

# Women & Ministry Ice Breakers

## 4 Ice Breakers / Activities For Building Connection In Women's Ministry

### 1. 'What Is True' Game

Have each woman make out an index card with three little-known facts about themselves, and add one 'fabulous fabrication' statement (made up completely)!!

*Hint:* You may have to print out a sheet of prompts to get them started. That's okay!

After everyone has their card made out, pick 2 or 3 people at a time to come up front and simply read their card aloud. Then have the group vote on which one they think is the 'fabulous fabrication'.

It's fun to participate and to do the voting. All the while, you are learning things about others in your group that you can connect with.

### 2. Comfort Food Recipe Share

We all have one of those dishes or baked goods that just evokes such warm thoughts or emotions. Ask your women to bring in their favorite recipe and be ready to share why and where it came from.

Now if you're really brave, you could have a dinner gathering where they not only bring the recipe card but the dish as well!

Make it your own according to the makeup of your group. It's also nice to be able to make a photocopy of the recipes and send everyone home with a copy of their own.

Just think, with this small piece of knowledge, you could encourage and care for someone in such a special way if they were sick or going through a struggle by delivering their favorite food. How much would that mean to them?

### 3. Getting To Know You: Personal Points Game

I have shared this game before, but it is such a great tool to share ourselves in a group, that it's worth mentioning again!

Make sure everyone has a piece of paper and a pen to keep track of their points. Have a couple of small prizes ready for the top two winners! At the end of the list, read it over again and make people raise their hand if they got a point in that category. This way, it shares the information with others, and they can see if they have things in common.

I usually make up my own game depending on the group I am working with, but here are some examples of different categories you could use.

Give yourself a point if you:

- have dishes sitting in your sink at home
- still have your wedding dress
- own a pet (1 point per pet)
- know how to knit or crochet
- love to go out to lunch
- have ever been in a helicopter
- visited Europe
- have a collection of some kind
- have been a teacher before
- own more than 10 pairs of shoes
- were born in another state
- have performed a solo before
- know how to play an instrument
- played on a high school sports team
- have been on TV before

## 4. Play The 'Mystery Woman' Game

Before your gathering, interview a couple of your women. Ask them some questions about their life (e.g., What kind of jobs they have had? Do they have a hobby? Do they have a talent? How do they spend their spare time? Where have they traveled? What's a favorite item they like to eat or cook?).

Then, when you have your gathering, have a small piece of foam core and print out the woman's name that you will be giving clues about. Cover it up with a piece of cloth or colored paper.

Then have the emcee read off clues about the person, starting with some lesser-known ones. Work your way to more obvious ones, then very obvious ... at any point in the game, someone can try to guess who it is.

Reveal the name if they are correct -- a thunderous round of applause and move on to the next 'Mystery Woman', or if you have a weekly meeting, do a different one each week for a few weeks.

This gets everyone participating and having fun learning about each other.