

# INFORMATION SHEET

## Mosaic MycoTox Profile

(Mycotoxins from mould)

**Price \$515** (as of August 2024)

### WHY A MYCO\_TOX PROFILE IS BENEFICIAL FOR YOU

The Mosaic MycoTox Profile is a comprehensive diagnostic test that detects the presence of mycotoxins, toxic compounds produced by mould, in your body. This test provides critical insights into your exposure to environmental moulds and their impact on your health. By identifying mycotoxins, we can address underlying issues affecting your overall well-being and tailor a personalized treatment plan to help you detoxify and heal.

### WHAT THE MYCO\_TOX PROFILE COVERS

- **Mycotoxin Markers:** Assesses exposure to 11 different mycotoxins from 40 species of mold, providing insights into the types and levels of mycotoxins affecting your body.
- **Detoxification Pathways:** Evaluates your body's ability to detoxify and eliminate mycotoxins, helping to identify potential blocks or inefficiencies in detox pathways.
- **Immune Function:** Analyses how mycotoxins may be impacting your immune system, highlighting areas where immune support might be needed.

### KEY BENEFITS

#### Understanding Your Current Health Status

- **Comprehensive Insight:** The MycoTox Profile provides a detailed snapshot of the types and levels of mycotoxins in your body, highlighting potential sources of exposure.
- **Health Impact:** Identifying mycotoxins can help explain symptoms and health issues you may be experiencing, allowing for targeted detoxification strategies.

#### Personalised Treatment Plan

- **Individual Needs:** The results of the MycoTox Profile enable the creation of a treatment plan tailored to your specific needs, addressing the unique toxins affecting your health.

- **Targeted Interventions:** Personalised recommendations for diet, supplements, and lifestyle changes ensure more effective and efficient detoxification and health improvements.

## IMBALANCES AND HEALTH CONDITIONS

Understanding how mycotoxin exposure relates to various health conditions emphasises the importance of this test:

### General Health Conditions

- **Chronic Fatigue and Fibromyalgia:** Mycotoxins can impair mitochondrial function and energy production, contributing to chronic fatigue and muscle pain.
- **Immune Dysfunction:** Exposure to mycotoxins can weaken the immune system, making you more susceptible to infections and autoimmune disorders.
- **Respiratory Issues:** Mycotoxins can cause or exacerbate respiratory problems such as asthma, bronchitis, and sinusitis.

### Mental Health Conditions

- **Obsessive-Compulsive Disorder (OCD):** Exposure to mycotoxins can lead to neuroinflammation and mycotoxins themselves can affect neurotransmitter balance, each contributing to symptoms of OCD.
- **Anxiety and Depression:** Exposure to mycotoxins can lead to neuroinflammation and hormonal imbalances, which are linked to anxiety and depression.
- **Attention-Deficit/Hyperactivity Disorder (ADHD):** Mycotoxins can impact cognitive function and attention, potentially worsening ADHD symptoms.
- **Autism Spectrum Disorder (ASD):** Mycotoxins can influence gut health and detoxification pathways, both of which are crucial in managing ASD symptoms.

A Mosaic MycoTox Profile is an essential tool for detecting and understanding the impact of mycotoxins on your health. By identifying these harmful toxins, we can develop a personalised detoxification plan to address and improve your overall wellbeing.

For more information about the MycoTox Profile, visit [RN Labs](#).

## NEXT STEPS

1. **Book Your Test:** Contact me to schedule your Mosaic MycoTox Test
2. **Receive Personalised Analysis:** Get a detailed report and a more personalised treatment plan based on what we discuss in our consultation, in addition to your individualised test results.
3. **Start Your Journey to Better Health:** Begin implementing targeted interventions to address your specific health needs.

At Janaya Karloci Naturopath, I am committed to empowering you with the knowledge and tools you need to lead a well, peaceful, fulfilling, and empowered life.

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