

# The Spa

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# The Spa at Encore



**Experience** the Forbes Travel Guide Five-Star Award-winning spa at Encore. The stunningly-designed space features designer treatment rooms, garden suites, couples' rooms and is worlds apart from the ordinary. As you are led through the dramatic grand corridor to the treatment rooms, you will feel how The Spa's opulent environment relaxes the mind as the expert massage and facial techniques relax the body.

# Classic Massage Therapies

#### **Custom Massage**

Traditional Swedish or Deep Tissue techniques are personally tailored to suit your individual needs.

#### **Aromatherapy Massage**

Personalize your own sensory experience by selecting one of our highly therapeutic oil blends to be expertly massaged into the body. A profoundly relaxing journey.

#### Head, Hands, and Feet Renewal\*

Rejuvenate with this hydrating massage that specifically targets the neck, scalp, hands and feet.

#### **Body Polish**

A 30-minute enhancement to any massage.

An invigorating exfoliation smooths and revives dull, dehydrated skin, while the finest hydrating ingredients restore moisture.

#### **Nalu Scalp Treatment\***

A 30-minute enhancement to any massage.

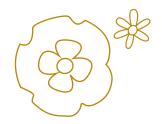
Deeply relax as a gentle wave of warm, nourishing coconut oil descends across the forehead and is slowly massaged into the hair and scalp.

#### **Massage Enhancements**

We offer a variety of enhancements to complement your massage experience.

Choose up to two enhancements for any 50-minute service, and three enhancements for any 80 or 100-minute service.

CBD Serenity, Skin Smoother, Body Melt, Hot Stone Relaxer, Cooling Aloe, Revive Eyes, Warm Oil Scalp Treatment or Dry Feet Relief



# Specialty Massage Therapies

#### **CBD** Massage

Traditional Swedish or Deep Tissue techniques with the added therapeutic benefits of CBD. This holistic approach relieves stress, calms the nervous system, alleviates pain and is personally tailored to suit your individual needs.

#### Nalu Body Massage

Designed to flow like a wave, this massage is a unique blend of Hawaiian Lomi Lomi techniques. Long, flowing forearm routines run the entire length of the body and are combined with calming, gentle compressions. Unwind with the scents and sensations of the islands.

#### **Desert Stone Massage**

Melt away tension and stress as slow, carefully orchestrated massage techniques allow a continuous flow of heat to infuse the body and impart a deep sense of relaxation.

#### **Thai Oil Fusion Massage**

A combination of Thai stretching and Thai-influenced Deep Tissue massage delivers energizing results and increased range of motion. Perfect for active guests and those who enjoy deeper, more therapeutic work.

#### **Expectant Mother Massage**

Treat the mother-to-be with our gentle, soothing massage lovingly composed for those expecting. 80 minute version includes a relaxing face massage and foot scrub.

\*Additional body services appropriate for expectant mothers also indicated with an asterisk.

#### Four Hands Massage

Indulge in a massage performed by two synchronized therapists using rich oils that lull the body into a deep state of relaxation. With so much simultaneous work, this sis simply our most extravagant and effective relaxation massage.

#### In Room Massage

For the ultimate in relaxation we'll bring the spa to you. Enjoy our massages in the comfort and privacy of your suite, villa, or guest room.



Enjoy any of our massage therapies side-by-side in our tranquil Couple's Suite.

Extend your Couple's Suite time for an additional 30 minutes with an aromatic couple's bath.

#### **Couple's Good Luck Ritual**

Double your luck by luxuriating in our original custom massage and body treatment. Designed to promote happiness, luck and prosperity, this treatment combines a Custom Massage, invigorating peppermint foot treatment, ultra-moisturizing hand therapy, and a relaxing botanical scalp massage.

#### **Couple's Retreat**

Perfect for romantic couples, this service begins with an aromatic couple's bath paired with a Body Polish and steam shower. Completed with a hydrating aromatic Custom Massage.

#### **Couple's Encore Escape**

Run away together from the stress of life for a short while. Our ultimate indulgence for couples combines the best techniques from all over the world to leave you detoxified, hydrated, and deeply relaxed.





### Exclusives

#### **Encore Foot Surrender**

Restore vitality with our collection of healing techniques designed to specifically revive tired, achy feet by incorporating the use of steamed herbal poultices, reflex point therapy and a cooling peppermint foot treatment.

