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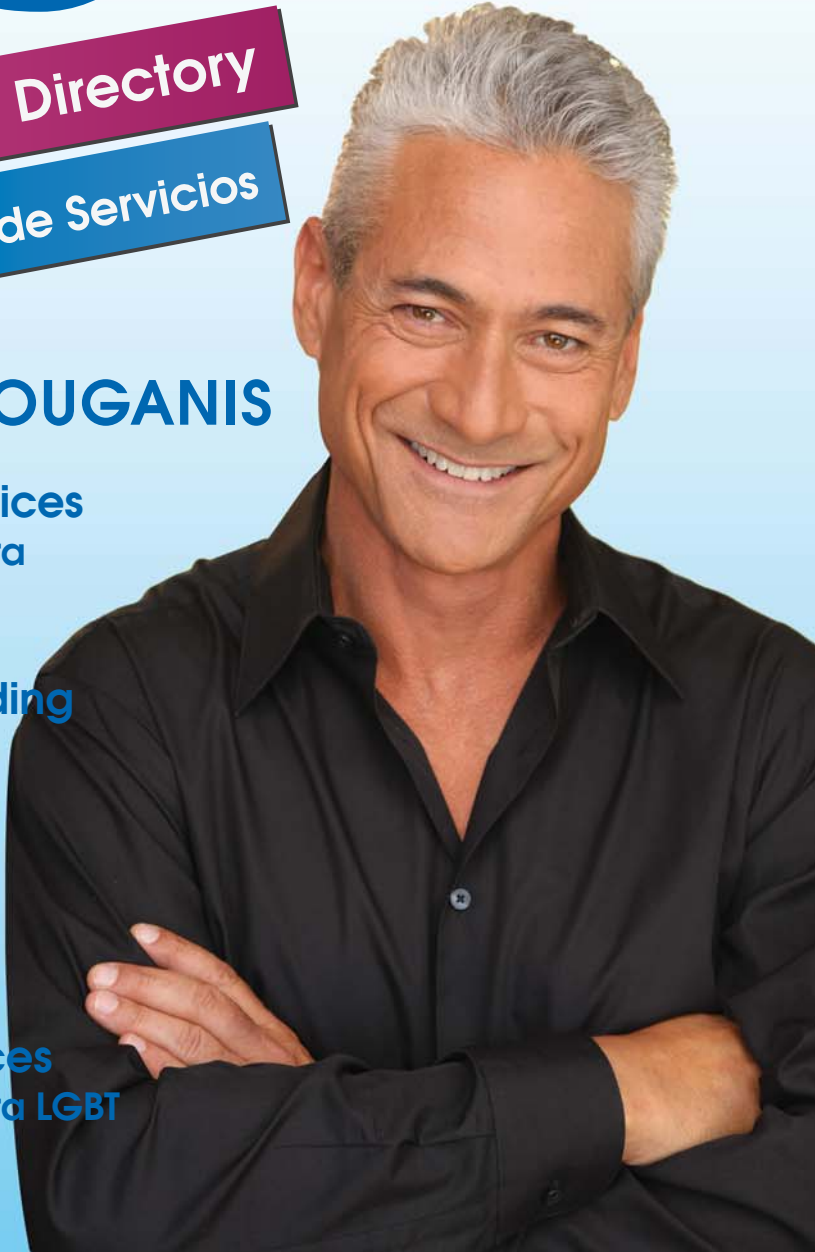
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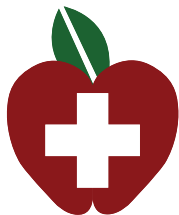
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# Greg Louganis

NELSON A. GARCIA

We know Greg Louganis from his exceptional performances at the Olympic Games. He is the only male diver to win Gold in consecutive Olympic Games (1984 and 1988). Greg received 5 Olympic Medals, 5 World Championship titles and 47 national titles (more than anyone in U.S. history). 55+ Magazine is proud to feature Greg Louganis in our publication.

**55+** Since you were very young, we understand that you were performing in nursing homes and at a local naval base. Please tell us more about that.

**GL** I started in dance and acrobatics when I a little over a year old. My sister was taking lessons and I used to sneak into the studio and imitate what they were doing. The teacher said that I could stay and see what I could learn. When I was 3, I performed on stage for the first time. I did a tap number and sang. Shortly after that I got a partner and we started performing but we were too young to compete since you had to be six years old. We used to do recitals and perform at convalescent homes, fairs and all different kinds of venues.

**55+** When did you first become interested in diving?

**GL** My partner got into gymnastics and I followed her into the sport. When I was 8, we had a pool built in our backyard with a diving board and I started trying some gymnastics moves. My mother did not want me to kill myself so she quickly got me lessons. After the first set of lessons,

Reconocemos a Greg Louganis por sus actuaciones excepcionales en los Juegos Olímpicos. Él es el único clavadista masculino en ganar medalla de oro en los Juegos Olímpicos consecutivamente (1984 y 1988). Greg recibió 5 medallas olímpicas, 5 títulos mundiales y 47 títulos nacionales (más que nadie en la historia de EE.UU.). 55+ Magazine está orgulloso de tener a Greg Louganis en nuestra revista.

**55+** Desde que era muy joven, entendemos que usted realizaba presentaciones en hogares de ancianos y en una base naval local. Por favor díganos más sobre eso.

**GL** Empecé en la danza y la acrobacia con poco más de un año de edad. Mi hermana estaba tomando lecciones y yo solía colarme en el estudio e imitar lo que estaban haciendo. El profesor dijo que podía quedarme y ver qué podía aprender. Cuando yo tenía 3 años, me presenté en el escenario por primera vez. Hice una serie de tomas y canté. Poco después de que me dieron una pareja y empezamos a realizar presentaciones pero estábamos demasiado jóvenes para competir, ya que tenía que ser de seis años de edad. Solíamos hacer recitales y presentarnos en geriátricos, ferias y todos los diferentes tipos de lugares.

**55+** Cuando te interesaste en el clavado de natación?

**GL** Mi pareja se metió en la gimnasia y yo la seguí en el deporte.





my coach asked me to join the club team and I started competing.

**55+** You first competed at the Olympics at age 16 in Montreal in 1976. Was this a very stressful situation at such a young age?

**GL** Kind of.... My coach at that time was Sammy Lee, who won 2 Olympic Diving Gold Medals in 1948 and 1952 and then he coached Bobby Webster to win 2 Olympic Gold Medals in 1960 and 1964. At the 1976 Olympics, Klaus Dibiasi was going for his third Olympic Gold Medal and my purpose was to stop him from breaking my coach's record.

**55+** You attended University of Miami with a diving scholarship after the Montreal Olympics and then transferred to University of California, Irvine. Why did you decide to move?

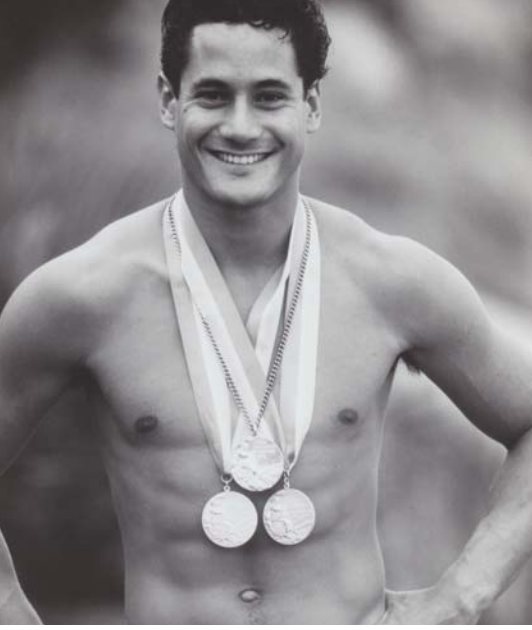
**GL** I always followed my coach, Ron O'Brien. When he was recruited to Mission Viejo in California, I wanted to get back to him in preparation for the 1980 Olympics. The last three years of my diving career were in Boca Raton, Florida because my coach was recruited

A los 8 años, teníamos una piscina construida en nuestro patio con un trampolín y yo empecé a tratar algunos movimientos de gimnasia. Mi madre no quería que me pasara nada por lo que rápidamente me consiguió lecciones. Después de la primera serie de lecciones, mi entrenador me pidió que me uniera al equipo del club y comencé a competir.

**55+** En primer lugar, compitió en los Juegos Olímpicos a los 16 años en Montreal en 1976. Fue esta una situación muy estresante a una edad tan joven?

**GL** Más o menos .... Mi entrenador en ese momento era Sammy Lee, que ganó 2 medallas de oro en clavado olímpico en 1948 y 1952 y luego fue mi entrenador Bobby Webster, quien a su vez ganó 2 medallas de oro olímpicas en 1960 y 1964. En los Juegos Olímpicos de 1976, Klaus Dibiasi iba por su tercer medalla olímpica de oro y mi propósito era que no rompiera el récord de mi entrenador.

**55+** Usted asistió a la Universidad de Miami con una beca de clavadista después de los Juegos



from Mission Viejo to Mission Bay in Boca. He was my coach for 10 of my 20 years in diving so I was going to follow him wherever he went.

**55+** We all gasped when you hit your head on the springboard in the 1988 Olympics. Was being a favorite going into those Olympics and knowing what was expected of you impact your concentration at that time?

**GL** Going into that competition, I was pretty much labeled the favorite because I was World Champion two years prior. In that split second when I hit my head on the board, I became the underdog. In an odd way, it was a blessing. It forced me and my coach to focus on one dive at a time. We really pulled together. I am a firm believer that you do not achieve greatness on your own. I would not have been able to achieve the accomplishments that I did without my coach, Ron O'Brien.

**55+** You wrote a book and a movie about your life. How does it feel to tell the whole world your story?

Olímpicos de Montreal y luego transferido a la Universidad de California, Irvine. ¿Por qué decidió mudarse?

**GL** Siempre seguí a mi entrenador, Ron O'Brien. Cuando fue reclutado a Mission Viejo en California, quería volver a él con el fin de la preparación para los Juegos Olímpicos de 1980. Los tres últimos años de mi carrera como clavadista estaban en Boca Raton, Florida, porque mi entrenador fue reclutado de Mission Viejo Mission Bay a Boca. Él era mi entrenador por 10 de mis 20 años de clavadista, así que iba a seguirle dondequiera que él fuese.

**55+** A todos nos quedó sin aliento cuando se golpea la cabeza contra el trampolín en los Juegos Olímpicos de 1988. Se hablaba de usted como uno de los favoritos en los Juegos Olímpicos y sabiendo lo que se esperaba de usted, le afectó su concentración en ese momento?

**GL** Al entrar en la competencia, yo fui más o menos marcado como el favorito porque yo era campeón del mundo dos años antes. En esa fracción de segundo cuando me golpeé la cabeza en la mesa, me convertí en el más débil. En una extraña manera, era una bendición. Mi entrenador y yo nos vimos obligados a centrarse en un clavado a la vez. Realmente llegamos juntos. Soy un firme creyente de que uno no alcanza su grandeza por su cuenta. Yo no habría sido capaz de alcanzar los logros que hice sin mi entrenador, Ron O'Brien.

**55+** Usted escribió un libro y una película sobre su vida. ¿Qué se siente al decirle al mundo entero su historia?



**GL** It was a little scary. In the middle of all my diving exploits, I studied Theater at University of Miami. I was doing a play in New York, 'Jeffrey,' and the character I was playing, Darius, was out and proud. It was always my policy not to discuss my private life with the media so I was able to act out my fantasies through theater. But I also realized some of my fears. Six months prior to the Olympic Games, I was diagnosed HIV positive and my character in the play dies of HIV AIDS complications. In the play it delivers a very poignant message to the main character, Jeffrey, that you should hate AIDS and not life. It was through that process that I knew the next step in my life would be to tell my story. The only way that I thought that I could do justice to it was to write a book. A friend of mine, Robbie Brown, introduced me to my co-author Eric Marcus. So it went from there!

**55+** You are involved in 'Dog Agility' competitions. Could you tell our readers a little more about what this is?

**GL** It is an obstacle course that you guide your dog through. They also have other games but it is generally a 20 obstacle course based on how tall your dog stands from the shoulders down. They compete against dogs their own size. My dog, Nipper, became my superstar! She was ranked number one in the country for her breed. And her son, who I still have, was number three in the country. We were quite successful.

**55+** We also understand that you are a motivational speaker. Which subject is the most requested and which do you most enjoy speaking about?

**GL** Sentí un poco de miedo. En medio de todas mis hazañas como clavadista, estudié teatro en la Universidad de Miami. Yo estaba haciendo una obra de teatro en Nueva York, "Jeffrey", y el personaje que estaba jugando, Darius, estaba fuera y orgulloso. Siempre fue mi política de no hablar de mi vida privada con los medios de comunicación, así que era capaz de representar mis fantasías a través del teatro. Pero también me di cuenta de algunos de mis miedos. Seis meses antes de los Juegos Olímpicos, me diagnosticaron HIV positivo y mi personaje en la obra muere de complicaciones del HIV SIDA. En la obra se entrega un mensaje muy conmovedor para el personaje principal, Jeffrey, que usted debe odiar el SIDA y no la vida. Fue a través de ese proceso que yo sabía que el siguiente paso en mi vida sería la de contar mi historia. La única manera que pensé que podía hacer justicia era escribir un libro. Un amigo mío, Robbie Brown, me presentó a mi coautor Eric Marcus. De ahí comenzo!

**55+** Usted está involucrado en las competiciones 'Dog Agility'. ¿Podría usted decir a nuestros lectores un poco más acerca de lo que es esto?

**GL** Es una carrera de obstáculos que usted guía a su perro a través de los mismos. También tienen otros juegos, pero por lo general es un curso de 20 obstáculos basado en la altura de su perro, desde los hombros hacia abajo. Compiten contra los perros de su mismo tamaño. Mi perro, Nipper, se convirtió en mi superestrella! Ella ocupó el puesto número uno en el país por su raza. Y su hijo,

**GL** There are many stories there, whether it be HIV AIDS educational awareness, diversity, marriage equality (I just got married last year and we celebrated our anniversary this October 12th.), Human Rights and Equal Rights. I also mentor for USA Diving. Probably my biggest concern is life after sports; the transition. Often times a lead athlete has a shelf life and it's a very short window. By the time they finish, they are usually pretty young. They have their life to look forward to but they actually kind of lose their identity of who they are. It is really difficult career-wise, financially as well as emotionally. I am most interested in the emotional support. You have to mentally readjust and there have been a number of suicides. The Olympics can be a really high 'high' but there are valleys that happen afterwards that often an athlete does not really prepare for. They have to try to find themselves and where their place is in the world and try to find out what their passions are beyond the sport.

**55+** Yoga is an important part of your life. What other activities are you involved in to keep healthy, both physically and mentally?

**GL** I do spinning classes, so I do some sort of cardio vascular workout. I also do a little bit of resistance training with weights. Yoga is a huge part of my schedule. I try to practice it every day. That helps me with my physical and emotional balance. I also practice meditation and that is a big part of my health and wellness regimen.

**55+** Can you share with our readers what 'future projects' you are working on?

**GL** I have the documentary, 'Back on Board,' which we are trying to

que todavía tengo, era el número tres en el país. Fuimos bastante exitosos.

**55+** También entendemos que usted es un orador motivacional. ¿Qué tema es el más solicitado y sobre cual es el que le gusta más hablar?

**GL** Existen muchas historias, ya sea el HIV SIDA conciencia educativa, la diversidad, la igualdad de matrimonio (Acabo de casarme el año pasado y que celebramos nuestro aniversario este 12 de octubre.), Derechos Humanos e Igualdad de Derechos. También soy mentor del clavatismo en EE.UU. Probablemente mi mayor preocupación es la vida después de los deportes; la transición. Muchas veces un atleta de competición tiene una vida estructurada y esta es una ventana muy corta. En el momento en que hayan terminado, por lo general son bastante jóvenes. Tienen una vida por delante pero en realidad, algunos pierden la identidad de quienes son. Es realmente difícil entender ese momento la Carrera profesionalmente, tanto financiera como emocionalmente. Estoy muy interesado en el apoyo emocional. Uno tiene que reajustarse mentalmente y ha habido una serie de suicidios. Los Juegos Olímpicos pueden ser muy alto "alto" pero hay valles que suceden después de que a menudo un atleta en realidad no se prepara. Tienen que tratar de encontrarse a sí mismos y descubrir donde es su lugar en el mundo y tratar de descubrir cuáles con sus pasiones más allá del deporte.

