

USDA Commodities Wednesday, 10:00 A.M. May 26 June TBA

A 2021 commodities card is required. **Everyone must recertify.** Proof of income for everyone in the household. Must be a Finney County Resident.

> Finney County Committee on Aging, Inc. 907 North Tenth Street Garden City, Kansas 67846 Change Service Requested

PLEASE JOIN US Senior's Voice Committee. Wednesday, May 26, 11:30 AM. We will plan activities for July & August

> NON-PROFIT **BULK RATE** U.S. POSTAGE PAID PERMIT NO. 34 GARDEN CITY, KS.



Senior Center 620-272-3620

ACTIVITIES AT A GLANCE

May

3rd- 12:45 P.M. Kentucky Derby Fun 5th-5:30 P.M. Walking Taco Supper (Free Will donation) 6th- 10:30 A.M. BINGO. Cost for each card \$1.00. NO Limit on Cards 7th– 1:00 P.M.Mother's Day Fun 6:00 P.M. Association Supper 10th- 12:45 P.M. Silver Brushes** 19th-1:30 P.M. FCCA Meeting 21st- 11:30 A.M. Music by Al Miller 25th-8:30 A.M. Breakfast** 26th-10:00 A.M. Commodities 11:30 A.M. Senior Voice Committee 28th-12:15 P.M. Patriotic Sundae





Monday, May 31 **Senior Center and Finney Co. Transit** Closed



May /June 2021

Finney County Committee on Aging, Inc.

Transit 620-272-3626

RSVP 620-275-5566

June

3rd- 10:30 AM. BINGO. Cost for each card \$1.00. NO Limit on Cards 4th- 6:00 P.M. Association Supper Covered Dish 9th-12:15 P.M. Chocolate Ice Cream Day 14th-1:00 P.M. Quilts of Valor Presentation 16th-1:30 P.M. FCCA Meeting 18th-11:30 A.M. Music by Al Miller 12:15 P.M. Dad's Root Beer Floats 21st- 12:45 P.M. Silver Brushes** 22nd-12:30 P.M. Leap into Summer Party Followed with Watermelon

29th-8:30 A.M. Breakfast**







The mission of Quilts of Valor Foundation is to cover service members and veterans touched by war with comforting and healing Quilts of Valor.

Join us for a Quilts of Valor Prestation June 14 1:00 P.M.

Silver Brushes

Silver Brushes is a painting group that meets once a month. We are trying different types of painting and different objects to paint on. Join us for a fun filled activity. There is **limited seating**, so get signed up with Della.

> 12:45 P.M. Monday, May 10th 12:45 P.M. Monday June 21st

Free will donation appreciated.



Senior Citizens Association

Please join us on the first Friday of every month at 6:00 P.M. for the Association supper and meeting.

May 7th-Covered Dish

Bring something tasty to share. Entertainment by Ortiz Band

June 4th– Covered Dish Bring something tasty to share. Entertainment by Old Time Country



Oh Drummit



We are having a BLAST with our NEW exercise class,

Cardio Drumming. We ordered more exercise balls so more of you can join in the fun.

Every Tuesday and Thursday at 5:15P.M.

Call Della to reserve your spot.







Join us for



Biscuit/Gravy Breakfast

8:30-9:30 A.M.

Tuesday, May 25

Please sign up with Della

Finney County Committee on Aging

Our monthly board meetings are held the third Wednesday of each month at 1:30 P.M. in the Senior Center Meeting Room. May 19th at 1:30 **June 16th at 1:30** Meetings are open

to the public.

Rise and Shine

Join us for a

Waffle Breakfast

8:30-9:30 A.M.



Tuesday, June 29

Please sign up with Della

Free will donation appreciated.



Friendship Meals

May 2021

Sat	1	ω	15	23	29	lose under 60.
Fri		Beef Stew 7 Biscuit Cole Slaw Fruit	BBQ Riblet on a Bun 14 Scalloped Potatoes Peas Fruit	Beef Broccoli Stir Fry 21 over White Rice Breadstick Chocolate Brownie	Tater Tot 28 Casserole Carrots Garlic Bread Stick Oreo Cookie	those 60 and older and 5.75 charge per meal is mandatory for those under 60.
Thu		BBQ Pork Loin 6 Scalloped Potatoes Corn Pudding	General Tso's 13 Chicken Fried Rice Egg Roll Orange Sherbet	Sloppy Joe on 20 Bun Au Gratin Potatoes Sliced Carrots Fresh Orange	Chicken /Noodles 27 Mashed Potatoes Green Beans Fruit	<mark>75 charge per mea</mark>
Wed		Chicken Tenders 5 Mashed Potatoes Gravy Broccoli Cookie	Swedish Meatball 12 Egg Noodles Mixed Vegetables Oreo Cookie	Roasted Turkey 19 Breast Mashed Potatoes Gravy Green Beans Ice Cream	Homemade Vegetable 26 Soup Ham, Bacon & Cheddar Cheese Sandwich Celery Sticks with Peanut Butter Orange Sherbet	60 and older and 5.
Tue		Baked Ham with 4 Pineapple Slice Candied Sweet Potatoes Green Beans Fruit	Homemade Chicken 11 Noodle Soup, Crackers Swiss Cheeseburger on Bun Celery /Peanut Butter Pudding	Connie's Homemade 18 Chili /Crackers Cornbread Muffin Baby Carrots/Ranch Dressing	Chicken Fajita with 25 Grilled Peppers and Onions , Tortilla Salsa & Sour Cream Spanish Rice Refried Beans Fruit	
Mon		Goulash 3 Cauliflower & Cheese Sauce Garlic Bread Stick Fruit	Salisbury Steak 10 Mashed Potatoes Gravy Carrots Fruit	Chicken Fried Steak 17 Mashed Potatoes Gravy Corn Fruit	BBQ Shredded 24 Pork on Bun Scalloped Potatoes Peas Grandma's Cookie	31 CLOSED MEMORIAL DAY 3.50 suggested donation for
	IF YOU DON'T WANT	A MEAL PUT AN <u>X</u> OVER THAT DAY. IF YOU WANT MORE THAN 1 MEAL PUT THE AMOUNT OF	MEALS BY THE MEAL YOU DO WANT.	<u>ي</u>		subject to cnange.









































