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EMILIO ESTEFAN

NELSON A. GARCIA

Emilio Estefan is one of those celebrities in the music industry that is not only well-known in our South Florida area but throughout the whole world. Mr. Estefan not only manages music artists but also produces and directs musical videos, movies and documentaries while being an author and songwriter as well. His company also manages restaurants and hotels. Where does he find all this energy? 55+ Magazine is proud to interview him for our readers.

55+ You were born in Santiago de Cuba. How did your life begin in the United States?

EE I was a child who became a man at 15 years of age when I realized that I could not live in a communist country and decided to leave without my mother. I came to the United States with two important things in mind; to contribute and to do something for this country that gave us a helping hand, never forgetting where I was born or where my traditions came from. That is a beautiful thing; one can move to another place and contribute greatly and at the same time, be thankful that you still can be the person you are and not lose your identity.

55+ How did Miami Sound Machine start in 1977?

EE I was trying to find a way to make more money so I could bring my mother here from Cuba. I worked for Bacardi but I did not earn enough to save money. I started to

Emilio Estefan, una de las personalidades del mundo de la música más reconocido no solo en nuestra área del Sur de la Florida sino en todo el mundo. El Sr. Estefan se dedica a la guía de artistas de la música, a la producción de videos musicales, a producción y dirección de películas, documentales y además es autor de canciones y libros. También su empresa maneja restaurantes y hoteles. Donde encuentra tanta energía? 55+ Magazine está orgullosa de entrevistarlo para nuestros lectores.

55+ Usted nació en Santiago de Cuba, como empezó su vida en los Estados Unidos?

EE Fui un niño que me convertí en hombre a los quince años porque me di cuenta que no quería vivir en un país comunista y tome la decisión de salir sin mi madre. Entré en los Estados Unidos con dos cosas importantes, ganas de contribuir y hacer algo por este país que nos dió la mano a nosotros. También nunca sin dejar de olvidarse de donde uno nace y de dónde ha salido su tradición, su herencia y todo. Eso es una cosa bonita porque uno puede llegar a un lugar y hacer una contribución grande y puede estar agradecido pero no dejar de ser quien eres y sobre todo no olvidar su identidad.

55+ Nos puede decir como empezó Miami Sound Machine en el 1977?



play music in restaurants on the weekends for tips. One day, the Bacardi family contracted me to play in one of their private homes and they asked me to bring other musicians. The people were very emotional with the Cuban music that I played, since, at that time, everything was very closed in Cuba and the music was very different there.

55+ You are one of the most successful producers in the music industry. What quality do you think is most important in the success of a producer?

EE To be a producer is like being a good tailor. You look at the person, you analyze what they are doing

EE Yo estaba buscando como hacer un dinero extra porque quería traer a mi madre de Cuba. Trabajaba para Bacardi pero no me alcanzaba para reunir y empecé a tocar música los fines de semana en un restaurante por propinas. Un día la familia Bacardi me contrató para tocar en una de sus casas y querían que llevara otros músicos. La gente se emocionaba mucho por la música típica cubana porque en ese tiempo todo estaba cerrado y era algo muy diferente.

55+ Usted es uno de los productores más exitosos de la industria de la música. Qué cualidad cree que es más importante para el suceso de un



and you create something that fits them well. It is extremely important that they have their own sound. When I produced Shakira or Jennifer Lopez or Madonna or Ricky Martin or Gloria Estefan or Jon Secada, I always changed the sound. Many producers create only one sound and then everybody sounds the same. I think that is one of the secrets of being a producer. It's like a Doctor prescribing medicine that is correct for that one particular person. I did what I thought was the right thing and the honest thing. I was doing unique sounds, always maintaining my Latin roots.

55+ You have established the career of many celebrities in our community. What artist impressed you the most with their creativity?

EE The one that I always wanted to produce, and it was my dream, was Celia Cruz. I not only produced for her but also wrote for her and worked on her first video. I loved that Celia had no age. I am a very spiritual person and I believe in

Producer?

EE Un Productor es como un buen sastre. Ver la persona, analizar lo que está haciendo la persona y crear algo que le quede bien. Que tenga su propio sonido es importantísimo. Cuando yo he producido a Shakira o a Jennifer Lopez, a Madonna o a Ricky Martin, a Gloria Estefan o a Jon Secada, siempre cambié el sonido. Muchos productores crean un sonido y todo el mundo suena igual. Yo creo que eso es el secreto de productor. Como ir a un sastre o un médico que le de la medicina que es la correcta para la persona. Yo hice lo que pensé que era correcto y honesto. Yo estaba aportando un sonido propio porque siempre mantuve mi raíz latina.

55+ Usted ha establecido las carreras de muchas estrellas en nuestra comunidad. Que artista lo impresiono más a usted con su creatividad?

EE La que siempre quise producir en mi vida, fue un sueño, no solo de

karma, so what you start the right way always ends the right way. I love that she was a very optimistic woman and very professional. For me she was ageless. She went on stage and it was like she was a 15-year-old girl.

55+ We, in South Florida, are very proud of your 42 Grammy nominations and your 19 Grammys. How did it feel to receive your first Grammy?

EE You can imagine that the first one for me had a great impact! When I arrived from Cuba, I always said that one day I was going to buy a ticket to go to the Grammys. Ten years later, I was nominated for Producer of the Year. For me, it was a surreal experience to be sitting there looking at everything that was going on. I understood that there was a 'secret' in this country. I realized that this is a great country and you have unlimited opportunity. If you work hard and contribute with honesty, you can achieve whatever dreams you can dream!

55+ Many of us have enjoyed eating and drinking at one of your restaurants, 'Larios on the Beach' or 'Bongos Cuban Café.' Where did your interest in this type of business come from?

EE At the time when we were very popular in the whole world, everyone wanted to come and interview Gloria. They also wanted to go to Ocean Drive, which was very popular at the time, to eat Cuban food. We used to go to a place called 'Don Larios.' They cooked very delicious, typical Cuban cuisine, but it was not on the beach. Gloria always dreamed of having a restaurant on the beach. We bought a building with a restaurant on the

producirla sino también escribirle y hacer su primer video fue a la Sra. Celia Cruz. Me encantaba que Celia no tenia edad. Yo soy una persona muy espiritual y creo mucho en el karma y lo que se levanta bien siempre todo sale bien. Me encantaba que era una mujer muy optimista y muy profesional. Para mi ella no tenia edad. Ella se subía en el escenario y era como si fuera una niña de 15 años.

55+ Estamos muy orgullosos de sus 42 nominaciones de Grammy y 19 premios. Como se sintió al recibir su primer Grammy?

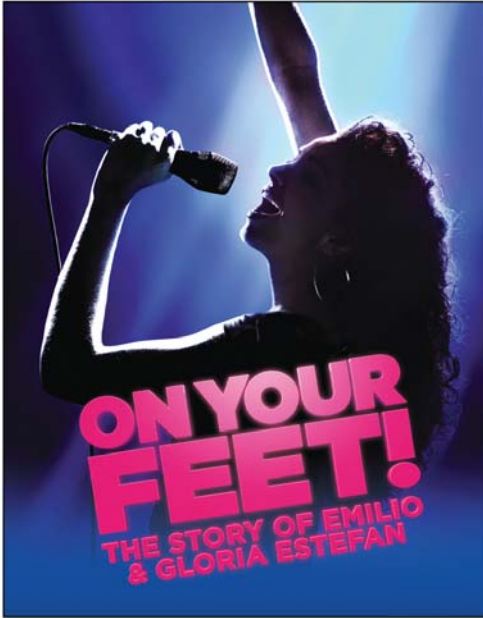
EE Tú sabes que el primero para mí fue muy impresionante. Cuando llegué de Cuba siempre decía que algún día iba a comprar un boleto para ir a los Grammy. Diez años después estaba nominado como el productor del año. Para mí era surrealista estar sentado allí viendo todo lo que estaba pasando. Me di cuenta que había un secreto, me di cuenta que este es un gran país que te da la oportunidad si tu luchas y aportas algo con honestidad y puedes alcanzar todos los sueños que tu quieras.

55+ Muchos de nosotros hemos disfrutado comer y beber en uno de sus restaurantes *Larios on the Beach* o *Bongos Cuban Café*. De donde surgió su interés en este tipo de negocio?

EE Cuando estábamos de una fama popular en el mundo entero, todos querían venir a entrevistar a Gloria. Ellos querían ir a Ocean Drive que era un lugar famoso y comer comida cubana. Nosotros íbamos a un lugar que se llamaba Don Larios que cocinaban muy rico la comida criolla pero no estaba en la playa. Gloria siempre soñaba con

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first floor and when we finished remodeling the building, we asked them if they wanted to come in with us. It was the first Cuban restaurant on Ocean Drive. It has been 27 years now and it continues to be full all the time. We cook the Cuban food a little bit healthier. Instead of frying things, we bake them.

55+ I'm sure you are very proud of the success of your Broadway Show, 'On Your Feet', about your life and that of your wife, Gloria. How did this project start?

EE It was very important for us, at this time, to tell the story of two immigrants who left their country and how we contributed to this new country, as well as show what we have accomplished. What I love about 'On Your Feet,' (this is why I used this title), is that in life, one

tener un restaurante en la playa. Entonces compramos un edificio y nos dimos de cuenta que había un restaurante en el primer piso y cuando lo remodelamos les dijimos que si podían venir con nosotros. Fue el primer restaurante cubano en Ocean Drive. Ahora tiene 27 años y sigue lleno. Hacemos la comida cubana más saludable, en vez de freír las cosas, las hacemos en el horno.

55+ Debe estar muy orgulloso del éxito de su espectáculo en Broadway *On Your Feet* sobre su vida y la de su esposa, como empezó este proyecto?

EE Es muy importante en este momento contar la historia de dos inmigrantes que salen de su país y la contribución que hemos hecho. Lo que me encanta de *On Your Feet*, por eso le pusimos ese título, es que en la vida uno se tropieza con tantos problemas y uno tiene que volverse a parar de nuevo y empezar de nuevo. Nos paso a nosotros cuando salimos de nuestro país, también teniendo un sonido nuevo que no tenía ayuda de personas que creyeran en ese sonido. En el momento que estábamos en la gira mundial con todas las canciones número uno y la fama, nos pasa el accidente. Te das cuenta que tienes que empezar de nuevo. Cuando descubren la historia tenemos muchas diferentes comunidades que vienen a ver *On Your Feet*. Las personas se dan cuenta de la lucha que hemos tenido al traer un sonido nuevo al mundo y el amor que tenemos a este país. Ahora en el 2017 empieza la gira mundial y la gira por todo los Estados Unidos.

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finds many stumbling blocks, and when you fall, you have to stand up and start over. This happened to us when we left our country. We had a unique sound, but we had no one to help us who believed in that sound. Then, years later, on our World Tour, with all this fame and lots of number one songs, we had the accident. We realized that we had to start over. When people realize that it's our story, many different types of people want to come and see the show. People see and realize the struggles that we have had to overcome to bring our sound to the world and they see the love that we have for this country. In 2017, we will start a World Tour and a United States Tour.

55+ Can you share with our readers your feelings when you received, along with your wife, Gloria, the Presidential Medal of Liberty in November, 2015 from President Barack Obama?

EE When that medal is being hung around your neck, all your life flashes before your eyes. You look at what you have been able to accomplish and what you fought for. I would've liked to had my Mother and my Father with me at that moment. They had always supported me. This medal represents many people and minorities with dreams in the United States. We believe that the Latin community can contribute many beautiful things to this country. When I received the medal, I was thinking that I could not cry in front of all these people but when everything ended, my tears just poured out of me... you would not believe. They were tears of pain from missing my parents but also happiness and joy for achieving this. It was special receiving it from

nuestros lectores sus emociones al recibir junto con su esposa, Gloria Estefan, la *Medalla Presidencial de la Libertad* en Noviembre 2015 del Presidente Barack Obama?

EE Cuando te están colgando esa medalla, viene un recuento en tu vida de lo que uno ha podido lograr y luchar. Hubiera querido que mi madre y mi padre estuvieran conmigo en ese momento. Mis padres siempre me apoyaron. Esta medalla representa a muchas personas con sueños y varias de las minoridades de los Estados Unidos. Creo que le comunidad latina va a aportar muchas cosas bonitas a este país. Lo único que pensaba es que no puedo llorar aquí delante de todo el mundo pero cuando termino todo me salieron las lágrimas, no te puedes imaginar. Eran lágrimas de dolor de echarles de menos a mis padres, pero también de alguna manera de alegría por haberlo logrado. Sobre todo por un presidente que es





an African American president; a minority. I can imagine that he had the same feelings because he was very emotional.

55+ Before we go, can you tell us if you are working on any projects in the future that you can share with us?

EE We are expanding 'Estefan Kitchen Express' in 2017, but still with Latin roots. We want to celebrate our culture. I also have many projects that have to do with movies, a project with HBO in English, and many records that I am working on at this time. I continue to work and enjoy my family. I am enjoying the success of 'On Your Feet.' I think this achievement is not only mine and Gloria's but also of our community and of all the minorities in the United States of America. •

afroamericano, para mi representó mucho porque es también minoridad, me imagino que el sintió la misma emoción porque estaba muy emocionado.

55+ Para concluir, está trabajando en algunos otros proyectos para el futuro, que puede compartir con nosotros?

EE Estamos expandiendo 'Estefan Kitchen Express' en el 2017 pero siempre con raíces Latinas. Para dar a conocer más nuestra cultura. También tengo muchos proyectos que tienen que ver con el cine, un proyecto con HBO en inglés, y también muchos discos que estoy haciendo en este momento. Sigo trabajando y disfrutando a mi familia. Disfrutando el éxito que ha tenido "On Your Feet". Creo que este logro no es solo mío y de Gloria sino también de una comunidad completa y también de todas las minoridades en los Estados Unidos. •

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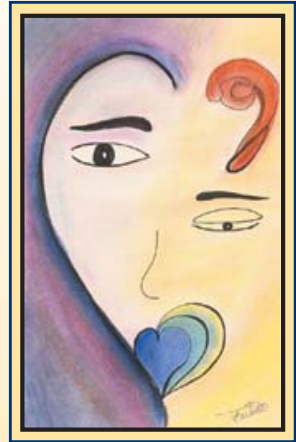
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UNDERSTANDING ASSISTED LIVING

ENTENDIENDO VIVIENDAS ASISTIDAS

When Assisted Living Facilities were first created, they were more like a Retirement community. If a person had incontinence issues or required more personal care, they would have to leave the facility and go to a Skilled Nursing Home. Eventually, the government and the healthcare industry worked together to create regulated communities to provide appropriate care in order to meet the needs of each individual.

Once the Assisted Living Facilities were established, the need for other types of alternative housing came to light such as Independent Living, Adult Family Care Homes and Alzheimer-Dementia Units. In Florida, small, six bed facilities (private homes) are gaining popularity due to the fact that they can provide even more personalized care. They are licensed and regulated by the same agencies that govern all of the Assisted Living Facilities, regardless of size.

Many people do not completely understand the concept of, or what is actually offered in an Assisted Living Facility (ALF).

A prospective candidate for an ALF is usually in need of at least one or more Activities of Daily Living (ADLs). Some of the ADLs are showering, dressing, toileting and medication management. The staff of an ALF is trained to provide assistance with all of those ADLs along with housekeeping, laundry, transportation and social activities.

Most facilities are paid for by private, "out of pocket" funds.

Cuando las viviendas asistidas se crearon por primera vez, era como una comunidad de jubilados. Si una persona tenía problemas de incontinencia o requería una atención más personal, tenían que abandonar el centro e ir a un sanatorio. Finalmente, el gobierno y la industria de la salud trabajaron juntos para crear comunidades reguladas para proporcionar la atención adecuada con el fin de satisfacer las necesidades de cada individuo.

