



# **Warrington HF Rambling Club**

## **Poland Trip September 2025**

**Thanks to Chris & Kathy Sewell for organising this**  
**So very, very sorry you could not join us**

# So, we are off to Zakopane





Not every day  
you get a bus  
named after you

# The Grand Hotel Starmary





# Day 1 Tuesday Koscieliska Valley



Our guide Hanna briefing us before our walk along the valley









Stunning views of the mountains.

One of the only photos showing all 31 of us





Smreczyhski Lake



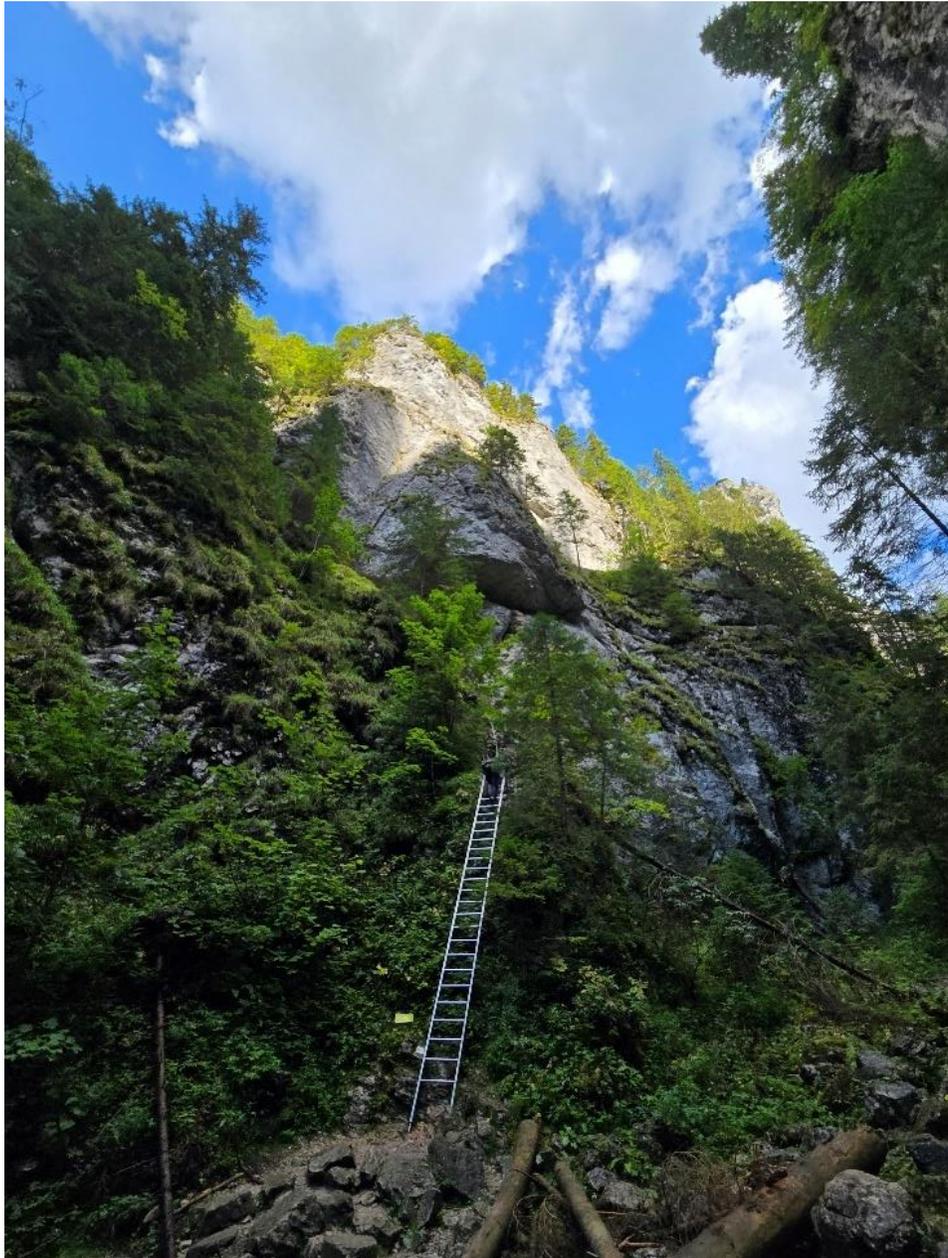


Group Photo at the Lake



More stunning scenery





Some went along the gorge.  
Ladders and chains at the end of the Krakow  
Gorge, leading to a cave going through the  
mountain - If only!

