

# Warrior Angel Riders

## Newsletter



Beauty  
Empowerment  
Strength  
Trust

## March

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# Words From Lilyann

Hello Ladies!

Time is passing so quickly. Last month I mentioned there is so much happening within Warrior Angel Riders (W.A.R.). To continue where I left off, we now have Officers in place. Let me introduce you to the group of ladies who help to make things happen.

Assistant Director:	Gloria "Fireball" Jackson
Assistant Director:	Charlie "Angel" Houmes
Secretary:	Rachael Rollins
Treasurer:	Rachel "Girl Scout" Stepner
Activities Officer:	Elladell "Giggles" Morris
Membership Officer:	Michéle "Stitch" Courvoisier
Editor:	Shawna "Thunder" Chisholm
Senior Road Captain:	Tracy "Switchback" Cutler
Lead Road Captain:	Sandy "Badass" Knab
Road Captain:	Shawna "Thunder" Chisholm
Safety Gear Officer:	Jessie Lynne Sturzione

I'm learning so much along this journey and want to be transparent with you. I mentioned we are discussing filing for a 501 C.3 non-profit tax exemption with the IRS. One of the first questions asked when we ask for a company for a charity contribution is, "do you have a 501 C.3." They require the I.D. number for tax keeping records. We want to become more active with various charities within our community. Based upon this, we will be filing for a 501 C.3. shortly.

The IRS is clear regarding what needs to be included with the filing. First, we need officers identified with roles. This is why we now have a Board of Officers. Second, we need bylaws. We are currently working on this. Third, on the IRS website, the Social Club requirement states, "A social club must be supported by membership fees, dues, and assessments."

Based on this discovery, we will institute an annual membership fee. We will put in place a membership fee starting April 01, 2020. The annual fee will be \$25.00. With your membership you will receive your initial small W.A.R. patch and motorcycle angel pin. Renewal membership fee will drop to \$20.00. Our Membership Officer Michéle will maintain our database. You will be able to join our group via:

- Our website. Look for the tab labeled, "membership."
- At our monthly Meet and Greet meetings. We will have a membership form on-hand.
- You may also join when you attend an event by talking with any Officer who will be able to assist you if Michéle or Lily are not on hand.

Ladies...Welcome to the Warrior Angel Riders! You joined us during an exciting moment in our history; you are helping to shape our group as we continue to grow.

"The greatest pleasure in life is doing what people say you cannot do." - Walter Bagehot

Ride Free, Ride Safe...

Lilyann "Pixel" Lear  
Director W.A.R.



# New Members of WAR

MEMBERSHIP LIST OF WAR

**Welcome our newest ladies of WAR!**

Geneva Laing- Jan

Dianna- Jan

Cammie Wood- Jan

Juli- Jan

Jessie- Jan

Anja Matul- Jan

Anjali- Feb

Jenny Rogers- Feb

Victoria Ashley Anderson- Feb

# WAR Current Events

- 8 Mar- 10-1200pm Fife, WA- WAR Meet & Greet Poodle Dog Restaurant
- 14 Mar- 5-8pm Tacoma, WA- WAR Bowling at the Narrows Plaza Bowl
- 19 Mar- 20 Sep- Challenge Ride Nusual to Pekuliar

# Warrior Rides

(multiple rides place holder)



# Other Washington Events

- 7 Mar- 6-9pm Bellevue, WA- Eastside's Annual Custom Bike Show**
- 13 Mar- Spokane Valley, WA- Island Northwest Motorcycle Show**
- 13 Mar- Spokane Valley, WA- 16<sup>th</sup> Annual Spokane Motorcycle Show**
- 14 Mar- Sunny Slope, WA- St. Paddy's Ride to Winthrop**
- 21 Mar- 830-3pm Olympia, WA- Annual End of Winter 2020 Nisqually Bar and Grill**
- 22 Mar- 9-12pm Monroe, WA- 2020 ABATE of Washington Spring Swap Meet**
- 28 Mar- 530pm Seattle, WA- Monster Energy Supercross**

# Future National Events

6-15 Mar- Daytona, FL- Daytona Bike Week  
13-15 Mar- Milwaukee, WI- Mama Tried Motorcycle Show  
14-15 Mar- Rapid City, SD- Black Hills Motorcycle Show  
19-21 Mar- Depew, OK- Route 66 Spring Fling Rally  
27 Mar-5 Apr- Cave Creek, AZ- Cave Creek Bike Week