#### **Encore Escape**

Experience a mélange of the world's best massage techniques and escape to an experience that is simply out of this world. Detoxify with herbal infused poultices and select Thai stretches. Relax with the warmth of heated stones and the rocking and rolling of Lomi Lomi techniques. Hydrate with a warm cocooning wrap while receiving a scalp massage with Shirodhara oils.

#### **Bodhi Massage and Visualization**

Be still and indulge yourself in pure tranquility with this beautiful combination of mindful, guided meditation and relaxing massage, designed to gently open and balance the body's seven main energy centers or Chakras. This unique wellness experience places an intense focus on physical and spiritual well-being.

#### **Nalu Body Ritual**

The nurturing waves of this Polynesian fusion massage, body exfoliation and coconut oil scalp treatment will allow you to let go and deeply relax with the scents and sensations of the islands.

#### **Fire and Ice Stone Massage**

Reduce inflammation, alleviate pain and invigorate the body with a revitalizing contrast of hot and cool stones.

#### **Good Luck Ritual**

Our time honored signature treatment is based on the five Chinese elements and is designed to promote happiness, luck and prosperity. Combines a Custom Massage, invigorating peppermint foot treatment, ultra-moisturizing hand therapy, and relaxing botanical scalp treatment.

#### **Deep Muscle Renewal**

Sink into complete relaxation during a full body, deep tissue massage using analgesic and anti-inflammatory massage oils and restorative magnesium that address chronic aches and pains. Contrasting hot and cold therapy relieve inflammation and assist in muscle recovery.

#### **Journey to Euphoria**

Fade into the deepest state of opulent relaxation as two therapists compose a synchronized massage combining exotic, aromatic oils, warm stones and indulgent focus on the head and feet. The ultimate tandem body exfoliation and hydration concludes your journey.



# **Body Treatments**

#### **Moroccan Mud Wrap**

Bask in the essence of ancient Morocco as a detoxifying wrap envelopes the body in Rhassoul clay preceded by a revitalizing dry brushing. A generous application of warm Moroccan mint and tangerine argan oil best known for its anti-aging properties also helps condition and restore the body and scalp.

#### **Aromatherapy Body Restoration**

Exquisitely refined sea salts are custom blended with your choice of aromatherapy oil to boldly exfoliate the body and refresh the mind. Luxuriant moisturizers are artfully applied that deeply hydrate and repair dry skin. 100-minute version includes our Aromatherapy Massage.

#### **Nalu Body Treatment**

Discover the nourishing benefits of coconut as rhythmic Lomi Lomi techniques exfoliate and hydrate the body. Recommended for sensitive skin.

#### **Diamond Rose Body Renewal**

Lift the veil of dullness, revealing renewed, supple and vibrant skin with this exquisite body ritual. A delicate diamond dust and Moroccan Damask Rose are carefully balanced to both deeply cleanse and replenish the skin while leaving you with an iridescent glow.

#### **Mediterranean Body Wrap**

Experience the richness of the Mediterranean with the delicate scents and textures of crushed Olive Stone and Grapeseed, while Aloe Vera and Peppermint cool, nourish and repair sun drenched, devitalized skin. An express facial is included in the 80-minute service.

#### **Citrus Souffle Body and Facial Treatment**

Indulge in an unforgettable sensory experience for the face and body, with aromatic notes of tangerine, mandarin, and grapefruit. Purify, revitalize and restore silkiness to the skin with an invigorating citrus quartz scrub and a sumptuous envelopment of whipped vitamin C souffle.

#### **Bacial Back Treatment**

A purifying treatment for the often neglected area of your back, this treatment includes a gentle exfoliation, extractions, and a specialized mask to draw out impurities and encourage healthy blemish free skin.

#### **Master Airbrush Tanning**

Enjoy a truly transformative service that will not only leave your skin with a healthy, golden glow, but will surely brighten your mood as well. A custom tailored spray tan with your signature color blended right before your eyes. Genuine contouring and muscle sculpting is included with the service, with your choice of traditional or express formula.

#### **Ultimate Tan**

The ultimate luxury tanning experience. A Master Airbrush Tan with the added benefits of a pre-spray skin prep and post-tan moisture lock treatment that considerably extends the lifespan of your tan.

# Facials

#### **Classic Facial**

This introductory facial is the essence of good skin care. Your treatment includes cleansing, steaming, exfoliation, extractions, a light facial massage, an individualized mask to repair and revitalize your skin.

#### **Deep Pore Cleansing Facial**

Purify and balance oily and acne prone skin with this deep cleansing facial that focuses on removing impurities from the pores to help prevent breakouts and congestion.

