WARRIOR ANGEL RIDERS NEWSLETTER **MAY 2022**

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Letter From The Editor

Hello Angels, and welcome to our Newsletter!

I wanted to take a minute to introduce myself. I am our Newsletter Editor, Cammie AKA "Boots". I am so excited for riding season this year, who is with me?!? Just a reminder that I can't put together this newsletter with out each of you! If you have anything you would like to contribute our deadline for submission is the 20th of each month.

If you are a new member of the group and I haven't reached out to you yet, please feel free to reach out to me! I am working on it but don't wait on me!

I'm always Looking for ride pics (group and individual), new members to highlight, Birthdays to announce, Motorcycle Memes and new events to add in! (I'm sure there's stuff I'm missing, these are just some examples)

I look forward to riding with you ladies this year, keep it rubber side down always!

Cammie "Boots" editorcammie.war@yahoo.com

Director's Thoughts

The month of May celebrates Mother's Day. If you are not a mother, know you are! All women nurture and support others around her. We are truly Angels and believe in "Empo<u>W</u>er Be<u>A</u>uty St<u>R</u>ength".

International Female Riders Day is May 7th. The day calls upon women riders to "JUST RIDE!" It is a day which brings women together in motorcycling - while profiling and highlighting the Diverse numbers of women who ride. We will be at Jet City and will offer group-led ride around Tiger Mountain; we are looking forward to a fun year, kicking covid to the curb and getting back to fun and riding!

Please be sure to check out our calendar of events. We have our Swap Meet in June and our first Poker Run in August! In addition, we have several weekend getaway rides planned, our first going to Spokane in June to get a photo of the Cat Tales on the Challenge Ride! On a sad note, my mother or mama, passed away April 8th; she was 97 years young. So many of you knew her and she truly enjoyed your visits to the house. I appreciate all the thoughts, prayers, and cards we received. I was blessed to live with her for the last 11 years. She was everything to me and will always live within me. The service to place her with daddy will be in September, when my brother flies up for my wedding. At that time, we will hold a graveside service, September 10, on her birthday.

Love to all my Sisters; Humbly and grateful yours,

Lilyann "Pixel" Lear Director Warrior Angel Riders Hollie "Thumper" shared this with me: Those we love don't go away, They walk beside us every day. Unseen, unheard but always near, Still loved, still missed, and held so dear.

Who we are



W.A.R. is a group of dedicated and talented women who love to get together, have fun, and ride. We are a very diverse group coming from different backgrounds who pull together to make our events successful and fun. This is where lasting friendships and memories are made.

If you have any questions about the Ladies of W.A.R. or want to know when we have our meetings and events, please feel free to call Lilyann @253-325-2405 or email at warriorangelriders@gmail.com.

OUR History

In 2017, we were on a group ride with some experienced riders; the ride started at a respectful pace until we hit the backroads. The guys love the twisty roads and took off!

Understandably. And yes, there are gals who enjoy the spirited ride too. However, several gals were not at the same riding level and felt uncomfortable being pushed to ride faster than their guardian angel can fly.

Later several of us ladies got together for lunch, talked about the ride and asked ourselves, "what can we do to make sure we are riding within our group's level, leaving no rider behind?". We discussed offering to be a mentor, helping to develop our riding skills, offering tips from our own riding experiences.

"Warrior Angel Riders (W.A.R.)" was born!

Our Meetings

Meetings are held monthly at Black Bear Diner in Lakewood. Socialization begins at 6:30 P.M. followed by the meeting at 7:00 P.M. You can simply attend the meeting or choose to eat and enjoy a beverage. The members of W.A.R. run their own meetings and sponsor activities that ladies can participate in.

Warrior – is a woman whose strength has endured. Several of our gals are breast cancer survivors. Sadly, a few had to lay to rest their child, a spouse or a loved one. Something no one should ever have to experience alone. As women, we ALL fight our battles, support each other, struggle to survive and find the courage to live.

Angel – is a woman who looks after family, friends, co-workers, strangers. She is a loving and caring person who will make your day brighter just being there. She shows compassion; protecting and guiding, who is selfless.

Riders – as women riders, there is nothing more empowering than climbing onto your own bike and taking to the open road.

OUR COLOR CHOICE TO REPRESENT US: Purple and White.

Purple is associated with royalty. It symbolizes power, nobility, luxury, and ambition. It conveys wealth and extravagance. Purple is associated with wisdom, dignity, independence, creativity, mystery, and magic.

White, an inherently positive color, is associated with purity, virginity, innocence, light, goodness, safety, brilliance, illumination, understanding, cleanliness, faith, beginnings, sterility, spirituality, possibility, humility, sincerity, protection, softness, and perfection.

We believe in pursuing to be the BEST as women, through every aspect of life.

