

Chocolate Mint Milkshake

1 C Brewed and Chilled Mint Chocolate
Chai Pu Erh tea
2 C Chocolate Mint Ice Cream (recipe
below)

1/2 C Milk
1/4 C Fresh Spearmint Leaves (chopped)
Whipped Cream (for topping)
Chocolate Shavings (for garnish)

BLEND all ingredients until smooth.

TOP with whipped cream and chocolate shavings.

Chocolate Mint Ice Cream

2 C Heavy Cream
1 C Whole Milk
3/4 C Sugar
1/2 C Cocoa Powder

1 † Vanilla Extract
1/2 C Brewed and Chilled Mint Chocolate
Chai Pu Erh tea
1/4 C Fresh Spearmint Leaves (chopped)

With Ice Cream Maker:

PREP TIME: 15 minutes

FREEZE TIME: 4 hours

MIX all ingredients in a bowl until sugar is dissolved.

POUR into ice cream maker and churn according to manufacturer's instructions.

FREEZE for at least 4 hours.

Without Ice Cream Maker:

PREP TIME: 15 minutes

FREEZE TIME: 6 hours

MIX all ingredients in a bowl until sugar is dissolved.

POUR IT into a shallow dish and place in the freezer.

STIR every 30 minutes until the mixture is frozen and creamy, about 6 hours.