



Wilson's
Petroleum Equipment, Inc.

Wilson's Petroleum Toolbox Talk

Fall Protection

The standards for regulating fall protection systems and procedures are intended to prevent employees from falling off, onto, or through working levels and to protect employees from falling objects. Fall protection requirements under the regulations require considerable planning and preparation.

A competent person must be assigned to act as the safety monitoring system.

Training:

Training must be provided for each employee who might be exposed to fall hazards.

Training must enable each employee to recognize the hazards of falling and the procedures to follow to minimize these hazards.

Requirements:

Fall protection is required whenever employees are potentially exposed to falls from heights that exceed applicable regulatory thresholds.

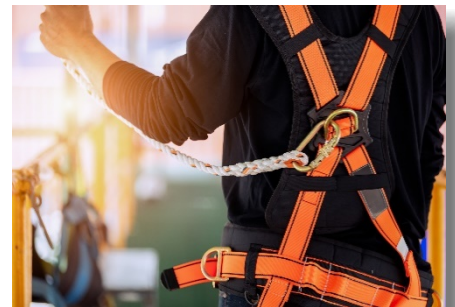
Incidents must be investigated by looking at the fall protection plan to see if any updates are needed to prevent recurrence.

A fall protection plan must be prepared by a qualified person and developed specifically for the site where the work is being performed.

Equipment and services for prompt rescue of fallen workers, including self-rescue, must be available before elevated work begins.

Personal fall arrest systems, when stopping a fall, must:

- Limit maximum arresting force on an employee to 1,800 pounds when used with a body harness.
- Be rigged such that an employee can neither free fall more than 6 feet, nor contact any lower level, and, where practicable, the anchor end of the lanyard shall be secured at a level not lower than the employee's waist.
- Bring an employee to a complete stop and limit maximum deceleration distance an employee travels to 3.5 feet.
- Have sufficient strength to withstand twice the potential impact energy of an employee free falling 6 feet, or the free fall distance permitted by the system, whichever is less.





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Toolbox Talk - Fall Protection

Date:		Job No.:	
Job Name:		Supervisor:	

Employee Safety Recommendations

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Documents Reviewed

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Attendees
(print name)

Supervisor Signature:	
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