# Walk 2 - Wednesday – shorter option Gesia Szja



Paths were well signed



Rocks left by a glacier

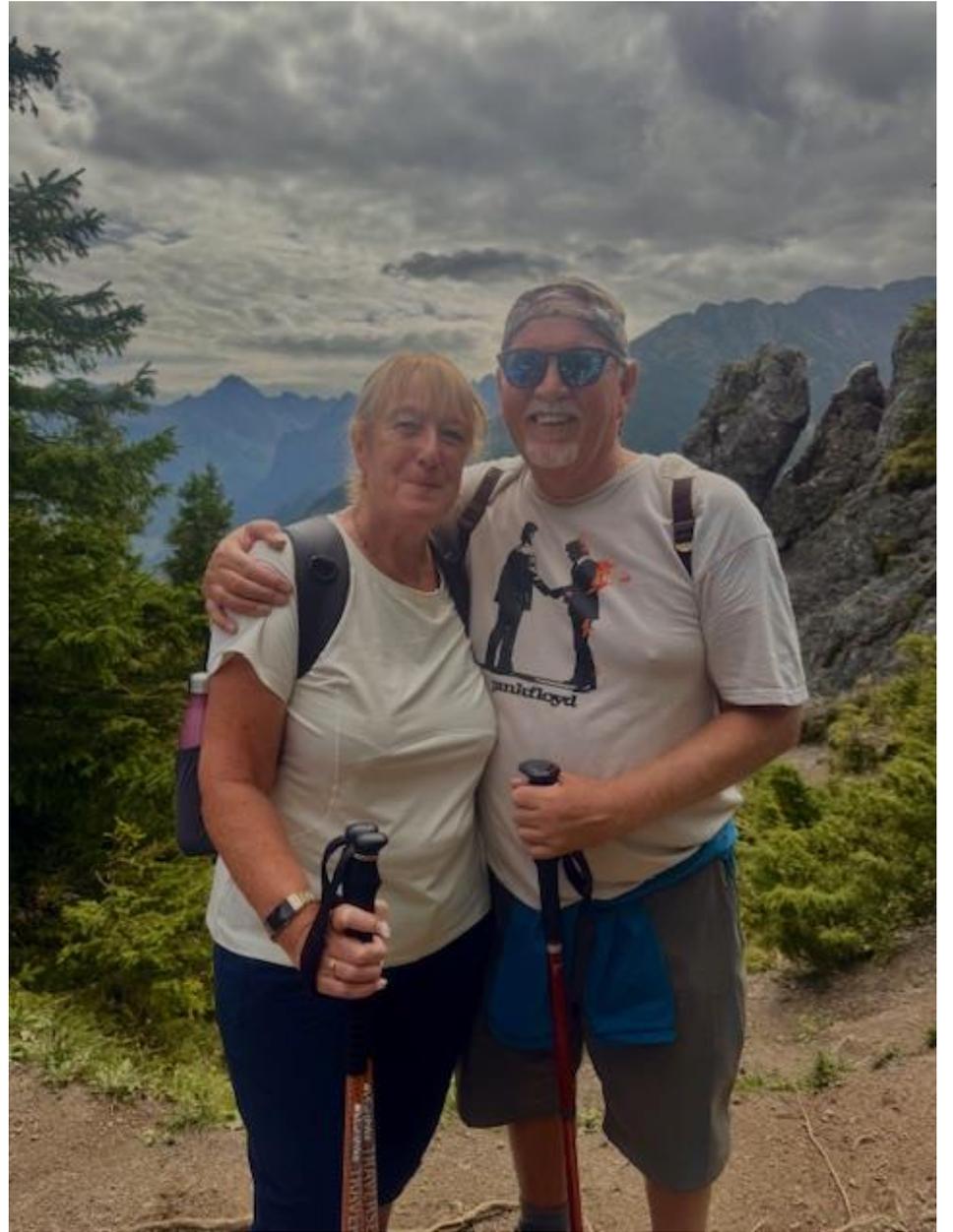


Somewhat steep in places



With obstacles



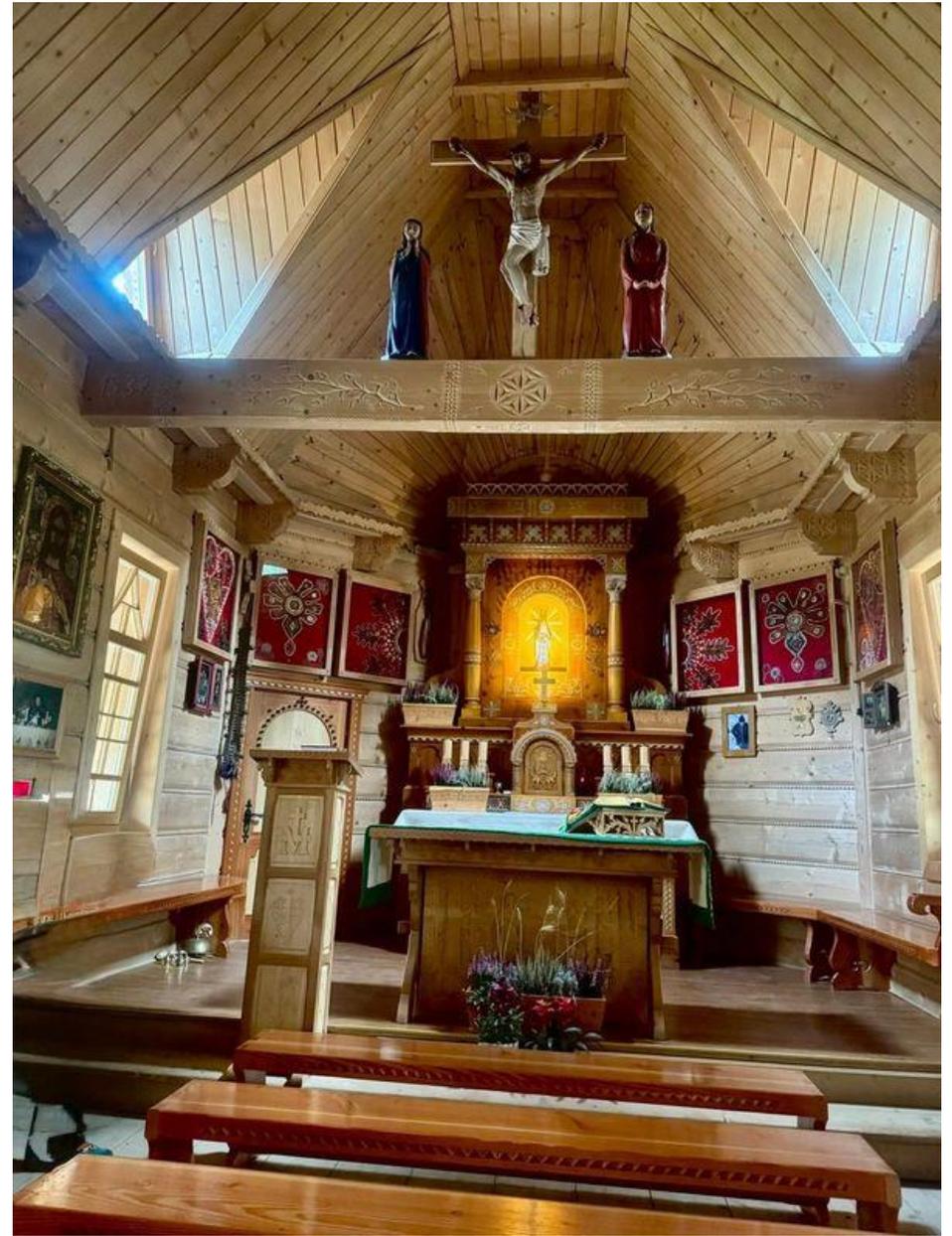






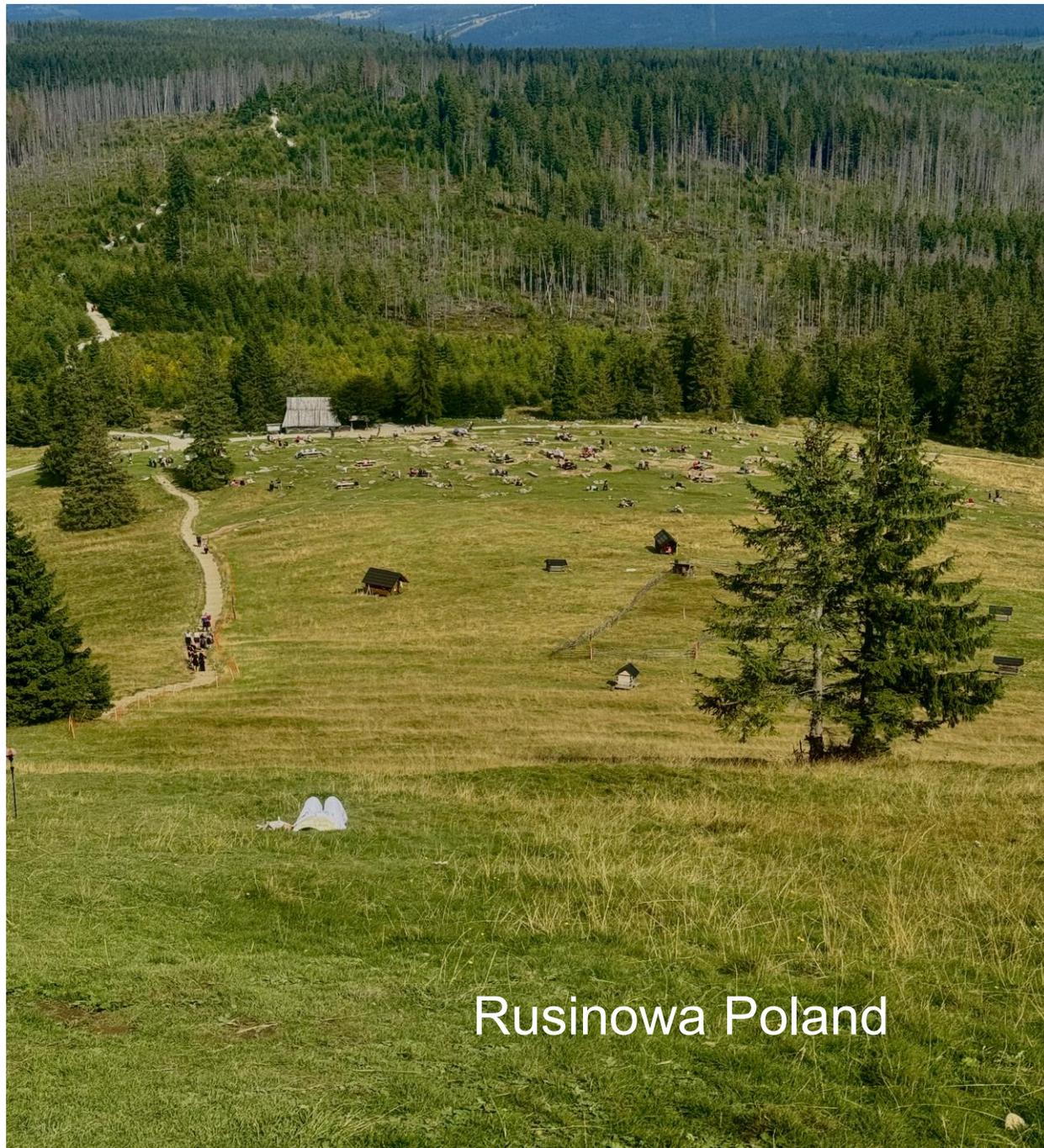


Beautiful wooden church. St Mary





Coming out of  
the Church  
with our guide  
Pietr



Fantastic views  
all around  
