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As many as 13% of all Baby Boomers are part of a minority group. 55+ magazine will be sensitive to the needs of all people i.e.; race, creed, religion, sex, sexual orientation, gender identity and national origins.

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TABLE OF CONTENTS

CONTENIDOS

2011 • VOLUME 2, ISSUE 3

55+ MAGAZINE GOES QR?	
55+ MAGAZINE ESTÁ EN QR?	5
THE PLAIN TRUTH ABOUT ALZHEIMER'S DISEASE	
LA PURA VERDAD ACERCA DE LA ENFERMEDAD DE ALZHEIMER	8
DO YOU HAVE AN UNDETECTED VISION PROBLEM?	
¿TIENE USTED UN PROBLEMA DE VISIÓN NO DETECTADOS?	10
ONCOLOGY ESTHETICS	
ESTÉTICA ONCOLÓGICA	14
AGE IS NOTHING BUT A NUMBER	
LA EDAD NO ES MÁS QUE UN NÚMERO	18
THE WORLD ACCORDING TO JOAN	
EL MUNDO SEGÚN JOAN	20
DON'T FALL IN TO THIS GAP!	17
RESOURCE DIRECTORY	
DIRECTORIO DE SERVICIOS	29
HOSPITALS & HOSPICES GUIDE	
GUÍA DE HOSPITALES Y HOSPICIOS	30
NURSING/REHAB FACILITY GUIDE	
GUÍA DE SANATORIOS Y CENTROS DE REHABILITACIÓN	32
HOME CARE SERVICES GUIDE	
GUÍA DE CUIDADORES DOMICILIARIOS	36
PROFESSIONAL SERVICES GUIDE	
GUÍA DE SERVICIOS PROFESIONALES	37
ADULT DAY CARE GUIDE	
GUÍA DE CENTROS DE CUIDADO DEL DÍA	39
ASSISTED LIVING FACILITY GUIDE	
GUÍA DE CASAS DE ASITENCIA	40
RESOURCE GUIDE	
GUÍA DE RECURSOS	55

55+ MAGAZINE GOES QR?

55+ MAGAZINE ESTÁ EN QR?



People often pass by them and have no idea what they mean or even what to make of them. 55+ Magazine believes in providing the most updated technology to our readers and network members. While QR codes are still fairly novel in the Western World, they've been actively used for over a decade in Japan, where they were invented.

La gente suele pasar por ellos y no tienen idea de lo que significan, o incluso qué hacer con ellos. 55 + Revista cree en proveer la tecnología más actualizada a nuestros lectores y miembros de la red. Mientras que los códigos QR son todavía bastante novedosos en el mundo occidental, que han sido activamente utilizado por más de una década en Japón, donde se inventaron.

¿QUÉ ES UN CÓDIGO QR?

QR es sinónimo de “respuesta rápida”. Un código QR es una imagen de dos dimensiones que consiste en módulos de color negro en un patrón cuadrado sobre fondo blanco. La información codificada dentro puede ser texto, URLs, direcciones, o apenas sobre cualquier otro dato. Los códigos QR son una forma atractiva, innovadora e interactiva para vincular la física (de impresión) del mundo con el mundo digital.

¿CÓMO FUNCIONAN?

Para acceder a los códigos QR, se necesitan dos cosas:

- Un Teléfono que sea Smartphone
- Un lector de códigos QR instalado en su teléfono

Con su cámara Smartphone, escanear (tomar una foto) del código QR. A partir de ahí, el código provoca algún tipo de acción, por lo general en línea. Cada código QR da información diferente, un enlace a algo en la web, hace una llamada, envía un correo electrónico, mensaje instantáneo o un texto, etc.

¿SON POPULARES?

Son cada vez más y más populares todo el tiempo. Usted comenzará a ver por todas partes ahora que es del conocimiento de ellos. Revise los productos, revistas y cualquier forma de publicidad y se pueden ver.

WHAT IS A QR CODE?

QR stands for “Quick Response.” A QR code is a 2-dimensional image that consists of black modules arranged in a square pattern on a white background. The information encoded within can be text, URLs, addresses, or just about any other data. QR codes are an engaging, innovative, and interactive way to link the physical (print) world with the digital world.

HOW DO THEY WORK?

To access QR codes, you need two things:

- A Smartphone
- A QR Code Reader installed on your phone

With your Smartphone camera, you scan (take a picture) of the QR code. From there, the code triggers some sort of action, usually online. Each QR code gives different information, a link to something on the web, makes a call, sends an email, instant message or a text, etc.

ARE THEY POPULAR?

They are becoming more and more popular all the time. You will start seeing them everywhere now that you

are aware of them. Check products, magazines and any form of advertising and you will see them.

HOW CAN YOU USE THEM?

Initially, movie studios used them to direct people to a movie trailer online. Retailers use them to drive consumers to coupons or discounts on line, but QR codes are gaining ground and providing much more. **SO WHY NOT HAVE A QR CODE IN 55+ MAGAZINE?....** The possibilities are endless!

LET'S TRY IT TOGETHER.

1. If you have a smart phone download the application that will read a QR code from:
 - a. www.neoreader.com
 - b. www.mobile-barcodes.com and click on "About QR-Codes"
2. Now that you have the application installed in your phone, point your camera to a QR Code located in the Front upper corner of our Magazine cover below the FREE Blue Box and take a picture of the QR CODE
3. Wait a few seconds so the application can read the QR Code and
4. Tell me what you see?....

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¿CÓMO SE UTILIZAN?

Inicialmente, los estudios de cine lo utilizaban para dirigir a la gente a una línea trailer de la película. Los minoristas lo utilizan para conducir a los consumidores hacia cupones o descuentos en la línea, pero los códigos QR están ganando terreno y ofrecen mucho más. ¿Por qué no TIENE UN CODIGO QR en 55 REVISTA?.... Las posibilidades son infinitas!

VAMOS A INTENTARLO JUNTOS.

1. Si usted tiene un teléfono Smartphone debe descargar la aplicación que va a leer un código QR desde:
 - a. www.neoreader.com
 - b. www.mobile-barcodes.com y haga click en "About QR-Codes"
2. Ahora que usted tiene la aplicación instalada en su teléfono, acerque su cámara a un código QR en la esquina frontal superior de nuestra tapa de la revista por debajo de la caja azul FREE / GRATIS y tomar una foto del código QR.
3. Espere unos segundos para que la aplicación lee el Código QR y
4. Dime lo que ves?....

Las posibilidades son infinitas! Y ahora usted puede tenernos y a nuestra red con usted! Examinar nuestra revista y ver que Códigos QR son anunciantes... y estoy seguro de que será interesante ver a muchos códigos QR en muchos otros productos también.

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THE PLAIN TRUTH ABOUT ALZHEIMER'S DISEASE

LA PURA VERDAD ACERCA DE LA ENFERMEDAD DE ALZHEIMER

You have a loved one who's showing signs of memory loss and you think it might be Alzheimer's disease. It's important that you talk to your doctor as soon as your loved one starts to show signs of memory loss or dementia.

Even though you may fear the worst, there is any number of less serious reasons why someone might be experiencing memory loss or dementia. Not all of them are related to Alzheimer's, but some have very similar symptoms.

Once diagnosed, you start to worry about what your next step should be. You don't know exactly what to do but you do know that you want to provide your loved one with the best possible care. Then you begin to realize the potential cost of caring for someone with a disease that can last for 10, or even 20 years. Can you lose everything to Alzheimer's?

BEAR UP, PLAN AHEAD

So, you understand the medical side of things. Now, it's time for you to take crucial steps on the legal and financial side. The cost of care for someone with Alzheimer's is incredibly expensive. Studies show that the cost of care averages more than \$174,000 for his or her lifetime.

While that may sound outrageous, when you consider the cost of **Adult Day Care** at \$50 per day, the cost for Alzheimer's **Assisted Living or Memory Care Communities**, averaging at least \$3,000 per month, or the cost of a **Nursing Home**, typically more than \$6,500 per month, you realize that the \$174,000 lifetime figure may be low!

Fortunately, there are programs available to help, which you should consider immediately. The first step is to consult with a Board Certified Elder Law

Usted tiene un ser querido que está mostrando signos de pérdida de memoria y cree que puede ser la enfermedad de Alzheimer. Es importante que hable con su médico tan pronto como su ser querido empieza a mostrar estos síntomas.

Aunque se pueda temer lo peor, hay muchas razones menos graves por las que alguien puede estar experimentando la pérdida de memoria o demencia. No todos ellos están relacionados con la enfermedad de Alzheimer, pero algunos tienen síntomas muy similares.

Una vez diagnosticada la enfermedad de Alzheimer, es de empezar a preocuparse por lo que su siguiente paso debe ser. Usted no sabe exactamente qué hacer, pero sabe que quiere darle a su ser querido la mejor atención posible. Entonces empiezas a darte cuenta del costo potencial de cuidar a alguien con una enfermedad que puede durar 10 o incluso 20 años. ¿Se puede perder todo lo posible por la enfermedad de Alzheimer?

PLANIFIQUE CON ANTELACIÓN.

Por lo tanto, hay que entender el aspecto médico de las cosas. Ahora, es el momento para que tome los pasos cruciales en la parte legal y financiera. El costo de cuidar a una persona con Alzheimer es increíblemente caro. Los estudios muestran que el costo promedio de atención de más de 174.000 dólares para toda su vida.

Si piensa que esta cifra puede parecer escandalosa, entonces hay que tener en cuenta el costo de **atención diurna para adultos** a partir de \$50 por día, el costo de la enfermedad de Alzheimer de **vivienda asistida o de las Comunidades de la memoria de Atención**, con un promedio de al menos \$3.000 por mes, o el costo de un **asilo de**

Attorney who understands the disease, works with Alzheimer's clients and knows these programs.

BE INFORMED! INFORMATION IS POWER

It's critical that you and your loved ones have a chance to put the **proper planning in place** while there is still time. When Alzheimer's or memory loss is part of the equation, (unless their wishes have been put in writing), the law may say you have no legal merit to act on their behalf.

The Florida law states that the Alzheimer's patient must have the ability to understand the steps that are being put into place on their behalf. Once diagnosed, the family of an Alzheimer's sufferer needs to act in a timely fashion, while they can still participate in the planning. The longer you wait, the greater the risk becomes for possible Guardianship, court and costs!

Advance Directives are legal documents that once executed, can put a trusted family member(s) in a position to make decisions on behalf of their loved one. These documents will hold water for legal, financial and healthcare related situations.

Making informed decisions may become difficult or even impossible over time. The longer you wait, the greater the risk. With proper planning, you will ensure that you have taken the best steps possible to protect your loved one and your family's financial security. Retain an experienced, Board Certified Elder Law Attorney who will have your loved one's best interests at heart. Feel free to call us for more information. •



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ancianos, por lo general más de \$6.500 por mes. Para entonces te das cuenta de que la cifra de \$174.000 de por vida puede ser baja!

Afortunadamente, hay programas disponibles para ayudarlo a considerar de inmediato. Lo primero es consultar a un profesional certificado por la Junta Mayor de Ley Fiscal sobre los derechos de las personas mayores, que son los que entienden la enfermedad, trabaja con clientes de Alzheimer y conoce los programas.

MANTÉNGASE INFORMADO! LA INFORMACIÓN ES SU MEJOR ALIADO.

Es muy importante que usted y sus seres queridos tengan la oportunidad de poner la **planificación adecuada en su lugar** mientras aún hay tiempo. Cuando la enfermedad de Alzheimer o pérdida de memoria es parte de la ecuación, (a menos que sus deseos se han puesto por escrito), la ley puede decir que no tienen mérito legal para actuar en su nombre.

La ley de Florida dice que el paciente de Alzheimer debe tener la capacidad de entender los pasos que se están poniendo en su lugar en su nombre. Una vez diagnosticado, la familia del paciente de Alzheimer debe actuar de manera oportuna, mientras que todavía pueden participar en la planificación. Cuanto más espere, mayor será el riesgo y se convierte en posible la tutela, y costos del tribunal!

Las decisiones anticipadas (Advance Directives) son documentos legales que una vez ejecutados, pueden poner a un familiar de confianza en condiciones de tomar decisiones en nombre de sus seres queridos. Estos documentos son vitales para las situaciones relacionadas con lo jurídico, financieras y de salud.

La toma de decisiones informada puede ser difícil o incluso imposible por el paso del tiempo. Cuanto más espere, mayor será el riesgo. Con una planificación adecuada, usted se asegurará de que ha tomado las mejores medidas posibles para proteger a su ser querido y la seguridad financiera de su familia. No dude en llamarnos para más información. •

DO YOU HAVE AN UNDETECTED VISION PROBLEM?

¿TIENE USTED UN PROBLEMA DE VISIÓN NO DETECTADO?

Few people realize that even if they test 20/20 on an eye chart during a routine exam, they may still have undetected vision problems that are often misdiagnosed and severely reduce their enjoyment of life and even contribute to falls.



Symptoms typically include swerving off course even when you think you're walking a straight line, seeing words "jump around" on a page when you're reading, finding yourself unable to pour a beverage without missing the cup, and tripping on chair legs.

The reasons for those problems travel under fancy names such as convergence insufficiency, binocularity problems, visual midline shift syndrome, and impaired peripheral vision. They are often associated with people who have experienced a stroke or head injury.

Few optometrists are trained to recognize such problems. However, even the U.S. Army in February recognized the impact undetected vision problems can have on returning soldiers and instituted a program to check for them.

In rehabilitation settings, it's particularly important to make sure that as part of your therapeutic recovery plan your vision isn't overlooked.



Whitehall Boca Raton recently launched its own functional vision rehab program, which is led by world-renowned neuro-optometrist Dr. Larry Lampert.

He noted that recent studies show at least 35 percent of the elderly population have binocular vision problems and may be experiencing falls as a result.

He advises anyone with persistent vision problems to seek an optometrist able to diagnose and prescribe proper treatment for those issues. •

Aunque personas tengan una vision 20/20 determinado por un de exámen de rutina, todavía pueden tener problemas de visión que a menudo son mal diagnosticados y reducirán el disfrute de la vida e incluso contribuyen a las caídas.

Los síntomas suelen incluir el desviarse de su curso, incluso cuando crees que estás caminando por una línea recta; "saltar" las palabras de una página cuando se está leyendo, sintiéndose inseguro capaz de verter una bebida sin perder la copa, o tropezar con una pata de una silla.

Estos problemas pueden estar relacionados con insuficiencia de convergencia, problemas de visión binocular, el síndrome visual línea media de cambio, y la visión periférica deteriorada; a menudo se asocian con las personas que han sufrido una lesión cerebral.

Pocos Optometristas reconocen este tipo de problema. Sin embargo, incluso el Ejército de los EE.UU. en febrero reconoció el impacto que los problemas detectados de la visión pueden tener en los soldados que regresaban de un combate y estableció un programa para que sean evaluados. En el ámbito de la rehabilitación, es particularmente importante asegurarse de que, el chequeo de su visión no se pase por alto.

Whitehall Boca Raton recientemente lanzó su propio programa de rehabilitación funcional de la visión, el cual es liderado por el mundialmente famoso neuro-optometrista Lampert el Dr. Larry. Señaló que estudios recientes demuestran que al menos el 35 por ciento de la población de edad avanzada tiene problemas de visión binocular y puede estar experimentando caídas como consecuencia de ello.

Él aconseja a cualquier persona con problemas de visión persistente de consultar con un optometrista capaz de diagnosticar y prescribir el tratamiento adecuado para estas cuestiones. •

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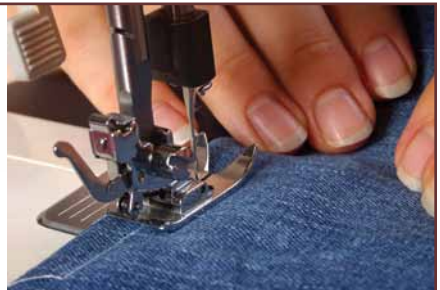
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SARAH OLIVER



SKIN CARE... Easing the Side Effects of Radiation & Chemotherapy

Developing changes in your skin's appearance during chemotherapy and radiation is common — and may change your skin care routine. Like the rest of your body, your skin needs to be treated kindly during this time. Before adopting your own skin care regimen, see our suggested guidelines and recommendations for radiation and chemotherapy. Here's our gentle oncology skincare plan: Cleanse using warm water and a mild cleanser that easily rinses off. Follow with an alcohol-free toner. Use moisturizer to reduce dry, flaky skin. (Moisturizers hydrate the skins' upper layers, reducing sensitivities and calming irritation.) Apply eye cream to reduce puffiness. Finally, protect skin from sun with an SPF 15+ sunscreen – reapplying often.

During Radiation... Ask your doctor before using any cream, lotion, make-up, soap, sunscreen, perfume or deodorant on or near treatment areas. If these areas are itchy or irritated, a light sprinkling of cornstarch may be allowed by your physician to offset discomfort. Generally, you should use only warm water on treated areas and gently pat dry. You should not scrub, scratch or shave treated skin. You also must not attempt to remove any radiation markings. (These eventually fade away.) Finally, do not apply heat/cold packs and be sure to follow doctor's orders on limiting sun exposure.

During Chemotherapy... Don't use hormone creams, such as those containing hydrocortisone. Avoid prolonged sun exposure and use sunscreen with SPF 15 or higher (unless otherwise directed by your doctor). Skin may become dry or flaky during chemotherapy, consider using moisturizer several times daily.

EL CUIDADO DE LA PIEL... Suavizando los efectos secundarios de la Radiación y la Quimioterapia.

El desarrollo de cambios en la apariencia de su piel durante la quimioterapia y la radiación es común - y puede cambiar la rutina del cuidado de su piel. Al igual que el resto de su cuerpo, su piel debe ser tratada con amabilidad durante este tiempo. Antes de adoptar su propio régimen de cuidado de su piel, consulte nuestras guías y recomendaciones para la radiación y la quimioterapia. Aquí está nuestro plan oncológico de cuidado de la piel: Limpiar con agua tibia y un limpiador suave de fácil enjuague. Siga con un (toner) tonificador? sin alcohol. Utilizar una crema humectante para reducir la piel seca y escamosa. (Los humectantes hidratan las capas de la piel "superior, la reducción de la sensibilidad y calma la irritación.) Aplicar crema para los ojos para reducir la hinchazón. Por último, proteger la piel contra el sol con un protector solar SPF 15 + - aplicar con frecuencia.

Durante la radiación ... Pregúntele a su médico antes de usar cualquier crema, loción, maquillaje, jabón, crema solar, perfume o desodorante en o cerca de áreas de tratamiento. Si Usted tiene comezón en estas áreas o tienen irritación, puede ser permitido por su médico rociar suavemente con agua de almidón de maíz para compensar las molestias. En general, usted debe utilizar solamente el agua tibia en las zonas tratadas y seque suavemente con palmaditas. No debe lavar fregando o afeitar la piel tratada. Tampoco debe tratar de eliminar cualquier marca de radiación. (Con el tiempo se desvanecen.) Por último, no se aplican compresas frías ni calientes y asegúrese de seguir las órdenes del médico sobre

Sarah Oliver, a specialist in cosmetic/paramedical permanent makeup, speaks at local support groups and serves many women with her Oncology Esthetics offering. Her passion is to help women recovering from cancer achieve the look they desire with permanent makeup, a non-surgical solution for eyebrows, eyeliner, lips and post mastectomy areola re-pigmentation. Having permanent eyebrows applied is her most popular request. Eyebrows make a difference; they frame the face, illuminate our character and personality and can create a younger, happy, rested look even when you wake up feeling lousy from your treatment. •



Sarah Oliver
Permanent Makeup

www.natural-you.com/55plus
permanentmakeup@natural-you.com
 954.776.7007

la limitación de la exposición solar. Durante la quimioterapia ...

No utilice cremas hormonales, como los que contienen hidrocortisona. Evite la exposición prolongada al sol y use bloqueador solar con SPF 15 o mayor (a menos que se lo diga su médico). La piel puede ser seca o escamosa durante la quimioterapia, considere el uso de crema hidratante varias veces al día

Sarah Oliver, especialista en cosmética / maquillaje permanente paramédico, habla a los grupos de apoyo locales y sirve a muchas mujeres con su oferta de Estética Oncológica. Su pasión es ayudar a las mujeres que se recuperan de cáncer de lograr la apariencia que desean con el maquillaje permanente, una solución no quirúrgica para las cejas, delineador de ojos, labios y después de la mastectomía aureola de re-pigmentación. El aplicado de cejas permanentes es el pedido más popular. Las cejas hacen una diferencia, ya que enmarcan el rostro, iluminan nuestro carácter y personalidad, y puede crear un aspecto aún más joven, alegre, descansado incluso cuando se despierta no sintiéndose tan bien por su tratamiento. •

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DON'T FALL IN TO THIS GAP!

HUMBERTO FORTUNA MA, MS GERIATRIC SPECIALIST

When we talk about GAP we think about a retail store in the mall, or we may connect the word GAP with a type of healthcare insurance.

Today there are many members of our community willing to do whatever it takes to be able to survive in this economy. Some of these businesses continue to adjust their services in an ethical and professional manner to be able to compete in this market, but others are just out there looking for that opportunity that will make them FAST CASH or a profitable deal at ANY COST.

A new agency providing services for the geriatric population is called G.A.P. also. This G.A.P., under the umbrella of Southeastern Clinical Specialties, Inc. in Fort Lauderdale, Florida is now facing legal action for violation of agreements that were signed on 2 different occasions with a company that employed the owner of G.A.P. (Geriatric Assessment and Placement). In the business world, these types of situations are a reality, but in this case, this professional person is also on the board of several not for profit organizations and/or community organizations, as well as working with seniors as an advocate.

The idea of having board members in these not for profit organizations is for board members to raise funds for good causes, and at times, that involves signing contracts, and having others **trust your word as your bond ...** but if a person ignores contracts signed by herself, would she do the same for those organizations that she is a part of? Are these people investigated before they join? Do they check on what type of reputation they have and their code of

ethics? If a person acts this way and is over 55+, we can easily say that this is not a new behavior and one that most likely can not be changed. This would not be the right person to work as an advocate or even provide information to seniors in an ethical manner. Who is falling into this GAP?

As a Geriatric Specialist for over 12 years, who has resided in Broward County for over 21 years and listened to and educated many families and healthcare professionals, I believe that honesty, ethics and integrity are the secret of any successful business.



Seniors, Caregivers and Professionals do not need the services of individuals such as G.A.P. Geriatric Assessment and Placement because ethical professionalism and respect are the first steps toward a great service... don't you agree?

The intention of this letter is to say NO to unprofessional behavior from businesses, organizations and individuals. It is ok to say No, and to educate others so they will not have to go through it as well. I learned my lesson and I choose to say NO... respect yourself. There are times when bad behaviors need to be punished. If this person could do this to a Colleague and Mentor, creating this GAP, what makes you think that she would not do it to you or your parents?

Together we educate.... and therefore protect.... •

AGE IS NOTHING BUT A NUMBER

LA EDAD NO ES MÁS QUE UN NÚMERO

JOAN SAMPSON at 70 years of age believes in determination, dedication and discipline. "Age is nothing but a number" she says. "It's what's in your heart that matters."

At age 62, Ms Sampson began sprinting and competed in the 2002 South Florida Senior Games held in Ft Lauderdale, Florida. She won her first Gold Medal. She believes that although you have reached a certain age, or even ended a career, you can start a new beginning at something you have never done in your life. All you need is to believe in yourself because the only one who can stop you is YOU!

She trains 5 days a week at Hallandale Beach Senior HS. She also volunteers at the Hepburn Center in the City of Hallandale Beach. She conducts activities with Seniors at the center and shares her medals after her competitions. On May 7, 2011, Ms Sampson brought home 4 gold medals from the Miami Lakes Senior Games for the 100 meters, the 800 meters, the mile and the shotput. She is looking forward to competing at the National Senior Games in Houston this year. •



JOAN SAMPSON a los 70 años de edad cree en la determinación, dedicación y disciplina. "La edad no es más que un número", dice. "Es lo que hay en su corazón lo que importa."

A los 62 años, la Sra. Sampson comenzó sprint y compitió en los Juegos de 2002 Sur de la Florida Superior celebrada en Fort Lauderdale, Florida. Ganó su primera medalla de oro. Ella cree que a pesar de que ha alcanzado una cierta edad, o incluso puso fin a una carrera, usted puede iniciar un nuevo comienzo en algo que nunca has hecho en tu vida. Todo lo que necesitas es creer en ti mismo, porque el único que puede detenerlo es USTED!

Ella entrena cinco días a la semana en Hallandale Beach Senior SA. También es voluntaria en el Centro de Hepburn en la ciudad de Hallandale Beach. Ella lleva a cabo actividades con personas mayores en el centro y las cuotas de sus medallas después de su competencias. El 7 de mayo de 2011, la Sra. Sampson llevó a casa cuatro medallas de oro en los Juegos de Miami Lakes Senior de los 100 metros, los 800 metros, la milla y la shotput. Ella está mirando hacia adelante para competir en los Juegos Nacionales Senior en Houston este año. •



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THE WORLD ACCORDING TO JOAN

EL MUNDO SEGÚN JOAN

Our cover celebrity for this issue is a Golden Globe winner, an Emmy nominee, an actress, a singer, a producer, a TV star, an author, a columnist and a great humanitarian. And, we're sure we have left out many more accomplishments of the legendary Joan Collins.

