



Photo: Chessler Photography, NYC

Rose Hastreiter

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Workshops, Project Management Advisory & Facilitation

Optimizing Team Performance & Project Ecosystems

Performance + Synergy. Rose loves helping teams boost their daily functionality and follow-through. She helps organizations and teams re-calibrate plans, processes, communication and priorities, especially in times of high change.

Her background includes corporate sectors, various levels of government, and most recently, not-for-profit and academia.

From Project Manager to Performance

Optimizer. In her 20 years of project consulting and leadership, she's learned that behind every project plan are the people who fuel the action. She focuses on the human factor, introducing micro-performance tactics that influence constructive action.



She loves to plant ideas that last a lifetime, while sharing practical tactics people can use immediately. Her key passions are Productivity & Performance (aka Time, Action, Energy Management), Team

Communication, and Creative Thinking. She's known for her highly energetic and entertaining style of audience engagement, with an exceptional workshop success rate over the last 20 years.

Her leadership philosophy is drawn from her interests in Kaizen, Aikido, and performance science. Her integrative approach leverages our physiology to help fuel energy, action and performance. She uses technology as a supportive and secondary mechanism towards desired long-term team behaviour, collaboration, action and decision-making.



She's known for facilitating multi-disciplinary groups through change by working with them to identify and define new processes, re-plan project phases, clarify communication and build-up resiliency.

She addresses costly failure patterns by providing team advisory and workshops tailored to the needs of each project case and skills gap.



Spring update: Rose is currently booked from September through to December 2018 on a national workshop tour. We are currently booking consulting & project advisory from May through to August. Your recommendations are greatly appreciated! Thank you!
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