Beauty *Empowerment* *Strength* *Trust*



Lilyann Lear "Pixel" Director/Founder warriorangelriders@gmail.com

Gloria Padgett "Fireball" Assistant Director/Founder oceangee5@comcast.net





Sandy Knab "Badass" Treasurer/Founder slemerson35@comcast.net



Michelle Soul "Gingersnap" Secretary icancompute@yahoo.com

Tracy Cutler "Switchback" Head Road Captain/Founder roadcaptain.switchback.war@gmail.com





Jessie Lynne Sturzione "Pipes" **Road Captain**



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Let's Meet the Players!!!!!



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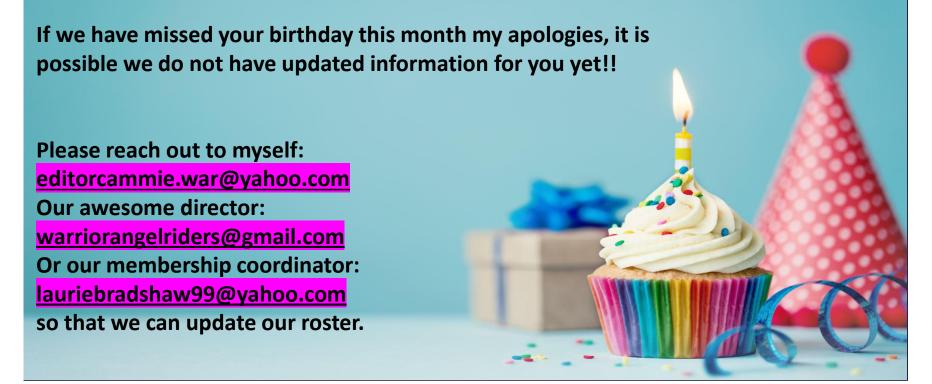
Lila Rooks "Tailwind" Sargeant At Arms lilarooks@gmail.com

Laurie Ross
Wing Miles Coordinator
war.wingmileage@gmail.com



W.A.R. Birthdays!

Kim Hopkins 5/1 Gloria "Fireball" Jackson 5/15 Debi "Siren" Lovelace 5/17 Lila "Tailwind" Rooks 5/27 Jen Galagher 5/30



Help HUB

We are a diverse group, and we all bring something to the table, and we cannot do many of the things we do in W.A.R. without all of you!! What talents do you bring to the table that you would like to share? We are always looking for extra help. Here are a few places we are looking to add in support:

- Road Captains
- Sweeps
- Event Support (this is HUGE)

Upcoming Events:

5/7 Int'l Female Ride day – need lots of bodies for this one, Several leads and sweeps for small groups of riders, at least 4 bodies to tend W.A.R.s many tables at the event, registration tables ETC, Ask Lily where you can be of assistance!

If you feel you have some time and would like to help, please reach out to our AWESOME director at warrirorangelriders@gmail.com

Stay tuned here for more upcoming events to be added in!!





Welcome to Spring!

Riding is starting to happen more frequently and we are all scrambling to get our bikes in the shop and ready for the summer. Admit it, we've all slipped out for a ride before we put it in the shop for servicing "just to scratch that itch". Question is, were you safe when you went out? T-CLOCS is an accepted acronym through the motorcycle safety foundation (MSF) on how to pre-ride inspection check your motorcycle to make sure you are as safe as possible. PLEASE VISIT:

https://msfusa.org/downloads/TCLOCS Inspection Checklist.pdf

for a free downloadable version of the checklist. I suggest spending some time on the Motorcycle Safety Foundation Home Page website as there are many great resources to help ANY RIDER.

Lets look at the list:

- **T-CLOCS**
- T TIRES & WHEELS (also add battery TENDER Connected?)
- **C CONTROLS**
- **L LIGHTS & ELECTRICS**
- O OIL & OTHER FLUIDS
- **C CHASSIS**
- S STANDS

If you take the time to click on the link and refer to the list you can see it is very detailed. It can seem daunting at first to take on such a long list. However, doing ANYTHING for the first time is daunting. Doing this list over and over, you will develop a "Mental Muscle Memory". You will start to remember what something SHOULD look like versus when there is a problem. It will allow you to become very familiar with your bike, and you will be much more aware if there ACTUALLY IS a problem. Ultimately, when you KNOW your bike is safe, it will instill confidence in you as a rider. rider.



You will need a few basic items to perform this list. Those items are:

flashlight, chalk or making tape (to mark tire for rolling inspection for debris), shop towel or rag, tire pressure gauge, tire tread depth gauge, basic combination wrench, small drop cloth (to lay on), folded bath towel or similar (something soft to kneel on), AND MOST IMPORTANTLY, YOUR OWNERS MANUAL. Your owners manual can show you all the basic information you need to know to complete your T-CLOCS inspection. Yes, it will be tough at first, but with a little practice, you will be able to

accomplish the list in 10-15 minutes instead of an hour or two. Repetition is KEY! Before you start, read through the list, make sure you understand it. Some items may not apply, for example, if you have cast alloy wheels, then obviously, you bypass the spoke inspection. Take your time, look the bike over thoroughly. This Isn't a race, its about insuring you are safe on your ride!

