

# HOLISTIC HIJAMA

## CUPPING THERAPY



*Services/Pricing*

### **HIJAMA (WET CUPPING)**

*Hijama is a method of treatment where blood is drawn from small superficial skin incisions, through suction from the skin, and with it, releases toxins from within the body, reduces muscle inflammation, and kickstarts the body's immune system*

**ONE TIME SESSION: \$125**

**THREE SESSION PACKAGE: \$330**

- YOU PAY \$110/SESSION & SAVE \$45!

**FIVE SESSION PACKAGE: \$525**

- YOU PAY \$105/SESSION & SAVE \$100!

**FULL BODY SESSION (BACK & LEGS): \$200**

- WITH HEAD: \$225

### **DRY CUPPING**

*Dry cupping is a method of treatment where dry cups are both fixed & moved with deep pressure on muscles & tissues in order to loosen tension within the muscles, reduce tightness, and relieve pain*

**HALF BODY SESSION: \$100**

**FULL BODY SESSION: \$160**

### **FACIAL CUPPING**

*Facial rejuvenation! An Amazing way to help deal with wrinkles, fine lines, acne, oily/dry skin and make your skin glow*

**FACIAL CUPPING MASSAGE: \$60**

**FACIAL CUPPING MASSAGE + FACIAL WET CUPPING: \$90**

### **LIFE COACHING**

*Help yourself progress in life & gain greater fulfillment. Work with our life coach in order to clarify your life goals, and come up with a plan to reach them by using your strengths to your advantage*

**30-MINUTE SESSION: \$50**

**60-MINUTE SESSION: \$85**

