana Petrovic	Yug	18 Jun
1.97	Jin Ling	Chn	30 Apr

Long Jump

7.30	Galina Christyakova	URS	29 Jan
7.20	Larisa Berezhnaya	URS	4 Feb
7.15	Helga Radtke	GDR	22 Jun
7.08	Marieta Ilcu	Rom	24 Jun
7.05	Yolanda Chen	URS	4 Feb
6.99	Yelena Kokonova	URS	29 Jan
6.89	Inessa Kravets	URS	4 Feb
6.86	Anna Deruyvankina	URS	4 Feb
6.82	Valy Ionescu	Rom	5 Feb
6.81	Nicole Medvedyeva	URS	23 Jun

Shot Put

20.73	Heike Hartwig	GDR	22 Jun
20.61 WJR	Astrid Kumburnuss	GDR	1 Jul
20.50	Christa Wiese	GDR	12 Feb
20.45	Claudia Losch	FRG	5 Mar
20.37	Sona Vasickova	Tch	21 Jun
20.37	Heidi Krieger	GDR	27 Jun
20.30	Stephanie Storp	FRG	19 Feb
20.25	Huang Zhihong	Chn	5 Mar
20.23	Ilie Wyludda	GDR	23 Jun
20.20	Natalya Lisovskaya	URS	11 Jun

Discus

72.28	Ilie Wyludda	GDR	23 Jun
71.86	Gabriele Reinsch	GDR	23 Jun
69.00	Maritta Marten	Cub	19 Feb
68.26	Franka Dietzsch	GDR	23 Jun
68.18	Barbara Echevarria	Cub	19 Feb
68.10	Olga Davydova	URS	12 Feb
68.92	Franka Dietzsch	GDR	14 Jun
66.78	Daniela Costian	Rom	19 Mar
65.68	Irena Mieszynski	GDR	May
65.06	Tavetanka Khristova	Bul	14 Jun

Javelin

75.72	Petra Felke	GDR	17 Jun
71.12	Trina Solberg	Nor	1 Jul
70.76	Beate Koch	GDR	22 Jun
69.72	Karen Forkel	GDR	Jun
69.38	Natalya Shukolenko	URS	25 Feb
65.62	Ivonne Leal	Cub	18 Feb
64.82	Elizabeth Fernandez	Cub	17 Jun
64.80	Dulce Garcia	Cub	18 Feb
64.80	Silke Renk	GDR	May
64.78	Laverne Eye	Bah	17 Jun

Heptathlon

7005	Larisa Nikitina	URS	11 Jun
6686	Anke Behmer	GDR	18 Jun
6604	Remigia Nazarov	URS	11 Jun
6568	Liliane Nastase	Rom	4 Jun
6551	Natalya Shubenkova	URS	11 Jun
6534WJR	Svetla Dmitrova	Bul	16 Jul
6453	Cornelia Heinrich	FRG	18 Jun
6416	Sabine Braun	FRG	18 Jun
6381	Elizabeth Anghel	Rom	4 Jun
6347	Marianna Maslennikova	URS	11 Jun

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Athletics Weekly

AUGUST 2

1989

70p

UNDER 20s CHAMPS

Full report
and
results

EUROPA CUP

Steve Cram out
in late
re-shuffle – p.2

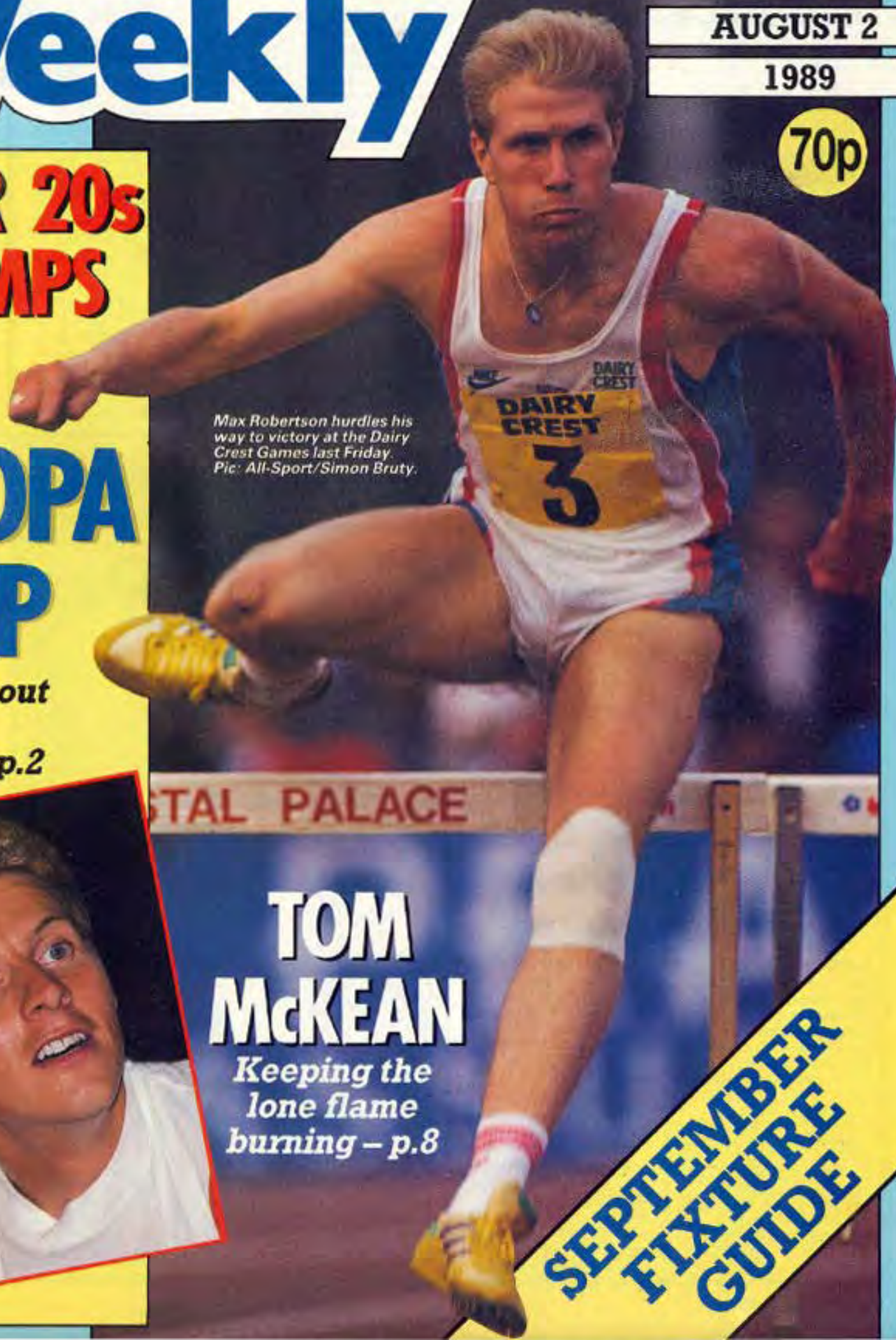
Max Robertson hurdles his
way to victory at the Dairy
Crest Games last Friday.
Pic: All-Sport/Simon Bruty.

STAL PALACE

TOM McKEAN

Keeping the
lone flame
burning – p.8

SEPTEMBER
FIXTURE
GUIDE



on her PB.

But she'll have to be ducking under two minutes to beat – yes, you guessed it – the East Germans. With Olympic gold and silver medalists Christine Wachtel and Sigrun Wodars topping the ranking list this year, it's difficult to see how they can fail, whoever is given the team place.

1987: 1, T Samolyenko (URS) 1:59.26; 4, D Edwards (GB) 2:00.21.

1500

Yvonne Murray was originally picked for the 1500m and 3000m, but after plumped for the 3000m on Saturday in case an injury problem recurred. No replacement named at time of going to press.

1987: 1, K Wade (GB) 4:09.03.

3000

Murray holds the fastest outdoor time in the world this year with 8:38.51. The threat will come from Olympic champion Paula Ivan, with Rumanian countrywoman Doine Melinte selected for the 1500.

1987: 1, U Bruns (GDR) 8:44.48; 2, Y Murray (GB) 8:48.15.

10,000

Liz McColgan's absence from the team is a blow, especially as obvious replacements such as the Tooby's are either injured, or like Jill Hunter, in the early stages of recovery from injury.

The defending champion Kathrin Ullrich heads the world rankings this year – yet another East German.

1987: 1, K Ullrich (GDR) 32:32.05; 2, A Tooby (GB) 32:46.78.

100H

Sally Gunnell leapt into second spot on the UK rankings with her first 100m hurdles race of the year, a few days after the team was picked. But that hasn't pleased UK champion Kay Morley who heads the list, over two tenths faster than Gunnell's



Above: Sally Gunnell – doubling up.

Right: Yvonne Murray – opted for the 300m.

13.13w (13.15).

The battle at the front will again be East European.

1987: 1, C Oschkenat (GDR) 12.47 CBP; 7, L-A Skeete (GB) 13.66.

400H

In the event she is now more at home with, Gunnell holds third place on paper. Two East Germans and two Soviets are above her on the European ranking lists but with only one from each to compete, she has the chance of a placing.

1987: 1, S Busch (GDR) 54.23; 7, J Pearson (GB) 58.16.

High Jump

Jayne Barnetson would need to improve her best by 10cm to have a shout at a placing. World Indoor champion and record holder Stefka Kostadinova looks a good bet to defend her title.

1987: 1, S Kostadinova (Bul) 2.00; Eq 6, J Boyle (GB) 1.85.

Long Jump

Fiona May's second place at the Golden Gala Grand Prix ahead of some class opposition could augur well, though she will have to jump out of her socks to defeat the likes of Soviet Galina Chistyakova. Still, she is improving all the time with international competition.

1987: 1, H Drechsler (GDR) 7.26; 6, M Berkeley (GB) 6.39.

Shot Put

The East European heavy squad will roll out for the shot put. Judy Oakes has dominated British throwing for years, but will be pressed to match her rivals.

1987: 1, N Lisovskaya (URS) 21.56 CBP; 6, J Oakes (GB) 18.25.

Discus

Jacquie McKernan has thrown a string of PBs, currently holding the Northern Ireland record at 57.88m. But she faces the same problem as Oakes, up against East European training methods.

1987: 1, D Gansky (GDR) 73.90 CBP; 7, K Farr 56.06.

Javelin

Tessa Sanderson's comeback from injury continues, but as yet she hasn't matched her previous heights, or lengths in this case. Olympic champion Petra Felke again heads the world rankings and will be the target for the smart money.

1987: 1, P Felke (GDR) 71.26; 6, J Abel (GB) 57.46.

4 × 100

Our relay squad will be picked from Dunn, Stephanie Douglas, Louise Stuart, Sallyanne Short and Carmen Smart. Any team is going to be struggling against the East Germans.

1987: 1, GDR 41.94; 7, Great Britain 46.42.

4 × 400

Keough, Gunnell, Angela Piggford and Jennifer Stoute run the relay. As with the sprint relay, any improvement on previous year's placings will be a good performance.

1987: 1, USSR 3:20.41; 6, Great Britain 3:31.43.

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AUGUST 23 1989

Athletics Weekly

70p

LEICESTER PAIR
LEAD EURO
CHARGE



Leicester's Maxine Newman (left) and Lisa York - going for Euro gold.

12.92

Kingdom's
power and
glory - P.6

ARTURO BARRIOS

Profile on the
new 10,000m
world record
holder P.24

Roger Kingdom celebrates his new
world record. Pic: All-Sport/Bob
Martin



WIN PUMA
RUNNING
KIT

AQUITA SMASHES RONO'S RECORD

SAID Aquita finally broke Henry Rono's 5000 metres world figures of 7:32.1 in Cologne last Sunday afternoon and en route became the first sub 7.30 man in history.

His time of 7:29.45 is one of the finest records for a man who is acknowledged as the world's greatest ever middle distance runner.

West German Markus Triner led through a speedy first kilometre - 2:31.53 - with the tiny Moroccan four metres down in fourth position.

It was then Charles Cheruiyot's turn to move to the point and, as Aquita himself passed the half distance in 3:46.7 (Rono 3:48.0), the Kenyan got a little too far ahead to be really effective.

At this point Yobes Ondieki was still in contention, but at 2km, passed by Aquita in 5:04.2, the African find of the season was rocking.

After six laps, Aquita (6:04.3) was only marginally up on Rono's 6:04.5 but with 500 metres to go he shot past Ondieki, coming to the bell in 6:33.1.

Having tried since 1985 to erase Rono's hand

timed achievement from the record book, he sped round the final circuit in 56.4 seconds saluted by an entranced crowd.

Aquita now holds five of the seven fastest times over 3000 metres and this latest achievement adds the distance to his 1500m, 2000m, 2 miles and 5000 metres world records.

Earlier in the afternoon, Seb Coe came up against

the Olympic champion, Paul Ereng, but also in the field was his accepted British successor at the distance, Tom McKean.

The pair ran shoulder to shoulder for most of the race, passing the bell in 51.3, behind pacemaker, 400 hurdler, Dave Patrick.

McKean and Coe were through 600 metres in 1:18.1, but on the crown of the bend, Ereng took

off in whippet fashion to win in 1:44.01, followed by Barbosa 1:44.45.

McKean, 1:44.89, squeezed out Coe, 1:45.13, by 0.23 seconds.

Young Steve Backley made it three wins in five days, his final javelin attempt sailing out to 83.88. After Iceland's Sigurdur Einarsson led from round one, Backley was forced to show his true competitive ability.



Said Aquita - new 3000m world record holder.

Yvonne Murray (4:05.54) was outprinted by Svetlana Kitova (4:04.66) and Elly Van Hulst (4:04.98) in the 1500 metres while Judy Oakes (18.55) ended up fourth in the shot put, won by world record holder Natalya Lisovskaya (20.50).

IAAF/Mobil Grand Prix Results and Standings, August 20

400: 1, H Reynolds (USA) 44.30; 2, R Hernandez (Cub) 44.70; 3, M Almerik (CMA) 45.03; 4, M Rowe (USA) 45.21; 5, A Pettigrew (USA) 45.22; 6, A Phillips (USA) 45.30; 7, E Itt (FRG) 45.41; 8, R Pierre (USA) 45.54.
1500: 1, K Cheruiyot (Ken) 3:35.58; 2, A Bilo (Som) 3:36.62; 3, P Rono (Ken) 3:36.09; 4, J Atkinson (USA) 3:36.91; 5, B Diels (Hol) 3:37.55; 6, M Siva (ESP) 3:37.57; 7, E Rueter (FRG) 3:37.92; 8, A Seher (Mar) 3:38.52.
3000: 1, S Aquita (Mor) 7:29.45 (WR); 2, D Baumann (FRG) 7:40.37; 3, S Meree (USA) 7:40.67; 4, M Dasko (URS) 7:42.00; 5, Y Ondieki (Ken) 7:42.55; 6, J Regalo (Por) 7:43.00; 7, M Nenow (USA) 7:43.01; 8, K Skah (Mar) 7:43.70.
110H: 1, R Kingdom (USA) 13.20; 2, T Campbell (USA) 13.32; 3, J Pierce (USA) 13.34; 4, E Valle (Cub) 13.55; 5, R Davis (USA) 13.59; 6, F Schwarzhoff (FRG) 13.59; 7, V Sheskin (URS) 13.62; 8, I Kazanov (URS) 13.82.

PV: 1, R Gataulin (URS) 5.81; 2, G Yegorov (URS) 5.81; 3, E Bel (USA) 5.81; 4, D Faley (USA) 5.81; 5, T Bright (USA) 5.81; 6, G Duplantis (USA) 5.50.
LJ: 1, L Myricks (USA) 8.35; 2, M Powell (USA) 8.26; 3, G Laine (USA) 8.09; 4, A Ester (USA) 7.96; 5, L Szalma (Hun) 7.84; 6, G Evangelisti (Ita) 7.72; 7, J Jefferson (Cub) 7.68.
JT: 1, S Backley (GB) 83.88; 2, S Einarsson (Ice) 82.30; 3, E Vilhjalmsen (Ice) 81.90; 4, K Mizoguchi (JPN) 81.72; 5, V Yevsyukov (URS) 80.18; 6, A Linden (FRG) 77.70; 7, M Kaleta (URS) 74.68; 8, K Schneider (FRG) 73.98.

Non Grand Prix Events
Men - 100: 1, A Gason (USA) 10.18; 2, R Da Silva (Bra) 10.23; 3, A Krylov (URS) 10.27.
800: 1, P Ereng (Ken) 1:44.01; 2, J Barbosa (Bra) 1:44.45; 3, T McKean (GBR) 1:44.89.
Women - 100: 1, M Otley (Jam) 11.12; 2, P Davis (Bah) 11.14; 3, E Jones (USA) 11.34; 4, G Jackson (Jam) 11.36; 5, D Young (USA) 11.39; 6, S Echols (USA) 11.39; 7, T Inagawa (NGR) 11.42; 8, L Allen (Cub) 11.42.
800: 1, A Quirot (Cub) 1:59.01; 2, J Clark (USA) 2:00.70; 3, G Lasch (FRG) 2:01.07; 4, J Jenkins (USA) 2:01.13; 5, U Lix (FRG) 2:02.03; 6, E Vanlangen (Hol) 2:02.50; 7, M Taylor (USA) 2:04.55; 8, A Matthys (Bel) 2:05.06.
400: 1, S Farmer-Patrick (USA) 53.93; 2, D Flintoff-King (Aus) 54.93; 3, S Williams (USA) 55.03; 4, A Proti (Sui) 55.40; 5, K Freeman (USA) 55.43; 6, U Heinz (FRG) 55.53; 7, L Sheffield (USA) 59.19.
HJ: 1, S Costa (Cub) 2.03; 2, H Riedelzy-Henkel (FRG) 2.00; 3, T Bykova (URS) 1.94; 4, J Wohlschlag (USA) 1.91; 5, A Arera (FRG) 1.89; 6, Holzapfel (FRG) 1.88; 7, M Goldkamp (FRG) 1.86; 8, G Kapernick (Aus) 1.85.
LJ: 1, G Chistyakova (URS) 6.71; 2, N Boegman (Aus) 6.56; 3, A Karczmarek (Pol) 6.56; 4, J Innis (USA) 6.36; 5, C Conner (USA) 6.30; 6, A Gansath (FRG) 6.03; 7, U Bartz (FRG) 6.02; 8, C Missoudan (Fra)

5.84
SP: 1, N Lisovskaya (URS) 20.50; 2, I Holtschlag (FRG) 19.84; 3, S Storp (FRG) 19.48; 4, J Oakes (GB) 18.85; 5, B Laza (Cub) 18.79; 6, R Page (USA) 18.59.

