

Homemade Vanilla Extract Cheat Sheet

Weight of Beans Required per Selected Amount of Alcohol

Imperial Measurements

Alcohol	FDA Standard	General Rule	Double Fold
1 oz	.104 oz	.125 oz	0.21 oz
3 oz	.31 oz	.38 oz	0.62 oz
4 oz	.42 oz	.5 oz	0.83 oz
8 oz (1 Cup)	.83 oz	1 oz	1.67 oz
16 oz (1 Pint)	1.67 oz	2 oz	3.34 oz
32 oz (1 Quart)	3.34 oz	4 oz	6.68 oz
64 oz (1/2 Gallon)	6.68 oz	8 oz	13.35 oz
128 oz (1 Gallon)	13.35 oz	16 oz	26.7 oz

Metric Measurements

Alcohol	FDA Standard	General Rule	Double Fold
375 ml	1.32 oz	1.6 oz	2.65 oz
750 ml	2.65 oz	3.2 oz	5.29 oz
1000 ml (1 Liter)	3.53 oz	4.25 oz	7.05 oz
1500 ml (1.5 Liters)	5.29 oz	6.4 oz	10.58 oz