

2x2 Twisted Rib Socks

by [Khrissi Satterfield](#) Oct 2020

Supplies

47" US 2 needle

2 skeins Schachenmayr Regia 4-ply (2 skeins will make 2 pair, you can use one skein divided in half if you prefer)

Stitch Marker

Abbreviations

PM - Place Marker

K - Knit

P - Purl

rnd - Round

rep - Repeat

tbl - through back loop

M1 - K1 in front & back loop of stitch

st - stitch

itr - in the round

k2tbl - knit through back loop, twice (this isn't 2 together)

Sizes

Small (Ladies 8), Medium (Ladies 9), Large (Men's 10), X-Large (Men's 11)

Pattern written for Large; other sizes in brackets

Large, [S, M, XL]

Notes

This pattern assumes you know how to cast on using **Judy's Magic Cast On**, or similar cast on for two at a time, toe-up socks.

The pattern is written for one sock, but be sure to do the same to both socks simultaneously, unless otherwise specified.

The pattern is written so that the stitch count is based on the side you're working on.

Ex: When I write, "cast on 4 sts", I mean 4 sts per needle, for a total of 8 sts per sock, please, don't let this confuse you.

Pattern Stitches

2x2 Twisted Rib

K1tbl, *P2,K2tbl; rep from * to last stitch, K1tbl.

1 x 1 Twisted Rib

* K1tbl, P1; rep from * around

Judy's Magic Cast On

Written Instructions

<https://knitty.com/ISSUEspring06/FEATmagiccaston.html>

Video

<https://youtu.be/gkyd3nq3Yn8>

Jeny's Surprisingly Stretchy Bind Off

Written instructions

<https://knitty.com/ISSUEfall09/FEATjssbo.php>

Video

<https://www.youtube.com/watch?v=C-GqitE8Qt8>

Toe

Cast on 4 sts, PM (pm on sock 1 only), join itr[4, 4, 4]

K 1 rnd

*M1 around (8 sts)

K1 rnds

*K1, M1 around (12 sts)

K2 rnds

*K2, M1 around (16 sts)

K3 rnds

*K3, M1 around (20 sts)

K4 rnds

*K4, M1 around (24 sts)

K3 rnds

*K5, M1 around (28 sts)

K3 rnds

*K6, M1 around (32 sts)

K3 rnds [Small and Medium, begin Foot instructions]

*K7, M1 around (36 sts)

K3 rnds [Large, begin Foot instructions]

*K8, M1 around (40 sts)

K1 rnd [X-Large, begin Foot instructions]

Foot

Begin **2x2 Twisted Rib** on instep (front needles), continue to knit **Stockinette** on sole (back needles). Knit in established pattern until Foot measures 8 1/4" [7 1/4"; 7 3/4"; 9"]

Heel

Short Row Heel

Wrapping

1. Work heels flat on the back side (sole) of socks. This example uses 32 sole stitches; however, this works with any number of stitches.
2. Rnd 1 (RS): K31 sts; wrap the next stitch and turn work.
3. Rnd 2 (WS): P30 sts; wrap the next stitch and turn work.
4. Rnd 3: Knit to 1 before previously wrapped stitch; wrap next st & turn.
5. Rnd 4: Purl to 1 before previously wrapped stitch; wrap next st & turn.
6. Rep mds 3 & 4 until about 1/3 of sts remains unwrapped in the center of the heel

Picking Up

1. Rnd 1 (RS): Knit to first wrapped stitch. Pick up wrap & work together with the stitch. Wrap the next stitch & turn.
2. Rnd 2 (WS): Purl to first wrapped stitch. Pick up wrap & work with the stitch. Wrap the next stitch & turn.
3. Rnd 3: Knit to the first double wrapped stitch, pick up both wraps & work together with the stitch. Wrap the next stitch & turn.
4. Rnd 4: Purl to the first double wrapped stitch, pick up both wraps & work together with the stitch. Wrap the next stitch & turn.
5. Rep mds 3 & 4 until you have worked all wrapped stitches. Do not wrap after picking up the last double wrapped stitch.

Leg

After completing the short row heels, return to itr.

Continue knitting in the established manner for a further inch.

Begin **2x2 Twisted Rib Pattern** on backside of socks. Knit legs until they reach 7".

Begin **1x1 Twisted Rib Pattern**; knit for 1.5"

Bind off in pattern with a stretchy bind off, or use a US 4 to bind off.

I use **Jeny's Surprisingly Stretchy bind off**, but modified it slightly by knitting in the back loop for knit stitches.

Feel free to use your preferred method.