



4<sup>th</sup> May -28<sup>th</sup> June 2026

	<i>Monday</i>	<i>Tuesday</i>	<i>Wednesday</i>	<i>Thursday</i>	<i>Friday</i>	<i>Saturday</i>
9am						
10am				10:30am Static mixed level Ash		
11am		Mums N Bubs Lauren				Flexibility training (6 wk course) Lauren
12pm						Dance with Haylz
1pm						Beginner mixed static/spin Hayley
2pm						Privates & function availabilities
3pm						
4pm						
5pm					Intro to pole (Complete beginners) Hayley	
6pm	Static inter-adv Ash	Static intermediate Ash	Static beginner Jess	Static Beginner Ash	Beginner spin Hayley	
7pm	Static advanced Ash	Inter-adv Spin Ash	Static beginner-inter Jess	Elite Ash	Dance with Haylz Hayley	
8pm	Static beg-inter Lauren	Static Beginner Lauren	Beginner spin Lauren	After dark vibes Lauren	After Dark Vibes Lauren	
<i>Course type</i>	Static pole (8wks) \$220		Spin pole (8wks) \$220	Casual class \$20		
<i>Duration</i>	1hr		1hr	1hr		