## PNW Hawaiian Luau

## SOUP AND SALAD

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## Coconut and Pineapple Chicken Soup

### with Mango Mélange Tea

A tropical and creamy chicken soup with the sweetness of pineapple and the aromatic infusion of Mango Mélange Tea.

**PREP TIME:** 15 minutes **COOK TIME:** 30 minutes

1 lb chicken breast, cubed 4 C chicken broth

1 T olive oil 1/4 C Mango Mélange Tea, brewed and

1 Med onion, chopped cooled

2 cloves garlic, minced 1 T fish sauce

1 med red bell pepper, chopped 1 T lime juice

1 C pineapple chunks Salt and pepper to taste

1 can (14 oz) coconut milk 1 sm bunch fresh cilantro, chopped

**COOK THE CHICKEN** In a large pot, heat olive oil over medium heat. Add chicken and cook until browned. Remove and set aside.

**PREPARE THE BASE** In the same pot, add onion, garlic, and red bell pepper. Cook until softened.

**COMBINE INGREDIENTS** Add pineapple chunks, coconut milk, chicken broth, and Mango Mélange Tea. Bring to a simmer.

**FINISH THE SOUP** Return the chicken to the pot. Add fish sauce, lime juice, salt, and pepper. Simmer for 15 minutes.

**SERVE** Ladle the soup into bowls and garnish with chopped fresh cilantro.

## Tropical Fruit Salad

#### with Hibiscus Tea Vinaigrette

A refreshing salad featuring a mix of tropical fruits, dressed with a tangy hibiscus tea vinaigrette.

**PREP TIME:** 20 minutes

2 C mixed tropical fruits (pineapple, mango, papaya, kiwi), cubed

1/2 C Hibiscus Tea, brewed and cooled

2 Thoney

1 T lime juice

1 t Dijon mustard 1/4 C olive oil

Salt and pepper to taste

1 sm bunch fresh mint, chopped

PREPARE THE VINAIGRETTE In a bowl, whisk together Hibiscus Tea, honey, lime juice, Dijon mustard, olive oil, salt, and pepper until well combined.

**ASSEMBLE THE SALAD** In a large bowl, combine mixed tropical fruits.

**DRESS THE SALAD** Pour the hibiscus tea vinaigrette over the fruit and toss gently to combine.

**GARNISH** with chopped fresh mint before serving.

#### **Ahi Tuna Poke**

#### with Green Rooibos Key West Tea

A classic Hawaiian appetizer featuring fresh ahi tuna, marinated with the bright flavors of Green Rooibos Key West Tea.

**PREP TIME**: 15 minutes

1 lb sushi-grade ahi tuna, cubed

1/4 C sov sauce 1 T sesame oil

1/4 C Green Rooibos Key West tea,

brewed and cooled

1 med avocado, diced

**MARINATE TIME: 30 minutes** 

1/4 C green onions, chopped

1 T sesame seeds

1 t red pepper flakes

Salt to taste

1 sm bunch fresh cilantro, chopped

PREPARE THE MARINADE In a bowl, mix soy sauce, sesame oil, Green Rooibos Key West tea, and red pepper flakes.

MARINATE THE TUNA Add cubed ahi tuna to the marinade and refrigerate for 30 minutes.

**ASSEMBLE THE POKE** In a serving bowl, combine marinated tuna, diced avocado, green onions, and sesame seeds.

**GARNISH** with chopped fresh cilantro before serving.

## **Coconut Shrimp**

#### with Pineapple Papaya Salsa and Passionfruit Tango Tea

Crispy coconut shrimp served with a vibrant pineapple papaya salsa, enhanced with the tropical notes of Passionfruit Tango Tea.

PREP TIME: 20 minutes

1 lb lg shrimp, peeled and deveined

1/2 C flour

2 lg eggs, beaten

1 C shredded coconut

1/2 C panko breadcrumbs

1/4 C Passionfruit Tango tea, brewed and

cooled

1 C pineapple, diced

**COOK TIME:** 10 minutes

1 C papaya, diced

1/4 C red onion, finely chopped

1 med jalapeño, seeded and minced

1 T lime juice

Salt to taste

1 sm bunch fresh cilantro, chopped

Vegetable oil for frying

**PREPARE THE SHRIMP** Dredge shrimp in flour, dip in beaten eggs, then coat with a mixture of shredded coconut and panko breadcrumbs.

**FRY THE SHRIMP.** Heat vegetable oil in a skillet over medium-high heat. Fry shrimp until golden brown and crispy. Drain on paper towels.

**MAKE THE SALSA** In a bowl, combine pineapple, papaya, red onion, jalapeño, lime juice, Passionfruit Tango tea, and salt.

