

MASSAGE THERAPY

~ **Bliss 60 min \$80 | 90 min \$110**

Swedish (Relaxation) Light – Medium Pressure. Open-handed strokes.

~ **Knots Away 60 min \$90 | 90 min \$120**

Deep Tissue. Medium - Firm Pressure. Use of forearms, elbows and knuckles

~ **On the Rocks 60 min \$95 | 90 min \$115**

Warm stones combined with Swedish techniques for muscle relaxation.

ADD ONS

~ **Scrub Away: Back/Feet/Hands \$15 each**

Get rid of dry skin with an exfoliating mineral scrub applied to your choice of back, feet, or hands. **Full Body Scrub Away Add-On \$50**

~ **Warm Stones \$10**

Enhance your full body massage by incorporating warm stones to ease muscle aches and tightness, leaving the body relaxed and refreshed.

~ **Warm Oil Scalp Massage \$20**

Enjoy warm coconut oil poured over your hair to hydrate and add shine. Includes pressure point scalp & head massage.

~ **Cupping \$20**

Special cups placed on the skin before a massage to create suction, increasing blood circulation, relieving muscle tension, and improving overall blood flow to promote cell repair.

-**Reflexology \$25**



SERVICE DOES NOT INCLUDE

20% GRATUITY

"20% GRATUITY WILL BE ADDED AT CHECKOUT ON THE CARD OR CASH"

BOOKING & CANCELLATION POLICY:

Credit card required at time of booking.
24 hours minimum notice required for canceling or rescheduling to avoid full service amount being charged to card on file.

Prices are subject to change at any time



BY APPOINTMENT ONLY

ARBORWOOD PRESERVE

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Fort Myers, FL 33913
MM#37628**

**CALL TO BOOK
239-319-0062**