Upper meadows where we  
sampled the local cheese



# Walk 2 Wednesday – longer option

## Five Lakes Valley



Lindsay at the Siklawa Waterfall



Adam Mickiewicz Waterfall





One of the Five Lakes

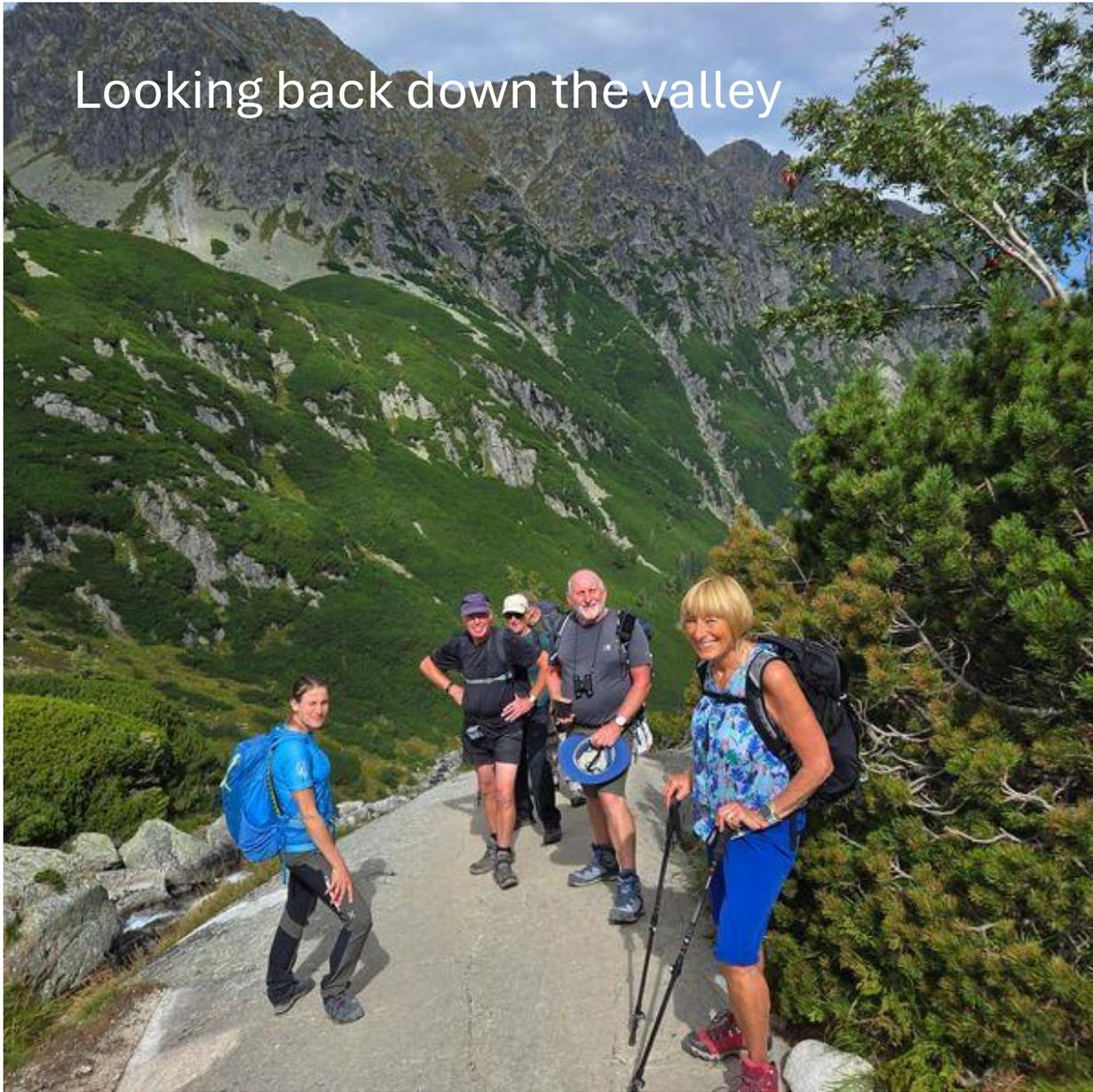


Interesting  
descent  
down the  
valley





Looking back down the valley



Local Wildlife



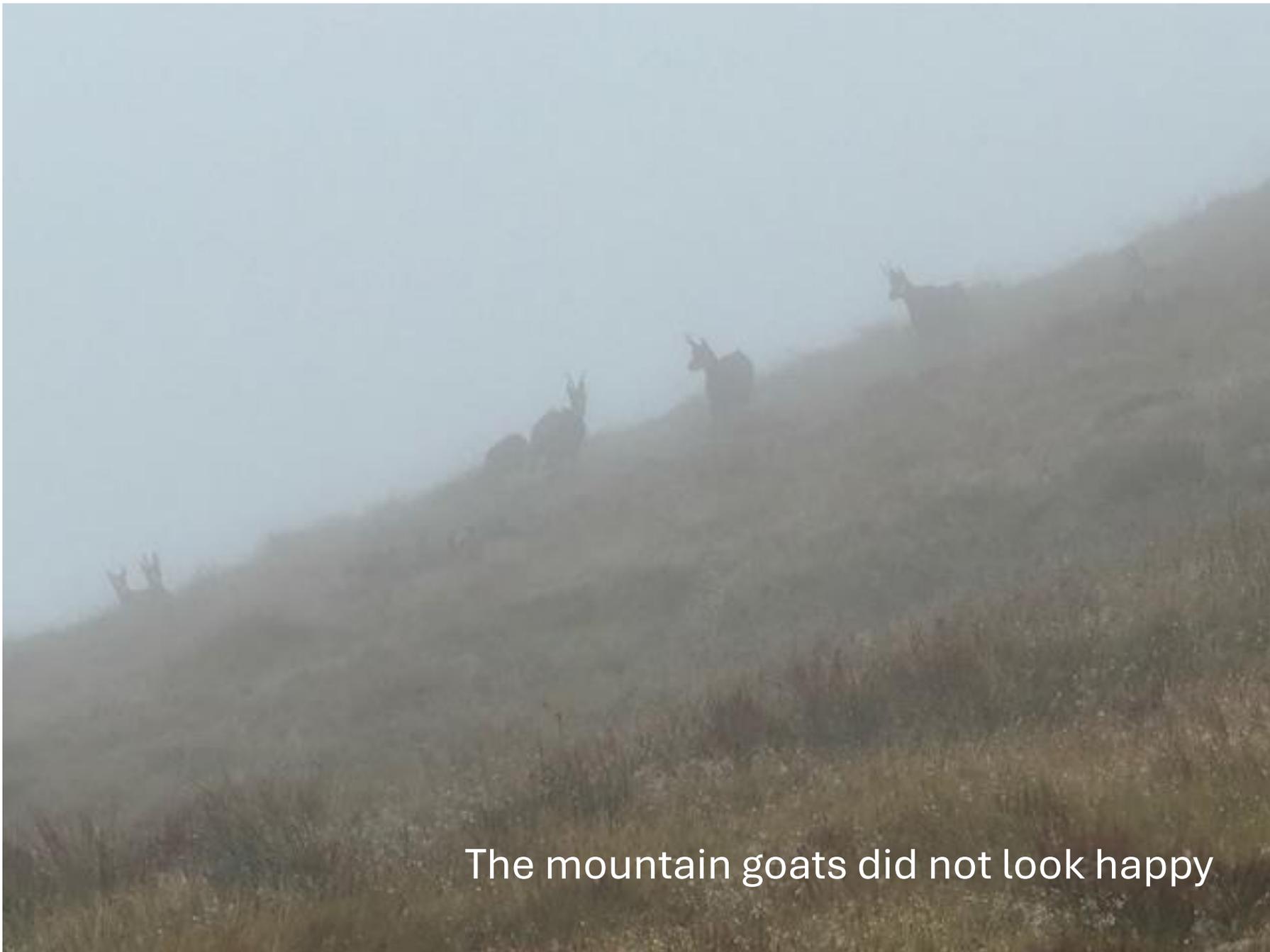
