

# Akashic Record Consultation

The Akashic Record is the past, present and future knowledge of all things. It is the recording of the Soul's journey since inception, as well as the possibilities of its unfoldment in the future.

Referred to in virtually every ancient spiritual teaching, it is known in the bible as The Book of Life. An Akashic Record Consultation consists of opening up the record of one's Soul and allowing the information from this profound spiritual level to come forward. Perceptions and insights from this deep spiritual perspective will support you in your life right now. Specifics about past lives may or may not be relevant. What is generally valuable is guidance as to how to work through patterns present in one's current life and opportunities for growth and direction.

We will be working with the Light for the Highest Good of All Concerned. We surrender to The Divine Spirit for all direction. I open myself to the information available from your Records and allow myself to look and to say that which comes directly to me. We work with your questions, so it is important to prepare yourself by reflecting on your current life circumstances and where you would like greater clarity. Your openness determines to a large extent what happens during the session and what Spirit will bring forward.

Please remember that all counsel and healing given in the session is presented in order to assist you with your own consciousness. You may choose to share this experience with others. You are responsible for the results of their receiving the information as it is recounted or interpreted by you.

I do my best to relay what I am given to the best of my ability, presenting you with all that is conveyed to me during the Akashic Record Consultation in confidentiality. It will be supportive if you understand that no matter what I say, you are responsible for reviewing the session in the context of your own life. Please consider the overall impact of our moments together as we allow Spirit to move through our path. You may feel the effect immediately or after months, or both.

Please sign below indicating you acknowledge this letter as written.

Signature \_\_\_\_\_ Date \_\_\_\_\_

Name \_\_\_\_\_

Email \_\_\_\_\_

Phone Number \_\_\_\_\_

# Do's & Don'ts For Your Consultation

^ Do make a list of questions to work from that you would like answered. You don't want to waste anytime trying to decide what to ask.

^ Do bring something to record any information you receive

^ Do allow 1/5 to 2 hours for your consultation. You do not want to be rushed.

^ Don't do any recreaational drugs or alcohol for 24 hours prior to the consultation. Prescription drugs are acceptable

Your experience with the Akashic Records is uniquely your own. Address the areas you are interested in.

We have composed a list of areas you may want to consider during an Akashic Records Consultation:

Spiritual Growth  
Interaction with friends & family  
Repeating patterns and behaviors  
Recurring dreams  
Influences from past lives  
Influences from outside sources

As your consultation continues areas of consideration will come into your heart. Be open to and aware of them.

Remember that Spirit is always with us in the Hall of Records