

Blueberry Earl Grey Bravo Oatmeal

A delightful oatmeal with the flavors of fresh blueberries and the citrus notes of Earl Grey Bravo tea.

PREP TIME: 5 minutes

COOK TIME: 10 minutes

1 C rolled oats
2 C water
1/2 C brewed Earl Grey tea, cooled
1/2 C fresh blueberries

1 T honey
1/2 t vanilla extract
1/4 C chopped almonds

BRING THE WATER and Earl Grey tea to a boil in a saucepan.

ADD THE OATS and reduce the heat to low.

COOK, STIRRING OCCASIONALLY, until the oats are tender, about 5 minutes.

STIR IN THE BLUEBERRIES, honey, and vanilla extract.

COOK FOR ANOTHER 2 MINUTES, until the blueberries are softened.

SERVE TOPPED with chopped almonds.