Most recognized for her role as Alexis Carrington on the TV show, *Dynasty*, Joan has sold over 50 million copies of her novels and memoirs, appeared in over 60 films, been seen on TV in more than 100 parts, acted in more than 25 theatrical productions in New York and London, won over 30 awards, and has supported many charities over several decades. The best part is that she continues to do all of these things and has a new book coming out the end of this year titled, "The World According to Joan."

I know our readers will enjoy our interview with the FABULOUS Joan Collins.

55+ On the *Piers Morgan* show recently, you stated that your mother raised you to take care of yourself and that you look good because of your good genes. Did you get your great legs from your mother too?

JC My mother's friends used to call her "Marlena" because she had such great legs like the famous actress, Marlena Dietrich.

Nuestra famosa en la tapa de este ejemplar es una ganadora de un Globo de Oro y nominada a un Emmy, Actriz, Cantante, Productora, una estrella de televisión, Autora, Columnista y una gran humanista. Estamos seguros de que hemos dejado fuera muchos logros más de la legendaria Joan Collins.

Es más reconocida por su papel de Alexis Carrington en la serie de televisión, *Dinastía*. Joan ha vendido más de 50 millones de ejemplares de sus novelas y memorias, aparecido en más de 60 películas, se ha visto en la televisión en más de 100 piezas, actuó en más de 25 salas de teatro en Nueva York y Londres, ganó más de 30 premios, y ha apoyado a muchas organizaciones de beneficencia durante varias décadas. La mejor parte es que ella sigue haciendo todas estas cosas y tiene un nuevo libro que sale al final de este año titulado "El mundo según Joan."

Sé que nuestros lectores podrán disfrutar de nuestra entrevista con la Fabulosa Joan Collins.

55+ En el show de *Piers Morgan* mostraron recientemente, usted declaró que su madre la educó en el cuidado de sí misma y que se ve bien debido a sus buenos genes. ¿Heredó sus bellas piernas de su madre también?

JC Los amigos de mi madre la llamaban "MARLENE" porque

Joan Collins

CINDY VANDUSEN



55+ Is it true that the first role you ever played was that of a boy? Tell us a little about that.

JC Yes, that's true, in Henrik Ibsen's "A Doll's House" at the Variety Arts Theater. I was nine years old. It seems girls were a lot less trouble than boys and that's why they cast me and my friend Judith.

55+ The original creator of Dynasty, Richard Shapiro has announced that he is going to bring the show back for a big screen outing. He has revealed that the film will take place when John Forsythe's character discovers he is an heir to an oil fortune. Whose

tenía las piernas tan lindas como la famosa actriz Marlene Dietrich.

55+ ¿Es cierto que el primer papel que ha interpretado fue el de un niño? Cuéntenos un poco sobre eso.

JC Y Sí, es cierto, en Henrik Ibsen "Casa de muñecas" cuando tenía nueve años. Parece que las niñas dábamos menos problemas que los niños y es por eso que me eligieron a mi y a mi amiga Judith.

55+ El creador original del show Dinastía, Richard Shapiro, ha anunciado que va a traer el espectáculo de vuelta a la pantalla grande. Él ha revelado que la película tendrá lugar cuando el personaje de John Forsythe descubre que él es un heredero de una fortuna del petróleo. ¿Quién fue el de la idea? ¿Nos dice un poco sobre la idea de esta "película?"

JC ¡Mis labios están sellados!

55+ Muchas personas no se dan cuenta de que, junto con ser una actriz, eres toda una autora. ¿Cuántos libros has escrito y qué tipo de libros que son?

JC He escrito cinco novelas, cuatro Libros sobre belleza, autobiografías 2 y uno sobre el accidente que tuvo mi hija Katy-13 libros en total. El último es "EL MUNDO SEGÚN JOAN" es sobre mi opinión sobre todo. Así que ten cuidado!

55+ Cuéntenos un poco sobre

idea was it and tell us a little bit about the idea for this “prequel?”

JC My lips are sealed!

55+ Many people don't realize that, along with being an actress, you are quite an author. How many books have you written and what kind of books are they?

JC I've written 5 novels, 4 beauty books, 2 autobiographies and one about my daughter's accident. If you count the new one, that's 13 books in all.

55+ Tell us a little about your family history. Did anyone in your family come from a show business background?

JC I was born in England to a theatrical family. My father was an agent and entrepreneur. My grandmother, her sisters and my father's sisters and my aunts were all actresses and musical variety performers.

55+ Do you have sisters and brothers? Did any of them enter show business?

JC I'm sure you've heard of my sister, Jackie....?! My brother Bill is in real estate in the UK. We are the three musketeers.

55+ Yes, we all know your famous, author sister, Jackie. Do you spend much time together?

JC Yes, here in Los Angeles, we have a lot of time together and especially when our brother Bill comes to visit. We all get together and have a great time.

55+ A lot of people don't know that you tested for Cleopatra, the movie along with Elizabeth Taylor. It was sad to lose her recently. You posted a beautiful tribute to her on your website. Were you friends and did you ever work together?



su historia familiar. ¿Alguien en su familia tienen experiencia en el mundo del espectáculo?

JC Nací en Inglaterra en una familia de artistas de teatro. Mi padre era un Manager artístico y empresario, y mi abuela, sus hermanas y hermanas de mi padre y mis tías, eran todas actrices y artistas musicales de variedad.

55+ ¿Tienes hermanos y/o hermanas? ¿Alguno de ellos entraron en el mundo del espectáculo?

JC Estoy segura que has oído hablar de Jackie?! Mi hermano Bill se dedica a bienes raíces en el Reino Unido. Somos los tres mosqueteros.

55+ Sí, todos sabemos de su famosa hermana, autora, Jackie. ¿Pasan mucho tiempo juntas?

JC Sí, aquí en Los Ángeles tenemos mucho tiempo juntas, y sobre todo cuando nuestro hermano Bill viene de visita. Nos reunimos y pasamos un muy buen rato.!

55+ Mucha gente no sabe sobre su audición para el papel protagónico Cleopatra, la película que protagonizó Elizabeth Taylor,

JC Yes, we were great friends and did her last movie together, “These Old Broads” with Debbie Reynolds and Shirley MacLaine.

55+ We know you made an exercise video in 1994, “JOAN COLLINS PERSONAL WORKOUT: SECRETS OF FITNESS AND BEAUTY.” Do you still work out today? It looks like you do.

JC Of course! You have to if you want to stay fit after 50.

55+ We have read that you are a big supporter of the Monarchy. How do you feel about your new Princess Kate?

JC I don’t know her personally, but she seems like a very nice lady.

55+ You are a well-known supporter of many charities. Can you tell us a little about that?

JC I am a patron of the Shooting Star Hospice and the NSPCC (National Society for the Prevention of Cruelty to Children) in England as well as sponsoring several children in developing countries. I always have felt that children are most in need of protection and that is why I devote all of my energy to them.

55+ Not many people know that you are also a singer. I especially loved when you performed “The Boys in the Back Room” from the 1930’s movie, “Destry Rides Again.” What was your favorite singing performance?

JC I just sang “I Wanna Be Evil” in pantomime in England and that was great fun!

55+ With all of the films, TV shows, books and projects that you have been involved in, can you tell us what was the absolute favorite part of your career?

gran artista que recientemente perdimos. Usted escribió un hermoso tributo a ella en su sitio web. ¿Eran amigas? y ¿alguna vez trabajaron en conjuntas?

JC Sí, fuimos grandes amigas e hicimos su última película juntas en “Estas Viejas Broads” con Debbie Reynolds y Shirley Mac Laine.

55+ Sabemos que hizo un video de ejercicios en 1994, “Joan Collins Entrenadora personal: Los secretos del verse saludable y belleza” ¿Sigue ejercitándose hoy en día? Se ve genial

JC ¡Por supuesto! Es la única manera si quieres mantenerte en forma después de los 50.

55+ Hemos leído que usted es una gran defensora de la monarquía. ¿Cómo se siente acerca de la nueva princesa, Kate?

JC Yo no la conozco pero parece una bella persona.

55+ Usted es una conocida partidaria de muchas organizaciones benéficas. ¿Puede contarnos un poco sobre eso?

JC Soy una Patrocinadora de pacientes terminales para la organización Estrella Fugaz y para la NSPCC (Sociedad Nacional para la Prevención de Crueldad a los Niños) en Inglaterra, así como patrocinio a varios niños en países en desarrollo. Yo siempre he sentido que los niños son los que están más necesitados de protección y por eso dedico toda mi energía para ellos.

55+ No muchos saben que usted es también una cantante. Me gustaba especialmente cuando interpretó “Los muchachos en la trastienda” de la película de 1930, “Destry Rides Again”.



JC My favorite thing was producing and starring in my mini-series, “Sins.” I did almost everything in that and we beat the Super Bowl in the ratings that year

55+ Your new book, “The World According to Joan” will be released in a few months. Can you tell us a little of what we have to look forward to?

JC My opinions on men, morals, manners, fashion and glamour.... all told candidly and with lots of humor.

55+ You and Raquel Welch looked absolutely amazing at the John Wayne Cancer Institute’s Odyssey Ball. Glamorous is the word! Who do you think personifies glamour today?

JC Us!... and Sophia Loren and Queen Rania of Jordan

55+ Many of the Baby Boomers first came to know you as Sister Edith Keeler in a Star Trek episode titled “The City on the Edge of Forever.” Do you still have “Trekkie” fans?

JC Yes, tons!!

55+ Recently, you hosted the Steve Chase Humanitarian Awards benefit with George Hamilton. With the economy ailing, did you raise as much as you did last year? And

¿Cuál fue para usted su mejor interpretación?

JC Me encanta cantar y acabo de cantar “QUIERO SER MALA” en Pantomima en Inglaterra - Fue muy divertido!

55+ Con todas las películas, programas de televisión, libros y proyectos que usted ha estado involucrada, nos puede decir cuál es la parte favorita de su carrera?

JC Mi parte favorita es cuando estaba produciendo y protagonizando Mi mini serie “LOS PECADOS.” Hice casi todo y le ganamos al Superbowl en el rating ese AÑO.

55+ Su nuevo libro, “El Mundo Según Joan” se estrenará en unos meses. ¿Puedes contarnos un poco de lo que tenemos que esperar?

JC Mis opiniones sobre los hombres, la moral, las costumbres, moda y glamour con total franqueza y humor.

55+ Tú y Raquel Welch se veían absolutamente increíble en el Odyssey Ball del instituto de Cancer John Wayne. Glamour realmente es la palabra! ¿Quién crees que personifica el glamour hoy en día?

JC Nosotras!... Sophia Loren y la Reina Rania de Jordania

55+ Muchos de los “Baby Boomers” la conocieron por primera vez a ustedes como la Hermana Edith Keeler en un episodio de Star Trek titulada “La Ciudad en el filo de la eternidad.” ¿Tiene “Trekkie” fans?

JC Si, toneladas!!

55+ Recientemente usted anfitriónó con George Hamilton los premios Steve Chase

who were some of the celebrities that came out for this star-studded evening?

JC I was told that we raised almost twice as much as last year! My sister Jackie was there, along with Ann Margaret, Dihann Carroll, Donna Mills, Pauley Perrette, Michael Wetherly and many more.

55+ Speaking of George Hamilton, you both looked beautiful on the cover of a fashion magazine recently. Does someone choose what you wear for events or do you have your own sense of style?

JC I never use a stylist. I plan my own outfits so everything you see with me is really me.

55+ All of your fans think you are a “doll.” But now you really are! Mattel has made an “Alexis” doll. How do you feel when you look at her?

JC It’s cute, but I look better! •



Humanitaria. Con la economía en crisis, recaudaron lo mismo que el año pasado? ¿Y quiénes eran algunas de las celebridades que participaron en esta noche de estrellas?

JC Me dijeron que se ha recaudado casi el doble que el año pasado!. Jackie, mi hermana estaba allí, junto con Margaret Anne, Carroll Dihann, Donna Mills, Pauley Perrette, Michael Wetherly y muchos mas.

55+ Hablando de George Hamilton, ambos se veían hermosos en la portada de una revista de moda recientemente. ¿Alguien le elije lo que usted usa para eventos o tiene su propio sentido del estilo?

JC No puedo usar un estilista – yo planeo toda mi ropa, lo que ves conmigo es realmente yo.

55+ Todos sus fans piensan que usted es una “muñeca”. Pero ahora usted tiene una hecho gracias a Mattel que ha hecho una “Alexis” muñeca. ¿Cómo te sientes cuando te ves en ella?

JC Es linda pero YO ME VEO MUCHO MEJOR! •





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SERVICES:

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- Physical Therapy
- Occupational Therapy
- Speech Therapy
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- Behavioral Health
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RESOURCE DIRECTORY

Resources available
in Florida

Servicios disponibles
en la Florida

DIRECTORIO DE SERVICIOS

ADULT DAY CARE CENTERS <i>CENTROS DE CUIDADO DEL DÍA</i>	39	HOME CARE SERVICES <i>CUIDADORES DOMICILIARIOS</i>	NEW 36
ALZHEIMER'S	55	HOME MAINTENANCE <i>MANTENIMIENTO DE VIVIENDAS</i>	60
AREA AGENCIES ON AGING <i>AGENCIA PARA LA TERCERA EDAD</i>	55	HOSPITALS & HOSPICES <i>HOSPITALES Y HOSPICIOS</i>	30
ASSISTED LIVING FACILITIES <i>CASAS DE ASISTENCIA</i>	39	HOUSING <i>VIVIENDA</i>	60
ASSOCIATIONS <i>ORGANIZACIONES</i>	55	LEGAL SERVICES <i>SERVICIOS LEGALES</i>	61
BEREAVEMENT <i>GRUPOS DE APOYO</i>	56	LGBT SERVICES <i>SERVICIOS PARA LA COMUNIDAD GAY</i>	61
BEREAVEMENT, GRUPOS DE APOYO (ESPAÑOL) <i>GRUPOS DE APOYO (ESPAÑOL)</i>	57	MEDICAID	61
COUNTY HEALTH DEPARTMENT <i>DEPARTAMENTO DE SALUD DEL CONDADO</i>	57	MEDICARE	62
CRISIS INTERVENTION <i>INTERVENCIÓN DE CRISIS</i>	57	MENTAL HEALTH SERVICES <i>SERVICIOS DE SALUD MENTAL</i>	62
DENTAL RESOURCES <i>RECURSOS DENTALES</i>	57	NURSING/REHAB. CENTERS <i>SANATORIOS Y CENTRO DE REHAB.</i>	32
DISABILITY PARKING PERMITS <i>PERMISO DE ESTACIONAMIENTO PARA DISCAPACITADOS</i>	58	PRESCRIPTION ASSISTANCE <i>ASISTENCIA PARA MEDICAMENTOS</i>	62
DISASTER PREPAREDNESS & EMERGENCY ASSISTANCE <i>PREPARACIÓN PARA DESASTRES Y EMERGENCIAS</i>	58	PROFESSIONAL SERVICES <i>SERVICIOS PROFESIONALES</i>	NEW 37
DRIVER'S LICENSE OFFICES <i>OFICINAS DE LICENCIAS DE MANEJO</i>	58	SENIOR ORGANIZATIONS <i>SERVICIOS PARA EL MAYOR</i>	63
ELDER ABUSE <i>ABUSO AL MAYOR</i>	58	SHELTERS <i>REFUGIOS</i>	63
EMPLOYMENT OPPORTUNITIES <i>OPORTUNIDADES DE EMPLEO</i>	58	SOCIAL SECURITY <i>SEGURO SOCIAL</i>	63
ENERGY ASSISTANCE <i>ASISTENCIA PARA ENERGÍA ELÉCTRICA</i>	58	SUBSTANCE ABUSE <i>ADICCIONES</i>	63
FINANCIAL ASSISTANCE <i>ASISTENCIA FINANCIERA</i>	59	SUPPORT SERVICES <i>SERVICIOS DE APOYO</i>	64
FOOD ASSISTANCE <i>ASISTENCIA PARA ALIMENTOS</i>	59	TRANSPORTATION <i>TRANSPORTE</i>	65
HEARING RESOURCES <i>ASISTENCIA AUDITIVA</i>	60	VETERAN SERVICES <i>SERVICIOS PARA VETERANOS</i>	65
		VISION RESOURCES <i>RECURSOS PARA LA VISIÓN</i>	65
		VOLUNTEER OPPORTUNITIES <i>OPORTUNIDADES PARA VOLUNTARIOS</i>	65

HOSPITALS & HOSPICES GUIDE

GUÍA DE HOSPITALES Y HOSPICIOS

HOSPITALS HOSPITALES

BROWARD

Atlantic Shores Hospital
4545 N Federal Hwy
Ft Lauderdale
954.771.2711

Broward Gen Medical Ctr
1600 S Andrews Ave
Ft Lauderdale
954.355.4400

Cleveland Clinic Hospital
3100 Weston Rd
Weston
954.689.5000

Coral Springs Medical Center
3000 Coral Hills Dr
Coral Springs
954.344.3000

Florida Medical Center
5000 W Oakland Park Blvd
Ft Lauderdale
954.735.6000

Ft Lauderdale Hospital
1601 E Las Olas Blvd
Ft Lauderdale
954.463.4321

HealthSouth Sunrise
Rehab Hospital
4399 Nob Hill Rd
Sunrise
954.749.0300

Hollywood Pavilion
1201 N 37th Ave
Hollywood
954.962.1355

Holy Cross Hospital
4725 N Federal Hwy
Ft Lauderdale
954.771.8000

Imperial Point Medical Ctr
6401 N Federal Hwy
Ft Lauderdale
954.776.8500

Kindred Hospital
1516 E Las Olas Blvd
Ft Lauderdale
954.764.8900

Kindred Hospital
1859 Van Buren St
Hollywood
954.920.9000

Memorial Hospital Pembroke
7800 Sheridan St
Pembroke Pines
954.962.9650

Memorial Hospital West
703 N Flamingo Rd
Pembroke Pines
954.436.5000

Memorial Regional Hospital
3501 Johnson St
Hollywood
954.987.2000

Memorial Regional Hospital S.
3600 Washington St
Hollywood
954.966.4500

North Broward Medical Ctr
2801 E Sample Rd
Deerfield Beach
954.941.8300

Northwest Medical Center
2801 N State Rd 7
Margate
954.974.0400

Plantation General Hospital
401 NW 42nd Ave
Plantation
954.587.5010

St Anthony's Rehab Hospital
3487 NW 30th St
Lauderdale Lakes
954.739.6233

University Hospital & Med Ctr
7201 N University Dr
Tamarac
954.721.2200

Westside Regional Med Ctr
8201 W Broward Blvd
Plantation
954.473.6600

MIAMI-DADE

Anne Bates Leach Eye
Hospital
900 NW 17th St
Miami
305.326.6000

Aventura Hospital & Med Ctr
20900 Biscayne Blvd
Aventura
305.682.7000

Baptist Hospital of Miami
8900 N Kendall Dr
Miami
786.596.1960

Cedars Medical Center
1400 NW 12th Ave
Miami
305.325.5511

Coral Gables Hospital
3100 Douglas Rd
Coral Gables
305.445.8461

Doctors Hospital
5000 University Dr
Coral Gables
305.666.2111

HealthSouth Rehabilitation
Hospital
20601 Old Cutler Rd
Miami
305.251.3800

Hialeah Hospital
651 E 25th St
Hialeah
305.693.6100

Homestead Hospital
160 NW 13th St
Homestead
786.243.8000

Jackson Memorial Hospital
1611 NW 12th Ave
Miami
305.585.6754

Jackson Memorial Hospital
North
14701 NW 27th Ave
Miami
305.585.1111

Jackson South Community
Hospital
9333 SW 152nd St
Miami
305.251.2500

Kendall Regional Medical
Center
11750 Bird Rd
Miami
305.223.3000

Kindred Hospital South Florida
5190 SW 8th St
Coral Gables
305.448.1585

Larkin Community Hospital
7031 SW 62nd Ave
South Miami
305.284.7500

Mercy Hospital
3663 S Miami Ave
Miami
305.854.4400

Mount Sinai Medical Center
4300 Alton Rd
Miami Beach
305.674.2223

North Shore Medical Center
1100 NW 95th St
Miami
305.835.6000

Palm Springs General Hospital
1475 W 49th St
Hialeah
305.558.2500

Palmetto General Hospital
2001 W 68th St
Hialeah
305.823.5000

Pan American Hospital
5959 NW 7th St
Miami
305.264.1000

Select Specialty Hospital-
Miami
955 NW 3rd St
Miami
305.416.5700

Seasons Hospice & Palliative
Care
5200 NE 2nd Ave
Miami
305.232.5433

Sister Emmanuel Hospital for
Continuing Care
3663 S Miami Ave
Miami
305.285.2939

South Beach Community
Hospital
630 Alton Rd
Miami Beach
305.672.2100

Florida Evaluation &
Treatment Ctr
2200 NW 7th Ave
Miami
305.637.2500

South Miami Hospital
6200 SW 73rd St
South Miami
786.662.4000

Southern Winds Hospital
4225 W 20th Ave
Hialeah
305.558.9700

St Catherine's Rehabilitation
Hospital
1050 NE 125th St
N. Miami
305.357.1735

University of Miami Hospital
& Clinics
1475 NW 12th Ave
Miami
305.243.1000

West Gables Rehab. Hospital
2525 SW 75th Ave
Miami
305.262.6800

Westchester General Hospital
2500 SW 75th Ave
Miami
305.264.5252

PALM BEACH

Martin Memorial Hospital South
1200 SE Salerno Road
Stuart
772.223.2300

Martin Memorial Medical
Center
200 Hospital Ave
Stuart
772.287.5200

SandyPines Hospital
11301 SE Tequesta Terrace
Tequesta
561.744.0211

Fishermen's Hospital
3301 Overseas Highway
Marathon
305.743.5533

Lower Keys Medical Center
5900 College Rd
Key West
305.294.5531

Mariners Hospital
91500 Overseas Highway
Tavernier
305.434.3000

Bethesda Memorial Hospital
2815 S Seacrest Blvd
Boynton Bch
561.737.7733

Boca Raton Community
Hospital
800 Meadows Rd
Boca Raton
561.395.7100

Columbia Hospital
2201 45th St
West Palm Beach
561.842.6141

Delray Medical Center
5352 Linton Blvd
Delray Beach
561.498.4440

Lakeside Medical Center
39200 Hooker Hwy
Belle Glade
561.996.6571

Good Samaritan Medical Ctr
1309 N Flagler Dr
West Palm Beach
561.655.5511

JFK Medical Center
5301 S Congress Ave
Atlantis
561.965.7300

Jupiter Medical Center
1210 S Old Dixie Hwy
Jupiter
561.747.2234

Palm Beach Gardens
Medical Ctr
3360 Burns Rd
Palm Bch Grdns
561.622.1411

Palms West Hospital
13001 Southern Blvd
Loxahatchee
561.798.3300

St Mary's Medical Center
901 45th St
West Palm Beach
561.844.6300

VA Medical Center
7305 N Military Trail
West Palm Beach
561.422.8262

Wellington Reg Medical Ctr
10101 Forest Hill Blvd
Wellington
561.798.8500

West Boca Medical Center
21644 State Road 7
Boca Raton
561.488.8000

Lawnwood Regional Medical
Center
1700 S 23rd St
Ft Pierce
772.461.4000

Port St Lucie Hospital
2550 SE Walton Road
Port St Lucie
772.335.0400

St Lucie Medical Center
1800 SE Tiffany Ave
Port St Lucie
772.335.4000

HOSPICES HOSPICIOS

BROWARD

Hospice by the Sea Care
Center
3600 Washington St
Hollywood
954.518.2470

Hospice of Gold Coast Home
Health Services
2101 W Commercial Blvd
Ste 4500
Ft Lauderdale
954.785.2990

HospiceCare
of SE Florida Inc.
309 SE 18th St
Ft Lauderdale
954.467.7423

VITAS Innovative
Hospice Care
5420 NW 33rd Ave
Ft Lauderdale
954.486.4085

MIAMI-DADE

Catholic Hospice Inc
14875 NW 77th Ave Ste 100
Miami Lakes
305.822.2380

Douglas Gardens Hospice Inc
5200 NE 2nd Ave
Miami
305.762.3883

Hospice Care of South Florida
7270 NW 12th St
Miami
305.591.1606

Odyssey HealthCare
6161 Blue Lagoon Dr Ste 170
Miami
786.388.1400

VITAS Healthcare
Corp of Florida
16800 NW 2nd Ave Ste 400
N Miami Beach
305.654.3718

Hospice of the Florida Keys 9
119 William St
Key West
305.294.8812

PALM BEACH

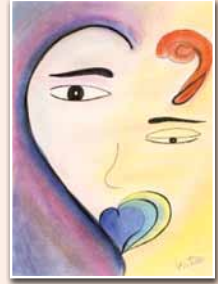
Hospice by the Sea Inc.
1531 W Palmetto Dr
Boca Raton
561.395.5031