Una vez que las instalaciones de viviendas asistidas se establecieron, la necesidad de otro tipo de alojamiento alternativo salieron a la luz, tales como centros Independiente, Hogares de Cuidado Familiar y Unidades de Demencias. En la Florida, las instalaciones pequeñas, (casas particulares) están ganando popularidad debido al hecho de que puedan brindar atención más personalizada. Ellos están autorizadas y reguladas por los mismos organismos que rigen todas las instalaciones de vida asistida, independientemente de su tamaño.

Muchas personas no comprenden el concepto de, o lo que está siendo ofrecido en una instalación de vida asistida (ALF).

Un posible candidato es por lo general cuando la persona necesita asistencia por lo menos en una o más actividades de la vida diaria (AVD). Algunas de las AVD son ducharse, vestirse, ir al baño y administración de medicamentos. El personal de la ALF está capacitado para brindar asistencia con todas las AVD junto con la

However, financial assistance can be found through the Veteran's Administration, Long Term Care Insurance, and state programs, if certain requirements are met.

Overall, the best way to describe Assisted Living is to think of it as a bridge between living at home and living in a Skilled Nursing Facility. Assisted Living has a residential focus with a home-like environment while a Nursing Home is primarily a medical institution.

Placement Counselors has been helping families find placement for their loved ones since 1999. We provide experienced counselors who have been in the healthcare field for over 20 years and are knowledgeable in all aspects of placement including all financial programs available.

On a personal note.....

Many families feel they want to keep their loved one "at home" for as long as possible. The truth is, keeping them home may not be in their best interest. If left at home alone or with just one caregiver for only a few hours a day, Mom or Dad will not get the social interaction they need.

The most important thing is to never compromise the care of your loved one. If being "home" can no longer provide the adequate care physically and emotionally, then it's time to give them what they are so deserving of.....a carefully chosen Assisted Living Facility. •

See Ad In Page 13

limpieza, lavandería, transporte y actividades sociales.

La mayoría de las instalaciones son pagas privadamente. Sin embargo, la asistencia financiera se puede encontrar a través de la Administración de Veteranos, Seguro de Cuidado a Largo Plazo, y los programas estatales, si se cumplen ciertos requisitos.

En general, la mejor manera de describir Assisted Living es pensar que es como un puente entre vivir en casa y vivir en un centro de enfermería especializada. Assisted Living tiene un enfoque residencial con un ambiente hogareño, mientras que un hogar de ancianos es principalmente una institución médica.

Los consejeros han estado ayudando a las familias a encontrar la ubicación de sus seres queridos desde 1999. Ofrecemos asesores experimentados que han estado en el campo de la salud desde hace más de 20 años y son expertos en todos los aspectos en hogares alternativos e incluso para todos los programas financieros disponibles.

En una nota personal

Muchas familias sienten que quieren mantener su ser querido "en casa" por el tiempo que sea posible. A veces, dejarlos en casa puede no ser la mejor opción. Si se deja a la persona sola en casa o con un cuidador por unas pocas horas al día, su ser querido no logrará la interacción social que necesita. Lo más importante es no comprometer el cuidado de su ser querido. Si en su "hogar" usted no puede darle la atención adecuada física y emocional, entonces es el momento de darle a su ser querido lo que se merece... Un Centro de cuidado seleccionado con la ayuda de un profesional. •

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- ◆ COMUNIDADES PARA PERSONAS INDEPENDIENTES
- ◆ HOGARES PARA ANCIANOS
- ◆ CASAS DE ASISTENCIAS
- ◆ GERIÁTRICOS CON CUIDADOS PERSONALES
- ◆ UNIDADES PARA PERSONAS CON ALZHEIMER'S
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MIAMI-DADE: 305-931-0618 PALM BEACH: 561-329-4337

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PROGRAMAS PARA LOS VETERANOS
PROGRAMAS DE LONG TERM CARE
COMUNIDADES CON MENÚ KOSHER
ASISTENCIA Y ACOMPAÑAMIENTO PARA LAS FAMILIAS

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PCC fue creado en 1999 para asistir a nuestra comunidad con la difícil decisión de poner a un ser querido en una casa de asistencia. ¡Representamos más de 500 comunidades como especialistas en la industria de la salud para proveer la información correcta gratuitamente! Nuestra agencia está bajo la supervisión y manejo del Señor Humberto Fortuna, MA, MS, Especialista en Geriátría y Administrador de propiedades para la Salud

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WHAT A DIFFERENCE A YEAR MAKES

QUÉ DIFERENCIA HACE UN AÑO

EDITH SCHAFFER LEDERBERG, EXECUTIVE DIRECTOR AGING AND DISABILITY RESOURCE CENTER OF BROWARD COUNTY

When we consider the loss of a relative, our sentiments usually are influenced by consideration of the age and physical status of the individual. When the person has attained four score, or more years, expectancy of his or her demise is a constant companion to our lives. However, the pattern not always is sequential, nor anticipated.

During the past twelve-month period, our family was impacted by the suicide of a 32-year young grandnephew, the sudden departure of a chronically ill middle aged niece, the death from Parkinson's Disease of an adored younger brother, and several other losses of older in-laws. In addition, our sister was diagnosed with Alzheimer's Disease. Coping with each of the referenced happenings neither was, nor is acceptable to one who loves deeply and is accustomed to being the resolver of crises rather than a victim who is powerless to undo whatever has become a reality.



Si tenemos en cuenta la pérdida de un familiar, nuestros sentimientos por lo general se ven influidos por la consideración de la edad y la salud física del individuo. Cuando la persona ha alcanzado los ochenta años, la expectativa de fallecimiento es un compañero constante de nuestras vidas. Sin embargo, el patrón no siempre es secuencial, ni previsto.

Durante los últimos doce meses, nuestra familia se vio afectada por el suicidio de un joven sobrino nieto de 32 años, la salida repentina de una sobrina de mediana edad con una enfermedad crónica, la muerte por enfermedad de Parkinson de un hermano más joven, y varias otras pérdidas de personas en la familia. Además, nuestra hermana fue diagnosticada con la enfermedad de Alzheimer. El hacer frente a cada uno de los sucesos a los que hago referencia no era, ni es aceptable para alguien que ama profundamente y está acostumbrada a resolver las crisis en lugar de ser una víctima que no tiene poder para deshacer lo que se ha convertido en una realidad.

Amanecer cada día proporciona a la humanidad la oportunidad de sonreír, esforzarse por ser agradable, y actuar de la manera mas óptima posible. Las alternativas podrían ser quejarse, aburrirse, enfocarse en lo negativo o tomar siestas innecesarias pero

Each day's dawning provides humanity with the opportunity to smile, endeavor to be pleasant, and perform in the optimal manner possible. Alternatives might be to complain, be bored, focus on negatives or take unnecessary but inviting naps.

A famous Roman once said "Carpe Diem," – Seize the day.' I prefer to follow this reasoning, as I picture my children and grand striving for, as well as attaining success. I also dream about my goals for the seniors of Broward County, while sensing that nothing is forever, but the road to the future still is open for travel and success. •

que son muy llamativas.

Un famoso Romano dijo una vez "Carpe Diem" "vive el presente". Yo prefiero seguir este razonamiento, como me imagino a mis hijos y nietos también seguirlo, quizás sea un gran esfuerzo pero es así como se puede alcanzar el éxito.

También sueño con mis objetivos para las personas mayores del Condado de Broward, mientras voy sintiendo que nada es para siempre pero el camino del futuro siempre estará abierto para los viajes y el éxito. •

Remember....
You saw it in
55+ Magazine!

Senior Information Available

**The NEW 2016-2017 BROWARD COUNTY
COMMUNITY RESOURCE DIRECTORY is AVAILABLE!**

The document contains over 360 pages of updated information regarding programs and services for elder residents of Broward.

This extremely informative publication contains updated names, telephone numbers, addresses and descriptions of programs, services, and other data pertinent to seniors, caregivers, professionals and advocates in Broward County.

The Directory is available for \$25 (twenty-five dollars) a copy if picked up at the Administrative Offices of the Aging and Disability Resource Center; 5300 Hiatus Road in Sunrise (just south of Commercial Boulevard.); 33351.

Mailing is available for \$31 (thirty-one dollars), per Directory. Checks should be made payable to: Areawide Council on Aging and sent to the above listed address.

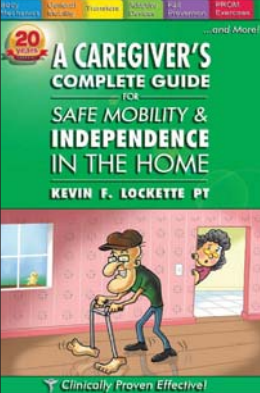
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Physiatry and Rehabilitation Services LLP



A Caregiver's Complete Guide for Safe Mobility & Independence in the Home includes invaluable information on:

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- **Safe Lifting & Transfer Techniques**
- **Assistive & Adaptive Devices**
- **Fall Prevention**
- **PROM Exercises**

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RESOURCE GUIDE



LGBT SERVICES / SERVICIOS PARA LA COMUNIDAD GAY
SPANISH PHONE LINE / LÍNEA TELEFÓNICA EN ESPAÑOL

GUÍA DE RECURSOS

ADULT DAY CARE FACILITIES CENTROS DE CUIDADO DEL DÍA

BOCA RATON

Adolph & Rose Levis Alz & ADC Center
21050 95th Ave S
561.558.2510

Alz. Community Care
4680 N. Dixie Hwy
561.391.6955

Memory & Wellness Ctr
At FAU - 777 Glades Rd
561.297.0503

The Volen Senior Ctr
1515 W Palmetto Park Rd
561.395.8920

BOYNTON BEACH

ALZ Day Care
2703 Seacrest Blvd North
561.330.3541

CORAL SPRINGS

Sarah Care of C. S.
754 Riverside Dr
954.341.7788

DAVIE

Central West ADC
6915 Stirling Rd
954.587.2312

DEERFIELD BEACH

Northeast Focal Point
Adult Day Care Ctr
225A NW 2nd St
954.480.4470

DELRAY BEACH

The Volen Senior Ctr
850 N Congress Ave
561.395.8920

ALZ Community Care
2703 N Seacrest Blvd
561.330.3541

DORAL

Miami Behavioral Health
1905 NW 82nd Ave
305.398.6100

FORT PIERCE

Alz. Community Care
2900 S Jenkins Rd
772.466.3261

Council on Aging
ADC1505 Orange Ave
772.465.5220

FT LAUDERDALE

Noble A McArtor ADC
1480 SW 9th Ave
954.764.5055

NW Fed. Woman's Club
2185 NW 19th St
954.714.3500

GREENACRES

Alz. Community Care
3680 Lake Worth Rd
561.432.0668

HALLANDALE

Memorial ADC Center
1750 E Hallandale Beach
954.457.0505

HIALEAH

Easter Seals Day Care
489 Hialeah Dr Ste 7
305.887.7370

Happy Times ADC
50 W 29th St Ste A
305.805.1040

LCC Adult Day Care
551 E 49th St Ste 12
786.488.8652

LHANC of Dade ADC
4410 W 16th Ave, 28-C
305.558.2570

United Help Community
4160 W 12th Ave
305.822.5956

William Lehman ADC
7605 W 10th Ave
305.557.8138

HIALEAH GARDENS

Xclusive Senior Daycare
12975 W Okeechobee
305.820.0805

HOLLYWOOD

Joseph Meyherhof
3081 Taft St
954.966.9805

HOMESTEAD

Homestead ADC Center
653 SW 4th St
305.242.7676

Homestead Behavioral
654 NE 9th Pl
305.248.3488

LAKE WORTH

Alz. Community Care
1615 Lake Ave
561.585.7781

LAUD. LAKES

Alz. Community Care
4320 NW 36th St
954.535.2800

MARGATE

Amazing Age Adult Day
7306 W Atlantic Blvd
954.970.9185

Northwest Focal Point
6009 NW 10th St
954.973.0300

Senior Social Club
2912 N. State Rd 7
954.366.1212

MIAMI

Centro Axis
6840 SW 40th St
305.668.0634

Community ADC
7944 SW 8th St
305.269.6845

Coral West ADC
2370 SW 67 Ave B
305.722.4532

Easter Seals Day Care
1475 NW 14th Ave
305.325.0470

Edison Little River ADC
150 NW 79th St
305.751.4342

Family Adult Day Care
6429 SW 8th St
786.478.6222

Florida Pace Centers
5200 NE 2nd Ave
305.795.8410

Joy of Life ADC
15190 SW 136th St, #6
786.293.3310

LHANC of Dade - Rafael
Villaverde
700 SW 8th St
305.858.0887

Libertad ADC
925 SW 122 Ave
786.536.9124

Maggie's ADC
7930 SW 11th St
305.266.6762

Montverde ADC Center
11865 SW 26th St, #G-5
305.485.9141

Nona's Adult Care
8870 SW 40th St Ste 4
305.207.1290

North Dade ADC
60 NE 166th St
305.940.0075

Roseland Adult Daycare
7392 SW 40th St
786.388.7673

San Judas Tadeo ADC
15628 SW 72nd St
305.408.0077

Santo's Adult Day Care
2620 SW 137th Ave
786.271.0050

Santovenia ADC
13359 SW 42nd St
305.227.9500

South Dade ADC Ctr
19590 Old Cutler Rd
305.255.1433

Sunrise Community
13788 SW 8th St
305.228.4001

United Adult Day Care
9734 SW 24th St, #100
305.225.0974

West Dade ADC Center
6950 N Waterway Dr
305.267.6372

MIAMI BEACH
Miami Beach ADC
610 Espaniola Way
305.673.6060

NORTH MIAMI
Villa Maria ADC Center
20855 NW 9th Ct
305.651.0034

N PALM BEACH
New Day ADC
301 Ebbtide Dr
561.844.0012

PAHOKEE
Alz. Community Care
470 E 1st St
561.924.7283

PALM BEACH GARDENS
Alz. Community Care
4075 Holly Dr
561.630.4724

North County Senior Ctr
5217 Northlake Blvd
561.627.6488

PEMBROKE PINES
Southwest Focal Point
301 NW 103rd Ave
954.450.6888

POMPANO BEACH
Tender Loving ADC
611 NW 31st Ave.
954.917.8099

PORT ST LUCIE
Council on Aging ADC
2501 SW Bayshore Blvd
772.336.8608

RIVIERA BEACH
Alz. Community Care
2600 Avenue H
561.683.2700

SEBASTIAN
Senior Resource Assoc.
815 Davis St
772.388.1787

STUART
ALZ Community Care
2200 NW Federal Hwy
772.692.6981

SUNRISE
Kurt & Alice Walter ADC
5000 Nob Hill Rd
954.742.2299

VERO BEACH
Senior Resource Assoc.
704 14th St
772.569.0760

W. PALM BEACH
Alz. Community Care
800 Northpointe Ste 101-A
561.683.2700

Kramer Senior Services
Agency
4847 Fred Gladstone Dr
561.687.5790

Schaffer Adult Day
Health Center
4847 Fred Gladstone Dr
561.687.5790

WILTON MANORS
Wilton Manors Adult Day
Care Center
1503 NE 26th St
954.630.9501

Remember.....
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Helpline: 305-670-HELP
www.Allianceforaging.org

The Alliance for Aging, Inc.
provides comprehensive
information and access to
quality services for older adults
and adults with disabilities in
Miami-Dade and Monroe Counties.

