

# Julie Bruns

WORKPLACE WELLNESS CONSULTANT

## WORKSHOPS

SCHEDULE 1 WORKSHOP - \$1800 EA

SCHEDULE 3 WORKSHOPS - \$1620 EA

SCHEDULE 6 WORKSHOPS - \$1530 EA

SCHEDULE 9 WORKSHOPS - \$1440 EA



## TOPICS

### EMPLOYEE ENGAGEMENT PROGRAM

Schedule a workshop or a series of workshops for your wellness initiative this year.

In person or virtual webinars to accommodate global employees.

Universal workshop topics include possibility, connection, gratitude & joy, mindfulness, curiosity, resilience and empowering others..



## IMPACT

**UNHAPPY EMPLOYEES COST THE U.S. \$550 BILLION PER YEAR, AND 70% OF U.S. WORKERS ARE DISENGAGED.**

Your employees will experience a positive impact to their lives almost immediately, after learning simple practices.

More engaged employees are happier, **31% more productive**, have **37% more sales**, and are **3 times** more creative!

Who wouldn't want that?  
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