

# Mixed Berry Smoothie

1/2 C Blueberries  
1/2 C Blackberries  
1/2 C Strawberries  
1 C Greek Yogurt  
1 † Lime Zest  
1 T Lime Juice

1/2 C Brewed and Chilled Strawberry Tea  
1/2 C Brewed and Chilled Blackberry Tea  
1/2 C Brewed and Chilled Berry Blues Tea  
1/2 C Fresh Berries (blended)  
1/2 C Pureed Fresh Berries (stirred in after  
blending)

**BLEND** all ingredients except the pureed fresh berries until smooth.

**STIR IN** the pureed fresh berries after blending.