RESOURCE GUIDE

 **LGBT SERVICES / SERVICIOS PARA LA COMUNIDAD GAY**
 **SPANISH PHONE LINE / LÍNEA TELEFÓNICA EN ESPAÑOL**

GUÍA DE RECURSOS

ALZHEIMER'S

BROWARD

Alzheimer's Association
 Southeast Florida Chapter
 800.861.7826

Aging and Disability
 Resource Center
 954.745.9567

Alzheimer's Family Center
 954.971.7155

North Broward Memory
 Disorder Center
 954.786.7392

MIAMI-DADE

Alliance for Aging, Inc
 305.670.6500

Alzheimer's Association
 Southeast Florida Chapter
 800.861.7826

Long-Term Care Diversion
 North & Central Miami
 786.336.1400

South Miami-Dade
 305.671.7200

The Wien Center Memory
 Disorder Clinic
 305.674.2543

University of Miami
 Memory Disorders Center
 305.355.9065

PALM BEACH

Adolph & Rose Levis
 Alzheimer's and ADC Ctr.
 561.558.2510

Alzheimer's Association
 Southeast Florida Chapter
 800.861.7826

Alzheimer's Comm. Care
 561.683.2700

Alliance for Aging
 561.684.5885

Florida Atlantic University
 Memory and Wellness Clinic
 561.297.0502

Glades Health Care Center
 561.924.5561

Joseph L. Morse Geriatric
 561.471.5111

Jupiter Medical Center
 Alz. Support Group
 561.744.4444

Long-Term Care
 Community Diversion
 561.840.3150

Palm Beach County
 Division of Senior Services
 Mid County Adult Day Care
 561.355.4746

North County ADC
 561.694.5440

St. Mary's Medical Center
 Memory Disorder Clinic
 561.882.6363

The Volen Senior Center
 561.395.8920

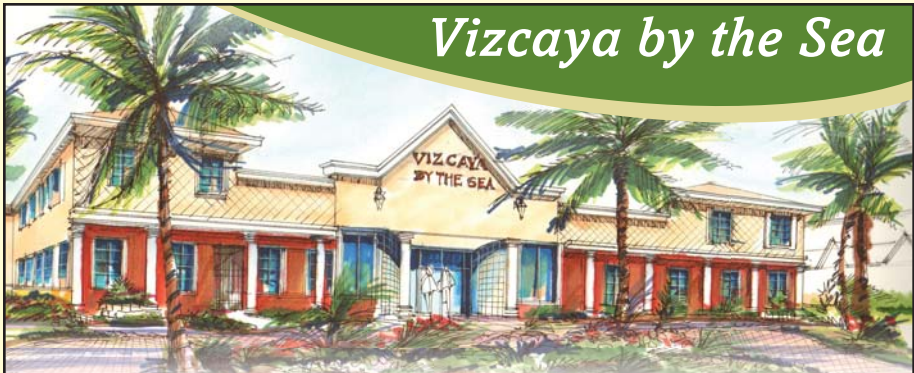
STATE

Florida Council on Aging
 850.222.8877

NATIONAL

Alzheimer's Association
 800.272.3900

Alzheimer's Foundation of
 America
 866.232.8484



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FACILITIES
CASAS DE
ASISTENCIA**

AVENTURA

Imperial Club
2751 NE 183rd St
305.935.1801 230

Sterling Aventura
2777 NE 183rd St
305.918.0000 171

Vi at Aventura
19333 W Country Club Dr
888.378.9625 26

BOCA RATON

Atrium
1080 NW 15 St
561.750.7555 160

Artis Senior Living
5910 N Federal Hwy
561.989.9945 64

Banyan Place
2950 NW 5Th Ave
561.571.0303 52

Brighton Gardens
6347 Via De Sonrisa Del
Sur
561.394.6385 155

Brookdale Boca Raton
9591 Yamato Rd
561.477.8808 88

Five Star Premier
Residences
22601 Camino Del Mar
877.269.9553 75

JARC-RALES
9832 Yamato Rd
561.477.6181 32

Oakbridge Terrace
23305 Blue Water Cir
561.368.5600 51

Oakbridge Terrace
6051 S Verde Trl
561.487.6200 40

Veranda Club
6061 Palmetto Cir N
561.386.2122 94

BOYNTON BEACH

Barrington Terrace
1425 S Congress Ave
561.369.7919 125

Brookdale Boynton West
8220 Jog Rd
561.733.3200 160

Grand Villa
1935 S Federal Hwy
561.736.2424 127

Brookdale Boynton Beach
2400 S Congress Ave
561.733.8444 101

Parkside Inn
1613 SW 3rd St
561.734.1616 38

The Allegro
11450 Hagen Ranch Rd
561.733.1300 85

Brookdale North Boynton
4733 NW 7th Ct
561.586.2989 93

Rustic Retreat Retirement
1120 N Federal Hwy
561.737.5887 30

CORAL GABLES

Brookdale Coconut Creek
4175 West Sample Road
954.975.6399 104

COCONUT CREEK

The Palace
1 Andalusia Ave
305.445.7444 58

CORAL SPRINGS

Harborchase
2975 NW 99 Ave
954) 255-5557 120

Park Summit
8500 Royal Palm Blvd
954-752-9500 72

DEERFIELD BEACH

Brookdale Deer Creek
2403 W Hillsboro Blvd
954.426.3800 168

Forum at Deercreek
3001 Deer Creek Country
Club Blvd
954.698.6269 65

Horizon Club
1216 S. Military Trl
954.481.2304 68

Grand Villa
1050 SW 24th Ave
954.360.7667 240

Willow Bay
4001 Hillsboro Blvd
954.426.9700 100

DELRAY BEACH

Arden Courts
16150 Jog Rd
561.498.5552 56

Grand Villa East
14555 Sims Rd
561.496.1111 170

Grand Villa West
5859 Heritage Parkway
561.499.7744 119

Brookdale Delray Beach
8020 W. Atlantic Ave
561.498.0134 94

FORT LAUDERDALE

Broward House
417 SE 18th CT
954.552.4749 60

Fort. Laud. Retirement
420 SE 12th Ct
954.524.3312 81

Horizon Retirement
1490 NW 21 St
954.523.1543 47

Kelly's ALF
1441 NW 20th St
954.524.2867 33

Royal Palm Sr. Res.
5121 NE 19th Ave
954.491.4041 34

Towers Retirement Home
824 SE 2ndSt
954.463.4973 80

Brookdale Willow Wood
2855 W Commercial Blvd
954.739.4200 110

GREENACRES

Arbor Oaks
3400 Jog Rd
561.432.4700 97

Pacifica
4760 Jog Rd
561.434.0434 70

HIALEAH

Alpha & Omega Facility
410 E 24th St
305.691.6335 48

Care & Love Retirement
642 E 21st St
305.885.4978 20

Charity Care
461 E 31 St
305.693.6211 20

Courtyard Manor
140 W 28 St
305.863.0002 86

Divine Living
70 E 21 St
305.888.0779 76

Epworth Village
Retirement Community
5300 W 16th Ave
305.556.3500 125

Family Rest Home
182 W 9th St
305.887.8095 40

Flamingo Park
3051 E 4 Ave
305.693.2700 72

Hetery Home
825 SE 7th Ave
305.889.1166 16

La Hacienda Gdhs
75 E 7 St
305.883.1028 48

New Age Adultcare Inc
1105 W 2Nd Ave
786.483.8743 30

Nursing Love & Care
1045 W 23rd St
305.883.1915 19

Oasis Home - Elderly
33 W 26th St
305.934.8770 19

Our Dream Retirement
1630-40 Palm Ave
305.887.4141 42

Pavilion Gardens
71 W. 30 St
305.884.5613 40

Professional Home Care I
435 E 31st St
305.696.7364 25

Professional Home Care II
447 E 31st St
305.696.7364 15

RESOURCE GUIDE



LGBT SERVICES / SERVICIOS PARA LA COMUNIDAD GAY
SPANISH PHONE LINE / LINEA TELEFÓNICA EN ESPAÑOL

GUÍA DE RECURSOS

Professional Home Care
III
447 East 26 Street
305.691.2083 26

Renancer
115 W 5th St
305.884.0611 22

Revival Home
68 W 7 St
305.887.0808 72

Salmo 23 Elder Care
277 E 4th St
305.863.9623 24

Senior's Palace
1760 E 1st Ave
305.885.7733 34

South Hialeah Manor
240 E 5th St
305.887.4965 67

Sun Village
1350-60 W 31st St
305.823.8963 29

Sunshine Adult Center
180 W 13th St
305.885.2358 19

Sunshine Adult Center II
170 W 13th St
305.885.2358 19

HOLLYWOOD

Avalon Park
604 N 62 Ave
954.981.4822 60

Azalea OPCO
1701 Mayo St
954.921.5990 35

Buckingham Place
1845 Garfield St
954.921.1819 24

Emerald Park
5770 Stirling Rd
954.987.5400 100

Five Star Premier
Residences
2480 North Park Road
954.989.8008 224

Hollywood Beach Ret
1722 Madison St
954.923.1726 25

Lincoln Manor
2144 Lincoln St
954.922.1995 56

Majestic Memory Care
Center
1200 Arthur Street
954.926.5600 115

Merrimot Manor
1835 Wilson St
954.921.4059 46

North Lake Ret. Home
1222 N 16th Ave
954.922.2643 114

Peninsula
5100 W Hallandale Beach
954.893.7755 200

Presidential Place
3880 S Circle Dr
954.894.0059 118

Sheridan Manor
2415 N 20 Ave
954.929.7505 40

HOMESTEAD
Palace Gardens
1351 N Krome Ave
305.247.0446 200

Sara Home Care
29100 SW 172nd Ave
305.246.4034 16

JUPITER
Allegro at Abacoa
1031 Community Dr
561.253.8161 80

Courtyard Gardens
1790 Indiancreek Dr W
561.743.5966 100

Mangrove Bay
110 Mangrove Bay Way
561.575.3123 60

St Joseph's Atria
350 Bush Rd
561.747.1135 100

LAKE WORTH
Crest Manor
504 Third Ave S
561.585.4695 52

The Village
1800 South Dr
561.588.4333 150

LANTANA
Anguilla Cay
1021 N Ridge Rd
561.585.0109 38

Atlantis Assisted Living
6026 Old Congress
561.966.3232 70

Atria Meridian
3061 Donnelly Dr
561.965.7200 104

Carlisle PB
450 E Ocean Ave
561.533.9440 75

Vi at Lakeside Village
2792 Donnelly Dr
877.244.6521 55

LAUDERDALE LAKES

Oceanview Ret
3091 NW 43 St
954.777.5167 28

St Joseph's Residence
3485 NW 30th St
954.739.1483 90

LAUDERHILL
Bridge at Inverrary
4291 Rock Island Rd
954.486.2150 101

Forest Trace
5500 NW 69th Ave
954.572.1800 40

Lauderhill Manor
2801 NW 55th Ave
954.484.1960 105

Lenox on the Lake
6700 W Commercial Blvd
954.741.6700 139

Potter's House
5820 NW 27th Ct
954.746.8584 24

Victoria's
2233 NW 56th Ave
954.733.9614 32

MARGATE
Brookdale Margate
5600 Lakeside Dr N
954.974.6604 47

Embassy Ret
6093 NW 9 Ct
954.972.5600 35

Livewell at Coral Plaza
5850 Margate Blvd
954.970.0053 120

Margate Manor
1189 W River Dr
954.972-.200 64

MIAMI
All America Adult CLF
808 W 1ST Ave
305.889.0808 100

Bay Oaks Home
435 NE 34th St
305.573.4337 41

Central palace Res
4491 SW 8 St
305.445.3565 55

Coral Terrace ALF
6744 SW 22nd St
305.267.0073 44

Cutler Village
10425 SW 212 St
305.992.7672 26

East Ridge Ret. Village
19301 SW 87th Ave
305.238.2623 60

Eden Gardens ALF
12221 W Dixie Hwy
305.893.2634 118

Grand Court Lakes
280 Sierra Dr
305.654.5300 110

Hazel Cypen Tower
5066 NE 2nd Ave
305.762.3890 132

Hidden Gardens
1864 NW 175th St
305.624.4901 65

Las Mercedes Home
3418 SW 23rd Ter
305.441.0247 39

Maggie's Ret. Home I
7930 SW 11th St
305.266.6762 24

Merci's Home
4291 SW 9th Ter
305.443.8294 16

North Miami Ret
1595 NE 145 St
305.947.3416 50

Palace at Kendall
11355 SW 84 St
305.270.7000 330

Pioneer Adult Residential
2166 SW 14th Ter
305.856.5103 111

Pointe of North Gables
5890 SW 8th St
305.266.0284 92

Res. Plaza at Blue Lagoon
5617 NW 7th St
305.267.2227 350

River Villas
560 NW 1 St
305.542.6886 34

St Anne's Residence
11855 Quail Roost Dr
305.252.4000 60

Superior Living
820 SW 20 Ave
305.649.5835 34

MIAMI BEACH
Coral Sand
7800 Abbott Ave
305.867.3232 30

Nightingale Manor
1753 Michigan Ave
305.538.1530 30

MIAMI SPRINGS
Fair Havens Center
201 Curtiss Pkwy
305.887.1565 60

OAKLAND PARK
Good Hope Manor
2251 NW 29th Ct
954.677.2900 100

Palms Villa Ret. Home
2131 NW 28th St
954.484.1350 21

Paradise Manor
365 NW 43rd Ct
954.565.7049 30

Treemont on the Park
3881 NE 3rd Ave
954.563.0276 34

PALM BEACH GARDENS
Brookdale PB Gardens
11381 Prosperity Farms Rd
561.694.9709 126