**55+** El yoga es una parte importante de su vida. ¿Qué otras actividades está involucrado para



find a distributor for at this time. We are in the process of raising money as well. That is something that I am really proud of. I am also working on my third book, 'My Journey in Learning' because I am dyslexic and I also learned that I don't quite see things often times the same way other people do. I'm kind of opening up the possibility of using your imagination in teaching and the way young people learn. I am also writing a musical with a friend of mine based on some of my life experiences. I just finished a film, 'Saber Dance', a short film student project. You can also look for me in the movie 'Entourage' when it comes out in June, 2015. Also, I am an occasional blogger on Huffington Post in Gay Voices. That has more up to date information on what I have been up to and sharing thoughts and ideas.

**55+** We thank you so much for speaking with us and look forward to reading about your latest ventures on your website.... [www.greglouganis.com](http://www.greglouganis.com). •

mantenerse saludable, tanto física como mentalmente?

**GL** Yo tomo clases de spinning, así que hago algún tipo de ejercicio cardiovascular. También hago un poco de entrenamiento de resistencia con pesas. El yoga es una gran parte de mi agenda. Trato de practicar todos los días. Eso me ayuda con mi equilibrio físico y emocional. También practico meditación y eso es una gran parte de mi régimen de salud y bienestar.

**55+** Puede compartir con nuestros lectores en que 'proyectos de futuro' está usted trabajando?

**GL** Tengo el documental, "Back On Board," que estamos tratando de encontrar un distribuidor para en este momento. Estamos en el proceso de recaudación de dinero también. Eso es algo que estoy muy orgulloso. También estoy trabajando en mi tercer libro, "Mi viaje en el Aprendizaje 'porque soy disléxico y también me enteré de que no acabo de ver las cosas a menudo de la misma manera que otras personas hacen. Soy una especie de apertura de la posibilidad de utilizar la imaginación en la enseñanza y la forma en que los jóvenes aprenden. También estoy escribiendo un musical con un amigo mío basado en algunas de mis experiencias de vida. Acabo de terminar una película, 'Saber Dance', un proyecto de cortometraje estudiantil. También me pueden encontrar en la película 'Entourage' que saldrá en junio de 2015. Además, yo soy un blogger ocasional en Huffington Post en Voces gay. Eso tiene más información actualizada en lo que he estado haciendo y compartiendo pensamientos e ideas. •



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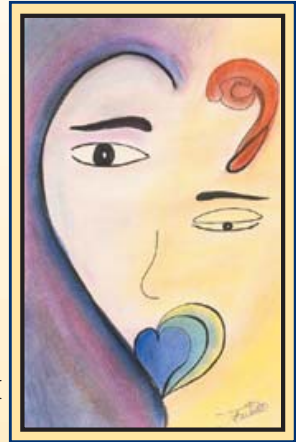
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## ENTENDIENDO VIVIENDAS ASISTIDAS

When Assisted Living Facilities were first created, they were more like a Retirement community. If a person had incontinence issues or required more personal care, they would have to leave the facility and go to a Skilled Nursing Home. Eventually, the government and the healthcare industry worked together to create regulated communities to provide appropriate care in order to meet the needs of each individual.

Once the Assisted Living Facilities were established, the need for other types of alternative housing came to light such as Independent Living, Adult Family Care Homes and Alzheimer-Dementia Units. In Florida, small, six bed facilities (private homes) are gaining popularity due to the fact that they can provide even more personalized care. They are licensed and regulated by the same agencies that govern all of the Assisted Living Facilities, regardless of size.

Many people do not completely understand the concept of, or what is actually offered in an Assisted Living Facility (ALF).

A prospective candidate for an ALF is usually in need of at least one or more Activities of Daily Living (ADLs). Some of the ADLs are showering, dressing, toileting and medication management. The staff of an ALF is trained to provide assistance with all of those ADLs along with housekeeping, laundry, transportation and social activities.

Most facilities are paid for by private, "out of pocket" funds.

Cuando las viviendas asistidas se crearon por primera vez, era como una comunidad de jubilados. Si una persona tenía problemas de incontinencia o requería una atención más personal, tenían que abandonar el centro e ir a un sanatorio. Finalmente, el gobierno y la industria de la salud trabajaron juntos para crear comunidades reguladas para proporcionar la atención adecuada con el fin de satisfacer las necesidades de cada individuo.

Una vez que las instalaciones de viviendas asistidas se establecieron, la necesidad de otro tipo de alojamiento alternativo salieron a la luz, tales como centros Independiente, Hogares de Cuidado Familiar y Unidades de Demencias. En la Florida, las instalaciones pequeñas, (casas particulares) están ganando popularidad debido al hecho de que puedan brindar atención más personalizada. Ellos están autorizadas y reguladas por los mismos organismos que rigen todas las instalaciones de vida asistida, independientemente de su tamaño.

Muchas personas no comprenden el concepto de, o lo que está siendo ofrecido en una instalación de vida asistida (ALF).

Un posible candidato es por lo general cuando la persona necesita asistencia por lo menos en una o más actividades de la vida diaria (AVD). Algunas de las AVD son ducharse, vestirse, ir al baño y administración de medicamentos. El personal de la ALF está capacitado para brindar asistencia con todas las AVD junto con la



However, financial assistance can be found through the Veteran's Administration, Long Term Care Insurance, and state programs, if certain requirements are met.

Overall, the best way to describe Assisted Living is to think of it as a bridge between living at home and living in a Skilled Nursing Facility. Assisted Living has a residential focus with a home-like environment while a Nursing Home is primarily a medical institution.

Placement Counselors has been helping families find placement for their loved ones since 1999. We provide experienced counselors who have been in the healthcare field for over 20 years and are knowledgeable in all aspects of placement including all financial programs available.

On a personal note.....

Many families feel they want to keep their loved one "at home" for as long as possible. The truth is, keeping them home may not be in their best interest. If left at home alone or with just one caregiver for only a few hours a day, Mom or Dad will not get the social interaction they need.

The most important thing is to never compromise the care of your loved one. If being "home" can no longer provide the adequate care physically and emotionally, then it's time to give them what they are so deserving of.....a carefully chosen Assisted Living Facility. •

See Ad In Page 13

limpieza, lavandería, transporte y actividades sociales.

La mayoría de las instalaciones son pagas privadamente. Sin embargo, la asistencia financiera se puede encontrar a través de la Administración de Veteranos, Seguro de Cuidado a Largo Plazo, y los programas estatales, si se cumplen ciertos requisitos.

En general, la mejor manera de describir Assisted Living es pensar que es como un puente entre vivir en casa y vivir en un centro de enfermería especializada. Assisted Living tiene un enfoque residencial con un ambiente hogareño, mientras que un hogar de ancianos es principalmente una institución médica.

Los consejeros han estado ayudando a las familias a encontrar la ubicación de sus seres queridos desde 1999. Ofrecemos asesores experimentados que han estado en el campo de la salud desde hace más de 20 años y son expertos en todos los aspectos en hogares alternativos e incluso para todos los programas financieros disponibles.

En una nota personal .....

Muchas familias sienten que quieren mantener su ser querido "en casa" por el tiempo que sea posible. A veces, dejarlos en casa puede no ser la mejor opción. Si se deja a la persona sola en casa o con un cuidador por unas pocas horas al día, su ser querido no logrará la interacción social que necesita. Lo más importante es no comprometer el cuidado de su ser querido. Si en su "hogar" usted no puede darle la atención adecuada física y emocional, entonces es el momento de darle a su ser querido lo que se merece... Un Centro de cuidado seleccionado con la ayuda de un profesional. •

# SERVICIO EN ESPAÑOL

Nuestros Consejeros les ayudarán a encontrar ese lugar especial donde su ser querido se sentirá como si estuviese en su propio hogar.

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- ◆ HOGARES PARA ANCIANOS
- ◆ CASAS DE ASISTENCIAS
- ◆ GERIÁTRICOS CON CUIDADOS PERSONALES
- ◆ UNIDADES PARA PERSONAS CON ALZHEIMER'S
- ◆ SANATORIOS/ASILOS PARA ANCIANOS



## Placement Counselors Corp.

BROWARD: **954-965-2925**

MIAMI-DADE: **305-931-0618** PALM BEACH: **561-329-4337**

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PCC fue creado en 1999 para asistir a nuestra comunidad con la difícil decisión de poner a un ser querido en una casa de asistencia. ¡Representamos más de 500 comunidades como especialistas en la industria de la salud para proveer la información correcta gratuitamente! Nuestra agencia está bajo la supervisión y manejo del Señor Humberto Fortuna, MA, MS, Especialista en Geriatría y Administrador de propiedades para la Salud

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Seccion  
en Español



# OLDER AMERICANS: GIFTS TO HUMANITY

## ADULTOS MAYORES: REGALOS A LA HUMANIDAD

**EDITH SCHAFFER LEDERBERG**  
**EXECUTIVE DIRECTOR AGING AND DISABILITY**  
**RESOURCE CENTER OF BROWARD COUNTY**



May is Older American's Month! It is a time to pause and reflect regarding the many contributions seniors make to the community, as parents, grand and great, as well as volunteers in all phases of life.

Many elders continue to serve on boards of directors or advisory councils. A percentage maintains jobs, and their past experience levels perpetuate success for employers and other personnel.

Their history becomes an effective learning tool for students of all ages, who respect the roles played by past performers, and who merit applause that permeates all levels of society.

The sage advice of the builders of our Nation too often is set aside by the "experts", who communicate by computers and cell phones, rather than face-to-face encounters. How unfortunate that electronics has overcome what once was the blessing of discussion on a one to one basis!

So, if only for a few moments, or even an hour or two, please take the time to call or meet with an older individual who probably would treasure your message. Just say "I love and appreciate you!" and heaven will smile on the occurrence.

Mayo es el Mes de los Adultos Mayores Americanos! Es un momento para hacer una pausa y reflexionar respecto a las muchas contribuciones que la tercera edad hacen a la comunidad, como los padres, abuelos y bisabuelos, así como voluntarios en todas las fases de la vida.

Muchos adultos mayores siguen formando parte de consejos de administración o consejos asesores. Un gran porcentaje mantiene puestos de trabajo, y sus niveles de experiencia pasadas perpetúan el éxito de los empresarios y otro personal.

Su historia se convierte en una herramienta de aprendizaje eficaz para los estudiantes de todas las edades, que respetan los papeles, interpretados por artistas del pasado, y que merecen un aplauso que se respira en todos los niveles de la sociedad.

El sabio consejo de los constructores de nuestra nación con demasiada frecuencia se ha reservado por los "expertos", que se comunican por computadoras y teléfonos celulares, en lugar de los encuentros cara a cara. ¡Qué pena que la electrónica ha superado lo que una vez fue la bendición de

Here's to Older Americans every day of the year! •

discusión en una base uno a uno!

Así que, aunque sólo sea por unos momentos, incluso una hora, por favor, tómese el tiempo para llamar o reunirse con una persona mayor, que probablemente sería atesorar su mensaje. Sólo digo "Te amo y te agradezco!" Y el cielo sonreirá en la ocurrencia.

Saludos a todos los adultos mayores todos los días del año! •

Remember....  
You saw it in  
55+ Magazine!

## Senior Information Available

The new 2015 Directory of Community Resources contains over 355 pages of updated information that provides one-stop shopping regarding programs and services for elder residents of Broward County. It is a valuable tool for those seeking data pertinent to aging.

The Directory is available for \$25 a copy if picked up at the administrative offices of the Aging and Disability Resource Center; 5300 Hiatus Road in Sunrise, FL 33351.

Mailing is available for \$30 per Directory. Checks should be made payable to: **Areawide Council on Aging** and sent to the above listed address.

The 2015 Aging and Disability Resource Center's Information of Services Brochure is available. There is no charge for the brochure if it is picked up at the center. For those who wish the brochure mailed, please send a self-addressed stamped envelope to the above listed address.

For further information, please call 954-745-9567.

**BrowardAssistedLiving.us • 855-455-7587**

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*BrowardAssistedLiving.us is a free service provided by Papinos LLC, and P.C. Corp.  
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 **LGBT SERVICES / SERVICIOS PARA LA COMUNIDAD GAY**  
 **SPANISH PHONE LINE / LÍNEA TELEFÓNICA EN ESPAÑOL**

# GUÍA DE RECURSOS

## **ADULT DAY CARE FACILITIES** *CENTROS DE CUIDADO DEL DÍA*

**BOCA RATON**  
Adolph & Rose Levis Alz & ADC Center  
21050 95th Ave S  
561.558.2510

Alz. Community Care  
4680 N. Dixie Hwy  
561.391.6955

Memory & Wellness Ctr  
At FAU - 777 Glades Rd  
561.297.0503

The Volen Senior Ctr  
1515 W Palmetto Park Rd  
561.395.8920

**BOYNTON BEACH**  
ALZ Day Care  
2703 Seacrest Blvd North  
561.330.3541

**CORAL SPRINGS**  
Sarah Care of C. S.  
754 Riverside Dr  
954.341.7788

**DAVIE**  
Central West ADC  
6915 Stirling Rd  
954.587.2312

**DEERFIELD BEACH**  
Northeast Focal Point  
Adult Day Care Ctr  
225A NW 2nd St  
954.480.4470

**DELRAY BEACH**  
The Volen Senior Ctr  
850 N Congress Ave  
561.395.8920

ALZ Community Care  
2703 N Seacrest Blvd  
561.330.3541

**DORAL**  
Miami Behavioral Health  
1905 NW 82nd Ave  
305.398.6100

**FORT PIERCE**  
Alz. Community Care  
2900 S Jenkins Rd  
772.466.3261

Council on Aging  
ADC1505 Orange Ave  
772.465.5220

**FT LAUDERDALE**  
Noble A McArtor ADC  
1480 SW 9th Ave  
954.764.5055

NW Fed. Woman's Club  
2185 NW 19th St  
954.714.3500

**GREENACRES**  
Alz. Community Care  
3680 Lake Worth Rd  
561.432.0668

**HALLANDALE**  
Memorial ADC Center  
1750 E Hallandale Beach  
954.457.0505

**HIALEAH**  
Easter Seals Day Care  
489 Hialeah Dr Ste 7  
305.887.7370

Happy Times ADC  
50 W 29th St Ste A  
305.805.1040

LCC Adult Day Care  
551 E 49th St Ste 12  
786.488.8652

LHANC of Dade ADC  
4410 W 16th Ave, 28-C  
305.558.2570

United Help Community  
4160 W 12th Ave  
305.822.5956

William Lehman ADC  
7605 W 10th Ave  
305.557.8138

**HIALEAH GARDENS**  
Xclusive Senior Daycare  
12975 W Okeechobee  
305.820.0805

**HOLLYWOOD**  
Joseph Meyherhof  
3081 Taft St  
954.966.9805

**HOMESTEAD**  
Homestead ADC Center  
653 SW 4th St  
305.242.7676

Homestead Behavioral  
654 NE 9th Pl  
305.248.3488

**LAKE WORTH**  
Alz. Community Care  
1615 Lake Ave  
561.585.7781

**LAUD. LAKES**  
Alz. Community Care  
4320 NW 36th St  
954.535.2800

**MARGATE**  
Amazing Age Adult Day  
7306 W Atlantic Blvd  
954.970.9185

Northwest Focal Point  
6009 NW 10th St  
954.973.0300

Senior Social Club  
2912 N. State Rd 7  
954.366.1212

**MIAMI**  
Centro Axis  
6840 SW 40th St  
305.668.0634

Community ADC  
7944 SW 8th St  
305.269.6845

Coral West ADC  
2370 SW 67 Ave B  
305.722.4532

Easter Seals Day Care  
1475 NW 14th Ave  
305.325.0470

Edison Little River ADC  
150 NW 79th St  
305.751.4342

Family Adult Day Care  
6429 SW 8th St  
786.478.6222

Florida Pace Centers  
5200 NE 2nd Ave  
305.795.8410

Joy of Life ADC  
15190 SW 136th St, #6  
786.293.3310

LHANC of Dade - Rafael  
Villaverde  
700 SW 8th St  
305.858.0887

Libertad ADC  
925 SW 122 Ave  
786.536.9124

Maggie's ADC  
7930 SW 11th St  
305.266.6762

Montverde ADC Center  
11865 SW 26th St, #G-5  
305.485.9141

Nona's Adult Care  
8870 SW 40th St Ste 4  
305.207.1290

North Dade ADC  
60 NE 166th St  
305.940.0075

Roseland Adult Daycare  
7392 SW 40th St  
786.388.7673

San Judas Tadeo ADC  
15628 SW 72nd St  
305.408.0077

Santo's Adult Day Care  
2620 SW 137th Ave  
786.271.0050

Santovenia ADC  
13359 SW 42nd St  
305.227.9500

South Dade ADC Ctr  
19590 Old Cutler Rd  
305.255.1433



Sunrise Community  
13788 SW 8th St  
305.228.4001

United Adult Day Care  
9734 SW 24th St, #100  
305.225.0974

West Dade ADC Center  
6950 N Waterway Dr  
305.267.6372

**MIAMI BEACH**  
Miami Beach ADC  
610 Espaniola Way  
305.673.6060

**NORTH MIAMI**  
Villa Maria ADC Center  
20855 NW 9th Ct  
305.651.0034

**N PALM BEACH**  
New Day ADC  
301 Ebbtide Dr  
561.844.0012

**PAHOKEE**  
Alz. Community Care  
470 E 1st St  
561.924.7283

**PALM BEACH GARDENS**  
Alz. Community Care  
4075 Holly Dr  
561.630.4724

North County Senior Ctr  
5217 Northlake Blvd  
561.627.6488

**PEMBROKE PINES**  
Southwest Focal Point  
301 NW 103rd Ave  
954.450.6888

**POMPANO BEACH**  
Tender Loving ADC  
611 NW 31st Ave.  
954.917.8099

**PORT ST LUCIE**  
Council on Aging ADC  
2501 SW Bayshore Blvd  
772.336.8608

**RIVIERA BEACH**  
Alz. Community Care  
2600 Avenue H  
561.683.2700

**SEBASTIAN**  
Senior Resource Assoc.  
815 Davis St  
772.388.1787

**STUART**  
ALZ Community Care  
2200 NW Federal Hwy  
772.692.6981

**SUNRISE**  
Kurt & Alice Walter ADC  
5000 Nob Hill Rd  
954.742.2299

**VERO BEACH**  
Senior Resource Assoc.  
704 14th St  
772.569.0760

**W. PALM BEACH**  
Alz. Community Care  
800 Northpointe Ste 101-A  
561.683.2700

Kramer Senior Services  
Agency  
4847 Fred Gladstone Dr  
561.687.5790

Schaffer Adult Day  
Health Center  
4847 Fred Gladstone Dr  
561.687.5790

**WILTON MANORS**  
Wilton Manors Adult Day  
Care Center  
1503 NE 26th St  
954.630.9501

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[www.Allianceforaging.org](http://www.Allianceforaging.org)