# Walk 3 Thursday – shorter option Kasprowy Wierch

Everyone ascended in the Cable Car



It was wet!! Briefing from Piotr in the rain





The mountain goats did not look happy



Still smiling – but is that because we are going down

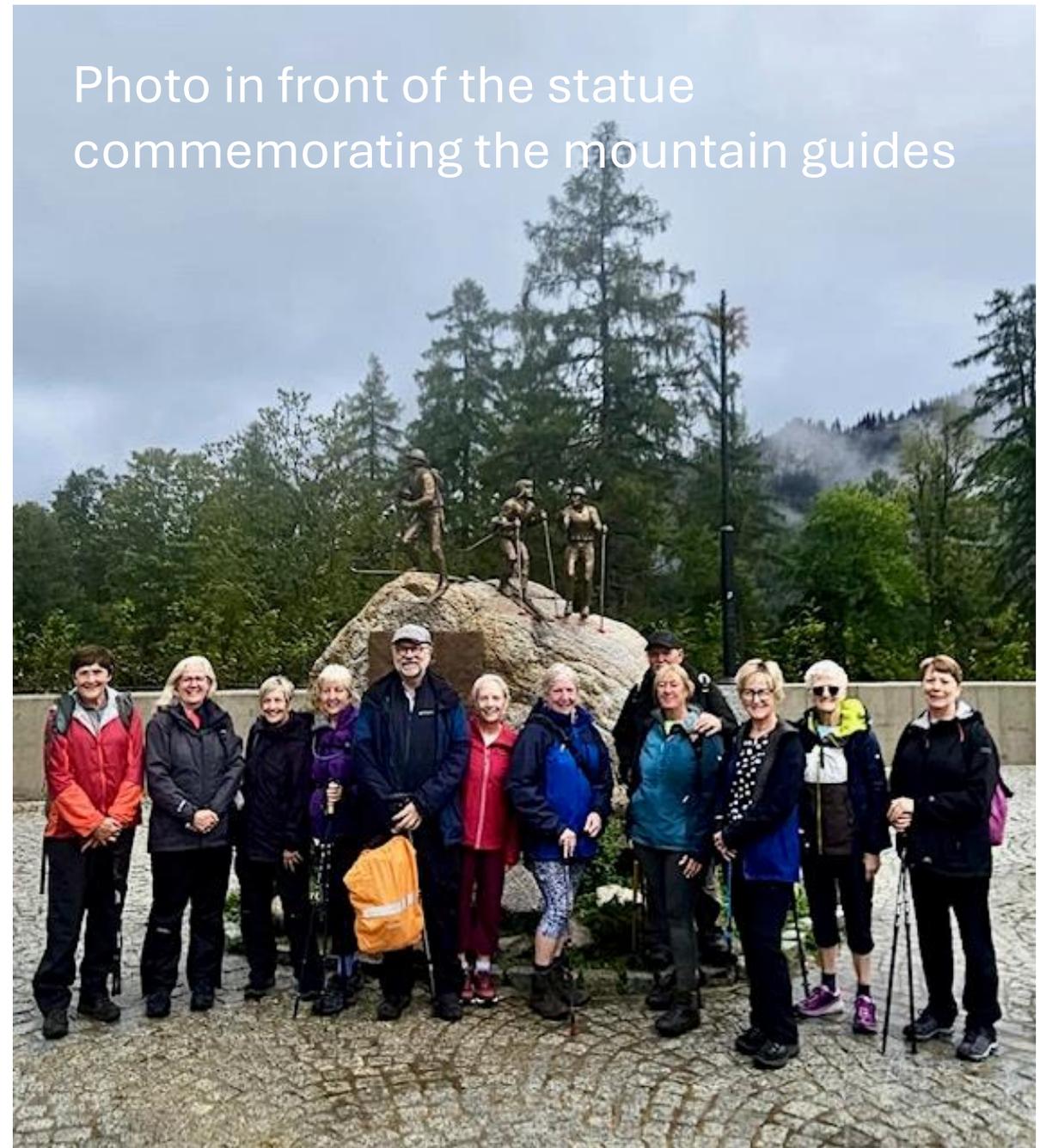


Photo in front of the statue commemorating the mountain guides

Nice to be out of the rain and sample some of Poland's amazing cakes - Well, it would have been rude not to!