Chatsworth at PGA
346 Hiatt Dr
561.624.5650 42

Discovery Village
100 Discovery Way
561.801.7301 138

Inn at La Posada
3600 Masterpiece Way
561.514.5000 88

Palms Edge ALF
4201 Leo Ln
561.841.0055 65

PARKLAND
Inn at Aston Gdns
9423 Aston Gdns Ct
954.323.0611 100

PEMBROKE PARK
Plaza at Pembroke Park
3535 SW 52nd Ave
954.961.8111 120

PLANTATION
Covenant Village of Fla
9211 W Broward Blvd
954.472.2860 55

Five Star Premier
Residences
8500 West Sunrise Blvd
954.635.6712 60

Golden Age Manor
1110 SW 40th Ave
954.583.3321 30

POMPANO BEACH
Atlantic Shores Ret.
1500 N Riverside Dr
954.941.7974 30

Court at Palm Aire
2701 N Course Dr
954.975.8900 90

GreenLife
840 SW 8th St
855.331.6615 71

Five Star Premier
Residences
1371 South Ocean Blvd
954.943.1155 60

John Knox Village of FL
840 Lakeside Cir
954.782.1300 64

Lighthouse Inn North
3208 NE 11th St
954.943.6318 42

Lighthouse Inn South
3305 SE 5th St
954.783.2317 33

M&M ALF
113 NE 7th St
954.946.9699 38

Sunset by the Sea
420 N Riverside Dr
954.788.8350 15

Preserve at Palm Aire
3701 W McNab Road
954.970.2600 40

Vizcaya by the Sea
1621 N Ocean Blvd
954.782.6822 85

PORT SAINT LUCIE
The Gardens
1699 Se Lyngate Drive
772.335.9990 110

Brennity At Tradition
10685 Sw Stony Creek
Way
772.345.2700 56

Brookdale Port St. Lucie
9825 S Us Highway 1
772.337.0084 120

Harbor Place
3700 Se Jennings Rd
772.337.4330 128

Palms Of St Lucie West
501 Nw Cashmere Blvd
772.344.7441 80

Paradise Care Cottage
2277 Se Lennard Rd
772.398.8899 50

PRINCETON
Sunny Hills of Homestead
25268 SW 134th Ave
305.258.2222 105

RIVIERA BEACH
Victoria Gardens
701 9th St
561.863.0014 18

SUNRISE
Brookdale Sunrise
4201 Springtree Dr
954.572.4261 246

Colony Club
3799 Pine Island Road
954.748.0509 110

Westchester of Sunrise
9701 W Oakland Park Blvd
954.572.4444 150

STUART
Allegro At Willoughby
3400 Se Aster Ln
772.223.0883 104

Amore
1634 S. Kanner Hwy
772.219.8989 38

Brookdale Stuart
3401 Se Aster Lane
772.287.6001 55

Solaris Senior Living
860 S.E. Central Parkway
772.287.9909 100



Stuart Lodge
1301 Se Palm Beach Rd
772.463.7133 110

TAMARAC
Active Senior Living
9057 NW 57th St
954.721.1115 72

Harbor Chase Memory
6855 NW 70th Ave
954.722.0212 116

Horizon Bay Vibrant
RL 450
7650 University Dr
954.722.6314 103

RESOURCE GUIDE

 **LGBT SERVICES / SERVICIOS PARA LA COMUNIDAD GAY**
 **SPANISH PHONE LINE / LÍNEA TELEFÓNICA EN ESPAÑOL**

GUÍA DE RECURSOS

Lakeview Ret Res
2304 NW 52 Ct
954.714.0064 24

TEQUESTA
Brookdale Tequesta MC
211 Village Blvd
561.748.3611 50

Brookdale Tequesta
205 Village Blvd
561.748.3611 55

Terrace Communities
400 N US Highway 1
561.748.2299 106

W. PALM BEACH
Arden Courts of WPB
2330 Village Blvd
561.688.9999 56

Brookdale Haverhill
2939 S Haverhill Rd
561.963.8963 38

Brookdale WPB
6300 Common Cir
561.697.3051 76

Carps
3217 Broadway
561.844.5313 21

City Walk Active
534 Datura St
561.659.9330 200

Cresthaven East
5100 Cresthaven Blvd
561.964.2828 308

Fountainview
145 Executive Center Dr
561.697.5500 74

Garden Villas
912 N Olive Ave
561.820.9946 16

Golden Years ALF
321 W Blue Heron Blvd
561.881.3583 26

Lourdes Pavilion
311 S Flagler Dr
561.650.8900 50

Savannah Court
2090 N Congress Ave
561.686.5100 114

Seagull Place
1233 Island Rd
561.845.6210 24

St Mary's ALF
7001 S Dixie Hwy
561.588.7677 37

Tradition of the PB
4880 Loring Dr
561.687.3005 72

Windsor Court
3700 N Flagler Dr
561.842.1047 92

Wize Choice
2901 Broadway
561.271.8118 20

Wyndham House
417 Westwood Rd
561.832.6545 24

WELLINGTON
Nuvista Living
10334 Devonshire Blvd
561.366.6600 54

Wellington Elder Care I
14097 Lily Ct
561.389.3503 21

WILTON MANORS
Independence Hall
1639 NE 26 St
954.563.6232 125

Williamsburg Landing
1776 NE 26 St
954.566.1775 100

Windsor Place
1850 NE 26 St
954.565.5858 80

BrowardAssistedLiving.us • 855-455-7587

BROWARD'S ALTERNATIVE HOUSING EXPERTS! – FREE ASSISTANCE

Independent | Assisted Living | Alzheimer's-Dementia Care | Nursing Home

Facilities for all Budgets, Medicare, Medicaid, Social Security Benefits, Mental Health, Veteran Benefits, Diversion Programs, Transitional Programs, Medicaid Waiver and OSS.

BrowardAssistedLiving.us is a free service provided by Papinos LLC, and P.C.Corp. as part of 55+ Magazine Free Resource Information Network.

**ENHANCEFITNESS
HEALTHY AGING
FOR ALL**
(ENGLISH/SPANISH)

YMCA OF SOUTH FLORIDA: Call Leah Dowell
at 954.357.0281 for locations and times
www.ymcasouthflorida.org

**WORKSHOPS: A MATTER OF
BALANCE / DIABETES SELF
MANAGEMENT / LIVING HEALTHY**
(ENGLISH/SPANISH)

YMCA OF SOUTH FLORIDA: Call Leah Dowell
at 954.357.0281 for locations and times
www.ymcasouthflorida.org

ASSOCIATIONS ORGANIZACIONES

BROWARD

American Cancer Society
954.564.0880

Broward County Dental
Association
954.772.5461

American Diabetes Assn.
954.772.8040

American Heart Assn.
954.772.8100

American Lung Assn.
954.524.4657

American Parkinson Assn.
954.786.2305

American Red Cross
954.797.3800

Arthritis Foundation
954.616.1233

County Medical Association
954.714.9477

Epilepsy Foundation
954.779.1509


Gilda's Club
954-763-6776

Legal Aid Service
954.736.2400

Leukemia/Lymphoma
954.744.5300

Mental Health Association
954-746-2055

National Multiple Sclerosis
954-731-4224

Senior Action in a Gay
Environment – SAGE
954.634.7219 

YMCA South FL
954.334.9622

MIAMI-DADE

Alliance for Aging
305.670.4357

American Cancer Society
305.594.4363

American Heart Assn.
305.856.1449

American Red Cross
305.644.1200

County Medical Assn.
305.324.8717

County Public Guardian
305.592.7642

Epilepsy Foundation
305.670.4949

YMCA South FL
305.357.4000

PALM BEACH

American Cancer Society
561.366.0013

American Diabetes Assn.
561.689.2746

American Heart Assn.
561.615.3888

American Lung Assn.
561.659.7644

American Red Cross
561.833.7711

Anti-Defamation League
561.988.2900

Arthritis Foundation
561.833.1133

County Medical Society
561.433.3940

Epilepsy Foundation
561.478.6515

Legal Aid Society
561.655.8944

Leukemia/Lymphoma
561.775.9954

YMCA South FL
561.968.9622

STATE

Agency for Healthcare
Administration
888.419.3456

AARP
866.595.7678

American Lung Assn.
904.743.2933

Brain Injury Assn. of Fla.
800.992.3442

Coalition for the Homeless
877.205.0021

Compulsive Gambling
888.236.4848

Florida Bar-Elder Law
850.561.5625

Florida DCF Office on
Homelessness
850.922.4691

Lupus Foundation of
America
800.684.9276

National Kidney
Foundation
800.927.9659

Senior Legal Helpline
888.895.7873

NATIONAL
Administration on Aging
202.619.0724

Alliance for Retired
Americans
202.637.5399

ALS Association
(Lou Gehrig's Disease)
202.407.8580

Alzheimer's Association
800.272.3900

Alzheimer's Foundation
866.232.8484

American-Arab Anti-
Discrimination Committee
202.244.2990

AARP
888.687.2277

American Cancer Society
800.227.2345

American Dental Assn.
312.440.2500

American Diabetes Assn.
800.342.2383

American Heart Assn.
800.242.8721

American Institute for
Cancer Research (AICR)
800.843.8114

American Liver Foundation
212.668.1000

American Lung Assn.
800.548.8252

American Parkinson Assn.
800.223.2732

American Red Cross
800.733.2767

American Speech
Language Hearing
Association (ASHA)
800.638.8255

American Stroke Assn.
888.478.7653

American Urological Assn.
866.746.4282

Americans with Disabilities
Act 800.514.0301/TTY
800.514.0383

Anxiety and Depression
Association of America
240.485.1001

Arthritis Foundation
800.283.7800


Asian American Justice
Center
202.296.2300

Asian Pacific American
Labor Alliance
202.508.3733


Blinded Veterans Assn.
202.371.8880

Coalition for the Homeless
202.462.4822



Epilepsy Foundation
800.332.1000

League of United Latin
American Citizens
202.833.6130 

Leukemia/Lymphoma
Society
800.955.4572

Línea de Ayuda Hispana
Nacional
800.473.3003 

RESOURCE GUIDE

 *LGBT SERVICES / SERVICIOS PARA LA COMUNIDAD GAY*
 *SPANISH PHONE LINE / LÍNEA TELEFÓNICA EN ESPAÑOL*

GUÍA DE RECURSOS

Lupus Foundation of America
800.558.0121

NAACP
877.622.2798

National Alliance to End Homelessness
202.638.1526

National Alliance for Hispanic Health 
866.783.2645

Natl. Kidney Foundation
800.622.9010

Natl. Multiple Sclerosis Soc
800.344.4867

Natl. Org. for Women
202.628.8669

Natl. Parkinson's Found.
800.327.4545

National Substance Abuse
800.662.4357

Native American Rights
303.447.8760

BEREAVEMENT
GRUPOS DE APOYO

BROWARD
Cantor Senior Center
954.742.2299

Catholic Charities
305.822.2380

Compassionate Friends supporting family after a child dies
954.370.3446

Gay/Lesbian Bereavement Support Group 
954.463.9005

Gilda's Club
954.763.6776

Mental Health Assn.
954.746.2055

The Florida Initiative for Suicide Prevention, Inc
954.384.0344

MIAMI-DADE
Catholic Charities
305.822.2380


Compassionate Friends supporting family after a child dies
305.460.5762

Iglesia Ejecutive Bautista 
305.303.9498

Miami Temple Seventh Day Adventist Church
305.223.2102

Michael-Ann Russell Jewish Ctr
305.932.4200

Temple Bret Breira
305.595.1500

Principe de Paz Ministerio del Consuelo 
305.264.9059

PALM BEACH
Alpert Jewish Family & Children's Services Support Groups
561.684.1991

Catholic Charities Counseling Services
305.573.3333

Center for Family Services of PBC Counseling Svcs.
561.616.1222

Mental Health Association of PBC Senior Services
561.832.3755

Ruth Rales Jewish Family Service Bereavement Support Groups
561.852.3333

NATIONAL
AARP Grief Support
866.797.2277

Parents of Murdered Children
888.818.7662

Compassionate Friends supporting family after a child dies
877.969.0010


CRISIS INTERVENTION
INTERVENCIÓN DE CRISIS


BROWARD
BSO Baker Act Team
954.765.4321
After Hours: 954.831.5846

Crisis Line
954.761.1133

Hispanic Unity 


Henderson Mobile Crisis Response Team
954.463.0911

Pride at Ft. Laud. Hospital
877.PRIDE.46 

SunServe 
954.764.5557

Tuesday's Angels 
954.566.7686

Women in Distress
954.760.9800

MIAMI-DADE
LGBT Suicide Awareness Unit
305.646.3600 

Switchboard of Miami – 24 Hour Helpline 
305-358-4357

PALM BEACH
Destiny by Choice, Inc.
561.439.3145

Family Violence Intervention
561.355.1664

New Hope Anger Management
561.832.3828

Palm Beach Crisis Line
561-547-1000

STATE/NATIONAL
Florida Domestic Violence Hotline
800.500.1119

National Domestic Violence Hotline
800.799.7233

DENTAL RESOURCES
RECURSOS DENTALES

BROWARD
Broward College Dental Clinic
954.201.6779

Broward County Dental Association
954.772.5461

Ft. Lauderdale Health Center Dental Clinic
954.467.4705

Gulf Stream Living Water Center
954.965.0077

North Regional & Paul Hughes Health Centers
954.213.0638

Nova Southeastern
954.678.2273

MIAMI-DADE
Camillus Health
305.577.4840

Community Health of S. Fla
305.253.5100
Community Smiles Prog.
305.325.0510

Fla. Donated Dental Svcs.
305.598.7080

Helen B Bentley Family
Health Ctr
305.447.4950

Jessie Trice Community
Health Ctr
305.637.6400

Miami-Dade Community
College Dental Hygiene
Program
305.237.4142

North Dade Health Center
786.466.1500

Nova SE University Health
Care N. Miami
954.678.2273

UF College of Dentistry
305.694.5400

PALM BEACH
Caridad Health Clinic
561.737.6336

Palm Beach Community
College Atlantic Coast
Research Clinic
561.868.3747

Palm Beach Dental Assn.
561.278.7551

PBC Health Department
Belle Glade Dental Clinic
561.996.1636

Delray Beach Dental Clinic
561.274.3111

Lantana Dental Clinic
561.547.6811

Pahokee Clinic
561.924.0184

WPB Dental Office
561.514.5310

WPB Community Center
561.840.8681

**DISABILITY
PARKING PERMITS**
*PERMISO DE
ESTACIONAMIENTO
PARA
DISCAPACITADOS*

BROWARD
Motor Vehicle Services
954.765.4697

MIAMI-DADE
Motor Vehicle Services
850.617.2000

PALM BEACH
Motor Vehicle Services
561.355.2264

**DISASTER
PREPAREDNESS
& EMERGENCY
ASSISTANCE**
*PREPARACIÓN
PARA DESASTRES
Y EMERGENCIAS*

BROWARD
American Red Cross
954.797.3800

Emergency Management
Division
954.831.3900

Hurricane Preparedness
Guide & Hurricane Hotline
954.831.4000

MIAMI-DADE
American Red Cross
Central Dade
305.644.1200

North Dade
305.681.1066

South Dade
305.248.2024

Emergency Mgmt. Answer
311

Dade Emergency Mgmt.
305.468.5400

PALM BEACH
American Red Cross
561.833.7711

P.B. Emergency Mgmt.
561.712.6400

STATE
Florida Emergency Mgmt.
850.413.9969

NATIONAL
Federal Emergency Mgmt
800.621.3362

**DRIVER'S LICENSE
OFFICES**
*LICENCIAS DE
MANEJO (OFICINA)*

BROWARD
Department of Highway
Safety & Motor Vehicles
954.497.1570

MIAMI-DADE
Department of Highway
Safety & Motor Vehicles
305.229.6333

PALM BEACH
Department of Highway
Safety & Motor Vehicles
561.681.6333

STATE
Department of Highway
Safety & Motor Vehicles
850.617.2000

ELDER ABUSE
ABUSO AL MAYOR

BROWARD
Senior Citizens Law Project
954.736.2400

Women in Distress
954.760.9800

MIAMI-DADE
Abuse Hotline
311

Miami-Dade Elder Helpline
305.670.4357

STATE
Elder Abuse Hotline
800.962.2873

**EMPLOYMENT
OPPORTUNITIES**
*OPORTUNIDADES
DE EMPLEO*

BROWARD
AARP Svcs Employment
954.563.2559

Positive Images
954.484.1824

Social Security Admin.
Ticket to Work
866.968.7842

WorkForce One
Ft. Lauderdale
954.677.5555
Hollywood
954.967.1010
Pompano Beach
954.969.3541

MIAMI-DADE
AARP Senior Community
Service Employment
305.476.5925

Senior Community Service
Employment Program
305.871.2820

PALM BEACH
AARP Svcs Employment
561.471.9828

Workforce Alliance
561.340.1060


**ENERGY
ASSISTANCE**
*ASISTENCIA
PARA ENERGÍA
ELÉCTRICA*

BROWARD
Water/Sewer Program
954.357.5800

LIHEAP – Low Income
Home Energy Assis. Prog.
954.357.5025

FPL Customer Care
954.797.5000

Focal Point Centers
NE – 954.480.4449
NW – 954.973.0300
SE – 954.966.9805
SW – 954.450.6888

Tuesday's Angels
954.566.7686 

MIAMI-DADE
Low Income Home Energy
786.469.4600

FPL Customer Care
305.442.8770

PALM BEACH
FPL Customer Care
561.994.8227

Low Income Home Energy
561.355.4792

THE SHERIFF'S CORNER

COMENTARIOS DEL SHERIFF

SHERIFF SCOTT ISRAEL BROWARD COUNTY, FL



The Broward Sheriff's Office is thriving; violent crime has plummeted since 2012, morale is up and transparency and accountability have never been greater. Yet our successes are not ours alone.

Thanks to our Uniting Broward initiative, citizens from all walks of life are playing a critical role in keeping our communities safe by providing vital input, innovative ideas and key support.

Our county's 1.8 million residents are comprised of people from many races, religions and cultures, each with different needs. I have made it one of my top priorities to bridge the gap between communities and law enforcement by earning your trust and extending the lines of communication.

