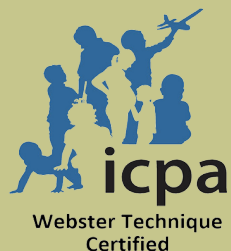




Dr. Katie Peebles

Dr. Katie is certified in Webster Technique through the International Chiropractic Pediatric Association. She has training in Infant Craniosacral Therapy (CST) and she is a member of the Central Florida Birth Network.



Contact Us

☎ (863) 370-5968

🌐 www.achievechirocare.com

✉ info@achievechirocare.com

📍 726 S Missouri Avenue
Lakeland, FL 33815



"Dr. Katie has been amazing! She has helped our son tremendously! He is only a month old and she was so gentle and encouraging. She helped with his body/mouth tension to make nursing a better experience for us. I would recommend her to anyone I know and totally trust her with my children! We are so grateful for her!"
-Aleesha

We have been taking our newborn to Achieve for the purpose of supporting our breastfeeding journey and seen major improvement. Dr. Katie is phenomenal with him and has been a dream to work with. She's so kind, encouraging and supportive. We are so thankful we were connected with her
-Stephanie



ACHIEVE

CHIROPRACTIC & INFANTS



Supporting growth and
development, naturally

Chiropractic Can Help

- Tongue & Lip Ties
- Breastfeeding Issues
- Constipation
- Torticollis
- Plagiocephaly
- Reflux
- Excessive Gas
- Tension/Stiffness
- Difficulty Sleeping

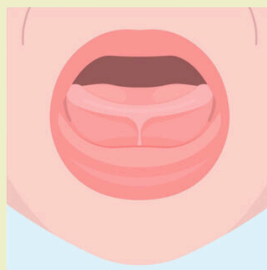
A More Comfortable Body

Proper feeding, sleeping and elimination requires your baby to be in a comfortable and symmetrical body.

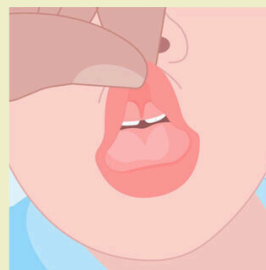


Tethered Oral Tissues

Tethered oral tissues (TOTs) can include lip-ties, tongue-ties, and cheek ties.



TONGUE TIE



LIP TIE

This is when the tissues between the tongue and floor of the mouth, or the lip and gum, are too short and/or thick. This limits the movement of the lips, cheek, and tongue.

Babies with TOTs will tense their jaw, neck, shoulder, and even the hip and leg muscles to compensate for this lack of motion.

This is why tied babies often experience symptoms that affect more than just their oral function.



Chiropractic for Babies

The exam and treatment for infants is incredibly gentle.

Your child should be comfortable and relaxed during their session.

Dr. Katie will use her hands to assess the muscles and joints for abnormal tension.

Treatment for infants only requires the amount of pressure you would use to check the ripeness of a tomato.

Collaborative Care

We know how busy life can be with a newborn. That's why we offer co-treating sessions with:



Grow Lakeland Advanced
Lactation Support
www.growlakeland.com

GROW

The Chiropractor and the International Board Certified Lactation Consultant (IBCLC) will attend your appointment together. Two providers, one visit!