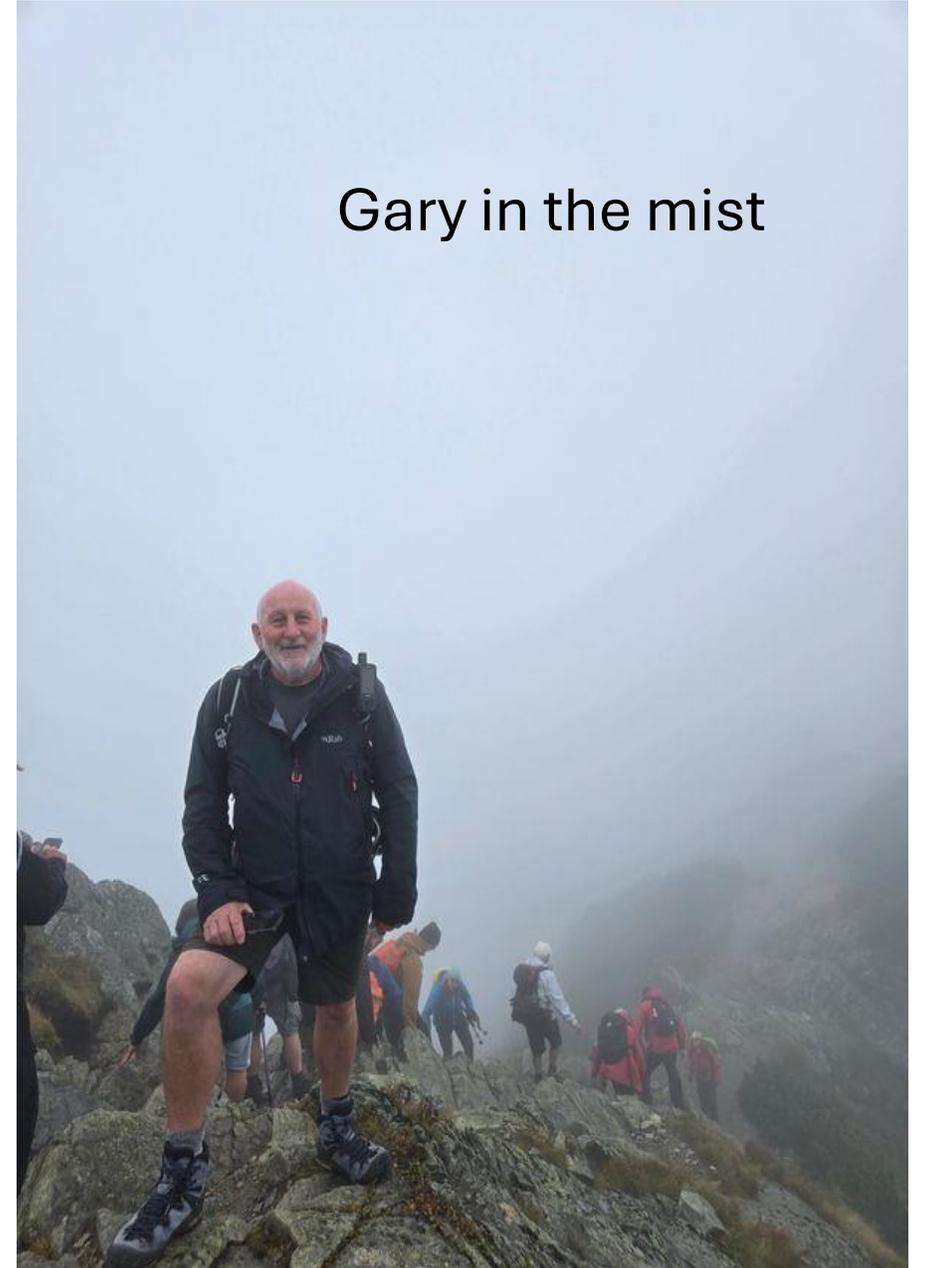


# Walk 3 Thursday – longer option Kasprowy Wierch

Andy on the Poland/Slovakia Border



Gary in the mist





It was very misty on  
the ridge  
Perhaps a blessing  
since you could not  
see the drops as  
you descended



Some tricky descents





You can do it Andy!



First view of the valley

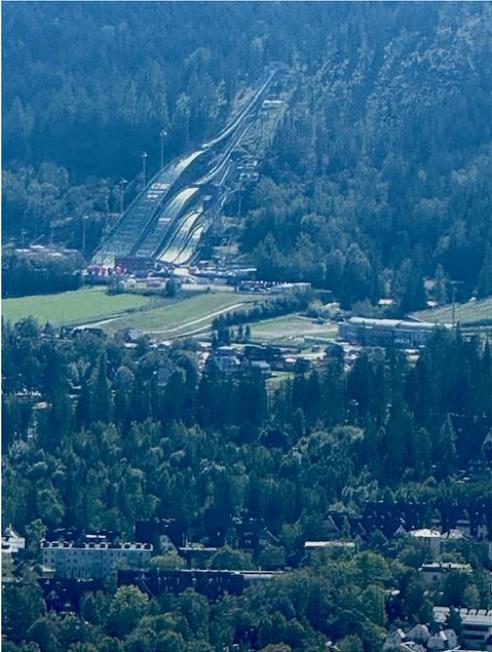
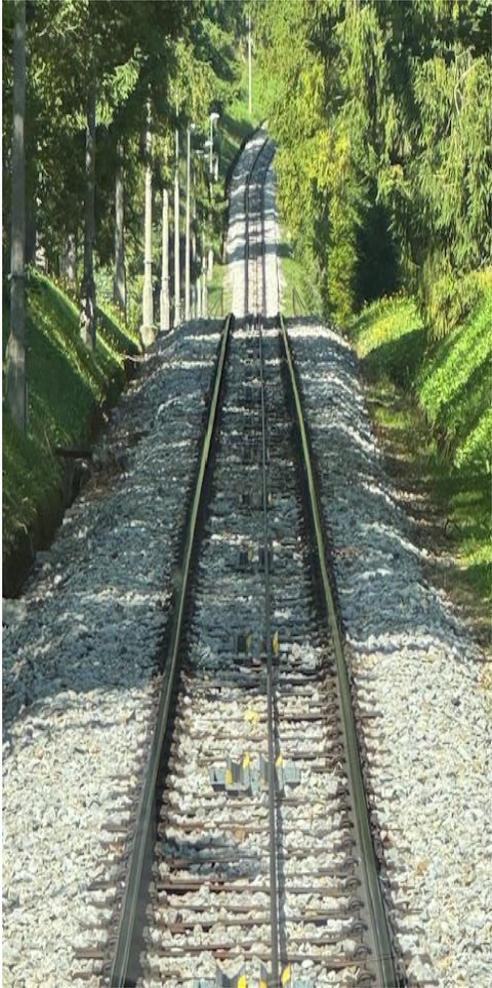




