Budesonide MMX

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CANADIAN CHILDREN INFLAMMATORY BOWEL DISEASE NETWORK
A CH.I.L.D. Foundation Initiative

What this medication is used for

Widely used for children with ulcerative colitis.

Health Canada also approved for adults: ulcerative colitis.

How this medication works

Budesonide works locally by reducing inflammation in many different ways. It is very similar to a natural hormone in your body, cortisol.

Special tests done prior to starting

People with severe allergy to peanuts and/or soy should not use this medication.

How to use this medication

Available as tablets, to be taken once a day. Tablets must be swallowed whole and not be cut, chewed, crushed or dissolved.

While taking this medication, **it is forbidden to** eat grapefruit or drink grapefruit juice.

Where treatment is administered



Fill your prescription at your pharmacy.

How long to use this medication

This medication may be used to get your IBD under control. It will not be used to keep it under control long-term, but may be restarted in case of a flare-up of your IBD.

Monitoring during treatment

Regular blood tests, stool tests, endoscopy and/or other imaging will be done to monitor for response and side effects to medications.

Side Effects

When taken as prescribed and for short periods of time, budesonide causes few to no side effects.

When I should call my doctor

Please call if:

-You want to or have already stopped the medicine

-If you are concerned about any side effects

-Worsening IBD symptoms such as blood in the stool, diarrhea and/or abdominal pain

Vaccines

Live vaccines - Please discuss with your physician.

Inactivated vaccines - Safe

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