The Alliance for Aging, Inc.  
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# RESOURCE GUIDE

# GUÍA DE RECURSOS

 **LGBT SERVICES / SERVICIOS PARA LA COMUNIDAD GAY**  
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## ALZHEIMER'S

### BROWARD

Alzheimer's Association  
Southeast Florida Chapter  
800.861.7826

Aging and Disability  
Resource Center  
954.745.9567

Alzheimer's Family Center  
954.971.7155

North Broward Memory  
Disorder Center  
954.786.7392

### MIAMI-DADE

Alliance for Aging, Inc  
305.670.6500

Alzheimer's Association  
Southeast Florida Chapter  
800.861.7826

Long-Term Care Diversion  
North & Central Miami  
786.336.1400

South Miami-Dade  
305.671.7200

The Wien Center Memory  
Disorder Clinic  
305.674.2543

University of Miami  
Memory Disorders Center  
305.355.9065

### PALM BEACH

Adolph & Rose Levis  
Alzheimer's and ADC Ctr.  
561.558.2510

Alzheimer's Association  
Southeast Florida Chapter  
800.861.7826

Alzheimer's Comm. Care  
561.683.2700

Alliance for Aging  
561.684.5885

Florida Atlantic University  
Memory and Wellness Clinic  
561.297.0502

Glades Health Care Center  
561.924.5561

Joseph L. Morse Geriatric  
561.471.5111

Jupiter Medical Center  
Alz. Support Group  
561.744.4444

Long-Term Care  
Community Diversion  
561.840.3150

Palm Beach County  
Division of Senior Services  
Mid County Adult Day Care  
561.355.4746

North County ADC  
561.694.5440

St. Mary's Medical Center  
Memory Disorder Clinic  
561.882.6363

The Volen Senior Center  
561.395.8920

### STATE

Florida Council on Aging  
850.222.8877

### NATIONAL

Alzheimer's Association  
800.272.3900

Alzheimer's Foundation of  
America  
866.232.8484



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Sterling Aventura  
2777 NE 183rd St  
305.918.0000 168

Vi at Aventura  
19333 W Country Club Dr  
888.378.9625 26

**BOCA RATON**

Atrium  
1080 NW 15 St  
561.750.7555 160

Brighton Gardens  
6347 Via De Sonrisa Del Sur  
561.394.6385 155

Five Star Premier Residences  
22601 Camino Del Mar  
877.269.9553 75

Homewood Residence  
9591 Yamato Rd  
561.477.8808 88

JARC-RALES  
9832 Yamato Rd  
561.477.6181 32

Oakbridge Terrace  
23305 Blue Water Cir  
561.368.5600 51

Oakbridge Terrace  
6051 S Verde Trl  
561.487.6200 40

Veranda Club  
6061 Palmetto Cir N  
561.386.2122 49

Whitehall Boca Raton  
7300 Del Prado S  
561.392.3000 18

**BOYNTON BEACH**

Barrington Terrace  
1425 S Congress Ave  
561.369.7919 125

Brookdale Boynton East  
1935 S Federal Hwy  
561.736.2424 127

Brookdale Boynton West  
8220 Jog Rd  
561.733.3200 160

Homewood Residence  
2400 S Congress Ave  
(954.975.6777 101

Parkside Inn  
1613 SW 3rd St  
561.734.1616 38

Pointe at Newport Place  
4733 NW 7th Ct  
561.586.2989 93

Rustic Retreat Retirement  
1120 N Federal Hwy  
561.737.5887 30

**COCONUT CREEK**

Homewood Residence  
4175 West Sample Road  
954.975.6399 104

**CORAL SPRINGS**

Harborchase  
2975 NW 99 Ave  
954) 255-5557 120

Park Summit  
8500 Royal Palm Blvd  
954-752-9500 72

**DANIA BEACH**

Billmar Gardens  
380 S Federal Hwy  
954.921.6577 26

Willow Manor Retirement  
150 Stirling Rd  
954.920.1988 165

**DAVIE**

God'S V.I.P. Senior  
4681 SW 66 Ave  
954.581.9111 20

Victoria Villa  
5151 SW 61 Ave  
954.791.8881 44

**DEERFIELD BEACH**

Brookdale Deer Creek  
2403 W Hillsboro Blvd  
954.426.3800 145

Forum at Deercreek  
3001 Deer Creek Country Club Blvd  
954.698.6269 65

Horizon Club  
1216 S. Military Tri  
954.481.2304 68

Renaissance  
1050 SW 24th Ave  
954.360.7667 240

Willow Bay  
4001 Hillsboro Blvd  
954.426.9700 100

**DELRAY BEACH**

Arden Courts  
16150 Jog Rd  
561.498.5552 56

Grand Villa East  
14555 Sims Rd  
561.496.1111 170

Grand Villa West  
5859 Heritage Parkway  
561.499.7744 119

Homewood Residence  
8020 W. Atlantic Ave  
561) 498-0134 94

**FORT LAUDERDALE**

Broward House  
417 SE 18th CT  
954.552.4749 60

Fort. Laud. Retirement  
420 SE 12th Ct  
954.524.3312 81

Horizon Retirement  
1490 NW 21 St  
954.523.1543 47

Kelly's ALF  
1441 NW 20th St  
954.524.2867 33

New River Villas  
408 SE 7th Ave  
954.462.4445 35

Royal Palm Sr. Res.  
5121 NE 19th Ave  
954.491.4041 34

Safe Harbour  
1320 SW 26 St  
954.524.7233 35

Towers Retirement Home  
824 SE 2ndSt  
954.463.4973 80

Villa Rio Vista  
1115 SE 6th Terr  
954.763.1044 50

Willow Wood  
2855 W Commercial Blvd  
954.739.4200 110

**GREENACRES**

Arbor Oaks  
3400 Jog Rd  
561.432.4700 97

Pacifica  
4760 Jog Rd  
561.434.0434 70

**HALLANDALE**

Seaside Retirement  
2091 S. Ocean Dr  
954.457.0100 94

**HIALEAH**

Adam Home  
158 W 8th St  
305.884.1961 19

Alpha & Omega Facility  
410 E 24th St  
305.691.6335 48

Care & Love Retirement  
642 E 21st St  
305.885.4978 20

Charity Care  
461 E 31 St  
305.693.6211 20

Christian Home  
34 W 14 St  
305.888.6356 21

Courtyard Manor  
140 W 28 St  
305.863.0002 86

Divine Living  
70 E 21 St  
305.888.0779 76

Epworth Village Retirement Community  
5300 W 16th Ave  
305.556.3500 125


Family Rest Home  
182 W 9th St  
305.887.8095 40

Flamingo Park  
3051 E 4 Ave  
305.693.2700 72

Happiness Care II  
1105 W 2 Ave  
305.885.9090 30

Hetery Home  
825 SE 7th Ave  
305.889.1166 16

# RESOURCE GUIDE

 **LGBT SERVICES / SERVICIOS PARA LA COMUNIDAD GAY**  
 **SPANISH PHONE LINE / LINEA TELEFÓNICA EN ESPAÑOL**

# GUÍA DE RECURSOS

La Hacienda Gdns 75 E 7 St 305.883.1028	48	South Hialeah Manor 240 E 5th St 305.887.4965	67	Midtown Manor 2001 Polk St 954.927.2001	105	<b>LAKE WORTH</b> Crest Manor 504 Third Ave S 561.585.4695	52
Modelo Health Care 3601 W 11th Ave 305.364.7611	21	Sun Village 1350-60 W 31st St 305.823.8963	29	North Lake Ret. Home 1222 N 16th Ave 954.922.2643	114	The Village 1800 South Dr 561.588.4333	150
Nursing Love & Care 1045 W 23rd St 305.883.1915	19	Sunshine Adult Center 180 W 13th St 305.885.2358	19	Nova Palms 1600 Taft St 954.362.3487	35	<b>LANTANA</b> Anguilla Cay 1021 N Ridge Rd 561.585.0109	38
Oasis Home - Elderly 33 W 26th St 305.934.8770	19	Sunshine Adult Center II 170 W 13th St 305.885.2358	19	Peninsula 5100 W Hallandale Beach 954.893.7755	200	Atlantis Assisted Living 6026 Old Congress 561.966.3232	70
Our Dream Retirement 1630-40 Palm Ave 305.887.4141	42	<b>HOLLYWOOD</b> Avalon Park 604 N 62 Ave 954.981.4822	60	Presidential Place 3880 S Circle Dr 954.894.0059	118	Atria Meridian 3061 Donnelly Dr 561.965.7200	104
Palm Breeze ALF 1045-55 Palm Ave 305.883.8376	61	Azalea Gardens AL 1701 Mayo St 954.921.5990	35	Sheridan Manor 2415 N 20 Ave 954.929.7505	40	Carlisle PB 450 E Ocean Ave 561.533.9440	75
Pavilion Gardens 71 W. 30 St 305.884.5613	40	Buckingham Place 1845 Garfield St 954.921.1819	24	<b>HOMESTEAD</b> Homestead Manor 1330 NW 1st St 305.248.0271	18	Vi at Lakeside Village 2792 Donnelly Dr 877.244.6521	55
Professional Home Care I 435 E 31st St 305.696.7364	25	Coolidge Palms 2057 Coolidge Street 954.266.4015	81	Palace Gardens 1351 N Krome Ave 305.247.0446	200	<b>LAUDERDALE LAKES</b> Oceanview Ret 3091 NW 43 St 954.777.5167	28
Professional Home Care II 447 E 31st St 305.696.7364	15	Emerald Park 5770 Stirling Rd 954.987.5400	100	Sara Home Care 29100 SW 172nd Ave 305.246.4034	16	St Joseph's Residence 3485 NW 30th St 954.739.1483	80
Renancer 115 W 5th St 305.884.0611	22	Five Star Premier Residences 2480 North Park Road 954.989.8008	224	<b>JUPITER</b> Allegro at Abacoa 1031 Community Dr 561.253.8161	80	<b>LAUDERHILL</b> Andre Retirement Manor 5711-21 NW 28th St 954.485.3244	36
Revival Home 68 W 7 St 305.887.0808	72	H Floridian 1831 Plunket St 954.925.8604	31	Courtyard Gardens 1790 Indiancreek Dr W 561.743.5966	100	Bridge at Inverrary 4291 Rock Island Rd 954.486.2150	101
Salmo 23 Elder Care 277 E 4th St 305.863.9623	24	Hollywood Beach Ret 1722 Madison St 954.923.1726	25	Mangrove Bay 110 Mangrove Bay Way 561.575.3123	60	Forest Trace 5500 NW 69th Ave 954.572.1800	40
Sarai Home Care 326 W 11 St 305.805.4847	17	Lincoln Manor 2144 Lincoln St 954.922.1995	56	St Joseph's AL 350 Bush Rd 561.747.1135	100	Gena's Retirement Home 2233 NW 56th Ave 954.733.9614	32
Senior's Palace 1760 E 1st Ave 305.885.7733	34	Merriment Manor 1835 Wilson St 954.921.4059	46				