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1-5 Apr- Scottsdale, AZ- Arizona Bike Week 2020  
4 Apr- 900am JBLM, WA- WAR Spring Refresher Class  
5 Apr- 10-1200pm Fife, WA- WAR Meet & Greet Poodle Dog  
4-5 Apr- Woodstock Fairgrounds, VA- Shenandoah Valley Expo  
18 Apr- 930am Poodle Dog Fife, WA- WAR Road  
Captain/Lead/Sweep Training  
18-26 Apr- Harbinger, NC- 18<sup>th</sup> Outer Banks Bike Week  
23-26 Apr- Golden Valley, AZ- West Coast Rendezvous  
25 Apr- TBD- WAR Drive the Route Pre-Ride  
25 Apr- Lynden, WA- Northwest Motorcycle Classic  
23-25 Apr- Laughlin, NV- Laughlin River Run 2020

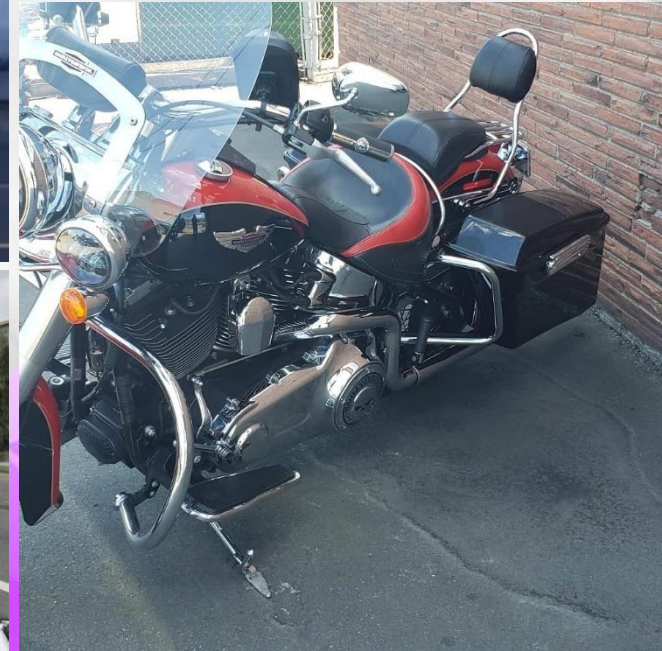
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29 Apr-3 May- Panama City Beach, FL- Spring Thunder Beach Rally  
30 Apr-3 May- Depew, OK- Route 66 Biker Rally (adult rally only)  
1-2 May- Fort Smith, AR- Steel Horse Rally 2020  
2 May- 0800am Renton, WA- WAR Ladies Of Washington Ride Day  
Jet City Harley Davidson  
3 May- 10-1200pm Fife, WA- WAR Meet & Greet Poodle Dog  
3 May- 8am Everett, WA- A Ride for a Cure 2020  
8-15 May- Murrells Inlet, SC- Myrtle Beach Bike Week Spring Rally  
21-25 May- Red River, NM- 38<sup>th</sup> Annual Red River Memorial Day  
Rally

# Featured Member/Rider

## Llyn Berry

Llyn started riding almost two years. Her whole life she was a passenger and then her husband passed. It took Llyn over 10 years to realize how much she missed riding. She attended the BRC then received her motorcycle endorsement and started riding on her own. Now she has a husband who rides with her and lets Llyn enjoy the freedom of riding her own bike. Llyn's current ride is a 2010 Harley Davidson Softtail Deluxe. She fondly calls her bike Miss Scarlett!





# Last Months Ride/Event

## Meet and Greet Poodle Dog, Fife, WA -February

WAR had an incredible turnout in February for the Meet and Greet. We had several new members join us plus visitors from "Seattle Lady HOGS" and "Divas2Die4." This group would not be where it is today without the great leadership and camaraderie of all the great riders and ladies of WAR. This year will be our year of learning and growing both as a group and as an organization.







# Warrior Angel Riders



## How To Join

If you have any questions about Ladies of WAR or want to know when we have our meetings and events, please feel free to call Lilyann @ 253-325-2405 or email at [warriorangelriders@gmail.com](mailto:warriorangelriders@gmail.com).

### History:

In 2017, we were on a group ride with some experienced riders; the ride started at a respectful pace until we hit the backroads. The guys love the twisty roads and took off! Understandably. And yes, there are gals who enjoy the spirited ride too. However, several gals were not at the same riding level and felt uncomfortable being pushed to ride faster than their guardian angel can fly.

