# **Spiced Blood Orange Ceviche**

**PREP TIME:** 20 minutes **TOTAL TIME:** 50-65 minutes

MARINATING TIME: 30-45 minutes

This refreshing dish combines the zesty flavors of traditional ceviche with the aromatic notes of

spiced blood orange tea.

## **SEAFOOD:**

1/2 lb fresh shrimp, peeled and deveined

1/2 lb fresh white fish (like halibut or cod), diced

1/2 lb g fresh scallops, sliced

**CITRUS MARINADE:** 

1 C fresh lime juice and zest of the lime 1/2 C fresh orange juice and zest of the orange

1 C fresh lemon juice and zest of the lemon

**TEA INFUSION:** 

2 T Spiced Blood <u>Orange loose herbal tea</u> 1 C hot water

**VEGETABLES AND HERBS:** 

1 small red onion, finely chopped 1/2 C fresh cilantro, chopped

1 red bell pepper, diced 1 avocado, diced

1 jalapeño, finely chopped (optional, for heat) Salt and pepper to taste

## PREPARE THE TEA INFUSION:

Steep the Spiced Blood Orange loose herbal tea in 1 cup of hot water for about 5-7 minutes. Strain and let it cool to room temperature.

#### MARINATE THE SEAFOOD:

- 1. In a large bowl, combine the lime juice, lemon juice, and orange juice and the zests. Add the cooled tea infusion to the citrus mixture.
- 2. Add the shrimp, scallops, and white fish to the bowl. Ensure the seafood is fully submerged in the marinade.
- 3. Cover and refrigerate for about 30-45 minutes, or until the seafood is opaque and "cooked" through by the acidity of the citrus juices.

## PREPARE THE VEGETABLES:

- 1. While the seafood is marinating, chop the red onion, red bell pepper, jalapeño (if using), and cilantro.
- 2. Dice the avocado just before serving to prevent browning.

## **COMBINE AND SEASON:**

- 1. Once the seafood is ready, drain most of the marinade, leaving a little to keep the ceviche moist.
- 2. Add the chopped vegetables and cilantro to the seafood. Gently mix to combine.
- 3. Season with salt and pepper to taste.

## **SERVE:**

- 1. Gently fold in the diced avocado.
- 2. Serve the ceviche chilled, with tortilla chips or on a bed of lettuce.