Hospice of Palm Beach
County Inc
5300 East Ave
West Palm Bch
561.848.5200

Vitas Healthcare Corp of FL
1901 S Congress Ave
Boynton Bch
561.364.1479

The Hospice of Martin &
St Lucie Inc
1201 SE Indian St
Stuart
772.403.4500

Hospice of the Treasure
Coast Inc
5090 Dunn Rd
Ft Pierce
772.403.4500



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GUÍA DE SANATORIOS Y CENTROS DE REHABILITACIÓN

AVENTURA

Palm Garden of Aventura
21251 E Dixie Hwy
305.935.4827

Regents Park at Aventura
18905 NE 25th Ave
305.932.6360

VI at Aventura
19333 W Country Club Dr
305.692.4700

BOCA RATON

Avante at Boca Raton
1130 NW 15th St
561.394.6282

Boca Raton Rehab Center
755 Meadows Rd
561.391.5200

Fountains
3800 N Federal Hwy
561.395.7510

Heartland Health Care Center
7225 Boca Del Mar Dr
561.362.9644

ManorCare Health Services
375 NW 51st St
561.997.8111

Menorah House
9945 Central Park Blvd
561.483.0498

Regents Park Nursing-Rehab
6363 Verde Trl
561.483.9282

Stratford Court of Boca Raton
6343 Via de Sonrisa del Sur
561.392.5940

Whitehall Boca Raton
7300 Del Prado S
561.392.3000
www.whitehallboca.com

Willowbrooke Court
6152 Verde Trl N
561.487.5200

Willowbrooke Ct at Edgewater
Pt Estates
23305 Blue Water Cir
561.368.5600

BOYNTON BEACH

Barrington Terrace
1425 S Congress Ave
561.369.7919

Boulevard Rehabilitation
2839 S. Seacrest Blvd.
561.732.2464

Boynton Beach Nursing-Rehab
9600 Lawrence Rd
561.740.4100

Boynton Health Care Center
7900 Venture Center Way
561.736.6000

Heartland Health Care Center
3600 Old Boynton Rd
561.736.9992

ManorCare Health Services
3001 S Congress Ave
561.737.5600

COCONUT CREEK

Health Center of Coconut Creek
4125 W Sample Rd
954.968.8333

CORAL SPRINGS

Park Summit
8500 Royal Palm Blvd
954.752.9500

DANIA

Cross Pointe Care Center
440 Phippen Waiters Rd
954.927.0508

DEERFIELD BEACH

Deerfield Beach Health- Rehab
401 E Sample Rd
954.941.4100

Forum at Deer Creek
3001 Deer Creek Country
Club Blvd
954.698.6269

Pompano Rehab & Nursing
Center
51 W Sample Rd
954.942.5530

DELRAY BEACH

Abbey Delray South
1717 Homewood Blvd
561.272.9600

Harbour's Edge
401 E Linton Blvd
561.272.7979

Health Center at Abbey Delray
2105 SW 11th Ct
561.454.1136

Lakeview Care Center
5430 Linton Blvd
561.495.3188

Liberty Inn
5858 Heritage Park Way
561.499.2500

ManorCare Health Services
16200 Jog Rd
561.638.0000

FORT PIERCE

Abbiejean Russell Care Ctr
700 S 29th St
772.465.7560

Fort Pierce Health Care
611 S 13th St
772.464.5262

Laurel Pointe Health & Rehab
703 S 29th St
772.466.3322

FT LAUDERDALE

Broward Nursing & Rehab Ctr
1330 S Andrews Ave
954.524.5587

Fort Lauderdale Health-Rehab
2000 E Commercial Blvd
954.771.2300

Harbor Beach Nursing-Rehab
1615 S Miami Rd
954.523.5673

Manor Oaks Nursing & Rehab
2121 E Commercial Blvd
954.771.8400

Manor Pines Convalescent Ctr
1701 NE 26th St
954.566.8353

HIALEAH

Heartland Health Care Center-
Miami Lakes
5725 NW 186th St
305.625.9857

Hialeah Convalescent Home
190 W 28th St
305.885.2437

Palmetto Health Center
6750 W 22nd Ct
305.512.4688

Susanna Wesley Health Ctr
5300 W 16th Ave
305.556.3500

HIALEAH GARDENS

Signature Healthcare of
Waterford
8333 W Okeechobee Rd
305.556.9900

HOBE SOUND

Edgewater Manor
9555 SE Federal Hwy
772.546.5800

HOLLYWOOD

Golfcrest Healthcare Center
600 N 17th Ave
954.927.2531

Hillcrest Nursing & Rehab Ctr
4200 Washington St
954.981.6300

Hollywood Hills Rehab Center
1200 N 35th Ave
954.981.5511

HOMESTEAD

Homestead Manor
1330 NW 1st Ave
305.248.0271

Signature Healthcare of
Brookwood Gardens
1990 S Canal Dr
305.246.1200

JUNO BEACH

Waterford Health Care Center
601 Universe Blvd
561.627.3800

JUPITER

Courtyard Gardens
Rehabilitation Center
17781 Thelma Ave
561.746.2998

Jupiter Medical Center
Pavilion
1230 S Old Dixie Hwy
561.744.4444

KENDALL

Heartland Health Care Ctr -
Kendall
9400 SW 137th Ave
305.385.8290

KEY WEST

Key West Health & Rehab
Center
5860 W Jr College Rd
305.296.2459

LAKE PARK

North Lake Rehab & Health
Center
750 Bayberry Dr
561.881.8144

LAKE WORTH

American-Finnish Nursing
Home
1800 South Dr
561.588.4333

Avante at Lake Worth
2501 North A St
561.585.9301

Crossings
4445 Pine Forest Dr
561.965.5954

Medicana Nursing-Rehab Ctr
1710 Lake Worth Rd
561.582.5331

Oasis Health & Rehab Center
1201 12th Ave S
561.586.7404

Signature Healthcare of Palm Beach
4405 Lakewood Rd
561.969.1400

Terraces of Lake Worth
1711 6th Ave S
561.586.0808

LANTANA

Hamlin Place
2180 Hypoluxo Rd
561.582.6711

VI at Lakeside Village
2792 Donnelly Dr
561.963.2100

LAUDERDALE LAKES

Palms Rehab & Nursing Ctr
3370 NW 47th Ter
954.733.0655

St John's Nursing Center
3075 NW 35th Ave
954.739.6233

LAUDERHILL

Heartland Health Care Ctr
2599 NW 55th Ave
954.485.8873

Life Care Center at Inverrary
4300 Rock Island Rd
954.485.6144

MARGATE

Margate Health Care Center
5951 Colonial Dr
954.979.6401

MIAMI

Coral Gables Nursing-Rehab
7060 SW 8th St
305.261.1363

Coral Reef Nursing-Rehab Ctr
9869 SW 152nd St
305.255.3220

East Ridge Retirement Village
19301 SW 87th Ave
305.238.2623

Florida Club Care Center
220 Sierra Dr
305.653.8427

Floridean Nursing Home
47 NW 32nd Pl
305.649.2911

Franco Nursing & Rehab Ctr
800 NW 95th St
305.836.1550

Gramercy Park Nursing Ctr
17475 S Dixie Hwy
305.255.1045

Harmony Health Center
9820 N Kendall Dr
305.271.6311

Hialeah Shores Nursing-Rehab
8785 NW 32nd Ave
305.691.5711

Jackson Memorial Care Ctr
2500 NW 22nd Ave
786.466.3000

Jackson Memorial Perdue
Medical Center
19590 Old Cutler Rd
786.466.3500

Jackson Plaza Nursing-Rehab
1861 NW 8th Ave
305.347.3380

Miami Gardens Care Center
190 NE 191st St
305.651.9690

Miami Jewish Home & Hospital
5200 NE 2nd Ave
305.751.8626

Miami Shores Nursing-Rehab
9380 NW 7th Ave
305.759.8711

Nursing Center at Mercy
3671 S Miami Ave
305.854.1110

Palace Nursing & Rehab
11215 SW 84th St
305.271.2225

Palmetto Sub Acute Care Ctr
7600 SW 8th St
305.261.2525

Pines Nursing Home
301 NE 141st St
305.893.1102

Ponce Plaza Nursing
& Rehabilitation Center
335 SW 12th Ave
305.545.6695

Riverside Care Center
899 NW 4th St
305.326.1236

Sinai Plaza Nursing
& Rehabilitation Center
201 NE 112th St
305.899.4700

St Anne's Nursing Center
11855 Quail Roost Dr
305.252.4000

Unity Health & Rehab Center
1404 NW 22nd St
305.325.1050

Victoria Nursing & Rehab Ctr
955 NW 3rd St
305.548.4020

West Gables Healthcare Ctr
2525 SW 75th Ave
305.265.9391

MIAMI BEACH

Hebrew Home of South Beach
320 Collins Ave
305.672.6464

Oceanside Extended Care Ctr
550 9th St
305.531.3321

South Pointe Plaza Rehab
& Nursing Center
42 Collins Ave
305.672.1771

MIAMI SPRINGS

Fair Havens Center
201 Curtiss Pkwy
305.887.1565

N BAY VILLAGE

Treasure Isle Care Center
1735 N Treasure Dr
305.865.2383

N MIAMI

Arch Plaza Nursing & Rehab
12505 NE 16th Ave
305.891.1710

Berkshire Manor
1255 NE 135th St
305.891.6850

Claridge House Nrsng & Rehab
13900 NE 3rd Ct
305.893.2288

Fountainhead Care Center
390 NE 135th St
305.895.4804

Pinecrest Convalescent Ctr
13650 NE 3rd Ct
305.893.1170

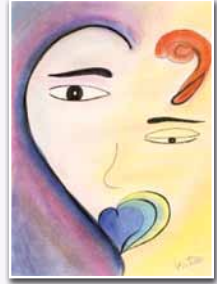
Villa Maria Nursing Center
1050 NE 125th St
305.891.8850

N MIAMI BEACH

Aventura Plaza
1800 NE 168th St
305.947.3445

Hampton Court Nursing
16100 NW 2nd Ave
305.354.8800

North Beach Rehab Center
2201 NE 170th St
305.945.1401



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NURSING / REHABILITATION CENTERS GUIDE

GUÍA DE SANATORIOS Y CENTROS DE REHABILITACIÓN

Watercrest Care Center
16650 W Dixie Hwy
305.945.7447

PAHOKEE

Glades Health Care Center
230 S Barfield Hwy
561.924.5561

P. BEACH GARDENS

Chatsworth at PGA National
347 Hiatt Dr
561.227.3200

Gardens Court
3803 PGA Blvd
561.626.1125

HCR Ctr – Prosperity Oaks
11375 Prosperity Farms Blvd
561.626.9702

Nursing Center at La Posada
3500 Masterpiece Way
561.514.5000

PALM CITY

Palm City Nursing-Rehab Ctr
2505 SW Martin Hwy
772.288.0060

Water's Edge Extended Care
1500 SW Capri St
772.223.5863

PEMBROKE PINES

Alexander Nininger Vet. Nrsng
8401 W Cypress Dr
954.985.4824

Memorial Manor
777 S Douglas Rd
954.276.6200

PLANTATION

Covenant Village Care Ctr
9211 W Broward Blvd
954.472.2860

ManorCare Health Services
6931 W Sunrise Blvd
954.583.6200

Plantation Nursing-Rehab Ctr
4250 NW 5th St
954.587.3296

West Broward Care Center
7751 W Broward Blvd
954.473.8040

POMPANO BEACH

Court at Palm Aire
2701 N Course Dr
954.975.8900

John Knox Village Health Ctr
830 Lakeside Ctr
954.783.4001

Seaview Nursing & Rehab Ctr
2401 NE 2nd St
954.943.5100

PORT ST LUCIE

Brighton Gardens
1699 SE Lyngate Dr
772.335.9990

Emerald Health Care Center
1655 SE Walton Rd
772.337.1333

Life Care Center
3720 SE Jennings Rd
772.398.8080

Palm Garden of Port St Lucie
1751 SE Hillmoor Dr
772.335.8844

Port St Lucie Nursing & Rest.
7300 Oleander Ave
772.466.4100

Tiffany Hall Nursing & Rehab
1800 SE Hillmoor Dr
772.337.3565

ROYAL PALM BEACH

Royal Manor
600 Business Pkwy
561.798.3700

STUART

Martin Nursing & Rest Care
6011 SE Tower Dr
772.223.8777

Parkway Health & Rehab Ctr
800 SE Central Pkwy
772.287.9912

Salerno Bay Manor
4801 SE Cove Rd
772.286.9400

Stuart Nursing & Rest. Care
1500 Palm Beach Rd
772.283.5887

SUNRISE

Regents Park of Sunrise
9711 W Oakland Park Blvd
954.572.4000

Springtree Rehab Center
4251 Springtree Dr
954.572.4251

Sunrise Health & Rehab Ctr
4800 Nob Hill Rd
954.577.3530

TAMARAC

Heartland of Tamarac
5901 NW 79th Ave
954.722.7001

Tamarac Rehab & Health Ctr
7901 NW 88th Ave
954.722.9330

TAVERNIER

Plantation Key Convalescent
48 High Point Rd
305.852.3021

W PALM BEACH

Consulate Health Care of WPB
1626 Davis Rd
561.439.8897

Coral Bay Healthcare & Rehab
2939 S Haverhill Rd
561.641.3130

Darcy Hall of Life Care
2170 Palm Beach Lakes Blvd
561.683.3333

Edward J Healey Rehab Ctr
1200 45th St
561.842.6111

Joseph L Morse Geriatric Ctr
4847 Fred Gladstone Dr
561.471.5111

Lakeside Health Center
315 S Flagler Dr
561.655.7780

Lourdes Noreen McKeen Res.
561 S Flagler Dr
561.655.8544

ManorCare Health Services
2300 Village Blvd
561.478.1800

Palm Garden of WPB
300 Executive Center Dr
561.471.5566

Rehab Center of the P.
Beaches
301 Northpoint Pkwy
561.712.1717

Renaissance Health & Rehab
5065 Wallis Rd
561.689.1799

Savannah Cove
2090 N Congress Ave
561.686.5100

Wood Lake Nursing & Rehab
Center
6414 13th Rd S
561.478.9900

WILTON MANORS

Wilton Manors Health &
Rehab Center
2675 N Andrews Ave
954.563.5711

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HOME CARE SERVICES GUIDE

GUÍA DE CUIDADORES DOMICILIARIOS

The following abbreviations will be listed under each agency to describe payment accepted: **MCR** – Medicare, **MAID** – Medicaid, **LTC** – Long Term Care insurance, **HMO** – Insurance, **PVT** – Private pay, **O** – Other.

BROWARD

Comprehensive Home Care
MCR – PVT
954 – 834- 2222
www.comprehensivehomehealth.com

C S I Caregivers Services Inc.
PVT – LTC
877- 277-3448
www.csicaregiver.com

Jewish Tradition Home Care
PVT – LTC
954-485-4006
1-866-485-4006
www.jewishtraditionhomecare.com

Tendra Home Health , Inc.
MCR-PVT-LTC
305-696-2323

MIAMI DADE

C S I Caregivers Services Inc.
PVT – LTC
877- 277-3448
www.csicaregiver.com

PALM BEACH

Comprehensive Home Care
MCR – PVT – LTC
561– 558-0996
www.comprehensivehomehealth.com

Empathy Care
MCR – PVT – LTC
561-395-9101
www.empathycare.org

C S I Caregivers Services Inc.
PVT – LTC
877- 277-3448
www.csicaregiver.com

MARTIN COUNTY / ST. LUCIE

Comprehensive Home Care
MCR – PVT
772– 558-0996
www.comprehensivehomehealth.com



The National Resource Center on LGBT Aging

A permanent resource for lesbian, gay, bisexual and transgender (LGBT) older adults.

www.lgbtagingcenter.org

**National
Resource
Center**
ON LGBT AGING



A project of
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in partnership with
American Society on Aging
Brookdale Center for Healthy Aging and Longevity,
Hunter College
CenterLink
FORGE Transgender Aging Network
GRIOT Circle
The LGBT Aging Project
National Association of Area Agencies on Aging
National Council on Aging's National Institute of
Senior Centers
Openhouse
PHH

Would you like to see
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Contact us at 954-967-6191
or email at garcia@55plusmag.us



PROFESSIONAL SERVICES GUIDE

GUÍA DE SERVICIOS PROFESIONALES

BEAUTY

Naturally You
Sarah Oliver
954-776-7007
www.natural-you.com
(See article on Page 14)

CLOTHING

ADA's Alterations
786-970-4187
(See ad on Page 11)

GRAPHIC DESIGN

Dreams Group
954-699-0842
www.dreamsgroupdesign.com
(See ad on Page 6)

HEARING AIDES

Excela Hearing Services
1-888-612-2238
www.excelahearingservices.com
(See ad on Page 26)

LEGAL SERVICES

Elder Law Associates PA
561-750-3850
www.elderlawassociates.com
(See ad on Page 28)

Law Offices of Alice Reiter Feld
and Associates
954-726-6602
www.florida-elderlaw.com
(See ad on Page 16)

Law Offices of Barbara Buxton PA
305-432-2293
www.buxtonlaw.com
(See ad on Page 19)

Law Offices of Gail M. Fisher
954-315-1169
www.lawofficesgailfisher.com
(See ad on Page 15)

MEDICAL RECORDS

ER Card Electronic Medical Records
Scoop For Seniors LLC
954-965-6191
(See ad on Page 38)

PHONE SERVICES

In Touch America
1-877-847-8255
www.intouchamerica.com
(See ad on Page 3)

PLACEMENT SERVICES

Placement Counselors Corp.
954-965-2925
www.placementcounselors.com
(See ad on Pages 12 & 13)

Broward Assisted Living by 55+
855-455-7587
www.browardassistedliving.us
(See ad on Page 15)

Palm Beach Assisted Living by 55+
855-455-7587
www.palmbeachassistedliving.us
(See ad on Page 34)

Florida Assisted Living by 55+
855-455-7587
www.floridaassistedliving.us
(See ad on Page 26)

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ADULT DAY CARE FACILITY GUIDE