Lauderhill Family Care  
5821 NW 28th St  
954.777.0038 62

Lenox on the Lake  
6700 W Commercial Blvd  
954.741.6700 139

Loving Care of Lauderhill  
5605 NW 27th Ct  
954.733.1840 70

Loving Care II  
5640 NW 28th St  
954.733.1840 39

Courtyards at Inv  
2801 NW 55th Ave  
954.484.1960 85

Potter's House  
5820 NW 27th Ct  
954.746.8584 16

**MARGATE**  
Brookdale Margate  
5600 Lakeside Dr N  
954.974.6604 47

Embassy Ret  
6093 NW 9 Ct  
954.972.5600 35

Livewell at Coral Plaza  
5850 Margate Blvd  
954.970.0053 120

Margate Manor  
1189 W River Dr  
954.972-.200 64

VIP Care Pavilion  
6810 Sw 7 St  
954.971.2286 111

**MIAMI**  
All America Adult CLF  
808 W 1ST Ave  
305.889.0808 100

Arcadia Manor  
1024-26 SW 19th Ave  
305.643.2571 32

Bay Oaks Home  
435 NE 34th St  
305.573.4337 41

Breezy Acres Ret. Living  
1864 NW 175th St  
305.624.4901 65

Central palace Res  
4491 SW 8 St  
305.445.3565 55

Coral Terrace ALF  
6744 SW 22nd St  
305.267.0073 44

Cutler Village  
10425 SW 212 St  
305.992.7672 26

East Ridge Ret. Village  
19301 SW 87th Ave  
305.238.2623 60

Eden Gardens ALF  
12221 W Dixie Hwy  
305.893.2634 118

Grand Court Lakes  
280 Sierra Dr  
305.654.5300 110

Hazel Cypen Tower  
5066 NE 2nd Ave  
305.762.3890 132

Las Mercedes Home  
3418 SW 23rd Ter  
305.441.0247 39

Maggie's Ret. Home I  
7930 SW 11th St  
305.266.6762 24

Merci's Home  
4291 SW 9th Ter  
305.443.8294 16

Palace at Kendall  
11355 SW 84 St  
305.270.7000 330

Pioneer Adult Residential  
2166 SW 14th Ter  
305.856.5103 111

Pointe of North Gables  
5890 SW 8th St  
305.266.0284 92

Res. Plaza at Blue Lagoon  
5617 NW 7th St  
305.267.2227 350

River Villas  
560 NW 1 St  
305.542.6886 34

St Anne's Residence  
11855 Quail Roost Dr  
305.252.4000 60

Superior Living  
820 SW 20 Ave  
305.649.5835 34

**MIAMI BEACH**  
Coral Sand  
7800 Abbott Ave  
305.867.3232 30

Hebrew Home of South  
Beach ALF  
336 Collins Ave  
305.672.6464 64

Nightingale Manor  
1753 Michigan Ave  
305.538.1530 30

**MIAMI SPRINGS**  
Fair Havens Center  
201 Curtiss Pkwy  
305.887.1565 60

**N. MIAMI BEACH**  
North Miami Ret  
1595 NE 145 St  
305.947.3416 50

Livewell at Courtyard  
15520 NW 2nd Ave  
305.949.2626 120

**OAKLAND PARK**  
Good Hope Manor  
2251 NW 29th Ct  
954.677.2900 100

Palms Villa Ret. Home  
2131 NW 28th St  
954.484.1350 21

Paradise Manor  
365 NW 43rd Ct  
954.565.7049 30

Treemont on the Park  
3881 NE 3rd Ave  
954.563.0276 34

**PALM BEACH  
GARDENS**  
Chatsworth at PGA  
346 Hiatt Dr  
561.624.5650 42

Inn at La Posada  
3600 Masterpiece Way  
561.514.5000 88

Palms Edge ALF  
4201 Leo Ln  
561.841.0055 65

Prosperity Oaks  
11381 Prosperity Farms Rd  
561.694.9709 126

**PARKLAND**  
Inn at Aston Gdns  
9423 Aston Gdns Ct  
954.323.0611 100

**PEMBROKE PARK**  
Plaza at Pembroke Park  
3535 SW 52nd Ave  
954.961.8111 144

**PLANTATION**  
Covenant Village of Fla  
9211 W Broward Blvd  
954.472.2860 55

St Thomas Manor  
1110 SW 40th Ave  
954.583.3321 30

Five Star Premier  
Residences  
8500 West Sunrise Blvd  
954.635.6712 60

**POMPANO BEACH**  
Amwil Assisted Living  
840 SW 8th St  
954.943.4606 75

Atlantic Shores Ret.  
1500 N Riverside Dr  
954.941.7974 30

Court at Palm Aire  
2701 N Course Dr  
954.975.8900 90

Grand Court Village I  
295 SW 4th Ave  
954.942.3388 125

Grand Court Village II  
459 Racetrack Rd  
954.942.3388 80

Five Star Premier  
Residences  
1371 South Ocean Blvd  
954.943.1155 60

John Knox Village of FL  
840 Lakeside Cir  
954.782.1300 64

Lighthouse Inn North  
3208 NE 11th St  
954.943.6318 42

Lighthouse Inn South  
3305 SE 5th St  
954.783.2317 33

M&M ALF  
113 NE 7th St  
954.946.9699 38

# RESOURCE GUIDE

 **LGBT SERVICES / SERVICIOS PARA LA COMUNIDAD GAY**  
 **SPANISH PHONE LINE / LÍNEA TELEFÓNICA EN ESPAÑOL**

# GUÍA DE RECURSOS

Sunset by the Sea  
420 N Riverside Dr  
954.788.8350 15

Preserve at Palm Aire  
3701 W McNab Road  
954.970.2600 40

Vizcaya by the Sea  
1621 N Ocean Blvd  
954.782.6822 60

**PRINCETON**  
Sunny Hills of Homestead  
25268 SW 134th Ave  
305.258.2222 105

**RIVIERA BEACH**  
Mills ALF  
701 9th St  
561.863.0014 18

**SUNRISE**  
Brookdale Sunrise  
4201 Springtree Dr  
954.572.4261 246

Westchester of Sunrise  
9701 W Oakland Park Blvd  
954.572.4444 150

**TAMARAC**  
Active Senior Living  
9057 NW 57th St  
954.721.1115 72

Harbor Chase Memory  
6855 NW 70th Ave  
954.722.0212 116

Horizon Bay Vibrant RL  
450  
7650 University Dr  
954.722.6314 103

Lakeview Ret Res  
2304 NW 52 Ct  
954.714.0064 24

**TEQUESTA**  
Clare Bridge ofTequesta  
211 Village Blvd  
561.748.3611 50

Sterling House  
205 Village Blvd  
561.748.3611 55

Terrace Communities  
400 N US Highway 1  
561.748.2299 106

**W. PALM BEACH**  
Arden Courts of WPB  
2330 Village Blvd  
561.688.9999 56

Carpis  
3217 Broadway  
561.844.5313 21

City Walk Active  
534 Datura St  
561.659.9330 200

Heron's Run  
2939 S Haverhill Rd  
561.963.8963 38

Cresthaven East  
5100 Cresthaven Blvd  
561.964.2828 308

Fountainview  
145 Executive Center Dr  
561.697.5500 74

Garden Villas  
912 N Olive Ave  
561.820.9946 16

Golden Years ALF  
321 W Blue Heron Blvd  
561.881.3583 26

Howard House  
131 W Blue Heron Blvd  
561.848.0047 20

Lourdes Pavilion  
311 S Flagler Dr  
561.650.8900 50

Marriott Home Care  
2700 Broadway  
561.659.3793 15

Savannah Court  
2090 N Congress Ave  
561.686.5100 114

Seagull Place  
1233 Island Rd  
561.845.6210 24

St Mary's ALF  
7001 S Dixie Hwy  
561.588.7677 37

Terrace at WPB  
6300 Common Cir  
561.697.3051 76

Tradition of the PB  
4880 Loring Dr  
561.687.3005 72

Windsor Court  
3700 N Flagler Dr  
561.842.1047 92

Wize Choice  
2901 Broadway  
561.271.8118 20

Wyndham House  
417 Westwood Rd  
561.832.6545 24

**WELLINGTON**  
Nuvista Living  
10334 Devonshire Blvd  
561.366.6600 54

Wellington Elder Care I  
14097 Lily Ct  
561.389.3503 21

**WILTON MANORS**  
Independence Hall  
1639 NE 26 St  
954.563.6232 125

Williamsburg Landing  
1776 NE 26 St  
954.566.1775 100

Windsor Place  
1850 NE 26 St  
954.565.5858 80

## ENHANCEFITNESS HEALTHY AGING FOR ALL (ENGLISH/SPANISH)

YMCA Broward: Call Leah Dowell at  
954.357.0281 for locations and times  
[www.ymcaofsouthflorida.org](http://www.ymcaofsouthflorida.org)

## WORKSHOPS: A MATTER OF BALANCE / DIABETES SELF MANAGEMENT / LIVING HEALTHY (ENGLISH/SPANISH)

YMCA Broward: Call Leah Dowell at  
954.357.0281 for locations and times  
[www.ymcaofsouthflorida.org](http://www.ymcaofsouthflorida.org)



## ASSOCIATIONS ORGANIZACIONES

### BROWARD

American Cancer Society  
954.564.0880

Broward County Dental  
Association  
954.772.5461

American Diabetes Assn.  
954.772.8040

American Heart Assn.  
954.772.8100

American Lung Assn.  
954.524.4657

American Parkinson Assn.  
954.786.2305

American Red Cross  
954.797.3800

Arthritis Foundation  
954.616.1233

County Medical Association  
954.714.9477

Epilepsy Foundation  
954.779.1509


Gilda's Club  
954-763-6776

Legal Aid Service  
954.736.2400

Leukemia/Lymphoma  
954.744.5300

Mental Health Association  
954-746-2055

National Multiple Sclerosis  
954-731-4224

Senior Action in a Gay  
Environment – SAGE  
954.634.7219 

**MIAMI-DADE**  
Alliance for Aging  
305.670.4357

American Cancer Society  
305.594.4363

American Heart Assn.  
305.856.1449

American Red Cross  
305.644.1200

County Medical Assn.  
305.324.8717

County Public Guardian  
305.592.7642

Epilepsy Foundation  
305.670.4949

**PALM BEACH**  
American Cancer Society  
561.366.0013

American Diabetes Assn.  
561.689.2746

American Heart Assn.  
561.615.3888

American Lung Assn.  
561.659.7644

American Red Cross  
561.833.7711

Anti-Defamation League  
561.988.2900

Arthritis Foundation  
561.833.1133

County Medical Society  
561.433.3940

Epilepsy Foundation  
561.478.6515

Legal Aid Society  
561.655.8944

Leukemia/Lymphoma  
561.775.9954

Palm Beach Dental Assn.  
561.278.7551

**STATE**  
Agency for Healthcare  
Administration  
888.419.3456

AARP  
866.595.7678

American Lung Assn.  
904.743.2933

Brain Injury Assn. of Fla.  
800.992.3442

Coalition for the Homeless  
877.205.0021

Compulsive Gambling  
888.236.4848

Florida Bar-Elder Law  
850.561.5625

Florida DCF Office on  
Homelessness  
850.922.4691

Lupus Foundation of  
America  
800.684.9276

National Kidney  
Foundation  
800.927.9659

Senior Legal Helpline  
888.895.7873

**NATIONAL**  
Administration on Aging  
202.619.0724

Alliance for Retired  
Americans  
202.637.5399

ALS Association  
(Lou Gehrig's Disease)  
202.407.8580

Alzheimer's Association  
800.272.3900

Alzheimer's Foundation  
866.232.8484

American-Arab Anti-  
Discrimination Committee  
202.244.2990

AARP  
888.687.2277

American Cancer Society  
800.227.2345

American Dental Assn.  
312.440.2500

American Diabetes Assn.  
800.342.2383

American Heart Assn.  
800.242.8721

American Institute for  
Cancer Research (AICR)  
800.843.8114

American Liver Foundation  
212.668.1000

American Lung Assn.  
800.548.8252

American Parkinson Assn.  
800.223.2732

American Red Cross  
800.733.2767

American Speech  
Language Hearing  
Association (ASHA)  
800.638.8255

American Stroke Assn.  
888.478.7653

American Urological Assn.  
866.746.4282

Americans with Disabilities  
Act 800.514.0301/TTY  
800.514.0383

Anxiety and Depression  
Association of America  
240.485.1001

Arthritis Foundation  
800.283.7800


Asian American Justice  
Center  
202.296.2300

Asian Pacific American  
Labor Alliance  
202.508.3733

Blinded Veterans Assn.  
202.371.8880

Coalition for the Homeless  
202.462.4822

Epilepsy Foundation  
800.332.1000

League of United Latin  
American Citizens  
202.833.6130 



Leukemia/Lymphoma  
Society  
800.955.4572

Linea de Ayuda Hispana  
Nacional  
800.473.3003 

Lupus Foundation of  
America  
800.558.0121

NAACP  
877.622.2798

# RESOURCE GUIDE

 *LGBT SERVICES / SERVICIOS PARA LA COMUNIDAD GAY*  
 *SPANISH PHONE LINE / LINEA TELEFÓNICA EN ESPAÑOL*

# GUÍA DE RECURSOS

National Alliance to End  
Homelessness  
202.638.1526

National Alliance for  
Hispanic Health   
866.783.2645

Natl. Kidney Foundation  
800.622.9010

Natl. Multiple Sclerosis Soc  
800.344.4867

Natl. Org. for Women  
202.628.8669

Natl. Parkinson's Found.  
800.327.4545

National Substance Abuse  
800.662.4357

Native American Rights  
303.447.8760

**BEREAVEMENT**  
**GRUPOS DE**  
**APOYO**

**BROWARD**  
Cantor Senior Center  
954.742.2299

Catholic Charities  
305.822.2380

Compassionate Friends  
supporting family after a  
child dies  
954.370.3446

Gay/Lesbian Bereavement  
Support Group   
954.463.9005

Gilda's Club  
954.763.6776

Mental Health Assn.  
954.746.2055

The Florida Initiative for  
Suicide Prevention, Inc  
954.384.0344

**MIAMI-DADE**  
Catholic Charities  
305.822.2380


Compassionate Friends  
supporting family after a  
child dies  
305.460.5762

Iglesia Ejecutive Bautista  
305.303.9498 

Miami Temple Seventh  
Day Adventist Church  
305.223.2102

Michael-Ann Russell  
Jewish Ctr  
305.932.4200

Temple Bret Breira  
305.595.1500

Principe de Paz Ministerio  
del Consuelo   
305.264.9059

**PALM BEACH**  
Alpert Jewish Family  
& Children's Services  
Support Groups  
561.684.1991

Catholic Charities  
Counseling Services  
305.573.3333

Center for Family Services  
of PBC Counseling Svcs.  
561.616.1222

Mental Health Association  
of PBC Senior Services  
561.832.3755

Ruth Rales Jewish Family  
Service Bereavement  
Support Groups  
561.852.3333

**NATIONAL**  
AARP Grief Support  
866.797.2277

Parents of Murdered  
Children  
888.818.7662

Compassionate Friends  
supporting family after a  
child dies  
877.969.0010

**COUNTY HEALTH**  
**DEPARTMENT**  
**DEPARTAMENTO**  
**DE SALUD DEL**  
**CONDADO**

**BROWARD**  
County Health Department  
954.467.4700

**MIAMI-DADE**  
County Health Department  
305.324.2400

**PALM BEACH**  
County Health Department  
561.840.4500


**CRISIS**  
**INTERVENTION**  
**INTERVENCIÓN**  
**DE CRISIS**


**BROWARD**  
BSO Baker Act Team  
954.765.4321  
After Hours: 954.831.5846


Crisis Line  
954.761.1133

Hispanic Unity   
954.964.8884

Henderson Mobile Crisis  
Response Team  
954.463.0911

Pride at Ft. Laud. Hospital  
877.PRIDE.46 

SunServe  
954.764.5557 

Tuesday's Angels  
954.566.7686 

Women in Distress  
954.760.9800

**MIAMI-DADE**  
LGBT Suicide Awareness  
Unit 305.646.3600 

Switchboard of Miami – 24  
Hour Helpline  
305-358-4357 

**PALM BEACH**  
Destiny by Choice, Inc.  
561.439.3145

Family Violence  
Intervention  
561.355.1664

New Hope Anger  
Management  
561.832.3828

Palm Beach Crisis Line  
561-547-1000

**STATE/NATIONAL**  
Florida Domestic Violence  
Hotline  
800.500.1119

National Domestic  
Violence Hotline  
800.799.7233

**DENTAL**  
**RESOURCES**  
**RECURSOS**  
**DENTALES**

**BROWARD**  
Broward College Dental  
Clinic  
954.201.6779

Broward County  
Dental Association  
954.772.5461

Ft. Lauderdale Health  
Center Dental Clinic  
954.467.4820

Gulf Stream Living  
Water Center  
954.965.0077

North Regional & Paul  
Hughes Health Centers  
954.213.0638

Nova Southeastern  
954.678.2273

**MIAMI-DADE**  
Camillus Health  
305.577.4840

Community Health of S. Fla  
305.253.5100

Community Smiles Prog.  
305.325.0510

Fla. Donated Dental Svcs.  
305.598.7080

Helen B Bentley Family  
Health Ctr  
305.447.4950

Jessie Trice Community  
Health Ctr  
305.637.6400

Miami-Dade Community  
College Dental Hygiene  
Program  
305.237.4142

North Dade Health Center  
786.466.1500

Nova SE University Health  
Care N. Miami  
954.678.2273

UF College of Dentistry  
305.694.5400

**PALM BEACH**  
Caridad Health Clinic  
561.737.6336

Palm Beach Community  
College Atlantic Coast  
Research Clinic  
561.868.3747

PBC Health Department  
Belle Glade Dental Clinic  
561.996.1636

Delray Beach Dental Clinic  
561.274.3111

Lantana Dental Clinic  
561.547.6811

Pahokee Clinic  
561.924.0184

WPB Dental Office  
561.514.5310

WPB Community Center  
561.840.8681

**DISABILITY  
PARKING PERMITS**  
*PERMISO DE  
ESTACIONAMIENTO  
PARA  
DISCAPACITADOS*

**BROWARD**  
Motor Vehicle Services  
954.765.4697

**MIAMI-DADE**  
Motor Vehicle Services  
850.617.2000

**PALM BEACH**  
Motor Vehicle Services  
561.355.2264

**DISASTER  
PREPAREDNESS  
& EMERGENCY  
ASSISTANCE**  
*PREPARACIÓN  
PARA DESASTRES  
Y EMERGENCIAS*

**BROWARD**  
American Red Cross  
954.797.3800

Emergency Management  
Division  
954.831.3900

Hurricane Preparedness  
Guide & Hurricane Hotline  
954.831.4000

**MIAMI-DADE**  
American Red Cross  
Central Dade  
305.644.1200  
North Dade  
305.681.1066  
South Dade  
305.248.2024  
Emergency Mgmt. Answer  
311

Dade Emergency Mgmt.  
305.468.5400

**PALM BEACH**  
American Red Cross  
561.833.7711

P.B. Emergency Mgmt.  
561.712.6400

**STATE**  
Florida Emergency Mgmt.  
850.413.9969

**NATIONAL**  
Federal Emergency Mgmt  
800.621.3362

**DRIVER'S LICENCE  
OFFICES**  
*LICENCIAS DE  
MANEJO (OFICINA)*

**BROWARD**  
Department of Highway  
Safety & Motor Vehicles  
954.497.1570

**MIAMI-DADE**  
Department of Highway  
Safety & Motor Vehicles  
305.229.6333

**PALM BEACH**  
Department of Highway  
Safety & Motor Vehicles  
561.681.6333

**STATE**  
Department of Highway  
Safety & Motor Vehicles  
850.617.2000

**ELDER ABUSE**  
*ABUSO AL MAYOR*

**BROWARD**  
Senior Citizens Law Project  
954.736.2400

Women in Distress  
954.760.9800

**MIAMI-DADE**  
Abuse Hotline  
311  
  
Miami-Dade Elder Helpline  
305.670.4357

**STATE**  
Elder Abuse Hotline  
800.962.2873

**EMPLOYMENT  
OPPORTUNITIES**  
*OPORTUNIDADES  
DE EMPLEO*

**BROWARD**  
AARP Svcs Employment  
954.563.2559

Positive Images  
954.484.1824

Social Security Admin.  
Ticket to Work  
866.968.7842

WorkForce One  
Ft. Lauderdale  
954.677.5555  
Hollywood  
954.967.1010  
Pompano Beach  
954.969.3541

**MIAMI-DADE**  
AARP Senior Community  
Service Employment  
305.476.5925

Senior Community Service  
Employment Program  
305.871.2820

**PALM BEACH**  
AARP Svcs Employment  
561.471.9828

Workforce Alliance  
561.340.1060


**ENERGY  
ASSISTANCE**  
*ASISTENCIA  
PARA ENERGÍA  
ELECTRICA*

**BROWARD**  
Water/Sewer Program  
954.357.5800

LIHEAP – Low Income  
Home Energy Assis. Prog.  
954.357.5025

FPL Customer Care  
954.797.5000

Focal Point Centers  
NE – 954.480.4449  
NW – 954.973.0300  
SE – 954.966.9805  
SW – 954.450.6888

Tuesday's Angels  
954.566.7686 

**MIAMI-DADE**  
Low Income Home Energy  
786.469.4600

FPL Customer Care  
305.442.8770

**PALM BEACH**  
FPL Customer Care  
561.994.8227

Low Income Home Energy  
561.355.4792

# THE SHERIFF'S CORNER

## COMENTARIOS DEL SHERIFF

SHERIFF SCOTT ISRAEL BROWARD COUNTY, FL



No one can ever be completely safe from a scam or identity theft – not even the sheriff of Broward County. Recently, I received two checks in the mail from a company alleging that they owed me money from a past transaction. But there was a catch: the company explained the checks were written to me in error for more than the amount owed to me. All I needed to do was deposit the checks and wire the company the difference. I knew right away that something was wrong. I directed BSO detectives to investigate, and they instantly recognized the two checks were worthless.

