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PRE AND POST TREATMENT INSTRUCTIONS FOR NEUROMUSCULAR BLOCKERS (I.E. Botox, Xeomin, etc.)

After you receive Botox or Xeomin try to actively squint or smile for several hours after the injection without touching the area. Do not massage or touch the area of injection. Follow restrictions after Botox and Xeomin Injections:

Please avoid the following for six hours after your procedure:

- do not touch the area
- laying down
- leaning forward
- coloring hair
- showering
- any form of exercise
- hats
- cooking over a hot stove
- applying make-up

Note: Your head must remain upright for at least six hours after the injection. If your head changes position, the chance of an eyelid droop increases.