GUÍA DE CENTROS DE CUIDADO DEL DÍA

BOCA RATON

Adolph & Rose Levin
Alz. & ADC Center
21050 95th Ave S
561.558.2510

Alz. Community Care
300 E Yamato Rd
561.391.6955

Memory & Wellness Ctr
At FAU - 777 Glades Rd
561.297.0503

The Volen Senior Ctr
1515 W Palmetto
Park Rd
561.395.8920

BOYNTON BEACH

Morse Adult Day Center
8500 Jog Rd
561.509.0111

Sunrise Community
4745 NW 7th Ct
561.547.2220

CORAL SPRINGS

Sarah Care of C. S.
754 Riverside Dr
954.341.7788

DAVIE

Central West ADC
6915 Stirling Rd
954.587.2312

DEERFIELD BEACH

Northeast Focal Point
Adult Day Care Ctr
225A NW 2nd St
954.480.4470

DELRAY BEACH

The Volen Senior Ctr
850 N Congress Ave
561.395.8920

DORAL

Miami Behavioral Health
1905 NW 82nd Ave
305.398.6100

FORT PIERCE

Alz. Community Care
2900 S Jenkins Rd
772.466.3261

Council on Aging
ADC1505 Orange Ave
772.465.5220

FT LAUDERDALE

Noble A McArthur ADC
1480 SW 9th Ave
954.764.5055

NW Fed. Woman's Club
2185 NW 19th St
954.714.3500

GREENACRES

Alz. Community Care
2164 Jog Rd
561.683.2700

HALLANDALE

Memorial ADC Center
1750 E Hallandale
Beach Blvd
954.457.0505

HIALEAH

Easter Seals Day Care
489 Hialeah Dr Ste 7
305.887.7370

Happy Times ADC
50 W 29th St Ste A
305.805.1040

LCC Adult Day Care
551 E 49th St Ste 12
786.488.8652

LHANC of Dade ADC
4410 W 16th Ave, 28-C
305.858.0887

United Help Community
4160 W 12th Ave
305.822.5956

William Lehman ADC
7605 W 10th Ave
305.557.8138

HIALEAH GARDENS

Xclusive Senior Daycare
12975 W Okeechobee
305.820.0805

HOLLYWOOD

Joseph Meyherhof
3081 Taft St
954.966.9805

HOMESTEAD

Golden Age ADC Center
28951 S Dixie Hwy
305.248.6200

Homestead ADC Center

653 SW 4th St
305.242.7676

Homestead Behavioral

654 NE 9th Pl
305.248.3488

LAKE WORTH

Alz. Community Care
1615 Lake Ave
561.585.7781

LAUD. LAKES

Alz. Community Care
4320 NW 36th St
954.535.2800

MARGATE

Northwest Focal Point
6009 NW 10th St
954.973.0300

MIAMI

Centro Axis
6840 SW 40th St
305.668.0634

Community ADC
7944 SW 8th St
305.269.6845

Community ADC
8346 SW 8th St
305.266.9620

Easter Seals Day Care
1475 NW 14th Ave
305.325.0470

Edison Little River ADC
150 NW 79th St
305.751.4342

Family Adult Day Care
6429 SW 8th St
786.478.6222

Florida Pace Centers
5200 NE 2nd Ave
305.795.8410

Gelber Adult Day Care
11025 SW 84th St
305.270.2979

Joy of Life ADC
15190 SW 136th St, #6
786.293.3310

LHANC of Dade -
Mildred Pepper
10000 SW 56th St
305.858.0887

LHANC of Dade -
Rafael Villaverde
700 SW 8th St
305.858.0887

Maggie's ADC
7930 SW 11th St
305.266.6762

Montverde ADC Center
11865 SW 26th St, #G-5
305.485.9141

Nona's Adult Care
8870 SW 40th St Ste 4
305.207.1290

North Dade ADC
60 NE 166th St
305.940.0075

Roseland Adult Daycare
7392 SW 40th St
786.388.7673

San Judas Tadeo ADC
15628 SW 72nd St
305.408.0077

Santo's Adult Day Care
2620 SW 137th Ave
786.271.0050

Santovenia ADC
13359 SW 42nd St
305.227.9500

Senior Care Options
9801A NW 7th Ave
305.756.3458

South Dade ADC Ctr
19590 Old Cutler Rd
305.255.1433

Sunrise Community
13788 SW 8th St
305.228.4001

United Adult Day Care
9734 SW 24th St, #100
305.225.0974

West Dade ADC Center
6950 N Waterway Dr
305.267.6372

MIAMI BEACH

Miami Beach ADC
610 Espanola Way
305.673.6060

NORTH MIAMI

Villa Maria ADC Center
20855 NW 9th Ct
305.651.0034

N PALM BEACH

New Day ADC
301 Ebbtide Dr
561.844.0012

PAHOKEE

Alz. Community Care
470 E 1st St
561.924.7283

PALM BEACH GARDENS

Alz. Community Care
4075 Holly Dr
561.630.4724

North County Senior Ctr
5217 Northlake Blvd
561.627.6488

PEMB. PINES

Southwest Focal Point
301 NW 103rd Ave
954.450.6888

POMPAHO BEACH

Tender Loving ADC
611 NW 31st Ave.
954.917.8099

PORT ST LUCIE

Council on Aging ADC
2501 SW Baysshore Blvd
772.336.8608

RIVIERA BEACH

Alz. Community Care
2600 Avenue H
561.683.2700

SEBASTIAN

Senior Resource Assoc.
815 Davis St
772.388.1787

STUART

Alz. Community Care N.
2200 NW Federal Hwy
561.683.2700

Alz. Community Care
3110 SE Aster Ln
772.220.2773

Egret Pond
1760 SE Salerno Rd
772.288.1288

Gene C Rifkin ADC
1071 E 10th St
772.223.7800

SUNRISE

Kurt & Alice Walter ADC
5000 Nob Hill Rd
954.742.2299

VERO BEACH

Senior Resource Assoc.
704 14th St
561.569.0760

W. PALM BEACH

Alz. Community Care
800 Northpointe Pkwy,
Ste 101-B
561.683.2700

Kramer Senior Services
Agency
4847 Fred Gladstone Dr
561.687.5790

WILTON MANORS

Wilton Manors Adult
Day Care Center
1503 NE 26th St
954.630.9501

ASSISTED LIVING FACILITY GUIDE

GUÍA DE CASAS DE ASISTENCIA

AVENTURA

Imperial Club
2751 NE 183rd St
305.935.1801 230

Sterling Aventura
2777 NE 183rd St
305.918.0000 168

VI at Aventura
19333 W Country Club Dr
305.692.4501 25

BOCA RATON

A New Beginning
105 NE 11th Ave
561.369.2891 6

**Rockwell Senior
22198 Ensenada Way
561-245-8836 6**

Brighton Gardens
6347 Via De Sonrisa
Del Sur
561.392.2772 155

Oakbridge Terrace
23305 Blue Water Cir
561.368.5600 51

Oakbridge Terrace
6051 S Verde Trl
561.487.6200 40

Whitehall Boca Raton
7300 Del Prado S
561.392.3000 18

BOYNTON BEACH

Barrington Terrace
1425 S Congress Ave
561.369.7919 125

Boynton Beach ALF
1708 NE 4th St
561.737.6465 118

Boynton Village
1935 S Federal Hwy
561.736.2424 127

Doreen's Home
3045 S Seacrest Blvd
561.364.7056 6

Emeritus at Boynton Bch
8220 Jog Rd
561.733.3200 160

Parkside Inn
1613 SW 3rd St
561.734.1616 38

Pointe at Newport Place
4733 NW 7th Ct
561.586.2989 93

Rustic Retreat Retirement
1120 N Federal Hwy
561.737.5887 30

Tyval Assisted Living
3526 Geneva Ave
561.433.3924 6

COCONUT CREEK

Havencrest ALF II
4244 NW 51st St
954.360.0680 6

Havencrest ALF III
4471 Coconut Creek Blvd
954.971.4289 6

Paradise Villa VI
4130 NW 22nd St
954.970.3193 6

Pat-Bran Senior Care
5030 NW 44th Ave
954.421.9115 6

**Rockwell Senior
5030 NW 44th Ave
954-296-5455 6**

Royal Living
3420 NW 71st St
954.600.6935 6

COOPER CITY

Nightingale
9990 NW 41st St
954.435.7443 12

CORAL GABLES

Gables Manor Ind.
1535 Venetia Ave
305.265.8548 6

CORAL SPRINGS

A&L Health Care II
8280 NW 14th St
954.345.7481 6

A&L Health
11764 NW 30th St
954.757.6529 6

Alpha & Omega Home
10132 NW 23rd St
954.510.7153 6

Alternative Care III
1763 NW 85th Dr
954.509.9983 6

Binda Assisted Living
5544 NW 106th Dr
954.341.3082 6

Bright Horizons N. Spring
7506 NW 42nd St
954.255.1811 6

Comfort Springs Home
1326 NW 113th Terr
954.255.6773 6

County Club for Seniors
2903 NW 115th Ter
954.757.9446 6

Coral Stone Retirement
8666 NW 47th Dr
954.755.8459 6

Paradise Villa Ret. III
4275 NW 67th Way
954.755.0071 6

**Park Summit
8500 Royal Palm Blvd
954-752-9500 72**

Sunshine Assisted Living
6513 NW 55th St
954.255.5588 6

Superior Care
11412 NW 1st Pl
954.345.6511 6

Unique Assisted Living
8510 NW 38th St
954.575.8585 6

CUTLER BAY

Bel-View ALF
19768 Bel-Aire Dr
786.306.9441 6

CUTLER RIDGE

Bertha Elderly Care II
10411 SW 198th St
305.259.9242 6

Ifa Lola ALF
12230 SW 220th St
786.308.9915 6

Rick & Dauvy ALF
23120 SW 124th Ave
786.970.2048 6

DANIA BEACH

Billmar Gardens
380 S Federal Hwy
954.921.6577 26

Eden Inn ALF
4064 SW 51st St
954.581.2240 8

Hammond House
357 SW 6th St
954.981.8847 6

Willow Manor Retirement
150 Stirling Rd
954.920.1988 165

DEERFIELD

Forum at Deer Creek
3001 Deer Creek Country
Club Blvd
954.698.6292 65

Horizon Club
1216 S. Military Trl
954.481.2304 68

Keval Esquisite Care II
323 SW 45th Ave
954.725.9572 6

Living Legends Ret. Center
4001 Hillsboro Blvd
954.426.9700 100

Peace Heaven
1433 SW 1 Ter
954.354.0561 6

Renaissance
1050 SW 24th Ave
954.360.7667 120

Emeritus at Deer Creek
2403 W Hillsboro Blvd
954.426.3800 145

DELRAY BEACH

Abbey Delray Health
2000 Lowson Blvd
561.454.2000 14

Arden Courts ManorCare
16150 Jog Rd
561.498.5552 56

Villa of Kings & Queens
13415 Barwick Rd
561.450.8551 5

FORT LAUDERDALE

Adoring Ranches
14450 Stirling Rd
954.680.2293 6

Annie's Retirement Home
1659 NE 62nd St
954.772.6551 9

Bayview Ret. Home
2625 NE 13th CT
954.564.3100 12

Broward House
417 SE 18th CT
954.552.4749 60

Caring Hands Retirement
7438 NW 47th Pl
954.578.3635 6

Caring Place
2953 NW 47th Pl
954.583.0702 6

E.J.L. Assisted Living
1701 SW 47th Ave
954.625.2266 6

Fort. Laud. Retirement
420 SE 12th Ct
954.524.3312 81

Garden of Health
1910 NE 56th St
954.958.9757 7

Golden Sands Retirement
809 NE 20th Ave
954.524.6054 14

Jenkins Harmony Home
2640 NW 16th Ct
954.485.0891 7

Kelly's ALF
1441 NW 20th St
954.524.2867 33

Kings Manor
261 SW 38th Terr
954.306.3885 13

Lake View Retirement
2304 NW 52nd Ct
954.714.0064 24

Leland Palms
12981 SE 52nd St
954.252.8711 8

New River Villas
408 SE 7th Ave
954.462.4445 35

Ocean View Retirement
3091 NW 43rd St
954.777.5167 32

Paradise Villa Ret. II
2560 NW 83rd Ave
954.749.0538 6

**Pine Island
Seniors Living
8620 NW 54th St
954.572.8580 6**

Ranmar Gardens
1454 NE 56th St
954.491.7396 9

**Royal Palm Sr. Res.
5121 NE 19th Ave
954.491.4041 34**

Sunshine Senior AL
4580 SW 33rd Ave
954.983.5157 14

Tara's Home
551 E Evanston Cir
954.791.5220 6

Towers Retirement Home 824 SE 2 nd St 954.463.4973	80	GREENACRES Arbor Oaks 3400 Jog Rd 561.432.4700	97	Care & Love Retirement 642 E 21 st St 305.885.4978	20	Good Life ALF 7746 NW 20 th Ter 786.547.7116	6
Tropical Heaven 460 NW 40 th Ct 954.937.5541	25	Encore Senior Village 4760 Jog Rd 561.434.0434	70	Carolina's Care Center 9024 NW 148 th St 305.827.3100	6	Hetery Home 825 SE 7 th Ave 305.889.1166	16
Villa Rio Vista 1115 SE 6 th Terr 954.763.1044	50	HALLANDALE		Carolina's Care Center II 7824 NW 165 th St 305.827.3100	6	Hilda Home Care 224 E 42 nd St 305.819.8090	6
West Vista Del Lago 1077 Waterside Cir 954.762.6881	6	Bernadette's ALF 520 NW 2 nd Ave 954.454.0826	8	Carolina's Care Center III 8100 W 12 th Ave 305.0827.3100	6	Hogar Cristian La Roca 4183 E 8 th Ct 305.953.4056	6
Willow Wood 2855 W Commercial Blvd 954.739.4200	110	Seaside Retirement 2091 S. Ocean Dr 954.457.0100	94	Casa Bella ALF 670 W 72 nd Pl 305.556.7502	6	Home Sweet Home Care 5341 E 5 th Ave 305.953.1649	6
FORT PIERCE		HIALEAH		Casa Sol 441 E 35 th St 305.693.3111	6	Jeannie's Place 4256 W 10 th Ave 305.698.9811	5
Academy ALF 1225 Soltman Ave 772.460.1211	20	A1A Care Center 641 W 33 rd St 305.825.4600	6	Christian Home 34 W 14 th St 305.888.6356	6	Julia Home Health Care 3890 E 10 th Ave 305.696.8500	6
Aurora - Treasure Coast 6609 N US Highway 1 772.460.0809	16	Abuelitos Residence 7855 NW 185 th St 305.558.6777	8	Cira Home Care 870 NE 5 th St 305.888.2068	6	Kathy Loving ALF I 7715 W 10 th St 305.819.8989	6
Bayamo Assisted Living 1199 SW Bayamo Ave 772.873.2903	6	Achoy Home Care 3635 W 13 th Ave 305.820.0671	6	Crossroads AL Center 7960 NW 181 st St 305.316.9491	6	La Rosa ALF 7865 W 5 th Ct 305.819.9739	6
Beachland Retirement 462 Hernando St 772.460.8007	8	Adam Home 158 W 8 th St 305.884.1961	19	Daniella's Care Center 4325 E 9 th Ln 305.681.2780	6	Las Brisas Home Care 7401 W 34 th Ln 305.819.9739	6
Broadmoor AL 200 Dixieland Dr 772.468.7235	55	Ailin Living Facility 7005 W 16 th Ave 305.819.1597	6	Darla Home Care 3167 W 77 th Pl 305.512.7529	6	Lazarro Loving Home 390 SW 8 th Ave 305.888.4359	6
Candi's Echo Retreat 910 Echo St 772.466.9747	6	Alpha & Omega Facility 410 E 24 th St 305.691.6335	48	Davisito's 6524 NW 197 th Ln 305.624.1995	6	Loving Place 25 W 26 th St 305.884.4002	12
Center for Ind. Living 4700 Buchanan Dr 772.460.2108	6	American Life Adult Care 8849 NW 169 th Ter 305.303.2980	6	Dulce Hogar 423 W 12 th Pl 305.887.9780	6	Luz Home for the Elderly 810 W 74 th St 305.818.2082	6
Divine Senior Care 4707 Oleander Ave 772.465.9389	22	Amigos 5701 NW 110 th St 305.819.4626	6	El Viso Care 756 W 53 rd St 305.822.6402	6	M&M Comprehensive 280 W 56 th St 305.362.9151	6
Friend Assisted Living 1102 Alameda Ave 772.595.9223	6	Amor y Esperanza 3224 W 14 th Ave 786.663.4392	6	Epworth Village Retirement Community 5300 W 16 th Ave 305.556.3500	125	Maggy's Home Care 8969 NW 152 nd Ln 305.826.5773	6
Kalake 308 S 30 th St 772.595.5565	6	Angeles Residential 6341 Palm Ave 305.825.0262	6	Family Rest Home 182 W 9 th St 305.887.8095	40	Maria's Sweet Home 5991 W 20 th Ln 305.698.2437	6
Lake Forest Park 2909 S 25 th St 772.466.1919	68	Angels in Paradise 4636 W 6 th Ave 305.818.9666	6	Farah Michele Home 431 W 31 st Pl 305.828.5395	6	Maribel Paradise Home 651 E 49 th St 305.582.1647	6
Lynmoore St Lucie 1550 N Lawnwood Cir 772.489.6800	98	Antonia Residence 840 SE 8 th Ct 305.883.1960	6	Garden Elderly Care 7450 W 14 th Ct 305.827.8696	6	Marta Home Care 6898 W 29 th Ave 786.236.1509	6
Royal Care ALF 5081 Dunn Rd 561.464.0728	12	Best Age 1240 W 83 rd St 305.231.8260	6	Golden Age Adult Center 7355 W 12 th Ave 305.824.1046	6	Mary Jo ALF 158 W 10 th St 305.644.1797	14
Seminole Acres 3562 Seminole Rd 561.467.0181	10	Better Care Home 7599 W 4 th Ct 305.820.6530	6			Mary's Home 14158 NW 88 th Pl 305.825.7097	6

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ASSISTED LIVING FACILITY GUIDE

GUÍA DE CASAS DE ASISTENCIA

Mayra's ALF 4210 W 19 th Ave 305.820.8585	6	Palm Breeze ALF 1045-55 Palm Ave 305.883.8376	61	San Miguel Home Care 3931 W 8 th Ave 305.558.8769	6	HIALEAH GARDENS	Heart to Heart ALF 2201 N 55 th Ave 954.981.5862	6		
Mi Arcoiris Family Care 431 E 10 th St 786.337.6357	6	Palm Gardens Manor I 1232 W 60 th St 305.970.8812	9	SC Home Care 626 E 40 th St 305.696.3966	6	Hialeah Gardens ALF 8905 NW 120 th Ter 305.698.6067	6	Hollywood Manor AL 1928 Washington St 954.929.7487	8	
Mi Hogar 133 E 12 th St 305.888.5037	6	Palm Gardens Manor II 1255 W 64 th Ter 305.970.8812	6	Senior Living Home 1084 W 65 th St 305.557.2632	6	La Orquidea Home Care 10460 NW 129 th St 305.362.6257	6	Hollywood Paradise 1700 N 47 th Ave 954.624.5824	6	
Mi Retiro ALF II 2793 W 72 nd St 305.362.5264	6	Palm Gardens Manor III 5835 W 14 th Ln 305.826.7713	6	Senior's Palace 1760 E 1 st Ave 305.885.7733	34	Riliz Home 8777 NW 110 th St 305.825.4270	6	Irving's Place Loving Care 4561 SW 36 th St 954.989.0273	6	
Modelo Health Care 3601 W 11 th Ave 305.364.7611	21	Palm Gardens Manor V 5435 W 14 th Ave 305.970.8812	6	Seven Elderly Care 6132 W 14 th Ln 305.512.0102	6	Two Sisters Home Care III 9143 NW 117 th St 305.817.1138	6	Jordan Brooke's AL 4508 Van Buren St 954.322.4112	6	
Morales Sweet Home 670 E 57 th St 305.681.3739	6	Palm Gardens Manor VI 1214 W 78 th Ter 305.970.8812	6	South Hialeah Manor 240 E 5 th St 305.887.4965	67	HOBE SOUND	Lakeview ALF 3833 SW 33 rd St 954.967.0690	6		
Mount Sinai Christian 5190 E 8 th Ave 305.685.5136	6	Palm Spring North Manor 7861 NW 175 th St 305.970.8941	6	St DB&Y Home 8715 NW 153 rd Terr 305.828.2003	6	Pine Grove Manor 9555 SE Federal Hwy 561.546.9142	48	Leoray ALF 101 Thomas Rd 954.559.9307	6	
My Family Home 662 W 50 th St 305.362.6649	6	Palmetto ALF 6826 W 25 th Ct 305.819.6919	6	Sun Village 1350-60 W 31 st St 305.823.8963	29	HOLLYWOOD	Amazing Care 2620 N 62 Ave 954.987.1235	6	Lifestyle Living II 833 N Rainbow Dr 954.894.7958	6
My New Family Home 12748 NW 98 th Ct 305.820.3329	6	Palmetto Senior Care 3157 W 78 th Pl 305.934.8770	6	Sunshine Adult Center 180 W 13 th St 305.885.2358	19	Amazing Care II 6270 Atlanta St 954.963.2125	6	Lincoln Manor 2144 Lincoln St 954.922.1995	56	
New Horizon Manor 7968 W 14 th Ct 305.970.8812	6	Paradise Adult Center 480 W 66 th St 786.277.9822	6	Sunshine Adult Center II 170 W 13 th St 305.885.2358	19	Azalea Gardens AL 1701 Mayo St 954.921.5990	35	Malibu Love & Care 6461 Johnson St 954.243.9815	6	
New Life Retirement 1001 W 50 th Pl 305.557.7825	6	Paradise of Hialeah 592 E 45 th St 305.681.9320	6	Sunshine Home ALF 4264 W 7 th Ln 305.364.0461	6	Buckingham Palace 1845 Garfield St 954.921.1819	14	Meadow Brook Ret. Home 6741 Evans St 954.983.8077	6	
New World ALF 8184 W 18 th Ave 305.364.2821	6	Pavilion Gardens 71 W 30 th St 305.884.5613	6	Sweet Paradise 4986 E 9 th Ln 305.953.9691	6	Camelot Court 2233 McKinley St 954.922.0808	8	Merriman Manor 1835 Wilson St 954.921.4059	46	
Nuevitas Home II 675 E 31 st St 305.696.9392	6	Professional Home Care I 435 E 31 st St 305.696.7364	25	Two Sisters Home Care II 12335 NW 98 th Ave 305.362.3707	6	Exquisite Senior Care 2616 Washington St 954.927.7617	6	Midtown Manor 2001 Polk St 954.927.2001	105	
Nursing Love & Care 1045 W 23 rd St 305.883.1915	19	Professional Home Care II 447 E 31 st St 305.696.7364	15	Villa Maria L. Solutions 790 E 18 th St 305.863.0156	6	Forever Young 2844 Funston St. 954.927-9110		New Hope Group Home 6021 Duval St 954.987.3937	10	
Oasis Home - Elderly 33 W 26 th St 305.934.8770	19	Renancer 115 W 5 th St 305.884.0611	22	Villa Nora ALF 4040 W 10 th Ct 305.827.7996	6	Golden Manor ALF I 2003 Fletcher St 954.926.7937	10	Newport Home Care 2811 Cleveland St 954.921.0027	6	
Our Dream Retirement 1630-40 Palm Ave 305.887.4141	42	Renancer Home Care 642-44 SE 4 th Pl 305.885.2545	6	Villa Nora II 998 W 31 st St 786.942.4420	6	Golden Manor ALF II 1510 S 20 th Ave 954.926.7937	6	North Lake Ret. Home 1222 N 16 th Ave 954.922.2643	114	
Our Golden Home ALF II 18400 NW 81 st Ct 305.821.5153	6	Salmo 23 Elder Care 277 E 4 th St 305.863.9623	24	Yamile's Home 6135 W 8 th Ave 305.558.8769	6	H Floridian 1831 Plunket St 954.925.8604	31	Peninsula 5100 W Hallandale Beach 954.893.7755	200	
Our Loving Mother 1635 W 65 th St 305.557.8100	6	San Judas Home 14602 NW 87 th Ct 305.828.2003	6	Your Sweet Home 1105 W 69 th Pl 305.827.5442	6	Hammond House 5301 McKinley St 954.981.8847	6	Presidential Place 3880 S Circle Dr 954.894.0059	118	



Rainbow Place 522 S Rainbow Dr 954.964.8179	6	Mi Renacer ALF 1305 SE 7 th St 786.295.2913	6	Mangrove Bay 110 Mangrove Bay Way 561.575.3123	60	VI at Lakeside Village 2792 Donnelly Dr 561.966.4600	60
Serenity Gardens 6200-10 Cleveland St 954.983.5174	15	Mother's Golden Years II 29332 SW 143 rd Ct 305.551.3160	5	St Joseph's AL 350 Bush Rd 561.747.1135	100	LAUDERDALE LAKES	
Victorian Manor ALF 900 N 24 th Ave 954.929.7009	8	Oasis I 26508 SW 128 Ct 786.709.5155	6	KENDALL		St Joseph's Residence 3485 NW 30 th St 954.739.1483	80
HOMESTEAD		Palace Gardens 1351 N Krome Ave 305.247.0446	200	Abuelas Home Care 4257 SW 154 th Ct 305.227.6682	6	LAUDERHILL	
Advance Assisted Living 14335 SW 288 th St 786.326.0680	6	Peace ALF 12451 SW 236 th St 305.742.3446	6	Lourdes ALF 14825 SW 82 nd St 786.229.3431	6	Alea's ALF 5304 NW 16 th St 954.731.4863	7
Angele's ALF 29921 SW 151 st Ave 786.339.9380	6	Pina & Fuerte Adult Care 14935 SW 297 th St 305.242.0871	6	Villa Josefa 16139 SW 68 th Ter 305.223.3417	6	Andre Retirement Manor 5711-21 NW 28 th St 954.485.3244	36
Bright Happy Home 931 NE 17 th Ter 786.282.5317	6	Quality Care ALF 11381 SW 247 th Ter 305.799.2782	6	KEY WEST		Bethesda ALF 5360 NW 78 th Ave 954.578.1629	6
Campo Alegre ALF 24201 SW 192 nd Ave 305.242.4429	5	Quality ALF 19421 SW 307 St 305.807.8645	6	Bayshore Manor 5200 College Rd 305.294.4966	16	Brandon House 2731 NW 58 th Ter 954.735.9062	14
Del Real Home Care 13071 SW 260 th Ter 305.257.0041	6	Sara Home Care 29100 SW 172 nd Ave 305.246.4034	16	LAKE PARK		Briarwood Manor 5621-31 NW 28 th St 954.735.8989	39
Diaz Home Care ALF 13481 SW 268 th Ter 305.258.7790	6	Serenity Adult Home Care 15401 SW 277 th St 786.853.8880	6	Tropical Palm ALF 915 Forresteria Dr 561.667.6965	6	Bridge at Inverrary 4291 Rock Island Rd 954.486.9799	120
Duran Home Care 26775 SW 129 th Ave 305.726.5782	6	Sol Radiante 221 NE 15 th St 305.246.4798	6	White Palms 9072 Old Dixie Hwy 561.845.1114	12	Devine Living Facility 1142 NW 43 rd Ter 954.584.5897	6
El Viejo Sol ALF 4163 NE 16 th St 305.986.8104	6	Swankridge 122 NW 7 th St 305.248.9662	12	LAKE WORTH		Forest Trace 5500 NW 69 th Ave 954.572.1800	40
Heaven ALF 30136 SW 148 th Pl 305.245.2290	6	Swankridge II 120 NW 17 th St 305.248.9662	8	Avalon of Palm Beach 4905 Lantana Rd 561.641.0126	107	Gena's Retirement Home 2233 NW 56 th Ave 954.733.9614	32
Homestead Group Home 30671 SW 189 th Ave 305.245.9399	5	Sweet Mansion ALF 16925 SW 300 St 786.486.4902	5	Finnish-American Home 1800 South Dr 561.588.4333	150	Hampton Court ALF 7801 NW 45 th Ct 954.748.9282	6
Homestead Manor 1330 NW 1 st St 305.248.0271	18	Vicky's ALF 12438 SW 266 th Ln 305.257.3039	6	Nuestra Casa 1906 North A St 561.439.1785	6	Happy Hearts ALF 5245 NW 73 rd Ter 954.746.1977	6
Jesus Home Services 28425 SW 131 st Ct 786.355.3611	6	INDIANTOWN		Sunrise Adult Care 4102 Cooley Ct 561.967.2287	6	Lamerie Home 4225 NW 25 th Pl 954.486.7792	14
Kayleen & Denis Care 15700 SW 296 th St 305.248.5046	6	Seagull Ranch 9601 Fox Brown Rd 772.597.4004	15	Tropical Garden Villas 428 South F St 561.383.2992	12	Lauderhill Family Care 5821 NW 28 th St 954.777.0038	62
La Edad Dorada 1501 SW 2 ct 305.819.1912	6	JENSEN BEACH		Tropical Garden Villas 432 South F St 561.383.2992	12	Loving Care of Lauderhill 5605 NW 27 th Ct 954.733.1840	70
Living Well ALF I 24151 SW 107 th Ave 305.431.2586	6	Emeritus at Jensen Beach 1700 NE Indian River Dr 772.225.1355	100	LANTANA		Loving Care II 5640 NW 28 th St 954.733.1840	39
Mary's Care Center 30796 SW 189 th Ave 305.498.9171	6	Courtyard Gardens 1790 Indiancreek Dr W 561.743.5966	100	Atlantis Assisted Living 6026 Old Congress 561.966.3232	70	Park Regency AL 2801 NW 55 th Ave 954.484.1960	85
				Atria Meridian 3061 Donnelly Dr 561.965.7200	104		
				Pleasant Re. Home 7512 Washington Ave 561.540.8563	10		

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ASSISTED LIVING FACILITY GUIDE

GUÍA DE CASAS DE ASISTENCIA

Potter's House 5820 NW 27 th Ct 954.746.8584	16	Gardens at Margate 6700 NW 21 st St 954.957.9300	6	Aloma Retirement Home 2030 NW 33 rd St 305.635.0718	14	Annie's Palace 935 SW 9 th St 305.860.9549	13	Belen Sweet Home ALF 11500 SW 192 nd St 305.255.1614	6
Rebecca's House 6711 NW 46 th Ct 954.748.8487	6	House of Tranquility 421 SW 64 th Ter 954.979.3433	6	Alton Asst Care Living 2090 NW 115 th St 305.687.7142	6	Años Dorados ALF 6400 SW 24 th St 305.244.9691	6	Belkis ALF I 3700 SW 147 th Pl 305.487.6736	6
Serenity Garden 5811 NW 28 th St 954.485.1210	66	Lorna's Home 5511 SW 10 th Ct 954.984.8494	6	Always Loving Family 4394 SW 151 st Pl 305.487.9938	6	Apostolado Home III 13510 SW 75 th St 305.387.0453	6	Bella Luna Ret. Home II 11511 SW 128 th St 786.293.0431	6
Shalom Manor 2771 NW 58 th Ter 954.485.0901	35	Professional Care Facility 5515 SW 8 th St 954.968.7676	6	Amanda's Paradise 6132 SW 129 th Ct 305.386.6695	6	Apostolado Home 11081 SW 63 rd Ter 305.279.7614	8	Bermudez Senior Care 5301 SW 162 nd Pl 305.226.8409	6
Special Senior's 7471 NW 35 th Ct 954.746.8550	6	MIAMI 330 Assisted Living 330 SW 22 nd Rd 305.285.0119	6	Amegab Home Care 1145 SW 74 th Ct 305.261.3910	6	Arcadia Manor 1024-26 SW 19 th Ave 305.643.2571	32	Bertha Elderly Care 9760 Memorial Rd 305.278.1351	6
Virginia's Country Manor 8140 NW 47 th Ct 954.749.3879	5	Abuelitos De Mary 4242 SW 137 th Ct 305.222.9305	5	Amor De Dios 718 NW 132 nd Pl 305.485.1225	6	Ashley Gardens 1016 NW 42 nd St 305.637.7465	5	Best Home ALF 13600 SW 75 th St 305.385.7223	6
LEISURE CITY MD Adult Living Facility 15735 SW 303 rd Ter 305.247.0260	6	AC Family Home 1879 SW 59 th Ave 305.261.2534	6	Amor De Jesus 14283 SW 177 th St 305.255.7630	6	AL Retirement Homes I 132-34 NW 17 th Ct 305.642.8495	14	Beth Shalom Home Care 7891 NW 171 st St 305.828.9728	6
LOXAHATCHEE Hidden Pines ALF 16242 Sycamore Dr E 561.383.8838	6	Acacia's 15295 SW Palmetto Lake Dr 305.251.1344	6	Amparito's Senior Care 15877 SW 85 th Ln 305.793.6226	6	AL Retirement Homes II 2787-89 SW 33 rd Ave 305.446-5076	14	Better Living of Miami 11010 SW 42 nd Ter 305.551.7700	6
MARATHON Heron House 1320 Coco Plum Dr 305.743.4129	16	Acelia Tropical Sr. Care 21 NW 133 rd Pl 786.286.5777	6	Angel ALF 9605 SW 144 th Pl 305.382.2353	6	Assisted Living Suites 9405 SW 89 th St 305.345.6919	6	Bird Lakes Facility Care 14279 SW 52 nd St 305.553.0192	6
MARGATE A&J ALF of Florida 2187 NW 63 rd Ave 954.467.3145	6	Ada ALF 683 NW 122 nd Pl 305.226.4283	6	Angel De Amor 18020 SW 134 th Ct 786.573.4487	6	Aviles Forever Care 9365 SW 36 th St 305.298.0292	6	Biscayne Gardens Country 1074 NW 153 rd St 305.681.9762	6
Andrea's Golden Care 4980 SW 4 th St 954.260.5428	5	Adult Care of Miami 9833 SW 27 th Ter 305.559.8159	6	Angel's Age II 13320 SW 71 st St 305.408.7287	6	B&B Home Care 20625 SW 114 th Pl 305.235.4884	6	BJ Home Care 2218 SW 26 th Ln 305.858.6422	10
Coral Plaza Retirement Residence 5850 Margate Blvd 954.970.0053	120	Ady's Family Home II 1030 SW 10 th Ave 305.857.9425	6	Angeles ALF 10923 SW 5 th St 305.559.7130	12	B&B Home Care II 17430 SW 118 th Pl 305.235.3255	6	Blanco Home Health Care 604-06 NW 25 th Ave 305.649.9299	14
Cypress Manor ALF 7459 Royal Palm Blvd 954.979.6893	6	Alborada Family Home 5524 SW 5 th St 305.261.4976	6	Angels 9564 SW 58 th St 305.596.6917	6	B&B Home Care III 11960 SW 172 nd St 305.235.9510	6	Blessing House 14350 SW 29 th St 305.553.3607	6
Cypress Manor ALF II 1910 NW 77 th Ave 954.971.5595	6	Aldara Home 12810 SW 18 th St 786.262.1994	6	Angels Forever 7201 SW 142 nd Ave 305.387.3686	6	Baby Boomers Adult Care 6478 SW 72 nd St 305.662.6706	6	Blessing House II 4940 SW 116 th Ave 305.595.4382	4
Emeritus at Regency 5600 Lakeside Dr N 954.974.6604	47	Aleman's Family Home 8735 SW 132 nd Ct 305.388.6519	6	Angels Hands 15040 SW 144 th Ct 305.234.2437	6	Balbina Home Care 10115 SW 77 th Dr 305.271.3295	6	Blue Point Home Care 21910 SW 97 th Ct 305.971.5826	6
		ALF Family Care 14381 SW 159 th Ter 786.293.7955	6	Angels Home 7935 SW 146 th Ct 305.385.1138	6	Bay Oaks Home 435 NE 34 th St 305.573.4337	41	Blue Sky 354 SW 22 nd Rd 305.856.1589	6
		Alice's Home 12795 NW 10 th Ln 305.223.6443	6	Angels House 12720 SW 43 rd Dr 305.207.1614	6	Bel Aire Retirement Home 9955 SW 196 th St 305.232.0429	6	Blue Sky Group Home 11000 SW 142 nd Pl 305.387.4952	6
								Bosan Residence 1754 NW 6 th St 305.649.3492	14