Welcome beers in the  
Kondratowa Lodge

Lodge was rebuilt after  
the old one was  
destroyed in a landslide

# Friday – Day Off

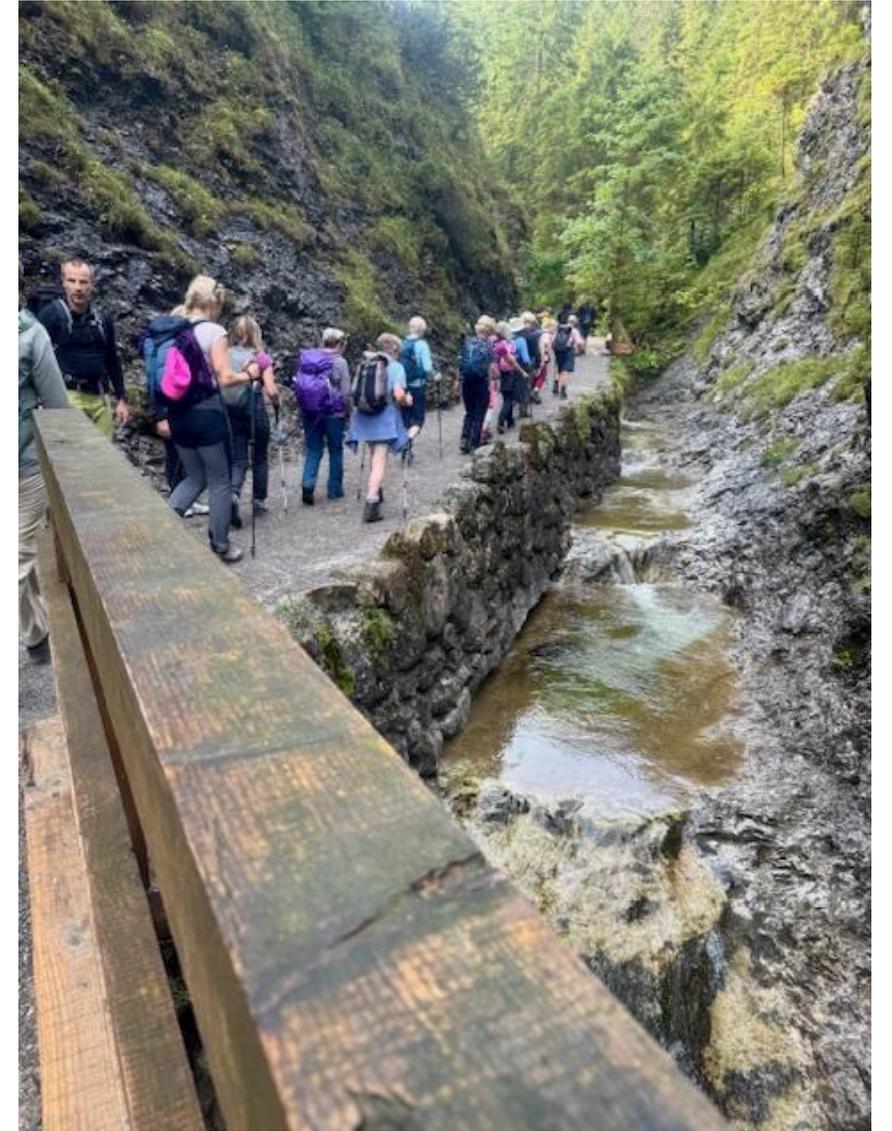


# Walk 4 Saturday - shorter option

## Sarnia Skata



Poland's national  
Ski Jump Centre



Strazyska Valley through Sarnia Skata rock



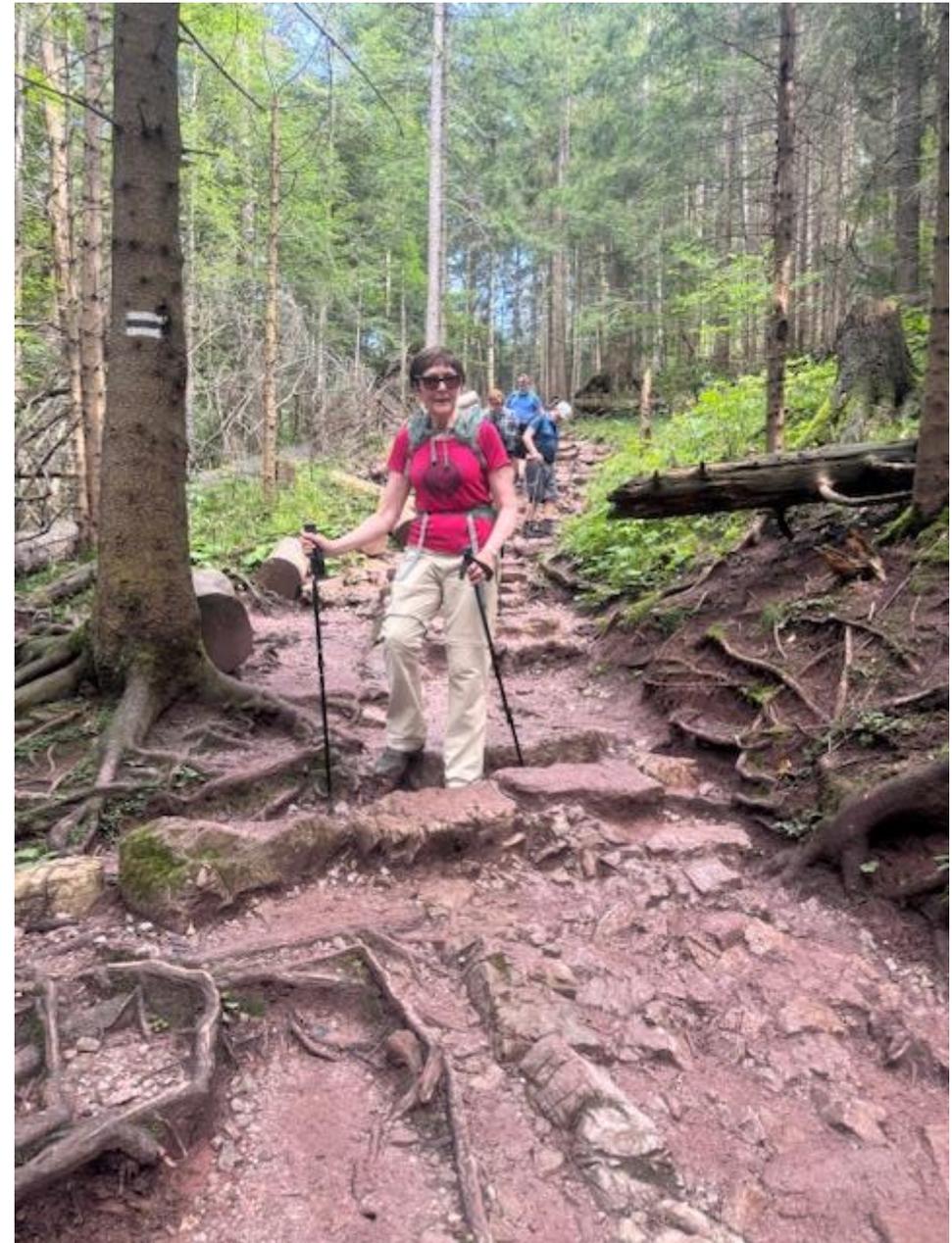


Ascent was relatively easy





Descent was not!!  
Looks innocuous  
but was so  
slippery it was  
lethal and seemed  
to go on forever





Worth the descent for the views in the high level pasture and sampling the locally made cheese



