

When you feel alone ~

Genesis 28:15 I am with you and will watch over you wherever you go, and I will bring you back to this land. I will not leave you until I have done what I have promised you.”

Exodus 33:14 The LORD replied, “My Presence will go with you, and I will give you rest.”

Deuteronomy 7:21 Do not be terrified by them, for the LORD your God, who is among you, is a great and awesome God.

Deuteronomy 31:6 Be strong and courageous. Do not be afraid or terrified because of them, for the LORD your God goes with you; he will never leave you nor forsake you.”

Psalm 33:13-15 From heaven the LORD looks down and *sees all mankind*; from his dwelling place he watches all who live on earth—he who forms the hearts of all, who considers everything they do.

Psalm 34:7 The angel of the LORD encamps around those who fear him, and he delivers them.

Psalm 34:18 The LORD is close to the brokenhearted and saves those who are crushed in spirit.

Psalm 40:1-2 I waited patiently for the LORD; he turned to me and heard my cry. He lifted me out of the slimy pit, out of the mud and mire; he set my feet on a rock and gave me a firm place to stand.

Psalm 46:7 The LORD Almighty is with us; the God of Jacob is our fortress.

Psalm 73:23 Yet I am always with you; you hold me by my right hand.

Psalm 86:7 When I am in distress, I call to you, because you answer me.

Psalm 100:5 For the LORD is good and his love endures forever; his faithfulness continues through all generations.

Psalm 103:17 But from everlasting to everlasting the LORD’s love is with those who fear him, and his righteousness with their children’s children.

Psalm 139:2 You know when I sit and when I rise; you perceive my thoughts from afar.

Isaiah 40:11 He tends his flock like a shepherd: He gathers the lambs in his arms and carries them close to his heart; he gently leads those that have young.

Zephaniah 3:17 The LORD your God is with you, the Mighty Warrior who saves. He will take great delight in you; in his love he will no longer rebuke you, but will rejoice over you with singing.

Matthew 28:20 and teaching them to obey everything I have commanded you. And surely I am with you always, to the very end of the age.

Romans 8:31-32 What, then, shall we say in response to these things? If God is for us, who can be against us? He who did not spare his own Son, but gave him up for us all—how will he not also, along with him, graciously give us all things?

Romans 8:37-39 No, in all these things we are more than conquerors through him who loved us. For I am convinced that neither death nor life, neither angels nor demons, neither the present nor the future, nor any powers, neither height nor depth, nor anything else in all creation, will be able to separate us from the love of God that is in Christ Jesus our Lord.

Hebrews 13:5b-6 “Never will I leave you; never will I forsake you.” So we say with confidence, “The Lord is my helper; I will not be afraid. What can mere mortals do to me?”

When you feel afraid ~ When you need peace ~

Numbers 6:24-26 The LORD bless you and keep you; the LORD make his face shine on you and be gracious to you; the LORD turn his face toward you and give you peace.

Psalms 4:1 Answer me when I call to you, my righteous God. Give me relief from my distress; have mercy on me and hear my prayer.

Psalms 4:8 In peace I will lie down and sleep, for you alone, LORD, make me dwell in safety.

Psalms 20:7 Some trust in chariots and some in horses, but we trust in the name of the LORD our God.

Psalms 56:3 When I am afraid, I put my trust in you.

Psalms 138:7 Though I walk in the midst of trouble, you preserve my life. You stretch out your hand against the anger of my foes; with your right hand you save me.

Isaiah 26:3 You will keep the mind that is dependent on You in perfect peace, for it is trusting in You.

Isaiah 41:13 For I am the LORD your God who takes hold of your right hand and says to you, Do not fear; I will help you.

Mark 4:37-39 A furious squall came up, and the waves broke over the boat, so that it was nearly swamped. Jesus was in the stern, sleeping on a cushion. The disciples woke him and said to him, “Teacher, don’t you care if we drown?” He got up, rebuked the wind and said to the waves, “Quiet! Be still!” Then the wind died down and it was completely calm.

John 10:10 The thief comes only to steal and kill and destroy; I have come that they may have life, and have it to the full.