Bosch ALF 3060 NW 19 th Ter 305.637.8109	6	Cary Crist Home Care 1706 SW 136 th Pl 305.553.7491	6	Coral Sands ALF 7800 Abbott Ave 305.867.3232	30	Dulce Hogar II 3601 SW 139 th Ave 786.262.9130	6
Breezy Acres Ret. Living 1864 NW 175 th St 305.624.4901	65	Cary's Adult Care 14109 SW 167 th Ter 305.234.0914	6	Coral Terrace ALF 6744 SW 22 nd St 305.267.0073	44	E&A Paradise Home 5925 SW 117 th Ave 305.273.4230	6
Cachita Adult Care Living 4753 NW 1 st St 305.829.4321	10	Cary's Adult Care II 15765 SW 76 th Ter 786.486.9365	6	Coral Villa Adult Care 2860 SW 122 nd Ave 305.226.9301	6	East Gables Ret. Center 3590-92 SW 16 th St 305.223.7574	14
Calle 30 Health Care 7511 SW 36 th St 786.546.5126	6	Casa De Paz ALF 9360 SW 24 th St 305.223.0821	4	Coral Villa Adult Care II 14213 SW 100 th Ln 305.380.8084	6	East Ridge Ret. Village 19301 SW 87 th Ave 305.238.2623	60
Calusa Adult Care I 13871 SW 112 th St 786.493.6220	13	Casa Dulce Corazon 11475 Quail Roost Dr 305.971.8071	6	Coral Way Senior Care 2451 SW 143 rd Ct 305.551.1439	6	Edelmira ALF 19720 SW 117 th Ave 305.253.0649	6
Camacho ALF 1631 SW 14 th St 786.619.7070	6	Casa Herminda Home 120 Apache St 786.553.5145	6	Cornell ALF 581-583 Central Blvd 305.269.1931	6	Eden Gardens ALF 12221 W Dixie Hwy 305.893.2634	118
Camila's Home Care 224 SW 67 th Ave 305.401.7930	6	Casabel Home Care 2472 SW 113 th Ct 305.554.8627	6	Corner House 1895 SW 11 th Ter 305.649.2490	16	Eliaz Home 12300 SW 31 st St 305.227.7261	6
Camino De Esperanza 5903 SW 147 th Pl 305.382.2570	6	Cascante Retirement 8325 SW 37 th St 305.554.4106	6	Curtis Senior Care 21831 SW 102 nd Ave 305.251.5170	6	El Paraiso Home 1540 SW 17 th St 305.649.0490	14
Candid Home Care 7200 SW 131 st Ave 305.382.2923	6	Casita Amor II 2303 SW 62 nd Ct 305.260.3895	6	Daisy Cuidado De Ancianos 6510 NW 2 nd St 305.262.0728	6	Eleanor's Retirement 12315 NW 23 rd Ave 305.688.0759	6
Candid Home Care II 14733 SW 113 th Ln 305.382.3487	6	Catholic Senior Living 100 SW 52 nd Ave 786.552.5704	6	Damabian ALF Center 4065 NW 4 th St 305.643.3095	6	Ella's Home Care 5600 SW 7 th St 786.287.2359	6
Candid Home Care III 10710 SW 148 th Ct 305.382.2923	6	Celena's Senior Care 10601 SW 142 nd Ave 305.408.3236	6	De' Blanca Home 11901 SW 25 th Ter 305.541.3007	6	Elpa Home Care Center 9950 SW 83 rd St 305.962.8752	6
Candid Home Care IV 8105 SW 136 th Pl 305.382.2923	6	Central Palace Res. 4491 SW 8 th St 305.445.3565	33	De' Blanca Home II 2520 SW 102 nd Ave 305.220.8616	6	EMU ALF 10241 SW 134 th Ave 305.383.0622	6
Capricorn Ret. Home 13720 NW 1 st Ave 305.688.4670	6	Century ALF II 12710 SW 112 th St 305.387.4904	6	De' Blanca Home III 4010 SW 107 th Ave 305.551.7721	6	Esther Home Care I 9341 SW 32 nd St 305.485.8870	6
Carely Home Care 650 SW 65 th Ave 305.265.8945	6	Christian Home ALF 9700 NW 29 th Ave 786.202.4971	6	De' Blanca Home IV 125 SW 103 rd Ct 305.228.0018	6	Esther Home Care II 13908 SW 26 th Ter 305.221.9614	6
Caribbean ALF 9860 Caribbean Blvd 305.971.9667	6	Cleria Family Home 4911 SW 132 nd Ave 305.554.5521	6	Deerwood Manor 12853 SW 147 th St 305.259.1883	6	Eufemia ALF 3215 SW Village Green Dr 305.227.9633	6
Caring for You ALF 5210 SW 5 th Ter 305.569.0069	6	Colonial Drive Seniors Residence Care 10220 SW 164 th St 786.277.1226	6	Diana Home Care II 1725 SW 71 st Ct 305.342.6155	6	Executive Group Home 10170 Sugarwood Way 305.387.4971	6
Caring for you ALF II 5645 SW 2 nd St 305.264.6106	6	Colonial N. Home Care 5300 SW 104 th Ave 305.273.3349	6	Diana Home Care III 7231 SW 7 th St 305.498.2369	6	Fairway ALF 15523 SW 105 th Ave 786.285.1474	6
Caring for You ALF III 7080 SW 14 th St 305.262.7704	6	Companion Home Corp 1997 SW 17 th Ct 305.856.2933	13	Dulce Esperanza Home 1679 SW 14 th Ter 305.285.6847	6	Fairway Park Retirement 16324 SW 99 th Ct 305.233.4840	6
Caring Hands AL 12735 N Miami Ave 305.409.6471	6	Coral Park Senior Care 9640 SW 10 th Ter 305.207.9191	6	Dulce Hogar 120 NW 26 th Ave 305.631.8872	6	Family First ALF 15600 SW 143 rd Ave 786.942.0998	6
Caring Place ALF 13232 SW 85 th St 305.382.6279	6					Family House ALF 3011 NW 52 nd St 305.635.5710	6

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ASSISTED LIVING FACILITY GUIDE

GUÍA DE CASAS DE ASISTENCIA

Fantasy Family Home 16163 SW 143 rd Ln 786.210.2145	6	Golden Era ALF 15680 SW 139 th Ave 305.969.4698	6	Heartland Health Care Center-Kendall 9400 SW 137 th Ave 305.385.8290	54	Isabel Adult Care II 10300 SW 66 th St 305.598.8394	6	Jumerolis Home Care 956 SW 143 rd Pl 305.228.8373	6
Feba Living Care 6120 NW 2 nd St 305.269.9279	6	Golden Touch Home Care 41 NW 190 th St 786.877.8688	6	Heavenly Home Care of Florida 17321 SW 109 th Ave 305.259.9729	6	Isabel Adult Care III 10711 SW 52 nd Ter 305.413.4376	6	Katia's Loving Home 5130 SW 96 th Ave 786.258.6458	6
Ferreiro Senior Care 15942 SW 61 st Ln 305.910.7105	6	Golden Years 13184 SW 19 th Ter 305.229.7007	6	Helen M Sawyer Plaza 1160 NW 11 th Street 305.545.3410	101	Ive Home 20020 SW 113 th Pl 305.255.7934	6	Kayla's Place 3122 SW 151 st ct 305.220.6449	6
Forest View Senior Care 13431 SW 178 th St 305.971.3628	6	Gonzalez & Son's Home Care 4045 SW 9 th Ter 305.443.9944	6	Helping Hand Assisted Home Care 4406 SW 129 th Ave 305.978.8439	6	Ive Home II 22636 SW 125 th Ave 305.804.3183	6	Kelly ALF 10410 SW 127 th Ave 305.385.7690	6
Fotine's Senior Home 5937 SW 41 st St 305.661.3027	6	Gonzalez & Son's Home Care II 4290 SW 4 th St 786.317.4752	6	Hermana's Family Home 6524 SW 162 nd Path 305.383.4067	6	Iya-Kere ALF 9-11 NW 56 th Ct 786.317.6505	6	Kelly Son's Elderly Home 16521 SW 144 th Ct 786.573.5253	6
G&G Assisted Care Living Facility 1984 NW 22 nd Pl 305.634.2395	12	Good Family Home 6851 SW 79 th Ter 786.268.1039	6	Highlands Home Care 3320 SW 88 th Pl 305.223.1629	6	Izquierdo Home Care I 311 SW 62 nd Ave 305.263.1310	6	Kendall ALF home 4604 SW 144 th Ct 305.559.9559	6
Gables Estates ALF 1881 SW 37 th Ave 305.774.5801	6	Good Time Home Care 8640 SW 185 th St 305.252.9419	6	Home Away From Home 2660 SW 69 th Ave 305.663.6979	6	J&J Family Home 100 NE 185 Ter 305.690.4200	5	Kennet Home 10051 Haitian Dr 786.543.0325	6
Gables Manor Independent I 6355 SW 2 nd St 305.265.9373	6	Gran Familia 9981 SW 16 th St 305.223.5909	6	Home Away From Home 1851 SW 142 nd Ave 305.229.1315	6	Jackson North CMHC Serenity Home 480 NW 123 rd St 305.769.0244	6	L&B Solution Care 565 NE 137 th St 305.899.8449	6
Gabriel's Home ALF 11232 SW 7 th St 305.229.9860	12	Grand Court Lakes 280 Sierra Dr 305.654.5300	110	Home for the Angels 9270 SW 42 nd Ter 305.207.4481	6	JC Loving Care 11260 SW 176 th ST 305.255.1178	6	La Caridad del Cobre ALF 1310 SW 76 th St 305.266.0871	8
Garden Hills Retirement Center 10337 SW 159 th Ct 305.510.2004	6	Grandad Elderly 7520 SW 108 th Ave 305.270.9123	6	Home of the Heart of Miami 6701 SW 27 th St 305.740.0102	6	Jesus ALF 3144 SW 21 St 305.460.6898	6	La Casita Nuestra II 14909 SW 22 nd St 305.227.3361	6
Garden of Hope 11511 SW 83 rd Ter 305.274.2138	6	Granny's Adult Home 1031 NW 39 th Ct 305.642.2888	6	Humble Care ALF 14651 SW 161 st St 305.255.9880	6	Jesus Home 3401 SW 72 nd Ct 305.269.4823	6	La Dalia ALF 10121 SW 37 St 305.793.3156	6
Genesis ALF I 1445 NW 116 th Ter 305.681.9643	6	Guardian Elder Care Services 8318 SW 162 Pl 305.962.8831	6	IBIS ALF 15088 SW 71 Ln 305.386.0566	6	Jesus of Nazareth Home 2801 SW 37 th Ct 305.445.6869	14	La Edad De Oro ALF 9410 SW 52 nd Ter 305.271.9080	6
GIL Family Home 15201 SW 297 th St 305.248.0308	6	Guardian Elder Care 10930 SW 143 rd Ct 305.387.0969	6	Idalmis Residence 3530 SW 12 th St 305.446.5720	6	JJ Group Home 1150 NW 130 th St 305.688.8516	6	La Milagrosa Home 3341 SW 7 th St 305.447.1559	14
Gina's Rehab Center I 2329 NW 33 rd St 305.635.5189	6	Happy Face Home Care 3910 NW 23 rd Ct 305.636.7894	6	Ideal Home Care 13841 SW 152 Ct 305.972.4443	6	Jorge's Home 15172 SW 13 th Ter 305.559.5369	6	La Paz Home Care 12986 NW 9 Ter 786.370.6174	6
Gina's Rehab Center II 2266 SW 2 nd St 305.642.7446	6	Harmony Family Home 9245 SW 208 th Ter 786.242.5577	6	Isa Adult Care 7020 SW 107 th Ave 305.598.9610	6	Joy & Love Rehabilitation ALF 910 NW 58 th St 305.992.4539	6	La Purisima ALF 100 SW 36 th Ave 305.446.6614	6
God is First ALF 11316 SW 246 th Ter 305.508.8412	6	Haven 10601 Caribbean Blvd 305.235.5872	7	Isa Adult Home Care 4363 SW 146 th Ave 305.220.0605	6	JR Family Care 1110 NW 134 th Ave 305.229.0592	6	Las Flores Care Center 4960 NW 188 th Ter 305.622.8884	6
Golden Age 7811 SW 129 th Ave 786.355.9829	6	Hazel Cypen Tower 5066 NE 2 nd Ave 305.762.3890	132	Isabel Adult Care I 10701 SW 66 th Ter 305.279.8097	6	Las Magnolias Ret. Home 2028 NW 5 th St 305.644.9621	13		



Las Marias ALF 12381 SW 144 Ter 786.444.0514	6	Lizi Home Care ALF 2820 SW 131 st Pl 305.220.7685	6	Lucy Wright Home 2375 NW 161 st St 305.685.5123	12	Marcia Adult Care 5143 SW 157 th Ct 305.485.0478	6
Las Mercedes Home 3418 SW 23 rd Ter 305.441.0247	39	Lizmary Senior Care 16671 SW 52 nd Ln 305.228.0972	6	Lucy's Home Care 2005 SW 97 th Ave 786.704.3474	6	Margarita's ALF Home I 1801-03 NW 19 th St 305.326.1308	6
Laura's Elderly Homecare 19500 SW 127 th Ave 305.378.9962	6	Llanes Residence Home 4712 SW 143 rd Ave 305.485.4905	6	Lugar De Amor ALF 403 NW 136 th Pl 305.226.6597	6	Margarita's Elderly Care II 14532 SW 38 th Ln 305.220.2740	6
Lawrence's Home Care 2650 NW 15 th Ave 305.860.9613	14	Los Abuelitos Felices 15140 SW 183 rd Ter 305.259.3023	6	Luna 11 3783 SW 97 th Ave 786.718.9710	6	Margarita's Elderly Care III 825 NW 18 th Pl 305.528.6482	6
Lee's Foster Home 9020 NW 12 th Ct 305.693.5102	6	Los Abuelitos Felices II 14743 SW 173 rd Ter 305.254.4098	6	Luz Del Espiritu Santo 14584 SW 174 th St 305.253.0906	6	Margreg Facilities 12412 SW 213 th Ter 305.255.8716	6
Lee's Progressive Home 80-82 NE 166 th St 305.947.1439	6	Los Tres Milagros 10681 SW 182 nd St 305.234.7246	6	Lydia An's Casa Verde 1420 NE 203 rd St 305.999.9235	6	Margy Homecare 10620 SW 127 th Ave 786.290.4510	6
Lemar Home 320 NW 183 rd St 305.652.8857	6	Lourdes Residence 5770 SW 5 th Ter 305.265.0041	6	Mablex Home Care 13391 SW 27 th St 305.554.7511	6	Mari's Family Home 11340 SW 47 th Ter 305.223.0097	6
Leo Homes 12705 NW 29 th St 305.554.8161	6	Love & Tenderness 2620 SW 10 th St 305.649.9220	8	Machin USA ALF 18111 SW 143 Ct 305.971.6867	6	Maria Adult Home Care I 8441 SW 129 th Ave 305.388.3017	6
Leo May ALF 3666 SW 5 th Ter 305.648.1446	14	Love & Tenderness II 6731 SW 135 th Ave 305.382.6237	6	Magda's Home 10551 SW 49 th St 305.270.0322	6	Maria Adult Home Care II 400 SW 76 th Ct 786.488.1506	6
Lesende Home Care 2308 SW 10th St 305.631.1658	6	Love Paradise 9984 SW 19 th St 305.552.8310	6	Maggie's Ret. Home I 7930 SW 11 th St 305.266.6762	24	Maria Adult Home Care III 14561 SW 30 th St 305.221.4369	6
Levi's Adult Care II 1017 NW 29 th Ave 305.642.9288	10	Love Village 11060 SW 58 th Ter 305.598.9154	6	Maggie's Ret. Home IV 7100 NW 1 st Ter 305.262.2001	14	Maria Adult Home Care IV 13111 SW 84 th St 786.488.1506	6
Lidy's Health Care 15561 SW 8 th Ln 305.228.8965	6	Loving Care Center II 10301 SW 51 st St 305.274.1980	6	Maggie's Ret. Home V 7435 SW 23 rd St 305.265.9797	6	Maria Home Care 14615 SW 288 th St 786.385.5415	6
Lidy's Health Care II 15678 SW 20 th St 305.223.9611	6	Loving Care Center 9210 SW 56 th St 305.274.1980	6	Maggie's Ret. Home VI 6890 SW 39 th Ter 305.666.4463	6	Maria's Home 16131 SW 104 th Ct 305.233.0583	6
Life & Health ALF 12525 SW 34 th St 786.718.9710	6	Loving Care Ret. Svcs. 380 NW South River Dr 305.545.7859	16	Magiari Residence 3400 SW 122 nd Ave 305.553.8006	6	Marilin ALF 7312 SW 16 th St 305.267.9614	6
Life Enhancement 12325 SW 42 nd St 305.553.9124	6	Loving Elderly Care 14898 SW 175 th St 786.294.4281	6	Magnet Adult Home 1431 NW 55 th Ter 305.607.5549	6	Mariluca I 8411 SW 21 st St 786.587.9060	6
Lifetime ALF 822 SW 89 th St 305.225.6547	6	Loving Hands ALF 2291 SW 100 th Ave 305.710.5701	6	Maidelin ALF 8231 SW 33 rd Ter 305.225.3201	6	Martha's Garden ALF 11530 SW 180 th St 305.219.6171	6
Lily Home Care 6321 SW 20 th Ter 305.262.9287	6	Loving Home Enterprises 3640-42 SW 91 st Ave 305.554.4432	6	Majestic Senior Care ALF 15347 SW 179 th 786.573.0198	6	Maruly's Adult Care 311 SW 136 th Ave 305.229.0396	6
Little Havana 100 Tamiami Canal Rd 305.262.9250	6	Loving Place II 14871 SW 70 th St 305.408.7260	6	Majuly's Adult Care 12730 NW 6 th Ln 305.559.4231	6	Maud's Place 860 NW 186 th Dr 305.652.8442	6
Little Havana Ret. Center 820 SW 20 th Ave 305.649.5835	34	Lucia Residence 2400 NW 9 th St 305.541.4327	6	Manos Amigas ALF 8510 SW 47 th St 305.262.1031	6	Maylu Retirement Home 4751 NW 4 th Ter 305.445.0380	14
Lizi Home Care ALF II 4521 SW 135 th Ave 305.223.9761	5	Lucille's Loving Care 17820 NW 22 nd Ave 305.623.0710	14	Manuly's Adult Care 12710 NW 8 th Ln 305.228.6963	6		

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ASSISTED LIVING FACILITY GUIDE

GUÍA DE CASAS DE ASISTENCIA

Mayra R Rondon Inc 856 NW 136 th Ave 305.485.0876	6	Migdy's Home Care 10465 SW 158 th Pl 305.408.4975	6	Monte Olivo 1745 SW 86 th Ave 305.258.2895	6	Noel Senior Care 15937 SW 141 st St 786.223.7423	6	Paraiso Home of Miami II 9808 SW 147 th Pl 305.380.6905	6
Mayra's ALF III 2748-50 NW 16 th Ter 305.637.9379	6	Milagros De Vida ALF 10762 SW 228 Ter 786.317.0141	6	Mother's Golden Years 5454 SW 145 th Ave 305.551.3160	6	Norita Adult Family Care 11971 SW 118 th St 305.274.9563	6	Parklake Senior Palace 4229 SW 157 th Ct 305.480.6014	6
MD Home Care 4857 NW 168 th Ter 786.213.4662	6	Miller Heights Home 4930 SW 87 th Ave 305.598.7614	6	Mother's Golden Years III 13621 SW 281 st Ter 305.807.7138	6	Nueva Vida 13361 SW 53 rd St 305.228.6139	6	Paula's Mansion ALF 13206 SW 218 th Ter 786.306.4819	6
MD Home Care II 13711 SW 105 St 786.213.4662	6	Miller Retirement Home 11265 SW 56 th St 305.412.3633	6	Mount Sinai Home Care 21201 NE 13 th Pl 305.652.8152	6	Oasis Adult Care 15058 SW 63 rd St 305.456.8210	6	Peace & Care South 24027 SW 111 th Ave 305.450.9457	6
Meadow Wood Manor 10162 SW 143 rd Pl 305.283.5034	6	Millie Home Care 17810 SW 137 th Ct 305.232.9841	6	Munne Center 17250 SW 137 th Ave 305.259.2828	160	Oasis De Amor ALF 9024 SW 21 st Ter 305.221.3094	6	Peace Home Care 5040 NW 197 th St 305.621.4213	8
Meadows of Kendall 8820 SW 79 th Ave 305.412-8522	6	Mimi's ALF 1361 SW 142 nd Ct 305.225.5333	6	My Bells ALF 2161 SW 24 th St 786.376.2214	6	Odalys Home 4342 SW 129 th Ave 305.553.8701	6	Pearls Place 10540 SW 149 th St 305.238.1219	6
Mercedita's Home Care 2170 SW 20 St 305.857.0314	6	Mimi's ALF II 10790 SW 43 rd Ter 305.227.5438	6	My Future Home of Miami 7313 SW 16 th Ter 305.262.1210	6	Olaz Home Care 4124 SW 97 th Ct 305.229.8907	6	Pines ALF 1800 SW 11 th Ter 305.643.0611	12
Merci's Home 4291 SW 9 th Ter 305.443.8294	16	Minerva Retirement Home 7863 SW 5 th St 786.388.0852	6	My Grandfather Home 3042 SW 134 th Pl 305.551.7278	6	Old Cutler Ret. Home 21640 Old Cutler Rd 305.256.0120	6	Pioneer Adult Residential 2166 SW 14 th Ter 305.856.5103	111
Mercy & Michael ALF 3000 SW 23 rd Ter 786.295.5920	14	Minerva Ret. Home II 41 SW 68 th Ave 305.264.4565	6	My Home ALF 290 NW 188 th St 305.999.9986	6	Our Family ALF 153 NW 26 th St 786.597.4695	14	Plamarhome Care 4407 SW 162 Pl 305.338.9029	6
Merry One ALF 1066 SW 141 st Ct 305.554.7190	6	Miramar Senior Living 14833 SW 24 th St 305.305.1275	6	My New Home ALF 7151 SW 42 nd St 786.488.1636	6	Our Lady of Charity 2927 SW 21 st Ter 305.598.3577	14	Pointe of North Gables 5890 SW 8 th St 305.266.0284	92
Mery ALF 12200 SW 2 nd St 305.480.6052	6	Miramar Senior Living II 15558 SW 24 th Ter 305.305.1275	6	My Sweet Home 11312 SW 203 rd Ter 305.251.1119	6	Our Lady of Fatima 2905 NW 10 th Ave 305.638.3594	13	Precious Moments ALF 9480 Dana Rd 786.925.9518	6
Mery ALF II 3259 SW 141 st Ave 305.228.9679	6	Miramar Senior Living III 15342 SW 16 th Ter 305.305.1275	6	My Sweet Home II 214 NW 120 th Ave 305.229.0332	6	Our Lady of Lourdes ALF 14491 SW 153 rd Ter 305.255.6750	6	Precious Times ALF 4310 SW 89 th Ave 305.229.0342	6
MGR Home 5305 SW 137 th Ct 305.562.0972	6	Miramar Senior Living IV 14934 SW 32 nd Ter 305.305.1275	6	Natalia ALF 2118 SW 151 st Pl 786.325.4360	6	Our Mercy Residence 9441 SW 27 th Dr 305.551.4898	6	Premier Assisted Living 11401 SW 42 nd Ter 305.551.2229	6
Mi Casita ALF 13562 SW 38 th Ln 305.552.9789	6	Miramar Senior Living V 5722 SW 165 th Ct 305.305.1275	6	Nelly Home Care 8701 SW 20 th Ter 305.228.7273	6	Our Sweet Home Care 2435 SW 82 nd Ave 305.267.5404	6	Prince of Peace 13232 NW 9 th Ln 786.306.2610	6
Miami Asturias 10854 SW 69 th Dr 786.385.2691	6	Miramar Senior Living VI 15364 SW 10 th St 305.305.1275	6	Nena's ALF Care 15932 SW 101 st Ter 305.387.4691	6	Palace at Kendall 11535 SW 84 th St 305.270.7000	368	R&A Senior Care 15355 SW 171 st St 305.234.6525	6
Miami Genesis Elderly 3460 SW 137 th Ave 305.220.8725	6	Model Retreat 3135 NW 67 th St 305.696.1627	5	New Hope ALF 100-102 NW 55 th Ct 305.262.2005	14	Pando's Senior Care 3015 NW 4 th St 305.643.0104	6	R&M Elderly Care 2400 SW 137 th Ct 305.229.1615	6
Miami Lakes ALF 7849 NW 200 th Ter 305.829.6701	6	Molina's Adult Care 9830 SW 12 th Ter 305.221.1733	6	New Horizon Home 4781 SW 2 nd Ter 305.443.0210	6	Paradise Adult Care 14730 SW 150 th St 305.235.7351	6	Rafaella's Home ALF 11750 SW 192 nd St 305.234.3568	6
Midway Ret. Residence 93 SW 79 th Ct 305.266.1499	12	Mom & Daughter Home 9640 SW 161 Pl 305.385.2927	6	New Paradise 2001 SW 80 th Ct 786.388.8747	6	Paradise Retirement Club 21 SW 75 th Ave 305.264.2051	14	Raffa Corp 13961 SW 75 th St 305.382.4415	6