Men Overall Standings
1, S Aquita (Mor) (5000) 51.00; 2, R Kingdom (USA) (110 Hds) 51.00; 3, S Backley (GB) (JT) 45.00; 4, S Bubka (URS) (PV) 45.00; 5, R Da Silva (Bra) (200) 45.00; 6, L Myricks (USA) (LJ) 43.00; 7, R Gataulin (URS) (PV) 43.00; 8, H Thomas (USA) (200) 41.00; 9, B Reynolds (USA) (400) 41.00; 10, M Powell (USA) (LJ) 41.00; 11, T Simon (USA) (400) 41.00; 12, T Campbell (USA) (110 Hds) 41.00.

Women Overall
1, P Ivan (Rom) (Mile/800) 49.00; 2, G Chistyakova (URS) (LJ) 45.00; 3, S Farmer-Patrick (USA) (400 Hds) 45.00; 4, M Otley (Jam) (100) 45.00; 5, J Wohlschlag (USA) (HJ) 45.00; 6, A Quirot (Cub) (800) 45.00; 7, P Plumer (USA) (3000) 41.00; 8, S Echols (USA) (100) 37.00; 9, D Mainie (Rom) (Mile) 36.00; 10, S Williams (USA) (400 Hds) 35.00.

EASY WIN FOR BILE

IAAF/Mobil Grand Prix, Berlin, August 18

Arturo Barrios broke the world 10,000 metres record in West Berlin last Friday night, his time of 27:08.23 slicing 5.58 seconds from the previous best set by Fernando Mamede of Portugal in Stockholm five years ago.

He also became the first ever Mexican to hold a world track and field record - although they have produced many walking champions.

The Americans Doug Psdila and Steve Plascencia acted as pacemakers and a steady supply of 65 and 64 second laps brought the 27-year-old Mexican through the half way mark in 13:32.99 - a massive 13 seconds quicker than Mamede.

Just after this Barrios was on his own and he began to churn out a succession of sub 98.5 laps.

"It began to hurt at seven kilometres and I felt weak and didn't feel too confident," he said. However the pace never decreased significantly and the 1.74m/80kg powerhouse added: "With five laps to go I knew I was going to be very close and when I got down to the last two laps I knew I would break it as only a couple of 65's were needed."

Sprinting as hard as he could he covered the penultimate circuit in 83.6, finishing off with a 59.5 lap the entire crowd in the Olympic stadium rising in support of him.

Said Aquita refused to race world champion Abdi Bile over the mile because of a difference between the

coaches; the latter winning easily in 3:50.97 with Steve Crabb down in eighth spot (3:54.85).

Lirford Christie was gaining on the fastest man in the world this year Leroy Burrell, the American winning in 10.08 with Christie (10.15) setting a legal best for the season.

Diane Edwards went one better than Zurich, running 1:59.71 for 800 behind Ana Quirot (1:57.90) and she looked very confident in the manner she ran her race. Colin Jackson beat Roger Kingdom out of the blocks easily, but the new world record holder stormed ahead to clock 13.02, the Welshman (13.22) nowhere near him.

Steve Backley hurled the javelin out to 83.58 with his second throw and that was sufficient to break a quality field, although he had an anxious moment when, sitting out his last three throws, he saw Iceland's Sigurdur Einarsson achieve 82.68 a personal best, with no right to reply. Jon Edwards placed 4th in the triple jump (16.72) won by Mike Conley 17.52. Over the 400 hurdles Kevin Young (USA) ran this year's fastest 47.96 while in the long jump an 8.38 fifth round effort saved Carl Lewis's bacon - and winning sequence.

200: 1, R Dasilva (Bra) 20.28; 2, F Heard (USA) 20.35; 3, S Tili (ITA) 20.51; 4, D Sanguma (Fra) 20.61; 5, G Quenheve (Fra) 20.84.
400: 1, D Everett (USA) 44.80; 2, R Hernandez (Cub) 45.50; 3, M Rowe (USA) 45.51; 4, G Tacop (Civ) 45.57; 5, A Pettigrew (USA) 45.73; 6, D



Abdi Bile - winner of the mile.

Patrick (USA) 45.81; 7, B Cameron (Jam) 46.16.
Mile: 1, A Bile (Som) 3:50.97; 2, D Baumann (FRG) 3:51.15; 3, W Kirochi (Ken) 3:52.53; 4, H Prippeau (Fra) 3:52.57; 5, P Rono (Ken) 3:53.06; 6, K Cheruiyot (Ken) 3:53.29; 7, M Guldberg (Den) 3:53.60; 8, S Crabb (GBR) 3:54.85.
10,000: 1, A Barrios (Mex) 27:08.23 (WR); 2, K Kipkembai (Ken) 27:52.28; 3, F Panetta (Ita) 28:06.71; 4, A Brshaw (GBR) 28:28.04; 5, D

Wakihuri (Ken) 28:29.56; 6, K Dobler (FRG) 28:29.70; 7, K Stenzel (FRG) 28:30.61; 8, A Siso (Arg) 28:36.85.
110H: 1, R Kingdom (USA) 13.02; 2, C Jackson (GBR) 13.22; 3, J Pierce (USA) 13.32; 4, C Hawkins (USA) 13.53; 5, E Valle (Cub) 13.56; 6, D Koszewski (FRG) 13.57; 7, C Clark (USA) 13.62.
PV: 1, T Bright (USA) 5.75; 2, M Chmara (Pol) 5.75; 3, P D'Enclosse (Fra) 5.70; 4, V Bubka (URS) 5.60; 5, L Lohr (USA) 5.40; 6, J Diaz (USA) 5.40; 7, N Nikolov (Bul) 5.40; 8, B Zintl (FRG) 5.40.
LJ: 1, C Lewis (USA) 8.38; 2, L Myricks (USA) 8.32; 3, M Powell (USA) 8.17; 4, G Laine (USA) 7.82; 5, L Szalma (Hun) 7.74; 6, J Greene (USA) 7.73; 7, C Thomas (FRG) 7.65; 8, D Haaf (FRG) 7.50.
JT: 1, S Backley (GBR) 83.58; 2, S Einarsson (ISL) 82.68; 3, K Mizoguchi (JPN) 82.88; 4, E Vilhjalmsen (ISL) 80.70; 5, K Takamela (FRG) 78.40; 6, M Hill (GBR) 78.00; 7, J Zalezny (TCH) 77.14; 8, P Blank (FRG) 76.96.
100: 1, N Cooman (Hol) 11.23; 2, S Echols (USA) 11.25; 3, U Sarvari (FRG) 11.28; 4, D Young (USA) 11.32; 5, M Oryani (NGR) 11.43; 6, L Allen (Cub) 11.46.
800: 1, A Quirot (Cub) 1:57.90; 2, D Edwards (GBR) 1:59.71; 3, G Lasch (FRG) 1:59.80; 4, J Clark (USA) 2:00.01; 5, U Lix (FRG) 2:01.56; 6, J Jenkins (USA) 2:01.81; 7, R Monday (USA) 2:02.11; 8, S Colovic (Yug) 2:02.83.
3000: 1, N Artyemova (URS) 8:46.66; 2, P Plumer (USA) 8:47.07; 3, K

Pressler (FRG) 8:47.00; 4, R Jacobs (USA) 9:08.51; 5, C Borgschulte (FRG) 9:10.42; 6, F Aquam (Mar) 9:11.86; 7, E Kiplagat (Ken) 9:28.79.
HJ: 1, J Wohlschlag (USA) 1.96; 2, H Riedelzy-Henkel (FRG) 1.92; 3, B Holzapfel (FRG) 1.85; 4, A Arera (FRG) 1.85; 5, L Andonova (Bul) 1.85; 6, C Stanton (Aus) 1.80.
LJ: 1, R Rapp (Fin) 6.77; 2, L Gerezhyayeva (URS) 6.71; 3, A Karczmarek (Pol) 6.39; 4, C Conner (USA) 6.22; 5, C Laws (USA) 6.21; 6, U Bartz (FRG) 5.92.

Non Grand Prix Results
Men
100: 1, L Burrell (USA) 10.08; 2, L Christie (GB) 10.15; 3, M Marsh (USA) 10.23; 4, L Burrell (USA) 10.08; 5, B Sunn (Can) 10.45; 6, L McRea (USA) 10.53.
800: 1, J Gray (USA) 1:44.02; 2, J L Barbosa (Bra) 1:44.20; 3, D Kwizera (Bul) 1:44.76.
400H: 1, K Young (USA) 47.86; 2, A Phillips (USA) 47.99; 3, W Gasham (Jam) 49.05.
3000M SC: 1, P Sang (Ken) 8:17.26; 2, M Zerkowksi (Pol) 8:17.64; 3, B La Stum (Fra) 8:18.29.
TJ: 1, M Conley (USA) 17.52; 2, V Inosentsev (URS) 17.28; 3, O Prosenko (URS) 17.04.
HT: 1, H Wes (FRG) 82.84; 2, J Sedych (URS) 81.14; 3, J Schaefer (FRG) 78.12.
Women: 100H: 1, L Narozhenko (URS) 12.81; 2, O Adams (Cub) 12.93; 3, L Tabert (USA) 13.04.
JT: 1, B Graune (FRG) 81.48; 2, E Fernandez (Cub) 80.08; 3, I Thyssen (FRG) 58.58.

THE
VOICE OF
THE SPORT

WRITTEN FOR ATHLETES BY ATHLETES

AUGUST 30 1989

Athletics Weekly

70p

Kriss Akabusi

On a hurdling high

ON YOUR MARKS

*Tom McNab tells you how
to be quick off the blocks*

*Kathrin Krabbe
sets off for
victory in the
Europa Cup 100
metres. Pic: All-
Sport/Gray
Mortimore.*



Stop, look & listen

4 Stopwatches compared

RESULTS

- European Juniors
- Kodak Classic
- Weekend round-up

Smart money is on Aouita

Those fancying a quick flutter might consider heading off for a couple of days in Monte Carlo, but come September 1 few will be willing to bet against Said Aouita picking up a share of the \$25,000 first prize on offer for the overall first prize in this year's IAAF Mobil Grand Prix.

Last week both Aouita and hurdler Roger Kingdom were heading the Grand Prix standings, both with 51 points and both with World Record bonuses. First place in the Grand Prix is worth nine points with an extra six points on offer for a world record. Points are doubled in the final, but should either one of the top two lose then they stand to lose \$10,000 – the difference between first and second.

Invitations are extended to the top eight in each event, so there should be a considerable British influence led by Cambridge Harrier Steve Backley. Backley has been nothing short of sensational this season and in his first senior season he is lying third overall, tied with Sergei Bubka and sprinter Robson Da Silva. He's a near certainty to win his individual event, worth \$10,000, and third overall is worth an additional \$10,000. Of course, should the top two slip up spectacularly and Backley pop a world record then the story will be very different as he's only six points adrift. Mind you that's asking a lot even in the gambling capital of the world.

Chances

One Briton who must fancy his chances of upsetting the form book and indirectly helping Backley is Colin Jackson who has a very real possibility of beating Roger Kingdom. Jackson is lying third in the 110's, while Tony Jarrett is lying fifth.

Britain for once has no representative in the top eight in the distance events, although this year the 800 is not a Grand Prix event. None of our male distance runners have attacked the Grand Prix circuit regularly enough to accumulate the points necessary. With many other commitments it's hard to fully concentrate on the Grand Prix.

However, one distance runner that has done well is Yvonne Murray who has performed well in the few races she has chosen to run. Murray is fourth, well adrift of Patti Sue Plumer who raced very heavily at the start of the Grand Prix season and picked up points as a result.

Monte Carlo should provide Murray with a chance to get a quick time and sharpen up for the World Cup in Barcelona should she choose to compete.

Other handily placed British athletes include Judy Oakes who is placed second in

the shot, Sally Gunnell (fourth in the 400 hurdles) and Fiona May (third in the long jump).

As in previous years, the Grand Prix could be under-supported as it clashes with the year's big event, the World Cup. Last year many turned down the Grand Prix final to fine-tune their Olympic preparation, while this year some may choose to do the same for Barcelona, which is only just over a week later.

Last year's overall standings.

MEN				
1.	T Campbell	(USA)	110m Hurdles	63
2.	G Foster	(USA)	110m Hurdles	59
3.	S Bubka	(URS)	Pole Vault	58
4.	L Myricks	(USA)	Long Jump	57
5.	I Egbunike	(NGR)	400	55
6.	T Vigneron	(FRA)	Pole Vault	55
7.	T Jefferson	(USA)	200	53
8.	A Bile	(Som)	1500	52
9.	C Smith	(USA)	200	52
10.	T Petranoff	(USA)	Javelin	51
11.	R Emmiyan	(URS)	Long Jump	50
12.	R Uhartas	(URS)	Discus	50
13.	M Hill	(GBR)	Javelin	49
14.	J-L Gonzales	(ESP)	1500/5000	49
15.	E Bell	(USA)	Pole Vault	46.5
16.	M McKay	(Can)	110H	46
17.	A Barrios	(Mex)	5000	46
18.	I Bugar	(TCH)	Discus	46
19.	V Yevsyukov	(URS)	Javelin	43
20.	R Da Silva	(BRA)	200	43

WOMEN				
1.	M Ottey	(JAM)	100	63
2.	D Melinte	(ROM)	800/Mile/3000	63
3.	S Kostadinova	(BUL)	High Jump	61
4.	A Quirot	(CUB)	800	58
5.	A Nuneva	(BUL)	100	55
6.	D Flintoff-King	(Aus)	400H	55
7.	H Fibingerova	(TCH)	Shot Put	55
8.	I Riter	(USA)	High Jump	53
9.	N Lisovskaya	(URS)	Shot Put	51
10.	S Farmer	(JAM)	400H	50
11.	L Lynch	(GBR)	Mile/3000	46
12.	M Puica	(Rom)	Mile/3000	45
13.	V Ionescu	(ROM)	Long Jump	45
14.	S Issaeva	(BUL)	High Jump	44
15.	T Bykova	(URS)	High Jump	43
16.	L Nimova	(BUL)	Long Jump	42
17.	E Van Hulst	(HOL)	Mile/3000	42
18.	A Bailey	(CAN)	100	41
19.	S Gasser	(SUI)	800/Mile	41
20.	A Brown	(USA)	100	41



Said Aouita, shares top spot.

IAAF/Mobil Grand Prix Meetings' Best Performances with 1989 Grand Prix Events

MEN					
200	19.99	C Smith	(USA)	Zurich	'83
	20.03*	J DeLoach	(USA)	Zurich	'88
	20.03*	J DeLoach	(USA)	Brussels	'88
400	43.29*	B Reynolds	(USA)	Zurich	'83
1500	3:29.46	S Aouita	(Mor)	Berlin, W	'85
5000	12:58.39	S Aouita	(Mor)	Rome	'86
110H	12.93	R Nehemiah	(USA)	Zurich	'81
PV	6.06	S Bubka	(URS)	Nice	'88
LJ	8.65	C Lewis	(USA)	Brussels	'86
DT	71.24	I Bugar	(TCH)	San Jose	'85
JT	85.24	M Hill	(GBR)	Stockholm	'87

WOMEN					
100	10.91	E Ashford	(USA)	Moscow	'86
	10.91	H Drechsler	(GDR)	Moscow	'86
	10.91	H Drechsler	(GDR)	Oslo	'88
800	1:56.57	J Kratochvilova	(CCH)	Prague	'85
Mile	4:16.71	M Slaney	(USA)	Zurich	'85
3000	8:25.83	M Slaney	(USA)	Rome	'85
400H	53.64	S Busch	(GDR)	Brussels	'86
HJ	2.05	S Kostadinova	(Bul)	Oslo	'87
	2.05	S Kostadinova	(Bul)	Budapest	'88
LJ	7.52	G Chistvakova	(URS)	Leninrad	'88
SP	22.63	N Lisovskaya	(URS)	Moscow	'87

IN the battle against drug-abuse worldwide, New Zealand has never been high on the list of nations suspected. But as New Zealand Runner editor Brett Reid reports, even there all is not whiter than white.

Nobody has ever questioned Rod Dixon's understanding of good PR. In the athletics arena his tactical skill has seldom been in doubt. But when he appeared on national television in June and stated point-blank his concerns about the prevalence of drug-taking in New Zealand sport, and what lay ahead should he not take steps to remove this implied

Dixon takes brave stand

'cancer', there must have been some who questioned both his motives and his judgement.

Dixon's call for a Government enquiry into drugs in New Zealand sport, along the lines of Canada's Dublin Inquiry, following Ben Johnson's fall from grace, seemed premature.

But whatever Dixon hoped to achieve by speaking out he couldn't have predicted the flood of media coverage which has followed.

The intense media investigation unearthed

three prominent New Zealand sportsmen who were willing to speak openly on television about their steroid use.

These included two track and field athletes. The other was Christchurch Commonwealth Games gold medal weightlifter Graeme May. His confession of steroid use was, for many I'm sure, nothing short of a betrayal of the image generated by those 'friendly' Games.

And what of the track and field athletes? Murray Cheater (ironic name?), up-until very

recently the national hammer throw record holder (71.20), freely admitted using steroids during his athletic career. So too did Ritchie Okesene (javelin PB 72.82m), from the age of 15.

Other instances have come to light, including a female swimmer whose steroid use took a frightening toll on her body – cancer – but to say that drug abuse is widespread would do an injustice to the majority of New Zealand sports and sportspeople. It is primarily an issue at the

very highest level.

But there are plainly some current officials, coaches, administrators and medical practitioners condoning, through their silence, drug-taking in sport. However, New Zealand does not need a Government enquiry. That would be an expensive knee jerk reaction.

Dixon's call for action – though mocked by many – was a courageous one. It became clear his initiative had been vindicated. He publicly put his credibility and reputation on the line. As someone once said: "Evil flourishes when good people do nothing."

the pace before stepping off the track to leave Chalmers to run away from the field.

Nicky Morris ran in splintered fashion, losing out on 3rd to Kenyan Jane Ngũgũ only in the last 40m.

For the British middle distance boys it was a night of great achievements. Tom Hanlon maintained his magnificent season. His very positive running always being prepared to take on the pace and claim some impressive scalps and even more impressively reduce his best by 2 secs. There were bests for Colin Walker (first time under 8:30) and Mike Hawkins.

Tony Morrell made it 4 PBs for Gordon Surtees' squad with his outstanding breakthrough. Morrell ran an even race to come through superbly in the last 500m. Victory went to German Dieter Baumann who brought the crowd to near-frenzy with his decisive final 150m and proved too strong for Joseph Christie.

It was a case of a best for Kevin McKay too in the 800. His final 100m saw him sweep through from 7 to 3 behind Ray Brown and Iken Billy. Billy, justifiably angry at his exclusion from the 'A' race, proved far too powerful for the rest of the field. It was a terrible pity that he was denied the opportunity of taking on Gray and Barbosa. As ever, Barbosa gave his all but Gray, following James Mays' pace-making was in outstanding form.