John 14:27 Peace I leave with you; my peace I give you. I do not give to you as the world gives. Do not let your hearts be troubled and do not be afraid.

John 16:33 “I have told you these things, so that in me you may have peace. In this world you will have trouble. But take heart! I have overcome the world.”

Ephesians 2:14 For he himself is our peace, who has made the two groups one and has destroyed the barrier, the dividing wall of hostility,

Philippians 4:6-7 Do not be anxious about anything, but in every situation, by prayer and petition, with thanksgiving, present your requests to God. And the peace of God, which transcends all understanding, will guard your hearts and your minds in Christ Jesus.

Philippians 4:9 Whatever you have learned or received or heard from me, or seen in me—put it into practice. *And the God of peace will be with you.*

Colossians 3:15 Let the peace of Christ rule in your hearts, since as members of one body you were called to peace. And be thankful.

When you feel weak ~ When you need strength ~

1 Chronicles 16:11 Look to the LORD and his strength; seek his face always.

Psalm 28:7 The LORD is my strength and my shield; my heart trusts in him, and he helps me. My heart leaps for joy, and with my song I praise him.

Psalm 37:39-40 The salvation of the righteous comes from the LORD; he is their stronghold in time of trouble. The LORD helps them and delivers them; he delivers them from the wicked and saves them, because they take refuge in him.

Psalm 46:1 God is our refuge and strength, an ever-present help in trouble.

Psalm 46:7 The LORD Almighty is with us; the God of Jacob is our fortress.

Psalm 50:15 Call on me in the day of trouble; I will deliver you, and you will honor me.

Psalm 55:22 Cast your cares on the LORD and he will sustain you; he will never let the righteous be shaken.

Psalm 68:19 Praise be to the Lord, to God our Savior, who daily bears our burdens.

Psalm 119:28 My soul is weary with sorrow; strengthen me according to your word.

Psalm 121:5-8 The LORD watches over you—the LORD is your shade at your right hand; the sun will not harm you by day, nor the moon by night. The LORD will keep you from all harm—he will watch over your life; the LORD will watch over your coming and going both now and forevermore.

Isaiah 35:4 say to those with fearful hearts, “Be strong, do not fear; your God will come, he will come with vengeance; with divine retribution he will come to save you.”

Isaiah 40:29 He gives strength to the weary and increases the power of the weak.

Isaiah 41:10 So do not fear, for I am with you; do not be dismayed, for I am your God. I will strengthen you and help you; I will uphold you with my righteous right hand.

Isaiah 43:2 When you pass through the waters, I will be with you; and when you pass through the rivers, they will not sweep over you. When you walk through the fire, you will not be burned; the flames will not set you ablaze.

Jeremiah 10:6 No one is like you, LORD; you are great, and your name is mighty in power.

Matthew 11:28 “Come to me, all you who are weary and burdened, and I will give you rest.”

Ephesians 3:16 I pray that out of his glorious riches he may strengthen you with power through his Spirit in your inner being,

2 Thessalonians 3:3 But the Lord is faithful, and he will strengthen you and protect you from the evil one.

When you're hurting and need comfort ~ When you need hope ~

2 Corinthians 1:3-4 Praise be to the God and Father of our Lord Jesus Christ, *the Father of compassion and the God of all comfort, who comforts us in all our troubles*, so that we can comfort those in any trouble with the comfort we ourselves receive from God.

2 Corinthians 1:10 He has delivered us from such a deadly peril, and he will deliver us again. On him we have set our hope that he will continue to deliver us.

2 Corinthians 7:6 But God, who comforts the downcast, comforted us by the coming of Titus.

Ephesians 1:18 I pray that the eyes of your heart may be enlightened in order that you may *know the hope* to which he has called you, the riches of his glorious inheritance in his holy people.

When you don't know where to turn, remember God has a plan ~

Psalms 139:16 Your eyes saw my unformed body; all the days ordained for me were written in your book before one of them came to be.

Jeremiah 29:11 “For I know the plans I have for you,” declares the Lord, “plans to prosper you and not to harm you, plans to give you hope and a future.”

Proverbs 3:5-6 Trust in the Lord with all your heart, and do not rely on your own understanding; think about Him in all your ways, and He will guide you on the right paths.