Raffa Corp II 15032 SW 55 th Ter 305.487.6087	6	Robyll Rehab Care 2610 NW 19 th Ave 305.637.5427	8	Santa Clara ALF 2830 SW 106 th Ave 305.221.9955	6	South Miami Health 7650 64 th Ct 305.661.4204	6
Rainbow Heights Home 1430 NW 35 th St 305.637.9988	6	Rona's Retirement Home 10900 SW 177 th Ter 305.251.5341	6	Santa Teresa De Jesus 4010 SW 112 th Ave 305.553.5494	6	South Miami Heights 11720 SW 18 th Ter 305.992.4786	4
Rainbow Home Care 3302 NW 2 nd Ave 305.576.8928	14	Rosario Ret. Senior Home 836 SW 4 th Ave 305.854.6078	8	Santa Teresa De Jesus II 8390 SW 43 rd Ter 305.207.0675	6	South Miami Senior Care 15592 SW 183 rd Ln 786.302.8272	6
Reflexion ALF II 1010 NW 31 st Ave 786.470.1554	6	Rose Assisted Living 1176 NE 151 st St 305.940.1675	6	Santander Ret. Home 1702 SW 102 nd Pl 305.226.5408	6	Southwind Adult Care 16961 SW 149 th Ave 786.223.0844	60
Remanso ALF 1147 SW 13 th Ave 305.854.7010	14	Rose's Retirement Home 11520 SW 108 th Ave 305.255.8158	10	Santo Tomas Aquindo 4150 SW 108 th Ave 786.291.6903	6	Spring of Life ALF 11465 SW 5 th St 786.271.1616	6
Residencia La Esperanza 11125 SW 48 th St 305.273.9222	6	Royal Gardens Villa 1270 NE 112 th St 305.895.4720	12	Sarah's Senior Home 11310 SW 145 Ave 786.877.8471	6	St Anne's Residence 11855 Quail Roost Dr 305.252.4000	60
Residencia Paquita 10456 SW 22 nd St 305.223.9550	6	Royal Green ALF 2011 SW 4 th St 305.643.9786	14	Senior Retirement Home 3033 SW 6 th St 305.541.4336	6	St John's ALF 7580 SW 30 th Ter 305.265.9337	6
Residencia Ramentol 9041 SW 142 nd Ct 305.408.8172	6	Royal Living Rest Home 2926 SW 2 nd St 305.649.7334	14	Seraphim Care 651 NE 83 rd St 305.798.1678	6	St Joseph ALF 16100 SW 101 Ave 305.251.4123	6
Residencia Salome 3525 SW 130 th Ave 305.220.1041	6	Royal of Kendall ALF 12201 SW 93 rd St 305.270.0271	6	Serene Living Facilities 8615 SW 43 rd Ter 786.326.4614	6	St Jude Home 9981 SW 42 nd Ter 305.220.3276	6
Residencia San Lazaro 7120 SW 92 nd Ave 305.598.2554	6	Sampetro Residence 3240 NW 14 th St 305.633.8607	6	Sevilla Home Care ALF 10844 SW 154 th Ter 786.573.3111	6	St Mark's Villa 3381 NW 194 th Ter 305.624.6871	6
Res. Home for Adult Care I 1535 NW 25 th Ave 305.633.9106	14	San Cayetano Home 3525 SW 104 th Ct 305.221.7733	6	Shalom ALF 441 NW 33 rd Ave 305.644.5808	6	St Mary Adult Care 5716 SW 149 th St 305.408.0362	6
Res. Plaza at Blue Lagoon 5617 NW 7 th St 305.267.2227	350	San Juan De Dios 1244 NW 41 st St 305.663.2495	6	Shalon ALF 7046 SW 103 rd Pl 305.412.0327	6	St Mary Adult Care II 11271 SW 229 th Ter 305.238.5594	6
Reyes Home Care 1111 SW 103 rd Ct 305.485.0627	6	San Judas Home Care 10720 NW 5 th Ave 305.762.4064	6	Silver Days ALF 8823 SW 151 Ct 305.299.1887	6	Star of Mary Adult Center 6425 SW 93 rd Pl 305.910.6222	6
Reyes Home Care II 1640 SW 83 rd Ct 305.261.8372	6	San Judas Tadeo ALF 1620 SW 97 th Ave 305.553.3444	6	Silver Moments 8847 NW 180 th Ter 305.878.5970	6	Starlite View 3251 NW 198 th St 305.621.0498	8
Reyes Senior Care 9830 SW 3 rd St 786.970.6183	6	San Judas ALF 8275 SW 47 th Ter 305.799.6371	6	Sol Palmeras ALF 14714 SW 177 th Ter 305.562.7971	6	Suany's Home 20411 SW 116 th Rd 305.252.0734	6
Reyse ALF 20-22 NW 40 th Ct 305.642.9903	6	San Martin De Porras 1840-42 NW 15 th St 305.545.7046	12	Solimar ALF 12470 SW 185 Ter 305.498.1565	6	Sun Bay Manor I 8440 SW 155 th Ter 305.238.0373	8
Richland Ret. Home II 721 NW 13 th Ave 786.417.3190	14	San Martin Porras ALF II 16861 SW 92 nd Ct 305.256.4174	6	South Deering Ret. Home 9730 SW 160 th St 786.293.2816	6	Sun Bay Manor II 8820 SW 148 th St 305.251.3080	6
Richland Ret. Sr. Home 3508 SW 26 th St 305.444.7776	14	Santa Ana's Rest Home 5730 SW 39 th St 305.661.0249	6	S. Florida Home Services 140 NW 9 th Ave 305.324.7198	14	Sun Coast 9111 SW 28 th Ter 305.225.8701	6
Rita Maria Group Home 15348 SW 33 rd Ln 305.376.2155	6	Santa Barbara Home I 3317 SW 24 th Ter 305.447.8650	12	South Florida Senior Care 5247 SW 153 Ave 786.302.8272	6	Sun Coast Village I 12785 SW 148 th Ter 305.228.6517	6
Riverside Senior Care 22712 SW 103 rd Ct 305.528.6347	6	Santa Barbara Home II 3323 SW 24 th Ter 305.446.7744	12	South Floridian Village 9220 SW 45 th Ter 305.229.9233	6	Sunflowers Village 8035 SW 13 th St 305.266.9048	6

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GUÍA DE CASAS DE ASISTENCIA

Sunflowers Village II 13295 SW 99 th Ter 305.408.6222	6	Tadeos ALF 1525 SW 119 th Ct 305.251.4905	6	V&R Home Care 14918 SW 10 th St 305.226.7228	6	Villa Margo III 3669 SW 24 th Ter 305.858.1840	5	Westview Pleasant Living 2140 NW 126 th St 786.517.2523	6
Sunrise ALF II 8240 SW 140 Ave 786.546.7404	6	Talia ALF 14601 SW 50 th Ter 305.207.1959	6	Valdes Retirement Home 8100 SW 95 th Ct 305.389.0226	6	Villa Margo IV 2978 SW 27 th Ln 305.858.1840	13	Westwood Boarding Home 5301 SW 116 th Ave 305.273.9700	11
Sunrise ALF 13920 SW 71 st Ln 305.752.7709	6	Tender Loving Care ALF 3100 SW 79 th Ave 305.267.0111	6	Valeen's Gentle Care 771 NW 42 nd St 305.759.3350	6	Villa Margo V 3277 SW 22 nd Ter 305.858.1840	12	Willow Haven ALF 1220 NE 207 th St 305.297.1327	6
Sunset Gardens 9740 SW 77 th Ter 305.279.7421	6	Tere's Senior Care 17950 SW 155 th Ct 305.969.6108	6	Varadero Ret. Home Care 15359 SW 23 rd Ln 305.812.8182	6	Villa Maria Pia 320-22 NW 43 rd Pl 305.444.4310	14	Xanadu Living Facility 840 NW 44 th Ave 305.774.9615	8
Sunset Gardens II 11173 SW 112 th Ter 305.254.1884	6	Terrace Manor 8770 SW 127 th Ter 305.253.1909	12	Varadero Ret.Home Care II 15372 SW 117 th St 305.812.8182	6	Villa Marie Isabel 2340 NW 1 st St 305.631.9239	6	Xanadus Palace Family Home 8070 SW 157 th Pl 305.320.1273	6
Sunset Senior Care 9820 SW 72 nd St 305.219.9445	6	TGL Residence & ALF 3210 SW 104 th Ct 305.559.5917	9	Venetian Isles ALF 3003 SW 156 th Pl 305.229.7258	6	Villa Oni 3030 SW 95 th Ct 305.553.6138	8	Xina Home 9711 SW 135 th Ave 786.512.9085	6
Supreme ALF I 8821 SW 41 st St 305.796.1757	6	Tiffany Senior Residence 19240 SW 124 th Ct 305.278.7314	6	Vereda Nueva 12412 SW 215 th Ln 786.573.9776	6	Villa Oni II 5401 SW 98 th Ct 305.270.7439	6	Xiomara Home 4321 SW 1 st St 305.461.3894	6
Sweet Care 634 SW 96 th Ct 305.559.0240	6	TL Sea Home Care 14031 SW 39 th St 305.480.5995	6	Verona's Ret. Home II 12990 SW 190 th Ter 305.238.8533	6	Villa Serena I 1200 SW 22 nd Ter 305.858.5664	14	Xiomara's Gardens 13720 SW 13 th St 305.798.1370	6
Sweet Care Home ALF 18260 SW 153 rd Ct 305.790.8256	6	TLC Home 15101 SW 87 th Ave 305.232.1209	6	Vicky's Home ALF 6402 SW 41 st St 305.662.4815	12	Villa Serena II 60-62 NW 33 rd Ave 305.631.1493	14	Yami's Loving Home 1425 SW 91 st Ave 786.543.8698	6
Sweet Home Care 5920 SW 81 st St 305.269.7482	6	TLC Retirement Home II 16001 SW 81 st Ave 305.271.5861	6	Victoria Retirement Home 3755 NW 13 th St 305.631.0574	6	Villa Serena III 1777 NW 30 th St 305.206.5342	6	Yesenia ALF 15608 SW 63 rd Ter 305.408.1698	6
Sweet Hope AL 13551 SW 208 St 786.470.6195	6	TLC Retirement Home III 8395 SW 112 th St 305.232.1209	6	Villa Blanca 5384 NW 4 th St 305.774.7184	12	Villa Serena IV 754-56 NW 22 nd Ct 305.206.5342	8	Yilliam Home 13888 SW 18 th Ter 305.226.9841	6
Sweet Living Facility 15505 SW 16 th Ln 305.228.8581	6	Tropical Heaven 14201 SW 48 th Ln 305.207.6963	6	Villa Candita ALF 1321 NW 29 th Ave 786.586.6087	14	Villa Torres 5710 SW 131 st Ct 305.380.7915	6	Your So Precious Group Home 8250 NW 12 th Ct 305.205.9550	6
Sweet Paradise 15481 SW 213 rd Ter 305.229.7437	6	Tropical Paradise ALF 14112 SW 145 th Pl 786.573.0390	6	Villa Esmeralda ALF 10310 NW 30 th Ct 305.693.9300	6	Villa Ursula 1528 NW 34 th Ave 305.637.9379	6	Yuli's Home Care 14580 SW 173 rd St 305.255.7168	6
Sweet Residence Ret. 4715 SW 95 th Ave 305.551.9200	6	True Time Home Care 2431 SW 127 th Ct 305.222.2975	6	Villa Francisco ALF 16832 SW 110 Ct 305.234.7787	6	Violeta's Home 3810 NW 2 nd Ter 305.644.3972	6	Zu Ser's Senior Care 9603 SW 44 th St 305.753.0705	6
Sweet Residence Ret. II 2178 SW 7 th St 305.858.4597	5	Twins Seniors Residence 11334 SW 2 nd St 305.559.6222	14	Villa Isabel 7625 NW 5 th St 305.260.9960	6	Violeta's Home II 3920 NW 6 th St 305.644.1277	6	Zuni ALF 370 NW 133 rd Pl 786.234.5085	6
Sweet Residence Ret. III 11511 SW 7 th St 305.229.7084	6	Two Sisters Home Care 11470 SW 80 th Ter 305.412.4650	6	Villa Loreto I 12620 SW 37 th Ter 305.220.7203	6	We "R" Family USA 2230 SW 131 st Ct 305.485.0849	6	MIAMI BEACH	
Sylvia's Retirement Home 1823 NW 94 th St 305.836.7261	7	Two Sister's Place 2591 SW 124 th Ave 305.207.0717	6	Villa Margo I 3644 SW 22 nd Ter 305.858.1840	6	West Kendall ALF 15325 SW 56 Ter 305.989.2400	6	Hebrew Home of South Beach ALF 336 Collins Ave 305.672.6464	64
Sylvia's Senior Home 23025 SW 120 th Ave 305.257.2880	6	UME Family Corporation 7960 SW 36 th St 305.267.8730	6	Villa Margo II 2930 SW 38 th Ct 305.858.1840	12	West Miami ALF 7215 SW 21 st St 305.261.9220	6		



Nightingale Manor 1753 Michigan Ave 305.538.1530	30	Miami Lakes Senior Care 16350 NW 88 th Path 305.335.1544	6	I&G ALF 6560 Harbor Rd 754.234.4318	6	Lilita Home Care II 4503 NW 203 rd Ter 305.362.6293	6		
MIAMI GARDENS									
Brown's Assisted Care Living Facility 15770 NW 18 th Pl 305.625.1718	6	Special Life Moments 8902 NW 177 th Ter 305.512.1246	6	Love & Affectionate ALF 311 SW 77 th Ter 954.718.7556	6	Nuevo Renacer ALF 540 N Perviz Ave 305.681.3888	6		
MIAMI SPRINGS									
E&C Group One 3941 NW 207 th Dr 561.640.0424	5	Achoy Home Care II 1161 Nightingale Ave 305.887.4495	6	Orchid Garden 403 SW 74 th Ave 954.720.1317	6	Time is Care 19010 NW 44 th Ave 305.624.2442	6		
GC Quality Home 5370 NW 172 nd St 786.208.8831	6	Fair Havens Center 201 Curtiss Pkwy 305.887.1565	60	N. MIAMI					
Home Care For Elderly 4730 NW 178 th Ter 305.474.9137	6	Morningside Manor & Villa Adult Care 200 South Dr 305.805.0277	6	Jas Manor 645 NE 131 st St 305.893.7428	10	Vida Sin Fin ALF 3921 NW 179 th St 305.622.4122	6		
MIRAMAR									
Las Delicias ALF 4840 NW 191 st St 305.623.5193	6	Fullness of Love ALF 3405 Knolls Rd 954.905.4365	6	Paradise Elderly Home 12690 NE 2 nd Ave 305.807.7536	6	Villa Real ALF 15965 NW 22 nd Ct 305.624.1737	12		
Mi Dulce Ocaso 3910 NW 165 th St 786.356.1471	6	Mary's Extreme Care 6107 SW 26 th St 954.966.0901	5	N. MIAMI BEACH					
Mi Sublime Aterdecer 20630 NW 37 th Ct 305.628.6158	6	Palm Manor 6609 SW 20 th St 954.682.9848	6	Ives Dairy Senior Care 19840 NE 10 th Ave 786.316.6007	6	Assisted Living of Palm Beach Gardens I 9239 W Highland Pines Dr 561.691.8630	14		
Miami Garden ALF 3520 NW 210 th Ter 305.620.1082	6	Saejca's Castle 13393 SW 32 nd St 954.450.5506	5	M&G ALF 15900 NE 19 th Ct 305.956.7766	6	Chatsworth at PGA National 346 Hiatt Dr 561.624.5650	42		
Miami Gardens Manor 915 NW 175 th St 305.621.5663	6	South Oaks 6141 SW 34 th St 954.983.7996	8	Parke Plaza Retirement Residence 15520 NW 2 nd Ave 305.949.2626	120	Country Residence 14327 N 69 th Dr 561.622.1348	11		
Peace & Care ALF 8121 NW 200 Ter 305.450.9457	6	Summerville Homes 7933 Indigo St 954.961.9998	5	Rainbow Gardens ALF 1998 NE 178 th St 305.525.5466	6	Emmanuel Care ALF 3628 Daisy Ave 561.627.3674	6		
PM Adult Home Care 16720 NW 48 Ct 305.627.0826	6	Sunny Residence 9001 SW 20 th St 954.436.1381	5	Rainbow Gardens Assisted Living II 1801 NE 182 nd St 305.525.5466	6	Inn at La Posada 3600 Masterpiece Way 561.514.5000	88		
Rodriguez ALF I 2751 NW 209 Ter 305.624.8086	4	Sunshine Chateau 2706 Montego Dr. 954.663.7549	4	OAKLAND PARK					
Royal Destiny Home Care 3260 NW 179 th St 305.474.3273	5	Tender Touch Home Care 1801 Alcazar Dr 954.893.5992	6	Tender Hands Services 17600 NE 2 nd Ct 305.651.7899	6	Palms Edge ALF 4201 Leo Ln 561.841.0055	65		
MIAMI LAKES									
DP&B Enterprise 14290 Sable Dr 305.512-1073	6	Tendercare Living Facilities 2906 Sunshine Blvd 954.665.8740	4	Good Hope Manor 2251 NW 29 th Ct 954.677.2900	100	Prosperity Oaks 11381 Prosperity FarmsRd 561.694.9709	126		
Garden Valley Retirement Home 18140 NW 90 th Ave 305.300.1477	6	N LAUDERDALE				Palms Villa Retirement Home 2131 NW 28 th St 954.484.1350	21	Odosia Home 3927 Buttercup Cir S 561.775.3459	6
Marivan ALF 8943 NW 147 th Ter 786.208.2075	6	Forest Springs Retirement Residence 7512 SW 5 th St 954.724.2038	6	OPA LOCKA				PALM CITY	
Miami Lakes Retirement Home 16837 NW 91 st Ct 305.817.1455	6	Genesis ALF 1510 SW 68 th Ave 954.971.0246	6	Paradise Manor 365 NW 43 rd Ct 954.565.7049	30	Gardens Retreat 4405 SW 72 nd Ave 772.287.9713	6	PALM BEACH GARDENS	
PEMBROKE PARK									
				Treemont on the Park 3881 NE 3 rd Ave 954.563.0276	34	Water's Edge Extended Care 1500 SW Capri St 772.223.5863	20	Orange Blossom Manor 3535 SW 52 nd Ave 954.961.8111	144
				Annie C Horn ALF 17020 NW 47 th Ave 305.626.9829	10				
				Edem Home Care 4783 NW 195 th St 305.622.4136	6				

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ASSISTED LIVING FACILITY GUIDE

GUÍA DE CASAS DE ASISTENCIA

PEMBROKE PINES

Ana's ALF 8920 NW 7 th Ct 954.704.1810	6
Assisted Living of Broward 17646 SW 10 th St 954.538.9061	6
Assisted Living 1985 NW 179 th Ave 954.441.6799	6
Betsy's Loving Home 309 SW 68 th Ave 954.854.7389	6
Paradise Villa Retirement Home 11330 Sheridan St 954.433.7523	6
Paradise Villa Ret. IV 1145 NW 92 nd Ave 954.443.0707	6
Twenty-Four Seven 741 SW 72 nd Ave 954.966.6503	6

PLANTATION

Bougainvillea Garden 6980 NW 6 th St 954.797.0595	6
Covenant Village of Fla 9211 W Broward Blvd 954.472.2860	55
Gentle Touch ALF 5010 SW 11 th St 954.327.3354	6
Jencarl's Angels 4890 NW 7 th St 954.316.8534	6
Nancy's Adult Family Care ALF 7660 NW 12 th Ct 954.476.7185	6
Paradise Loving Care 4541 NW 3 rd St 954.791.1793	6
Royal Living ALF 621 NW 76 th Ave 954.474.4292	6
St Thomas Manor 1110 SW 40 th Ave 954.583.3321	30
With Open Arms 6801 NW 11 th Pl 954.587.5895	8

POMPANO BEACH

Amwil Assisted Living 840 SW 8 th St 954.943.4606	75
Atlantic Shores Ret. 1500 N Riverside Dr 954.941.7974	30
Broadview Ret. Home I 1741 SW 70 th Ave 954.979.5699	8
Broadview Ret. Home II 6200 SW 17 th St 954.979.5864	6
Grand Court Village I 295 SW 4 th Ave 954.942.3388	125
Grand Court Village II 459 Racetrack Rd 954.942.3388	80
John Knox Village of Florida 840 Lakeside Cir 954.782.1300	64
Lighthouse Inn North 3208 NE 11 th St 954.943.6318	42
Lighthouse Inn South 3305 SE 5 th St 954.783.2317	33
M&M ALF 113 NE 7 th St 954.946.9699	38
Patrician Arms 239 NE 23 rd Ave 954.783.1761	12
Peace on Earth ALF II 470 SW 14 th Ct 954.544.3454	6
Pompano Ret. Village 501 SW 2 nd Pl 954.782.8903	42
Sunset by the Sea 420 N Riverside Dr 954.788.8350	15

PORT ST. LUCIE

Amazing Grace 1160 SE Puritan Ln 772.340.3742	6
Bayshore Residence 686 SW Lucero Dr 772.871.1106	6

Brighton Gardens 1699 SE Lyngate Dr 772.335.9990	110
Circle of Care 4161 SW Tumble St 772.336.3457	6
Country Living Assisted Care Center 1762 SW Arch St 772.621.8211	6
Harbor Place 3700 SE Jennings Rd 772.337.4330	128
Harmony Care Home 534 SE Thanksgiving Ave 772.873.6660	6
Hollyhome ALF 5288 NW North Macedo Blvd 772.807.9438	6
Independent Living With Care 3165 SW Fambrough St 772.607.4370	6
Jamaica Shores 171 SW Euler Ave 772.446.7333	6
Johanna's Assisted Living 1958 Dorado Ln 772.871.2695	6
Life Long Learning Center 1699 SW Southworth Ter 772.340.0594	6
Horizon Bay Vibrant Ret Living 448 9825 S US Hwy 1 772.337.0084	120
Nature's Edge 699 NW Airoso Blvd 772.879.7530	33
New Life ALF 2133 SE Shelter Dr 772.337.3158	6
Ohana Adult Family Care 817 SW Sail Ter 772.873.9606	7
Palms of St Lucie West 501 NW Cashmere Blvd 772.398.8899	80
Paradise Care Cottage 2277 SE Lennard Rd 772.398.8899	50
Parah 701 SW Tulip Blvd 772.878.6586	6