It was a less fortunate time for Matthew Yates, relegated to the C race he reacted angrily and paid a heavy price for his aggressive tactics at the bell. Opening a 10m gap he faded badly in the last 40m. Hopefully with his great talent he will learn from his Koblenz experience.

It was a hat-trick of field event victories for the host nation. Andreas Linden produced a great series of javelin throws with his 5th effort taking him to 81.74m. Rolf Dannenberg's 3rd round throw gave him an exciting 24cm win over Ruben Luis Delia and high jumper Carlo Thraenhardt's 1st time clearances gave him the edge as 4 jumpers showed 2m 25cm.

Larry Myricks was in a class of his own, taking only 3 jumps - but all exceeding 8m33cm. And fellow American Tim Bright won a pole vault that engaged the enthusiastic Koblenz crowd.

Bud Baldaro

Men - 100 (+0.82): 1. M Witherspoon (USA) 10.16; 2. R Da Silva (Braz) 10.17; 3. M Marsh (USA) 10.21; 4. L McNeill (USA) 10.30; 5. L McRae (USA) 10.30; 6. A Simon (Cub) 10.40; 7. S Naylor (Aus) 10.51. **B (+0.72):** 1. T Jackson (Aus) 10.41; 2. S McLean (Aus) 10.60; 3. D Dworjanyn (Aus) 10.61; 4. S Schuetz (FRG) 10.70; 5. D Schwesinger (FRG) 10.73; 6. S Toth (Hun) 10.89.

400: 1. M Rowe (USA) 45.44; 2. N Dobson (FRG) 45.69; 3. R Piere (USA) 45.83; 4. I Morris (Trn) 45.91; 5. A Sanchez (Spa) 46.33. **B:** 1. S Kipkemoi (Ken) 49.11; 2. 391 T Koehn (Ken) 49.99.

800 A: 1. J Gray (USA) 1:43.98; 2. L Barbosa (Braz) 1:45.05; 3. P Braun (FRG) 1:45.39; 4. D Kwizera (Bur) 1:45.62; 5. E Al (FRG) 1:46.72; 6. O Clark (USA) 1:47.52; 7. S Koskela (Fin) 1:49.30.

B: 1. Iken Billy (USA) 1:45.63; 2. R Brown (USA) 1:45.89; 3. Kevin McKay (GB) 1:46.16; 4. I Okash (Som) 1:46.58; 5. H Boettcher (FRG) 1:46.72; 6. F Williams (Can) 1:48.73; 7. M Kessmann (FRG) 1:47.59; 8. G Di Napoli (Ita) 1:48.51; 9. A Hammes (FRG) 1:48.79.

C: 1. J Udelschoven (FRG) 1:49.28; 2. B Glatzki (FRG) 1:48.37; 3. B Kuhn (FRG) 1:49.45; 4. J Zuylen (Hol) 1:49.09; 5. MATTHEW YATES (GB) 1:49.09.

1500: 1. D Baumann (FRG) 3:34.25;

2. J Cheshire (Ken) 3:34.53; 3. H Phelippau (Fra) 3:34.54; 4. TONY MORELL (GB) 3:35.60; 5. M Panchonbo (Spa) 3:37.08; 6. M Silva (Por) 3:37.28; 7. E Rueter (FRG) 3:38.13; 8. D Paulin (Aus) 3:39.82; 9. P Nabain (FRG) 3:39.28; 10. G Meyer (FRG) 3:39.64; 11. S Brand (FRG) 3:39.89; 12. P Wirz (Swi) 3:40.04; 13. M Busch (FRG) 3:40.16; 14. T Kreutz (FRG) 3:44.22. **B:** 1. S Doyle (Aus) 3:39.27; 2. GLENN GRANT (GB) 3:46.36.

5000: 1. K Kimele (Ken) 13:32.80; 2. M Elliott (Jam) 13:33.10; 3. J Tebrunegge (FRG) 13:34.85; 4. K Jenkel (Swi) 13:38.16; 5. G Hartmann (Aut) 13:38.49; 6. J Farmer (USA) 13:40.03; 7. S Jaeger (FRG) 13:42.05.

Splits: 1000 - 2:39.90, 2000 - 5:20.00, 3000 - 8:05.40, 4000 - 10:57.50.

10000: 1. J Kariuki (Ken) 8:12.18; 2. J Mahmoud (Fra) 8:13.38; 3. G Fell (Can) 8:15.80; 4. TOM HANLON (GB) 8:16.52; 5. F Panetta (Ita) 8:23.57; 6. H Jankowski (Pol) 8:23.85; 7. E WEDDERBURN (GB) 8:24.16; 8. A Cami (Ita) 8:26.98; 9. M Boinatt (Ken) 8:27.74; 10. B Demer (USA) 8:28.43; 11. M Haist (FRG) 8:28.60; 12. COLIN WALKER (GB) 8:28.93; 13. B Nougues (Spa) 8:29.19; 14. V Werner (FRG) 8:29.99; 15. F Boffi (Ita) 8:30.31; 16. M Fie (Spa) 8:32.03; 17. G Dekaris (URS) 8:32.10; 18. MIKE HAWKINS (GB) 8:37.38.

Splits: 1000 - 2:41.80, 2000 - 5:28.00.

4000 A: 1. K Young (USA) 47.94; 2. D Harris (USA) 48.68; 3. A Phillips (USA) 49.02; 4. R Davis (USA) 49.24; 5. A Dia Ba (Sen) 50.65; 6. M Daumann (FRG) 51.04. **B:** 1. N Page (USA) 48.80; 2. P McGhee (USA) 50.19; 3. O Hense (FRG) 50.93. **H:** 1. C Thraenhardt (FRG) 2:25; 2. J Howard (USA) 2:25; 3. K Banks (USA) 2:25; 4. J Carter (USA) 2:25; 5. GEOFF PARSONS (GB) & M Pascuzzo (USA) 2:20.

PV: 1. T Bright (USA) 5.70; 2. P D Encicasse (Fra) 5.60; 3. D Freney (USA) 5.50; 4. L Lohr (USA) 5.50; 5. G Duplantis (USA) 5.50; 6. J Dial (USA) 5.40; 7. F Salbert (Fra) 5.40; 8. D Wicks (USA) 5.40.

LJ: 1. L Myricks (USA) 8.43 (+0.80); 2. Y Ali (Nor) 7.97 (+0.50); 3. J Greene (USA) 7.81 (0.00).

DT: 1. R Dannenberg (FRG) 64.74; 2. L Delis (Cub) 64.48; 3. M Buncic (USA) 63.72; 4. A Hannecker (FRG) 63.32; 5. A Wagner (FRG) 63.30; 6. W Brunner (FRG) 61.14; 7. O Toebben (FRG) 60.46. **JT:** 1. A Linden (FRG) 81.74; 2. M Kaleta (URS) 76.40; 3. H Pilcavs (URS) 75.52; 4. S Krzalic (Yug) 74.74; 5. T Merne (FRG) 74.48; 6. D Kula (URS) 73.06.

4 x 200: 1. Santa Monica Track Club (Everett, Burell, Heard, Lewis) 1:19.38 (World rec); 2. Santa Monica TC 1:23.84; 3. Oceania 1:24.72 (International Team disq).

Women - 100 (+0.44): 1. P Davis (Bah) 11.15; 2. M Onyiah (NGR) 11.25; 3. U Sarvan (FRG) 11.40; 4. D Williams (USA) 11.51. **B (+1.13):** 1. T Ikegwana (NGR) 11.46; 2. J Innes (USA) 11.69.

400: 1. G Jackson (Jam) 50.86; 2. LINDA KEOGH (GB) 51.26; 3. D Dixon (USA) 51.47; 4. R Stevens (USA) 51.74; 5. T Denny (USA) 52.87; 6. L Kisabaka (FRG) 53.12. **B:** JEN NIFER STOUTE (GB) 52.50.

800 A: 1. S Faver (USA) 2:00.56; 2. LORRAINE BAKER (GB) 2:00.89; 3. M Taylor (USA) 2:00.89; 4. J Clark (USA) 2:01.81; 5. R Monday (USA) 2:02.41; 6. J Jankins (USA) 2:02.41; 7. U Lix (FRG) 2:02.65; 8. M Rainey (USA) 2:02.70; 9. C Groenendijk (USA) 2:02.83. **B:** 1. E Van Langen (Hol) 2:01.03; 2. ANNE WILLIAMS (GB) 2:01.71; 3. R Berg (Bel) 2:02.57; 4. PS Plumer (USA) 2:04.26.

3000: 1. A Chalmers (Can) 8:45.64; 2. S Kunkel (FRG) 8:58.75; 3. J Ngũgũ (Ken) 9:02.74; 4. NICKY MORRIS (GB) 9:03.85; 5. G Karlsch (Den) 9:06.80; 6. SONIA MCGEORGE (GB) 9:07.73; 7. C Ma (FRG) 9:08.17; 8. J Moretti (Swi) 9:10.57; 9. M Buist (Aus) 9:10.64.

Splits: 1000 - 2:58.00, 2000 - 5:59.90.

100H (+1.39): 1. M Ewan's Epen (Fra) 12.77; 2. L Tolbert (USA) 13.01; 3. C Young (USA) 13.08; 4. G Wolf (FRG) 13.21; 5. KAY MORLEY (GB) 13.51; 6. C Lewis (USA) 13.96.

HJ: 1. J Wohlschlag (USA) 1.94; 2. H Henkel (FRG) 1.92; 3. G Kapernick (Aus) 1.85; 4. J Flemming (Aus) 1.85; 5. B Holzapfel (FRG) 1.85.

DT: 1. D Geller (FRG) 62.32; 2. U Kreutz (FRG) 61.46; 3. I Belz (FRG) 58.26; 4. R Papst (USA) 56.76; 5. L Barnes (USA) 56.24; 6. L Viznari (Aus) 55.04.

■ Belzard 10.7km Inner City Road Race, August 19

Women - 1. SUE DILNOT (GB) 35:34; 2. E Kiplagat (Ken) 36:04; 3. N Aerts (Bel) 36:08.

■ Mobil Grand Prix, Brussels, August 25

The organisers of the 13th Ivo Van Damme memorial meeting in Brussels last Friday were unlucky with the weather, the wet conditions hindering all world record attempts.

Brazilian Robson Da Silva provided the biggest ray of sunshine in the 200 metres. Entering the final straight the Olympic bronze medalist was a good metre and a half ahead of Carl Lewis, second in Seoul, and the top man over the distance this year scooped his first ever sub-20 clocking of 19.96 with a 0.36 wind backing him.

Five metres behind was Daniel Sangouma 20.42. Lewis being way down in 10th spot 20.47. Da Silva thus moved to eighth on the world all-time list and this 1989 leading mark was the third fastest ever on European soil. Only Lewis' 19.82 above sea-level in Seville last year and 19.92 in Madrid the previous year being superior. Da Silva who celebrates his 25th birthday next Monday said afterwards: "I have the ability in my feet to break Pietro Mennea's 10-year old world record of 19.72 and I know when God makes me the sign I shall beat it." John Regis finished last in 20.79.

Said Aoulia had wanted a crack at Steve Cram's mile world mark of 3:46.32 and was almost a second ahead at the half-way point. A lap later the bid was still on but the Moroccan, whose plan was to hit the bell in 3:48.0, slowed to a 58 seconds last circuit saying "I am not a machine. I have already run a world record in Cologne and the fastest 1600 metres of the season in Hergo. I tried to make it here (his 3:50.09 was the summer second best) but it was not to be." The maestro added "I have had an excellent season and there is not many who have done as well as me." Adrian Passey 4:06.35 was sixth.

The projected clash between world champion Abdi Bile, Seb Coe and Peter Elliott never happened with the last two withdrawing with hamstring and diarrhoea problems. Bile had an unchallenged 3:32.96 win although with 500 metres to run it looked as if Tony Morrell was going to give him a race for his money.

Alas with 300 metres remaining the Wolverhampton athlete stepped off the track having been used as a pacemaker. With his relative inexperience over the distance, and in view of his Commonwealth Games selection, one would have expected him to be seeking proper races rather than being used. Certainly the Britons in the Heysel Stadium were dismayed with his tactics. Steve Crab (3:38.69) was sixth.

Paul Ereng 1:43.72 was nearly pipped in the 800 metres by fellow Kenyan Nixon Kipkorich 1:43.73. Scotsman Tom McKean 1:44.54

getting badly boxed on the last lap. Brian Whittle 1:48.17 was 11th.

Roger Kingdom 13.12 made it a 6-2 sequence against Colin Walker (13.21) in the 110 hurdles. Tony Jarrett plying 13.49 in sixth place.

Linford Christie 11.16 was just outside his season's best - and ahead of this year's world leader Leroy Burrell 10.21 - but Commonwealth Games finalist Roy Stewart won in 10.10.

If there had been a team race Great Britain would have won the 5000 metres. Jack Buckner sixth (13:19.17), Tim Hutchings (13:24.97), seventh, Mark Rowlands a season best of 13:26.27 behind him with Craig Mochrie (13:26.74) in 10th place running a personal best. Unfortunately apart from Buckner making a bid to stay with the leaders their challenge was expunged Sydney Maroe winning in 13:13.84.

Over 10,000 metres Salvatore Antibo's world record bid was drowned out by the rain his 27:27.06 still being too good for John Ngugi's 28:08.07. Olympic Champion Ibrahim Boutab finishing third in 27:42.35. Steve Binns ran the fastest by a Briton this year in 28:11.15, his 15th place being two ahead of Jon Solly 28:15.83. Dave Lewis recording 28:33.13.

Stewart Faulkner improved his English native record to 8.14 metres in the long jump. Mike Powell 8.49 beating Larry Myricks 8.32.

Sandra Farmer-Patrick (55.13) was more convincing in beating Sally Gurnell (55.51) over the 400 hurdles, but it was sad to see sixth placed Debbie Flintoff-King (57.08) still struggling to recover from injuries. Hopefully by Auckland the Olympic champion will be back to her best.

Yvonne Murray (4:03.13) ran the 1500 metres faster than ever this season but once again was outkicked by Doina Melinte (4:02.21) and Svetlana Kitova (4:02.69). Karen Hutcherson (4:12.25) claimed sixth position with Lynn Macintyre behind her 4:12.81.

Melene Otley had a superb sprint double 11.03/22.21. Paula Dunn finishing sixth (11.42) over the shorter distance.

Dave Martin

200: 1. R Da Silva (Braz) 19.96; 2. D Sangouma (Fra) 20.42; 3. T Heard (USA) 20.44; 4. S Tia (Ita) 20.45; 5. C Lewis (USA) 20.47; 6. K Braunsell (USA) 20.65; 7. J Butler (USA) 20.73; 8. J REGIS (GB) 20.79.

400: 1. H Reynolds (USA) 44.96; 2. D Everett (USA) 45.13; 3. M Al Malky (Oma) 45.40; 4. S Kiplamoi (Ken) 45.60; 5. M Rowe (USA) 45.93; 6. J Reynolds (USA) 46.65; 7. J Fischer (Bel) 47.10; 8. O Ketur (Ken) 48.82.

1500: 1. A Bile (Som) 3:32.96; 2. M Guldenburg (Den) 3:35.85; 3. H Phelippeau (Fra) 3:37.15; 4. P Thiebaut (Fra) 3:37.32; 5. J Falcon (USA) 3:38.36; 6. S CRAEGB (GB) 3:38.66; 7. G Delis (Hol) 3:38.63; 8. P Roni (Ken) 3:40.07.

Mile: 1. S Aoulia (Mar) 3:50.09; 2. K Cherulov (Ken) 3:56.00; 3. T Hacker (USA) 3:59.08; 4. A Saher (Mar) 3:59.52; 5. M Silva (Spa) 4:00.92; 6. M Kilbourne (Tun) 4:01.12; 7. P Scammie (Aus) 4:01.16; 8. A PASSEY (GB) 4:06.36.

5000: 1. S Meroe (USA) 15:13.84; 2. D Castro (Por) 13:14.41; 3. A Barrios (Mex) 13:15.69; 4. D Castro (Por) 13:16.90; 5. R Skah (Mar) 13:17.30; 6. J BUCKNER (GB) 13:19.17; 7. C Cheruyot (Ken) 13:24.13; 8. T HUTCHINGS (GB) 13:24.97.

10,000: 1. S Antibo (Ita) 27:27.86; 2. J Ngugi (Ken) 27:28.07; 3. B Boutabay (Mar) 27:42.25; 4. M Nenow (USA) 27:42.64; 5. K Kipkorich (Ken) 27:49.23; 6. J Doherty (Ir) 27:49.74; 7. A Prieto (Spa) 27:52.96; 8. G Alcala (Mex) 27:53.33.

110H: 1. R Kingdom (USA) 13.12; 2. C JACKSON (GB) 13.21; 3. I Campbell (USA) 13.27; 4. R Nehemiah (USA) 13.36; 5. J Perte (USA) 13.43; 6. T Jarrett (GB) 13.49; 7. C Glank

(USA) 13.62; 8. C Hawkins (USA) 15.71.

PV: 1. G Yegorov (URS) 5.70; 2. M Chmara (Pol) 5.65; 3. R Galaulin (URS) 5.60; 4. E Bell (USA) 5.50; 5. J Dial (USA) 5.50; 6. G Duplantis (USA) 5.50; 7. V Bubka (URS) 5.40 & H Fehninger (Aut) 5.40.

LJ: 1. M Powell (USA) 8.49; 2. L Myricks (USA) 8.32; 3. Y Ali (Nig) 8.14; 4. S Faulkner (GB) 8.14; 5. G Laine (USA) 8.02; 6. J Greene (USA) 7.91; 7. E Florea (Can) 7.71; 8. N Brige (Fra) 7.70.

DT: 1. L Delis (Cub) 63.88; 2. R Ubartas (URS) 62.96; 3. R Dannenberg (FRG) 62.60; 4. E Debrun (Hol) 61.98; 5. A Hannecker (FRG) 61.46; 6. M Buncic (USA) 60.82; 7. G Valent (Cze) 60.78; 8. L Zerbini (Ita) 60.72.

Women - 100: 1. M Otley (Jam) 11.03; 2. P Davis (Bah) 11.16; 3. L Bily (Fra) 11.25; 4. E Jones (USA) 11.27; 5. G Jackson (Jam) 11.31; 6. P DUNN (GB) 11.42; 7. D Williams (USA) 11.45; 8. N Coonan (Hol) 11.49.