Moving On with Shari :



Shari Campbell Executive Director

Moving on with Shari We are smack in the middle of spring and daylight savings time. One I like a lot and the other not so much. Although spring did kind of take its own spring break the week of April 19, leaving us 2-3" of snow. The tulips were all closed up and still peaking their blossoms up and out of the snow. They were a beautiful array of yellows, reds and oranges.

We are still being cautious and using our common sense as it relates to the COVID-19 pandemic. We do have a lot of activities and daily meals for eat-in or for takeout. Just give us a call a couple of days in ad-

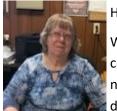
vance to reserve your meal(s). The menu for May is in this newsletter and the June menu will be available around May 20th. Don't forget that Finney County Transit is still offering free bus rides through June 30, 2021. Catch a ride on City Link. We have a new Assistant Director at Transit, Abby Powell. Many of you know Abby, as she has been a dispatcher and driver for us for the past several years.

I promise you fun times and a caring staff at the Senior Center and at Transit, too.

There is a lot to look forward to in May and June: May Day, Mother's Day, Father's Day and Flag Day to name a few special events and activities we are hosting. We hope to get the wheels on our Senior Center bus going round and round again this spring - let us know your ideas for local and regional trips. I'm looking for a date in later May and/or June to head to the casino in Dodge City. Watch for announcements in the Senior Showcase in the GC Telegram and on Facebook and on signs posted around the Senior Center. As soon as it is safe (weather & COVID), we will head on out to our first 2021 adventure. Preference on reservations will be given to those who are fully vaccinated from COVID-19

Opportunity awaits you at the Finney County Senior Center; come join us and bring a friend along, too. I will be posting this newsletter and the May menu on our website at http://www.finneycountyseniorcenter.org

We are also pretty active on Facebook: Senior Center of Finney County. Check us out online for the latest news and any changes to the calendar.



Hello from Della's Delightful Details: Spring time is here. Now it is time to start the yard work. Yea.

We will be having commodities on May 26th. Everyone needs a **2021** commodities card to receive commodities. I got word that we will have commodities every month until the end of the year. You will need to call in on Monday, the 24th, or Tuesday, the 25th, by 4:00 p.m. before I pass out on Wednesday the 26th, to get your name on the list, and please talk to me. If I'm not in leave a message and I

will get back with you.



Making Seniors Happy

Patti Thummel Activities Director/Meals on Wheels Director

In April we took the time to thank our many volunteers we have at the Senior Center. Each and everyone of you is a vital link for our day to day operation. We have volunteers that clean tables, answer phones, help with commodities, are board members or work on different committees, work in the craft shop, deliver Meals on Wheels, fold newsletters, pull weeds, repair items, decorate, calls bingo,

schedules entertainment, helps with taxes or Medicare. Just to name a few. We see what YOU do and we appreciate YOU. Thank You, Thank You!!

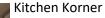
Is volunteering for you? Talk to Marty or Annette in RSVP, they can find a volunteer project that you're sure to love.

Delivering Meals on Wheels in May & June –THANK YOU!!

RSVP (May and June) First United Methodist Church Chamber Ambassadors Presbyterian Church



Lewis, Hooper and Dick **Trinity Lutheran Church** Church of the Nazarene Route #7 Duane Riley (everyday)



Leslie McCue-Nutrition Site Mgr.



We are steadily increasing in numbers for our Friendship Meals both in the center and the to-go meals. Our count has increased to about 52 on an average day. It is nice to see our friends back in the center once again not only for meals but other activities as well.

Anyone interested in our meal plan either for pick-up or to come in and eat at the center please come talk to me or call at 620-272-3620 and I will be glad to explain how it works. There are menus listed in the newsletter.

I would also like to thank those who have given donations to the program. It sure helps with the costs to either donate food items needed or a cash donation we use for to-go trays or other items.