#### **Gentlemen's Facial**

Designed with the gentleman in mind, this deep cleansing facial exfoliates the skin using enzymes to assist with the removal of surface impurities improving skins tone and texture. Shaving is not recommended less than three hours prior to your facial.

#### Vitamin C Facial

Specifically designed to address environmentally stressed skin, this results driven treatment delivers brightening and clarity using a powerful blend of skin illuminating botanicals.

#### **Vitality Facial**

Restore your youthful glow with this highly stimulating treatment. Intended to create oxygenation, blood flow and circulation, your skin will be left detoxified, hydrated and silky smooth.

#### **HydraFacial**

Hydration is the foundation of healthy and vibrant skin. This results driven treatment is designed to remove dead skin cells and painlessly extract impurities while simultaneously infusing the skin with cleansing, hydrating and moisturizing agents.

#### **Oxygen Infused Facial**

Breathe new life into your skin. Oxygen is used to infuse vitamins, powerful antioxidants and hyaluronic acid resulting in an immediate boost to dull, dehydrated skin.

#### **The Ultimate Facial**

An innovative combination of HydraFacial and Intraceuticals Oxygen Facials, this multi-step resurfacing treatment simultaneously cleanses and exfoliates, while the oxygen bathes the skin with hydrating and moisturizing serums. A deliberate layering technique reduces puffiness and edema while hyaluronic acid aims to hydrate and firm.

#### **Facial Enhancements**

We offer a wide range of enhancements to supplement your facial treatment. Consult with your esthetician during the facial for customized results and pricing.

As an enhancement to any facial, brighten and firm around your eyes or hydrate and plump your lips with a HydraFacial Perk Eye or Lip Treatment.

#### Waxing

A full range of depilatory services are offered and can be performed during the facial if time permits, or scheduled separately. Please inquire at the spa for more information on waxing services.





# **Fitness Services**

#### **Personal Training**

Our fitness professionals can design a personalized program to fit your individual needs.

#### **In-Room Personal Training**

Enjoy a workout in the comfort and privacy of your own suite, villa or guest room.

#### **Fitness Classes**

Please inquire about our scheduled fitness classes.

The fitness center is an adult facility and appropriate for guests 18 years of age and over.

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Closed-toe athletic shoes and fitness apparel required.

# Spa Etiquette

#### **Arrival Guidelines**

Please arrive 30 minutes prior to the start of your scheduled appointment to allow yourself time to shower and use the lounge, sauna, steam room and whirlpool. Late arrivals will be subject to reduced treatment times.

#### **Minimum Age**

The Spa and Fitness Center are adult facilities and appropriate for guests 18 years of age and older.

#### **Facility Fee**

Use of The Spa and Fitness Center requires a daily fee. For those with a reserved spa treatment or in-room massage, there are no additional charges for spa facility use on the day of service.

#### What to Wear

Robes and slippers are provided for your convenience. Professional draping is performed throughout your treatment.

#### Decorum

For the safety and security of our guests and employees, professional and appropriate behavior must be exhibited by all persons at all times.

#### **Medical Concerns and Comfort Level**

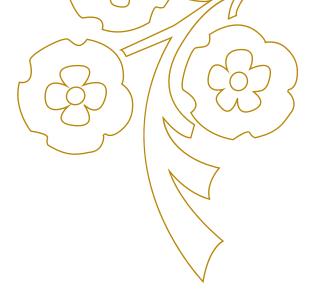
Guests who are pregnant, have had recent surgery or have any other medical concerns are advised to consult their physician before booking spa services.

#### Cell Phones, Personal Electronic Devices and Cameras

We strive to provide our guests with a tranquil and private escape from the outside world. Please help us by turning off cell phones, personal electronic devices, and cameras upon entering The Spa.

#### Cancellations

As a courtesy to all, we ask that a six-hour notice be given if you need to cancel or change your appointment. For a cancellation with less than a six-hour notification, guests will be charged 50 percent of the treatment fee. For no-show appointments, the full treatment fee will be charged.



