

# Turkey Sausage and Spinach Breakfast Casserole

A savory breakfast casserole with turkey sausage, spinach, and the rich flavor of Irish Breakfast tea.

**PREP TIME:** 20 minutes

**COOK TIME:** 40 minutes

1 lb turkey sausage, crumbled  
1 C fresh spinach, chopped  
1/2 C red bell pepper, diced  
1/2 C onion, diced  
1/2 C brewed Irish Breakfast tea, cooled

6 lg eggs  
1/2 C milk  
1/2 C shredded cheddar cheese  
1/2 t salt  
1/4 t black pepper

**PREHEAT THE OVEN** to 375°F.

**COOK THE TURKEY** sausage in a skillet over medium heat until browned.

**ADD THE SPINACH**, bell pepper, and onion, and cook until tender.

**POUR IN THE IRISH BREAKFAST** tea and cook until the liquid is mostly evaporated.

**WHISK THE EGGS**, milk, salt, and pepper together.

**COMBINE THE** sausage mixture with the egg mixture and pour into a greased baking dish.

**SPRINKLE WITH** cheddar cheese.

**BAKE FOR 40 MINUTES**, or until the eggs are set.

**COOL SLIGHTLY** before serving.