**SERVE** Arrange shrimp on a platter and serve with pineapple papaya salsa. Garnish with chopped fresh cilantro.

# Taro and Sweet Potato Croquettes with Ginger Peach Tea

Crispy croquettes made with taro and sweet potato, infused with the warm flavors of ginger peach tea.

PREP TIME: 20 minutes

1 med taro root, peeled and grated 1 med sweet potato, peeled and grated 1/4 C Ginger Peach tea, brewed and cooled 1/4 C all-purpose flour **COOK TIME:** 15 minutes

1 Ig egg, beaten1/2 C panko breadcrumbsSalt and pepper to tasteVegetable oil for frying1 sm bunch fresh green onions, chopped

**PREPARE THE MIXTURE** In a bowl, combine grated taro root, grated sweet potato, Ginger Peach tea, flour, beaten egg, salt, and pepper. Mix until well combined.

**FORM THE CROQUETTES** Shape the mixture into small patties and coat with panko breadcrumbs.

**FRY THE CROQUETTES.** Heat vegetable oil in a skillet over medium-high heat. Fry croquettes until golden brown and crispy. Drain on paper towels.

**GARNISH** with chopped fresh green onions before serving.

# Pineapple and Macadamia Nut Spring Rolls with Tropical Green Tea

Fresh spring rolls filled with pineapple, macadamia nuts, and vegetables, served with a tropical green tea dipping sauce.

PREP TIME: 25 minutes

8 rice paper wrappers 1/4 C Tropical Green tea, brewed and

1 C pineapple, julienned cooled

1/2 C macadamia nuts, chopped 2 T soy sauce

1 Med carrot, julienned1 Trice vinegar1 Med cucumber, julienned1 thoney

1/4 C fresh mint leaves 1 t sesame oil

1/4 C fresh cilantro leaves

**PREPARE THE FILLING** In a bowl, combine pineapple, macadamia nuts, carrot, cucumber, mint leaves, and cilantro leaves.

**ASSEMBLE THE SPRING ROLLS** Dip each rice paper wrapper in warm water to soften. Place a small amount of the filling in the center of each wrapper and roll tightly.

**MAKE THE DIPPING SAUCE** In a bowl, mix Tropical Green tea, soy sauce, rice vinegar, honey, and sesame oil until well combined.

**ARRANGE** spring rolls on a platter and serve with the tropical green tea dipping sauce.

### **Hawaiian BBQ Jackfruit Tacos**

#### with Pineapple Oolong Tea

Flavorful jackfruit tacos with a Hawaiian BBQ twist, complemented by the subtle notes of pineapple oolong tea.

**PREP TIME:** 20 minutes **COOK TIME:** 20 minutes

2 cans (20 oz each) young jackfruit, 1 med red onion, thinly sliced

drained and shredded 1 C pineapple, diced

1/2 C Pineapple Oolong tea, brewed and 1/4 C fresh cilantro, chopped

cooled 8 sm corn tortillas

1/2 C BBQ sauce 1 med lime, cut into wedges

**PREPARE THE JACKFRUIT** In a skillet, heat olive oil over medium heat. Add shredded jackfruit and cook until lightly browned.

**ADD THE SAUCE** Stir in Pineapple Oolong tea and BBQ sauce. Cook until the jackfruit is well coated and heated through.

**ASSEMBLE THE TACOS** Warm the corn tortillas. Fill each tortilla with the BBQ jackfruit, sliced red onion, and diced pineapple.

**GARNISH** with chopped fresh cilantro and serve with lime wedges on the side.

#### Miso Glazed Halibut

#### with Jasmine Chun Hao Tea

A delicate and flavorful halibut dish glazed with miso and infused with the aromatic notes of jasmine tea.

**PREP TIME:** 15 minutes **COOK TIME:** 15 minutes

4 halibut fillets 1 T soy sauce 1/4 C white miso paste 1 T honey

2 T Jasmine Chun Hao tea, brewed and 1 t sesame oil 1 sm bunch green onions, chopped

2 T mirin 1 med lemon, cut into wedges

**PREPARE THE GLAZE** In a bowl, mix white miso paste, Jasmine Chun Hao tea, mirin, soy sauce, honey, and sesame oil until smooth.

GLAZE THE HALIBUT Brush the miso glaze over the halibut fillets.

**COOK THE HALIBUT** Preheat the oven to 400°F. Place the halibut fillets on a baking sheet and bake for 12-15 minutes until the fish is cooked through and flaky.

