



Ballymena United Football Club

The Showgrounds, 30 St Patricks Link,

Town Parks Ballymena BT43 7FU

football@ballymenaunitedfc.com

Football for all Abilities

Ballymena United Football Club is responsible for setting the standards, expectations and values in relation to establishing and making football enjoyable for everyone. Our aim is to ensure that each player can play, develop their skills, and most importantly enjoy the sport.

Football is for everyone. It should be enjoyed and belong to anyone who wants to participate in it whether as a coach, official, player, staff, a club member or a fan.

Youth Teams

Ballymena have a thriving youth system both male and female. In younger age groups from under 11 to under 18 we have our NIFL teams and National league teams. We have continued to also run community teams at each age group playing in the SBYL to encourage as many as possible to be involved with the club.

School Holidays

As a club we have outreach events built in throughout the year. We attempt to run soccer schools during each of the school holiday periods. This is led by both male and female coaches within the club and is open to people of all abilities.

Ballymena United host the Wes Gregg Cup every year for kids who are under 10 and this open to both male and female teams. This is usually attended by teams from all over Northern Ireland and the Republic of Ireland. Last year we had 32 in attendance at the event.

Schools Programme during school year

Ballymena as a club aims to ensure that we reach out to the community in all aspects of what we do. We have introduced a new initiative this year with weekly visits to our local schools. This is to encourage the schools to become more involved with the club and at the same time integrate our club in the schools.

Our visits include coaching sessions combined with an interactive presentation on teamwork, leadership, health fitness and nutrition. This has been led by the first team manager, strength and conditioning coach and first team players. This has been

widely supported by the schools and has helped with integration within the communities.

We also have had an initiative with our local schools following transfer tests where all those sitting their tests can attend a game free of charge. This is open to all kids and we encourage some staff members to attend as well.

Mental Health Workshop

This year we had Pat McGibbon from, "Train 2B Smart" attend the club to have a workshop with under 16, 18 and 20 players and staff. This initiative is aimed at developing the physical, mental and emotional skills of the players and staff and to build resilience through sport and activity.

Our Aims and Objectives

Ballymena United Football Club aim to ensure that we treat everyone fairly and respectfully and provide access and opportunities for all members of the community to take part in and enjoy all club activities.

Any fans, person or member of the public wanting to get involved in football activities can be assured of an environment in which their rights, dignity and equality will be respected and be able to watch or contribute in an environment without any threat of harassment, abuse, intimidation or victimisation.

Ballymena United FC will review this policy in 12 months or before if any events or changes occur.



Chris Selwood – Chairman

22/01/2026