**IF CRIMINALS TRY TO SCAM THE SHERIFF, THEY WILL CERTAINLY TRY TO DO IT TO YOU.**

The most effective economic crime, however, is one in which criminals steal your identity. This is a growing problem affecting millions of Americans every year. BSO is helping in the fight against identity theft. We provide residents a convenient, safe way to dispose of personal documents, check stubs, credit card offers, receipts and other items that might contain sensitive data through our free, monthly Shred-A-Thon events throughout Broward County. For a list of upcoming dates and times in your city, please visit [www.sheriff.org](http://www.sheriff.org).

As sheriff, I am committed to preventing these crimes. With your help, by being proactive and aware, together we can even stop scams before they happen. •

Nadie puede estar completamente a salvo de un robo o fraude de identidad - ni siquiera el sheriff del condado de Broward. Recientemente, recibí dos cheques en el correo de una compañía alegando que me debían dinero de una transacción pasada. Pero había un inconveniente: La compañía que me estaba mandando estos cheques me decía que los cheques fueron escritos para mí con la cantidad errónea que se me debía. Todo lo que tenía que hacer era depositar los cheques y después de cablear la empresa la diferencia. Supe de inmediato que algo andaba mal. Dirigí detectives del BSO para investigar, y al instante reconocí que los dos cheques no tenían ningún valor.

**SI CRIMINALES TRATAN DE ESTAFAR AL SHERIFF, SEGURO QUE TRATARAN DE HACERLO CON USTED.**

El delito económico más eficaz, sin embargo, es cuando los delincuentes roban su identidad. Este es un problema creciente que afecta a millones de estadounidenses cada año. BSO está ayudando en la lucha contra el robo de identidad. Proporcionamos a los residentes una forma cómoda, segura de disponer de documentos personales, talones de cheques, ofertas de tarjetas de crédito, recibos y otros artículos que pueden contener datos sensibles a través de nuestros eventos mensuales gratuitamente, Shred-a-Thon en todo el Condado de Broward. Para obtener una lista de las próximas fechas y horas en su ciudad, visite [www.sheriff.org](http://www.sheriff.org).

Como sheriff, estoy comprometido con la prevención de estos delitos. Con su ayuda, por ser proactivo y consciente, juntos podemos incluso detener las estafas antes de que sucedan. •

**FINANCIAL ASSISTANCE**  
**ASISTENCIA FINANCIERA**

**BROWARD**

A New Horizon Credit Counseling  
800.556.1548

American Red Cross  
954.797.3800

Catholic Charities  
954.568.6610

Credit Counseling Inc  
954.825.0879

FCFH – Emergency Assistance  
954.537.0211

Gateway Comm. Outreach  
954.725.8434

HOPE Outreach Center  
954.321.0909

Jewish Family Service  
954.370.2140

Lighthouse Pt Outreach  
954.942.8080

The Salvation Army  
954.524.6991

Tuesday's Angels  
954.566.7686 

**MIAMI-DADE**

American Red Cross  
305.644.1200

Attapattah Neighborhood  
305.547.4960

Catholic Charities  
305.573.3333

Community Action  
305.884.4801

Culmer Neighborhood Ctr.  
305.438.4161

Little River Neighborhood  
305.758.9662

Homestead Neighborhood  
305.247.2068  
Frankie Shannon Rolle Ctr.  
305.446.3311

Goulds Community Center  
305.233.2121

Liberty City Community Ctr  
305.756.2830

Miami-Dade Elder Helpline  
305.670.4357

Naranja Neighborhood Ctr.  
305.258.5471

Opa-Locka Neighborhood  
305.623.6500

Richmond Heights Center  
305.234.4927

The Salvation Army  
305.438.9066

Wynwood Neighborhood  
305.547.7661

**PALM BEACH**

Adopt-A-Family  
561.253.1361

American Red Cross  
561.833.7711

Boca Helping Hands  
561.417.0913

Catholic Charities,  
561.775.9560

Center for Family Services  
561.616.1222

Community Action Prog.  
561.355.4726

Community Caring Center  
561.364.9501

Credi-bility  
800.251.2227

Farmworker Coordinating  
Council of PB County  
561.533.7227

Volen Senior Center  
561.395.8920

Division of Senior Services  
561.355.4750

Division of Veteran Svcs  
561.355.4761

Jewish Family Service  
561.852.3333

Soc. of St. Vincent de Paul  
561.697.9699

The Salvation Army  
561.686.3530

**STATE**  
Fla. Dep. of Financial Svcs  
877.693.5236

IRS Tax Helpline  
800.829.1040

**FOOD ASSISTANCE**  
**ASISTENCIA PARA ALIMENTOS**

**BROWARD**  
Aging & Disability  
Resource Center  
954.745.9779

Broward Meals on Wheels  
954.731.8770

Cross Road Food Bank  
954.627.6900

David Posnack Jewish  
Community Center  
954.434.0499

EASE Foundation  
954.797.1077

Gateway Community  
Outreach  
954.725.8434

Hallandale Food Distrib.  
954.457.1460

Hope Outreach Center  
954.321.0909

Jubilee Ctr. of S. Broward  
954.920.0106

Lifenet 4 Families  
954.792.2328

Manna – Share a Meal  
954.475.0508

Sunrise Senior Center  
954.746.3670

The Pantry of Broward  
954-358-1481

Tuesday's Angels  
954.566.7686 

WeCare  
954.792.6700

**MIAMI-DADE**  
Alliance for Aging  
305.670.4357

CC Elder Services –  
Malcom Ross  
305.633.0462

Community Action  
305.514.6071

De Hostos Senior Center  
305.573.6220

Farm Share Food Program  
305.248.3006

Jewish Community  
Services of South Florida  
305.576.6550

North Miami Foundation  
305.893.1450

S. West Social Services  
305.261.6202

**PALM BEACH**

Adopt a Family  
561.253.1361

Boca Helping Hands Ctr.  
561.417.0913

Boyton Beach Caring Ctr  
561.364.9501

Caridad  
561-737-6336   
ponle Spanish flag

Christian Care Center  
561.650.7400

Helping Hands  
561.432.2417

New Hope Charities, Inc.  
561.924.7986

Strive for Excellence Food  
Pantry  
561.848.3142

The Soup Kitchen, Inc.  
561.732.7595

**STATE**

Food Stamp Hotline  
866.762.2237





Healthy, convenient meals delivered right to your door.

### *Free Standard Delivery*

Anyone can order Complete Cuisine to be delivered right to their door. It's perfect for those who need a break from the kitchen, those who are tired of cooking for one, professionals on the go, for taking lunch to work or even for catering your next get together.

Comidas saludables y convenientes llevadas hasta su puerta.

### *La Entrega Básica a Domicilio es Gratis*

Cualquiera puede ordenar Complete Cuisine para servicio a domicilio. Es perfecto para los que necesitan un descanso de la cocina, los que llegan muy cansados para cocinar, profesionales, para el almuerzo en el trabajo y hasta para ofrecer en su próximo evento.



## *Catering*

Now Available



Online Shopping Available at  
[www.bmow.org/complete-cuisine](http://www.bmow.org/complete-cuisine)  
or call 954.714.6943

Compras disponibles en:  
[www.bmow.org/complete-cuisine](http://www.bmow.org/complete-cuisine)  
O llamando al 954.714.6943

A portion of your Complete Cuisine supports Broward Meals on Wheels who provides essential services that improve health, reduce isolation and promote independent living for seniors in our community.

Una porción de su compra ayuda a Broward Meals On Wheels, quien da servicios esenciales, mejora la salud, reduce el aislamiento y promueve independencia a los mayores en la comunidad.



**HEARING  
RESOURCES  
ASISTENCIA  
AUDITIVA**

**BROWARD**

Accessible Comm (Deaf)  
954.578.3081

Ctr for Hearing and Comm  
954.601.1930  
TTY 954-601-1938

**MIAMI-DADE**

Hearing and Speech Ctr  
305.271.7343  
or 305.557.4764

**PALM BEACH**

Deaf Service Center of  
Palm Beach County  
561.802.3353  
561.802.3351/TTY

**STATE**

Florida Relay Service  
800.222.3448  
888.447.5620/TTY

**NATIONAL**

Hear Now  
800.328.8602

Hearing Society  
800.521.5247

**HOME  
MAINTENANCE  
MANTENIMIENTO  
DE VIVIENDAS**

**BROWARD**

Broward Housing  
Solutions  
954.764.2800

Broward County Housing  
Authority  
954-739-1114

Deerfield Beach Housing  
Authority  
954-428-0678

Pompano Beach Housing  
Authority  
954-785-7200

Dania Beach Housing  
Authority  
954.920.9662

Hollywood Housing Rehab  
954.921.3381

Home Touch Program  
954.792.1180

Rebuilding Broward  
Together  
954.772.9945

**MIAMI-DADE**

Metro Dade Comm. Action  
305.884.4801

**PALM BEACH**

PBC Housing &  
Community Development  
561.233.3600

**STATE**

Housing & Community  
Development  
850.717.8450

Remember.....  
You saw it in 55+ Magazine!

**2-1-1**<sup>TM</sup>

*Get Connected. Get Answers.*

**Dial 2-1-1**

anywhere in

Palm Beach/Treasure Coast, Broward  
or Miami-Dade counties

**HELP IS A PHONE CALL AWAY**

**Telephone Reassurance Program:  
Making a Difference  
in the Lives of our Elders**



**A FREE PROGRAM**

**to check on the well-being of seniors  
Register Today**

*Gain peace of mind and  
a sense of safety and security*

Receive a telephone reassurance phone call at a specific prearranged time  
or call 24 hours, 7 days a week for help and information

# RESOURCE GUIDE



LGBT SERVICES / SERVICIOS PARA LA COMUNIDAD GAY  
SPANISH PHONE LINE / LÍNEA TELEFÓNICA EN ESPAÑOL

# GUÍA DE RECURSOS

## HOSPITALS HOSPITALES

### BROWARD

Atlantic Shores Hospital  
4545 N Federal Hwy  
Ft Lauderdale  
954.771.2711

Broward Health Coral  
Springs  
3000 Coral Hills Dr  
Coral Springs  
954.344.3000

Broward Health Imperial  
Point  
6401 N Federal Hwy  
Ft Lauderdale  
954.776.8500

Broward Health Medical  
Center  
1600 S Andrews Ave  
Ft Lauderdale  
954.355.4400

Broward Health North  
201 E Sample Rd  
Deerfield Beach  
954.941.8300

Cleveland Clinic Hospital  
3100 Weston Rd  
Weston  
954.689.5000

Florida Medical Center  
5000 W Oakland Park Blvd  
Ft Lauderdale  
954.735.6000

Ft Lauderdale Hospital  
1601 E Las Olas Blvd  
Ft Lauderdale  
954.463.4321

HealthSouth Sunrise  
Rehab Hospital  
4399 Nob Hill Rd  
Sunrise  
954.749.0300

Hollywood Pavilion  
1201 N 37th Ave  
Hollywood  
954.962.1355

Holy Cross Hospital  
4725 N Federal Hwy  
Ft Lauderdale  
954.771.8000

Kindred Hospital  
1516 E Las Olas Blvd  
Ft Lauderdale  
954.764.8900

Kindred Hospital  
1859 Van Buren St  
Hollywood  
954.920.9000

Memorial Miramar  
1901 SW 172 Ave  
Miramar  
954.538.5000

Memorial Pembroke  
7800 Sheridan St  
Pembroke Pines  
954.962.9650

Memorial Regional  
3501 Johnson St  
Hollywood  
954.987.2000

Memorial South  
3600 Washington St  
Hollywood  
954.966.4500

Memorial West  
703 N Flamingo Rd  
Pembroke Pines  
954.436.5000

Northwest Medical Center  
2801 N State Rd 7  
Margate  
954.974.0400

Plantation General  
Hospital  
401 NW 42nd Ave  
Plantation  
954.587.5010

St Anthony's Rehab Hosp.  
3487 NW 30th St  
Lauderdale Lakes  
954.739.6233

University Hospital and  
Medical Center  
7201 N University Dr  
Tamarac  
954.721.2200

Westside Regional  
Medical Center  
8201 W Broward Blvd  
Plantation  
954.473.6600

### MIAMI-DADE

Anne Bates Leach Eye  
Hospital  
900 NW 17th St  
Miami  
305.326.6000

Aventura Hospital  
and Medical Center  
20900 Biscayne Blvd  
Aventura  
305.682.7000

Baptist Hospital of Miami  
8900 N Kendall Dr  
Miami  
786.596.1960

Cedars Medical Center  
1400 NW 12th Ave  
Miami  
305.325.5511

Coral Gables Hospital  
3100 Douglas Rd  
Coral Gables  
305.445.8461

Doctors Hospital  
5000 University Dr  
Coral Gables  
305.666.2111

Fishermen's Hospital  
3301 Overseas Highway  
Marathon  
305.743.5533

Healthsouth Rehabilitation  
Hospital  
20601 Old Cutler Rd  
Miami  
305.251.3800

Hialeah Hospital  
651 E 25th St  
Hialeah  
305.693.6100

Homestead Hospital  
975 Baptist Way  
Homestead  
786.243.8000

Jackson Memorial Hospital  
1611 NW 12th Ave  
Miami  
305.585.6754

Jackson Memorial Hospital  
North  
14701 NW 27th Ave  
Miami  
305.585.1111

Jackson South Community  
Hospital  
9333 SW 152nd St  
Miami  
305.251.2500

Kendall Regional Medical  
Center  
11750 Bird Rd  
Miami  
305.223.3000

Kindred Hospital South  
Florida  
5190 SW 8th St  
Coral Gables  
305.448.1585

Larkin Community Hospital  
7031 SW 62nd Ave  
South Miami  
305.284.7500

Lower Keys Medical  
Center  
5900 College Rd  
Key West  
305.294.5531

Mariners Hospital  
91500 Overseas Highway  
Tavernier  
305.434.3000

Mercy Hospital  
3663 S Miami Ave  
Miami  
305.854.4400

Mount Sinai Medical Ctr  
4300 Alton Rd  
Miami Beach  
305.674.2223

North Shore Medical Ctr  
1100 NW 95th St  
Miami  
305.835.6000

Palm Springs General  
Hospital  
1475 W 49th St  
Hialeah  
305.558.2500

Palmetto General Hospital  
2001 W 68th St  
Hialeah  
305.823.5000

Pan American Hospital  
5959 NW 7th St  
Miami  
305.264.1000

Select Specialty Hospital-  
Miami  
955 NW 3rd St  
Miami  
305.416.5700

Seasons Hospice &  
Palliative Care  
5200 NE 2nd Ave  
Miami  
305.232.5433

Sister Emmanuel Hospital  
for Continuing Care  
3663 S Miami Ave  
Miami  
305.285.2939

Florida Evaluation &  
Treatment Ctr  
2200 NW 7th Ave  
Miami  
305.637.2500

South Miami Hospital  
6200 SW 73rd St  
South Miami  
786.662.4000

Southern Winds Hospital  
4225 W 20th Ave  
Hialeah  
305.558.9700

St Catherine's  
Rehabilitation Hospital  
1050 NE 125th St  
N. Miami  
305.357.1735

University of Miami  
Hospital & Clinics  
1475 NW 12th Ave  
Miami  
305.243.1000

