5-ASA or Mesalamine (Rectal)

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CANADIAN CHILDREN INFLAMMATORY BOWEL DISEASE NETWORK
A CH.I.L.D. Foundation Initiative

MEZERA® foam or suppositories, PENTASA® enema or suppositories, SALOFALK® enema or suppositories

What this medication is used for

Widely used for children with ulcerative colitis.

Health Canada

Health Canada also approved for adults: Crohn's disease and ulcerative colitis

How this medication works

5-ASA work locally to reduce inflammation in the intestine.

There are a number of 5-ASA medications which differ based on route of administration and medication coating.

How to use this medication

-Use this medication at night before going to bed.

-Rectal doses should be held for at least 30 minutes but it may take time and practice to be able to do so, If possible, hold the dose all night.

-Although some individuals notice improvement quickly, it may take longer for others. Keep taking your medication.

Where treatment is administered



Fill your prescription at your pharmacy.

Vaccines

✓ Live vaccines - Safe

✓ Inactivated vaccines - Safe

How long to use this medication

This medication will be used to get your IBD under control and keep it under control long-term.

Monitoring during treatment

Regular blood tests, stool tests, endoscopy and/or other imaging will be done to monitor for response and side-effects to medication.

Side Effects

Abdominal pain, diarrhea, nausea or headaches can occur.

-Inflammation of the pancreas, lungs, liver, kidneys and heart may very rarely occur.

When I should call my doctor

Please call if:

-You want to or have already stopped the medicine

-If you are concerned about any side effects.

-Worsening IBD symptoms such as blood in the stool, diarrhea and/or abdominal pain.

-If you become pregnant.

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