Perfect Kare ALF 5902 NW Wolverine Rd 772.837.0325	6
Quality Care ALF of the Treasure Coast 432 SW Prado Ave 772.879.2501	6
Ridgecrest AL 190 SW Ridgecrest Dr 772.873.9191	6
Rosewood Gardens 643 NE Lagoon Ln 561.344.5974	6
Serenity Care Center 619 SW Jaffe Ave 772.336.5939	6
Springfield Gardens 588 SW Ray Ave 772.871.9039	5
Sunny Days ALF II 4645 SW Vahalla St 772.343.9088	6
Sunnydays ALF 169 NE Prima Vista Blvd 772.343.9088	6
V&R Retirement 356 SE Prima Vista Blvd 772.878.8765	6
Sunny Hills of Homestead 25268 SW 134 th Ave 866.352.2537	105
Mills ALF 701 9 th St 561.863.0014	18
Cassie's Castle 208 Natchez Trace 561.439.3301	6
Orange Blossoms Villa 10331 Pippin Ln 561.795.9316	6
Meadowlark Inn 151 Meadowlark Dr 561.204.3807	6
Golden Ranch 5711 W 196 th Ln 954.680.7019	5

PRINCETON

RIVIERA BEACH

ROYAL PALM BEACH

Professional Health Care 10620 NW 32 nd St 954.749.4618	4
Rose of Sharon Garden 8400 NW 28 th St 954.747.0869	6
Royal Living at Sunrise 3181 NW 94 th Way 954.748.1930	6
Emeritus at Springtree 4201 Springtree Dr 954.572.4261	246
Sunhaven Villa 11810 NW 30 th Pl 954.746.3982	6

SOUTHWEST RANCHES

STUART

Amore Dementia Care 1634 S Kanner Hwy 772.219.8989	32
Family Manors 3385 SE Evergreen St 772.288.4781	24
Maple Leaf AL 24 Mead Pl 772.781.6249	10
Place at Stuart 860 SE Central Pkwy 772.287.9909	100
Residence of Stuart 1048 N Fork Rd 772.692.2577	12
Stirling House of Stuart 3401 Aster Ln 772.287.6001	55

SUNRISE

Absolute Care ALF 3621 NW 90 th Ter 954.747.7265	14
Golden Age Seniors III 9811 NW 31 st Pl 954.742.8658	6
Good Shepherd ALF 8610 NW 24 th Ct 954.742.3171	6
Nina's Haven 10620 Sunset Strip 954.746.6732	6
Paradise Villa Retirement 11360 NW 29 th St 954.749.3138	6

Victorian ALF 4610 NW 113 th Ter 772.871.7539	6	BP ALF II 1174 Wynnewood Dr 561.687.3280	6	Personal Elder Care II 5739 Orchard Way 561.687.8845	5
Westbridge ALF 3142 NW 109 th Ter 954.749.0141	6	Caring Hands at Acreage 13635 78 th PIN 561.333.5294	4	Preferred Lifestyle 4384 Purdy Ln 561.433.9817	10
TAMARAC					
Active Senior Living 9057 NW 57 th St 954.721.1115	72	Christel Care 4973 Broadstone Cir 561.478.8648	6	Savannah Court of the Palm Beaches 2090 N Congress Ave 561.686.5100	114
Anita's House 5711 NW 54 th Ter 954.762.5134	6	Country Retreat 7357 Wilson Rd 561.683.7877	17	Seagull Place 1233 Island Rd 561.845.6210	24
Harbor Chase Memory Care of Tamarac 6855 NW 70 th Ave 954.722.0212	116	Cresthaven East 5100 Cresthaven Blvd 561.964.2828	308	St Mary's ALF 7001 S Dixie Hwy 561.588.7677	37
Heartland of Tamarac 5901 NW 79 th Ave 954.722.7001	12	Doreen's ALF 3217 Broadway 561.844.5313	21	Terrace at West Palm Beach 6300 Common Cir 561.697.3051	76
Jennifer's Home Care 7100 NW 76 Dr 954.597.1567	6	Fountainview 145 Executive Center Dr 561.697.5500	74	Tradition of the Palm Beaches 4880 Loring Dr 561.687.3005	72
Horizon Bay Vibrant Ret Living 450 7650 University Dr 954.722.6314	103	Garden Villas 912 N Olive Ave 561.820.9946	16	Trinity Care ALF 1298 Victoria Dr 561.969.0904	6
Sunflower Senior Living 6931 NW 81 st Ct 954.597.7035	6	Golden Years ALF 321 W Blue Heron Blvd 561.881.3583	26	Wize Choice 2901 Broadway 561.271.8118	20
TAVERNIER					
Lillie's House 119 Harborview Dr 305.852.5601	6	Howard House 131 W Blue Heron Blvd 561.848.0047	20	Goldencare of Wellington 13752B Yarmouth Dr 561.798.0944	6
TEQUESTA					
Clare Bridge of Tequesta 211 Village Blvd 561.748.3611	50	It's Just Like Home 3815 Russell Pl 561.805.5757	8	Residence at Paddock Park 14622 Paddock Dr 561.791.2630	6
Sterling House 205 Village Blvd 561.748.3611	55	Joy of Living Care 5710 Coconut Rd 561.687.5455	6		
		Lee Residence 6260 Gun Club Rd 561.689.7307	6		
Terrace Communities 400 N US Highway 1 561.748.2299	106	Lourdes Pavilion 311 S Flagler Dr 561.650.8900	50		
W. PALM BEACH					
ALF Home Assisted Living Plus More 4941 Pine Cone Ln 561.712.0913	6	Marriott Home Care 2700 Broadway 561.659.3793	15		
Arden Courts of WPB 2330 Village Blvd 561.688.9999	56	Mi Casa Es Tu Casa II 6700 Parker Ave 561.547.5474	6		
Avery Cottage 4052 Collin Dr 561.248.3447	5	Open Arms ALF 4652 Belvedere Rd 561.478.9345	6		
BP ALF 906 36 th St 561.844.6127	6	Palm Beach ALF 534 Datura St 561.659.9330	200		
		Personal Elder Care 4533 Brook Dr 561.684.4960	4		

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BROWARD

Alzheimer's Association
Southeast Florida Chapter
800.861.7826

Area Agency on Aging of
Broward County
954.745.9567

Alzheimer's Family Center
954.971.7155

Leeza's Place
954.862.2218

Long-Term Care Diversion
954.746.1773

N. Broward Memory Disorder Ctr
954.786.7392

MIAMI-DADE

Alliance for Aging, Inc
305.670.6500

Alzheimer's Association
Southeast Florida Chapter
800.861.7826

Long-Term Care Diversion
North & Central Miami-Dade
786.336.1400
South Miami-Dade
305.671.7200

The Wien Center Memory
Disorder Clinic
305.674.2543

University of Miami Memory
Disorders Center
305.355.9065

PALM BEACH

Adolph & Rose Levis Alzheimer's
and Adult Day Care Center
561.558.2510

Alzheimer's Association
Southeast Florida Chapter
800.861.7826

Alzheimer's Community Care
561.683.2700

Area Agency on Aging
561.684.5885

Edward J Healey Rehabilitation
and Nursing Center
561.842.6111

Florida Atlantic University Memory
and Wellness Clinic
561.297.0502

Glades Health Care Center
561.924.5561

Joseph L. Morse Geriatric Center
561.687.5790

Jupiter Medical Center
Alzheimer's Support Group
561.744.4444

Long-Term Care Community
Diversion Program
561.840.3150

Lourdes-Noreen McKeen
Residence for Geriatric Care, Inc
561.655.8544

New Day Adult Care Center
561.844.0012

Palm Beach County Division of
Senior Services
Mid County Adult Day Care
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North County Adult Day Care
561.694.5440

Schaffer Adult Day Health Center
561.687.5790

St. Mary's Medical Center Memory
Disorder Clinic
561.882.6363

The Volen Senior Center
561.395.8920

STATE

Florida Council on Aging
850.222.8877

NATIONAL

Alzheimer's Association
800.272.3900

Alzheimer's Caregiver
Support Online
866.260.2466

Alzheimer's Foundation of America
866.232.8484

AGING AGENCIES ON AGING/AGING SVCS. AGENCIA PARA LA TERCERA EDAD

BROWARD

Aging and Disability Resource Ctr
954.745.9567

Broward County Elderly Services
954.357.6622

MIAMI-DADE

Alliance for Aging
305.670.6500

PALM BEACH

Area Agency on Aging
561.214.8600

STATE

Florida Department of Elder Affairs
850.414.2000

Florida Council on Aging
850.222.8877

NATIONAL

National Eldercare Locator
800.677.1116

ASSOCIATIONS ORGANIZACIONES

BROWARD

AARP
866.595.7678

American Cancer Society
954.564.0880

American Dental Association
954.772.5461

American Diabetes Association
954.772.8040

American Heart Association
954.772.8100

American Lung Association
954.524.4657

American Parkinson Association
954.786.2305

American Red Cross
954.797.3800

Arthritis Foundation
954.616.1233

Brain Injury Association
954-786-2400

Broward Homebound Program
954.786.2484

Coalition for the Homeless
954.925.6466

County Medical Association
954.714.9477

County Office Public Guardian
954.831.6550

Epilepsy Foundation
954.779.1509

Gilda's Club
954-763-6776

Leukemia/Lymphoma Society
954.744.5300

Mental Health Association of
Broward County
954-746-2055

National Multiple Sclerosis Society
954-731-4224

Senior Citizen Law Project
954.736.2400

South Florida Asthma
Consortium
954.524.4657

MIAMI-DADE

American Cancer Society
305.594.4363

American Dental Association
800.344.5860

American Heart Association
305.856.1449

American Red Cross
305.644.1200

Coalition for the Homeless
305.571.8101

County Medical Association
305.324.8717

County Office Public Guardian
305.592.7642

Epilepsy Foundation
305.670.4949

Miami-Dade Elder Helpline
305.670.4357

PALM BEACH

American Cancer Society
561.366.0013

American Dental Association
561.278.7551

American Diabetes Association
561.689.2746

American Heart Association
561.615.3888

American Lung Association
561.659.7644

American Red Cross
561.833.7711

Anti-Defamation League
561.988.2900

Arthritis Foundation
561.833.1133

County Medical Society
561.433.3940

County Office of the Public
Guardian
561.655.8944

Epilepsy Foundation
561.478.6515

Leukemia/Lymphoma Society
561.775.9954

STATE

Agency for Healthcare Admin.
888.419.3456

AARP
866.595.7678

American Lung Association
904.743.2933

Brain Injury Association of Florida
800.992.3442

Breast Cancer Resource Network
800.696.8349

Coalition for the Homeless
877.205.0021

Compulsive Gambling
888.236.4848

Florida Bar-Elder Law Section
850.561.5625

Florida DCF Office on
Homelessness
850.922.4691

Lupus Foundation of America
800.684.9276

National Kidney Foundation
800.927.9659

Senior Legal Helpline
888.895.7873

NATIONAL

Administration on Aging
202.619.0724

Alliance for Retired Americans
202.637.5399

ALS Association (Lou Gehrig's
Disease)
818.880.9006

Alzheimer's Association
800.272.3900

Alzheimer's Foundation
866.232.8484

American-Arab Anti-Discrimination
Committee
202.244.2990

AARP
888.687.2277

American Cancer Society
800.227.2345

American Dental Association
312.440.2500

American Diabetes Association
800.342.2383

American Heart Association
800.242.8721

American Institute for Cancer
Research (AICR)
800.843.8114

American Liver Foundation (ALF)
212.668.1000

American Lung Association
800.548.8252

American Parkinson Association
800.223.2732

American Red Cross
800.733.2767

American Speech Language
Hearing Association (ASHA)
800.638.8255

American Stroke Association
888.478.7653

American Urological Association
800.828.7866

Americans with Disabilities Act
800.514.0301/TTY 800.514.0383

Anxiety Disorders
Association of America
240.485.1001

Arthritis Foundation
800.283.7800

Asian American Justice Center
202.296.2300

Asian Pacific American Labor
Alliance
202.508.3733

Blinded Veterans Association
202.371.8880

Coalition for the Homeless
202.462.4822

Epilepsy Foundation
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Human Rights Campaign
202.628.4160

League of United Latin American
Citizens
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Leukemia/Lymphoma Society
888.955.4572

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800.558.0121

NAACP
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National Alliance to End
Homelessness
202.638.1526

National Family Caregiver
Support Program-Elders
(Admin on Aging)
202.619.0724

National Kidney Foundation
800.622.9010

National Multiple Sclerosis Society
800.344.4867

National Organization for Women
202.628.8669

National Parkinson's Foundation
800.327.4545

National Substance Abuse
Helpline
800.662.4357

Native American Rights Fund
303.447.8760

Sikh American Legal Defense and
Education Fund
202.393.2700

BEREAVEMENT GRUPOS DE APOYO

BROWARD

Anxiety Group
954.746.2055

Bereavement Counseling Support
Group St. Gregory Church
954.473.6261

Compassionate Friends for the
Loss of a Child
954.370.3446

Gay/Lesbian Bereavement Sup-
port Group
954.463.9005

Gold Coast Home Health and
Hospice Services
954.785.2990

Heart Talk Plantation Gral Hospital
954.370.9822

Hospice Care of SE Florida
954.467-7423

Leo Goodman Senior Complex
954.742.2299

NE Focal Point Senior Center
954.480-4449

Our "Family Support Group"
954.763.6776

SE Focal Point Senior Center
954.966.9805

Survivor of Suicide Support Group
954.924.0014

SW Focal Point Senior Center
954.450.6888

The Florida Initiative for Suicide
Prevention, Inc
954.384.0344

MIAMI-DADE

Aventura Cancer Center
305.682.2151

Cancer and Caregiver
305.535.3347

Sterling of Aventura
305.918.0000

Temple Bet Breira
305.595.1500

Miami Temple Seventh Day
Adventist Church
305.223.2102

Michael-Ann Russell Jewish Ctr
905.932.4200

Mount Sinai Cancer Bereavement
Support Group
305.535.3407

Palm Gardens of Aventura
305.935.4827

Sacred Heart Catholic Church
305.247.4405

South Miami Hospital
786.662.4000

The Compassionate Friends
305.460.5762

GRUPOS DE APOYO (ESPAÑOL)

Good Shepherd Catholic Church
305.385.4320

Iglesia Ejecutive Bautista
305.303.9498

Mother of Christ
305.559.6111

Principe de Paz Ministerio del
Consuelo
305.264.9059

Viudas & Viudos
305.588.2150

PALM BEACH

Alpert Jewish Family & Children's
Services Support Groups
561.684.1991

Boca Raton Community Hospital,
Bereavement Support Group
561.955.5406

Catholic Charities, Diocese of PB
Counseling Services
561.775.9567

Center for Family Services of PBC
Counseling Services
561.616.1222

Holy Name of Jesus Church
Bereavement Support Group
561.683.3555

Hospice of Palm Beach County
561.227.5175

Jupiter Medical Center
Bereavement Support Group
561.745.4351

Medical Health Association of PBC
Senior Services
561.832.3755

Ruth Rales Jewish Family Service
Bereavement Support Groups
561.852.3333

NATIONAL

Parents of Murdered Children
888.818.7662

The Compassionate Friends
877.969.0010

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BROWARD

Broward County Health
Department
954.467.4700

MIAMI-DADE

Miami-Dade County Health
Department
305.324.2400

PALM BEACH

PBC Health Department
561.840.4500

CRISIS INTERVENTION INTERVENCIÓN DE CRISIS

BROWARD

BSO Baker Act Team
954.765.4321
After Hours: 954.831.5846

Henderson Mobile Crisis
Response Team
954.463.0911

Women in Distress
954.761.1133

MIAMI-DADE

Switchboard of Miami
305-358-4357

PALM BEACH

Destiny by Choice, Inc.
561.439.3145

Family Violence Intervention
561.355.1664

New Hope Anger Management
561.832.3828

Palm Beach Crisis Line
561-547-1000

STATE/NATIONAL

Florida Domestic Violence Hotline
800.500.1119

National Domestic Violence
Hotline 800.799.7233

DENTAL RESOURCES RECURSOS DENTALES

BROWARD

Broward College Dental Clinic
954.201.6779

Dental Association
954.772.5461

Ft. Lauderdale Health Center
Dental Clinic
954.467.4820

Gulf Stream Living Water Center
North 954.763.6644
South 954.965.0077

North Regional & Paul Hughes
Health Centers
954.788.6079

Nova Southeastern
954.7262.7500

South Regional Health Center
Dental Clinic
954.985.4814

MIAMI-DADE

Camillus Health Concern
305.577.4840

Community Health of S. Fla
305.253.5100

Community Smiles Program
305.325.0510

Florida Donated Dental Services
305.598.7080

Helen B Bentley Family Health Ctr
305.447.4950

Jessie Trice Community Health Ctr
305.637.6400

Martin Luther King, Jr Clinica
Campesina
305.248.4334

Miami-Dade Community College
Dental Hygiene Program
305.237.4142

North Dade Health Center
786.466.1500

Nova SE University Health
Care Center
305.949.6202

South Florida District Dental
Association
305.667.3647

UF College of Dentistry
305.694.5400

PALM BEACH

Caridad Health Clinic
561.737.6336

Palm Beach Community College
Atlantic Coast Research Clinic
561.868.3747

Dental Hygiene Clinic
561.868.3753

PBC Health Department
Belle Glade Dental Office
561.996.1612
Delray Beach Dental Clinic
561.274.3111
Dental Administration
561.837.5560
Lantana/Lake Worth Dental Office
561.547.6811
Pahokee
561.924.0184
West Palm Beach Dental Office
561.514.5310

Samaritan Gardens Health Center
561.840.8681

DISABILITY PARKING PERMITS PERMISO DE ESTACIONAMIENTO PARA DISCAPACITADOS

BROWARD

Motor Vehicle Services (County
Tax Collector)
954.765.6979

MIAMI-DADE

Motor Vehicle Services (County
Tax Collector)
305.375.5678

PALM BEACH

Motor Vehicle Services (County
Tax Collector)
561.355.2264

DISASTER PREPAREDNESS & EMERGENCY ASSISTANCE

**PREPARACIÓN PARA
DESASTRES
Y EMERGENCIAS**

BROWARD

American Red Cross
954.797.3800

Broward County Emergency
Management Division
954.831.3900

Broward County Hurricane
Preparedness Guide & Hurricane
Hotline
954.831.4000



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(7587)**

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Part Of Our
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MIAMI-DADE

American Red Cross
Central Dade
305.644.1200
North Dade
305.681.1066
South Dade
305.248.2024

Emergency Mgmt Answer Ctr
311

Miami-Dade Department of
Emergency Management
305.468.5400

PALM BEACH

American Red Cross
561.833.7711

Palm Beach County Division of
Emergency Management
561.712.6400

STATE

Florida Division of Emergency
Management
850.413.9969

NATIONAL

Federal Emergency Mgmt Agency
800.621.3362

DRIVER'S LICENSE OFFICES

LICENCIAS DE MANEJO

BROWARD

Department of Highway Safety &
Motor Vehicles
954.497.1570

MIAMI-DADE

Department of Highway Safety &
Motor Vehicles
305.229.6333

PALM BEACH

Department of Highway Safety &
Motor Vehicles
561.681.6333

STATE

Department of Highway Safety &
Motor Vehicles
850.617.2000

NATIONAL

AARP Driver Safety Program
888.227.7669

ELDER ABUSE ABUSO AL MAYOR

BROWARD

Broward County Domestic
Violence Services
954.327.8750

Senior Citizens Law Project
954.736.2400

Women in Distress
954.760.9800

MIAMI-DADE

Disability and Independent Living
305.547.5444

Jewish Community Services of
South Florida
305.576.6550

Miami-Dade Elder Helpline
305.670.4357

STATE

Elder Abuse Hotline
800.962.2873

EMPLOYMENT OPPORTUNITIES OPORTUNIDADES DE EMPLEO

BROWARD

AARP Senior Com. Srvc's Employ.
954.563.2559

Hispanic Unity
954.964.8884

Positive Images
954.484.1824

Second Chance Society
954.763.5999

Social Security Administration
Ticket to Work
800-772-1213

Women Investigating New Goals
& Services (WINGS)
954.201.2256

WorkForce One
Ft. Lauderdale
954.677.5555
Hollywood
954.967.1010
Pompano Beach
954.969.3541

MIAMI-DADE

AARP Senior Community Service
Employment
305.476.5925
Association for Senior Citizens
305.545.7270

Jewish Community Services
of South Florida Information &
Referral Line
305.576.6550

Senior Community Service
Employment Program
305.871.2820

PALM BEACH

AARP Senior Com. Srvc's Employ.
561.471.9828

Workforce Alliance
561.340.1060

ENERGY ASSISTANCE ASISTENCIA PARA ENERGIA ELÉCTRICA

BROWARD

Community Development Water/
Sewer Program
954.357.5800

LIHEAP – Low Income Home
Energy Assistance Program
954.497.1350

FPL Customer Care
954.797.5000

NE Focal Point
954.480.4449

NW Focal Point
954.973.0300

Salvation Army
954.524.6991

SE Focal Point
954.966.9805

MIAMI-DADE

Low Income Home Energy
786.469.4600

FPL Customer Care
305.442.8770

PALM BEACH

FPL Customer Care
561.994.8227

Low Income Home Energy
561.355.4792

FINANCIAL ASSISTANCE ASISTENCIA FINANCIERA

BROWARD

A New Horizon Credit Counseling
800.556.1548

American Red Cross
954.797.3800

Credit Counseling Inc
954.825.0799

FCFH – Emergency Assistance
954.537.0211

Gateway Community Outreach
954.725.8434

HOPE Outreach Center, Inc.
954.321.0909

Jewish Family Service of Broward
954.370.2140

Lighthouse Point Senior Citizen
Outreach Program
954.942.8080

Miramar Assisting Seniors in
954.967.1605

Miramar Community Outreach
954.989.6200

The Salvation Army
954.524.6991

MIAMI-DADE

Accion Community Center
305.547.7713

American Red Cross
305.644.1200

Attapattah Neighborhood Center
305.547.4960

Blanche Moton
305.884.4801

Catholic Charities Emergency
305.754.2444

Culmer Neighborhood Center
305.579.2820

Little River Neighborhood Center
305.758.9662

Homestead Neighborhood Center
305.247.2068

Frankie Shannon Rolle Center
305.446.3311

Goulds Community Center
305.233.2121

Liberty City Community Center
305.756.2830

Low Income Home Energy
305.347.4685

Miami-Dade Elder Helpline
305.670.4357

Naranja Neighborhood Center
305.258.5471

Opa-Locka Neighborhood Center
305.623.6500

Richmond Heights Resource Ctr
305.234.4927

The Salvation Army
305.438.9066

Wynwood Neighborhood Center
305.547.7661

PALM BEACH

Adopt-A-Family of the Palm
Beaches, Inc.
561.253.1361

American Red Cross
561.833.7711

Boca Helping Hands Assistance
561.417.0913

Catholic Charities, Diocese of PB
561.775.9560

Center for Family Services of
Palm Beach County, Inc.
561.616.1222

Community Action Program of
Palm Beach County
561.355.4726

Community Caring Center
561.364.9501

Consumer Credit Counseling Srvc
800.251.2227

Farmworker Coordinating Council
of Palm Beach County
561.533.7227

Mae Volen Senior Center
561.395.8920

Palm Beach County
Division of Senior Services
561.355.4750

PBC Division of Human Services
954.355.4775

PBC Division of Veteran Services
561.355.4761

Ruth Rales Jewish Family Service
561.852.3333

Society of St. Vincent de Paul
561.697.9699

The Salvation Army
561.686.3530

STATE
Fla. Dep. of Financial Services
877.693.5236

Fla. Medicare Beneficiary Helpline
800.844.0795

IRS Tax Helpline
800.829.1040

NATIONAL
Lifeline Across America
888.225.5322

FOOD ASSISTANCE
ASISTENCIA PARA
ALIMENTOS

BROWARD
Aging & Disability Resource
Center of Broward County
954.745.9779

Broward Meals on Wheels
954.731.8770

Broward Homebound
954.786.2484

Cross Road Food Bank
954.627.6900

David Posnack Jewish Com. Ctr
954.434.0499

EASE Foundation
954.797.1077

Gateway Community Outreach
954.725.8434

Hallandale Food Distribution
954.457.1460

Hope Outreach Center
954.321.0909

Jubilee Center of South Broward
954.920.0106

Lifenet 4 Families
954.792.2328

Manna – Share a Meal
954.475.0508

Sunrise Social Service Division
954.746.3670

The Pantry of Broward
954-358-1481

WeCare
954.792.6700

MIAMI-DADE
CC Elder Services – Malcom Ross
305.633.0462

CC Elder Services – Pete O'Connor
305.757.0218

Community Action Agency
786.469.4692

De Hostos Senior Center
305.573.6220

Farm Share Food Program
305.248.3006

Jewish Community Services
of South Florida Information &
Referral Line
305.576.6550