My message to you: I hear you loud and clear and your opinions matter. With the community's input, we have made significant strides in reshaping the mission of BSO as an agency determined to be proactive rather than reactive. BSO has proven this by implementing high-profile initiatives, such as the progressive body-worn camera and civil citation programs.

We have also forged partnerships with the vast and diverse communities of faith through our Department of Community Outreach and the chaplain's office. While the beliefs of various religions may differ, I know they all strive to strengthen society and humanity.

BSO is much more than a law enforcement agency; we're part of the community. By working together to teach, inspire and motivate each other, we all do our part in Uniting Broward. •

La Oficina del Sheriff de Broward está prosperando. El crimen violento ha caído dramáticamente desde 2012, la moral va en aumento al igual que la transparencia y la responsabilidad. Sin embargo, nuestros éxitos no son sólo nuestros. Gracias a nuestra iniciativa Uniendo Broward, los ciudadanos de todas las clases sociales están jugando un papel decisivo en mantener a nuestras comunidades seguras, proporcionando una contribución esencial, ideas innovadoras y de apoyo clave.

Un millón ochocientos mil residentes de nuestro condado están compuestos por personas de diversas razas, religiones y culturas, cada uno con diferentes necesidades. Una de mis principales prioridades para cerrar la brecha entre las comunidades y las fuerzas policiales es el ganar su confianza y ampliar las líneas de comunicación.

Mi mensaje para ustedes es: los escucho atentamente y entiendo la importancia de sus opiniones. Con el aporte de la comunidad, hemos dado pasos importantes en la remodelación de la misión de BSO como un organismo determinado a ser proactivo en lugar de reactivo. BSO ha demostrado esto mediante la implementación de iniciativas de alto perfil, tales como los programas de cámaras en el cuerpo de los uniformados y el programa de la citación civil. También hemos establecido asociaciones con las diversas comunidades de fe a través de nuestro Departamento de Asistencia A la Comunidad y la oficina del capellán. Mientras que las creencias de diversas religiones pueden ser distintas, sé que todos ellos se esfuerzan por fortalecer la sociedad y la humanidad.

BSO es mucho más que una fuerza policial; somos parte de la comunidad. Al trabajar juntos para enseñar, inspirar y motivar los unos con los otros. •

FINANCIAL ASSISTANCE
ASISTENCIA FINANCIERA

BROWARD

A New Horizon Credit Counseling
800.556.1548

American Red Cross
954.797.3800

Catholic Charities
954.568.6610

Credit Counseling Inc
954.825.0879

FCFH – Emergency Assistance
954.537.0211

Gateway Comm. Outreach
954.725.8434

HOPE Outreach Center
954.321.0909

Jewish Family Service
954.370.2140

Lighthouse Pt Outreach
954.942.8080

The Salvation Army
954.524.6991

Tuesday's Angels
954.566.7686 

MIAMI-DADE

American Red Cross
305.644.1200

Attapattah Neighborhood
305.547.4960

Catholic Charities
305.573.3333

Community Action
305.884.4801

Culmer Neighborhood Ctr.
305.438.4161

Little River Neighborhood
305.758.9662

Homestead Neighborhood
305.247.2068

Frankie Shannon Rolle Ctr.
305.446.3311

Goulds Community Center
305.233.2121

Liberty City Community Ctr
305.756.2830

Miami-Dade Elder Helpline
305.670.4357

Naranja Neighborhood Ctr.
305.258.5471

Opa-Locka Neighborhood
305.623.6500

Richmond Heights Center
305.234.4927

The Salvation Army
305.438.9066

Wynwood Neighborhood
305.547.7661

PALM BEACH

Adopt-A-Family
561.253.1361

American Red Cross
561.833.7711

Boca Helping Hands
561.417.0913

Catholic Charities,
561.775.9560

Center for Family Services
561.616.1222

Community Action Prog.
561.355.4726

Community Caring Center
561.364.9501

Credi-bility
800.251.2227

Farmworker Coordinating
Council of PB County
561.533.7227

Volen Senior Center
561.395.8920

Division of Senior Services
561.355.4750

Division of Veteran Svcs
561.355.4761

Jewish Family Service
561.852.3333

Soc. of St. Vincent de Paul
561.697.9699

The Salvation Army
561.686.3530

STATE

Fla. Dep. of Financial Svcs
877.693.5236

IRS Tax Helpline
800.829.1040

FOOD ASSISTANCE
ASISTENCIA PARA ALIMENTOS

BROWARD

Aging & Disability
Resource Center
954.745.9779

Broward Meals on Wheels
954.731.8770

Cross Road Food Bank
954.627.6900

David Posnack Jewish
Community Center
954.434.0499

EASE Foundation
954.797.1077

Gateway Community
Outreach
954.725.8434

Hallandale Food Distrib.
954.457.1460

Hope Outreach Center
954.321.0909


Jubilee Ctr. of S. Broward
954.920.0106

Lifenet 4 Families
954.792.2328

Manna – Share a Meal
954.475.0508

Sunrise Senior Center
954.746.3670

The Pantry of Broward
954.358-1481

Tuesday's Angels
954.566.7686 

WeCare
954.792.6700

MIAMI-DADE

Alliance for Aging
305.670.4357

CC Elder Services –
Malcom Ross
305.633.0462

Community Action
305.514.6071

De Hostos Senior Center
305.573.6220

Farm Share Food Program
305.248.3006

Jewish Community
Services of South Florida
305.576.6550

North Miami Foundation
305.893.1450


S. West Social Services
305.261.6202

PALM BEACH

Adopt a Family
561.253.1361

Boca Helping Hands Ctr.
561.417.0913

Boyton Beach Caring Ctr
561.364.9501

Caridad
561-737-6336 
ponle Spanish flag

Christian Care Center
561.650.7400

Helping Hands
561.432.2417

New Hope Charities, Inc.
561.924.7986

Strive for Excellence Food
Pantry
561.848.3142

The Soup Kitchen, Inc.
561.732.7595

STATE

Food Stamp Hotline
866.762.2237

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Sección
en Español



HEALTH SERVICES
SERVICIOS DE SALUD

Florida Breast & Cervical Cancer - free screenings
954-762-3649

Florida Dpt. of Health
Broward
954.467.4700
Miami-Dade
305.324.2400
Palm Beach
561.840.4500

HEARING RESOURCES
ASISTENCIA AUDITIVA

BROWARD

Accessible Comm (Deaf)
954.578.3081

Ctr for Hearing and Comm
954.601.1930
TTY 954-601-1938

MIAMI-DADE

Hearing and Speech Ctr
305.271.7343
or 305.557.4764

PALM BEACH

Deaf Service Center of
Palm Beach County
561.802.3353
561.802.3351/TTY

STATE

Florida Relay Service
800.222.3448
888.447.5620/TTY

NATIONAL

Hear Now
800.328.8602

Hearing Society
800.521.5247

HOME MAINTENANCE
MANUTENIMIENTO DE VIVIENDAS

BROWARD

Broward Housing
Solutions
954.764.2800

Broward County Housing
Authority
954-739-1114

Deerfield Beach Housing
Authority
954-428-0678

Pompano Beach Housing
Authority
954-785-7200

Dania Beach Housing
Authority
954.920.9662

Hollywood Housing Rehab
954.921.3381

Home Touch Program
954.792.1180

Rebuilding Broward
Together
954.772.9945

MIAMI-DADE

Metro Dade Comm. Action
305.884.4801

PALM BEACH

PBC Housing &
Community Development
561.233.3600

STATE

Housing & Community
Development
850.717.8450

2-1-1TM

Get Connected. Get Answers.

Dial 2-1-1

anywhere in

Palm Beach/Treasure Coast, Broward
or Miami-Dade counties

HELP IS A PHONE CALL AWAY

**Telephone Reassurance Program:
Making a Difference
in the Lives of our Elders**



A FREE PROGRAM

to check on the well-being of seniors
Register Today

*Gain peace of mind and
a sense of safety and security*

Receive a telephone reassurance phone call at a specific prearranged time
or call 24 hours, 7 days a week for help and information

RESOURCE GUIDE



LGBT SERVICES / SERVICIOS PARA LA COMUNIDAD GAY
SPANISH PHONE LINE / LÍNEA TELEFÓNICA EN ESPAÑOL

GUÍA DE RECURSOS

HOSPITALS HOSPITALES

BROWARD

Atlantic Shores Hospital
4545 N Federal Hwy
Ft Lauderdale
954.771.2711

Broward Health Coral
Springs
3000 Coral Hills Dr
Coral Springs
954.344.3000

Broward Health Imperial
Point
6401 N Federal Hwy
Ft Lauderdale
954.776.8500

Broward Health Medical
Center
1600 S Andrews Ave
Ft Lauderdale
954.355.4400

Broward Health North
201 E Sample Rd
Deerfield Beach
954.941.8300

Cleveland Clinic Hospital
3100 Weston Rd
Weston
954.689.5000

Florida Medical Center
5000 W Oakland Park Blvd
Ft Lauderdale
954.735.6000

Ft Lauderdale Hospital
1601 E Las Olas Blvd
Ft Lauderdale
954.463.4321

HealthSouth Sunrise
Rehab Hospital
4399 Nob Hill Rd
Sunrise
954.749.0300

Hollywood Pavilion
1201 N 37th Ave
Hollywood
954.962.1355

Holy Cross Hospital
4725 N Federal Hwy
Ft Lauderdale
954.771.8000

Kindred Hospital
1516 E Las Olas Blvd
Ft Lauderdale
954.764.8900

Kindred Hospital
1859 Van Buren St
Hollywood
954.920.9000

Memorial Miramar
1901 SW 172 Ave
Miramar
954.538.5000

Memorial Pembroke
7800 Sheridan St
Pembroke Pines
954.962.9650

Memorial Regional
3501 Johnson St
Hollywood
954.987.2000

Memorial South
3600 Washington St
Hollywood
954.966.4500

Memorial West
703 N Flamingo Rd
Pembroke Pines
954.436.5000

Northwest Medical Center
2801 N State Rd 7
Margate
954.974.0400

Plantation General
Hospital
401 NW 42nd Ave
Plantation
954.587.5010

St Anthony's Rehab Hosp.
3487 NW 30th St
Lauderdale Lakes
954.739.6233

University Hospital and
Medical Center
7201 N University Dr
Tamarac
954.721.2200

Westside Regional
Medical Center
8201 W Broward Blvd
Plantation
954.473.6600

MIAMI-DADE

Anne Bates Leach Eye
Hospital
900 NW 17th St
Miami
305.326.6000

Aventura Hospital
and Medical Center
20900 Biscayne Blvd
Aventura
305.682.7000

Baptist Hospital of Miami
8900 N Kendall Dr
Miami
786.596.1960

Cedars Medical Center
1400 NW 12th Ave
Miami
305.325.5511

Coral Gables Hospital
3100 Douglas Rd
Coral Gables
305.445.8461

Doctors Hospital
5000 University Dr
Coral Gables
305.666.2111

Fishermen's Hospital
3301 Overseas Highway
Marathon
305.743.5533

HealthSouth Rehabilitation
Hospital
20601 Old Cutler Rd
Miami
305.251.3800

Hialeah Hospital
651 E 25th St
Hialeah
305.693.6100

Homestead Hospital
975 Baptist Way
Homestead
786.243.8000

Jackson Memorial Hospital
1611 NW 12th Ave
Miami
305.585.6754

Jackson Memorial Hospital
North
14701 NW 27th Ave
Miami
305.585.1111

Jackson South Community
Hospital
9333 SW 152nd St
Miami
305.251.2500

Kendall Regional Medical
Center
11750 Bird Rd
Miami
305.223.3000

Kindred Hospital South
Florida
5190 SW 8th St
Coral Gables
305.448.1585

Larkin Community Hospital
7031 SW 62nd Ave
South Miami
305.284.7500

Lower Keys Medical
Center
5900 College Rd
Key West
305.294.5531

Mariners Hospital
91500 Overseas Highway
Tavernier
305.434.3000

Mercy Hospital
3663 S Miami Ave
Miami
305.854.4400

Mount Sinai Medical Ctr
4300 Alton Rd
Miami Beach
305.674.2223

North Shore Medical Ctr
1100 NW 95th St
Miami
305.835.6000

Palm Springs General
Hospital
1475 W 49th St
Hialeah
305.558.2500

Palmetto General Hospital
2001 W 68th St
Hialeah
305.823.5000

Pan American Hospital
5959 NW 7th St
Miami
305.264.1000

Select Specialty Hospital-
Miami
955 NW 3rd St
Miami
305.416.5700

Seasons Hospice &
Palliative Care
5200 NE 2nd Ave
Miami
305.232.5433

Sister Emmanuel Hospital
for Continuing Care
3663 S Miami Ave
Miami
305.285.2939

Florida Evaluation &
Treatment Ctr
2200 NW 7th Ave
Miami
305.637.2500

South Miami Hospital
6200 SW 73rd St
South Miami
786.662.4000

Southern Winds Hospital
4225 W 20th Ave
Hialeah
305.558.9700

St Catherine's
Rehabilitation Hospital
1050 NE 125th St
N. Miami
305.357.1735

University of Miami
Hospital & Clinics
1475 NW 12th Ave
Miami
305.243.1000

West Gables Rehab.
Hospital
2525 SW 75th Ave
Miami
305.262.6800

Westchester General
Hospital
2500 SW 75th Ave
Miami
305.264.5252

MARTIN
Martin Memorial Hospital
South
2100 SE Salerno Road
Stuart
772.223.2300

Martin Memorial Medical
Center
200 Hospital Ave
Stuart
772.287.5200

PALM BEACH
Bethesda Memorial
Hospital
2815 S Seacrest Blvd
Boynton Beach
561.737.7733

Boca Raton Regional
800 Meadows Rd
Boca Raton
561.395.7100

West Palm Hospital
2201 45th St
West Palm Beach
561.842.6141

Delray Medical Center
5352 Linton Blvd
Delray Beach
561.498.4440

Good Samaritan Medical
Center
1309 N Flagler Dr
West Palm Beach
561.655.5511

JFK Medical Center
5301 S Congress Ave
Atlantis
561.965.7300

Jupiter Medical Center
1210 S Old Dixie Hwy
Jupiter
561.747.2234

Lakeside Medical Center
39200 Hooker Hwy
Belle Glade
561.996.6571

Palm Beach Gardens
Medical Center
3360 Burns Rd
Palm Beach Gardens
561.622.1411

Palms West Hospital
13001 Southern Blvd
Loxahatchee
561.798.3300

SandyPines Hospital
11301 SE Tequesta Ter.
Tequesta
561.744.0211

St Mary's Medical Center
901 45th St
West Palm Beach
561.844.6300

VA Medical Center
7305 N Military Trail
West Palm Beach
561.422.8262

Wellington Regional
Medical Center
10101 Forest Hill Blvd
Wellington
561.798.8500

West Boca Medical Center
21644 State Road 7
Boca Raton
561.488.8000

SAINT LUCIE
Lawnwood Regional
Medical Center
1700 S 23rd St
Ft Pierce
772.461.4000

St Lucie Medical Center
1800 SE Tiffany Ave
Port St Lucie
772.335.4000

Port St Lucie Hospital
2550 SE Walton Road
Port St Lucie
772.335.0400



**5121 NE 19th Avenue
Fort Lauderdale,
Florida 33308**

Tel. No. 954-491-4041
Website: www.royalpalmsr.com



Fax No. 954-772-4657
Email: royalpalmsr@bellsouth.net



Come in and feel its homelike atmosphere... For we are here to welcome and take care of you.....