1500: 1. D Melinte (Rom) 4:02.21; 2. S Kitova (URS) 4:02.69; 3. Y Murray (GB) 4:03.13; 4. A Chalmers (Can) 4:03.18; 5. D Riechburg (USA) 4:12.11; 6. K Hutcherson (GB) 4:12.25; 7. A Maenhout (Bel) 4:12.61; 8. T Merchiers (Bel) 4:13.81.

5000: 1. P-S Plumer (USA) 15:16.80; 2. E Van Hulst (Hol) 15:17.06; 3. I Beslu (Rom) 15:33.40; 4. A Dias (Por) 15:34.35; 5. J Ngũgũ (Ken) 15:38.76; 6. V Colard (Bel) 15:41.24; 7. L Siegers (Bel) 15:45.86; 8. M Vangelst (Bel) 15:50.77.

400H: 1. S Farmer-Patrick (USA) 55.13; 2. S Gurnell (GB) 55.51; 3. A Proff (Sui) 55.54; 4. S Williams (USA) 55.76; 5. K Friedman (USA) 56.07; 6. D Flintoff-King (Aus) 57.08; 7. A Maenhout (Bel) 57.28; 8. L Sheffield (USA) 58.87.

HJ: 1. T Bykova (URS) 1.89; H Redatzky-Henkel (FRG) 1.93; 3. J Wohlschlag (USA) 1.91; 4. L Andonovs (Bul) 1.85; 5. M Beaugendre (Fra) 1.80 & H Haugland (Nor) 1.80; 7. C Stanton (Aus) 1.75 & G Kapernick (Aus) 1.75.

LJ: 1. V Ionescu (Rom) 8.81; 2. A Karczmaruk (Pol) 8.52; 3. J Innis (USA) 8.45; 4. C Conner (USA) 8.29; 5. C Lewis (USA) 8.26; 6. G Bonner (Fra) 8.19; 7. S Echols (USA) 8.13; 8. C Duvigne (Bel) 8.06.

SP: 1. N Lisowskaya (URS) 20.35; 2. I Pionizka (FRG) 19.80; 3. S Storp (FRG) 19.29; 4. R Page (USA) 18.77; 5. J OAKES (GB) 18.72; 6. S Vasichova (Cze) 17.88; 7. V Horvath (Hun) 17.88.

Non Grand Prix results: **Men - 100:** 1. R Stewart (Jam) 10.10; 2. L CHRISTIE (GB) 10.16; 3. M Marsh (USA) 10.18.

800: 1. P Ereng (Ken) 1:43.72; 2. N Kiprotich (Ken) 1:43.73; 3. T McKean (GB) 1:44.84.

1000: 1. S Doyle (Aus) 2:18.22; 2. S Hoogewerf (Can) 2:19.26; 3. S Koski (Ken) 2:19.78.

400H: 1. K Young (USA) 48.08; 2. A Phillips (USA) 48.54; 3. W Graham (Jam) 49.63.

Women - 200: 1. M Otley (Jam) 22.21; 2. G Jackson (Jam) 22.56; 3. M-J Perez (Fra) 22.59.

100H: 1. L Narozhilenko (URS) 12.79; 2. L Tolbert (USA) 12.85; 3. A Piqueras (Fra) 12.87.

Bank Holiday Results

■ Barking Park 5km Road Race, August 28

Man - 1. A Green (W Gr) 14:52; 2. K Moreman (Dav RR-V40) 15:27; 3. J Baker (J&H) 15:40; 4. H Galvin (Mus H) 15:46; 5. A Coleman (Hav) 15:53; 6. J Clark (ELT) 15:54; 7. A McDermott (Itt) 16:05; 8. T Jason (ELP) 16:22; 9. D Sifford (Bdy) 16:23; 10. B Diss (Hav-V40) 16:25. **V40 -** 3. E Boswell (VPH) 16:31. **Women -** 1. P Jones (H-V50) 19:17; 2. E Hodnott (Hgh) 19:24; 3. P Dunbar (Hf) 19:30.

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Athletics Weekly

WEDNESDAY

SEPTEMBER 6

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PAGES!

WORLD CUP

11 page preview

NEW SERIES

- Training for the half marathon
- Veterans' voice with Martin Duff

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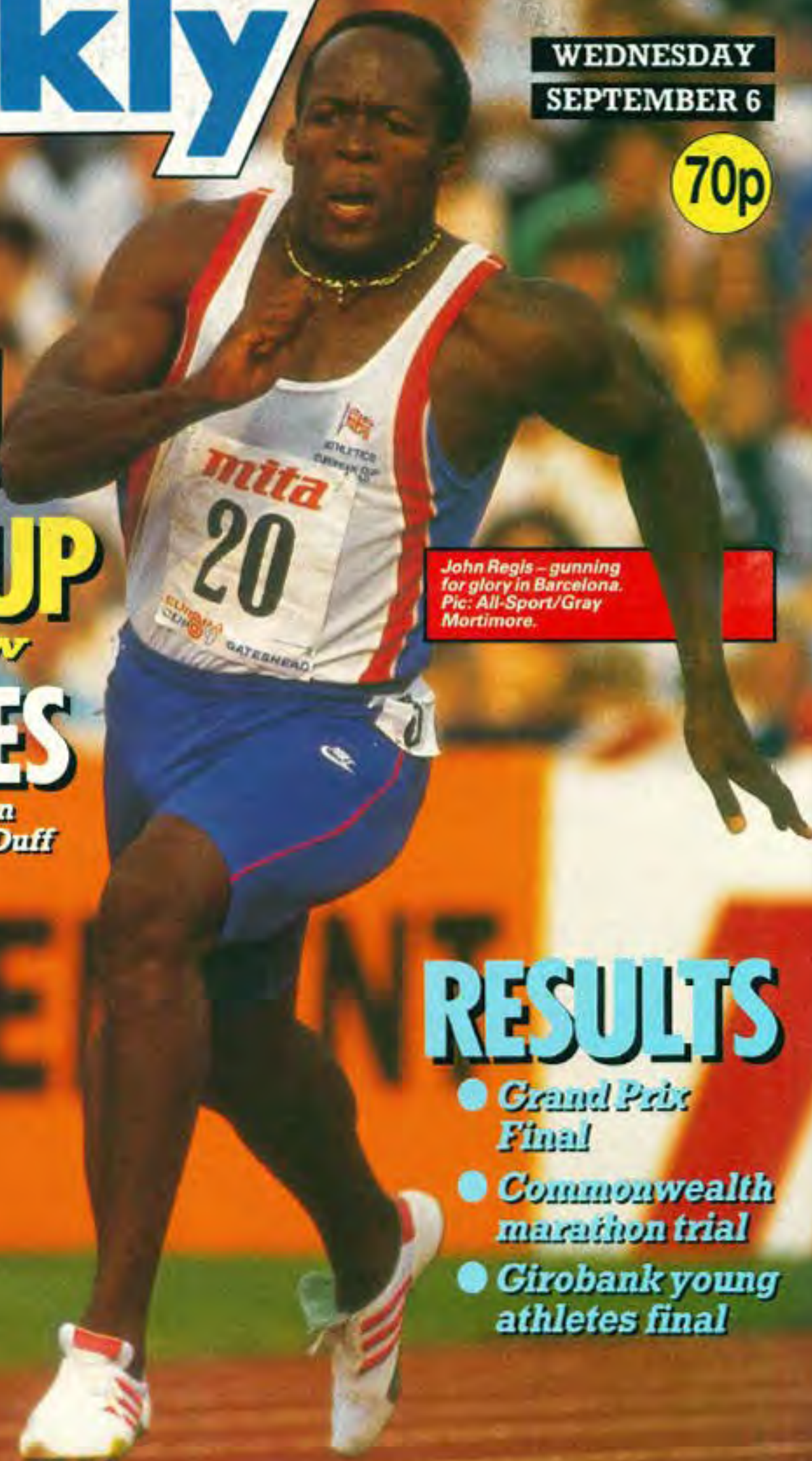
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John Regis - gunning
for glory in Barcelona.
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RESULTS

- Grand Prix
Final
- Commonwealth
marathon trial
- Girobank young
athletes final

hitting hurdles."

As if a dispute over first place in the race wasn't enough, at the presentation ceremony, Jackson was awarded the trophy for winning the event Grand Prix title. Even though he tried to pass it on to Kingdom, the rightful winner, officials still went through the process of taking photos of Jackson holding the trophy accompanied by assorted dignitaries.

The women's overall winner, Romanian Olympic champion Paula Ivan, sealed victory in the mile with a sprint finish over the last 80 metres.

Britain's Bev Nicholson ran a personal best 4:27.19. Having first gone with a group of five at half way, she dropped off the back with 200 metres to go, but rallied to take fourth spot.

In the women's 3000 metres, Yvonne Murray played the waiting game. After early leaders Carolyn Schuwalow (Australia) and Veronique Collard (Belgium) faded, she sat behind Swiss Jean Marie Pipoz and American Patti Sue Plumer, knowing that she could outkick them. At the bell these three, plus World Indoor champion Ely van Hulst were clear. Murray made an impressive break at 200 metres, running the last half lap in 28.65 seconds to win by just over a second from the Dutch woman.

Commonwealth 3000 metres representative Alison Wyeth followed in the leading four in a race which wasn't about fast times.

In the men's 100 metres, a non-Grand Prix event put on at the request of Olympic champion Carl Lewis, Linford Christie was delighted to take the American's scalp. Lewis had a bad start, but all eyes were on Jamaican Ray Stewart, always clear of the rest of the field.



Arturo Barrios - 5000 winner after an outstanding season.

Lewis will next race in New Delhi, later this month, before taking a pause from his running career.

Third place in the shot standings slipped away from the grasp of Judy Oakes as she finished sixth in Monaco, half a metre down on her season's best. Fourth place in the final placings and a cheque for \$5,000, is still an amply deserved award for a woman who has so vociferously stuck to her principles, both on the money paid to field eventers compared to the track 'stars' and

on the drugs in a branch of the sport dominated for so long by athletes of questionable morals on the subject of steroid use.

In both long jumps, Stewart Faulkner (fifth) and Fiona May (sixth) performed a little below the high standards they have been setting this year, but both still earned a spot in the top eight over the Grand Prix season.

May's equal fourth with the scantily clad Finn Ringa Ropo earned her \$5,000, while Faulkner's eighth place in the men's final standings netted a

useful \$1000.

While Faulkner could not break eight metres this time round, 1987 World Indoor champion and Seoul bronze medalist Larry Myricks was supreme, winning his fifth Grand Prix event of the season.

His 8.54 winning jump, 16cm down on his own world best mark for 1989, equals the 1989 world number two mark set by Carl Lewis at the inaugural New York Games in July.

Even setting aside his other marks of the year, four of his jumps on Friday were better than or equal to world number four Leroy Burrell's 8.37. An amazing level of consistent world beating jumping.

Sally Gunnell ran close to her 54.64 season's best to win third place in the 400 hurdles to claim second over the season and \$8,000 prize money.

Behind Backley in the men's javelin Mick Hill topped 80 metres twice to finish sixth, as did Paula Dunn in the women's 100 metres. Ahead of Dunn, Jamaica's Merlene Ottey had a runaway victory, her eighth of the Grand Prix series to comfortably take the series title and fourth overall.

In the steeplechase, another non-Grand Prix event, Olympic bronze medalist Mark Rowland lost the race over the last hurdle. Misjudging his strides he stuttered up to the barrier and had to watch Kenyan Julius Kariuki and Frenchman Joseph Mahmoud cross the line ahead of him, an angry and disappointed man.

"I know I only lost on the last hurdle and so does Julius," said Rowland who took the race on with two laps to go.

"I've proved you don't have to be a Kenyan to run from the front. I think I've proved I'm one of the best in the world."

WOMEN'S RESULTS

Women - 100 (-0.20): 1, M Ottey (Jam) 11.04; 2, P Davis (Bah) 11.25; 3, S Echols (USA) 11.37; 4, M Onyali (Nig) 11.41; 5, G Jackson (Jam) 11.43; 6, PAULA DUNN (GB) 11.49; 7, N Cooman-Fiere (Hol) 11.50; 8, T Iheagwam (Nig) 11.55. **Final Standings:** 1, Ottey 63; 2, Echols 49; 3, Davis 47; 4, Onyali 33; 5, E Jones (USA) 33; 6, Jackson 28; 7, Dunn 25; 8, Iheagwam 24.

800: 1, A Quirot (Cub) 1:59.02; 2, C Wachtel (GDR) 1:59.84; 3, DIANE EDWARDS (GB) 2:00.83; 4, G Lesch (FRG) 2:01.02; 5, J Clark (USA) 2:01.78; 6, V Beclea (Rom) 2:02.38; 7, C Groenendaal (USA) 2:03.40; 8, T Grebenschuk (URS) 2:04.27. **Final Standings:** 1, Quirot 63; 2, Lesch 39; 3, Wachtel 37; 4, Clark 35; 5, S Wodars (GDR) 27; 6, Edwards 25; 7, Beclea 22; 8, Grebenschuk 22.

Mile: 1, P Ivan (Rom) 4:24.96; 2, S Kitova (URS) 4:25.52; 3, D Melinte (Rom) 4:25.56; 4, BEV NICHOLSON (GB) 4:27.19; 5, D Richburg (USA) 4:27.56; 6, J Jenkins (USA) 4:42.26; 7, V Pongerard (Fra) 4:44.89. **Final Standings:** 1, Ivan 51; 2, Melinte 51; 3, Kitova (URS) 49; 4, Richburg 27; 5, Yvonne Murray (GB) 18; 6, Nicholson 16; 7, Y Mai (GDR) 14; 8, E Van-



Ana Quirot - unbeatable over two laps.

Hulst (Hol) 12.

3000: 1, YVONNE MURRAY (GB) 9:02.58; 2, E Van Hulst (Hol) 9:03.76; 3, PS Plumer (USA) 9:04.00; 4, J M Pipoz (Swi) 9:07.84; 5, ALISON WYETH (GB) 9:08.90; 6, KAREN HUTCHESON (GB) 9:09.67; 7, C Schuwalow (Aus) 9:10.54; 8, N Artymova (URS) 9:11.83; 9, V Collard (Bel) 9:21.57; 10, R Smyth (Ire) 9:27.67. **Final Standings:** 1, Plumer 56; 2, Van Hulst 39; 3, Murray 34; 4, N Artymova (URS) 31; 5, Pipoz 16; 6, I Kristiansen (Nor) 15; 7, M P Duros (Fra) 13; 8, Wyeth 13.

110H: 1, C Oschkenat (GDR)

12.70; 2, M Ewanje Epee (Fra) 12.80; 3, L Tolbert (USA) 12.88; 4, F Collie (Fra) 13.05; 5, K McKenzie (USA) 13.08; 6, O Adams (Cub) 13.09; 7, M Pogacean (Rom) 13.29; 8, A Piquereau (Fra) 12.71. **400H:** 1, S Farmer-Patrick (USA) 54.60; 2, A Protti (Swi) 54.71; 3, SALLY GUNNELL (GB) 54.96; 4, D Flintoff-King (Aus) 55.16; 5, T Helander-Kuusisto (Fin) 55.72; 6, S Williams (USA) 55.80; 7, K Freeman (USA) 56.25; 8, L Sheffield (USA) 58.41. **Final Standings:** 1, Farmer-Patrick 63; 2, Gunnell 45; 3, Williams 41; 4, Protti 39; 5, Freeman 36; 6, Flintoff-King 33; 7, Helander-Kuusisto 30; 8, Sheffield 27.

HJ: 1, S Costa (Cub) 1.98; 2, J Wohlschlag (USA) 1.95; 3, H Redetzky-Henkel (FRG) 1.95; 4, G Astafei (Rom) 1.95; 5, T Bykova (URS) 1.92; 6, A Arens (FRG) 1.89; 7, L Andonova (Bul) 1.85. **Final Standings:** 1, Wohlschlag 59; 2, Costa 48; 3, Bykova 38; 4, Henkel 36; 5, Andonova 32; 6, Astafei 28; 7, Arens 26; 8, V Browne (Aus) 24.

LJ: 1, G Chistyakova (URS) 6.84 (6.47 +0.34, 6.84 +0.21, 6.58 -0.17, 6.66 +0.51, 6.63 +0.19, 6.82 -0.24); 2, H Radtke (GDR) 6.79 (6.59 -0.26, 6.70 +0.16, x, 6.79 +0.59, 6.79 +0.21, 6.76

+0.32); 3, V Ionescu (Rom) 6.75 (6.40 -0.16, 6.65 +0.77, 6.75 -0.19, x, x, x); 4, M Ilcu (Rom) 6.73 -0.16; 5, R Ropo (Fin) 6.68 -0.58; 6, FIONA MAY (GB) 6.62 (x, 6.49 +0.24, 6.31 +0.16, 6.57 +0.15, 6.62 -0.15, 6.39 +0.19); 7, A Karczmarek (Pol) 6.41 -0.16; 8, J Inriss 6.12 +0.30; 9, C Lewis (USA) 6.11 +0.20. **Final Standings:** 1, Chistyakova 63; 2, Ilcu 44; 3, Ionescu 38; 4, May & Ropo 38; 5, Radtke 35; 6, Karczmarek 31; 7, Inriss 27.

SP: 1, N Lisovskaya (URS) 20.03 (20.03, 19.76, 19.65, x, x, 19.69); 2, G Hammer-Haupt (GDR) 19.32 (19.39, 19.09, x, 19.09, 19.32, x); 3, S Storp (FRG) 19.07 (19.00, 19.07, 19.06, 18.81, x, 18.61); 4, C Wiese (GDR) 18.81; 5, R Pagel 18.34; 6, JUDY OAKES (GB) 18.30 (18.09, 18.12, 18.30, 18.10, 18.11, 18.18); 7, S Vasickova (Cze) 16.88. **Final Standings:** 1, Lisovskaya 61; 2, Hammer-Haupt 44; 3, Storp 43; 4, Oakes 37; 5, Pagel 33; 6, Wiese 28; 7, Vasickova 23; 8, H Krieger (GDR) 18.

Overall Standings: 1, P Ivan (Rom) 67; 2, G Chistyakova (URS) 63; 3, S Farmer-Patrick (USA) 63; 4, M Ottey-Page (Jam) 63; 5, A Quirot (Cub) 63; 6, N Lisovskaya (URS) 61.

