# Budesonide (rectal)

ENTOCORT® enema





# What this medication is used for

Widely used for children with ulcerative colitis and sometimes Crohn's disease.



Health Canada also approved for ulcerative colitis in adults.



# How long to use this medication

This medication may be used to get your IBD under control. It will not be used to keep it under control long-term, but may be restarted in case of a flare-up of your IBD.



## How this medication works

Budesonide works locally by reducing inflammation in many different ways. It is very similar to a natural hormone in your body, cortisol.



## Monitoring during treatment

Regular blood tests, stool tests, endoscopy and/or other imaging will be done to monitor for response and side effects to medications.



#### How to use this medication

Budesonide comes as bottles of liquid and a separate blister pack of tablets. One tablet must be fully dissolved in one bottle before use. Tablets are not to be taken by mouth.

Use this medication at night before going to bed. Rectal doses should be held for at least 30 minutes, but it could take time and practice before being able to do so. If possible, hold the dose all night.

Although some individuals receive benefit quite quickly, it can take a little longer in others. Keep taking your medication.



## Side Effects

When taken as prescribed and for short periods of time, budesonide causes few to no side effects. Diarrhea, flatulence and bloating can occur during administration.



## Where treatment is administered

Fill your prescription at your pharmacy.



## When I should call my doctor

Please call if:

- -You want to or have already stopped the medicine
- -If you are concerned about any side effects
- -Worsening IBD symptoms such as blood in the stool, diarrhea and/or abdominal pain
- -If you become pregnant



#### **Vaccines**