## The Spa at Encore Price List

Classic Massage Therapies	Monday-Thursday	Friday-Sunday & Holidays
Custom Massage 50 / 80 / 100 Minutes	\$195/290/385	\$210/305/400
Aromatherapy <b>50 / 80 / 100 Minutes</b>	\$210/305/400	\$225/320/415
Head, Hands and Feet Renewal* <b>50 Minutes</b>	\$195	\$210
Body Polish <b>30 minutes</b>	\$115	\$130
Nalu Scalp Treatment* 30 minutes	\$115	\$130
Massage Enhancements CBD Serenity, Skin Smoother, Bo Hot Stone Relaxer, Cooling Aloe, Revive Eyes, Warm Oil Scalp Treatment, Dry Feet Relief	dy Melt, \$30 Each	\$30 Each
Specialty Massage Therapies		
CBD Massage 50/80/100 Minutes	\$225 / 320 / 415	\$240/335/430
Nalu Body Massage <b>75 Minutes</b>	\$310	\$325
Desert Stone Massage <b>75 / 100 Minutes</b>	\$295/390	\$310/405
Thai Oil Fusion Massage <b>80 / 100 Minutes</b>	\$305/400	\$320/415
Expectant Mother Massage <b>50 / 80 Minutes</b>	\$195/300	\$210/315
Four Hands Massage 50 / 80 / 100 Minutes	\$385/615/775	\$400/630/790
In-Room Services		
Custom Massage 60 / 90 / 110 Minutes	\$290/385/485	\$305/400/500
Thai Oil Fusion <b>90 / 110 Minutes</b>	\$400/500	\$415/515
Four Hands Massage <b>60 / 90 Minutes</b>	\$615/815	\$630/830
Aromatherapy Massage 60 / 90 / 110 Minutes	\$305/400/500	\$320/415/515
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Couple's Rituals	Monday-Thursday	Friday–Sunday & Holidays
Couple's Good Luck Ritual <b>80 / 100 Minutes</b>	\$710/900	\$740/930
Couple's Retreat 130 Minutes	\$1070	\$1100
Couple's Encore Escape 105/130 Minutes	\$900/1090	\$930/1120

Enjoy our massage therapies side-by-side in our tranquil Couple's Suites for an upgrade of \$30 per person.

#### Exclusives

Encore Foot Surrender 50 Minutes	\$200	\$215
Encore Escape 105/130 Minutes	\$420/515	\$435/530
Bodhi Massage and Visualization 105 Minutes	\$410	\$425
Nalu Body Ritual 1 <b>05 / 130 Minutes</b>	\$415/510	\$430/525
Fire and Ice Stone Massage <b>75 / 100 Minutes</b>	\$295/390	\$310/405
Good Luck Ritual <b>80 / 100 Minutes</b>	\$325/420	\$340/435
Deep Muscle Renewal <b>80 / 130 Minutes</b>	\$310/505	\$325/520
Journey to Euphoria 105 Minutes	\$815	\$830

#### **Fitness Services**

Personal Training 30/60 Minutes	\$75/100	\$90/115
In-Room Personal Training 60 minutes	\$175	\$190



Body Treatments	Monday-Thursday	Friday-Sunday & Holidays
Moroccan Mud Wrap 80 / 100 minutes	\$310 / 400	\$325/415
Aromatherapy Body Restoration <b>50 / 100 Minutes</b>	\$225/420	\$240/435
Nalu Body Treatment <b>50 minutes</b>	\$210	\$225
Diamond Rose Body Renewal <b>80 minutes</b>	\$310	\$325
Mediterranean Body Wrap <b>80 minutes</b>	\$305	\$320
Citrus Souffle Body and Facial Trea 105 minutes	tment <b>\$400</b>	\$415
Bacial Back Treatment <b>50 Minutes</b>	\$225	\$240
Master Airbrush Tanning <b>25 Minutes</b>	\$150	\$165
Ultimate Tan <b>25 Minutes</b>	\$200	\$215
Facials		
Classic Facial		

Classic Facial <b>50 Minutes</b>	\$195	\$210
Deep Pore Cleansing Facial <b>50 /80 Minutes</b>	\$215/305	\$230/320
Gentlemen's Facial <b>50 Minutes</b>	\$210	\$225
Vitamin C Facial <b>50 Minutes</b>	\$225	\$240
Vitality Facial 80 Minutes	\$330	\$345
Hydrafacial <b>50 / 80 Minutes</b>	\$290/385	\$305/400
Oxygen Infused Facial <b>50 / 80 Minutes</b>	\$275/380	\$290/395
The Ultimate Facial <b>80 Minutes</b>	\$415	\$430
<b>HydraFacial Perk Enhancement</b> Perk Eye Treatment Perk Lip Treatment Perk Eye & Lip Treatment	\$65 \$65 \$120	\$65 \$65 \$120

Consult with your esthetician for other available enhancements to customize your facial experience.