**SERVE** Garnish with chopped green onions and serve with lemon wedges on the side.

## Hawaiian Style Kalua Pork

#### with Pu-erh Dante Tea

A traditional Hawaiian dish featuring tender, smoky Kalua pork infused with the rich, earthy flavors of Pu-erh tea.

**PREP TIME:** 20 minutes **COOK TIME**: 8-10 hours (slow cooker)

4 lb pork shoulder 1 T liquid smoke 1/4 C Pu-erh Dante tea, brewed and 1 T sea salt

cooled 1 sm bunch green onions, chopped

**PREPARE THE PORK** Rub the pork shoulder with sea salt and place it in a slow cooker.

**ADD THE FLAVORS** Pour Pu-erh Dante tea and liquid smoke over the pork.

**COOK THE PORK** Cover and cook on low for 8-10 hours until the pork is tender and easily shredded.

**SHRED AND SERVE** Shred the pork with two forks and mix with the cooking juices. Garnish with chopped green onions before serving.

# Hawaiian Sweet Potato Mash with Coconut and Earl Grey Moonlight Tea

A creamy and flavorful sweet potato mash with a hint of coconut and the subtle richness of black tea.

**PREP TIME:** 15 minutes **COOK TIME:** 20 minutes

4 med sweet potatoes, peeled and cubed

2 T unsalted butter

1/4 C Earl Grey Moonlight tea, brewed and cooled

2 T unsalted butter

Salt and pepper to taste

1/4 C toasted coconut flakes

1/4 C coconut milk

**COOK THE SWEET POTATOES** Boil sweet potatoes in salted water until tender, about 15 minutes. Drain and mash.

**PREPARE THE MASH** In a bowl, mix mashed sweet potatoes, Earl Grey Moonlight tea, coconut milk, and butter until smooth. Season with salt and pepper.

**SERVE** Transfer to a serving dish and sprinkle with toasted coconut flakes.

# Sautéed Hearty Greens with Ginger Peach Tea

A vibrant and nutritious side dish of sautéed hearty greens, enhanced with the warm flavors of ginger peach tea.

PREP TIME: 10 minutes

COOK TIME: 10 minutes

1 lb mixed hearty greens (kale, Swiss chard, collard greens), chopped

2 T olive oil

2 cloves garlic, minced

COOK TIME: 10 minutes

1/4 C Ginger Peach tea, brewed and cooled

Salt and pepper to taste

1 sm bunch fresh parsley, chopped

**SAUTÉ THE GREENS** In a large skillet, heat olive oil over medium heat. Add garlic and cook until fragrant. Add mixed greens and sauté until wilted.

**ADD THE TEA** Pour in the Ginger Peach tea and cook until the liquid is mostly evaporated. Season with salt and pepper.

**SERVE** Transfer to a serving dish and garnish with chopped fresh parsley.

## Pineapple Fried Rice

#### with Jasmine Tea

A delicious and aromatic pineapple fried rice, infused with the delicate flavors of Jasmine Chun Hao tea.

PREP TIME: 15 minutes	COOK TIME: 15 minutes
2 C cooked jasmine rice, cooled 1 C pineapple chunks	1/4 C Jasmine Chun Hao tea, brewed and cooled
1 Med red bell pepper, diced	2 T vegetable oil
1/2 C peas	1 sm bunch green onions, chopped
2 cloves garlic, minced	1 med lime, cut into wedges
2 T soy sauce	

**PREPARE THE INGREDIENTS** In a large skillet or wok, heat vegetable oil over medium-high heat. Add garlic and cook until fragrant.

**COOK THE VEGETABLES** Add red bell pepper and peas, cooking until tender.

**ADD THE RICE AND PINEAPPLE** Stir in cooked jasmine rice, pineapple chunks, and soy sauce. Cook until heated through.

**ADD THE TEA** Pour in Jasmine Chun Hao tea and stir until well combined.

**TRANSFER** to a serving dish and garnish with chopped green onions. Serve with lime wedges on the side.

## **Tropical Fruit Sorbet**

#### with Hibiscus Tea

A refreshing and light sorbet featuring a blend of tropical fruits and the tangy notes of hibiscus tea.

**PREP TIME:** 15 minutes **FREEZE TIME:** 4 hours

2 C mixed tropical fruits (mango, pineapple, papaya), peeled and 1 T lime juice chopped 1 sm bunch fresh mint (optional, for 1/2 C Hibiscus tea, brewed and cooled garnish)

**PREPARE THE SYRUP** In a saucepan, combine sugar and Hibiscus Tea. Heat until the sugar is dissolved, then let cool.

**BLEND THE INGREDIENTS** In a blender, combine tropical fruits, Hibiscus tea syrup, and lime juice. Blend until smooth.

**FREEZE THE SORBET** Pour the mixture into an ice cream maker and churn according to the manufacturer's instructions. Transfer to a container and freeze for at least 4 hours until firm.

