

# 8 Week - Combine Training Report Card - Improvements

Mar 31, 2025 - May 29, 2025

| Player Name      | 40 Yd Dash - Sec (Best) | 10 Yd Dash - Sec (Best) | 20 Yrd Shuttle (Best) | Broad Jump - Inches (Best) | Vertical Jump (Best) | Weight - LBS | Trap Bar Max - LBS |
|------------------|-------------------------|-------------------------|-----------------------|----------------------------|----------------------|--------------|--------------------|
| Aaron Rivas      | (0.26)                  | (0.08)                  | (0.45)                | 4.0                        | 7.5                  | 1.6          | 85                 |
| Blake Thomas     | (0.27)                  | (0.06)                  | (0.13)                | 3.5                        | 4.0                  | 6.2          | 120                |
| Carter Temple    | (0.16)                  | (0.06)                  | (0.42)                | -1.0                       | 2.0                  | 11           | 55                 |
| Cash Lewandowski | (0.11)                  | (0.04)                  | (0.28)                | 0.0                        | 5.0                  | 2            | 105                |
| Colton Boyle     | (0.12)                  | 0.03                    | 0.05                  | 0.0                        | 3.0                  | 6            | 90                 |
| Cruz Lewandowski | (0.19)                  | (0.04)                  | (0.01)                | 5.0                        | 4.0                  | 6.4          | 60                 |
| Kevin Novel      | (0.11)                  | 0.02                    | 0.10                  | 4.0                        | 4.5                  | 3            | 213                |
| Matthew Putzier  | (0.20)                  | (0.03)                  | 0.00                  | 7.5                        | 6.5                  | 11.7         |                    |
| Mayson McCarthy  | (0.26)                  | 0.02                    | (0.27)                | 0.5                        | 7.0                  | -6           | 35                 |

**Average**

**(0.19)**

**(0.03)**

**(0.16)**

**2.6**

**4.8**

**4.7**

**95.4**