ROYAL PALM SENIOR RESIDENCE
An Assisted Living Facility - License No. AL5944



RESOURCE GUIDE

 *LGBT SERVICES / SERVICIOS PARA LA COMUNIDAD GAY*
 *SPANISH PHONE LINE / LÍNEA TELEFÓNICA EN ESPAÑOL*


GUÍA DE RECURSOS

HOUSING VIVIENDA

BROWARD

Browardassistedliving.us
by 55+
954.967.6191  

Broward County Housing
Authority
954.739.1114

Broward House, Inc.
954.522.4749 

Broward Housing Solutions
954.764.2800

Deerfield Beach Housing
Authority
954.425.8449



Hollywood Housing Auth.
954.989.4691

Housing Authority of the
City of Fort Lauderdale
954.525.6444

Miramar Assisting Seniors
in their Homes (M.A.S.H.)
954.899.2702

PCC Alternative Housing
954.965.2925

MIAMI-DADE

Floridaassistedliving.us
by 55+
855.455.7587  

Homestead Housing
Authority
305.247.0639

Harbor House Special
Needs Housing
305.371.0722

Hialeah Housing Authority
305.888.9744

Housing and Urban
Development
305.536.5678



Little Haiti Housing Assn.
305.759.2542

Miami Housing Authority
305.532.6401

PCC Alternative Housing
305.931.0618

Public Housing Agency
786.469.4100

PALM BEACH

Palmbeachassistedliving.us
by 55+
855.455.7587  

PBC Housing Authority
561.697.9615

Belle Glade Housing Auth.
561.996.2140

Boca Raton Housing Auth.
561.206.6200

Delray Bch. Housing Auth.
561.272.6766

Fair Housing Center of the
Greater Palm Beaches
877.910.3247

Housing Partnership, Inc
561.841.3500

Pahokee Housing Auth.
561.924.2506

PBC Dep. of Housing &
Community Development
561.233.3600

PBC – Human Services
and Veterans Services
561.355.4775

PCC Alternative Housing
561.329.4337

WPB Housing Authority
561.655.8530

NATIONAL

Housing and Urban
Development
202.708.1112/TTY
202.708.1455

LEGAL SERVICES SERVICIOS LEGALES

BROWARD

Broward County Bar Assn.
954.764.8040


Broward Consumer Affairs
954.765.4400

Office Public Defender
954.831.8650

Senior Intervention and
Education Program
954.966.9805

Catholic Charities Legal
800.691.7530

Coast to Coast Legal Aid
954.736.2400

Hispanic Unity 

Legal Aid Service
954.765.8950

Office of the Attorney Gral
954.712.4600

MIAMI-DADE

ACLU – State HQ
305.740.5347

Catholic Charities Legal
305.373.1073

Consumer Affairs
305.375.3677

Dade Legal Aid Society
305.579.5733

Elder Helpline
305.670.4357

Guardianship of Dade
305.592.7642

Legal Services of Miami
305.576.0080

Office of the Attorney
General
305.547.0671

PALM BEACH

Family Mediation Services
561.355.2739

Florida Rural Legal Svcs.
Belle Glade
561.993.0003
West Palm Beach
561.820.8902

Legal Aid Society of Palm
Beach County
561.655.8944

PB Consumer Affairs
561.712.6600

Office of the Attorney Gral.
561.837.5000

Office Public Defender
Central West Palm Beach
561.355.7500
Criminal Justice Complex
561.688.4610
North County Complex
561.624.6560
South County Complex
561.274.1522
West County Complex
561.996.4880

PB County Bar Association
561.687.2800

STATE

Banking Regulations
850.410.9800

Consumer Services
850.410.3800

Florida Bar Association
850.561.5600

Florida Office of the
Attorney General
866.966.7226

Insurance Regulations
850.410.9500

Seniors vs Crime Project
800.203.3099

Utility Commission
850.413.6100

 **LGBT SERVICES**
*SERVICIOS PARA
LA COMUNIDAD GAY*

BROWARD

Broward House, Inc.
954.522.4749

Care Resource Ft Laud.
954.567.7141

Dignity Fort Lauderdale
954.383.6389

Dolphin Democrats
866.478.8262

Hollywood FL Center for
Positive Living
954.929.8959

Lambda South Services
954.761.9072

Log Cabin Republicans
954.566.4156

MCC Fort Lauderdale
954.462.2004

Noble A. McArtor Day Ctr
954.764.5055

Out of the Closet Thrift
Store
954.358.5580

PFLAG Broward
954.540.3366

Pride Institute FL
877-PRIDE-46 

Stonewall Library &
Archives
954.763.8565

SunServe
954.764.5150

The Pride Center at
Equality Park
954.463.9005

MIAMI-DADE
Care Resource Miami
305.576.1234

Empowering Spirits Fdn
858.225.8700

Log Cabin Republicans
786.443.9875

National Gay & Lesbian
Task Force
305.571.1924

Out of the Closet Thrift
Store
305.764.3773
305.531.6800

PFLAG Homestead
305.989.1623

PFLAG Miami
954.703.2960

Save Dade
305.751.7283

The Wellness Center
954.568.0152

PALM BEACH

Compass
561.533.9699

Dignity Palm Beach
561.309.0088

MCC of Boynton Beach
561.733.4000

MCC of the Palm Beaches
561.775.5900

Human Rights Council
561.586.0203

PFLAG Palm Beach
561.716.9464

STATE

Equality Florida
813.870.3735

NATIONAL

Dignity USA
800.877.8797

Freedom to Marry
212.851.8418

Gay & Lesbian Alliance
Against Defamation
212.629.3322

Gay & Lesbian National
Hotline
888.843.4564

Human Rights Campaign
800.777.4723


Immigration Equality
212.714.2904

Log Cabin Republicans
202.420.7874

Metropolitan Community
Church (MCC)
310.360.8640

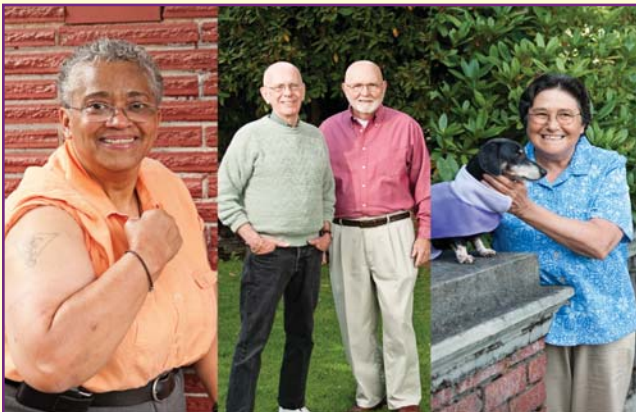
National Gay and Lesbian
Taskforce
202.393.5177

Parents, Families, and
Friends of Lesbians and
Gays (PFLAG)
202.467.8180


Senior Action in a Gay
Environment – SAGE
212.741.2247 

Stonewall Democrats
202.625.1382


Victory Fund
202.842.8679



The National Resource Center on LGBT Aging
A permanent resource for lesbian, gay, bisexual and transgender (LGBT) older adults.
www.lgbtagingcenter.org

National Resource Center 

ON LGBT AGING



A project of
Services & Advocacy for GLBT Elders (SAGE)
in partnership with
American Society on Aging
Brookdale Center for Healthy Aging and Longevity,
Hunter College
CenterLink
FORGE: Transgender Aging Network
GRIOT Circle
The LGBT Aging Project
National Association of Area Agencies on Aging
National Council on Aging's National Institute of
Senior Centers
Openhouse
PHI



HOW DO I GET MEDICAID TO PAY FOR MY SERVICES?

¿PUEDO OBTENER MEDICAID PARA PAGAR POR MIS SERVICIOS?

Medicaid helps give financial assistance to those who qualify based on their medical and financial situation.

A person must meet financial, medical and residential requirements in order to receive benefits.

The Medicaid program has very strict guidelines. With knowledgeable, professional assistance, you will find that income and assets can be restructured in order to protect the patient and/or family. In so doing, this can give the patient a better quality of life.

The State Medicaid Managed Long Term Care Program in Florida is a program that helps people avoid going to a Nursing Home. Instead, through this program, a person can remain in their home or go to an Assisted Living Facility.

Note that Medicaid does not pay the whole cost of care. This is based on his/her income.

Counselors can assist you in understanding these very specific programs and help you receive the services that you are entitled to.

For more information about these services and programs, call 1-855-455-7587. A Medicaid Specialist can guide you through the Medicaid Program. •

Medicaid provee ayuda financiera a aquellos que califican en función de su situación médica y financiera.

Una persona debe cumplir con los requisitos financieros, médicos y residenciales con el fin de recibir los beneficios del Medicaid.

El programa de Medicaid tiene normas muy estrictas. Pero, con la ayuda eficiente, profesional, usted encontrará que los ingresos y sus finanzas pueden ser reestructurados con el fin de proteger al paciente y/o familia. Al hacerlo, esto puede dar al paciente una mejor calidad de vida y recibir los servicios.

El Program State Medicaid Managed Long Term Care de la Florida es un programa que ayuda a las personas a evitar ir a un asilo de ancianos. En cambio, a través de este programa, una persona puede permanecer en su casa o ir a un centro de asistencia. Para calificar, uno todavía debe cumplir con los requisitos para un hogar de ancianos.

Tenga en cuenta que Medicaid no paga el costo total de la atención. Esto se basa en sus ingresos.

Consejeros pueden ayudarle a recibir los servicios que le corresponde.

Para más información, llame al 1-855-455-7587. Un especialista en Medicaid puede asesorarlo para que usted pueda calificar y recibir los servicios del Medicaid. •

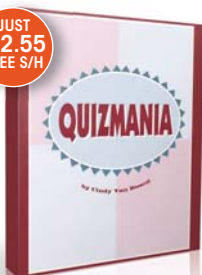
GAMES FOR OLDER ADULTS

BINGOMANIA

Remember the shows and celebrities of the past? This fun-and-exciting game combines entertainment trivia and bingo for a stimulating, challenging trip down memory lane! This game comes with 72 clue cards and 14 bingo cards. It's the new way to play BINGO!



JUST \$12.55 FREE S/H



QUIZMANIA

Exercise your brain while having fun! "Quizmania" is a one-of-a-kind, must-have trivia book is ideal for groups and one-on-one activities. Features 30 unique and mentally stimulating quizzes, plus word games and more!

MAKE YOUR POINT! A TRIVIA GAME (SIMILAR TO JEOPARDY)

Over 1500 trivia categories to choose from! This game is in its FIFTH PRINTING, becoming a MUST HAVE Trivia Game for any Activities Director. A 77 page question-and-answer book with 120 point cards, and large print category sheets. Let your players MAKE THEIR POINT!



JUST \$9.55 FREE S/H



MATH AND RIDDLE BINGO

Looking for something different? How about a game that is fun and challenging at the same time? Basic bingo cards and these clue cards are all you need to enjoy yourself while receiving cognitive stimulation.

SERENITY SERENADE


A beautiful combination of classical music and soothing images for quiet moments, "Serenity Serenade" is ideal for small facilities or groups. This 2009 Caregiver Friendly award-winning DVD is recommended for individuals with Alzheimer's, dementia and cognitive impairment.