**SCOOP** the sorbet into bowls and garnish with fresh mint, if desired.

If you do not have an ice-cream maker, you can still create this recipe. You will just need to tend to it a bit more. Here is how you can do it:

**PREPARE THE SYRUP** by combining sugar and Hibiscus tea in a saucepan. Heat until the sugar is dissolved, then let cool.

**BLEND THE INGREDIENTS** by combining tropical fruits, Hibiscus tea syrup, and lime juice in a blender. Blend until smooth.

**FREEZE THE SORBET** by pouring the mixture into a shallow, freezer-safe container. Place in the freezer.

**STIR THE MIXTURE** every 30 minutes for the first 2 hours to break up ice crystals and ensure a smooth texture.

FREEZE FOR AT least 4 hours until firm.

### **Chocolate Macadamia Nut Tart**

#### with Vanilla Oolong Tea

A rich and indulgent chocolate tart with a macadamia nut crust, infused with the warm flavors of vanilla black tea.

**PREP TIME:** 20 minutes **CHILL TIME:** 2 hours

**COOK TIME:** 30 minutes

1 1/2 C macadamia nuts, finely ground 8 oz dark chocolate, chopped

1/4 C sugar 1 t vanilla extract

1/4 C unsalted butter, melted 1/4 t salt

1/2 C heavy cream 1/2 C whipped cream (optional, for

1/4 C Vanilla Oolong tea, brewed and serving)

cooled

**PREPARE THE CRUST** Preheat the oven to 350°F. In a bowl, mix ground macadamia nuts, sugar, and melted butter until combined. Press the mixture into the bottom and up the sides of a tart pan. Bake for 10 minutes, then let cool.

**MAKE THE FILLING** In a saucepan, heat heavy cream and Vanilla Oolong tea until just simmering. Remove from heat and add chopped dark chocolate, stirring until smooth. Stir in vanilla extract and salt.

**ASSEMBLE THE TART** Pour the chocolate mixture into the cooled crust. Chill in the refrigerator for at least 2 hours until set.

## **Coconut Haupia**

#### with Mango Green Tea

A traditional Hawaiian coconut pudding infused with the tropical flavors of mango green tea.

**PREP TIME:** 10 minutes **CHILL TIME:** 2 hours

**COOK TIME:** 10 minutes

1 can (14 oz) coconut milk
1/2 C Mango Green tea, brewed and
1/4 C cornstarch
1/4 C water

cooled 1 sm bunch fresh mint (optional, for

1/4 C sugar garnish)

**PREPARE THE MIXTURE** In a saucepan, combine coconut milk, Mango Green tea, and sugar. Heat over medium heat until the sugar is dissolved.

**THICKEN THE PUDDING** In a small bowl, mix cornstarch and water until smooth. Gradually whisk the cornstarch mixture into the coconut milk mixture. Cook, stirring constantly, until thickened.

**CHILL THE HAUPIA** Pour the mixture into a square baking dish and chill in the refrigerator for at least 2 hours until set.

**CUT INTO SQUARES** and garnish with fresh mint, if desired.

## Pineapple Upside-Down Cake

#### with Passionfruit Tango Tea

A moist and flavorful pineapple upside-down cake infused with the tropical notes of passionfruit tango tea.

**PREP TIME:** 20 minutes **COOK TIME:** 40 minutes

1/4 C unsalted butter, melted 1/2 C unsalted butter, softened

1/2 C brown sugar 2 lg eggs

1 can (20 oz) pineapple slices, drained 1 t vanilla extract

1/4 C Passionfruit Tango tea, brewed and 1/2 t baking powder

cooled 1/2 t salt

1 1/2 C all-purpose flour 1/2 C milk

1 C sugar

**PREPARE THE TOPPING** Preheat the oven to 350°F. Pour melted butter into a 9-inch round cake pan. Sprinkle brown sugar evenly over the butter. Arrange pineapple slices on top.

**MAKE THE BATTER** In a bowl, mix flour, baking powder, and salt. In another bowl, beat softened butter and sugar until creamy. Add eggs one at a time, beating well after each addition. Stir in vanilla extract and Passionfruit Tango tea. Gradually add the flour mixture, alternating with milk, until well combined.

**ASSEMBLE THE CAKE** Pour the batter over the pineapple slices in the cake pan.

**BAKE** for 40 minutes or until a toothpick inserted into the center comes out clean.

**LET THE CAKE COOL** in the pan for 10 minutes, then invert onto a serving plate.