



29th June-23rd August 2026

	<i>Monday</i>	<i>Tuesday</i>	<i>Wednesday</i>	<i>Thursday</i>	<i>Friday</i>	<i>Saturday</i>
9am						
10am		10:30am Mums N Bubs 1.5hrs Lauren		10:30am Static mixed level Ash		Mixed Aerials Lauren
11am						Mixed Aerials Lauren
12pm						Dance with Haylz
1pm						Beginner mixed static/spin Hayley
2pm						Privates & function availabilities
3pm						
4pm						
5pm		Teens mixed aerials Lauren	Kids mixed aerials Jess	Mixed aerials Lauren	Intro to pole (Complete Beginners) Hayley	
6pm	Beginner mixed static /spin Ash	Static intermediate Ash	Mixed aerials Jess	Static Beginner Ash	Beginner spin Hayley	
7pm	Static advanced Ash	Inter-adv Spin Ash	Static beginner- inter Jess	Elite Ash	Dance with Haylz Hayley	
8pm	Static intermediate Lauren	Static Beginner Lauren	Beginner spin Lauren	After dark vibes Lauren	After Dark Vibes Lauren	
<i>Course type</i>	Static pole (8wks) \$220		Spin pole (8wks) \$220	Casual class \$20	Aerial hoop/silks \$220	Kids/teens aerials \$220
<i>Duration</i>	1hr		1hr	1hr	1hr	1hr