VISIT OUR SHOP ONLINE AT WWW.55PLUSMAG.US/SHOP

All sales are final. Limited supplies

RESOURCE GUIDE

 **LGBT SERVICES / SERVICIOS PARA LA COMUNIDAD GAY**
 **SPANISH PHONE LINE / LÍNEA TELEFÓNICA EN ESPAÑOL**

GUÍA DE RECURSOS

MEDICAID

BROWARD

Medicaid Program Office
954.202.3200 x277

Medicaid Provider Svcs.
954.958.6500

MIAMI-DADE

Medicaid Program Office
305.593.3000

PALM BEACH

Medicaid Program Office
561.712.4400

STATE

Florida Medicaid
800.239.7560

The Florida Department of
Children & Families
866.762.2237

Medicaid Fraud Hotline
866.966.7226

Medicaid Options
888.367.6554

Medicaid Provider Svcs.
800.289.7799

NATIONAL

Centers for Medicare &
Medicaid Services
800.633.4227

Supplemental Security
Income (SSI)
800.772.1213

MEDICARE

STATE

CMS Regional Office -
Atlanta
404.562.7500

Florida Medical Quality
Assurance-Appeals
866.800.8754

Florida Department of
Elder Affairs (SHINE)
800.963.5337

NATIONAL

Centers for Medicare &
Medicaid Services
800.633.4227
877.486.2048/TTY

Medicare Rights Center
800.333.4114

Medicare Choices Helpline
800.633.4227

Medicare Fraud Hotline
800.447.8477

Social Security Admin.
800.772.1213

MENTAL HEALTH SERVICES SERVICIOS DE SALUD MENTAL


BROWARD


ARC Broward Mental
Health Counseling
954.746.9400

Archways
954.763.2030

Broward County Elderly &
Veterans Services
954-357-6622

Broward County Human
Services
954.357.8600

Broward House, Inc.
954.522.4749 

Care Resource Ft. Laud.
954.567.7141 

FCFH Senior Helpline
954.390.0485

Glass House
954.938.0055

Fort Lauderdale Hosp
800-585-7527

Henderson Mental Health
954.463.0911

Jewish Family Senior Svcs.
954.370.3388


Mental Health Association
954.746.2055

National Alliance on
Mental Illness
954.316.9907

NOVA Psychology Services
954.262.5730

Pride Institute FL
877-PRIDE-46 

Silver Impact
954.572.0444


SunServe 
954.764.5150


Women in Distress
954.760.9800

MIAMI-DADE

Bayview Center for Mental
Health
305.892.4600

Catholic Charities
Counseling Programs
866.758.0025

Care Resource Miami
305.576.1234 

Center for Positive
Connections Miami
786.985.2818 

Jewish Community of SFLa
305.899.1587

Miami Counseling &
Resource Center
305.448.8325

County Health Department
305.324.2400

Miami-Dade Elder Helpline
305.670.4357

New Era Health Center
305.559.8838

Prog for Anxiety, Stress,
& OCD-Hoarding Svcs
305.284.5394

The Village South
305.573.3784

PALM BEACH

Alpert Jewish Family &
Children's Services
561.684.1991

Glades Crisis Stabilization
561.993.8022

Jerome Goldman Center
for Behavioral Health
561.383.8000

Mental Health Association
of Palm Beach County
561.832.3755

National Alliance for the
Mentally Ill of PBC
561.588.3477

Palm Beach Center for
Personal Enrichment
561.776.1660

Senior Focus
561.882.0252

South County Mental
Health Center
561.495.0522

STATE

Fla Kinship Care Warmline
800.640.6444

Natl Alliance on Mental Illness
850.671.4445

NATIONAL

Mental Health America
800-969-6642

Natl Alliance on Mental Illness
800.950.6264

Natl. Inst. of Mental Health
866-615-6464

**NURSING / REHAB.
CENTERS**
*SANATORIOS
Y CENTROS DE
REHABILITACIÓN*

AVENTURA

Palm Garden of Aventura
21251 E Dixie Hwy
305.935.4827

Regents Park at Aventura
18905 NE 25th Ave
305.932.6360

VI at Aventura
19333 W Country Club Dr
305.692.4700

BOCA RATON

Avante at Boca Raton
1130 NW 15th St
561.394.6282

Boca Raton Rehab Center
755 Meadows Rd
561.391.5200

Fountains
3800 N Federal Hwy
561.395.7510

Heartland Health Care Ctr
7225 Boca Del Mar Dr
561.362.9644

ManorCare Health Svcs
375 NW 51st St
561.997.8111

Menorah House
9945 Central Park Blvd
561.483.0498

Regents Park Nursing-
Rehab
6363 Verde Trl
561.483.9282

Stratford Court
6343 Via de Sonrisa del
Sur
561.392.5940

Whitehall Boca Raton
7300 Del Prado S
561.392.3000

Willowbrooke Court
6152 Verde Trl N
561.487.5200

Willowbrooke Ct at
Edgewater Pt Estates
23305 Blue Water Cir
561.368.5600

BOYNTON BEACH

Barrington Terrace
1425 S Congress Ave
561.369.7919

Boulevard Rehabilitation
2839 S. Seacrest Blvd.
561.732.2464

Boynton Beach Nursing-
Rehab
9600 Lawrence Rd
561.740.4100

Boynton Health Care
Center
7900 Venture Center Way
561.736.6000

Heartland Health Care
Center
3600 Old Boynton Rd
561.736.9992

ManorCare Health
Services
3001 S Congress Ave
561.737.5600

COCONUT CREEK

Solaris
4125 W Sample Rd
954.968.8333

CORAL GABLES

Riviera Health Resort
6901 Yumuri St
786.517.6999

CORAL SPRINGS

Park Summit
8500 Royal Palm Blvd
954.752.9500

DANIA

Cross Pointe Care Center
440 Phippen Waiters Rd
954.927.0508

DEERFIELD BEACH

Deerfield Beach Health-
Rehab
401 E Sample Rd
954.941.4100

Forum at Deer Creek
3001 Deer Creek Country
Club Blvd
954.698.6269

Pompano Rehab &
Nursing Center
51 W Sample Rd
954.942.5530

DELRAY BEACH

Abbey Delray South
1717 Homewood Blvd
561.272.9600

Harbour's Edge
401 E Linton Blvd
561.272.7979

Health Center at Abbey
Delray
2105 SW 11th Ct
561.454.5243

Lakeview Care Center
5430 Linton Blvd
561.495.3188

ManorCare Health Svcs
16200 Jog Rd
561.638.0000

FORT PIERCE

Abbiejean Russell Care
700 S 29th St
772.465.7560

Fort Pierce Health Care
611 S 13th St
772.464.5262

Laurel Pointe Health &
Rehab
703 S 29th St
772.466.3322

FT LAUDERDALE

Broward Nursing & Rehab
1330 S Andrews Ave
954.524.5587

Fort Lauderdale Health-
Rehab
2000 E Commercial Blvd
954.771.2300

Harbor Beach Nursing
Rehab
1615 S Miami Rd
954.523.5673

Manor Oaks Nursing &
Rehabilitation
2121 E Commercial Blvd
954.771.8400

HIALEAH

Heartland Health Care
Center-Miami Lakes
5725 NW 186th St
305.625.9857

Hialeah Nursing & Rehab
190 W 28th St
305.885.2437

Palmetto Health Center
6750 W 22nd Ct
305.512.4688

Susanna Wesley Health
Center
5300 W 16th Ave
305.556.3500

**HIALEAH
GARDENS**

Signature Healthcare of
Waterford
8333 W Okeechobee Rd
305.556.9900

HOBE SOUND

Edgewater Manor
9555 SE Federal Hwy
772.546.5800

HOLLYWOOD

Golfcrest Healthcare
Center
600 N 17th Ave
954.927.2531

Hillcrest Nursing & Rehab
Center
4200 Washington St
954.981.6300

Hollywood Hills Rehab Ctr
1200 N 35th Ave
954.981.5511

HOMESTEAD

Homestead Manor
1330 NW 1st Ave
305.248.0271

Signature Healthcare of
Brookwood Gardens
1990 S Canal Dr
305.246.1200

JUNO BEACH

Waterford Health Care
Center
601 Universe Blvd
561.627.3800

JUPITER

Jupiter Gardens
Rehabilitation Center
17781 Thelma Ave
561.746.2998

Jupiter Medical Center
Pavilion
1230 S Old Dixie Hwy
561.744.4444

RESOURCE GUIDE



LGBT SERVICES / SERVICIOS PARA LA COMUNIDAD GAY
SPANISH PHONE LINE / LÍNEA TELEFÓNICA EN ESPAÑOL

GUÍA DE RECURSOS

KENDALL

Heartland Health Care Ctr
9400 SW 137th Ave
305.385.8290

KEY WEST

Key West Health and
Rehabilitation Center
5860 W Jr College Rd
305.296.2459

LAKE PARK

North Lake Rehab &
Health Center
750 Bayberry Dr
561.881.8144

LAKE WORTH

The Village of High Ridge
1800 South Dr
561.588.4333

Avante at Lake Worth
2501 North A St
561.585.9301

Crossings
4445 Pine Forest Dr
561.965.5954

Medicana Nursing-Rehab
1710 Lake Worth Rd
561.582.5331

Oasis Health & Rehab
1201 12th Ave S
561.586.7404

Signature Healthcare of
Palm Beach
4405 Lakewood Rd
561.969.1400

Terraces of Lake Worth
1711 6th Ave S
561.586.0808

LANTANA

Hamlin Place
2180 Hypoluxo Rd
561.582.6711

VI at Lakeside Village
2792 Donnelly Dr
561.963.2100

LAUDERDALE LAKES

Palms Rehab & Nursing Ctr
3370 NW 47th Ter
954.733.0655

St John's Nursing Center
3075 NW 35th Ave
954.739.6233

LAUDERHILL

Heartland Health Care Ctr
2599 NW 55th Ave
954.485.8873

Life Care Ctr at Inverrary
4300 Rock Island Rd
954.485.6144

MARGATE

Margate Health Care Ctr
5951 Colonial Dr
954.979.6401

MIAMI

Coral Gables Nursing-
Rehab
7060 SW 8th St
305.261.1363

Coral Reef Nursing-Rehab
9869 SW 152nd St
305.255.3220

Cross Gardens Care Ctr
190 NE 191st St
305.651.9690

East Ridge Retirement
Village
19301 SW 87th Ave
305.238.2623

Flordean Nursing Home
47 NW 32nd Pl
305.649.2911

Franco Nursing and
Rehabilitation Center
800 NW 95th St
305.836.1550

Golden Glades Rehab
220 Sierra Dr
305.653.8427

Harmony Health Center
9820 N Kendall Dr
305.271.6311

Hialeah Shores Nursing-
Rehab
8785 NW 32nd Ave
305.691.5711

Jackson Memorial Care Ctr
2500 NW 22nd Ave
786.466.3000

Jackson Memorial Perdue
Medical Center
19590 Old Cutler Rd
786.466.3500

Jackson Plaza Nursing-
Rehab
1861 NW 8th Ave
305.347.3380

Miami Jewish Home &
Hospital
5200 NE 2nd Ave
305.751.8626

Miami Shores Nursing-
Rehab
9380 NW 7th Ave
305.759.8711

Nursing Center at Mercy
3671 S Miami Ave
305.854.1110

Palace Nursing & Rehab
11215 SW 84th St
305.271.2225

Palmetto Sub Acute Care
Center
7600 SW 8th St
305.261.2525

Pines Nursing Home
301 NE 141st St
305.893.1102

Ponce Plaza Nursing
& Rehabilitation Center
335 SW 12th Ave
305.545.6695

Riverside Care Center
899 NW 4th St
305.326.1236

Sinai Plaza Nursing
& Rehabilitation Center
201 NE 112th St
305.899.4700

South Dade Rehab
17475 S Dixie Hwy
305.255.1045

St Anne's Nursing Center
11855 Quail Roost Dr
305.252.4000

Unity Health & Rehab Ctr
1404 NW 22nd St
305.325.1050

Victoria Nursing & Rehab
955 NW 3rd St
305.548.4020

West Gables Healthcare
2525 SW 75th Ave
305.265.9391

MIAMI BEACH

Oceanside Extended
Care Ctr
550 9th St
305.531.3321

Fair Havens Center
201 Curtiss Pkwy
305.887.1565

North Bay Village
Treasure Isle Care Center
1735 N Treasure Dr
305.865.2383

North Dade Rehab
1255 NE 135th St
305.891.6850

Arch Plaza Nursing
& Rehab
12505 NE 16th Ave
305.891.1710

Claridge House Nrsng &
Rehab
13900 NE 3rd Ct
305.893.2288

Fountain Manor Rehab
390 NE 135th St
305.895.4804

Pinecrest Rehab
13650 NE 3rd Ct
305.893.1170

South Pointe Plaza Rehab
& Nursing Center
42 Collins Ave
305.672.1771

Villa Maria Nursing Center
1050 NE 125th St
305.891.8850

NORTH MIAMI BEACH

Aventura Plaza
1800 NE 168th St
305.947.3445

Hampton Court Nursing
16100 NW 2nd Ave
305.354.8800

Krystal Bay
16650 W Dixie Hwy
305.945.7447

North Beach Rehab Ctr
2201 NE 170th St
305.945.1401

PAHOKEE

Glades Health Care Ctr
230 S Barfield Hwy
561.924.5561

PALM BEACH GARDENS

Chatsworth at PGA
National
347 Hiatt Dr
561.227.3200

Gardens Court
3803 PGA Blvd
561.626.1125

HCR Ctr – Prosperity Oaks
11375 Prosperity Farms
Blvd
561.626.9702

Nursing Center at La
Posada
3500 Masterpiece Way
561.514.5000

PALM CITY

Palm City Nursing-Rehab
2505 SW Martin Hwy
772.288.0060

Water's Edge Extended
Care
1500 SW Capri St
772.223.5863

PEMBROKE PINES

Alexander Nininger Vet.
Nrsng
8401 W Cypress Dr
954.985.4824

Memorial Manor
777 S Douglas Rd
954.276.6200

PLANTATION

Covenant Village Care Ctr
9211 W Broward Blvd
954.472.2860

ManorCare Health Svcs
6931 W Sunrise Blvd
954.583.6200

Plantation Nursing-Rehab
4250 NW 5th St
954.587.3296

West Broward Care Center
7751 W Broward Blvd
954.473.8040

POMPANO BEACH

Court at Palm Aire
2701 N Course Dr
954.975.8900

John Knox Village Health
Circle
830 Lakeside Ctr
954.783.4001

Seaview Nursing & Rehab
2401 NE 2nd St
954.943.5100

PORT ST LUCIE

Gardens of Port St Lucie
1699 SE Lyngate Dr
772.335.9990

Emerald Health Care
Center
1655 SE Walton Rd
772.337.1333

Life Care Center
3720 SE Jennings Rd
772.398.8080

Palm Garden of P. St Lucie
1751 SE Hillmoor Dr
772.335.8844

Port St Lucie Nursing &
Rest.
7300 Oleander Ave
772.466.4100

Tiffany Hall Nursing &
Rehab
1800 SE Hillmoor Dr
772.337.3565

ROYAL PALM BEACH

Royal Palm Bch Rehab
600 Business Pkwy
561.798.3700

STUART

Martin Nursing & Rest
Care
6011 SE Tower Dr
772.223.8777

Salerno Bay Manor
4801 SE Cove Rd
772.286.9440

Solaris
800 SE Central Pkwy
772.287.9912

Stuart Nursing & Rest.
Care
1500 Palm Beach Rd
772.283.5887

SUNRISE

Regents Park of Sunrise
9711 W Oakland Park Blvd
954.572.4000

Springtree Rehab Center
4251 Springtree Dr
954.572.4251

Sunrise Health & Rehab
4800 Nob Hill Rd
954.577.3530

TAMARAC

Heartland of Tamarac
5901 NW 79th Ave
954.722.7001

Tamarac Rehab & Health
7901 NW 88th Ave
954.722.9330

W. PALM BEACH

Consulate Health Care
of WPB
1626 Davis Rd
561.439.8897

Coral Bay Healthcare &
Rehab
2939 S Haverhill Rd
561.641.3130

Darcy Hall of Life Care
2170 Palm Beach Lakes
Blvd
561.683.3333

Joseph L Morse Geriatric
4847 Fred Gladstone Dr
561.471.5111

Lakeside Health Center
2501 N Australian Ave
561.655.7780

Lourdes Noreen McKeen
Residence
315 S Flagler Dr
561.655.8544

ManorCare Health Svcs
2300 Village Blvd
561.478.1800

Palm Garden of WPB
300 Executive Center Dr
561.471.5566

Rehab Center of the PB
301 Northport Pkwy
561.712.1717

Renaissance Health &
Rehab
5065 Wallis Rd
561.689.1799

Savannah Cove
2090 N Congress Ave
561.686.5100

Wood Lake Nursing &
Rehab
6414 13th Rd S
561.478.9900

WELLINGTON

NuVista
13330 Nuvista Ave
561.795.3360

WILTON MANORS

Manor Pines Convalescent
1701 NE 26th St
954.566.8353

W. Manors Health &
Rehab
2675 N Andrews Ave
954.563.5711

BrowardAssistedLiving.us • 855-455-7587

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PRESCRIPTION ASSISTANCE
ASISTENCIA PARA MEDICAMENTOS

BROWARD

AIDS Health Foundation
954-522-3132

Broward Cty Human Svcs.
Prescription Drug Discount Cards
877.321.2652

PALM BEACH

PBC Prescription Drug Assistance Program
866.489.7594

STATE

Florida AIDS Assistance
800.352.2437

Florida Discount Drug Card Program
866.341.8894/TTY
866.763.9630

Serving Health Insurance Needs of Elders (SHINE)
800.963.5337

NATIONAL

AARP Medication Savings Card(members)
800.456.2277

Abbott Patient Assistance Foundation
800.222.6885

AstraZeneca Patient Prescription Assist. Prog.
800.292.6363

Boehringer Ingelheim Cares Foundation
800.556.8317

Bristol-Myers Squibb Patient Assistance Foundation
800.736.0003

Caremark Prescription Discount Program
888.620.1749

Eisai Assistance Program
855.347.2448

Free Medicine Foundation
573.996.3333

GlaxoSmithKline Orange Card
888.672.6436

Lilly Cares Foundation
800.545.6962

Medicare-Approved Drug Discount Cards
800.633.4227

Merck Patient Assist. Prog.
800.727.5400

Novartis Care Card
866.974.2273

Pfizer Helpful Answers
866.706.2400

Partnership for Prescription Assistance
888.477.2669

People Prescription Plan
800.566.0003

RxAssist (Healthcare Providers ONLY)
877.844.8442

RxAssist Patient Assist.
401.729.3284

Senior Pharmacy Card
800.377.1614

The Medicine Program
573.996.7300

Together Rx Access
800.444.4106

US Food and Drug Admin
888.463.6332

SENIOR SUPPORT ORGANIZATIONS
SERVICIOS DE AYUDA PARA EL MAYOR

BROWARD

55+ Resources Directory
855.455.7587 

Aging and Disability Resource Center
954.745.9779

Broward County Elderly and Veteran Services
954.357.6622

CARES – Dep. of Elder Affairs
954.597.2240

Daniel D. Cantor Senior Center
954.742.2299

First Call
211


Focal Point Senior Centers
NW – 954.973.0300
NE – 954.480.4449
SW – 954.450.6888
SE – 954.966.9805

