

Tropical Mango Oatmeal

A vibrant and refreshing oatmeal with the flavors of mango and coconut, enhanced with the taste of Mango Mélange tea.

PREP TIME: 5 minutes

COOK TIME: 10 minutes

1 C rolled oats
2 C water
1/2 C brewed Mango Mélange tea,
cooled
1/2 C diced mango (fresh or frozen)

1/4 C coconut milk
1 T shredded coconut
1 T honey
1/4 C chopped macadamia nuts

BRING THE WATER and Mango Mélange tea to a boil in a saucepan.

ADD THE OATS and reduce the heat to low.

COOK, STIRRING OCCASIONALLY, until the oats are tender, about 5 minutes.

STIR IN THE MANGO, coconut milk, shredded coconut, and honey.

COOK FOR ANOTHER 2 MINUTES, until the mango is softened.

SERVE TOPPED with chopped macadamia nuts.