Give me a call to order a meal and try one out. There is a suggested donation of only \$3.50 for a good, healthy meal for anyone that is 60 years old or older. Anyone under 60 the meal will cost a mandatory \$5.75 per meal. I don't think there is any other place that a full meal costs any less.



Rhonda Everett **Finney County Transit Director** Finney County Committee on Aging, Inc. 1008 N 11th Street Garden City, KS 67846



Finney County Transit will be CLOSED Monday May 31 in observance of Memorial Day

Senior Center Activity Calendar

		Theat they cureman				
	Mon	Tue	Wed	Thu	Fri	Sat
By APPOINTMENT NLY ⁷ Need to Register with ella		9:30 Learn Wood Carving Class 12:30 Pitch 5:15 Oh Drummit Exercise 7:00 Duplicate Bridge	19:30 Completely Unraveled211:50 Poker Hand12:30 Pinochle1:00 Rook1:00 Rook4:00 Strength Training7:30 Dance-MoonShiners	8:30 Tops 3 9:30 Learn Wood Carving Class 10:30 BINGO 1:00 SkipBo 5:15 Oh Drummit Exercise	10:30 Nurse mask required41:00 Rook1:00 Bridge6:00 Association Cover DishSupper - Entertainment by Old TimeCountry	
6	12:30 Double Pinochle 1:00 Rook 1:00 Bridge 4:00 Strength Training	 9:30 Learn Wood Carving Class 12:30 Pitch 5:15 Oh Drummit Exercise 7:00 Duplicate Bridge 	11:50 Poker Hand 12:15 Chocolate Ice Cream Day 12:30 Pinochle	8:30 Tops 10 9:30 Learn Wood Carving Class 1:00 SkipBo 5:15 Oh Drummit Exercise Image: Class State Sta	10:30 Nurse mask required111:00 Rook1:00 Bridge	
13	12:30 Double Pinochle 1:00 Rook 1:00 Quilts of Valor Presentation 4:00 Strength Training	14 9:30 Learn Wood Carving Class 1 12:30 Pitch 5:15 Oh Drummit Exercise 7:00 Duplicate Bridge 7:00 Duplicate Bridge Image: Comparison of the second se	5 9:30 Completely Unraveled 16 11:50 Poker Hand 12:30 Pinochle 1:00 Rook 1:30 FCCA Meeting 4:00 Strength Training 7:30 Dance-Ortiz Band	8:30 Tops 17 9:30 Learn Wood Carving Class 1:00 SkipBo 5:15 Oh Drummit Exercise	10:30 Nurse mask required1811:30 Music by Al Miller12:15 Dad's Root Bear Floats1:00 Rook1:00 Bridge1:00 Legal Aide*	
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27	 12:30 Double Pinochle 1:00 Rook 4:00 Strength Training 	28 8:30 Breakfast ** 2 9:30 Learn Wood Carving Class 12:30 Pitch 5:15 Oh Drummit Exercise 7:00 Duplicate Bridge	 29 9:30 Completely Unraveled 30 11:50 Poker Hand 12:30 Pinochle 4:00 Strength Training 7:30 Dance-Craig Stevens 			

Call Della at 272-3620.

June 2021

Senior Center Activity

Sun	Mon	Tue	Wed	Thu	Fri	Sat
By APPOINTMENT ONLY * Need to Register with Della						1
2	12:30 Double Pinochle 3 12:45 Kentucky Derby Fun 1:00 Bridge 1:00 Rook 4:00 Strength Training	9:30 Learn Wood Carving Class 4 12:30 Pitch 5:15 Oh Drummit Exercise 7:00 Duplicate Bridge	9:30 Completely Unraveled 5 11:50 Poker Hand 12:30 Pinochle 1:00 Rook 4:00 Strength Training 5:30 Walking Taco Supper 7:30 Dance–Moonshiners	8:30 Tops 6 9:30 Learn Wood Carving Class 10:30 BINGO 1:00 SkipBo 5:15 Oh Drummit Exercise	10:30 Nurse mask required 7 1:00 Mother's Day Fun 1:00 Rook 1:00 Rook 1:00 Bridge 6:00 Association Covered Dish Supper . Bring something tasty to share. Entertainment by Ortiz Band Image: Comparison of the state of the	8
9 Mother's Day	12:30 Double Pinochle 10 12:45 Silver Brushes ** 1:00 Rook 4:00 Strength Training Image: Comparison of the second sec	9:30 Learn Wood Carving Class 11 12:30 Pitch 5:15 Oh Drummit Exercise 7:00 Duplicate Bridge	9:30 Completely Unraveled 12 11:50 Poker Hand 12:30 Pinochle 1:00 Rook 4:00 Strength Training 7:30 Dance–DJ Larry	2 8:30 Tops 13 9:30 Learn Wood Carving Class 1:00 SkipBo 5:15 Oh Drummit Exercise	10:30 Nurse mask required141:00 Rook1:00 Bridge	1
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30	Senior Center/Transit 31 Closed	7:00 Duplicate Bridge	12:30 Pinochle1:00 Rook4:00 Strength Training7:30 Dance–Craig Stevens			9:00 Quilts of Valor