Later several of us ladies got together for lunch, talked about the ride and asked ourselves, "what can we do to make sure we are riding within our group's level, leaving no rider behind". We discussed offering to be a mentor, helping to develop our riding skills, offering tips from our own riding experiences.

*"Warrior Angel Riders (WAR)" was born!*

## Director

**Lilyann Lear**

**Cell 253-325-2405**

WAR is a group of dedicated and talented women who love to get together, have fun, and ride. We are a very diverse group of women coming from different backgrounds who pull together to make our events successful and fun. This is where lasting friendships and memories are made.

## HOME BASE

**Tacoma**

## WAR Meetings

Meetings held monthly.

Socialization begins at 09:30 a.m. followed by the meeting at 10:00 a.m. You can simply attend the meeting or choose to eat and enjoy a beverage. The members of WAR run their own meetings and sponsor activities that ladies can participate in.

## 2020 WAR Meeting Schedule

**March 8**

**April 5**

**May 9**

**June 6**

**June 28**

# Warrior Angel Riders

## WAR Meaning

**Warrior** – is a woman whose strength has endured. Several of our gals are breast cancer survivors. Sadly, a few had to lay to rest their child, a spouse or a loved one. Something no one should ever have to experience alone. As women, we ALL fight our battles, support each other, struggle to survive and find the courage to live.

**Angel** – is a woman who looks after family, friends, co-workers, strangers. She is a loving and caring person who will make your day brighter just being there. She shows compassion; protecting and guiding, who is selfless.

**Riders** – as women riders, there is nothing more empowering than climbing onto your own bike and taking to the open road.

Our color choice to represent us: Purple and White.

**Purple** is associated with royalty. It symbolizes power, nobility, luxury, and ambition. It conveys wealth and extravagance. Purple is associated with wisdom, dignity, independence, creativity, mystery, and magic.

**White**, an inherently positive color, is associated with purity, virginity, innocence, light, goodness, safety, brilliance, illumination, understanding, cleanliness, faith, beginnings, sterility, spirituality, possibility, humility, sincerity, protection, softness, and perfection.

We believe in pursuing to be the BEST as women, through every aspect of life.

Beauty

Empowerment

Strength

Trust



# Service Tech Tips

## Tire Pressure 101

There is a regular schedule that we should keep when it comes to our motorcycle tires. Keeping the air at a specific pressure is a challenging task that may get overlooked. The average do-it-yourselfer has so many other areas that he or she might want to focus more attention on than the tires, and many riders tend to ignore this important maintenance task—you know who you are—you just check your tires when you stop at a gas station when filling up (or maybe not)!

Motorcycle tires are far more advanced than you might think these days. They have many different factors and stresses. Since you only have two, you must ask yourself, what can I do to extend the life of these high-dollar donuts? Let's get down to the facts of what happens if your tires are under-inflated or over-inflated.

Under-inflated tires can result in imprecise cornering, higher running temperatures, irregular tread wear at the edge of the contact patch, fatigue cracking, overstressing and eventual failure of the tire carcass.

Over-inflating your tires does not increase load carrying capacity but will result in a hard ride and accelerated tire wear in the center of the contact patch.

For high-speed, fully loaded, dual-riding or touring motorcycles, inflate front tires to the maximum pressure recommended by the vehicle manufacturer. I have always referred back to the VIN (vehicle identification number plate) on the frame or front steering stem of the bike. When dealing with touring tires, they must be inflated to a minimum of 36 psi for light to medium loads and 40 psi for dual riding and other loads. Never exceed the maximum load indicated on the tire sidewall or the vehicle capacity load found in the owner's manual. This will tend to wear out the tires much faster and give the suspension a workout.

One other thing that is very important is to check the tire pressure when cold. No exceptions! It's important to remember that your vehicle's recommended tire pressure is its 'cold' tire inflation pressure. It should be checked in the morning before you drive more than a few miles; otherwise rising ambient temperatures or the sun's radiant heat affects it. Since air is a gas, it expands when heated and contracts when cooled. In most parts of North America, this makes fall and early winter months the most critical times to check inflation pressures. The difference between average summer and winter temperatures is about 50° Fahrenheit, which results in a potential loss of about 5 psi as winter's temperatures set in. A 5 psi loss is enough to sacrifice handling, traction, and durability!



