

Chocolate Banana Oatmeal

A decadent and nutritious oatmeal with the flavors of chocolate and banana, enhanced with the rich taste of Chocolate Chai tea.

PREP TIME: 5 minutes

COOK TIME: 10 minutes

1 C rolled oats
2 C water
1/2 C brewed Chocolate Chai tea, cooled
1 ripe banana, mashed

1 T cocoa powder
1 T honey
1/4 C dark chocolate chips
1/4 C sliced almonds

BRING THE WATER and Chocolate Chai tea to a boil in a saucepan.

ADD THE OATS and reduce the heat to low.

COOK, STIRRING OCCASIONALLY, until the oats are tender, about 5 minutes.

STIR IN THE MASHED BANANA, cocoa powder, and honey.

COOK FOR ANOTHER 2 MINUTES, until the mixture is well combined.

SERVE TOPPED with dark chocolate chips and sliced almonds.