

Homemade Mint Extract Cheat Sheet

You can use any mint or combination of mints you enjoy.

Imperial Measurements

Metric Measurements

Alcohol	General Rule	Alcohol	General Rule
1 oz (1/8 Cup)	.0625 C (1/16th C)	750 ml	1.66 C (1 2/3 C)
4 oz (1/2 Cup)	.25 C	1750 ml (1.75 Liters)	3.75 C (3 3/4 C)
8 oz (1 Cup)	.5 C	Directions: 1. Stuff mint leaves into a glass jar. 2. Using the handle of a wooden spoon lightly bruise/crush the leaves inside the jar. 3. Add vodka (or other alcohol) covering the mint. 4. Every few days shake your bottle to gently mix the liquid inside. 5. After 5-6 weeks you have an extract. Strain the extract with a cheesecloth into another jar before funneling into individual bottles for gift giving.	
16 oz (1 Pint)	1 C		
32 oz (1 Quart)	2 C		
64 oz (1/2 Gallon)	4 C		
128 oz (1 Gallon)	8 C		

How to Make Mint Extract with Dried Leaves

1. Use one-third to one-half the amount of dried leaves. The dried leaves will swell and rehydrate with the alcohol, be sure to have plenty of room in your jar.
2. Check the jar after 24 hours to see if the mint is at or above the alcohol line. If so, add more alcohol to fully submerge the mint.