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10,000: 1, M Yifter (Afr/Eth) 27:53.1; 2, C Virgin (USA) 27:59.6; 3, A Antipov (USSR) 28:26.2.
3000 Steeplechase: 1, K Rono (Afr/Ken) 8:26.0; 2, R Ponitzsch (GDR) 8:29.3; 3, M Scarcezini (Eur/Ita) 8:29.5.
110 Hurdles: 1, R Nehemiah (USA) 13.39; 2, T Munkelt (GDR) 13.42; 3, A Casnas (Am/Cub) 13.44.
400 Hurdles: 1, E Moses (USA) 4.53; 2, H Schmid (Eur/Ger) 48.71; 3, V Arkhipenko (USSR) 48.97.
High Jump: 1, F Jacobs (USA) 2.27; 2, J Waszola (Eur/Pol) 2.27; 3, AA Grigoryev (USSR) 2.24.
Pole Vault: 1, M Tully (USA) 5.45; 2, P Adaba (Eur/Fra) 5.45; 3, K Volkov (USSR) 5.30.
Long Jump: 1, L Myricks (USA) 8.52; 2, L Dombrowski (GDR) 8.27; 3, D Giral (Am/Cub) 8.22.
Triple Jump: 1, J C de Oliveira (Am/Bra) 17.02; 2, G Valyukevich (USSR) 16.94; 3, I Campbell (O/Aus) 16.76.
Shot: 1, U Beyer (GDR) 20.45; 2, R Stahberg (Eur/Fin) 20.05; 3, A Barynsnikov (USSR) 20.00.
Discus: 1, W Schmidt (GDR) 66.02; 2, M Wilkins (USA) 64.92; 3, L Delis (Am/Cub) 63.50.
Hammer: 1, S Litvinov (USSR) 78.70; 2, K H Riehm (Eur/Ger) 75.88; 3, R Steuk (GDR) 74.82.
Javelin: 1, W Hanisch (GDR) 86.48; 2, M O'Rourke (O/NZ) 85.80; 3, A Gonzalez (Am/Cub) 83.44.
4 x 100 Relay: 1, America 38.70; 2, USA 38.77; 3, Europe/Poland 38.85.
4 x 400 Relay: 1 USA 3:00.7; 2, Europe 44.8; 3, Africa 45.8.
Final Scores: 1, USA 119; 2, Europe Select 112; 3, GDR 108; 4, USSR 102; 5, America 98; 6, Africa 84; 7, Oceania 58; 8, Asia 36.

WOMEN - 1979

100: 1, E Ashford (USA) 11.06; 2, M Gohr (GDR) 11.17; 3, A Richter (Eur/Ger) 11.38.
200: 1, E Ashford (USA) 21.83; 2, M Koch (GDR) 22.02; 3, A Richter (Eur/Ger) 11.38.
400: 1, M Koch (GDR) 48.97; 2, M Kulchunova (USSR) 50.60; 3, I Szwinska (Eur/Pol) 51.15.
800: 1, N Shtereva (Bul) 2:00.6; 2, M Mushta (USSR) 2:01.1; 3, A Weiss (GDR) 2:01.4.
1500: 1, C Wartenberg (GDR) 4:06.9; 2, G Romanova (USSR) 4:08.8; 3, F Larrieu (USA) 4:09.2.
3000: 1, S Ulmasova (USSR) 8:36.4; 2, G Waltz (Eur/Nor) 8:38.6; 3, F Larrieu (USA) 8:53.1.
100 Hurdles: 1, G Rabszlyn (Eur/Pol) 12.67; 2, T Anisimova (USSR) 12.75; 3, K Claus (GDR) 13.03.
400 Hurdles: 1, B Klepp (GDR) 55.83; 2, M Makeyeva (USSR) 56.02; 3, D Esser (USA) 56.75.
High Jump: 1, D Brill (Am/Can) 1.96; 2, S Simeoni (Eur/Ita) 1.94; 3, N Serbina (USSR) 1.90.
Long Jump: 1, A Stukane (USSR) 6.64; 2, B Wujak (GDR) 6.55; 3, K McMillen (USA) 6.31.
Shot: 1, I Slupianek (GDR) 20.98; 2, H Fibingerova (Eur/Cze) 19.74; 3, S Krachevskaya (USSR) 19.70.
Discus: 1, E Jahl (GDR) 65.18; 2, S Melnikova (USSR) 65.14; 3, M Betancourt (Am/Cub) 62.84.
Javelin: 1, R Fuchs (GDR) 66.10; 2, E Raduly (Eur/Rom) 65.82; 3, M Colon (Am/Cub) 63.50.
4 x 100 Relay: 1, Europe 42.19; 2, GDR 42.32; 3, USSR 42.52.
4 x 400 Relay: 1 GDR 3:20.4; 2, USSR 3:21.1; 3, USA 3:27.4.
Final Scores: 1, GDR 106; 2, USSR 98; 3, Europe Select 88; 4, USA 76; 5, America 68; 6, Oceania 47; 7, Africa 30; 8, Asia 26.

MEN - 1981

100: (+0.16) 1, A Wells (UK, Eur) 10.20; 2, E Obeng (Gha/Afr) 10.21; 3, F Emmelmann (GDR) 10.31.
200: (+0.3) 1, M Lattany (USA) 20.21; 2, Wells 20.53; 3, Emmelmann 20.57.
400: 1, C Wiley (USA) 44.88 (Cup rec); 2, M Zuliani (Ita) 45.28; 3, B Cameron (Jam/Ame) 45.27.
800: 1, S Coe (UK/Eur) 1:46.16; 2, J Robinson (USA) 1:47.31; 3, D Wagenknecht (GDR) 1:47.49.
1500: 1, S Ovett (UK/Eur) 3:34.5; 2, J Walker (NZ/Oce) 3:35.49; 3, O Beyer (GDR) 3:38.58.
5000: 1, E Coghan (Ire/Eur) 14:08.39; 2, H Kunze (GDR) 14:08.54; 3, V Fontanella (Ita) 14:09.06.
10000: 1, W Schildhauer (GDR) 27:38.43 (Cup rec); 2, M Kadir (Eth/Afr) 27:39.44; 3, A Salazar (USA) 2:40.69.
3000SC: 1, B Maminksi (Pol/Eur) 8:19.89 (Cup rec); 2, M Scarcezini (Ita) 8:19.93; 3, M Shintaku (Jap/As) 8:23.54.
110H: (-0.29) 1, G Foster (USA) 13.32 (Cup rec); 2, A Casanas (Cub/Ame) 13.36; 3, J Ivan (Cze/Eur) 13.66.



The leading World Cup sprinter, Evelyn Ashford.

400H: 1, E Moses (USA) 47.37 (Cup rec); 2, V Beck (GDR) 49.16; 3, H Schulting (Hol/Eur) 49.69.
800: 1, T Peacock (USA) 2.28; 2, G Nagel (Ger/Eur) 2.26; 3, J Freimuth (GDR) 2.24.
1500: 1, K Volkov (USSR) 5.70 (Cup rec); 2, J M Bellot (Fra/Eur) 5.55; 3, B Olson (USA) 5.50.
5000: 1, C Lewis (USA) 8.15; 2, G Honey (Aus/Oce) 8.11; 3, S Abbasov (USSR) 7.95.
10000: 1, J C de Oliveira (Bra/Ama) 17.37 (Cup rec); 2, Zhu Zhen-xian (Chi-Asi) 17.34; 3, W Banks (USA) 17.04.
20000: 1, U Beyer (GDR) 21.40; 2, Y Mironov (USSR) 20.34; 3, D Laut (USA) 19.90.
30000: 1, A Lemme (GDR) 66.38; 2, L Delis (Cub/Ame) 66.26; 3, I Bugar (Cze/Eur) 64.38.
40000: 1, Y Sedykh (USSR) 89.74; 2, K H Riehm (Ger/Eur) 75.80; 3, G Orlando (Ita) 71.92.
100000: 1, D Kula (USSR) 89.74 (Cup rec); 2, D Michel (GDR) 89.38; 3, P Siemsaari (Fin/Eur) 83.26.
4 x 100: 1, Poland/Europe 38.73; 2, GDR 38.79; 3, USA 38.85.
4 x 400: 1, USA 2:59.12 (Cup rec); 2, Europe 3:01.47; 3, Americas 3:02.01.
Final Placings: 1, Europe 147; 2, GDR 130; 3, USA 127; 4, USSR 118; 5, Americas 95; 6, Italy 93; 7, Africa 66; 8, Oceania 6; 9, Asia 59.

WOMEN

100: (+0.01) 1, E Ashford (USA) 11.02 (Cup rec); 2, K Smallwood (UK/Eur) 11.10; 3, M Gohr (GDR) 11.13.
200: (+0.7) 1, Ashford 22.18; 2, J Kratochvilova (Cze/Eur) 22.31; 3, B Wockel (GDR) 22.41.
400: 1, Kratochvilova 48.61 (Cup rec); 2, M Koch (GDR) 49.27; 3, J Pusey (Jam/Ame) 51.48.
800: 1, L Vesselko (USSR) 1:57.48 (Cup rec); 2, M Steuk (GDR) 1:58.31; 3, J Januchta (Pol/Eur) 1:58.32.
1500: 1, T Sorokina (USSR) 4:03.33 (Cup rec); 2, G Dorio (Ita) 4:03.75; 3, U Bruns (GDR) 4:04.67.
3000: 1, A Zaubier (GDR) 8:54.80; 2, M Pulca (Rom/Eur) 8:55.80; 3, S Cruciata (Ita) 8:57.10.
100H: (+0.02) 1, T Anisimova (USSR) 12.85; 2, K Knabe (GDR) 12.91; 3, L Langer (Pol/Eur) 12.97.
400H: 1, E Neumann (GDR) 54.82 (Cup rec); 2, G Blaszk (Pol/Eur) 56.20; 3, A Kastetskaya (USSR) 56.37.
800: 1, U Meyfarth (Ger/Eur) 1.96; 2, T Bykova (USSR) 1.96; 3, P Spencer (USA) 1.92.
1500: 1, S Ulbricht (GDR) 6.80 (Cup rec); 2, J Anderson (USA) 6.61; 3, A Wlodarczyk (Pol/Eur) 6.59.
5000: 1, I Slupianek (GDR) 20.60; 2, H Fibingerova (Cze/Eur) 19.92; 3, M Sarria (Cub/Ame) 19.21.
10000: 1, E Jahl (GDR) 66.70; 2, M Petkova (Bul/Eur) 66.30; 3, G Savinkova (USSR) 63.96.
20000: 1, A Todorova (Bul/Eur) 70.08 (Cup rec); 2, P Felka (GDR) 66.60; 3, K Smith (USA) 63.04.
4 x 100: 1, GDR 42.22; 2, USA 42.82; 3, USSR 43.01.
4 x 400: 1, GDR 3:20.62; 2, Europe 3:23.03; 3, Americas 3:26.42.
Final Placings: 1, GDR 120½; 2, Europe 110; 3, USSR 98; 4, USA 89; 5, Americas 72; 6, Italy 68½;

7, Oceania 58; 8, Asia 32; 9, Africa 26.

MEN - 1985

100: 1, B Johnson (Am/Can) 10.00 (Cup rec; eq, Commonwealth rec); 2, C Imo (Afr/Nig) 10.12 (African rec); 3, F Emmelmann (GDR) 10.17.
200: 1, R Da Silva (Am/Bra) 20.44; 2, F Emmelmann (GDR) 20.51; 3, D Clark (Oce/Aus) 20.78.
400: 1, M Franks (USA) 44.47 (Cup rec); 2, T Schonolebe (GDR) 44.72; 3, I Egbunike (Afr/Nig) 44.99.
800: 1, S Koskei (Afr/Ken) 1:45.15; 2, V Karlikin (USSR) 1:45.72; 3, A Guimaraes (Am/Bra) 1:45.81.
1500: 1, O Khalifa (Afr-Sud) 3:41.16; 2, O Beyer (GDR) 3:41.28; 3, I Lotarev (USSR) 3:41.92.
5000: 1, D Padilla (USA) 14:04.11; 2, S Mei (Eur/Ita) 14:05.99; 3, W Bulti (Afr/Eth) 14:07.17.
10000: 1, W Bulti (Afr/Eth) 29:22.96; 2, P Porter (USA) 29:23.03; 3, W Schildhauer (GDR) 29:25.64.
3000SC: 1, Kariuki (Afr/Ken) 8:39.51; 2, H Marsh (USA) 8:39.51; 3, G Fell (Am/Can) 8:40.30.
110H: 1, T Campbell (USA) 13.35; 2, S Ussov (USSR) 13.62; 3, J Naumann (GDR) 13.76.
400H: 1, A Phillips (USA) 48.43; 2, A Vasilyev (USSR) 48.43; 3, H Schmid (Fra/Eur) 48.84.
High Jump: 1, P Sjoberg (Eur/Swe) 2.31 (Cup rec); 2, M Howard (USA) 2.28; 3, J Sotomayor (Am/Cub) 2.28.
Pole Vault: 1, S Bubka (USSR) 5.85 (Cup rec); 2, P Collet (Eur/Fra) 5.80; 3, T Bright (USA) 5.40.
Long Jump: 1, M Conley (USA) 8.20; 2, R Emmiyan (USSR) 8.09; 3, L Szalma (Eur/Hun) 8.09.
Triple Jump: 1, W Banks (USA) 17.58 (Cup rec); 2, V Protchenko (USSR) 17.478; 3, V Markov (Eur/Bul) 17.13.
Shot: 1, U Timmermann (GDR) 22.00 (Cup rec); 2, S Smirnov (USSR) 21.72; 3, A Andrei (Eur/Ita) 21.14.
Discus: 1, G Kolonotchenko (USSR) 69.08 (Cup rec); 2, J Schult (GDR) 68.30; 3, L Delis (Am/Cub) 67.60.
Hammer: 1, Y Tamm (USSR) 82.12 (Cup rec); 2, G Rodehau (GDR) 78.44; 3, J Logan (USA) 76.68.
Javelin: 1, U Hohn (GDR) 96.96 (Cup rec); 2, H Puuste (USSR) 87.40; 3, T Petranoff (USA) 87.34.
4 x 100: 1, USA 38.10; 2, Americans 38.31; 3, USSR 38.35.
4 x 400: 1, USA 3:00.71; 2, GDR 3:00.82; 3, Oceania/Australia 3:01.35.
Final Team Placings - Men: 1, United States 123; 2, Soviet Union 115; 3, German Dem. Republic 114; 4, Europe Select 97½; 5, Africa 81; 6, Americas 80; 7, Oceania 65; 8, Asia 39½.

WOMEN

100: 1, M Gohr (GDR) 11.10; 2, eq, G Jackson (Am/Jam) & M Zhironova (USSR) 11.39.
200: 1, M Koch (GDR) 21.90; 2, G Jackson (Am/Jam) 22.61; 3, M Zhironova (USSR) 22.67.
400: 1, M Koch (GDR) 47.60 (world record); 2, O Vladykina (USSR) 48.27 (rec); 3, L Leatherwood (USA) 50.43.
800: 1, C Wachtel (GDR) 2:01.57; 2, J Kratochvilova (Eur/Cze) 2:01.99; 3, N Olizarenko (USSR) 2:02.17.
1500: 1, H Komer (GDR) 4:10.87; 2, R Agletdinova (USSR) 4:11.22; 3, D Melinte (Eur/Rom) 4:19.67.
3000: 1, U Bruns (GDR) 9:14.65; 2, T Pozdnyakova (USSR) 9:15.65; 3, C Bremser (USA) 9:21.15.
10000: 1, A Cunha (Euro Port) 32:07.50 (inaugural Cup rec); 2, M Knisely (USA) 32:19.93; 3, O Bondareko (USSR) 32:27.70.
100H: 1, C Oschenat (GDR) 12.72; 2, G Zagorcheva (Eur/Bul) 12.72; 3, Gusarova (USSR) 13.01.
400H: 1, S Busch (GDR) 54.45 (Cup rec); 2, J Brown-King (USA) 55.10; 3, D Flintoff (Oce/Aus).
High Jump: 1, S Kostadinova (Eur/Bul) 2.00 (Cup rec); 2, T Bykova (USSR) 1.97; Helm (GDR) 1.97.
Long Jump: 1, H Drechsler (GDR) 7.27 (Cup rec); 2, G Chirukova (USSR) 7.09; 3, C Lewis (USA) 6.88.
Shot: 1, N Lisovskaya (USSR) 20.69; 2, H Hartwig (GDR) 19.98; 3, H Fibingerova (Eur/Cze) 19.17.
Discus: 1, M Opitz (GDR) 69.78 (Cup rec); 2, G Savinkova (USSR) 67.30; 3, M Marten (Am/Cub) 66.54.
Javelin: 1, G Gavrilova (USSR) 66.80; 2, P Felke (GDR) 66.22; 3, F Whitbread (Eur/UK) 65.12.
4 x 100: 1, GDR 41.37 (world record); 2, USSR 42.54; 3, Europe 43.38.
4 x 400: 1, GDR 3:19.50 (Cup rec); 2, USSR 3:20.61; 3, Europe 3:28.48.
Final Team Placings: 1, German Dem Republic 121; 2, Soviet Union 105½; 3, Europe Select 86; 4, Americas 62½; 5, United States 61; 6, Oceania 52; 7, Asia 42; 8, Africa 41.

