



PREPARE FOR THE TELEHEALTH EVALUATION

1 Choose The Device

- 1. The Screen MUST Be At Least 9.7" Diagonal**
- 2. Must Have a Working Camera and Microphone**
- 3. Must Have an EXTERNAL Mouse. (not the laptop pad or touch screen)**

2 Get Your Device Ready

- 1. Download CHROME**
- 2. Download Zoom and Test Your Camera and Microphone**
- 3. AT LEAST 8 Mbps Download & 3 Mbps Upload Internet Speeds**

*Click Here
CHROME*

*Click Here
ZOOM*

*Click Here
INTERNET TEST*

DAY OF EVALUATION

Arrive Early & Follow These Steps:

- 1) Restart Your Device and TEST MEETING AND INTERNET (STEP 2)**
- 2) Close Any Other Program That May Be Open**
- 3) Make Sure Other People In Your House Are Not Streaming (Netflix, YouTube, etc.) or Downloading Large Files While You Are On The Meeting**
- 4) Minimize Distractions, Such As Turning off Device Notifications and Silencing Phone**
- 5) Sit In a Comfortable Chair with Good Posture to Maintain Focus and Engagement**
- 6) Choose a Quiet, Private, Well-Lit Room For The Evaluation**
- 7) Inform Others In Your Household About Your Evaluation and Request Privacy During The Session**