# Service Tech Tips

## Tire Pressure 101 cont.

I recommend that you check cold tire pressure frequently with a good quality gauge that holds a reading. I purchased a spring-loaded gauge from Snap-On Tools, and it has lasted for more than six years. Where you buy your gauge is entirely up to you, but the old phrase “you get what you pay for” stands true. The \$2 gauge at the counter of your local auto parts store might work for awhile but don't bank on the reading to be correct.

The tires on your bike need weekly attention, both a visual inspection as well as a pressure check, and do not forget the valve core. This is a serviceable part that holds the air in the tire, plain and simple. If you notice that you are losing pressure, this may result from undetected tire damage. Visually inspect tires for punctures, cuts, abrasions, cracks, bulges, blisters or knots. It will be necessary to dismount the tire to complete an inspection for internal damage and any need for repair. Only certain punctures in the tread area may be repaired, and only if no other damage is present. Tires with nonrepairable damage must never be used again. Damage caused by impacts or debris penetrations can result in sudden and complete tire failure and accidents. Always inspect tires following curb, chuckhole or other impacts, evidence of penetration beyond the tire surface, bulges or low pressure. Do not continue riding on such tires. Stop and call a friend for a trailer or pickup ride.

With that said, you can easily see now how important it is to have the tires' pressure and condition at their best. Keeping these simple items in order will not only give you the long life that you expect but also great tire wear, handling benefits and optimum gas mileage as well. There is no “tough-o-meter” scale on this tip. We all need to do this on a routine schedule. Inspect your tires frequently for damage and always heed warning signs such as vibration, handling instability, rubbing or tire noise that occurs during operation of the motorcycle.

# Motorcycle Humor!!







# Riding Tips

## A word or two about Safety from your Safety Officer...

### 10 Motorcycle safety tips for new riders- Expert advice for first-time and returning riders

Motorcycles are fun and fuel efficient. That's not news to anyone who's ridden one. But neither is the fact that they're also way more dangerous than a car. The cold reality is that motorcyclists are 30 times more likely to die in a crash than people in a car, according to the Insurance Institute for Highway Safety (IIHS). And nearly half of all motorcycle deaths are the result of single-vehicle crashes.

The numbers are even scarier for older riders, who are increasingly taking up or returning to motorcycling after many years. Because of slower reflexes, weaker eyesight, more brittle bones, and other disadvantages, riders over 60 years old are three times more likely to be hospitalized after a crash than younger ones.

Below are some tips to help you stay safe on two wheels.

**Don't buy more bike than you can handle.** If you've been off of motorcycles for awhile, you may be surprised by the performance of today's bikes. Even models with small-displacement engines are notably faster and more powerful than they were 10 or 20 years ago. When shopping for a bike, start with one that fits you. When seated, you should easily be able to rest both feet flat on the ground without having to be on tiptoes. Handlebars and controls should be within easy reach. Choose a model that's easy for you to get on and off the center stand; if it feels too heavy, it probably is. A smaller model with a 250- to 300-cc engine can make a great starter or commuter bike. If you plan on doing a lot of highway riding, you might want one with an engine in the 500- to 750-cc range so you can easily keep up with traffic.

**Invest in antilock brakes.** Now available on a wide array of models, antilock brakes are a proven lifesaver. IIHS data shows that motorcycles equipped with ABS brakes were 37 percent less likely to be involved in a fatal crash than bikes without it. "No matter what kind of rider you are, ABS can brake better than you," says Bruce Biondo of the Virginia Department of Motor Vehicles Motorcycle Safety Program.

The reason is simple: Locking up the brakes in a panic stop robs the rider of any steering control. That can easily lead to a skid and crash, which can result in serious injury. ABS helps you retain steering control during an emergency stop, and it can be especially valuable in slippery conditions. This critical feature is now standard on many high-end models and adds only a few hundred dollars to the price of more basic bikes. You may be able to offset some of the cost with an insurance discount. Either way, we think it's a worthwhile investment in your safety.

**Hone your skills.** As Honda's Jon Seidel puts it, "There is nothing we could say or advise more than to go find a Motorcycle Safety Foundation (MSF) riding course in your area. That's critical, absolutely critical." An MSF course or similar class can teach you the basics, as well as advanced techniques, such as how to perform evasive emergency maneuvers. The cost ranges from free to about \$350. An approved safety course may make you eligible for an insurance discount and, in some states, to skip the road-test and/or the written test part of the licensing process. Some motorcycle manufacturers offer a credit toward the cost of a new motorcycle or training if a rider signs up for an MSF course. The MSF website lists about 2,700 locations for such courses around the United States.