A FEW TIPS on the listed basic items for inspection.

- 1) Flashlight recommend a super bright LED type to see into the darkest areas.
- 2) Shop towel or rag Old white towels are great for this. Blue paper shop towels do the job. Red shop rags are available at most auto stores and Harbor Freight
- 3) Chalk or Tape to mark the tire tread for rolling bike and looking for debris/damage to tire tread. Also to assist locating tire valve for checking pressure. Easily removed after use
- 4) Tire pressure gauge something/anything to check air pressure. (It should be accurate, but if you know it is set correctly at 40 psi, and a \$5 gauge is reading 42 psi, when you see 28 psi on that cheap gauge, you know something is up) YOU JUST NEED SOMETHING TO GET STARTED (check Amazon, single pack for under \$6).
- 5) Tread depth gauge something that is very simply going to tell you when you hit 2/32" to know when you need to replace tires (available on Amazon , 2 for \$6)
- HINT: (using a U.S. penny the distance from the edge of the coin to Lincoln's head is 2/32")
- 6) Owners Manual IF you do not have one, contact your bike manufacturer's dealership, OR check on eBay. It is a great source of information at home AND on the side of the road.



Like any task, learning to perform the T-CLOCS inspection is a learning process. You will have questions, or be unsure of how to properly do something. Do not let this discourage you. The key is finding the answers to questions, so you can be proficient in the process. This will then lead to confidence in self and machine.

Whether you realize it or not, YOU are the FOREMOST EXPERT of that one motorcycle that you ride every day. Nobody knows that one motorcycle better then you. If you listen to it, you will know when something is wrong.

The certainty of writing this article is there will be more questions then answers after reading it. If that is the case, then I have done my job. You go to your Dr for a physical check up. While the Dr pokes and prods, they also ASK QUESTIONS. They are inquiring as to any information they cant see that may indicate a problem. When you perform this inspection, you are inquiring as to whether or not your motorcycle has any ailment that should be addressed. So get that list, hit the garage and be one with your machine. YOU GOT THIS, YOU CAN DO THIS!

See you on the road
Jessie Lynne
wrenchitup.war@gmail.com

Wing Sister Mentorship Program

We are excited to announce our Mentorship Program known as 'Wing Sisters'.

Goal: The Wing Sister Program will serve as an opportunity for new riders to overcome barriers by building camaraderie with fellow motorcyclists in W.A.R. and pair riders together to foster safe motorcycle riding practices. We want to show new riders how fun riding can be and how to feel safe on the road; <u>we will</u> not be teaching ladies how to ride.

At this time, we have 9 amazing Wing Sisters ready to Mentor new riders; they will share their love of riding and adventure, as well as being a *cheerleader*, *consultant*, and *counselor* for new riders beginning their journey. We have begun outreach to local motorcycle shops, Motorcycle Safety Classes, and other locations to reach new riders. We have a few brochure displays in key locations to reach potential new lady riders. If you would like a brochure rack for a location that you feel has good visibility to new riders let us know. We have extra brochures if you need a few. Stop by Eagle Leather and take what you need; they are located on the counter by the backdoor. We will be refilling the brochure rack regularly.



Wing Sisters mentorship program – pt. 2

What will a Mentor do for a new rider?

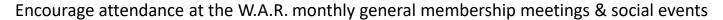
Call to check riding progress

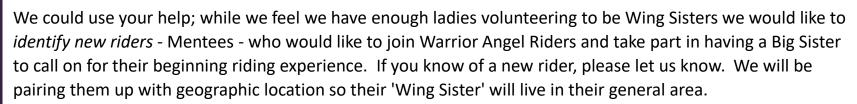
Advice on safety gear

Go on rides with a mentee – escorting them home if needed

Counsel to seek additional Safety Training

Bike purchase conferring





NOW the most exciting part of this program: Elaine 'Earhart' Smith has agreed to be the facilitator. We are thrilled she has agreed to run this program and we welcome her to the Leadership Team. Elaine can be reached at mentor.warriorangelriders@gmail.com.

Let us all reach out to new and beginner riders in our area and welcome them to the incredible world of riding motorcycles and the amazing camaraderie of Warrior Angel Riders.

