

Breakfast Blend

Start the Day Strong.

Our Breakfast Blend offers a mild, savory flavor profile perfect for breakfast menus and beyond. Crafted from premium wild-caught fish and seasoned with a classic mix of sage, pepper, and spices, it gives chefs a versatile, better-for-you protein that works anywhere traditional breakfast sausage is used — and then some.



Why It Works in Your Kitchen

- Versatile Applications: Perfect for breakfast sandwiches, burritos, skillet, wraps, or as a side option.
- Consistent Flavor: Mild, approachable seasoning appeals to a wide audience and pairs well with eggs, potatoes, and breads.
- Nutrition-Focused: High in protein, low in saturated fat — an easy way to serve health-forward breakfast choices.
- Operational Ease: Cook directly from frozen; FDA, USDC inspected for quality and consistency.



Perfect for:

- Quick-service & fast-casual: Breakfast sandwiches, wraps, burritos.
- Institutional menus: High-volume breakfast programs, catering options.
- Full-service restaurants: Brunch menus, signature skillet, and creative breakfast bowls.



Specs:

- Format: Links (1 oz), patties (2 oz), 1 or 5 lb chubs
- Net Weight: 10–20 lbs per case
- Storage: Frozen; 180-day shelf life
- Preparation: Cook to 165°F internal temperature, Do not microwave

Our Promise:



We guarantee you a versatile, sustainable protein that delivers robust nutrition straight from nature's best waters — ready to meet the needs of your kitchen and your diners

© Impact Fisheries 2025 - Piedmont, MO

Wild Caught. No Limits!

This wild-caught protein brings a nutrient-rich edge and endless culinary potential, sourced from fresh waterways with no limits to how it can be prepared. It redefines natural protein standards tailored for buyers like you: managers and chefs who demand premium, digestible, low-allergen options that support muscle health and satisfy discerning palates.



Breakfast Blend

Nutrition

Flavor with a Side of Bragging Rights

Chefs want three things: flavor, versatility, and a story worth telling.

We deliver all three. Our wild-caught white fish is mild, lean, and takes on seasoning like a pro. Burgers, brats, tacos, bowls — it fits anywhere on the menu.

But here's the twist: every pound served helps restore America's waterways. So you can serve a dish that tastes amazing, performs beautifully in the kitchen, and makes your diners feel good about ordering it.

Tell the story. Taste the difference.

Nutrition Facts	
about 53 servings per container	
Serving size	3 Links (85g)
Amount per serving	
Calories	130
% Daily Value*	
Total Fat 7g	8%
Saturated Fat 1.0g	6%
Trans Fat 0g	
Cholesterol 50mg	17%
Sodium 350mg	15%
Total Carb. 3g	1%
Dietary Fiber 0g	1%
Total Sugars <1g	
Includes <1g Added Sugars	2%
Protein 14g	
Vitamin D 19.5mcg 100%	Calcium 40mg 2%
Iron 1.1mg 6%	Potas. 270mg 6%
* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.	

Manufactured By: Impact Fisheries
2 Industrial Dr., Piedmont, MO 63957
FEI# 3022617372
Product of USA



Impact Fisheries

Caught and processed in the Midwest.



INGREDIENTS: WHITEFISH (HYPOPHthalmichthys molitrix, HYPOPHthalmichthys nobilis), BREAKFAST SEASONING (DEXtrose, SALT, PEPPER, SAGE, OTHER SPICES), ORGANIC HIGH-OLEIC SUNFLOWER OIL, TOCOBIOL ER (TOCOBIOL, ROSEMARY EXTRACT) (ANTIOXIDANT)

CONTAINS: FISH

Product may contain bones *DEPENDING ON PRODUCT FORM, "NATURAL SHEEP CASING" MAY BE PRESENT

SAFE HANDLING INSTRUCTIONS

SOME FOOD PRODUCTS MAY CONTAIN BACTERIA THAT COULD CAUSE ILLNESS IF THE PRODUCT IS MISHANDLED OR COOKED IMPROPERLY. FOR YOUR PROTECTION, FOLLOW THESE SAFE HANDLING INSTRUCTIONS.



KEEP REFRIGERATED OR FROZEN. THAW IN REFRIGERATOR OR MICROWAVE.



KEEP RAW FISH SEPARATE FROM OTHER FOODS, WASH WORKING SURFACES (INCLUDING CUTTING BOARDS), UTENSILS, AND HANDS AFTER TOUCHING RAW FISH.



COOK THOROUGHLY.



KEEP HOT FOODS HOT. REFRIGERATE LEFTOVERS IMMEDIATELY OR DISCARD

Cook to a minimum internal temperature is 165°F.
Do not Microwave

Available Weights/Forms: 1 oz links, 2 oz patties, and 1 or 5 lb chubs
Dairy Free, Gluten Free, no artificial flavor or colors, no fillers, wild caught, Premium Spice Blends



contact@impactfisheries.com
573-523-5028