# Riding Tips cont.

## KIDING LIDS CONF'

**Use your head.** Yes, helmets are an emotional topic for some riders. But the facts show the risk. Riders without a helmet are 40 percent more likely to suffer a fatal head injury in a crash and are three times more likely to suffer brain injuries, than those with helmets, according to government studies. When Texas and Arkansas repealed their helmet laws, they saw a 31- and 21-percent increase in motorcycle fatalities, respectively. “It is absolute insanity to repeal helmet laws,” says Orly Avitzur, M.D., a neurologist and a Consumer Reports medical adviser. “Because helmets do save lives, it is insanity to expose the skull and the brain to potential trauma that could be prevented or at least mitigated.”

A full-face helmet that’s approved by the Department of Transportation is the best choice. (Look for a DOT certification sticker on the helmet.) Modern helmets are strong, light weight, and comfortable, and they cut down on wind noise and fatigue. Keep in mind that helmets deteriorate over time and may not be safe even if they look fine. The Snell Memorial Foundation, an independent helmet testing and standards-setting organization, recommends replacing a helmet every five years, or sooner if it’s been damaged or has been in a crash. Beyond potential deterioration due to aging and exposure to hair oils and chemicals, Snell points out that there is often a notable improvement over that time in helmet design and materials.

**Wear the right gear.** Jeans, a T-shirt, and sandals are recipes for a painful disaster on a bike. Instead, you want gear that will protect you from wind chill, flying bugs and debris, and, yes, lots of road rash if you should slide out. For maximum protection, go for a leather or other reinforced jacket, gloves, full pants, and over-the-ankle footwear, even in summer. Specially designed jackets with rugged padding and breathable mesh material provide protection as well as ventilation for riding in warm weather. You’ll also want effective eye protection; don’t rely on eyeglasses or a bike’s windscreen. Use a helmet visor or goggles. And keep in mind that car drivers who have hit a motorcycle rider often say they just didn’t see them, so choose gear in bright colors.

**Be defensive.** A recent study by the University of South Florida’s Center for Urban Transportation Research found that in collisions involving a motorcycle and a car, car drivers were at fault 60 percent of the time. So, you need to be extra alert, especially in this age of epidemic phone use and texting behind the wheel. Keep an eye out for cars suddenly changing lanes or pulling out from side streets. And don’t tailgate; keeping a safe following distance is critical, both to ensure you have enough stopping distance and so you have time to react to obstacles in the road. An object that a car might easily straddle could be a serious hazard when on a bike.

**Avoid bad weather.** Slippery conditions reduce your margin for error. Rain not only cuts your visibility but reduces your tires’ grip on the road, which can make cornering tricky. If you need to ride in the rain, remember that the most dangerous time is right after precipitation begins, as the water can cause oil residue to rise to the top. And avoid making sudden maneuvers. Be especially gentle with the brakes, throttle, and steering to avoid sliding. When riding in strong side winds, be proactive in anticipating the potential push from the side by moving to the side of the lane the wind is coming from. This will give you some leeway in the lane, should a gust nudge you.



# Riding Tips cont.

## CONT'

**Watch for road hazards.** A motorcycle has less contact with the pavement than a car. Sand, wet leaves, or pebbles can cause a bike to slide unexpectedly, easily resulting in a spill. Bumps and potholes that you might barely notice in a car can pose serious danger when on a bike. If you can't avoid them, slow down as much as possible before encountering them, with minimal steering input. Railroad tracks and other hazards should be approached as close to a right angle as possible, to reduce the chances of a skid.

**Be ready to roll.** Before each ride, do a quick walk-around to make sure your lights, horn, and directional signals are working properly. Check the chain, belt, or shaft and the brakes. And inspect the tires for wear and make sure they're set at the proper pressure. Motorcycle mechanics we've spoken with say they routinely see worn-out brakes and improperly inflated tires that greatly increase safety risks. When tires are under-inflated, "handling gets really hard, steering gets hard, and the bike doesn't want to lean," says Mike Franklin, owner of Mike's Garage in Los Angeles.

**Enjoy and be safe**

# Helpful Links



Warrior Angel Riders- [www.warriorangelriders.org](http://www.warriorangelriders.org)

Jet City Harley Davidson- [www.jetcityharley.com](http://www.jetcityharley.com)

Eagle Leather- <https://eagleleather.com>

Absolute Ministries- <https://www.absoluteministries.org/>



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