

Budesonide MMX

CORTIMENT®



What this medication is used for

Widely used for children with ulcerative colitis.



Health
Canada

Health Canada also approved for ulcerative colitis in adults.



How long to use this medication

This medication may be used to get your IBD under control. It will not be used to keep it under control long-term, but may be restarted in case of a flare-up of your IBD.



How this medication works

Budesonide works locally by reducing inflammation in many different ways. It is very similar to a natural hormone in your body, cortisol.



Monitoring during treatment

Regular blood tests, stool tests, endoscopy and/or other imaging will be done to monitor for response and side effects to medications.



Special tests done prior to starting

People with severe allergy to peanuts and/or soy should not use this medication.



Side Effects

When taken as prescribed and for short periods of time, budesonide causes few to no side effects.



How to use this medication

Available as capsules, to be taken once a day. Capsules should be swallowed whole, but if necessary, they may be opened to sprinkle the small beads they contain in apple sauce. Beads must be swallowed without being crushed, chewed or dissolved.

While taking this medication, **do not** eat grapefruit or drink grapefruit juice.



When I should call my doctor

Please call if:

- You want to or have already stopped the medicine
- If you are concerned about any side effects
- Worsening IBD symptoms such as blood in the stool, diarrhea and/or abdominal pain
- If you become pregnant



Where treatment is administered

Fill your prescription at your pharmacy.



Vaccines



Live vaccines
- Not Safe



Inactivated vaccines
- Safe