

You Have Been Prescribed A

WatchPAT® ONE Home Sleep Apnea Test

ZOLL®

Why Did My Provider Order A Home Sleep Apnea Test?

A home sleep apnea test is designed to evaluate you for sleep apnea. Sleep apnea occurs when your normal breathing is compromised due to an airway obstruction or a central nervous system disturbance. These “breathing” events put stress on your heart and vascular system and may have a negative impact on your health over time.

While many patients with sleep apnea experience daytime sleepiness, snoring, and nighttime wakefulness, symptoms in patients may differ. That is why a home sleep apnea test is useful to help physicians either diagnose or rule-out sleep apnea for you.



**Hover over the QR code
with your phone camera
on to launch the video.**

**24/7 Customer Service:
888-748-2627**

What Happens Now?

Step 1

Your physician prescribed a WatchPAT® ONE home sleep apnea test. The device will be shipped after ZOLL® confirms the test is covered by your insurance. Depending on your individual plan, you may be responsible for an out-of-pocket co-pay or deductible.

Step 2

The WatchPAT ONE home sleep apnea test will be scheduled for delivery to your home or place of residence. The test will arrive via USPS.

Step 3

A ZOLL patient representative will contact you via text message and phone call to review the WatchPAT ONE set up, and answer any questions you may have. **All phone calls from ZOLL will have a 470 area code.**

Step 4

Once the device is delivered, please complete the test within five days. For any questions on how to use the device, please follow the included instructions in the box, use the video link, or call the patient help desk, at 888-748-2627, available 24/7.

Step 5

Once completed, the results of your home sleep apnea test will be sent to your physician for review.