West Gables Rehab.  
Hospital  
2525 SW 75th Ave  
Miami  
305.262.6800

Westchester General  
Hospital  
2500 SW 75th Ave  
Miami  
305.264.5252

**MARTIN**  
Martin Memorial Hospital  
South  
2100 SE Salerno Road  
Stuart  
772.223.2300

Martin Memorial Medical  
Center  
200 Hospital Ave  
Stuart  
772.287.5200

**PALM BEACH**  
Bethesda Memorial  
Hospital  
2815 S Seacrest Blvd  
Boynton Beach  
561.737.7733

Boca Raton Regional  
800 Meadows Rd  
Boca Raton  
561.395.7100

West Palm Hospital  
2201 45th St  
West Palm Beach  
561.842.6141

Delray Medical Center  
5352 Linton Blvd  
Delray Beach  
561.498.4440

Good Samaritan Medical  
Center  
1309 N Flagler Dr  
West Palm Beach  
561.655.5511

JFK Medical Center  
5301 S Congress Ave  
Atlantis  
561.965.7300

Jupiter Medical Center  
1210 S Old Dixie Hwy  
Jupiter  
561.747.2234

Lakeside Medical Center  
39200 Hooker Hwy  
Belle Glade  
561.996.6571

Palm Beach Gardens  
Medical Center  
3360 Burns Rd  
Palm Beach Gardens  
561.622.1411

Palms West Hospital  
13001 Southern Blvd  
Loxahatchee  
561.798.3300

SandyPines Hospital  
11301 SE Tequesta Ter.  
Tequesta  
561.744.0211

St Mary's Medical Center  
901 45th St  
West Palm Beach  
561.844.6300

VA Medical Center  
7305 N Military Trail  
West Palm Beach  
561.422.8262

Wellington Regional  
Medical Center  
10101 Forest Hill Blvd  
Wellington  
561.798.8500

West Boca Medical Center  
21644 State Road 7  
Boca Raton  
561.488.8000

**SAINT LUCIE**  
Lawnwood Regional  
Medical Center  
1700 S 23rd St  
Ft Pierce  
772.461.4000

St Lucie Medical Center  
1800 SE Tiffany Ave  
Port St Lucie  
772.335.4000

Port St Lucie Hospital  
2550 SE Walton Road  
Port St Lucie  
772.335.0400



**ROYAL PALM SENIOR RESIDENCE**  
An Assisted Living Facility - License No. AL5944

**5121 NE 19th Avenue  
Fort Lauderdale,  
Florida 33308**


**Tel. No. 954-491-4041**  
Website: [www.royalpalmsr.com](http://www.royalpalmsr.com)

**Fax No. 954-772-4657**  
Email: [royalpalmsr@bellsouth.net](mailto:royalpalmsr@bellsouth.net)



**Come in and feel its homelike atmosphere... For we are here to welcome and take care of you.....**



# RESOURCE GUIDE

 *LGBT SERVICES / SERVICIOS PARA LA COMUNIDAD GAY*  
 *SPANISH PHONE LINE / LÍNEA TELEFÓNICA EN ESPAÑOL*


# GUÍA DE RECURSOS

## HOUSING VIVIENDA

### BROWARD

Browardassistedliving.us  
by 55+  
954.967.6191  

Broward County Housing  
Authority  
954.739.1114

Broward House, Inc.  
954.522.4749 

Broward Housing Solutions  
954.764.2800

Deerfield Beach Housing  
Authority  
954.425.8449



Hollywood Housing Auth.  
954.989.4691

Housing Authority of the  
City of Fort Lauderdale  
954.525.6444

Miramar Assisting Seniors  
in their Homes (M.A.S.H.)  
954.899.2702

PCC Alternative Housing  
954.965.2925

### MIAMI-DADE

Floridaassistedliving.us  
by 55+  
855.455.7587  

Homestead Housing  
Authority  
305.247.0639

Harbor House Special  
Needs Housing  
305.371.0722

Hialeah Housing Authority  
305.888.9744

Housing and Urban  
Development  
305.536.5678

Little Haiti Housing Assn.  
305.759.2542

Miami Housing Authority  
305.532.6401

PCC Alternative Housing  
305.931.0618

Public Housing Agency  
786.469.4100

### PALM BEACH

Palmbeachassistedliving.us  
by 55+  
855.455.7587  

PBC Housing Authority  
561.697.9615

Belle Glade Housing Auth.  
561.996.2140

Boca Raton Housing Auth.  
561.206.6200

Delray Bch. Housing Auth.  
561.272.6766

Fair Housing Center of the  
Greater Palm Beaches  
877.910.3247

Housing Partnership, Inc  
561.841.3500

Pahokee Housing Auth.  
561.924.2506

PBC Dep. of Housing &  
Community Development  
561.233.3600

PBC – Human Services  
and Veterans Services  
561.355.4775

PCC Alternative Housing  
561.329.4337

WPB Housing Authority  
561.655.8530

### NATIONAL

Housing and Urban  
Development  
202.708.1112/TTY  
202.708.1455

## LEGAL SERVICES SERVICIOS LEGALES

### BROWARD

Broward County Bar Assn.  
954.764.8040

Broward Consumer Affairs  
954.765.4400

Office Public Defender  
954.831.8650

Senior Intervention and  
Education Program  
954.966.9805

Catholic Charities Legal  
800.691.7530

Coast to Coast Legal Aid  
954.736.2400

Hispanic Unity 

Legal Aid Service  
954.765.8950

Office of the Attorney Gral  
954.712.4600

### MIAMI-DADE

ACLU – State HQ  
305.740.5347

Catholic Charities Legal  
305.373.1073

Consumer Affairs  
305.375.3677

Dade Legal Aid Society  
305.579.5733

Elder Helpline  
305.670.4357

Guardianship of Dade  
305.592.7642

Legal Services of Miami  
305.576.0080

Office of the Attorney  
General  
305.547.0671

### PALM BEACH

Family Mediation Services  
561.355.2739

Florida Rural Legal Svcs.  
Belle Glade  
561.993.0003  
West Palm Beach  
561.820.8902

Legal Aid Society of Palm  
Beach County  
561.655.8944

PB Consumer Affairs  
561.712.6600

Office of the Attorney Gral.  
561.837.5000

Office Public Defender  
Central West Palm Beach  
561.355.7500  
Criminal Justice Complex  
561.688.4610  
North County Complex  
561.624.6560  
South County Complex  
561.274.1522  
West County Complex  
561.996.4880

PB County Bar Association  
561.687.2800

### STATE

Banking Regulations  
850.410.9800

Consumer Services  
850.410.3800

Florida Bar Association  
850.561.5600

Florida Office of the  
Attorney General  
866.966.7226

Insurance Regulations  
850.410.9500

Seniors vs Crime Project  
800.203.3099

Utility Commission  
850.413.6100

 **LGBT SERVICES**  
*SERVICIOS PARA  
LA COMUNIDAD GAY*

**BROWARD**

Broward House, Inc.  
954.522.4749

Care Resource Ft Laud.  
954.567.7141

Dignity Fort Lauderdale  
954.383.6389

Dolphin Democrats  
866.478.8262

Hollywood FL Center for  
Positive Living  
954.929.8959

Lambda South Services  
954.761.9072

Log Cabin Republicans  
954.566.4156

MCC Fort Lauderdale  
954.462.2004

Noble A. McArtor Day Ctr  
954.764.5055

Out of the Closet Thrift  
Store  
954.358.5580

PFLAG Broward  
954.540.3366

Stonewall Library &  
Archives  
954.763.8565

SunServe  
954.764.5150

The Pride Center at  
Equality Park  
954.463.9005

**MIAMI-DADE**

Care Resource Miami  
305.576.1234

Empowering Spirits Fdn  
858.225.8700

Log Cabin Republicans  
786.443.9875

National Gay & Lesbian  
Task Force  
305.571.1924

Out of the Closet Thrift  
Store  
305.764.3773  
305.531.6800

PFLAG Homestead  
305.989.1623

PFLAG Miami  
954.703.2960

Save Dade  
305.751.7283

The Wellness Center  
954.568.0152

**PALM BEACH**

Compass  
561.533.9699

Dignity Palm Beach  
561.309.0088

MCC of Boynton Beach  
561.733.4000

MCC of the Palm Beaches  
561.775.5900

Human Rights Council  
561.586.0203

PFLAG Palm Beach  
561.716.9464

**STATE**

Equality Florida  
813.870.3735

**NATIONAL**

Dignity USA  
800.877.8797

Freedom to Marry  
212.851.8418

Gay & Lesbian Alliance  
Against Defamation  
212.629.3322

Gay & Lesbian National  
Hotline  
888.843.4564

Human Rights Campaign  
800.777.4723


Immigration Equality  
212.714.2904

Log Cabin Republicans  
202.420.7874

Metropolitan Community  
Church (MCC)  
310.360.8640

National Gay and Lesbian  
Taskforce  
202.393.5177

Parents, Families, and  
Friends of Lesbians and  
Gays (PFLAG)  
202.467.8180


Senior Action in a Gay  
Environment – SAGE  
212.741.2247 

Stonewall Democrats  
202.625.1382


Victory Fund  
202.842.8679



**The National Resource Center on LGBT Aging**  
A permanent resource for lesbian, gay, bisexual and transgender (LGBT) older adults.  
[www.lgbtagingcenter.org](http://www.lgbtagingcenter.org)

**National Resource Center** 

**ON LGBT AGING**

  
American Society on Aging

*A project of*  
**Services & Advocacy for GLBT Elders (SAGE)**  
in partnership with  
American Society on Aging  
Brookdale Center for Healthy Aging and Longevity,  
Hunter College  
CenterLink  
FORGE: Transgender Aging Network  
GRIOT Circle  
The LGBT Aging Project  
National Association of Area Agencies on Aging  
National Council on Aging's National Institute of  
Senior Centers  
Openhouse  
PHI





## HOW DO I GET MEDICAID TO PAY FOR MY SERVICES?

### ¿PUEDO OBTENER MEDICAID PARA PAGAR POR MIS SERVICIOS?

Medicaid helps give financial assistance to those who qualify based on their medical and financial situation.

A person must meet financial, medical and residential requirements in order to receive benefits.

The Medicaid program has very strict guidelines. With knowledgeable, professional assistance, you will find that income and assets can be restructured in order to protect the patient and/or family. In so doing, this can give the patient a better quality of life.

The State Medicaid Managed Long Term Care Program in Florida is a program that helps people avoid going to a Nursing Home. Instead, through this program, a person can remain in their home or go to an Assisted Living Facility.

Note that Medicaid does not pay the whole cost of care. This is based on his/her income.

Scoop for Seniors can assist you in understanding these very specific programs and help you receive the services that you are entitled to. For more information about these services and programs, call a Transitional Coordinator at (954) 961-5223. A Medicaid Specialist can guide you through the Medicaid Program. •

Medicaid provee ayuda financiera a aquellos que califican en función de su situación médica y financiera.

Una persona debe cumplir con los requisitos financieros, médicos y residenciales con el fin de recibir los beneficios del Medicaid.

El programa de Medicaid tiene normas muy estrictas. Pero, con la ayuda eficiente, profesional, usted encontrará que los ingresos y sus finanzas pueden ser reestructurados con el fin de proteger al paciente y/o familia. Al hacerlo, esto puede dar al paciente una mejor calidad de vida y recibir los servicios.

El Program State Medicaid Managed Long Term Care de la Florida es un programa que ayuda a las personas a evitar ir a un asilo de ancianos. En cambio, a través de este programa, una persona puede permanecer en su casa o ir a un centro de asistencia. Para calificar, uno todavía debe cumplir con los requisitos para un hogar de ancianos.

Tenga en cuenta que Medicaid no paga el costo total de la atención. Esto se basa en sus ingresos.

Scoop for Seniors puede ayudarle a recibir los servicios que le corresponde.

Para más información, llame al (954) 961-5223. Un especialista en Medicaid puede asesorarlo para que usted pueda calificar y recibir los servicios del Medicaid. •

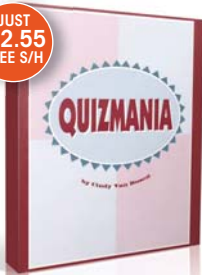
## GAMES FOR OLDER ADULTS

### BINGOMANIA

Remember the shows and celebrities of the past? This fun-and-exciting game combines entertainment trivia and bingo for a stimulating, challenging trip down memory lane! This game comes with 72 clue cards and 14 bingo cards. It's the new way to play BINGO!



JUST \$12.55 FREE S/H



### QUIZMANIA

Exercise your brain while having fun! "Quizmania" is a one-of-a-kind, must-have trivia book is ideal for groups and one-on-one activities. Features 30 unique and mentally stimulating quizzes, plus word games and more!

### MAKE YOUR POINT! A TRIVIA GAME (SIMILAR TO JEOPARDY)

Over 1500 trivia categories to choose from! This game is in its FIFTH PRINTING, becoming a MUST HAVE Trivia Game for any Activities Director. A 77 page question-and-answer book with 120 point cards, and large print category sheets. Let your players MAKE THEIR POINT!



JUST \$9.55 FREE S/H



### MATH AND RIDDLE BINGO

Looking for something different? How about a game that is fun and challenging at the same time? Basic bingo cards and these clue cards are all you need to enjoy yourself while receiving cognitive stimulation.

### SERENITY SERENADE



A beautiful combination of classical music and soothing images for quiet moments, "Serenity Serenade" is ideal for small facilities or groups. This 2009 Caregiver Friendly award-winning DVD is recommended for individuals with Alzheimer's, dementia and cognitive impairment.



VISIT OUR SHOP ONLINE AT [WWW.55PLUSMAG.US/SHOP](http://WWW.55PLUSMAG.US/SHOP)

*All sales are final. Limited supplies*

# RESOURCE GUIDE

 **LGBT SERVICES / SERVICIOS PARA LA COMUNIDAD GAY**  
 **SPANISH PHONE LINE / LÍNEA TELEFÓNICA EN ESPAÑOL**

# GUÍA DE RECURSOS

## MEDICAID

### BROWARD

Medicaid Program Office  
954.202.3200 x277

Medicaid Provider Svcs.  
954.958.6500

### MIAMI-DADE

Medicaid Program Office  
305.593.3000

### PALM BEACH

Medicaid Program Office  
561.712.4400

### STATE

Florida Medicaid  
800.239.7560

The Florida Department of  
Children & Families  
866.762.2237

Medicaid Fraud Hotline  
866.966.7226

Medicaid Options  
888.367.6554

Medicaid Provider Svcs.  
800.289.7799

## NATIONAL

Centers for Medicare &  
Medicaid Services  
800.633.4227

Supplemental Security  
Income (SSI)  
800.772.1213

## MEDICARE

### STATE

CMS Regional Office -  
Atlanta  
404.562.7500

Florida Medical Quality  
Assurance-Appeals  
866.800.8754

Florida Department of  
Elder Affairs (SHINE)  
800.963.5337

## NATIONAL

Centers for Medicare &  
Medicaid Services  
800.633.4227  
877.486.2048/TTY

Medicare Rights Center  
800.333.4114

Medicare Choices Helpline  
800.633.4227

Medicare Fraud Hotline  
800.447.8477

Social Security Admin.  
800.772.1213

## MENTAL HEALTH SERVICES SERVICIOS DE SALUD MENTAL


### BROWARD

ARC Broward Mental  
Health Counseling  
954.746.9400

Archways  
954.763.2030

Broward County Elderly &  
Veterans Services  
954-357-6622

Broward County Human  
Services  
954.357.8600

Broward House, Inc.  
954.522.4749 

Care Resource Ft. Laud.  
954.567.7141 

FCFH Senior Helpline  
954.390.0485

Glass House  
954.938.0055

Henderson Mental Health  
954.463.0911


Jewish Family Senior Svcs.  
954.370.3388

Mental Health Association  
954.746.2055

National Alliance on  
Mental Illness  
954.316.9907

NOVA Psychology Services  
954.262.5730

Silver Impact  
954.572.0444


SunServe  
954.764.5150 


Women in Distress  
954.760.9800

## MIAMI-DADE

Bayview Center for Mental  
Health  
305.892.4600

Catholic Charities  
Counseling Programs  
866.758.0025

Care Resource Miami  
305.576.1234 

Center for Positive  
Connections Miami  
786.985.2818 

Jewish Community of SFla  
305.899.1587

Miami Counseling &  
Resource Center  
305.448.8325

County Health Department  
305.324.2400  
Miami-Dade Elder Helpline  
305.670.4357

