Adalimumab

HUMIRA®, AMGEVITA®*, ABRILADA®*, HULIO®*, HYRIMOZ®*, HADLIMA®*, SIMLANDI®*, YUFLYMA®*, IDACIO®**biosimilar

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CANADIAN CHILDREN INFLAMMATORY BOWEL DISEASE NETWORK
A CH.I.L.D. Foundation Initiative

What this medication is used for

Widely used for children with Crohn's disease or ulcerative colitis.

Health Canada approved for:
Pediatrics:
-Crohn's disease and ulcerative colitis
Adults:
-Crohn's disease and ulcerative colitis

How this medication works

Adalimumab works by blocking the action of a cytokine called tumor necrosis factor alpha (TNFα) which is made by the immune system and drives inflammation.

How to use this medication

-All doses are given as a subcutaneous injection (under the skin, typically into the thigh or the abdomen).

-Two loading doses are given approximately 2 weeks apart. A maintenance dose is given every 2 weeks thereafter. Some individuals may require higher doses or more frequent injections.

-Although some individuals receive benefit quite quickly, it can take a little longer in others. Keep taking your medication.

Tips to make injections easier:
-Ice pack before injection
-Numbing cream if recommended
-Deep breathing or distraction
-Music, videos, or stress balls
Rotating injection sites

Where treatment is administered

After initial teaching, most doses are administered at home. A patient support program will help facilitate teaching.

Special tests done prior to starting

-Tests to screen for infections including tuberculosis and immunity to various viruses.

How long to use this medication

This medication will be used to get your IBD under control and keep it under control long-term. Other medications may be used with Adalimumab.

Monitoring during treatment

Regular blood tests including stool tests, endoscopy and/or other imaging will be done to monitor for response and side effects to medications.

The amount of adalimumab in your blood can be monitored to make sure you are taking enough and not taking too much.

Side effects

- Injection site reactions such as redness, pain & itching. Tell your doctor if these are severe.

-Medications that affect the immune system may be associated with developing infections and very rarely cancer.

-Headaches

-Skin rash (psoriasis/eczema)

When to call my doctor

Please call if:
-You want to or have already stopped the medicine
-If you are concerned about any side effects

Other reasons to call your doctor:
-Fever or think you have an infection

Vaccines

✗ Live vaccines
-not safe

✓ Inactivated vaccines
-safe

ATTENTION : ce contenu est fourni à titre informatif uniquement et ne remplace en aucun cas un avis médical professionnel, un diagnostic ou un traitement.

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