

Peach Ginger Oatmeal

A warm and comforting oatmeal with the flavors of fresh peaches and ginger, enhanced with the subtle taste of Ginger Peach tea.

PREP TIME: 5 minutes

COOK TIME: 10 minutes

1 C rolled oats
2 C water
1/2 C brewed Ginger Peach tea, cooled
1/2 C diced peaches (fresh or frozen)

1 T honey
1/2 t ground ginger
1/4 C chopped pecans

BRING THE WATER and Ginger Peach tea to a boil in a saucepan.

ADD THE OATS and reduce the heat to low.

COOK, STIRRING OCCASIONALLY, until the oats are tender, about 5 minutes.

STIR IN THE PEACHES, honey, and ground ginger.

COOK FOR ANOTHER 2 MINUTES, until the peaches are softened.

SERVE TOPPED with chopped pecans (or walnuts).