Fred Lippman Multi-Purpose Center
954.921.3408

Gilda's Club South Florida
954.763.6776

Hallandale Senior Mini-Ctr
954.457.1460

Health Innovations-Active Older Adult Prog
954.334.9622

Hispanic Unity Center - Renacer
954.964.8884 

Jewish Healing Center
954.370.2140


Miramar Senior
954.889.2707

Coral Springs Senior Supper Club
954.344.3344

OCD Resource Center
954.962.6662


Ombudsman Broward
954.597.2266

Plantation Community Outreach Center
954.916.5601

Senior Action in a Gay Environment – SAGE
954.634.7219 

Soref JCC
954.792.6700

Sunrise Senior Center
954.746.3670

SunServe
954.764.5150 

Sunset Lakes Senior Ctr
954.602.3347

MIAMI-DADE

Alliance for Aging
305.670.6500

CARES – Department of Elder Affairs
786.336.1400


South Miami-Dade
305.671.7200

Easter Seals Miami-Dade
305.325.0470

Everglades Comm. Assn.
305.242.2142

Guardianship Program of Dade County
305.592.7642

Jewish Community Services of South Florida
305.576.6550

Hispanic AIDS Awareness Program
305.860.0780 

Little Havana Activities & Nutrition Centers
305.858.0887

National Parkinson Foundation South Florida
305.243.1061

Ombudsman North Dade
786.3361418

Ombudsman South Dade
305.671.7245

Service Corp of Retired Executives
786.425.9119

PALM BEACH


Area Agency on Aging
561.684.5885

Boynton Beach Senior Ctr.
561.742.6570

CARES – Department of Elder Affairs
561-840-3150

North County Senior Ctr.
561.694.5435

RESOURCE GUIDE

 *LGBT SERVICES / SERVICIOS PARA LA COMUNIDAD GAY*
 *SPANISH PHONE LINE / LÍNEA TELEFÓNICA EN ESPAÑOL*

GUÍA DE RECURSOS

Ombudsman Palm Beach
561.837.5038

The Volen Senior Center
561.395.8920

West County Senior Ctr.
561.996.4808

STATE

AARP Florida
866.595.7678

Florida Dep. of Elder Affairs
850.414.2000

Florida Council on Aging
850.222.8877


Florida Ombudsman Prog.
888.831.0404

NATIONAL

Children of Aging Parents
800.227.7294

National Eldercare Locator
800.677.1116

National Family Caregivers
Association
800.896.3650

Senior Action in a Gay
Environment – SAGE
212.741.2247 

SHELTERS REFUGIOS

BROWARD

Broward Partnership for
the Homeless
954.779.3990

Broward Outreach
Hollywood
954.926.7417

Broward Outreach
Pompano
954.979.6365

EASE Foundation
954.797.1077

Henderson Mental Health
954.463.0911

Jubilee Ctr. of S. Broward
954.920.0106

Our Father's House Soup
Kitchen
954.968.7550

Second Chance Society
954.763.5999

The Homeless Voice
Shelter
954.924.3571

Women in Distress
954.760.9800

MIAMI-DADE

Camillus House
305.374.1065

Concept House
305.751.6501

Douglas Gardens CMHC
Homeless Assistance
Program
305.531.5341

Gifts of Hope (women)
305.326.0032

Homeless Assistance Ctr.
305.329.3000

Lotus House
305.576.4780

Miami City Mission
305.576.3725

Miami Rescue Men
305.571.2211

Miami Rescue Women
305.371.3124

New Life Family of
Catholic Charities
305.573.3333

Salvation Army – (Men's)
305.637.6720

PALM BEACH
Aid to Victims of Domestic
Abuse
800.355.8547

Association for Abused
Women & Children Shelter
561.586.1888

Clean Time Inn (Mens)
561.547.4357

Operation Hope Inc
561.842.2260

Program REACH
Homeless Shelter
561.845.0515

Salvation Army Area
Command
561.686.3530

The Federal of Windsor
561.385.7343

The Niners of Windsor
561.385.7343

Vetsville Cease Fire
House, Inc
561.736.4325


SOCIAL SECURITY SEGURO SOCIAL

Social Security Admin.
Broward, Miami-Dade &
Palm Beach
800.772.1213

SUBSTANCE ABUSE ADICIONES

BROWARD
Alcoholics Anonymous
954.462.0265

Broward Addiction
Recovery Center (BARC)
954.765.4200

Broward House, Inc.
954.522.4749 

Faith Farm Ministries
954.763.7787

Fort Lauderdale Hosp
800.585-7527


Glass House
954.938.0055

Lambda South Clubhouse
Alcohol recovery 
954.761.9072

NOVA SE University
Healthy Lifestyles Guided
Self-Change Program
954.262.5968

Pride Institute FL
877-PRIDE-46 

Spectrum Programs
954.781.4406

SunServe
954.764.5150 


Susan B Anthony Recovery
954.733.6068

The Starting Place
954.327.4060

United Way Commission on
Substance Abuse
954.760.7007

MIAMI-DADE

Alcoholics Anonymous
305.461.2425

Alcoholics Anonymous
305.642.2805 

Better Way of Miami, Inc
305.634.3409

Concept House
305.751.6501

Fellowship House
305.667.1036

Genesis Outpatient Detox
786.275.8615

Giordano & Goldfarb
Holistic Addiction
Treatment Center, Inc
800.559.9503

Harmony House for
Women
305.879.7750

Jewish Community
Services of South Florida
305.899.1587

Spectrum Programs
305.757.0602

The Village South
305.573.3784

Transitions Recovery Prog
305.949.9001

PALM BEACH

Abiding Hearts
561.833.3300

Alcoholics Anonymous
561.655.5700

Center for Family Services
of PBC Recovery Program
561.616.1222

Comprehensive Alcoholism
Rehabilitation Programs,
Inc (CARP)
561.844.6400

Counseling Services
of Lake Worth
561.547.0303

Drug Abuse Foundation of
Palm Beach County, Inc
561.732.0800

Drug Abuse Treatment Ass.
561.743.1034

Faith Farm Ministries
561.737.2259

Faith, Hope, Love & Charity
561.968.1612

Fern House
561.471.0430

Gratitude House
561.833.6826

Growing Together, Inc
561.585.0892

Jewish Family Service
561.852.3333

Palm Coast Area Narcotics
Anonymus
561.848.6262

Partnership for a Drug
Free Comm. of S. Florida
561.844.5952

Regeneration Center
561.655.2204

Sistah to Sistah Recovery
House
561.837.9997

Sunset House
561.627.9701

The Crossroads Club
561.278.8004

The Lord's Place, Inc
561.494.0125

The Phoenix House
561.585.2508

Wayside House
561.278.0055

NATIONAL
Alcoholics Anonymous
212.870.3400

TRANSPORTATION
TRANSPORTE

BROWARD
Air Ambulance
Professionals
954.491.0555

Broward County Transit
954.357.8400
954.357.8302/TTY

Broward Urban Shuttle
954.295.6709

Cooper City Bus Service
954.434.4300 X255

Focal Point Senior Centers
NW – 954.973.0300
NE – 954.480.4449
SW – 954.450.6888
SE – 954.966.9805

Town of Davie Bus
954.797.1045

Hallandale Beach Bus
954.457.1620

MediVan
954.735.1996

Miramar Senior Transp.
954.602.2711

Pompano Beach Bus
954.970.5342

Sunrise Senior Medical
Transport
954.746.3677

"TOPS" Broward County
Paratransit Service
954.357.6794

Tri Rail
800.874.7245

MIAMI-DADE
Community Action Agency
Transportation Unit
786.469.4603

Jewish Community
Services of South Florida
305.576.6550

Metrobuss
305.891.3131

Miami-Dade Elder Helpline
305.670.4357

North Miami Foundation
for Senior Citizens
305.893.1450

Senior Ride
305.673.8658

Special Needs Registry
305.513.7700

Special Transportation
Service STS
786.469.5000

PALM BEACH
Palm Tran
561.841.4200

STATE
Angel Flight Southeast
800.352.4256

Florida Commission for the
Transp. Disadvantaged
800.983.2435

Fla Department of Transp.
866.374.3368

NATIONAL
Corporate Angel Network
866.328.1313

National Patient Travel Ctr.
800.296.1217

U.S. Depart. of Transp.
American Disabilities Act
888.446.4511

VETERAN
SERVICES
SERVICIOS PARA
VETERANOS

BROWARD
Blind Veterans Assoc
954.748.9428

Broward County Elderly &
Veterans Services Division
954-357-6622

Broward County VA Clinic
954.475.5500

Ft. Lauderdale Veterans
954.356.7926

MIAMI-DADE
Department of Veterans
Affairs Medical Center
305.575.7000

Miami-Dade County
Veteran Service Office
305.270.2940

Miami Veterans Center
305.718.3712

PALM BEACH
Faith Hope Love Charity
561.968.1612

PBC Division of Human
and Veterans Services
561.274.3130

PBC Veteran Svc. Office
561.355.4761

Palm Beach Veterans Ctr.
561.422.1201

VA Medical Center
800.972.8262

Vetsville Cease Fire
House, Inc
561.736.4325

STATE
Florida Department of
Veterans Affairs
850.487.1533

NATIONAL
U.S. Dept of Veterans
Affairs
800.827.1000

Tri-Care
800.444.5445



SERVICES FOR VETERANS AND SPOUSES OF VETERANS

SERVICIOS PARA LOS VETERANOS Y VIUDAS/OS DE VETERANOS

The Veteran's benefit is designed to provide financial assistance to help cover the cost of long term care in the home, in an Assisted Living Facility or in a Skilled Nursing Home.

The benefit is for Veterans and surviving spouses who require a caregiver in at least two of the Activities of Daily Living (ADLs). Some of those ADLs are dressing, bathing, cooking, eating, grooming, transportation, etc.

This benefit is called Aid and Attendance and a Veteran or a surviving spouse never has to pay it back or pay taxes on it.

There are certain requirements that one has to meet in order to receive this benefit. Some of them are:

1. Must have served at least 90 days of active duty and one of those days must be during war time.
2. Must have anything other than a dishonorable discharge.
3. Surviving spouse must have been married to a Veteran at the time of his/her passing.
4. Must need assistance with at least two ADLs.
5. Must meet income and asset criteria required by the VA.
6. Must be at least 65 years old or totally disabled.

To learn more about this benefit and other services available to you or your loved one, call 1-855-455-7587 for more information. •

El beneficio de los Veteranos está diseñado para dar asistencia financiera y cubrir el costo de la atención personal en el hogar, en un centro de asistencia o en un centro especializado.

El beneficio es para los veteranos y cónyuges sobrevivientes que requieren un cuidador en al menos dos de las Actividades de la Vida Diaria (AVD). Algunos de los AVDs son vestirse, bañarse, cocinar, comer, asearse, transporte, etc

Este beneficio se llama AID. El veterano o el cónyuge sobreviviente no tiene que devolver el dinero o pagar impuestos sobre él.

Existen ciertos requisitos que hay que cumplir para poder recibir este beneficio. Algunos de ellos son:

1. Tiene que haber cumplido por lo menos 90 días de servicio activo y uno de esos días debe ser durante el tiempo de guerra.
2. Debe tener algo más que una baja deshonrosa.
3. El Cónyuge sobreviviente deberá haber estado casado en el momento de su fallecimiento.
4. Debe necesitar ayuda con al menos dos AVD.
5. Debe cumplir con los requisitos de ingresos y bienes por la VA.
6. Debe tener por lo menos 65 años de edad o incapacitado totalmente.

Para más información acerca de este beneficio y otros servicios llame al 1-855-455-7587 para más información. •

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RESOURCES**
*RECURSOS PARA
LA VISION*

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BC Vision Care Clinic
954.201.2400

Broward Blind Services
954.497.3360

Fdn Fighting Blindness
954.308.5555

Lighthouse of Broward
954.463.4217

The Learning Center
954.742.3214

MIAMI-DADE

Florida Lions Eye Bank
305.324.4340

Lighthouse for the Blind
305.856.2288

Miami-Dade Blind Svcs
305.377.5339

PALM BEACH

Florida Outreach Center
561.642.0005

PBC Blind Services
561.681.2548

Lighthouse for the Blind
561.586.5600

STATE

Florida Council of the Blind
800.267.4448

Fla. Div. of Blind Services
800.342.1828

Southeastern Guide Dogs
800.944.3647

NATIONAL

Fdn Fighting Blindness
800.683.5555

Jewish Books V Impaired
800.433.1531

National Fed. of the Blind
410.659.9314

Resource Line - Braille
800.272.4553


Seniors Eye Care Program
800.222.3937

Vision USA
800.766.4466

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VOLUNTARIOS*

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Hispanic Unity
954.964.8884 

Senior Volunteer Services
954.484.7117

Retired Exec Corp
954.356.7263

Shine
954.745.9779


Guardian ad Litem Prog
954.831.6477

SunServe
954.764.5150 

Volunteer Broward
954.233.1300

YMCA South FL
954.334.9622

MIAMI-DADE

Empower "U", Inc.
786.318.2337 

Foster Grandparent Prog.
305.514-6000

Jewish Senior Comp Prog
305.514.6000

Jewish Community Svcs
305.403.6500

RSVP Miami-Dade
305.514.6077

Retired Exec Corp
786.425.9119

YMCA South FL
305.357.4000

PALM BEACH

Alpert Jewish Family Svcs
561.684.1991

Area Agency on Aging
561.684.5885

Jewish Federation of PBC
561.478.0700

Jewish Family Services
561.852.3333

Mentor Center of PBC
561.375.6638

YMCA South FL
561.968.9622

STATE

Florida Ombudsman Prog.
850.414.2323

United Way of FL
850-488-8287

Volunteers of America
727.369.8500

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Volunteers of America
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WHAT IS A GERIATRIC SPECIALIST?

QUE ES UN ESPECIALISTA EN GERIATRIA?

HUMBERTO FORTUNA MA, MS

A Geriatric Specialist is a professional that can help you deal with Senior Healthcare issues through his knowledge and experience.

He will advise you on what benefits are available to you and will help solve problem situations in Hospitals, Nursing Homes and other Long-term Care settings.

A consultation with an experienced Geriatric Specialist can save you headaches, money and aggravation, while selecting the correct services and benefits for you or your loved one.

Understanding the correct procedures and the system will give you peace of mind when choosing the right services such as Assisted Living Facility placement, Nursing Home placement, Memory Care placement, Financial Aid, VA Benefits and more.

Personal, One on One Counseling by a Geriatric Specialist is the support that you need. It will give you the confidence and knowledge needed to make the correct decisions. He is your knowledgeable, professional advisor for all your crisis needs. •

Un Especialista en Geriatria es un profesional que puede auxiliar y además contener los problemas de salud y cuidados en Adultos Mayores a través de sus conocimientos y profesionalidad.

Se le aconsejará sobre qué beneficios están disponibles para usted y le ayudará a resolver situaciones problemáticas en Hospitales, Hogares de Ancianos y otros Centros de Asistencia a largo plazo. Una consulta con un profesional en Geriatria le puede ahorrar lo más importante "a no equivocarse" a la hora de toma de decisiones y por lo tanto dinero y otros inconvenientes legales, como también administrativos, llegando a evitarse muchos dolores de cabeza. Una selección correcta junto con un Profesional en Geriatria, contemplará no solamente el beneficio en los servicios para usted, sino que la finalidad de esa contención sea para su ser querido. Los procedimientos correctos, la comprensión y la prudencia en el sistema del cuidado de la salud, dará tranquilidad a la hora de elegir los servicios adecuados, tales como: la búsqueda de servicios de asistencia, un hogar de ancianos, los servicios para el cuidado de la memoria, ayuda financiera, beneficios de VA y muchos otros más. El asesoramiento personalizado de un Especialista en Geriatria es el apoyo correcto y justo que necesita. Se le dará la confianza y los conocimientos necesarios para la toma de decisiones que Ud., puntualmente necesita. Él es su Asesor con toda la herramienta teórica - técnica y profesional para todas sus necesidades en crisis. Acérquese, estamos para ayudarlo a Ud. y darle la atención que merece a su ser querido. •

PRIVATE GERIATRIC CONSULTATIONS

Get expert advice from a Geriatric Specialist

Give yourself peace of mind when
choosing the right services for you



Assisted Living
Communities
Nursing Homes
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Home Care
V.A. Benefits
Medicaid Waiver
Government Programs

Mr. Fortuna has been working with the
senior community since 1990

He is committed to providing ethical,
professional and personalized counseling

Clients leave the consultation session
with the confidence and knowledge
that is needed to make the right decisions

*One time consultation session is all that is needed
to answer all your questions (\$299 for 2 hour session).*

Geriatric Specialist Humberto Fortuna, MA, MS
By appointment only—call for details

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