New Era Health Center  
305.559.8838

Prog for Anxiety, Stress,  
& OCD-Hoarding Svcs  
305.284.5394

The Village South  
305.573.3784

## PALM BEACH

Alpert Jewish Family &  
Children's Services  
561.684.1991

Glades Crisis Stabilization  
561.993.8022

Jerome Goldman Center  
for Behavioral Health  
561.383.8000

Mental Health Association  
of Palm Beach County  
561.832.3755

National Alliance for the  
Mentally Ill of PBC  
561.588.3477

Palm Beach Center for  
Personal Enrichment  
561.776.1660

Senior Focus  
561.882.0252

South County Mental  
Health Center  
561.495.0522

## STATE

Fla Kinship Care Warmline  
800.640.6444

Natl Alliance on Mental Illness  
850.671.4445

**NATIONAL**  
Mental Health America  
800-969-6642

Natl Alliance on Mental Illness  
800.950.6264

Natl. Inst. of Mental Health  
866-615-6464

**NURSING / REHAB.  
CENTERS**  
*SANATORIOS  
Y CENTROS DE  
REHABILITACIÓN*

**AVENTURA**

Palm Garden of Aventura  
21251 E Dixie Hwy  
305.935.4827

Regents Park at Aventura  
18905 NE 25th Ave  
305.932.6360

VI at Aventura  
19333 W Country Club Dr  
305.692.4700

**BOCA RATON**

Avante at Boca Raton  
1130 NW 15th St  
561.394.6282

Boca Raton Rehab Center  
755 Meadows Rd  
561.391.5200

Fountains  
3800 N Federal Hwy  
561.395.7510

Heartland Health Care Ctr  
7225 Boca Del Mar Dr  
561.362.9644

ManorCare Health Svcs  
375 NW 51st St  
561.997.8111

Menorah House  
9945 Central Park Blvd  
561.483.0498

Regents Park Nursing-  
Rehab  
6363 Verde Trl  
561.483.9282

Stratford Court  
6343 Via de Sonrisa del  
Sur  
561.392.5940

Whitehall Boca Raton  
7300 Del Prado S  
561.392.3000

Willowbrooke Court  
6152 Verde Trl N  
561.487.5200

Willowbrooke Ct at  
Edgewater Pt Estates  
23305 Blue Water Cir  
561.368.5600

**BOYNTON BEACH**

Barrington Terrace  
1425 S Congress Ave  
561.369.7919

Boulevard Rehabilitation  
2839 S. Seacrest Blvd.  
561.732.2464

Boynton Beach Nursing-  
Rehab  
9600 Lawrence Rd  
561.740.4100

Boynton Health Care  
Center  
7900 Venture Center Way  
561.736.6000

Heartland Health Care  
Center  
3600 Old Boynton Rd  
561.736.9992

ManorCare Health  
Services  
3001 S Congress Ave  
561.737.5600

**COCONUT CREEK**

Health Center of Coconut  
Creek  
4125 W Sample Rd  
954.968.8333

**CORAL GABLES**

Riviera Health Resort  
6901 Yumuri St  
786.517.6999

**CORAL SPRINGS**

Park Summit  
8500 Royal Palm Blvd  
954.752.9500

**DANIA**

Cross Pointe Care Center  
440 Phippen Waiters Rd  
954.927.0508

**DEERFIELD BEACH**

Deerfield Beach Health-  
Rehab  
401 E. Sample Rd  
954.941.4100

Forum at Deer Creek  
3001 Deer Creek Country  
Club Blvd  
954.698.6269

Pompano Rehab &  
Nursing Center  
51 W Sample Rd  
954.942.5530

**DELRAY BEACH**

Abbey Delray South  
1717 Homewood Blvd  
561.272.9600

Harbour's Edge  
401 E Linton Blvd  
561.272.7979

Health Center at Abbey  
Delray  
2105 SW 11th Ct  
561.454.5243

Lakeview Care Center  
5430 Linton Blvd  
561.495.3188

ManorCare Health Svcs  
16200 Jog Rd  
561.638.0000

**FORT PIERCE**

Abbiejean Russell Care  
Center  
700 S 29th St  
772.465.7560

Fort Pierce Health Care  
611 S 13th St  
772.464.5262

Laurel Pointe Health &  
Rehab  
703 S 29th St  
772.466.3322

**FT LAUDERDALE**

Broward Nursing & Rehab  
1330 S Andrews Ave  
954.524.5587

Fort Lauderdale Health-  
Rehab  
2000 E Commercial Blvd  
954.771.2300

Harbor Beach Nursing  
Rehab  
1615 S Miami Rd  
954.523.5673

Manor Oaks Nursing &  
Rehabilitation  
2121 E Commercial Blvd  
954.771.8400

**HIALEAH**

Heartland Health Care  
Center-Miami Lakes  
5725 NW 186th St  
305.625.9857

Hialeah Convalescent  
Home  
190 W 28th St  
305.885.2437

Palmetto Health Center  
6750 W 22nd Ct  
305.512.4688

Susanna Wesley Health  
Center  
5300 W 16th Ave  
305.556.3500

**HIALEAH  
GARDENS**

Signature Healthcare of  
Waterford  
8333 W Okeechobee Rd  
305.556.9900

**HOBE SOUND**

Edgewater Manor  
9555 SE Federal Hwy  
772.546.5800

**HOLLYWOOD**

Golfcrest Healthcare  
Center  
600 N 17th Ave  
954.927.2531

Hillcrest Nursing & Rehab  
Center  
4200 Washington St  
954.981.6300

Hollywood Hills Rehab Ctr  
1200 N 35th Ave  
954.981.5511

**HOMESTEAD**

Homestead Manor  
1330 NW 1st Ave  
305.248.0271

Signature Healthcare of  
Brookwood Gardens  
1990 S Canal Dr  
305.246.1200

**JUNO BEACH**

Waterford Health Care  
Center  
601 Universe Blvd  
561.627.3800

**JUPITER**

Courtyard Gardens  
Rehabilitation Center  
17781 Thelma Ave  
561.746.2998

Jupiter Medical Center  
Pavilion  
1230 S Old Dixie Hwy  
561.744.4444

# RESOURCE GUIDE



LGBT SERVICES / SERVICIOS PARA LA COMUNIDAD GAY  
SPANISH PHONE LINE / LÍNEA TELEFÓNICA EN ESPAÑOL

# GUÍA DE RECURSOS

## KENDALL

Heartland Health Care Ctr  
9400 SW 137th Ave  
305.385.8290

## KEY WEST

Key West Health and  
Rehabilitation Center  
5860 W Jr College Rd  
305.296.2459

## LAKE PARK

North Lake Rehab &  
Health Center  
750 Bayberry Dr  
561.881.8144

## LAKE WORTH

The Village of High Ridge  
1800 South Dr  
561.588.4333

Avante at Lake Worth  
2501 North A St  
561.585.9301

Crossings  
4445 Pine Forest Dr  
561.965.5954

Medicana Nursing-Rehab  
1710 Lake Worth Rd  
561.582.5331

Oasis Health & Rehab  
1201 12th Ave S  
561.586.7404

Signature Healthcare of  
Palm Beach  
4405 Lakewood Rd  
561.969.1400

Terraces of Lake Worth  
1711 6th Ave S  
561.586.0808

## LANTANA

Hamlin Place  
2180 Hypoluxo Rd  
561.582.6711

VI at Lakeside Village  
2792 Donnelly Dr  
561.963.2100

## LAUDERDALE LAKES

Palms Rehab & Nursing Ctr  
3370 NW 47th Ter  
954.733.0655

St John's Nursing Center  
3075 NW 35th Ave  
954.739.6233

## LAUDERHILL

Heartland Health Care Ctr  
2599 NW 55th Ave  
954.485.8873

Life Care Ctr at Inverrary  
4300 Rock Island Rd  
954.485.6144

## MARGATE

Margate Health Care Ctr  
5951 Colonial Dr  
954.979.6401

## MIAMI

Coral Gables Nursing-  
Rehab  
7060 SW 8th St  
305.261.1363

Coral Reef Nursing-Rehab  
9869 SW 152nd St  
305.255.3220

Cross Gardens Care Ctr  
190 NE 191st St  
305.651.9690

East Ridge Retirement  
Village  
19301 SW 87th Ave  
305.238.2623

Flordean Nursing Home  
47 NW 32nd Pl  
305.649.2911

Franco Nursing and  
Rehabilitation Center  
800 NW 95th St  
305.836.1550

Golden Glades Rehab  
220 Sierra Dr  
305.653.8427

Harmony Health Center  
9820 N Kendall Dr  
305.271.6311

Hialeah Shores Nursing-  
Rehab  
8785 NW 32nd Ave  
305.691.5711

Jackson Memorial Care Ctr  
2500 NW 22nd Ave  
786.466.3000

Jackson Memorial Perdue  
Medical Center  
19590 Old Cutler Rd  
786.466.3500

Jackson Plaza Nursing-  
Rehab  
1861 NW 8th Ave  
305.347.3380

Miami Jewish Home &  
Hospital  
5200 NE 2nd Ave  
305.751.8626

Miami Shores Nursing-  
Rehab  
9380 NW 7th Ave  
305.759.8711

Nursing Center at Mercy  
3671 S Miami Ave  
305.854.1110

Palace Nursing & Rehab  
11215 SW 84th St  
305.271.2225

Palmetto Sub Acute Care  
Center  
7600 SW 8th St  
305.261.2525

Pines Nursing Home  
301 NE 141st St  
305.893.1102

Ponce Plaza Nursing  
& Rehabilitation Center  
335 SW 12th Ave  
305.545.6695

Riverside Care Center  
899 NW 4th St  
305.326.1236

Sinai Plaza Nursing  
& Rehabilitation Center  
201 NE 112th St  
305.899.4700

South Dade Rehab  
17475 S Dixie Hwy  
305.255.1045

St Anne's Nursing Center  
11855 Quail Roost Dr  
305.252.4000

Unity Health & Rehab Ctr  
1404 NW 22nd St  
305.325.1050

Victoria Nursing & Rehab  
955 NW 3rd St  
305.548.4020

West Gables Healthcare  
2525 SW 75th Ave  
305.265.9391

## MIAMI BEACH

Hebrew Home of S. Beach  
320 Collins Ave  
305.672.6464

Oceanside Extended  
Care Ctr  
550 9th St  
305.531.3321

South Pointe Plaza Rehab  
& Nursing Center  
42 Collins Ave  
305.672.1771

Miami Springs  
Fair Havens Center  
201 Curtiss Pkwy  
305.887.1565

North Bay Village  
Treasure Isle Care Center  
1735 N Treasure Dr  
305.865.2383

North Dade Rehab  
1255 NE 135th St  
305.891.6850

North Miami Arch Plaza  
Nursing & Rehab  
12505 NE 16th Ave  
305.891.1710

Claridge House Nrsng &  
Rehab  
13900 NE 3rd Ct  
305.893.2288



Fountain Manor Rehab  
390 NE 135th St  
305.895.4804

Pinecrest Rehab  
13650 NE 3rd Ct  
305.893.1170

Villa Maria Nursing Center  
1050 NE 125th St  
305.891.8850

## **NORTH MIAMI BEACH**

Aventura Plaza  
1800 NE 168th St  
305.947.3445

Hampton Court Nursing  
16100 NW 2nd Ave  
305.354.8800

North Beach Rehab Ctr  
2201 NE 170th St  
305.945.1401

Watercrest Care Center  
16650 W Dixie Hwy  
305.945.7447

## **PAHOKEE**

Glades Health Care Ctr  
230 S Barfield Hwy  
561.924.5561

## **PALM BEACH GARDENS**

Chatsworth at PGA  
National  
347 Hiatt Dr  
561.227.3200

Gardens Court  
3803 PGA Blvd  
561.626.1125

HCR Ctr – Prosperity Oaks  
11375 Prosperity Farms  
Blvd  
561.626.9702

Nursing Center at La  
Posada  
3500 Masterpiece Way  
561.514.5000

## **PALM CITY**

Palm City Nursing-Rehab  
2505 SW Martin Hwy  
772.288.0060

Water's Edge Extended  
Care  
1500 SW Capri St  
772.223.5863

## **PEMBROKE PINES**

Alexander Nininger Vet.  
Nrsng  
8401 W Cypress Dr  
954.985.4824

Memorial Manor  
777 S Douglas Rd  
954.276.6200

## **PLANTATION**

Covenant Village Care Ctr  
9211 W Broward Blvd  
954.472.2860

ManorCare Health Svcs  
6931 W Sunrise Blvd  
954.583.6200

Plantation Nursing-Rehab  
4250 NW 5th St  
954.587.3296

West Broward Care Center  
7751 W Broward Blvd  
954.473.8040

## **POMPANO BEACH**

Court at Palm Aire  
2701 N Course Dr  
954.975.8900

John Knox Village Health  
Circle  
830 Lakeside Ctr  
954.783.4001

Seaview Nursing & Rehab  
2401 NE 2nd St  
954.943.5100

## **PORT ST LUCIE**

Brighton Gardens  
1699 SE Lyngate Dr  
772.335.9990

Emerald Health Care  
Center  
1655 SE Walton Rd  
772.337.1333

Life Care Center  
3720 SE Jennings Rd  
772.398.8080

Palm Garden of P. St Lucie  
1751 SE Hillmoor Dr  
772.335.8844

Port St Lucie Nursing &  
Rest.  
7300 Oleander Ave  
772.466.4100

Tiffany Hall Nursing &  
Rehab  
1800 SE Hillmoor Dr  
772.337.3565

## **ROYAL PALM BEACH**

Royal Palm Bch Rehab  
600 Business Pkwy  
561.798.3700

## **STUART**

Martin Nursing & Rest  
Care  
6011 SE Tower Dr  
772.223.8777

Parkway Health & Rehab  
800 SE Central Pkwy  
772.287.9912

Salerno Bay Manor  
4801 SE Cove Rd  
772.286.9440

Stuart Nursing & Rest.  
Care  
1500 Palm Beach Rd  
772.283.5887

## **SUNRISE**

Regents Park of Sunrise  
9711 W Oakland Park Blvd  
954.572.4000

Springtree Rehab Center  
4251 Springtree Dr  
954.572.4251

Sunrise Health & Rehab  
4800 Nob Hill Rd  
954.577.3530

## **TAMARAC**

Heartland of Tamarac  
5901 NW 79th Ave  
954.722.7001

Tamarac Rehab & Health  
7901 NW 88th Ave  
954.722.9330

## **TAVERNIER**

Plantation Key  
Convalescent  
48 High Point Rd  
305.852.3021

## **W. PALM BEACH**

Consulate Health Care  
of WPB  
1626 Davis Rd  
561.439.8897

Coral Bay Healthcare &  
Rehab  
2939 S Haverhill Rd  
561.641.3130

Darcy Hall of Life Care  
2170 Palm Beach Lakes  
Blvd  
561.683.3333

Joseph L Morse Geriatric  
4847 Fred Gladstone Dr  
561.471.5111

Lakeside Health Center  
2501 N Australian Ave  
561.655.7780

Lourdes Noreen McKeen  
Residence  
315 S Flagler Dr  
561.655.8544

ManorCare Health Svcs  
2300 Village Blvd  
561.478.1800

Palm Garden of WPB  
300 Executive Center Dr  
561.471.5566

Rehab Center of the PB  
301 Northpoint Pkwy  
561.712.1717

Renaissance Health &  
Rehab  
5065 Wallis Rd  
561.689.1799

Savannah Cove  
2090 N Congress Ave  
561.686.5100

Wood Lake Nursing &  
Rehab  
6414 13th Rd S  
561.478.9900

## **WELLINGTON**

NuVista  
13330 NuVista Ave  
561.795.3360

## **WILTON MANORS**

Manor Pines Convalescent  
1701 NE 26th St  
954.566.8353

W. Manors Health &  
Rehab  
2675 N Andrews Ave  
954.563.5711



# WILLOW MANOR

Assisted Living &  
Alzheimer's Center

**Willow Manor**, owned and operated by the Signore family since 1975, celebrates its 36th year of providing affordable, quality care. Each family member is committed to making every resident feel at home. Their years of experience and warm hospitality are what sets Willow Manor apart.