WOMEN'S EVENTS

	Africa	Americas	Asia	Europe	GDR	Oceania	Russia	USA	Spain
100	M Onyali (NIG) 11.09	M Ottey (JAM) 10.87	W Huei-Chan (CHN) 11.54	L Bily (FRA) 11.04	K Krabbe 10.89	S Broadrick 11.71	I Sergeeva 10.87	D Sowell 10.78	S Myers 11.30 A
200	Onyali 22.43	Ottey 21.93	P Usha (IND) 23.40	Bily 22.90	S Möller 21.74	M Holland (AUS) 22.83	T Papilina 22.79 i	D Young 22.21 w	B Lacambra 23.04 A
400	F Ogunkoya (NIG) 52.2	G Jackson (JAM) 49.57	J Mary (MAL) 53.00	M-J Perek (FRA) 51.05	G Breuer 50.48	K Sambell 52.81	M Shmonina 51.10	R Stevens 50.75	J Merino 53.28
800	H Boulmerka (ALG) 2:02.09	A Quirot (CUB) 1:55.84	S Sumei (CHN) 2:02.30	D Melinte (ROM) 1:55.05	S Woders 1:55.26	S Stewart (AUS) 2:00.61	D Matusiavechene 1:56.7	J Clark 1:58.98	M Zuniga 1:57.45
1500	Boulmerka 4:08.33	R SANTOS (BRA) 4:35.0	F Yarbo (CHN) 4:09.50	Y Murray (GB) 4:01.20	Y Mai 3:57.71	E Rose (AUS) 4:17.10	E Podkapreva 3:56.65	R Jacobs 4:00.46	M Pujol 4:11.13
3000	H Kimaiys (KEN) 9:15.2	L Williams (CAN) 8:37.30	W Yongmei (CHN) 9:12.81	P Ivan (ROM) 8:27.15	E Kiessling 8:36.38	M McDonagh (AUS) 9:03.00	T Pozdriakova 8:32.0	P-S Plumer 8:42.12	E Estevez 9:02.39
10,000	J Ngotho (KEN) 33:49.45	C Oliveira (BRA) 35:58.0	A Matsuono (JPN) 31:54.00	I Kristiansen (NOR) 30:13.74	K Ullrich 31:11.34	M Buist (NZ) 32:18.00	N Sorokivskala 31:46.43	N Davis 32:14.05	M-L Irizar
100H	D Yankey (GHA) 13.46	O Adams (CUB) 12.8	L Hua Jin (CHN) 13.54	C Zackiewicz (FRG) 12.75	C Oshkenat 12.28 w	H Pirovans 13.59	L Marojilenko 12.39	L Tolbert 12.75	M-J Mardomingo 13.4
400H	M Usifo (NIG) 55.16	T Fernandez (CUB) 56.33	C Dony Mei (CHN) 56.88	S Gunnell (GB) 54.03	P Krug 53.24	H Graham 58.90	T Ledovskaya 53.18	S Farmer-Patrick 53.37	E Lahoz 58.32
HJ	L Nida (IC) 1.82	S Costa (CUB) 2.03	J Ling (CHN) 1.97	G Astafei (ROM) 2.00	H Balck 2.01	G Kapemik 1.91	T Bykova 2.05	J Wohlschlag 2.00	I Mozun 1.78
LJ	C Ajunura (NIG) 5.87	M de Jesus (PR) 6.96 A	X Qi Ying (CHN) 6.74	M Ilcu (ROM) 7.08	H Rodtke 7.21	N Boegman (AUS) 6.87	G Chistiakova 7.52	C Connor 6.63	I Lopez 6.42
SP	H Khaled (EGY) 15.33	B Laza (CUB) 70.50	H Zhi Hong (CHN) 20.25	C Losch (FRG) 22.19	H Harting 21.31	A Vitols 18.04	N Lisovskaya 22.63	R Pagel 20.18	M Ramos 16.40
DT	Z Lasyoundi (MOR) 53.00	M Martin (CUB) 70.50	H Xuemei (CHN) 67.32	T Khristova (BUL) 73.22	I Wyludda 74.56	L-M Vizaniari 55.94	O Davydova 68.40	C Price 64.82	A Barreiro 56.10
JT	C Chikuelu (NIG) 47.94	I Leal (CUB) 71.82	Z Li (CHN) 63.44	T Solberg (NOR) 71.12	P Felke 80.00	K Nordstrom 57.36	N Ermolovich 70.08	D Mayhew 63.66	N Vizcaino 51.40

100

1, Christie; 2, Stewart; 3, Burrell. If Christie has an inspired run he'll take the 100. He beat Burrell last time out and Stewart's best time is from early in the season.

200

1, Da Silva; 2, Heard; 3, Regis. Da Silva is the man in form this year, clocking under 20 seconds this season and crushing all the Grand Prix fields. Heard will be tough for Regis who runs out of lane one.

400

1, Pettigrew; 2, Hernandez; 3, Al Melky. Pettigrew owns the fastest time in the world this year and is American! Americans always seem to dominate over one lap and he'll have a massive psychological advantage.

800

1, Kiprotich; 2, Suhonen; 3, McKean. McKean has a lot to prove on the world stage, but Kiprotich or Ereng have proved rather difficult to beat this year. Look to Suhonen, a fast finisher from Finland, to be in the thick of it.

1500

1, Coe; 2, Chesire; 3, Di Napoli. A predictor's nightmare. Coe starts favourite unless reserve Abdi Bile or Said Aouita is included. If they run Coe might have some trouble, but he's better than everyone else.

5000

1, Antibo; 2, Barrios; 3, Ngugi. The question is who can survive Ngugi's crucifying lactic acid-inducing fast lap somewhere around the mile mark. We say Antibo can!

10,000

1, Barrios; 2, Panetta; 3, Abebe. Hutchings is an outside shot at a place, but who'd bet against the World Record holder Barrios?

3000 SC

1, Lambruschini; 2, Brahmi; 3, Melzer. Hanlon has a quick time, but struggles for finishing speed. If Brahmi doesn't run Koech may replace him and consequently replace the Italian as favourite.

110H

1, Kingdom; 2, Jackson; 3, Valle. Kingdom is a prohibitive favourite despite the fact Jackson has run under 13 seconds! We can hope for a win, but expect the American to power away over the last couple of barriers.

PREDICTED RESULT

Men's result: 1, Europe 139; 2, USA 131; 3, Americas 123; 4, Great Britain 119; 5, GDR 117; 6, Africa 90; 7, Asia 63; 8, Spain 60; 9, Oceania 58.
Women's result: 1, GDR 126; 2, USSR 116; 3, Europe 106; 4, USA 105; 5, Americas 87; 6, Oceania 51; 7, Spain 50; 8, Asia 44; 9, Africa 36.

Who's going to win?

Who's going to win which events in Barcelona? Athletics Weekly's team of journalists sat down last week and surveyed the athletes due to compete in Barcelona and, after much argument, came up with the following form guide for the World Cup. The 'Panel' included international athletes/reporters Martin Gillingham and Paul Laridns, together with David Ogle and Keith Nelson. And, if any predictions are wrong, we're not blaming Paul, but he keyed them all into the word processor...

400H

1, Patrick; 2, Schmidt; 3, Amike. Akabusi may have won the Europa Cup, but could find the American a shade too much to handle as well as Schmidt, who will undoubtedly be looking for revenge.

High Jump

1, Sotomayor; 2, Sjöberg; 3, Grant. Grant's on the way up and is capable of picking up some serious scalps here. Sotomayor is the most consistent in this inconsistent event and has Sjöberg's card at the moment.

Pole Vault

1, Bright; 2, Collett; 3, Langhammer. Decathlete and super-vaulter Tim Bright for this one.

Long Jump

1, Myricks; 2, Jefferson; 3, Faulkner. Hopefully by the end of this competition the British record will have changed hands... finally. Faulkner may be third, but Myricks will be first.

Shot Put

1, Timmerman; 2, Barnes; 3, Gunthor. One of the closest field events. Any one of three could win on the day, but we favour Timmerman... just. Barnes may not be sharp enough following a break in competition.

Discus

1, Schult; 2, Delis; 3, Danneberg. Jurgen Schult is the most dominant thrower at the moment. Behind him Delis of Cuba is a strong bet for second ahead of the West German.

Hammer

1, Weis; 2, Haber; 3, Zhong. Peacock may pick up fourth, but

it's a German battle up front. West v East in this case, with the West winning.

Javelin

1, Backley; 2, Mizoguchi; 3, Zelezny. Backley will edge out Mizoguchi, hopefully. The Japanese record holder has been quiet recently while Backley goes from strength to strength. Don't count out Zelezny to produce the goods.

WOMEN

100

1, Ottey; 2, Sowell; 3, Krabbe. Ottey has been flying this year and seems sharper than the 'Flo-Jo' coached Sowell. Krabbe has impressive credentials, but not this year.

200

1, Jackson/Ottey; 2, Moller; 3, Young. The long-legged Jamaicans Jackson or Ottey will start marginal favourite, but Moller should surprise with some classic East German peaking.

400

1, Jackson (or Quirot); 2, Shmonina; 3, Breuer. The Americas' rep will be tough whoever it is! Breuer's lack of experience might count against her in Barcelona, so look to the more experienced Soviet.

800

1, Quirot; 2, Wodars; 3, Melinte. Quirot all the way. She hasn't lost in recent memory and even Wodars will find it tough to depose the Cuban. Super-vel Melinte is a good bet for third.

1500

1, Mai; 2, Podkopaeva; 3, Murray. Brits everywhere will hope for a good one from Murray, something entirely possible! Mai will be the runner to beat over the last lap.

3000

1, Ivan; 2, Plumer; 3, Pozdniakova. Ivan's kick should see her clear in the last 200. A rested Plumer should be back to decent form for second.

10,000

1, Kristiansen; 2, Ullrich; 3, Sorokivskala. Kristiansen is in another class as is Ullrich for second. If Ullrich can hang on she could re-write her German record by as much as thirty seconds behind the enviably fast pace of Kristiansen.

110H

1, Oschkenat; 2, Marojlenko; 3, Tolbert. A tight race and tough to predict. Oschkenat has marginally the better form and should grab it... just.

400H

1, Farmer-Patrick; 2, Ledovskaya; 3, Gunnell. Farmer-Patrick has proved to be unbeatable this year. Gunnell has been moving in, but might find the East German a tough proposition.

High Jump

1, Bykova; 2, Costa; 3, Wohlschlag. Bykova has been hot this year as has Costa. It could go to a countback with the American Wohlschlag also in the frame.

Long Jump

1, Chistyakova; 2, Radtke; 3, Ilcu. The Soviet all the way. She's a good 40cm better than the rest, so even allowing for a bad day she should still emerge with a win.

Shot Put

1, Lisovskaya; 2, Losch; 3, Hartwig. Lisovskaya enjoys a huge margin over her rivals and should almost be given first place without having to attend!

Discus

1, Wyludda; 2, Marten; 3, Davydova. The East German has much the better form this year reaching 74.56. Her closest competitor is four metres behind and she is well clear of the next.

Javelin

1, Felke; 2, Solberg; 3, Ermolovich. Whitbread will be sorely missed. Felke isn't enjoying the best of form, but still should wind up first ahead of Norwegian record holder Solberg.

THE VOICE OF
THE SPORT

WRITTEN FOR ATHLETES BY ATHLETES

Athletics Weekly

70p

WEDNESDAY

SEPT. 13 1989

WORLD CUP SPECIAL

8 pages of
coverage from
Barcelona

**PATTISUE
PLUMER**

Success on the
European circuit

**DALTON
GRANT**

Interview with
the British
record holder

Tom McKean
crosses the line to
take the 800m
World Cup title.
Pic: All-
Sport/Bob
Martin.



**WEEKEND
RESULTS**
Best of the
action

Bile rubs show

IAAF World Cup, Barcelona, September

Men

Hammer

Not a lot can stop Heinz Weis these days. However, by the end of the second round, the mighty West German, who tops the world rankings this year, was throwing too far over to the left and out of bounds.

While he was getting his aim in, the lead was being contested between the USA's Lance Deal and East German Ralf Haber.

But then Weis got going. With his familiar warming up swings and his not so familiar virgin white triathlon outfit, he put in a 77.18 before winning the competition with his fourth round throw, 77.68.

Shane Peacock had an unspectacular afternoon. While his throws were consistent, they weren't outstanding, but his final round of 67.68 elevated him from eighth to seventh.

1, H Weis (Eur/FRG) 77.68 (x, x, 74.18, 77.68, x, 77.36); 2, L Deal (USA) 76.38 (73.62, 74.52, 76.38, 73.50, 73.26, 72.18); 3, R Haber (GDR) 76.28 (75.02, 73.78, 74.42, 76.08, 75.32, 76.28); 4, Z Bi (Asi/Chi) 70.50 (69.38, 68.16, 67.89, x, 70.50, 69.22); 5, E Hernandez (Amr/Cub) 68.86 (65.68, 68.46, 68.86, 68.14, 68.16, x); 6, P Spivey (Oce/Aus) 68.40 (65.92, 68.40, 67.50, 67.58, 67.48, 67.72); 7, SHANE PEACOCK (GB) 67.68 (66.72, 67.56, 67.38, 67.08, x, 67.68); 8, A Touni (Afr/Alg) 67.62 (x, 66.16, 67.50, 67.62, x, x); 9, A M Godall (Sp) 62.50 (x, 57.72, 60.38, 62.50, x, 60.30).

Pole vault

Andy Ashurst was a latecomer to the British team, only flying to Barcelona after a calf injury forced Mike Edwards to withdraw.

Ashurst, who had been 1cm ahead of Edwards in this season's rankings, didn't disappoint.

For not only did he improve his season's best to 5.40, he also equalled his personal best.

Starting cautiously, he had first time clearances at 4.70, 4.90, 5.10 and 5.30. On this latter height he almost punched the air with delight, but realising that the competition was still at an early stage, he thought better of it.

Two jumps and 5.40 later, he justifiably punched the air. He then tried greater heights, but failed.

Europe's Philippe Collet took the competition by five centimetres from Tim Bright. Collet had originally been selected, then overlooked in favour of Gataullin, then chosen again. He didn't let the European squad down.

1, P Collet (Eur/Fra) 5.75 (5.50-1, 5.60x, 5.65-1, 5.65-1, 5.70-x, 5.75-2, 5.85-1); 2, T Bright (USA) 5.70 (5.30-1, 5.50-1, 5.60-1, 5.80-1); 3, U Langhammer (GDR) 5.55 (5.20-1, 5.40-2, 5.50-2, 5.55-2, 5.60/5.65/1); 4, C J Garcia (Sp)

5.50 (5.20-1, 5.40-1, 5.50-1, 5.60-1); 5, S Arkell (Oce/Aus) 5.45 (5.00-2, 5.20-1, 5.30-3, 5.45-1, 5.50-1); 6, X Liang (Asi/Chi) 5.40 (5.20-1, 5.40-1, 5.50/5.55-1); 7, ANDREW ASHURST (GB) 5.40 (4.70-1, 4.90-1, 5.10-1, 5.30-1, 5.40-2, 5.45/5.50-1); 8, D Wood (Amr/Can) 5.20 (5.00-1, 5.20-2, 5.30-1); 9, S Simohamed (Afr/Alg) 4.60 (4.60-3, 4.70-1).

400 metres

The British team's gamble of putting Derek Redmond in the 400 metres was a brave one, but his experience in the race showed that, at this level you can't afford to be anything less than 100% fit.

And, as Hernandez pulled away from him, so Al Malky caught him early on. Also going well was Jens Carlowitz, drawn in lane nine.

Turning into the final straight, Hernandez pulled away for a comfortable victory. Carlowitz, second, improved his pb from 44.92 to 44.86 and Gabriel Tiacoh, third, was rewarded with a season's best. Redmond trailed in last, but at least he's over his injury. World leader, Antonio Pettigrew, was only good enough for fifth.

Afterwards, Hernandez revealed that his race plan was to run a fast first 200 to put himself in a comfortable commanding position. His 44.58 is the fifth fastest time in the world this year. 1, R Hernandez (Amr/Cub) 44.58; 2, J Carlowitz (GDR) 44.86; 3, G Tiacoh (Afr/IVC) 44.97; 4, A M Malky (Asi/Oma) 45.26; 5, A Pettigrew (USA) 45.30; 6, C Cornet (Sp) 45.51; 7, E Itt (Eur/FRG) 45.69; 8, M Garner (Oce/Aus) 46.08; 9, DEREK REDMOND (GB) 46.68



■ Andy Ashurst.

Triple jump

With just one leap, Jonathan Edwards cleared 17 metres legally for the first time, lifted himself third on the UK all time list, came within a whisker of achieving second place and put himself 11th on the world lists this year.

His leap of 17.28 represents a massive improvement on his personal best - yet it nearly didn't happen. After an opener of 16.86, the 23-year-old Gateshead Harrier struggled. After running

COMMENT

Yes, the reply confirmed it. Abdi Bile had gone a touch too close to Seb Coe coming off the final bend. Having confirmed that, I left the press box for the 'mixing area' where the athletes come off the track. Already waiting were 75% of the British press, trying to discover if there would be a protest.

Peter Coe, Seb's father, was adamant.

"I'm last saying as a coach I want a protest put in."

But here comes Seb.

"We're not protesting - alright," he said.

This isn't the Seb of eight years ago, when he couldn't accept 800 metres defeat at the Olympics. No, this is a more mature Seb, nearing the end of his career.

Meanwhile, the Board's PR man, Tony Ward, was generally running, at not inconsiderable speed, in various directions.

"We're calling the chairman." The search went out for Ewan Murray, Board supremo and head of delegation to get involved. Would there be a protest?

Murray arrived, binoculars in hand and, with Jones and Dick, disappeared into the recesses of the stand to make a decision, with Ward hovering nearby. A quick decision was made.

"We protest," confirmed Ward.

Bile, meanwhile, was saying they had "pushed each other" and that "if Seb retires, I'm going to retire too."

Next stop, the press conference. "The team management," said Seb, "made a decision that a protest should go in. I suppose instinctively that has to be the right thing in many respects - my overriding feeling was disappointment that it should have finished that way - I just want to walk away from it."

Abdi, what do you think happened? Abdi tells us he felt Seb pulling his singlet. No, Abdi, that didn't happen.

The appeal failed.

through the fourth, he could manage just 16.33 on the fifth. Then came the sixth.

"I was in half a mind not to do it," he said. "I don't know what happened - I just thought 'go for it'. The last thing I expected was 17.28 - straight from heaven, that was!"

While Edwards, the man who doesn't compete on a Sunday, put his leap down to heavenly help, the reason was possibly a little more straightforward. His technique was better, he had been over-rotating, but he corrected that, and improved his personal best by 37 centimetres!

1, M Conley (USA) 17.49 (16.94 -0.93, 17.02 +2.47, 17.00 +1.95, 17.08 +1.03, 17.38 +1.55, 17.49 +1.83); 2, V Inozemtsev (Eur/URS) 17.31 (16.87 +1.67, 17.15 +2.41, 16.67 +1.74, 16.81 +1.99, 17.31 +1.74, 16.85 +1.46); 3, JONATHAN EDWARDS (GB) 17.28 (16.86 +2.52 16.41 +1.17, 16.69 +1.42, x, 16.33 +2.04, 17.28 +1.03); 4, J Fries (GDR) 16.85 (13.84 -0.69, 16.45 +0.99, 16.85 +1.49, 16.18 +1.81, 16.08 +1.67, x); 5, Y Chen (Asi/Chi) 16.52 (15.80 +1.23, x, 16.52 +1.12, x, 15.94 +1.41, -); 6, E Koranleng (Afr/Gha) 16.46 (-, 16.46 +2.11, 16.13 +2.19, 16.24 +1.69, 15.85 +0.94, 15.77 +1.13); 7, J Reyna (Amr/Cub) 16.19 (16.19 +1.19, x, x, 15.77 +0.84); 8, M Sweeney (Oce/Aus) 15.72 (15.72 +0.74, x); 9, M Quintero (Sp) 15.64 (14.93 -0.55, 15.21 +1.03, 14.86 +1.98, 15.64 +2.76, 15.38 +0.98, 15.62 +1.46).

3000m steeplechase

"The only thing I did was run, I mean, I didn't make a special effort, I didn't reach the limit. The race was very comfortable.

"From now on I'm going to start training seriously for next season's competitions."

That was how Julius Kariuki saw the steeplechase in which he'd put in a last lap of 57.09 to win. As Steve Smythe, reading the splits, pointed out, that's possibly the fastest lap in a major competition.

Most of the work was done by Tom Hanlon, leading the field through kilometre splits of 2:45.94 and 5:39.55. But Kariuki had him in his sights and the Scot was caught with 550 metres to go. And, as the burn-up started, so Hanlon dropped to fifth.