Marian Towers Elderly Services
305.932.1300

Miami-Dade Elder Helpline
305.670.4357

Miami-Dade Meals on Wheels
305.347.4674

North Miami Foundation for
Senior Citizens
305.893.1450

South West Social Services
305.261.6202

PALM BEACH
Adopt a Family of the Palm
Beaches, Inc. Project Uplift
561.253.1361

Boca Helping Hands Food Center
561.417.0913

Community Caring Center
561.364.9501

Lighthouse Café
561.996.5568

New Hope Charities, Inc.
561.924.7986

Regeneration Center
561.655.2204

Samaritan Gardens Christian Ctr
561.650.7400

Strive for Excellence Food Pantry
561.848.3142

The Soup Kitchen, Inc.
561.732.7595

STATE
Food Stamp Hotline
866.762.2237

SHARE Florida Food Network
800.536.3379

HEARING RESOURCES
ASISTENCIA AUDITIVA

BROWARD
Accessible Communication
for the Deaf
954.578.3081

Center for Hearing and
Communication
954.601.1930
TTY 954-601-1938

NSU Hearing & Balance Center
954.678.2273

North Broward Medical Center
Audiology Center
954.786.7395

MIAMI-DADE
Deaf Services Bureau
305.560.2866

Hearing and Speech Center of
Florida
305.271.7343 or 305.557.4764

PALM BEACH
Audiology & Speech
Pathology, Inc
561.649.4006

Deaf Service Center of Palm
Beach County
West Palm Beach
561.802.3353/TTY 561.802.3351
Delray Beach
561.278.6444/TTY 561.278.1444

STATE
Florida Relay Service
800.222.3448/TTY 888.447.5620

NATIONAL
Hear Now
800.328.8602



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Hearing Aid Helpline
800.521.5247

International Hearing Society
734.522.7200

HOME MAINTENANCE MANTENIMIENTO DE VIVIENDAS

BROWARD

Broward Community Development
954.765.5311

Broward County Housing Authority
954-739-1114
Dania Beach 954-920-9662
Deerfield Beach 954-428-0678
Fort Lauderdale, 954-525-6444
Hollywood 954-989-4691
Pompano Beach 954-785-7200

Hollywood Housing Rehab
954.921.3381

Home Touch Program
954.792.1121

N. Lauderdale Home Repair
Program
954.724.7065

MIAMI-DADE

Community Action Agency
305.438.8604

Little Havana Activities &
Nutrition Centers
305.858.2226

Metro Dade Community Action
305.347.4600

PALM BEACH

Palm Beach County Housing &
Community Development
561.233.3600

STATE

Premier Bathrooms
800.950.0491

Weatherization Assistance
Program
850.488.7541

HOUSING VIVIENDA

BROWARD

Broward County Housing Authority
954.739.1114

Broward County Office of Equal
Opportunity
954.357.7800/TTY 954.357.6181

Broward Housing Solutions
954.764.2800

Deerfield Beach Housing Authority
954.425.8449

Hollywood Housing Authority
954.989.4691

Housing Authority of the City of
Fort Lauderdale
954.525.6444

MIAMI-DADE

Housing Authority of the City of
Miami Beach
305.532.6401

Harbor House Special Needs
Housing
305.371.0722

Hialeah Housing Authority
305.888.9744

Housing and Urban Development
305.536.5678

Little Haiti Housing Association
305.759.2542

MIAMI-DADE

Public Housing Agency
786.469.4100

PALM BEACH

Belle Glade Housing Authority
561.996.2140

Boca Raton Housing Authority
561.206.6200

Delray Beach Housing Authority
561.272.6766

Fair Housing Center of the
Greater Palm Beaches, Inc
877.910.3247

Housing Partnership, Inc
561.841.3500

Pahokee Housing Authority
561.924.2506

Palm Beach County Depart-
ment of Housing & Community
Development
561.233.3600

Palm Beach County – Human
Services and Veterans Services
561.355.4775

West Palm Beach Housing
Authority
561.655.8530

NATIONAL

Housing and Urban Development
202.708.1112/TTY 202.708.1455

LEGAL SERVICES SERVICIOS LEGALES

BROWARD

Alice Reiter Feld PA.
(Elder Law)
954-726-6602

www.florida-elderlaw.com

Broward County Bar Association
954.764.8040

Broward County Consumer Affairs
954.765.4400

Broward County Office of the
Public Defender
954.831.8650

Broward Senior Intervention and
Education Program
954.966.9805

Catholic Charities Legal Services
800.691.7530

Coast to Coast Legal Aid of South
Florida, Inc
954.736.2400

Florida Local Advocacy Council
954.713.1263

Jewish Federation
954.660.2089

Legal Aid Service of Broward
County
954.765.8950

Senior Citizen Law Project
954.736.2400

MIAMI-DADE

ACLU – Advocacy
786.363.2700

Catholic Charities Legal Services
305.373.1073

Dade Legal Aid Society
305.579.5733

Guardianship Program of Dade
County
305.592.7642

Legal Services of Greater Miami
305.576.0080

MIAMI-DADE

Elder Helpline
305.670.4357

PALM BEACH

Family Mediation Services
561.355.2739

Florida Rural Legal Services
Belle Glade
561.993.0003
West Palm Beach
561.820.8902

Legal Aid Society of Palm Beach
County
561.655.9353

Office of the Attorney General
561.688.7759

Office of the Public Defender
Central West Palm Beach
561.355.7500
Criminal Justice Complex
561.688.4610
North County Complex
561.624.6560
South County Complex
561.274.1522
West County Complex
561.996.4880

Palm Beach County Bar
Association
561.687.2800

STATE

Florida Bar Association
850.561.5600

Florida Call-A-Law
850.561.1200

LGBT SERVICES SERVICIOS PARA LA COMUNIDAD GAY

BROWARD

Dignity Fort Lauderdale
954.463.4528

Dolphin Democrats
866.478.8262

Log Cabin Republicans Broward
954.527.1995

MCC Fort Lauderdale
954.462.2004

Noble A. McArtor Day Care
Center
954-764-5055

PFLAG Broward
954.540.3366

Senior Action in a Gay
Environment (SAGE)
954.720.0833

SunServe
954.548.4602

The Pride Center at Equality Park
954.463.9005

MIAMI-DADE

Freedom Democrats
305.895.9466 X204

MCC Miami Beach
877.796.1514

PFLAG Homestead
305.989.1623

PFLAG Miami
305.666.1778

Save Dade
305.751.7283

PALM BEACH

Dignity Palm Beach
561.309.0088

MCC of Boynton Beach
561.733.4000

MCC of West Palm Beach
561.775.5900

Palm Beach County
Human Rights Council
561.845.6545

PFLAG Delray Beach
561.716.9464

PFLAG West Palm Beach
561.640.4026

STATE

Equality Florida
813.870.3735

NATIONAL

Dignity USA
800.877.8797

Gay & Lesbian Alliance Against
Defamation (GLAAD)
212.629.3322

Gay & Lesbian National Hotline
888.843.4564

Human Rights Campaign (HRC)
800.777.4723

Log Cabin Republicans
202.347.5306 X1001

Metropolitan Community Church
(MCC)
310.360.8640

Parents, Families, and Friends of
Lesbians and Gays (PFLAG)
202.467.8180

Stonewall Democrats
202.625.1382

MEDICAID

BROWARD

Agency for Health Care
Administration (AHCA)
561.796.5900

Medicaid Beneficiary Services
954.202.3200 X277

Medicaid Provider Services
954.497.2863

Sunrise Community Medicaid
Waiver Group
954.584.0390

MIAMI-DADE

Agency for Health Care Adminis-
tration (AHCA)
305.499.2165

Medicaid Beneficiary Services
305.499.2100

PALM BEACH

Agency for Health Care
Administration (AHCA)
561.496.5900

Medicaid Beneficiary Services
561.616.5255

STATE

Agency for Health Care
Administration (AHCA)
888.419.3456

Florida Department of Elder
Affairs (SHINE)
800.963.5337

The Florida Department of
Children & Families
866.762.2237

Medicaid Fraud Hotline
866.966.7226

NATIONAL

Centers for Medicare & Medicaid
Services
800.633.4227

Supplemental Security Income
(SSI)
800.772.1213

MEDICARE

BROWARD

North Broward Referral Service
Center
954.267.2090

MIAMI-DADE

Miami-Dade Elder Helpline
305.670.4357

PALM BEACH

Bethesda Prime Time Club
561.737.7733

STATE

Florida Medical Quality
Assurance-Appeals
866.800.8754

Florida Department of Elder
Affairs (SHINE)
800.963.5337

Florida Medicare Hotline
800.844.1795

Qualified Medicare Beneficiaries
(QMB)
866.762.2237

NATIONAL

Centers for Medicare & Medicaid
Services
800.633.4227

Medicare Rights Center
800.333.4114

Medicare Choices Helpline
800.633.4227

Medicare Fraud Hotline
800.447.8477

Social Security Administration
800.772.1213

MENTAL HEALTH SERVICES SERVICIOS DE SALUD MENTAL

BROWARD

ARC Broward Mental Health
Counseling
954.746.9400

Archways
954.763.2030

Broward County Elderly & Veter-
ans Services
954-357-6622

Broward County Mental Health
Services
954.327.8750

Henderson Mental Health Center
954.463.0911

Jewish Family Senior Services
954.370.3388

Mental Health Association of
Broward County
954.746.2055

NOVA Psychology Service Center
954.262.5730

Silver Impact
954.572.0444

Women in Distress
954.760.9800

MIAMI-DADE

Bayview Center for Mental Health
305.892.4600

Catholic Charities Counseling
Programs
305.758.0024

Jewish Community Services of
South Florida
305.899.1587

Miami Counseling & Resource
Center
305.448.8325

Miami-Dade County Health
Department
305.324.2400

Miami-Dade Elder Helpline
305.670.4357

New Era Health Center
305.559.8838

The Village South
305.573.3784

PALM BEACH

Alpert Jewish Family & Children's
Services
561.684.1991



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Glades Crisis Stabilization Unit
561.993.8022

Mental Health Association of Palm Beach County
561.832.3755

National Alliance for the Mentally Ill of Palm Beach County
561.588.3477

Oakwood Center of the Palm Beaches
561.383.8000

Palm Beach Center for Personal Enrichment
561.776.1660

Senior Focus
561.888.0252

South County Mental Health Center
561.495.0522

NATIONAL
Mental Health America
800-969-6642

National Institute of Mental Health
866-614-6464

PRESCRIPTION ASSISTANCE
ASISTENCIA PARA MEDICAMENTOS

BROWARD
AIDS Health Foundation
954-522-3132

Broward County Human Services
Prescription Drug Discount Cards
877.321.2652

Broward General Medical Center
Retail Pharmacy
954.468.8082

PALM BEACH
Palm Beach County
Prescription Drug Assistance Program
866.652.4325

STATE
Florida Discount Drug Card Program
866.341.8894/TTY 866.763.9630

Serving Health Insurance Needs of Elders (SHINE)
800.963.5337

NATIONAL
AstraZeneca Patient Prescription Assistance Program
800.236.9933

Florida AIDS Assistance
850-245-4335

Free Medicine Foundation
573.996.3333

GlaxoSmithKline Orange Card
888.672.6436

Lilly Cares Foundation
800.545.6962

Medicare-Approved Drug Discount Cards
800.633.4227

Merck Patient Assistance Program
800.727.5400

Novartis Care Card
866.974.2273

Pfizer Helpful Answers
866.706.2400

Partnership for Prescription Assistance
888.477.2669

RxAssist Patient Assistance
401.729.3284

Together Rx Access
800.444.4106

SENIOR ORGANIZATIONS
SERVICIOS PARA EL MAYOR

BROWARD
CARES – Dep. of Elder Affairs
954.746.1773

First Call
211

Focal Point Senior Centers
NW – 954.973.0300
NE – 954.480.4449
SW – 954.450.6888
SE – 954.966.9805

Jewish Healing Center
954.370.2140

Miramar Youth & Family Outreach Center
954.889.2723

North Broward Medical Senior Supper Club
954.344.3344

Ombudsman Broward
954.747.7919

Respite for Elders Living in Everyday Families (RELIEF)
954.745.9779

MIAMI-DADE
CARES – Department of Elder Affairs
North & Central Miami-Dade
786.336.1400

South Miami-Dade
305.671.7219

Guardianship Program of Dade County
305.592.7642

Jewish Community Services of South Florida
Information & Referral Line
305.576.6550

Miami-Dade Community Action Agency
786.469.4600

Miami-Dade Alliance for Aging
305.670.6500

Ombudsman North Dade
786.3361418
Ombudsman South Dade
305.671.7247

PALM BEACH
CARES – Department of Elder Affairs
561-840-3150

Catholic Charities Elderly Services
305.751.5203

Ombudsman Palm Beach
561.837.5038

STATE
AARP Florida
866.595.7678

Florida Ombudsman Program
888.831.0404

NATIONAL
Children of Aging Parents
800.227.7294

National Family Caregivers Association
800.896.3650

SHELTERS
REFUGIOS

BROWARD
Broward Partnership for the Homeless
954.779.3990

Broward Outreach Hollywood
954.926.7417

Broward Outreach Pompano
954.979.6365

EASE Foundation
954.797.1077

Helping People in America (COSAC)
954.954.3571

Henderson Mental Health Center
954.463.0911

Jubilee Center of S. Broward
954.920.0106

Love Thy Neighbor
954.779-3990

Our Father's House Soup Kitchen
954.968.7550

The Homeless Voice Shelter
954.924.3571

MIAMI-DADE
A Woman's Place
305.358.2063

Camillus House
305.374.1065

Concept House
305.751.6501

Douglas Gardens CMHC
Homeless Assistance Program
305.604.3446

Homeless Assistance Center
305.329.3000

M. Teresa Mission of Charity
305.545.5699

Metatherapy – Beckham Hall
Homeless Shelter for Men
305.247.1949

Miami City Mission
305.576.3725

Miami Rescue Mission
305.571.2273

Miami Rescue Women
305.571.2250

New Life Family of Catholic Charities
305.573.3333

Opa-Locka Rescue Mission
305.687.4110

Salvation Army – Men's Lodge
305.637.6720

Women of Power Restoration
786.226.7883

PALM BEACH
Aid to Victims of Domestic Abuse
800.355.8547

Association for Abused Women and Children Shelter
561.586.1888

Catholic Charities Belle Glade
561.996.0483

Christians Reaching Out to Society
561.963.3000

Clean Time Inn
561.547.4357

Emergency Services Office
561.391.1344

Operation Hope Inc
561.842.2260

Program REACH Homeless
Shelter
561.845.0515

Salvation Army Area Command
561.686.3530

The Federal of Windsor
561.385.7343

The Niners of Windsor
561.385.7343

Vetsville Cease Fire House, Inc
561.736.4325

SOCIAL SECURITY *SEGURO SOCIAL*

Social Security Administration
Broward, Miami-Dade & Palm
Beach
800.772.1213

SUBSTANCE ABUSE *ADICCIONES*

BROWARD
Alcoholics Anonymous
954.462.0265

Broward Addiction Recovery
Center (BARC)
954.765.4200

Faith Farm
954.763.7787

Memorial Regional Hospital
954.265.4603

NOVA SE University Healthy
Lifestyles Guided Self-Change
Program
954.262.5968

Spectrum Programs
954.467.4657

Susan B Anthony Recovery Center
954.733.6068

The Starting Place
954.733.6068

United Way of Broward County
Commission on Substance Abuse
954.760.7007

MIAMI-DADE
Alcoholics Anonymous
305.461.2425

Alcoholics Anonymous ESPAÑOL
305.642.2805

Better Way of Miami, Inc
305.634.3409

Concept House
305.751.6501

Fellowship House
305.667.1036

Genesis Outpatient Detox
Program
786.275.8615

Giordano & Goldfarb Holistic
Addiction Treatment Center, Inc
800.559.9503

Harmony House for Women
305.879.7750

Jewish Community Services of
South Florida
305.899.1587

Spectrum Programs
305.757.0602

The Village South
305.573.3784

Transitions Recovery Program
305.949.9001

PALM BEACH

Abiding Hearts
561.833.3300

Alcoholics Anonymous
561.655.5700

Center for Family Services of
Palm Beach County, Inc – Recov-
ery Program
561.616.1222

Comprehensive Alcoholism Reha-
bilitation Programs, Inc (CARP)
561.844.6400

Counseling Services of Lake Worth
561.547.0303

Drug Abuse Foundation of
Palm Beach County, Inc
561.278.0000

Drug Abuse Treatment Association
561.743.1034

Faith Farm
561.737.2259

Faith, Hope, Love & Charity
561.649.9919

Fern House
561.471.0430

Gratitude House
561.833.6826

Growing Together, Inc
561.585.0892

Palm Coast Area Narcotics
Anonymous
561.848.6262

Partnership for a Drug Free Com-
munity of

South Florida, Inc
561.627.6603

Regeneration Center
561.655.2204

Ruth Rales Jewish Family Service
561.852.3333

Sistah to Sistah Recovery House
561.837.9997

Sunset House
561.627.9701

The Crossroads Club
561.278.8004

The Lord's Place, Inc
561.494.0125

The Phoenix House
561.585.2508
Wayside House
561.278.0055

Alcoholics Anonymous
212.870.3400

SUPPORT SERVICES *SERVICIOS DE APOYO*

BROWARD
Compassionate Friends
954.370.3446

Coral Springs Medical Center
Support Groups
954.344.3344

Daniel Cantor Senior Center
954.742.2299

FCFH Senior Helpline
954.390.0485

First Call Broward County
211

Gilda's Club South Florida
954.763.6776

Glass House
954.938.0055

Hospice of SE Florida
Bereavement Group
954.467.7423

Imperial Point Medical Center
Mental Health & Cancer
Support Groups
954.776.8500

Jewish Family Services of Broward
954.370.2140

Mental Health Association of
Broward County
954.746.2055

Miramar Assisting Seniors in
their Homes (M.A.S.H.)
954.899.2700

National Alliance on Mental Illness
954.722.5445



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Support Groups
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Northeast Focal Point Senior
Center
954.480.4449

Northwest Focal Point Senior
Center
954.973.0300

OCD Resource Center
954.962.6662

Plantation Community
Outreach Center
954.916.5601

Southeast Focal Point Senior Center
954.966.9805

Southwest Focal Point Senior
Center
954.450.6888

Vitas Bereavement Support Group
954.777.5284

Women in Distress of
Broward County
954.761.1133

MIAMI-DADE

Catholic Charities
Bereavement Groups
305.754.2444

Easter Seals Miami-Dade
305.325.0470

Compassionate Friends
305.460.5762

Elder Services
305.576.2511

Everglades Community
Association
305.242.2142

Foster Grandparent Program
305-514-6000

Jewish Community Services
of South Florida Information &
Referral Line
305.576.6550

Miami-Dade Alliance for Aging
305.670.6500

Miami-Dade Elder Helpline
305.670.4357

National Alliance on Mental Illness
305.377.8750

North Miami Foundation for Senior
Citizens
305.893.1450

Senior Companion Program
305.514.6000

Service Corp of Retired Executives
786.425.9119

Switchboard of Miami – 24 Hour
Helpline
305.358.4357

Vitas Bereavement Support
305.690.4764

PALM BEACH

Alpert Jewish Family &
Children's Services
561.684.1991

Boynton Beach Senior Center
561.742.6570

Compassionate Friends
561.368.0324

Joseph L Morse Geriatric Center, Inc
561.471.5111

Mid County Senior Center
561.357.7100

National Alliance on Mental Illness
561.588.3477

North County Senior Center
561.694.5435

Palm Beach County Division of
Senior Services
561.355.4750

Ruth Rales Jewish Family Service
561.852.3333

The Volen Senior Center
561.395.8920

West County Senior Center
561.996.4808

STATE

Florida Kinship Care Warmline
800.640.6444

National Alliance on Mental Illness
850.671.4445

NATIONAL

AARP Grief Support
866.797.2277

National Alliance on Mental Illness
800.950.6264

TRANSPORTATION TRANSPORTE

BROWARD

Air Ambulance Professionals
954.491.0555

Broward County Transit Accessibility
954.357.8232/TTY 954.357.8302

Broward County Transit
954.357.8400/TTY 954.357.8302

Broward Urban Shuttle
954.295.6709

Cooper City Community Bus Service
954.434.4300 X255

Davie
954.797.1035
Hallandale Beach
954.457.1620

MediVan
954.735.1996

Miramar Senior Transportation
954.602.2711

North East Focal Point
954.480.4449

NW Focal Point Senior
Transportation
954.973.0300

Pompano Beach
954.786.4601

SE Focal Point Senior
Transportation
954.966.9805

Sunrise Senior Medical Transport
954.746.3677

SW Focal Point Senior
Transportation
954.450.6888

"TOPS" Broward County
Paratransit Service
954.357.6794

Tri Rail
800.874.7245

MIAMI-DADE

Community Action Agency
Transportation Unit
305.638.5730

Jewish Community Services
of South Florida Information &
Referral Line
305.576.6550

Metrobus
305.891.3131

Miami-Dade Elder Helpline
305.670.4357

North Miami Foundation for Senior
Citizens
305.893.1450

Senior Ride
305.673.8658

Special Transportation Service
786.469.5000

PALM BEACH

Bethesda Memorial Hospital
Bethesda Prime Time Club
561.737.7733 X4195

Palm Tran
561.841.4200

Salvation Army Center of Hope
561.682.1118

STATE

Angel Flight Southeast
800.352.4256

Florida Commission for the
Transportation Disadvantaged
800.983.2435

Fla Department of Transportation
866.374.3368

NATIONAL

Corporate Angel Network
866.328.1313

National Patient Travel Center
800.296.1217

U.S. Dept. of Transportation
American Disabilities Act
888.446.4511

VETERANS SERVICES SERVICIOS PARA VETERANOS

BROWARD

Broward County Elderly & Veter-
ans Services Division
954-357-6622

Broward County VA Clinic
954.475.5500

Ft. Lauderdale Veterans Center
954.356.7926

MIAMI-DADE

Bruce W. Carter Department of
Veterans Affairs Medical Center
305.575.7000

Miami-Dade County Veteran
Service Office
305.270.2940

Miami Veterans Center
305.718.3712

PALM BEACH

Faith Hope Love Charity, Inc
561.968.1612

Palm Beach County Division of
Human Services and Veterans
Services
561.355.4761

PBC Veteran Service Office
561.355.4761

Palm Beach Veterans Center
561.586.0441

VA Medical Center
800.972.8262

Vetsville Cease Fire House, Inc
561.736.4325

STATE

Florida Department of Veterans
Affairs
850.487.1533

NATIONAL

U.S. Dept of Veterans Affairs
800.827.1000

Tri-Care
800.444.5445

VISION RESOURCES RECURSOS PARA LA VISION

BROWARD

Broward College Vision Care Clinic
954.201.2400

Broward County Blind Services
954.497.3360

Foundation Fighting Blindness
954.308.5555

Gulf Stream Living Water Center
North
954.763.6644

Lighthouse of Broward
954.463.4217

The Learning Center for Vision
Impaired Seniors
954.742.3214

Low Vision Institute
866.942.2020

Nova College of Optometry
800.541.6682 X21101

Rand Eye Institute
800.782.1711

MIAMI-DADE

Florida Lions Eye Bank
305.324.4340

Lighthouse for the Blind
305.856.2288

Miami-Dade County Blind
Services
305.377.5339

PALM BEACH

Florida Outreach Center
for the Blind, Inc
561.640.6029

Palm Beach County Blind
Services
561.681.2548

Lighthouse for the Blind
561.586.5600

STATE

Florida Council of the Blind
800.267.4448

Florida Division of Blind Services
800.342.1828

Southeastern Guide Dogs
800.944.3647

NATIONAL

American Printing House for
the Blind
800.223.1839

Braille International
888.336.3142

Foundation Fighting Blindness
800.683.5555

Jewish Books for the Visually
Impaired
800.433.1531

National Federation of the Blind
410.659.9314

North American Resource Line
for Braille
800.272.4553

Seniors Eye Care Program
800.222.3937

Vision USA
800.766.4466

VOLUNTEER OPPORTUNITIES OPORTUNIDADES PARA VOLUNTARIOS

BROWARD

Each One Teach One –
Literacy Volunteers
954.357.8211

Senior Volunteer Services
954.484.7117

Volunteer Broward
954.233.1300

Shine
954-945-9567

MIAMI-DADE

Jewish Community Services of
South Florida
786.866.2206

RSVP Miami-Dade
305.270.2954

Service Corp of Retired
Executives
786.425.9119

PALM BEACH

Alpert Jewish Family & Children's
Services – Volunteer Services
561.684.1991

Area Agency on Aging
Retired and Senior Volunteer
Program (RSVP)
561.684.5885

City of West Palm Beach
Volunteer Program
561.653.3573

Jewish Federation of
Palm Beach County
561.242.6612

Jupiter Medical Center
Volunteer Auxiliary
561.744.4461

Mentor Center of Palm Beach
County
561.655.8887

Ruth Rales Jewish Family
Services
Volunteer Services
561.852.3333

School District of Palm Beach
County Volunteer Program
561.434.8789

United Way of
Palm Beach County
561.375.6600

YMCA of the Palm Beaches, Inc
Volunteer Program
561.968.9622

Youth, Family & Community Ser-
vices – Internship and Volunteer
Program
North
561.835.7030
South
561.835.7180

STATE

Florida Ombudsman Program
888.831.0404

Volunteers of America – Florida
813.282.1525

NATIONAL

Volunteers of America
800.889.0089



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Miami, FL 33155
305-666-0757

August 18, 2011
1pm - 4pm
15043 S Dixie Hwy
Miami, FL 33176
786-573-5177

September 1, 2011
1pm - 4pm
9675 NW 41 St
Doral, FL 33178
305-406-37660

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