

Friendship Meals

Name: _____

April 2020

Mon	Tue	Wed	Thu	Fri	Sat
		Chicken Fried Steak Mashed Potatoes/Gravy Corn Fruit	Chicken /Noodles Mashed Potatoes Capri Vegetables Pudding	Seasoned Baked Tilapia Filet Scalloped Potatoes Carrots Fruit	
Meatloaf Baked Potato Sour Cream Cauliflower Fruit	Baked Ham with Pineapple Slice Candied Sweet Potatoes Green Beans Strawberry Ice Cream	Salisbury Steak Mashed Potatoes /Gravy Broccoli Pudding	Spaghetti with Meat Sauce Breadstick Peas Fruit	Fried Shrimp Au Gratin Potatoes Carrots Cookie	
Goulash Corn Garlic Bread	Open Faced Hot Roast Beef Sandwich Mashed Potatoes/Gravy Green Beans Orange Sherbet	Ham & Beans Corn Muffin Broccoli Pudding	Sloppy Joe on Bun Scalloped Potatoes Carrots Fruit	Baked Chicken Legs Garlic Mashed Potatoes Peas Fruit	
Swedish Meatballs White Rice Lima Beans Orange Sherbet	Roasted Turkey Breast Mashed Potatoes/Gravy Corn Chocolate Pudding	Cheeses Stuffed Ravoli with Meat Sauce Green Beans Bread Stick Oreo Cookie	Chicken Tenders Mashed Potatoes Gravy Mixed Vegetables Pudding	Beef Stew Biscuits Broccoli Fruit	
Chicken Spaghetti Winter Blend Vegetables Corn Muffin Fruit	Chili Cheese Hot Dog on a bun Assorted Chips Corn Lemon Italian Ice	Truck Drivers Casserole Peas Corn Muffin Oreo Cookie	Swiss Cheeseburger with grilled Onions on a Bun Seasoned Red Potatoes Baked Beans		

IF YOU DON'T
WANT A MEAL PUT
AN X OVER THAT
DAY.
IF YOU WANT MORE
THEN 1 MEAL PUT
THE AMOUNT OF
MEALS BY THE
MEAL YOU DO
WANT.

Nutrition Meeting
14th @1:00pm
(pending)

Menu is
subject to change.

**ANY EXTRA
DONATIONS
WOULD BE
GREATLY**

APPRECIATED

Age 60 and over is a suggested \$3.50 donation & under 60 is a mandatory \$5.75
Orders for meals must be turned in by 9:00 the day prior to eating