In the final sprint, Kariuki's water jump skills gave him an extra metre over Alessandro Lambruschini.

1, J Kariuki (Afr/Ken) 8:20.84; 2, A Lambruschini (Eur/Ita) 8:21.75; 3, H Melzer (GDR) 8:23.21; 4, B Diemer (USA) 8:24.52; 5, TOM HANLON (GB) 8:28.34; 6, A Domingues (Amr/Bra) 8:28.65; 7, B Nogales (Sp) 8:28.91; 8, H Itabashi (Asi/Jap) 8:38.69; 9, M Inwood (Oce/Aus) 8:46.51.

Discus

Jurgen Schult, the reigning world and Olympic champion, predictably won the discus.

Bit it wasn't the most inspiring of competitions, with Schult's fourth round 67.12 sufficient to win the competition. Cuban Luis Delis was predictably his closest challenger, coming within 40 centimetres of the East German.

Paul Mardle, with plenty of competition around him, managed just 56.52 for three points.

1, J Schult (GDR) 67.12 (63.42, 64.72, x, 67.12, 66.70, 64.52); 2, L Delis (Amr/Cub) 66.72 (65.82, 64.50, 64.52, 66.72, 63.58, 63.40); 3, R Danneberg (Eur/FRG) 65.30 (65.30, x, x, 64.72, 62.80,

ders with Coe

8, 9, 10 - DAY TWO

65.08); 4. K Keshmiri (USA) 61.40 (60.74, 60.90, 61.30, 61.40, 59.80, 60.66); 5. P Nandap (Oce/Aus) 58.32 (x, 57.46, 57.70, 58.32, 57.68, 57.54); 6. D Martinez (Sp) 57.46 (53.10, 56.64, 54.48, 54.18, 57.46, 56.66); 7. PAUL MARDLE (GB) 56.52 (55.72, 53.82, 54.18, 54.70, 56.52, 54.32); 8. T Hu (As/Chi) 54.72 (53.42, 54.48, 54.64, 53.42, 54.42, 54.72); 9. A H Hassan (Afr/Egy) 52.26 (50.46, 52.26, 49.90, x, 49.82, 51.02).

1500 metres

On paper, Abdi Bile vs Seb Coe was a purist's dream. In reality, as the prospective Tory MP candidate said:

"Irrespective of whether that is or is not my last run, you want to feel you ran an unimpeded text book race."

He was, of course, referring to the 'Bile nudge' off the final bend. That the Somali knocked Coe was clear; Coe was thrown off his stride and shoved Bile back, who also lost a little of his rhythm. It created feelings strong enough for a protest, from the British camp, but neutrals had more of a 'so what' approach.

It didn't affect the result, as Bile was running faster than Coe, but you are left with the feeling that the Somali - who was disqualified in the 1984 Olympics - sacrificed sportsmanship for gamesmanship.

Oliveira led the field through 400 in 57.87, with Coe well positioned in the group. 800 was reached in 1:58.68 (Coe 1:59.24) and the most exciting thing at this stage was Bile having a minor shoving match with Terrance Herrington.

At the bell, Shigeki Nakayama enjoyed a lead the others allowed him, but the race started with 300 to go when Coe, taking Bile and Jens-Peter Herold, really began to wind the pace up.

Bile attacked Coe with 150 to go, and then the clashing started. Coe couldn't quite match Bile's kick but did hold off Herold, whose finishing speed in both the 800 and 1500 suggests that there's much more still to come from him.

"I took the initiative from the bell in terms of winding it up," said Coe, "so I was kicking off a quick pace. We obviously clashed on the bend which is not the best place to come to grief. I got knocked off my stride and at that stage of the race it was enough to be a problem, but I decline to say much more than that."

After the race, Coe saluted the British fans in a manner which suggests that he will be bowing out from the international stage. 1. A Bile (Afr/Som) 3:35.56; 2. SEBASTIAN COE (GB) 3:35.79; 3. J P Herold (GDR) 3:35.87; 4. G Di Napoli (Eur/Ita) 3:36.65; 5. D Paulin (Oce/Aus) 3:38.84; 6. F Cacho (Sp) 3:40.34; 7. T Herrington (USA) 3:40.88; 8. E de Oliveira (Ame/Bra) 3:41.59; 9. S Nakayama (As/Jap) 3:43.23.

Splits: 400 - 57.87; 800 - 1:58.68; Bell - 2:43.12. Coe last 400/300 52.03/38.05. Bile last 400/200 - 51.71/24.96.

4 x 100 relay

Although Tony Jarrett was hamstrung, Britain's quartet of Clarence Callender, John Regis, Marcus Adam and Linford Christie managed to hold off the European select and give the Americans a reasonably good race.

A fine anchor leg by Christie suggested that the British record of 38.28 is beatable.

1. USA 38.29 (A. Cason, T. Dees, D. Council, S. Watkins); 2. Great Britain 38.34 (C. Callender, J. Regis, M. Adam, L. Christie); 3. Europe 38.47 (M. Moriniere, D. Sangouma, G. Quenaherva, B. Marie-Rose); 4. Africa 38.81; 5. GDR 39.02; 6. Americas 39.07; 7. Oceania 39.20; 8. Asia 39.32; 9. Spain 39.69.

Women

100m hurdles

Cornelia Oschkenat set a new World Cup record with a decisive victory in the sprint hurdles.

Oschkenat, already the world's fastest this year with 12.64, improved to 12.60, a full 2/10ths of a second ahead of Lyudmila Narozhilenko.

Drawn in lane eight, the East German was next to Lynda Tolbert, a 21-year-old American competing at her first major meet. They matched each other stride for stride early, before the experienced East German pulled away for victory.

(+0.33) 1. C Oschkenat (GDR) 12.60; 2. L Narozhilenko (URS) 12.80; 3. O Adams (Ame/Cub) & L Tolbert (USA) 12.86; 5. C Zaczekiewicz (Eur/FRG) 12.96; 6. H Liu (As/Chi) 13.43; 7. M J Mardomingo (Sp) 13.76; 8. J Ariza (Afr/Alg) 13.99; 9. H Pirovano (Oce/NZL) 14.91.

Shot put

An outstanding competition saw victory go to the 24-year-old Chinese girl Zhihong Huang, eighth in the Seoul Olympic games.

Her 20.73 winning put came with the last throw of the competition, just as it looked that the 1989 world leader, Keike Hartwig, had snatched victory with 20.62.

Huang appears to be finally fulfilling the promise she has shown for a number of years, having regularly improved by a metre each year. Her winning throw was also her season's best.

Natalya Lisovskaya, formerly the dominant force in world shot putting, couldn't manage 20 metres, way down on her 22.63 world record.

1. Z Huang (As/Chi) 20.73 (20.13, 20.30, 20.22, 20.22, 20.57, 20.73); 2. H Hartwig (GDR) 20.62 (20.07, x, x, 19.70, 20.47, 20.62); 3. C Losch (Eur/FRG) 20.10 (19.29, 19.56, 20.10, 19.59, 19.50, 19.58); 4. N Lisovskaya (URS) 19.76 (x, 18.99, 18.26, x, 19.76, 18.54); 5. B Laze (Ame/Cub) 19.02 (19.02, x, x, -, x); 6. R Page (USA) 18.77 (17.90, 18.16,

18.77, 18.74, 18.30, 18.05); 7. M Ramos (Sp) 15.61 (15.61, x, 15.16, 15.17, x, x); 8. A Vitois (Oce/Aus) 14.67 (14.67, 14.42, x, x, 14.22, x); 9. H A Khaled (Afr/Egy) 13.26 (13.26, 13.20, 13.26).

800 metres

The women's 800 metres produced a classic confrontation between Ana Quirot, Sigurn Wodars and Doina Melinte.

After a summer when Quirot has been unbeaten and run riot around Europe's tracks, she was fully put to the test by Wodars.

Wodars, in her third race against the Cuban (she last beat her in 1987) decided that the way to beat her was by killing off her sprinting speed.

The bell was reached in a ferocious 55.07, but the Cuban looked comfortable behind the East German.

It was the sort of pace that made Melinte look ordinary - it put paid to her finishing kick. 800 was reached in 1:24.48, and Quirot then kicked for home coming off the final bend.

Pulling remorselessly away from Wodars, Quirot crossed the line in 1:54.44, a Central American and Caribbean record. She was ecstatic.

"I am very happy to see my dreams come true," said Quirot, whose previous best had been 1:55.84. "I dedicate this victory to the Commander in Chief of the Cuban revolution, Fidel Castro, the father of all of us."

Whatever you say, Ana. The time makes Quirot the third fastest ever, behind Jarmila Kratochvilova 1:53.28, and Nadezhda Olizarenko 1:53.43.

1. A Quirot (Ame/Cub) 1:54.44; 2. S Wodars (GDR) 1:55.70; 3. D Melinte (Eur/Rom) 1:56.55; 4. D Matasovicene (URS) 1:57.27; 5. M Zuolgo (Sp) 1:58.49; 6. S Suh (As/Chi) 1:58.56; 7. B Boulmerka (Afr/Nig) 2:00.21; 8. K Baumbartner (Oce/Aus) 2:01.56; 9. J Clark (USA) 2:01.94.

100 metres

Mary Onyali thought she's won this one, but the photo finish camera doesn't often lie and proved that victory belonged to Sheila Echols.

As expected, it was a keenly fought race with Silke Moller and Laurence Bily adding extra spice.

"Florence showed us we could run faster," said Echols. "She made a great impact which means we have to get to 10.4."

(+1.11) 1. S Echols (USA) 11.18; 2. M Onyali (Afr/Nig) 11.23; 3. S Moller (GDR) 11.24; 4. L Bily (Eur/Fra) 11.31; 5. B Allen (Ame/Cub) 11.34; 6. S Myers (Sp) 11.56; 7. N Larenova (URS) 11.49; 8. S Broadrick (Oce/Aus) 11.96; 9. H C Wang (As/Chi) 11.97.

10,000 metres

"I'll be running a little bit faster than the other girls can," said Ingrid Kristiansen before the race. "Kathrin Ullrich will be the next, I think."

Kristiansen's prophecy proved

true. As usual she hit the front and, as usual, left a trail of runners in her wake, bar Ullrich.

Ullrich has never been under 31 minutes and Kristiansen's philosophy was to burn her off with pace.

But the Norwegian's metronome pace wasn't quite there and, after a mile in the low 70s, she ran a mile of 75s, then 76s, 77s and went out to 78s around the 8km mark.

That was fine for Ullrich, whose last lap of 66 and last 200 of 28.67 put a lot of daylight between her and Kristiansen, kicking with just over 200 go to.

1. K Ullrich (GDR) 31:33.92; 2. I Kristiansen (Eur/Nor) 31:42.01; 3. N Sorokinskaya (URS) 32:15.53; 4. N Davis (USA) 32:23.09; 5. J Wanjiku Ngitho (Afr/Ken) 32:49.81; 6. C Oliveira (Ame/Bra) 33:05.99; 7. M Buist (Oce/NZL) 33:47.83; 8. M Prat (Sp) 34:41.50. Splits: (Kristiansen) 1km - 3:00.80; 2km - 6:03.19; 3km - 9:11.24; 4km - 12:21.72; 5km - 15:34.20; 6km - 18:45.71; 7km - 22:00.48; 8km - 25:16.71; 9km - 28:32.35.

High jump

The only person missing from the high jump was Stefka Kostadinova, the world record holder and 1989 world leader.

In her absence, the high jump brought together the next five best jumpers of the year - Silvia Costa (2.03), Heike Balck (2.01), Tamara Bykova (2.00), Jan Wohlschlag (2.00) and the young woman who will surely one day be world record holder, Galina Astafei (2.00).

The high jump was held over from the previous evening, when the officials were unable to clear the water from the approach runs.

With the sun shining the following evening, the conditions were ideal for jumping - and so it turned out.

Victory went to the outstanding Cuban, Costa, the only woman to clear two metres during the competition.

With a second time clearance at 2.04 - equalling the best high jump of the year, she then raised the bar to a new world record height of 2.10, but it wasn't to be.

It was the former world junior record holder's first major victory outside South America, and, as with her colleagues Ana Quirot and Roberto Hernandez, it suggested how much of a force the Cubans would have been in Seoul.

1. S Costa (Ame/Cub) 2.04 (1.80-1, 1.85-1, 1.91-1, 1.94-1, 1.97-1, 2.00-1, 2.04-2, 2.10-1); 2. T Bykova (URS) 1.97 (1.75-1, 1.80-1, 1.85-1, 1.88-1, 1.91-1, 1.94-1, 1.97-2, 2.00-1); 3. G Astafei (Eur/Rom) 1.94 (1.75-1, 1.80-1, 1.85-1, 1.88-1, 1.99-1, 1.94-1, 1.97-1); 4. H Balck (GDR) 1.94 (1.75-1, 1.80-1, 1.85-1, 1.88-1, 1.91-1, 1.94-2, 1.97-1); 5. J Wohlschlag (USA) 1.91 (1.75-1, 1.80-1, 1.85-1, 1.88-2, 1.91-2, 1.94-1 & L Jin (As/Chi) 1.91 (1.75-1, 1.80-1, 1.85-2, 1.88-1, 1.91-2, 1.94-1); 7. L Koffi N'Da (Afr/IVC) 1.80 (1.70-1, 1.75-1, 1.80-1, 1.85-1); 8. G Kapernik (Oce/Aus) 1.80 (1.75-2, 1.80-1, 1.85-1); 9. I Mozun (Sp) 1.75 (1.65-1, 1.70-1, 1.75-2, 1.80-1).

THE
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Athletics Weekly

WEDNESDAY

SEPT. 27 1989

70p

STEVE BACKLEY

*First of a two-part
interview
with the
World's
number one.*

VAX MARATHON

*Report and
results from the
Men's,
Women's and
10k races.*

INGRID KRISTIANSEN

*Putting herself through
the mill*

*Eventual winner,
Vladimir Kotov
(right) runs
shoulder to
shoulder with
Tipton's Tony
Milovsorov in
Sunday's Vax
Marathon. Pic:
Action-Plus/Chris
Barry.*

WEEKEND
RESULTS

RANKINGS

(After the World Cup in Barcelona)

32:17.62	Kerstin Pressler	FRG	1 Jul
32:15.53	Natalya Sorokivskaya	URS	9 Sep
32:19.54	Nadezhda Ilyina	URS	21 Jul
32:21.16	Monica Joyce	IRL	23 Apr
32:23.09	Nan Davis	USA	9 Sep
32:23.39	Veronique Collard	BEL	1 Jul
32:23.77	Yelena Tolstoguzova	URS	21 Jul

100H

12.60	Cornelia Oschkenat	GDR	9 Sep
12.65	Monique Ewanje-Epée	FRA	28 Aug
12.68	Yelizaveta Chernysheva	URS	10 Jun
12.68	Mihaela Pogacean	ROM	4 Jun
12.69	Lyudmila Narozhilenko	URS	10 Jun
12.70	Taranjalyan Stanley	USA	3 Jun
12.70	Lidia Okolo-Kulak	URS	10 Jun
12.70	Eva Sokolova	URS	20 Jun
12.75	Lynda Tolbert	USA	16 Jun
12.77	Marjan Olijslager	HOL	25 Jun
12.78	Claudia Zackiewicz	FRG	28 Aug
12.86	Odalis Adams	CUB	9 Sep
12.87	Liliane Nastase	ROM	24 Jun
12.87	Anne Piquereau	FRA	25 Aug
12.87	Aliuska Lopez	CUB	28 Aug
12.88	Kerstin Patzwahl	GDR	21 Jun
12.91	Kim McKenzie	USA	10 Jun
12.91	Galina Khaustova	URS	25 Aug
12.92	Ginka Zagorcheva	BUL	22 Jul
12.95	Cinnamon Sheffield	USA	3 Jun
12.95	Natalya Grigoryeva	URS	10 Jun

400H

53.37	Sandra Patrick	USA	22 Jul
54.35	Petra Krug	GDR	14 Jul
54.42	Debbie Flintoff-King	AUS	3 Sep
54.64	SALLY GUNNELL	GBR	16 Aug
54.68	Tatyana Ledovskaya	URS	8 Sep
54.68	Susanne Losch	GDR	14 Jul
54.71	Anita Protti	SUI	1 Sep



■ Sandra Patrick

55.03	Schwonda Williams	USA	20 Aug
55.27	Janeen Vickers	USA	2 Jun
55.37	Margarita Jaseviciene	URS	14 Jun
55.38	Linetta Wilson	USA	2 Jun
55.42	Vera Ordina	URS	27 May
55.3	Jackie Joyner-Kersey	USA	10 Jun
55.43	Kathy Freeman	USA	20 Aug
55.45	Maria Usifo	NIG	Aug
55.53	Ulrike Heinz	FRG	20 Aug
55.57	Cornelia Ullrich	GDR	5 Jul
55.57	Cristeana Matei	ROM	29 Aug
55.66	Tuija Kuusisto	FIN	29 Jun
55.67	Iolanda Oanta	ROM	3 Jun
55.68	Margarita Khromova	URS	11 Jun

HIGH JUMP

2.04	Silvia Costa	CUB	9 Sep
2.04	Stefka Kostadinova	BUL	8 Mar
2.01	Heike Balck	GDR	18 Jun
2.00	Tamara Bykova	URS	5 Mar
2.00	Jan Wohlschlag	USA	1 Jul
2.00	Galina Astafei	ROM	6 Aug
2.00	Heike Henkel	FRG	20 Aug
1.98	Louise Ritter	USA	13 Jan
1.98	Vanessa Ward	AUS	12 Feb
1.98	Biljana Petrovic	YUG	18 Jun
1.98	Andrea Arens	FRG	13 Aug
1.97	Jin Ling	CHI	30 Apr
1.96	Hanne Haugland	NOR	18 Feb
1.95	Yelena Panikarovskik	URS	15 Jan
1.95	Gabriele Gunz	GDR	22 Feb
1.95	Gail Kapernick	AUS	3 May
1.95	Yelena Yelovina	URS	13 May
1.95	Valentina Gotovskaya	URS	4 Jun
1.94	Natalya Golodnova	URS	29 Jan
1.94	Galina Belgurina	URS	26 Feb
1.94	Yolanda Henry	USA	22 Jul
1.94	Madely Beaugendre	FRA	23 Jun
1.94	Olga Turchak	URS	5 Feb

