



# **Peel Family Shelter**

## **COMMUNITY ASSESSMENT**



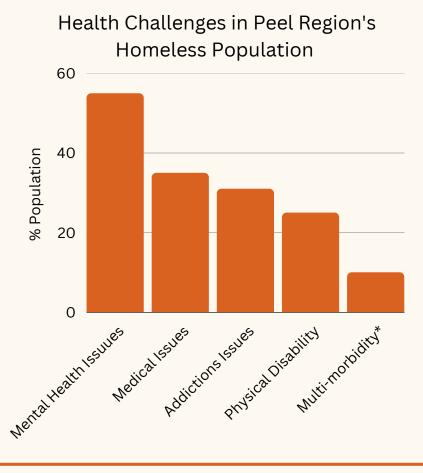
#### The Area

Peel Family Shelter (PFS) is located in the neighbourhood of Meadowvale, in the northwest end of Mississauga. Although there are schools, parks, places of worship, and a community centre nearby, the gap between local supply and demand for housing continues to expand.

## The Clients

In 2023, PFS housed approximately 125 families, 40% of whom are refugees or immigrants. Some are fleeing domestic violence, and an estimated 20% of clients have active mental health challenges. Families are diverse in structure, including individuals, couples, children, and/or older adults.





## Main Needs

- Basic health necessities
- Routine health assessment
- Addiction supports
- Mental health supports
- Comprehensive housing supports
- ID/health card acquisition assistance

\*Multi-morbidity in this context refers to the coexistence of a mental health issue, substance use, and chronic medical condition.

## What We Can Bring

Primary Care

- Wound care
- Chronic health management
- General health screening

Health Education

Individual and group-based health promotion and prevention

#### Mental Health Support

- Peer support
- Vollaboration with Canadian Mental Health Association

#### Advocacy

- Basic needs, supplies, harm reduction
- Referrals to community

#### References

Region of Peel and Peel Alliance to End Homelessness. (2019). Everyone counts Peel: 2018 joint point-in-time count and registry week results. https://www.homelesshub.ca/sites/default/files/attachments/Final%20Report.pdf