### **MONTHLY RATE INCLUDES:**

- Completely furnished rooms with private bath
- Color Television & local phone service
- Three nutritious meals daily
- Daily activities & religious services
- 24 hour staffing
- Housekeeping - daily linens provided
- Smoke detectors and sprinkler system
- Emergency pull cords
- Personal laundry included
- Wi-Fi
- Assistance with bathing and special needs
- One floor Accommodations  
No steps, no elevators



**Family Owned & Operated  
for 36 years**



150 Stirling Road, Dania Beach, FL 33004  
Phone 954.920.1988 Fax 954.920.5204  
[www.willowmanorassistedliving.com](http://www.willowmanorassistedliving.com)

**Your Family  
is our Family**

**PRESCRIPTION ASSISTANCE**  
**ASISTENCIA PARA MEDICAMENTOS**

**BROWARD**

AIDS Health Foundation  
954-522-3132

Broward Cty Human Svcs.  
Prescription Drug Discount Cards  
877.321.2652

**PALM BEACH**

PBC Prescription Drug Assistance Program  
866.489.7594

**STATE**

Florida AIDS Assistance  
800.352.2437

Florida Discount Drug Card Program  
866.341.8894/TTY  
866.763.9630

Serving Health Insurance Needs of Elders (SHINE)  
800.963.5337

**NATIONAL**

AARP Medication Savings Card(members)  
800.456.2277

Abbott Patient Assistance Foundation  
800.222.6885

AstraZeneca Patient Prescription Assist. Prog.  
800.292.6363

Boehringer Ingelheim Cares Foundation  
800.556.8317

Bristol-Myers Squibb Patient Assistance Foundation  
800.736.0003

Caremark Prescription Discount Program  
888.620.1749

Eisai Assistance Program  
855.347.2448

Free Medicine Foundation  
573.996.3333

GlaxoSmithKline Orange Card  
888.672.6436

Lilly Cares Foundation  
800.545.6962

Medicare-Approved Drug Discount Cards  
800.633.4227

Merck Patient Assist. Prog.  
800.727.5400

Novartis Care Card  
866.974.2273

Pfizer Helpful Answers  
866.706.2400

Partnership for Prescription Assistance  
888.477.2669

People Prescription Plan  
800.566.0003

RxAssist (Healthcare Providers ONLY)  
877.844.8442

RxAssist Patient Assist.  
401.729.3284

Senior Pharmacy Card  
800.377.1614



The Medicine Program  
573.996.7300

Together Rx Access  
800.444.4106

US Food and Drug Admin  
888.463.6332

**SENIOR SUPPORT ORGANIZATIONS**  
**SERVICIOS DE AYUDA PARA EL MAYOR**

**BROWARD**

55+ Resources Directory  
855.455.7587  

Aging and Disability Resource Center  
954.745.9779

Broward County Elderly and Veteran Services  
954.357.6622

CARES – Dep. of Elder Affairs  
954.597.2240

Daniel D. Cantor Senior Center  
954.742.2299

First Call  
211


Focal Point Senior Centers  
NW – 954.973.0300  
NE – 954.480.4449  
SW – 954.450.6888  
SE – 954.966.9805

Fred Lippman Multi-Purpose Center  
954.921.3408

Gilda's Club South Florida  
954.763.6776

Hallandale Senior Mini-Ctr  
954.457.1460

Health Innovations-Active Older Adult Prog  
954.334.9622

Hispanic Unity Center - Renacer  
954.964.8884 

Jewish Healing Center  
954.370.2140


Miramar Senior  
954.889.2707

Coral Springs Senior Supper Club  
954.344.3344

OCD Resource Center  
954.962.6662


Ombudsman Broward  
954.597.2266

Plantation Community Outreach Center  
954.916.5601

Senior Action in a Gay Environment – SAGE  
954.634.7219 

Soref JCC  
954.792.6700

Sunrise Senior Center  
954.746.3670

SunServe  
954.764.5150 

Sunset Lakes Senior Ctr  
954.602.3347

**MIAMI-DADE**

Alliance for Aging  
305.670.6500

CARES – Department of Elder Affairs  
786.336.1400



South Miami-Dade  
305.671.7200

Easter Seals Miami-Dade  
305.325.0470

Everglades Comm. Assn.  
305.242.2142

Guardianship Program of Dade County  
305.592.7642

Jewish Community Services of South Florida  
305.576.6550

Hispanic AIDS Awareness Program  
305.860.0780  

Little Havana Activities & Nutrition Centers  
305.858.0887

National Parkinson Foundation South Florida  
305.243.1061

Ombudsman North Dade  
786.3361418

Ombudsman South Dade  
305.671.7245

Service Corp of Retired Executives  
786.425.9119

**PALM BEACH**

Area Agency on Aging  
561.684.5885

Boynton Beach Senior Ctr.  
561.742.6570

CARES – Department of Elder Affairs  
561-840-3150

North County Senior Ctr.  
561.694.5435

# RESOURCE GUIDE



LGBT SERVICES / SERVICIOS PARA LA COMUNIDAD GAY  
SPANISH PHONE LINE / LÍNEA TELEFÓNICA EN ESPAÑOL

# GUÍA DE RECURSOS

Ombudsman Palm Beach  
561.837.5038

The Volen Senior Center  
561.395.8920

West County Senior Ctr.  
561.996.4808

## STATE

AARP Florida  
866.595.7678

Florida Dep. of Elder Affairs  
850.414.2000

Florida Council on Aging  
850.222.8877

Florida Ombudsman Prog.  
888.831.0404

## NATIONAL

Children of Aging Parents  
800.227.7294

National Eldercare Locator  
800.677.1116

National Family Caregivers  
Association  
800.896.3650

Senior Action in a Gay  
Environment – SAGE  
212.741.2247

## SHELTERS REFUGIOS

## BROWARD

Broward Partnership for  
the Homeless  
954.779.3990

Broward Outreach  
Hollywood  
954.926.7417

Broward Outreach  
Pompano  
954.979.6365

EASE Foundation  
954.797.1077

Henderson Mental Health  
954.463.0911

Jubilee Ctr. of S. Broward  
954.920.0106

Our Father's House Soup  
Kitchen  
954.968.7550

Second Chance Society  
954.763.5999

The Homeless Voice  
Shelter  
954.924.3571

Women in Distress  
954.760.9800

## MIAMI-DADE

Camillus House  
305.374.1065

Concept House  
305.751.6501

Douglas Gardens CMHC  
Homeless Assistance  
Program  
305.531.5341

Gifts of Hope (women)  
305.326.0032

Homeless Assistance Ctr.  
305.329.3000

Lotus House  
305.576.4780

Miami City Mission  
305.576.3725

Miami Rescue Men  
305.571.2211

Miami Rescue Women  
305.371.3124

New Life Family of  
Catholic Charities  
305.573.3333

Salvation Army – (Men's)  
305.637.6720

## PALM BEACH

Aid to Victims of Domestic  
Abuse  
800.355.8547

Association for Abused  
Women & Children Shelter  
561.586.1888

Clean Time Inn (Mens)  
561.547.4357

Operation Hope Inc  
561.842.2260

Program REACH  
Homeless Shelter  
561.845.0515

Salvation Army Area  
Command  
561.686.3530

The Federal of Windsor  
561.385.7343

The Niners of Windsor  
561.385.7343

Vetsville Cease Fire  
House, Inc  
561.736.4325

## SOCIAL SECURITY SEGURO SOCIAL

Social Security Admin.  
Broward, Miami-Dade &  
Palm Beach  
800.772.1213

## SUBSTANCE ABUSE ADICIONES

## BROWARD

Alcoholics Anonymous  
954.462.0265

Broward Addiction  
Recovery Center (BARC)  
954.765.4200

Broward House, Inc.  
954.522.4749

Faith Farm Ministries  
954.763.7787

Glass House  
954.938.0055

Lambda South Clubhouse  
Alcohol recovery   
954.761.9072

NOVA SE University  
Healthy Lifestyles Guided  
Self-Change Program  
954.262.5968

Spectrum Programs  
954.781.4406

SunServe   
954.764.5150

Susan B Anthony Recovery  
954.733.6068

The Starting Place  
954.327.4060

United Way Commission on  
Substance Abuse  
954.760.7007

## MIAMI-DADE

Alcoholics Anonymous  
305.461.2425

Alcoholics Anonymous   
305.642.2805

Better Way of Miami, Inc  
305.634.3409

Concept House  
305.751.6501

Fellowship House  
305.667.1036

Genesis Outpatient Detox  
786.275.8615

Giordano & Goldfarb  
Holistic Addiction  
Treatment Center, Inc  
800.559.9503

Harmony House for  
Women  
305.879.7750

Jewish Community  
Services of South Florida  
305.899.1587

Spectrum Programs  
305.757.0602

The Village South  
305.573.3784

Transitions Recovery Prog  
305.949.9001

**PALM BEACH**  
Abiding Hearts  
561.833.3300

Alcoholics Anonymous  
561.655.5700

Center for Family Services  
of PBC Recovery Program  
561.616.1222

Comprehensive Alcoholism  
Rehabilitation Programs,  
Inc (CARP)  
561.844.6400

Counseling Services  
of Lake Worth  
561.547.0303

Drug Abuse Foundation of  
Palm Beach County, Inc  
561.732.0800

Drug Abuse Treatment Ass.  
561.743.1034

Faith Farm Ministries  
561.737.2259

Faith, Hope, Love & Charity  
561.968.1612

Fern House  
561.471.0430

Gratitude House  
561.833.6826

Growing Together, Inc  
561.585.0892

Jewish Family Service  
561.852.3333

Palm Coast Area Narcotics  
Anonymous  
561.848.6262

Partnership for a Drug  
Free Comm. of S. Florida  
561.844.5952

Regeneration Center  
561.655.2204

Sistlah to Sistlah Recovery  
House  
561.837.9997

Sunset House  
561.627.9701

The Crossroads Club  
561.278.8004

The Lord's Place, Inc  
561.494.0125

The Phoenix House  
561.585.2508

Wayside House  
561.278.0055

**NATIONAL**  
Alcoholics Anonymous  
212.870.3400

**TRANSPORTATION**  
*TRANSPORTE*

**BROWARD**  
Air Ambulance  
Professionals  
954.491.0555

Broward County Transit  
954.357.8400  
954.357.8302/TTY

Broward Urban Shuttle  
954.295.6709

Cooper City Bus Service  
954.434.4300 X255

Focal Point Senior Centers  
NW – 954.973.0300  
NE – 954.480.4449  
SW – 954.450.6888  
SE – 954.966.9805

Town of Davie Bus  
954.797.1045

Hallandale Beach Bus  
954.457.1620

MediVan  
954.735.1996

Miramar Senior Transp.  
954.602.2711

Pompano Beach Bus  
954.970.5342

SE Focal Point Sr. Transp.  
954.966.9805

Sunrise Senior Medical  
Transport  
954.746.3677

"TOPS" Broward County  
Paratransit Service  
954.357.6794

Tri Rail  
800.874.7245

**MIAMI-DADE**  
Community Action Agency  
Transportation Unit  
786.469.4603

Jewish Community  
Services of South Florida  
305.576.6550

Metrobus  
305.891.3131

Miami-Dade Elder Helpline  
305.670.4357

North Miami Foundation  
for Senior Citizens  
305.893.1450

Senior Ride  
305.673.8658

Special Needs Registry  
305.513.7700

Special Transportation  
Service STS  
786.469.5000

**PALM BEACH**  
Palm Tran  
561.841.4200

**STATE**  
Angel Flight Southeast  
800.352.4256

Florida Commission for the  
Transp. Disadvantaged  
800.983.2435

Fla Department of Transp.  
866.374.3368

**NATIONAL**  
Corporate Angel Network  
866.328.1313

National Patient Travel Ctr.  
800.296.1217

U.S. Depart. of Transp.  
American Disabilities Act  
888.446.4511

**VETERAN**  
**SERVICES**  
*SERVICIOS PARA*  
*VETERANOS*

**BROWARD**  
Broward County Elderly &  
Veterans Services Division  
954-357-6622

Broward County VA Clinic  
954.475.5500

Fl. Lauderdale Veterans  
954.356.7926

**MIAMI-DADE**  
Department of Veterans  
Affairs Medical Center  
305.575.7000

Miami-Dade County  
Veteran Service Office  
305.270.2940

Miami Veterans Center  
305.718.3712

**PALM BEACH**  
Faith Hope Love Charity  
561.968.1612

PBC Division of Human  
and Veterans Services  
561.274.3130

PBC Veteran Svc. Office  
561.355.4761

Palm Beach Veterans Ctr.  
561.422.1201

VA Medical Center  
800.972.8262

Vetsville Cease Fire  
House, Inc  
561.736.4325

**STATE**  
Florida Department of  
Veterans Affairs  
850.487.1533

**NATIONAL**  
U.S. Dept of Veterans  
Affairs  
800.827.1000

Tri-Care  
800.444.5445





# SERVICES FOR VETERANS AND SPOUSES OF VETERANS

## SERVICIOS PARA LOS VETERANOS Y VIUDAS/OS DE VETERANOS

The Veteran's benefit is designed to provide financial assistance to help cover the cost of long term care in the home, in an Assisted Living Facility or in a Skilled Nursing Home.

The benefit is for Veterans and surviving spouses who require a caregiver in at least two of the Activities of Daily Living (ADLs). Some of those ADLs are dressing, bathing, cooking, eating, grooming, transportation, etc.

This benefit is called Aid and Attendance and a Veteran or a surviving spouse never has to pay it back or pay taxes on it.

There are certain requirements that one has to meet in order to receive this benefit. Some of them are:

1. Must have served at least 90 days of active duty and one of those days must be during war time.
2. Must have anything other than a dishonorable discharge.
3. Surviving spouse must have been married to a Veteran at the time of his/her passing.
4. Must need assistance with at least two ADLs.
5. Must meet income and asset criteria required by the VA.
6. Must be at least 65 years old or totally disabled.

To learn more about this benefit and other services available to you or your loved one, contact a Transitional Services Coordinator at (954) 961-5223 for a free phone consultation. •

El beneficio de los Veteranos está diseñado para dar asistencia financiera y cubrir el costo de la atención personal en el hogar, en un centro de asistencia o en un centro especializado.

El beneficio es para los veteranos y cónyuges sobrevivientes que requieren un cuidador en al menos dos de las Actividades de la Vida Diaria (AVD). Algunos de los AVDs son vestirse, bañarse, cocinar, comer, asearse, transporte, etc

Este beneficio se llama AID. El veterano o el cónyuge sobreviviente no tiene que devolver el dinero o pagar impuestos sobre él.

Existen ciertos requisitos que hay que cumplir para poder recibir este beneficio. Algunos de ellos son:

1. Tiene que haber cumplido por lo menos 90 días de servicio activo y uno de esos días debe ser durante el tiempo de guerra.
2. Debe tener algo más que una baja deshonrosa.
3. El Cónyuge sobreviviente deberá haber estado casado en el momento de su fallecimiento.
4. Debe necesitar ayuda con al menos dos AVD.
5. Debe cumplir con los requisitos de ingresos y bienes por la VA.
6. Debe tener por lo menos 65 años de edad o incapacitado totalmente.

Para más información acerca de este beneficio y otros servicios llame al (954) 961-5223 para una consulta telefónica gratuita. •

**VISION  
RESOURCES**  
*RECURSOS PARA  
LA VISION*

**BROWARD**

BC Vision Care Clinic  
954.201.2400

Broward Blind Services  
954.497.3360

Fdn Fighting Blindness  
954.308.5555

Lighthouse of Broward  
954.463.4217

The Learning Center  
954.742.3214

**MIAMI-DADE**

Florida Lions Eye Bank  
305.324.4340

Lighthouse for the Blind  
305.856.2288

Miami-Dade Blind Svcs  
305.377.5339

**PALM BEACH**

Florida Outreach Center  
561.642.0005

PBC Blind Services  
561.681.2548

Lighthouse for the Blind  
561.586.5600

**STATE**

Florida Council of the Blind  
800.267.4448

Fla. Div. of Blind Services  
800.342.1828

Southeastern Guide Dogs  
800.944.3647

**NATIONAL**

Fdn Fighting Blindness  
800.683.5555

Jewish Books V Impaired  
800.433.1531

National Fed. of the Blind  
410.659.9314

Resource Line - Braille  
800.272.4553


Seniors Eye Care Program  
800.222.3937

Vision USA  
800.766.4466

**VOLUNTEER  
OPPORTUNITIES**  
*OPORTUNIDADES  
PARA  
VOLUNTARIOS*

**BROWARD**

Literacy Volunteers  
954.357.6230


Hispanic Unity  
954.964.8884 

Senior Volunteer Services  
954.484.7117

Retired Exec Corp  
954.356.7263

Shine  
954.745.9779


Guardian ad Litem Prog  
954.831.6477

SunServe  
954.764.5150 

Volunteer Broward  
954.233.1300

YMCA of Broward  
954.334.9622

**MIAMI-DADE**

Empower "U", Inc.  
786.318.2337 

Foster Grandparent Prog.  
305.514-6000

Jewish Senior Comp Prog  
305.514.6000

Jewish Community Svcs  
305.403.6500

RSVP Miami-Dade  
305.514.6077

Retired Exec Corp  
786.425.9119

YMCA of Miami  
305.357.4000

**PALM BEACH**

Alpert Jewish Family Svcs  
561.684.1991

Area Agency on Aging  
561.684.5885

Jewish Federation of PBC  
561.478.0700

Jewish Family Services  
561.852.3333

Mentor Center of PBC  
561.375.6638

YMCA of the PB  
561.968.9622

**STATE**

Florida Ombudsman Prog.  
850.414.2323

United Way of FL  
850-488-8287

Volunteers of America  
727.369.8500

**NATIONAL**

Volunteers of America  
800.899.0089



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**BROWARD 954-965-2925    PALM BEACH 561-329-4337**

**MIAMI-DADE 305-931-0618**

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- Social Security Programs
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