LONG JUMP

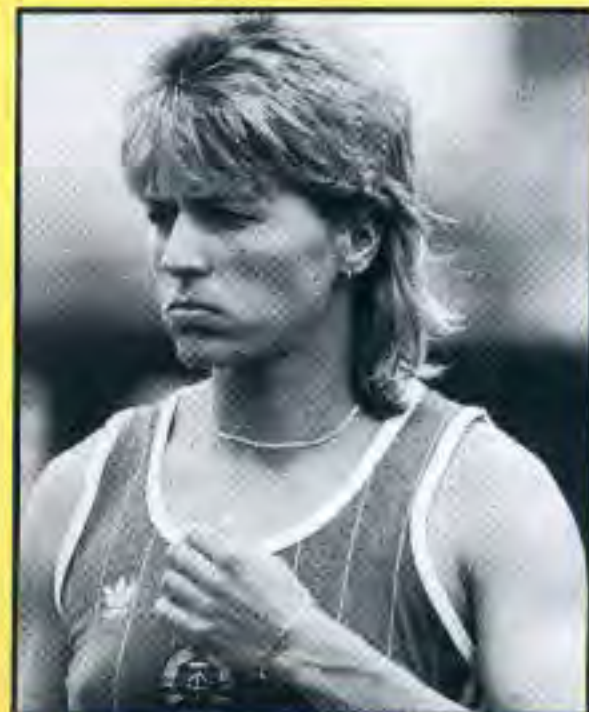
7.30	Galina Chistyakova	URS	29 Jan
7.20	Larisa Berezhnaya	URS	4 Feb
7.15	Helga Radtke	GDR	22 Jun
7.08	Marieta Ilicu	ROM	25 Jun
7.05	Yolanda Chen	URS	4 Feb
6.98	Niole Medvedeva	URS	12 Aug
6.89	Yelena Kokonova	URS	29 Jan
6.88	Inessa Kravets	URS	4 Feb
6.86	Anna Derevyankina	URS	4 Feb
6.85	Anke Behmer	GDR	14 Aug
6.82	Valy Ionescu	ROM	5 Feb
6.82	Ringa Ropo	FIN	20 Aug
6.81	Katya Trostel	GDR	22 Jul
6.80	FIONA MAY	GBR	8 Aug
6.78	Yelena Chicherova	URS	23 Jan
6.76	Liliane Nastase	ROM	25 Jun
6.76	Mirela Dulgheru	ROM	5 Feb
6.75	Larisa Nikitina	URS	16 Jul
6.74	Nicole Boeman	AUS	14 May
6.73	Irena Ozhenko	URS	11 Jun

SHOT PUT

20.78	Heike Hartwig	GDR	30 Aug
20.73	Zhihong Huang	CHI	9 Sep
20.54	Astrid Kumbernuss	GDR	1 Jul
20.50	Christa Wiese	GDR	12 Feb
20.50	Natalya Lisovskaya	URS	20 Aug
20.46	Claudia Losch	FRG	5 Mar
20.37	Sonia Vasickova	CZE	21 Jan
20.37	Heidi Krieger	GDR	27 Jun
20.30	Stephanie Storp	FRG	19 Feb
20.23	Ike Wyludda	GDR	10 Jun
20.02	Iris Plotzka	FRG	7 Jul
19.98	Belsis Laza	CUB	24 Jun
19.93	Grit Hammer	GDR	22 Jun
19.88	Larisa Peleshenko	URS	14 Jul
19.58	Luisa Mehes	ROM	19 Feb
19.38	Ramona Pagel	USA	23 Jun
19.31	Zhou Tianhua	CHI	4 Jun

DISCUS

74.56	Ike Wyludda	GDR	22 Jul
71.86	Gabriele Reinsch	GDR	23 Jun
70.50	Maritza Marten	CUB	4 Mar
68.28	Franka Dietzsch	GDR	23 Jun
68.18	Barbara Echevaria	CUB	19 Feb
68.10	Olga Davydova	URS	12 Feb
66.78	Daniela Costian	ROM	19 Mar



■ Petra Felke

66.36	Tsvetanka Khristova	BUL	14 Jul
66.30	Jana Lauren	GDR	18 Jun
66.28	Irena Meszynski	GDR	22 Jul
66.04	Xuemai Hou	CHI	10 Sep
64.74	Astrid Kumbernuss	GDR	18 Jun
64.18	Svetlana Savchenko	URS	10 Jun
63.56	Antonina Patoka	URS	12 Aug
63.22	Larisa Mikhailchenko	URS	27 May
63.12	Mette Bergman	NOR	27 May
62.92	Lacy Barnes	USA	25 May
62.86	Connie Price	USA	6 May

JAVELIN

76.88	Petra Felke	GDR	5 Sep
71.12	*Trine Solberg	NOR	1 Jul
70.76	Beate Koch	GDR	22 Jun
70.12	Karen Forkel	GDR	26 Aug
69.38	Natalya Shikolenko	URS	25 Feb
66.10	Silke Renk	GDR	29 Aug
65.62	Ivonne Leal	CUB	18 Feb
65.58	Anna Verouli	GRE	15 Aug
65.56	Mariola Dankiewicz	POL	1 Jul
65.54	Heike Galle	GDR	22 Jun
64.94	Brigitte Graune	FRG	2 Jul
64.92	Paivi Alafanti	FIN	11 Jul
64.82	Elizabeth Fernandez	CUB	17 Jun
64.80	Dulce Garcia	CUB	18 Feb
64.78	Laverne Eve	BAH	17 Jun
64.30	Natalya Cherniyenko	URS	11 Jun
64.30	Manuela Alizadeh	FRG	9 Jun
64.16	Tiina Lillak	FIN	29 Jun
63.94	Zsuzsa Malovecz	HUN	17 Jun

* = Disqualified for drug abuse on 5/8/89

HEPTATHLON

7007	Larisa Nikitina	URS	11 Jun
6686	Anke Behmer	GDR	18 Jun
6604	Remigia Nazarovene	URS	11 Jun
6602	Liliane Nastase	ROM	25 Jun
6575	Sabine Braun	FRG	29 Aug
6551	Natalya Shubenkova	URS	11 Jun
6453	Cornelia Heinrich	FRG	18 Jun
6425	Birgit Gautsch	GDR	20 Aug
6361	Elisabeta Anghel	ROM	4 Jun
6361	Heike Tischler	GDR	20 Aug
6347	Marianna Maslennikova	URS	11 Jun
6286	Jane Flemming	AUS	29 Aug
6274	Irina Belova	URS	18 Jun
6247	Birgit Clarius	FRG	18 Jun
6230	Irena Tyukhay	URS	11 Jun
6224	Satu Ruotsalainen	FIN	16 Jul
6192	Maria Scherbina	URS	8 Jul
6187	Svetlana Chistyakova	URS	11 Jun
6179	Petra Vadianeu	ROM	14 May
6158	Tatyana Zhuravleva	URS	20 Aug

Athletics Weekly (ATFS) and Athletics Weekly (ATFS)

JT: 1, Z Malovec (Hun) 60.10; 2, R Shlekh (Ind) 49.16; 3, P Ekka (Ind) 42.52.

■ International Meeting, Tokyo

Men - 100: 1, R De Silva (Br) 10.23; 2, C Smith (US) 10.26; 3, Y Okuyama (Jpn) 10.40.

200: 1, H Kato (Jpn) 21.17; 2, M Yonazawa (Jpn) 21.21; 3, T Oserwa (Jpn) 21.42.

400: 1, J Carlowitz (EG) 44.96; 2, R Hernandez (Cuba) 45.52; 3, M Rowe (US) 45.72.

1500: 1, M Okuyama (Jpn) 3:48.43; 2, Y Arata (Jpn) 3:48.04; 3, H Tatsumi (Jpn) 3:50.14.

110H: 1, R Kingdom (US) 13.28; 2, T Campbell (US) 13.39; 3, O Matsuo (Jpn) 14.25.

400H: 1, T Yasui (Jpn) 50.93; 2, T Kiyokawa (Jpn) 51.21; 3, A Michishita (Jpn) 51.76.

3000: 1, J Karluu (Ken) 8:30.18; 2, G Feli (Can) 8:31.59; 3, K Yamada (Jpn) 8:35.55.

10,000: 1, A Abebe (Eth) 28:00.97; 2, H Urata (Jpn) 28:09.06; 3, T Honda (Jpn) 28:36.65.

HJ: 1, G Avdeyenko (USSR) 2.34; 2, R Povamitsyn (USSR) 2.31; 3, P Sjoberg (Swe) 2.25.

LJ: 1, L Myricks (US) 8.35; 2, V Ratushkov (USSR) 8.08; 3, M Powell (US) 8.00.

TJ: 1, M Conley (US) 17.57; 2, O Sakirkin (USSR) 17.07; 3, V Indzernisev (USSR) 16.82.

PV: 1, R Gataulin (USSR) 5.00; 2, T Bright (US) 5.80; 3, M Tarsov (USSR) 5.70.

SP: 1, R Barnes (US) 21.27; 2, U Timmerman (EG) 21.09; 3, Y Okana (Jpn) 16.45.

DT: 1, J Schull (EG) 65.66; 2, Y Yamazaki (Jpn) 62.68; 3, H Ikeda (Jpn) 49.98.

HT: 1, I Astapovich (USSR) 79.40; 2, V Sidorenko (USSR) 76.34; 3, N

Todoroki (Jpn) 65.36.

JT: 1, E Vilhjalmsen (Ioe) 83.86; 2, V Zaitsev (USSR) 82.69; 3, K Mzgo-guchi (Jpn) 81.30.

Women - 100: 1, E Ashford (US) 11.21; 2, M Finn (US) 11.24; 3, I Sergeeva (USSR) 11.75.

200: 1, G Jackson (Jam) 22.53; 2, S Moeller (EG) 22.79; 3, M Finn (US) 22.92.

400: 1, S Farmer-Patrick (US) 51.81; 2, G Jackson (Jam) 53.01; 3, K Kubota (Jpn) 56.20.

100H: 1, O Adams (Cuba) 13.16; 2, C Akimoto (Jpn) 13.72; 3, N Kobayashi (Jpn) 13.84.

3000: 1, Y Podkopyeva (USSR) 8:56.02; 2, P-S Plumer (US) 8:56.09; 3, L Williams (Can) 9:02.00.

10,000: 1, K Ulrich (EG) 32:34.80; 2, S Lee (Can) 32:42.18; 3, M Ishizaka (Jpn) 32:47.93.

HJ: 1, S Costa (Cuba) 2.00; 2, H Baick (EG) 1.92; 3, T Bykova (USSR) 1.89.

LJ: 1, I Sergeeva (USSR) 6.36; 2, M Isogai (Jpn) 6.06; 3, Y Tanaka (Jpn) 5.93.

SP: 1, N Lisovskaya (USSR) 19.79; 2, I Wyluda (EG) 19.18; 3, N Oninen (Jpn) 13.86.

DT: 1, I Wyluda (EG) 69.22; 2, T Kageyama (Jpn) 45.64.

JT: 1, P Felle (EG) 69.46; 2, Zhang Li (China) 63.24; 3, E Matsui (Jpn) 58.10.

■ Ben Nevis Race, September 2*

Ascent 4406ft - Britain's toughest race.

Men -

1, K Anderson (Amble) 1:27.41; 2, I Ferguson (Bing) 1:31.49; 3, R Whitfield (Bing) 1:32.48; 4, D Rodgers (Loch) 1:35.14; 5, I Holmes (Bing) 1:35.40; 6, R Jamieson (Amble) 1:38.59; 7, D

Davies (CR Hebog-V40) 1:37.18; 8, P Marshall (Hads/E Loth) 1:37.33; 9, S Jackson (Horn) 1:37.37; 10, T Laney (Clay) 1:37.41; 11, P Tuson (Ken) 1:37.47; 12, J Holt (Clay) 1:37.55; 13, J Hay (Warr) 1:38.16; 14, G Moffat (Ken) 1:38.27; 15, S Hicks (Amble) 1:38.53; 57, W Gauld (Cam-V50) 1:49.36.

Teams: 1, Bingley; 2, Ambleside; 3, Clayton-le-Moor.

Women - 1, B Redfern (Cam) 2:03.10; 2, L Hope (Loch) 2:03.59; 3, S Taylor (Hors F) 2:05.39.

Bank of Scotland Women's Athletic League, Monklands Scottish Cup Final, Coatbridge, September 19

Senior Women - 100: 1, A McGilvray (EWM) 12.3; 2, M Baxter (MSL) 12.5.

200: 1, D Kilchen (EWM) 24.7; 2, G McIntyre (MSL) 25.2.

400: 1, G McIntyre (MSL) 55.1; 2, D Flockhart (EWM) 55.4; 3, S Gollan (IH) 59.8.

800: 1, S Gollan (IH) 2:16.6; 2, P Stovell (GAC) 2:22.4.

1500: 1, M Wylie (GAC) 4:48.0; 2, J Wilson (IH) 4:49.0.

3000: 1, E Cochrane (GAC) 10:08.3; 2, J Wilson (IH) 10:14.8.

100H: 1, J Lowe (GAC) 14.6; 2, M McGuinness (MSL) 15.1.

400H: 1, A Brown (EWM) 63.3; 2, I Donaldson (GAC) 63.4; 3, M McGuinness (MSL) 65.3.

HJ: 1, C Henderson (EWM) 1.70; 2, R Pinkerton (GAC) 1.70.

LJ: 1, J Ainslie (EWM) 5.78.

SP: 1, A Rhodie (MSL) 11.61; 2, K Neary (EWM) 11.09; 3, C Cameron (GAC) 10.90.

DT: 1, L Adams (PAAC) 42.50; 2, C Cameron (GAC) 40.78; 3, K Neary (EWM) 39.54; 4, H McLeod (IH) 36.72; 5, D Gaffney (MSL) 33.92.

JT: 1, J Currie (MSL) 39.60; 2, D Sutherland (BHM) 36.52.

4x100: 1, Edinburgh WM 47.7; 2, Glasgow AC 49.4; 3, Monklands Shettleston 49.4.

4x400: 1, Edinburgh WM 3:53.7; 2, Glasgow AC 4:07.4.

Results: 1, Edinburgh WM 111; 2, Glasgow AC 102; 3, Monklands AC 93; 4, Inverness 83; 5, Dundee HH 52; 6, AC Moir Ayre 51; 7, Pitreavie 19.

Juniors - 100: 1, L Kam (GAC) 12.8; 2, L Paterson (AAAC) 13.1.

200: 1, L Paterson (AAAC) 27.0; 2, A Gardin (PAAC) 27.3.

800: 1, I Linaker (PAAC) 2:12.4; 2, C A Boyes (GAC) 2:21.6.

1500: 1, Z Morklem (PAAC) 5:03.0; 2, M Clarkson (AAAC) 5:23.7.

75H: 1, S Gunn (AAAC) 12.0; 2, C Burr (EWM) 12.3; 3, K Dyer (ACMAS) 12.5.

HJ: 1, K Dyer (ACMAS) 1.66; 2, J Reid (KAAC) 1.55.

LJ: 1, L Korr (GAC) 5.46.

SP: 1, L Cunningham (PAAC) 9.43; 2, R Samson (ACMAS) 9.13.

DT: 1, R Sampson (ACMAS) 25.12; 2, L Espie (PAAC) 24.94.

JT: 1, T Hoops (PAAC) 23.70; 2, E McQueen (IH) 23.14.

4x100: 1, Glasgow AC 50.5; 2, Lochgelly 51.3.

Results: 1, Pitreavie 63; 2, Glasgow 60; 3, AC Moir Ayre 59; 4, Aberdeen 57½; 5, Edinburgh WM 56; 6, Lochgelly 44½; 7, Inverness H 35; 8, Kilbarchan 31.

Inters - 100: 1, V Friel (EWM) 12.9; 2, C Hynd (PAAC) 13.2.

200: 1, V Friel (EWM) 26.4; 2, L McDonald (KAAC) 26.8.

400: 1, E Grant (PAAC) 59.0; 2, F Watt (MSL) 59.3; 3, S Carruthers (ACMAS) 59.4; 4, D Swanson (KAAC) 60.3.

800: 1, L Thumire (EWM) 2:26.7; 2, K Fox (MSL) 2:27.3.

1500: 1, J Culhill (GAC) 5:05.5; 2, N L Rooney (MSL) 5:08.0.

80H: 1, C Murphy (GAC) 11.7; 2, S

Richmond (PAC) 12.2; 3, J Sharp (EWM) 12.3.

300: 1, S Wood (EWM) 46.7; 2, D Douglas (IH) 47.1; 3, C Old (GAC) 47.7; 4, S Brown (ACHAS) 48.5; 5, Y Crosswell (PAAC) 48.9.

HJ: 1, L Gordon (GAC) 1.65; 2, S Richmond (PAAC) 1.60; 3, H Harlot (EWM) 1.55; 4, H Sinclair 1.55.

LJ: S Wood (EWM) 5.20.

SP: 1, T Shorts (KAAC) 9.41; 2, S McKenzie (IH) 9.09.

DT: 1, T Shorts (KAAC) 28.44; 2, P Briggs (EWM) 28.08.

JT: 1, E Grant (PAAC) 32.96; 2, J Ablett (EWM) 32.54.

4x100: 1, Edinburgh WM 49.5; 2, Pitreavie AAC 50.5; 3, Glasgow AC 51.0; 4, Monklands SH 51.5; 5, Kilbarchan 51.9.

Points results: Edinburgh WM 95; 2, Pitreavie AAC 73; 3, Glasgow AC 70; 4, Monklands SH 57; 5, Inverness H 56; 6, Kilbarchan 53; 7, AC Moir Ayre 40; 8, Dundee HH 36.

Girls -

100: 1, F Lumsden (AAAC) 13.7; 2, J Reid (GAC) 13.9.

200: 1, J Reid (GAC) 28.4; 2, E Hunter (EWM) 28.4.

800: 1, H Brooks (ACMAS) 2:30.8; 2, L Dow (PAC) 2:32.4.

70H: 1, H Brooks (ACMAS) 12.1; 2, N Adams (ESPC) 12.1; 3, S Moxey (EWM) 12.3.

HJ: 1, K Philip (AAAC) 1.31; 2, D Lapsley (PAAC) 1.31.

SP: 1, E Gardin (PAAC) 9.97; 2, K Wright (GAC) 8.35.

DT: 1, E Gardin (PAAC) 30.54; 2, L Thomson (EWM) 28.82.

LJ: 1, D Quirie (AAAC) 4.51; 2, M McLeilan (ACMAS) 4.30.

JT: 1, L Thomson (EWM) 25.62; 2, V Clark (TAC) 22.84.

4x100: 1, Aberdeen 55.0; 2, Edinburgh 55.4.

Results: 1, Aberdeen 60; 2, Edinburgh 51½; 3, AC Moir Ayre 50; 4, Pitreavie 48; 5, ESPC 47½; 6, Glasgow 40; 7, Minolta 34; 8, Tayside 26.

ATHLETICS WEEKLY

RESULTS SERVICE

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