Charlie 'Angel' Houmes – Advisor Elaine 'Earhart' Smith - Mentorship Facilitator



Wing Mileage Program

Hello Ladies! My name is Laurie Ross, and I've volunteered to track the Wing Mileage program. Now is the time to sign up for the program! How do I do this, you ask? The quickest way is to go to WAR's web page, and click the tab at the top, "Comings and Goings", then click "Wing Mileage Program." Please review the Program Guidelines. When you've finished reading the guidelines, you'll see the form. Want your mileage to count? Then I need to know the year, make, model and license plate along with photos of your odometer and license plate of each bike you're registering. Every three months (or thereabouts), you'll send me an email at war.wingmileage@gmail.com, with your updated miles. The updated emails will also need to include the same information as when you registered, along with your name.

I'm currently going through the emails that were sent by those enrolled in the program from last year and those folks that just signed up. In addition to the patch, you should have received when you first enrolled (if you didn't get one let me know), there are small rocker patches for miles achieved 5000, 10000, and 20000. If you achieved one of these goals, then I will get you a rocker patch. Your patience is appreciated. Currently, the program is designed to track your mileage on a yearly basis. This is your program! If you have suggestions on how to improve things, feel free to contact me at war.wingmileage@gmail.com.





Hello Ladies!

Spring has sprung! Every day the sun comes out, even for a little bit, I get so excited. The days are getting longer and soon the warm weather will be here. By the time you read this, the Challenge rides will have started. If you have not signed up for the mileage program, head to the WAR website. It's just \$10.00 for the year. The program calculates the cumulative miles you've ridden from year to year. All you need to do is register, send me your mileage every three months or so, and ride. You'll get a cool patch and as you rack up the miles, you'll get rocker patches to go along with your achievements. Speaking of achievements, I'm happy to announce there are five ladies that have achieved 5000 miles since signing up last year. Congratulations to Elaine "Earhart" Smith, Laurie "Vamp" Bradshaw, Kim Hopkins, Julie Phelps, Debbi Bulter, and Susan Fenwick. Congratulations also goes out to Charlie "Angel" Houmes who has racked up a whopping 20,000 plus miles since the program started. Way to go ladies! Do be left out, sign up today!

If you have questions or comments, email me at war.wingmileage@gmail.com.

Cheers! Laurie

Wing Mileage Recogniition!!!

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Upcoming Events Part 1:

ATTENTION: Due to the COVID-19 virus situation please check that any event you plan to attend is still occurring.

- ❖ 5/7/2022 9:00AM to 3:00PM INT'L Female Ride Day W/Jet City Harley Davidson, 3715 E Valley Rd, Renton WA
- ❖ 5/10/2022 6:30PM to 9:00PM May Meet N Greet
 @Black Bear Diner, Lakewood WA
- 6/3/2022-6/5/2022 Cat Tales Spokane Co-Ed Ride (Challenge Spot #6)
- ♦ 6/7/2022 7:00PM to 9:00PM June Meet N Greet @Black Bear Diner, Lakewood WA
- 6/12/2022 8:00AM to 3:00PM Motorcycle SWAP Meet 25405 97th Pl. S, Kent WA
- 6/20/2022 31st Annual Ride your Motorcycle to work day!
- ❖ 6/23/2022 6/27/2022 8:00AM Annual CO-ED 5 day ride Lolo Pass Via Enterprise OR KSU 8AM @Nisqually Bar & Grill
- ❖ 6/25/2022 9:00AM to 3:00PM Ride for Our Troops Poker Run @Everett Vet Center 1010 SE Everett Mall Way #207, Everett WA
- \bullet 7/4/2022 4TH of July Parade (more info TBA)
- 7/5/2022 6:30PM to 9:00PM July Meet N Greet
 @Black Bear Diner, Lakewood WA

Please see Event info in Meetup App for complete details on any events listed here.

Upcoming Events Part 2:

ATTENTION: Due to the COVID-19 virus situation please check that any event you plan to attend is still occurring.

- 8/6/2022 10:00AM to 3:00PM W.A.R. 5th Anniversary Ride (More info TBA)
- 8/9/2022 6:30PM to 9:00PM August Meet N Greet
 @Black Bear Diner, Lakewood WA
- ♦ 8/27/2022 Mason Health Poker Run (More Info TBA)
- 9/6/2022 6:30PM to 9:00PM September Meet N
 Greet @Black Bear Diner, Lakewood WA
- 9/25/2022 9:00AM to 5:00PM Oyster Run (more info TBA)
- 10/4/2022 6:30PM to 9:00PM October Meet N Greet
 @Black Bear Diner, Lakewood WA
- ❖ 10/16/2022 Challenge Ride Luncheon (More info TBA)
- 10/29/2022 Trunk or Treat (More info TBA)
- 11/8/2022 6:30PM to 9:00PM November Meet N Greet @Black Bear Diner, Lakewood WA
- 12/6/2022 6:30PM to 9:00PM December Meet N
 Greet @Black Bear Diner, Lakewood WA
- ❖ 12/21/2022 White Elephant Dinner (More info TBA)

Please see Event info in Meetup App for complete details on any events listed here.







