

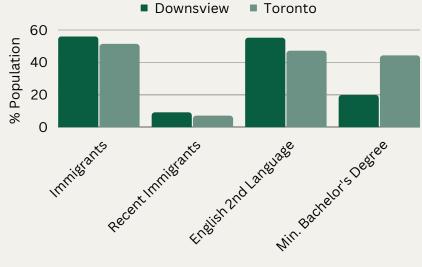
# **Mennonite New Life Centre of Toronto**

### **COMMUNITY ASSESSMENT**



#### The Area

MNLCT is located in the neighbourhood of Downsview, in the north end of Toronto. Next door are multiple walk-in clinics in addition to Humber River Hospital.



#### The Clients

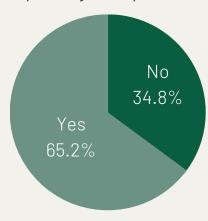
2 in 3 surveyed clients at MNLCT (64.9%) answered "Yes" when asked if they have any trouble getting health care services when necessary.



### Why?

Reported challenges include long wait times, physician shortages, uninsured costs, and more.

primary care provider



#### Main Needs

Services that MNLCT clients would like to receive at a nurse-led health clinic include:

- Dental, vision care (68.4% of respondents)
- Consultations with specialists (68.4%)
- Health screening or prevention (61.8%)
- Emotional support to help with stress, anxiety, depression (57.9%)
- Nutrition and exercise programs (56.6%)

## What We Can Bring

Primary Care

Health

Advocacy

- - Chronic disease
- Education
- based on identified needs
- Mental Health Support
- expertise and
- Interagency partnerships
- Food security strategies

#### References

City of Toronto. (2018). 2016 neighbourhood profile: Downsview-Roding-CFB. https://www.toronto.ca/ext/sdfa/Neighbourhood% 20Profiles/pdf/2016/pdf1/cpa26.pdf