# Toilets



Edelweiss



Gentian

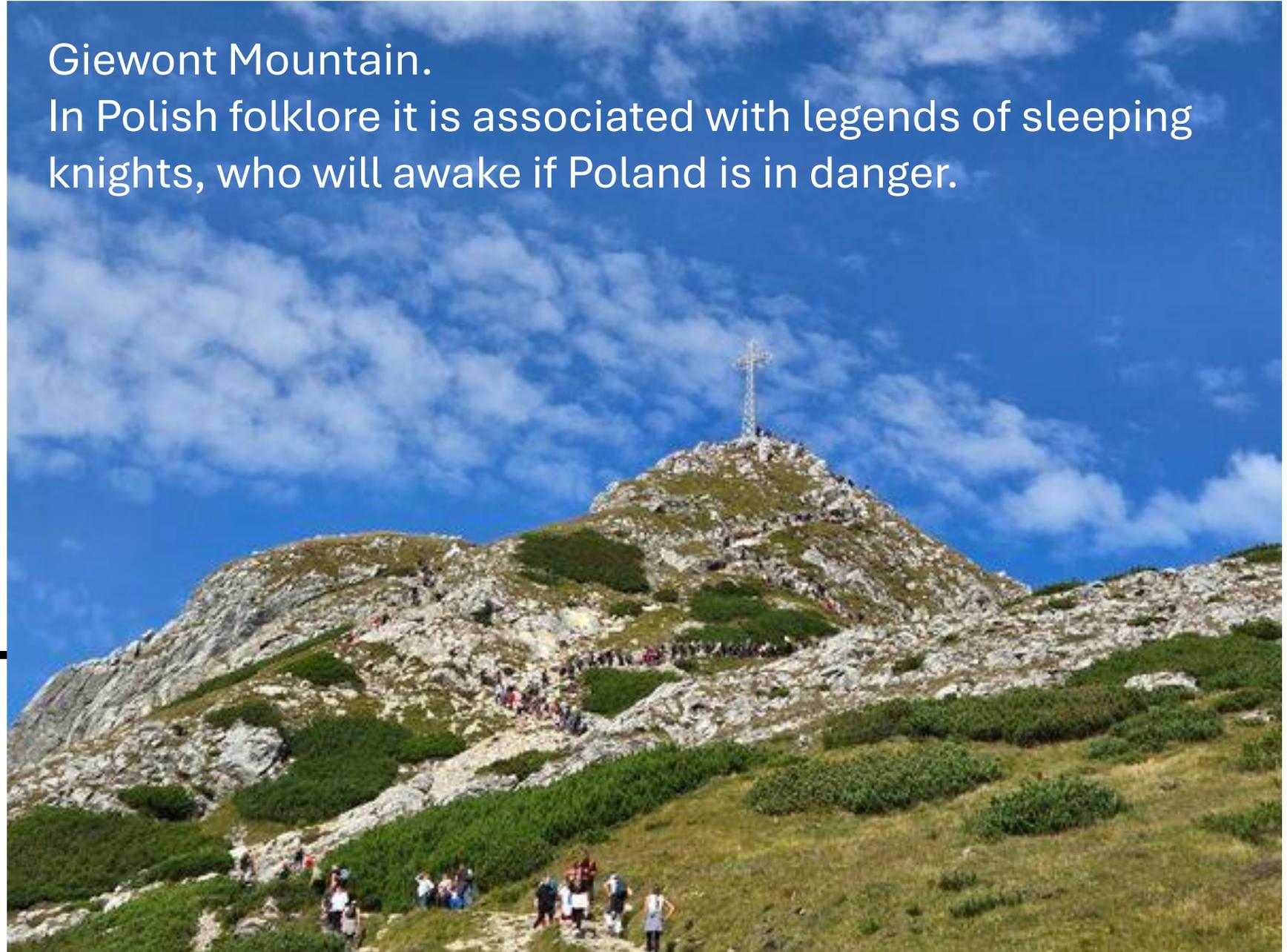


## **Walk 4 Saturday - longer option**

## **Giewont mountain (the sleeping knight)**

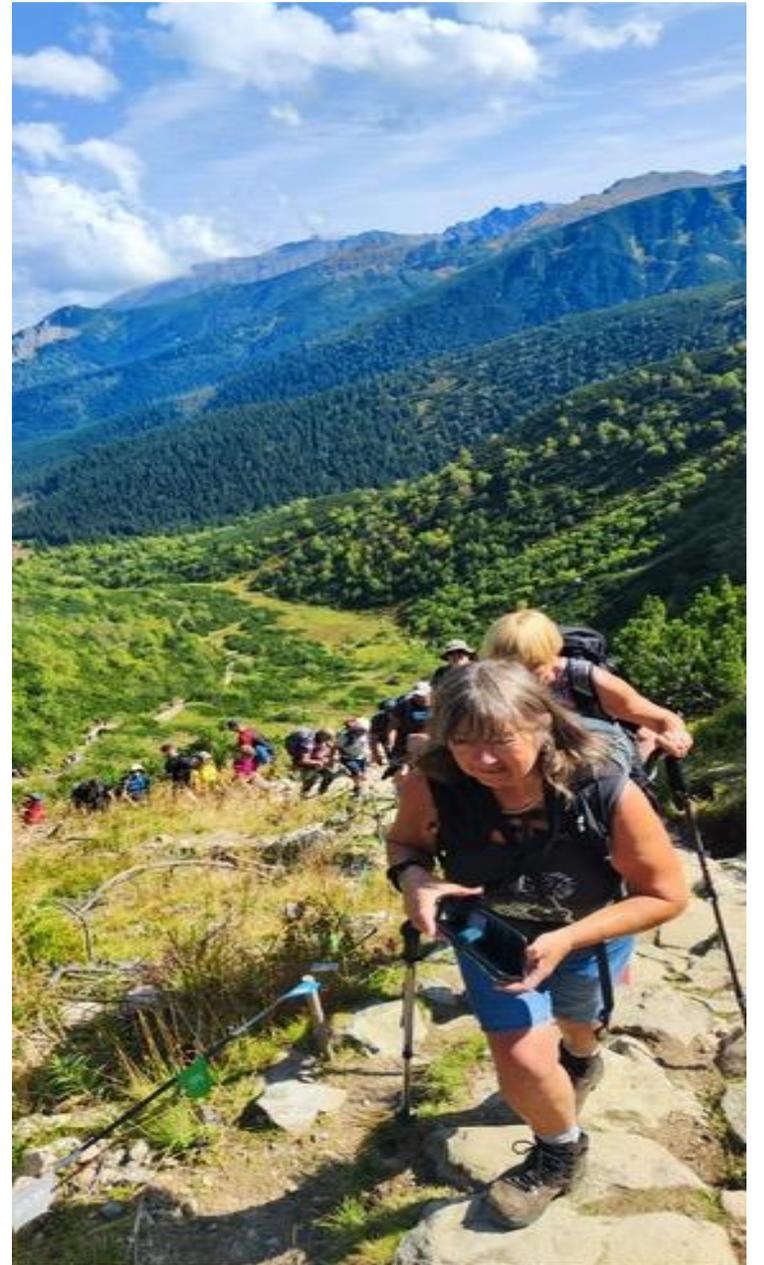
Giewont Mountain.

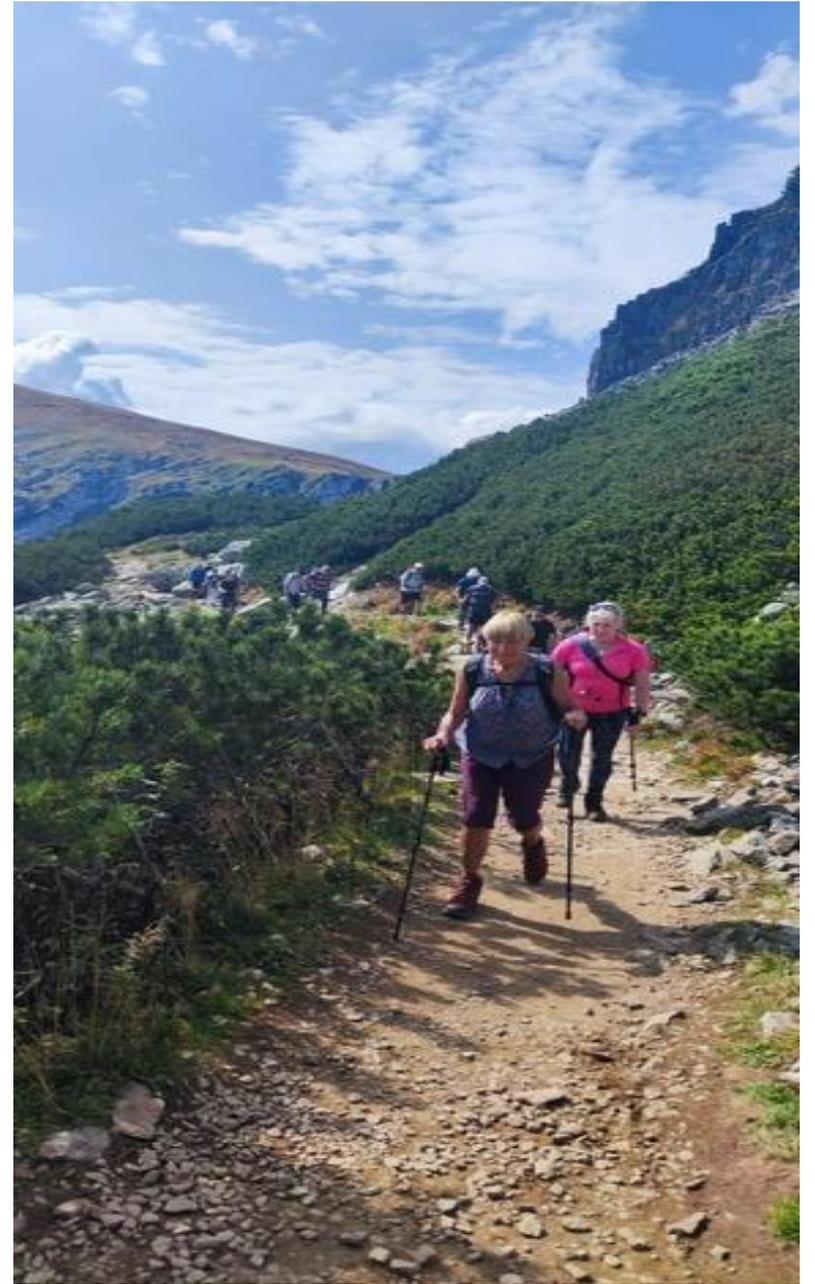
In Polish folklore it is associated with legends of sleeping knights, who will awake if Poland is in danger.





All happy on the way up



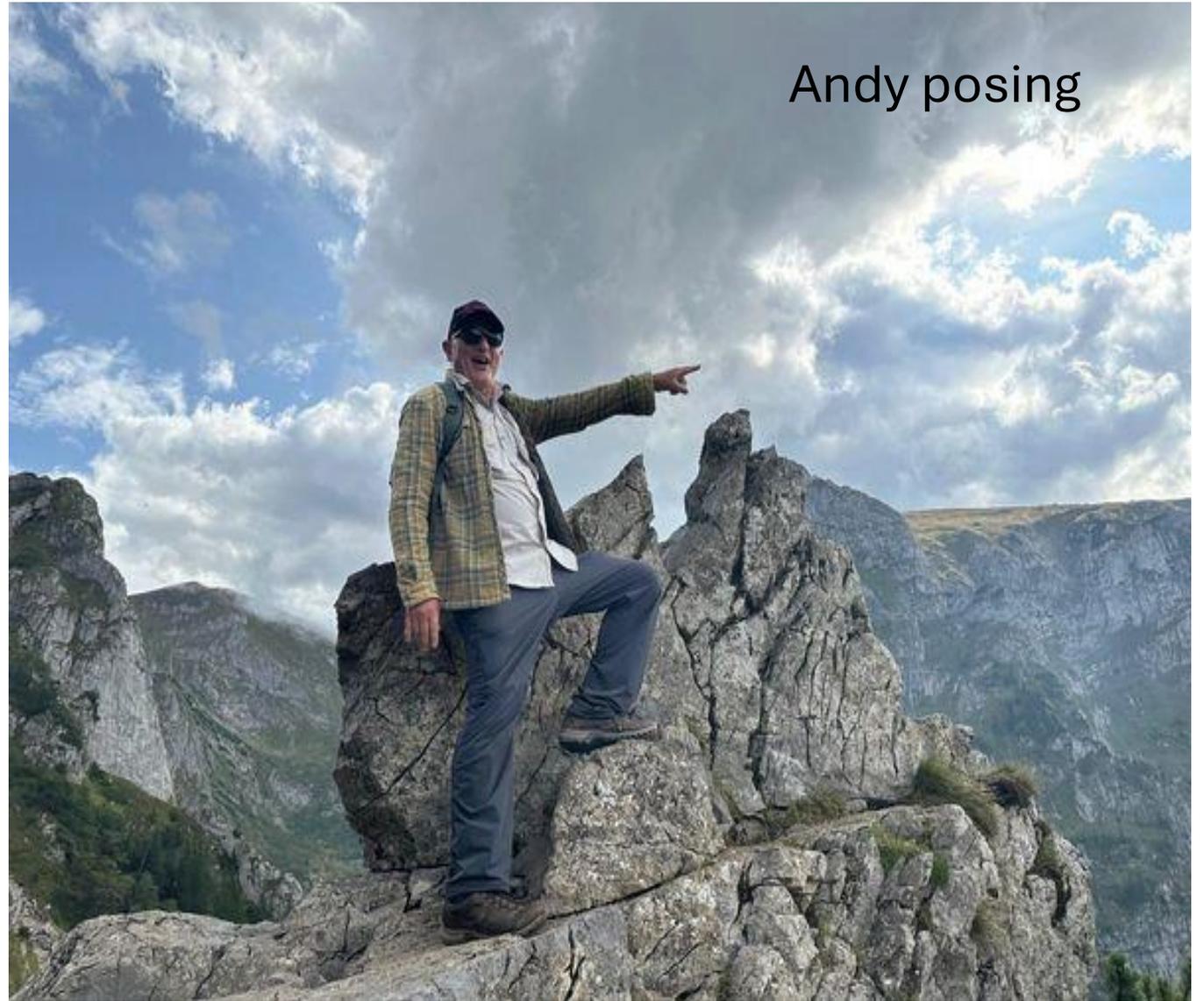








Some scrambling on the way down



Andy posing



Looking back to where we had ascended



**Day 5  
Sunday**

**Morskie Oko  
Lake**





Kerry still smiling

Morskie Oko Lake, Rysy in the clouds







Lindsay  
(Mary Poppins!)  
by the Lake



Destination achieved but still raining heavily!





A welcome sight

Welcome refuge in the Lodge





Interesting attire from the natives!





It was not  
all walking



It also involved  
lots of  
socializing,  
eating,  
not to mention  
drinking!



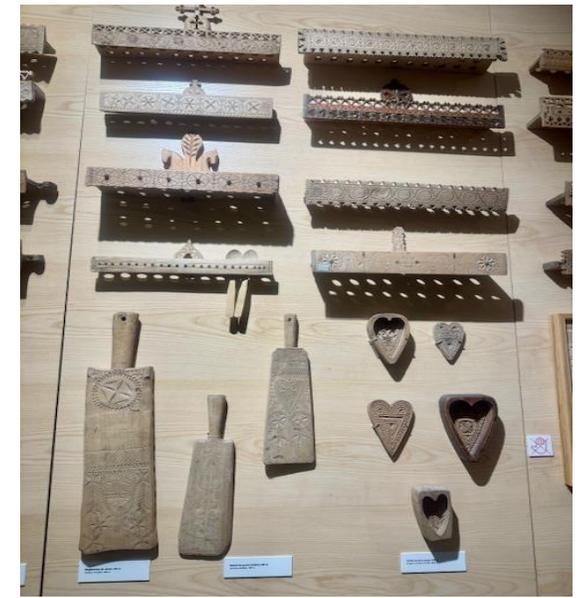


But it seems, in the evenings, the boys and girls did not mix











# A recommended add on - Krakow







